

One-sentence summary:  $\text{Ca}^{2+}$  entry into vascular smooth muscle activates  $\text{Ca}^{2+}$  signaling in the endothelium to protect tissue blood flow.

**Editor's summary:**

**$\text{Ca}^{2+}$ , the intercellular signal in arterioles**

Vasoconstriction must be balanced with vasodilation, in particular in the arterioles that supply tissues with blood. Endothelial cells protrude through holes in the internal elastic lamina in arterioles to make contact with vascular smooth muscle cells. Gap junctions are present at these sites where endothelial cells meet vascular smooth muscle cells.  $\text{IP}_3$  has been thought to be signal that passes through these gap junctions to endothelial cells to mediate vasodilation. However, Garland *et al.* showed that it was  $\text{Ca}^{2+}$ , rather than  $\text{IP}_3$ , that entered vascular smooth muscle cells through voltage-gated  $\text{Ca}^{2+}$  channels, subsequently passed through gap junctions into endothelial cells, and initiated vasodilation mediated by endothelial cells. The magnitude of these  $\text{Ca}^{2+}$  signals in endothelial cells depended on  $\text{IP}_3$  receptors. These results resolve a longstanding controversy over how vascular smooth muscle cells communicate with endothelial cells to trigger feedback vasodilation.

**Voltage-dependent  $\text{Ca}^{2+}$  entry into smooth muscle during contraction promotes  
endothelium-mediated feedback vasodilation in arterioles**

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**Abstract**

Vascular smooth muscle contraction is suppressed by feedback dilation mediated by the endothelium. In skeletal muscle arterioles, this feedback can be activated by  $\text{Ca}^{2+}$  signals passing from smooth muscle through gap junctions to endothelial cells, which protrude through holes in the internal elastic lamina to make contact with vascular smooth muscle cells. Although hypothetically either  $\text{Ca}^{2+}$  ions or inositol trisphosphate ( $\text{IP}_3$ ) may provide the intercellular signal, it is generally thought that  $\text{IP}_3$  diffusion is responsible. Here, we provide evidence that  $\text{Ca}^{2+}$  entry through L-type voltage-dependent  $\text{Ca}^{2+}$  channels (VDCCs) in vascular smooth muscle can pass to the endothelium through positions aligned with holes in the internal elastic lamina in amounts sufficient to activate endothelial cell  $\text{Ca}^{2+}$  signalling. In endothelial cells in which  $\text{IP}_3$  receptors ( $\text{IP}_3\text{Rs}$ ) were blocked, VDCC-driven  $\text{Ca}^{2+}$  events were transient and localized to the endothelium that protrudes through the internal elastic lamina to contact vascular smooth muscle cells. In endothelial cells in which  $\text{IP}_3\text{Rs}$  were not blocked, VDCC-driven  $\text{Ca}^{2+}$  events in endothelial cells were amplified to form propagating waves. These waves activated voltage-

insensitive, intermediate-conductance,  $\text{Ca}^{2+}$ -activated  $\text{K}^+$  ( $\text{IK}_{\text{Ca}}$ ) channels, thereby providing feedback that effectively suppressed vasoconstriction and enabled cycles of constriction and dilation called vasomotion. Thus, agonists that stimulate vascular smooth muscle depolarization provide  $\text{Ca}^{2+}$  to endothelial cells to activate a feedback circuit that protects tissue blood flow.

## **Introduction:**

Autoregulation of tissue blood flow is crucial for normal physiological function. This fundamental response depends on myogenic tone; an ongoing pressure-induced vascular smooth muscle cell contraction in small arteries that can be rapidly modulated by perivascular nerves, autacoids, the extracellular accumulation of metabolites and the endothelium (1, 2). Myogenic tone is underpinned by increases in intraluminal pressure depolarizing vascular smooth muscle and increasing the open probability of L-type voltage-dependent  $\text{Ca}^{2+}$  channels (VDCCs) (3, 4). The L-type VDCC in smooth muscle is the  $\text{Ca}_v1.2$  isoform, which is activated by Bay K 8644 (BayK) and inhibited by nifedipine (5, 6).

In cerebral arteries, myogenic tone is continuously suppressed by an intracellular signaling pathway intrinsic to smooth muscle that helps ensure constant blood flow.  $\text{Ca}^{2+}$  sparks, generated by  $\text{Ca}^{2+}$  release through ryanodine receptors (RyRs) adjacent to the plasmalemma, activate large-conductance voltage- and  $\text{Ca}^{2+}$ -activated  $\text{K}^+$  ( $\text{BK}_{\text{Ca}}$ ) channels, reducing the open probability of VDCCs, limiting  $\text{Ca}^{2+}$  influx and suppressing contraction (7, 8). This negative feedback mechanism reduces excessive cerebral artery constriction, thereby preserving blood flow and protecting against neuronal hypoxia. However, opposing myogenic tone to this extent is not a physiological priority in skeletal muscle, where high resistance to blood flow is necessary at rest yet increased flow must be accommodated during exercise. Consistent with this difference,  $\text{Ca}^{2+}$  sparks are absent from smooth muscle cells of smaller, second order pressurized skeletal muscle arterioles even though myogenic tone is present. Furthermore, although smooth muscle  $\text{BK}_{\text{Ca}}$

channel activation can suppress contraction, these channels do not seem to be subject to the same tight intracellular regulation as cerebral smooth muscle cells (9-11).

In addition to intracellular control, negative feedback also operates between vascular cells. Specifically, intercellular  $\text{Ca}^{2+}$  signaling from activated vascular smooth muscle to endothelial cells (myoendothelial signaling) suppresses vasoconstriction because increases in endothelial cell  $\text{Ca}^{2+}$  stimulate vasodilation. Thus,  $\alpha_1$ -adrenoceptor stimulation or direct depolarization with high extracellular KCl leads to increased endothelial cell  $[\text{Ca}^{2+}]_i$ , causing nitric oxide release to limit vasoconstriction (12). Similar myoendothelial signaling and feedback in response to adrenergic agonists operates in other vascular beds and can also involve endothelium-dependent hyperpolarization (EDH), and cycles of contraction and dilation termed vasomotion (13-18). In both cases, endothelial cells are activated by a signal passing from smooth muscle through myoendothelial gap junctions. Both  $\text{IP}_3$  and  $\text{Ca}^{2+}$  can in theory pass through these gap junctions and it has been argued that paracrine signalling is due solely to  $\text{IP}_3$  movement into the endothelium to activate  $\text{Ca}^{2+}$  wavelets (17, 19). These  $\text{Ca}^{2+}$  events are termed pulsars if they align within or near holes in the internal elastic lamina, the only possible sites of myoendothelial gap junctions (13, 14, 16). However, data supporting this assertion are based on an assumption of  $\text{IP}_3$  movement and the use of non-specific pharmacological tools. The movement of  $\text{IP}_3$  may be spatially and temporally far more restricted than previously thought (20-22), re-opening the debate as to whether  $\text{Ca}^{2+}$  itself might act as an effective signal between cells by passing through gap junctions.

The possibility that  $\text{Ca}^{2+}$  may pass from smooth muscle in amounts sufficient to activate endothelial cell  $\text{Ca}^{2+}$  events and initiate feedback has not been explored or seriously considered (17). We showed in skeletal muscle arterioles that  $\text{Ca}^{2+}$  in smooth muscle could pass to the endothelium through positions aligned with holes in the internal elastic lamina in amounts sufficient to activate endothelial cell  $\text{Ca}^{2+}$  signaling. To demonstrate this phenomenon, we loaded endothelial cells in pressurized arterioles with heparin to antagonize the effect of  $\text{IP}_3$ , and then opened L-type VDCCs in the smooth muscle with BayK to stimulate  $\text{Ca}^{2+}$  influx. BayK evoked a new, elementary  $\text{Ca}^{2+}$  event, VDCC-dependent Endothelial cell  $\text{Ca}^{2+}$  Transients (we term VECTors), which could evolve into endothelial cell  $\text{Ca}^{2+}$  pulsars and ‘waves’ through  $\text{IP}_3$  receptor ( $\text{IP}_3\text{R}$ )-dependent  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release. These directional  $\text{Ca}^{2+}$  signals from smooth muscle then stimulated voltage-insensitive intermediate-conductance,  $\text{Ca}^{2+}$ -activated  $\text{K}^+$  ( $\text{IK}_{\text{Ca}}$ ) channels localized within the endothelial cell membrane projections to the smooth muscle, leading to suppression of agonist-induced vasoconstriction and initiating the dilation phase of vasomotion.

## **Results:**

### **Direct activation of arteriole L-type VDCCs with BayK triggers myoendothelial $\text{Ca}^{2+}$ signaling**

Arterioles from rat cremaster had a maximum diameter of  $163 \pm 1 \mu\text{m}$  and developed ~50% pressure-induced myogenic tone, which was abolished by blocking L-type VDCCs with nifedipine (Fig. S1). Endothelial cells loaded with  $\text{Ca}^{2+}$  indicator (OGB-1) were visible at the

bottom-plane of pressurized arterioles with myogenic tone (Fig. 1A, S2A).  $\text{Ca}^{2+}$  events were analyzed manually (*I*), because automated analysis did not provide complete or reliable data (Fig. S2B to D). To assess whether directly opening L-type VDCCs influenced endothelial cell  $[\text{Ca}^{2+}]$ , two concentrations of BayK were used in the absence and presence of nifedipine (Fig. 1A,B). At 3 nM, BayK increased the frequency of endothelial cell  $\text{Ca}^{2+}$  events 4-fold without affecting arteriolar diameter (Fig. 1A,C,S3A, Movie S1), and recruited new active sites, doubling the percentage of active cells (Fig. 1D). Cumulative addition of BayK to a final concentration 30 nM stimulated robust vasoconstriction and vasomotion (Movie S1), and further increased  $\text{Ca}^{2+}$  event frequency to 10-fold above baseline (Fig. 1A,C). Nearly all cells were now active, three-fold more than at baseline (Fig. 1D, Movie S1). As expected, blocking L-type VDCCs with nifedipine prevented vasoconstriction and the activation of endothelial cell  $\text{Ca}^{2+}$  events in response to either concentration of BayK (Fig. 1B to D). Inhibition of contraction with blebbistatin prevented the development of myogenic tone (contraction) without affecting the ability of BayK to activate endothelial cell  $[\text{Ca}^{2+}]$  (Fig. S3, A to C), suggesting the diameter of arterioles *per se* did not influence endothelial cell  $[\text{Ca}^{2+}]$ .

As we previously have shown (*I*), spontaneous (in the absence of BayK) endothelial cell  $\text{Ca}^{2+}$  events occurred mainly as localized  $\text{Ca}^{2+}$  increases, radiating less than  $\sim 10 \mu\text{m}$  from the center of an event and were insensitive to nifedipine (Fig. 1C,D and S4A,B). Approximately a quarter of spontaneous  $\text{Ca}^{2+}$  events were propagating waves, often covering over half a cell length. Endothelial cell  $\text{Ca}^{2+}$  events stimulated by 3 nM BayK remained localized, while those to 30 nM BayK were sufficient to form propagating waves (Fig. S4A,B).

### **Elementary Ca<sup>2+</sup> events occur in the myoendothelial signaling domain**

Rat cremaster arteriolar endothelial cells expressed the genes encoding all three isoforms of IP<sub>3</sub>R (*Itpr1-3*), but not those encoding RyRs (*Ryr1-3*) (Fig. S5A,B). We used the pan IP<sub>3</sub>R antagonist heparin to assess the role of these IP<sub>3</sub>R in myoendothelial Ca<sup>2+</sup> signaling in arterioles (Fig. S6A to D). In endothelial cells, heparin-Cy5 closely aligned with IP<sub>3</sub>R1 (Fig. 2A). By simultaneously imaging endothelial cell Ca<sup>2+</sup> and elastin (Fig. 2B), we found that discrete heparin-insensitive endothelial cell Ca<sup>2+</sup> events rapidly terminated both temporally (duration ~1-2 s) and radially (total width <15 μm, often 5-10 μm) (Fig. 2C), and were localized to the myoendothelial microdomain found within holes in the internal elastic lamina (Fig. 2D). We defined these localized events as VECTors. Compared to untreated cells, heparin halved the frequency of endothelial cell Ca<sup>2+</sup> events to 30 nM BayK (Fig. 2E), did not affect the percentage of active cells (Fig. 2F), and halved the incidence of Ca<sup>2+</sup> waves (Fig. 2G,S4A). In the same cells, the TRPV4 channel agonist GSK1016790A increased endothelial cell Ca<sup>2+</sup> (Fig. 2H) in a manner very similar to control conditions (1). Therefore BayK-induced VECTors are normally amplified by endothelial cell IP<sub>3</sub>Rs, first to form puffs then propagating cell-wide Ca<sup>2+</sup> waves.

Attempts to block IP<sub>3</sub>Rs with 2-aminoethoxydiphenylborate (2-APB) was complicated by actions at gap junctions, a previously reported effect of this inhibitor (23). 2-APB caused arterioles to dilate and contract in an asynchronous manner, supporting an effect on gap junctions (Fig. S7A). Furthermore, 2-APB inhibited acetylcholine-mediated dilation (Fig. S7B) and feedback dilation induced by BayK application (Fig. S7C,D). In addition, 2-APB blocked dilation mediated by NS309, an allosteric modulator of both isoforms of K<sub>Ca</sub> channels in endothelial cells, small-conductance SK<sub>Ca</sub> and IK<sub>Ca</sub> channels, further supporting an effect of 2-APB on myoendothelial

gap junctions (Fig. S7B). Despite this action at gap junctions, 2-APB blocked the increase in endothelial cell  $\text{Ca}^{2+}$  normally stimulated by acetylcholine (Fig. S7E), supporting an effect on  $\text{IP}_3\text{Rs}$ . Therefore, the ability to block the endothelial cell response to BayK could not reliably be assigned to a single action of 2-APB, yet the block was more complete than with heparin (Fig. S7F,2E). Overall, the profile of 2-APB block resembled that of heparin, including the ability to confine  $\text{Ca}^{2+}$  events to the myoendothelial microdomain (Fig. S7G,H). We were unable to use the phospholipase C inhibitor U-73122 against BayK, because it not only blocked dilation to acetylcholine, but also prevented contraction to KCl and damaged arterioles (Fig. S8A). Similarly, we did not consider the  $\text{IP}_3\text{R1}$  antagonist xestospongine C (24) effective enough to use against BayK (Fig. S8B).

### **BayK does not trigger direct entry of $\text{Ca}^{2+}$ into endothelial cells**

Freshly isolated endothelial cell tubes were pinned (Fig. 3A) and loaded with  $\text{Ca}^{2+}$  indicator dye (Fig. 3B,C). Spontaneous  $\text{Ca}^{2+}$  events were rare (Fig. 3D,E) and not altered by either BayK, increased KCl concentration or the selective  $\alpha_1$ -adrenoceptor agonist phenylephrine (Fig. 3B to E, Movie S2,3). However, the muscarinic receptor agonist acetylcholine evoked an increase in  $\text{Ca}^{2+}$  activity in the same tubes (Fig. 3B to E). RT-qPCR analysis showed that the endothelial cell tube mRNA samples were not contaminated with smooth muscle cell mRNA (Fig. 3F); and mRNAs encoding the  $\text{Cav}1.2$ ,  $\text{Cav}3.1$  and  $\text{Cav}3.2$  isoforms of L- and T-type VDCCs were detected in whole arterioles, but not endothelial cell tubes (Fig. 3F,G). Immunolabeling for the smooth muscle isoform of L-type VDCCs,  $\text{Cav}1.2$ , revealed punctate labelling in smooth muscle cells but not the endothelium (Fig. 3H,I), consistent with the mRNA results.

### **Depolarization stimulates endothelial cell Ca<sup>2+</sup> events**

Other approaches were used to open L-type VDCCs and assess endothelial cell Ca<sup>2+</sup> activity. Endothelial cell Ca<sup>2+</sup> activity was increased by depolarization with KCl at a concentration predicted to clamp the membrane potential at -40mV or the application of the voltage-dependent K<sup>+</sup> (K<sub>v</sub>) channel blocker 4-aminopyridine. A clear threshold for the initiation of increased endothelial cell Ca<sup>2+</sup> activity (Ca<sup>2+</sup> trigger point) was evident during the time course of vasoconstriction to KCl (Movie S4). The frequency of Ca<sup>2+</sup> events increased 11-fold and Ca<sup>2+</sup> events were observed in twice as many endothelial cells, and as predicted, nifedipine blocked the increase in Ca<sup>2+</sup> events to KCl (Fig. 4A to D). 4-Aminopyridine also increased the frequency of endothelial cell Ca<sup>2+</sup> events (>3-fold increase), which remained localized and relied on VDCCs (Fig. 4C,D, Movie S5). In smooth muscle, nifedipine prevented localized Ca<sup>2+</sup> events, preserving pressure-evoked oscillating Ca<sup>2+</sup> waves, and during contraction, KCl did not alter this profile (Fig. 4E,F). These smooth muscle Ca<sup>2+</sup> events, but not endothelial cell Ca<sup>2+</sup> events, were blocked by ryanodine, which inhibits RyRs (Fig. S9, A and B). Therefore, endothelial cell IP<sub>3</sub>Rs are responsible for the Ca<sup>2+</sup>-induced Ca<sup>2+</sup> release required to transform VECTors into Ca<sup>2+</sup> puffs and waves.

### **Smooth muscle α<sub>1</sub>-adrenoceptor stimulation evokes endothelial cell Ca<sup>2+</sup> events**

To place these observations in a physiological context, the α<sub>1</sub>-adrenoceptor agonist phenylephrine, which depolarizes smooth muscle during contraction, was used to assess endothelial cell Ca<sup>2+</sup> responses. Two concentrations were employed; the contraction to the higher concentration relied less on VDCCs (Fig. 5A,B and S10A,B; Movie S6). Either concentration of phenylephrine increased the frequency of endothelial cell Ca<sup>2+</sup> events 10-fold (Fig. 5C).

However, nifedipine did not fully block the  $\text{Ca}^{2+}$  response to the higher concentration of phenylephrine (Fig. 5C), thus supporting a role for smooth muscle  $\text{IP}_3$  in influencing endothelial cell  $\text{Ca}^{2+}$  and the formation of pulsars (13, 14). The higher concentration of phenylephrine recruited new cells during the response (Fig. 5D). In response to arteriole stimulation with phenylephrine, endothelial cell  $\text{Ca}^{2+}$  events were more likely to occur as waves (Fig. S4A,B), more so in the presence of nifedipine, which caused a deviation from the normally strong positive correlation ( $R^2 = 0.96$ ) between the frequency of endothelial cell  $\text{Ca}^{2+}$  events and the percentage of waves (Fig. S4B). By simultaneously imaging both endothelial and smooth muscle cells at the arteriolar midplane, we demonstrated differential activation of  $\text{Ca}^{2+}$  events in each cell type (Fig. S11A to E). Midplane data from endothelial cells (Fig. S11A to C) and smooth muscle cells (Fig. S11A,B,D,E) were consistent with those measured in cells in focus at the bottom surface of arterioles.

### **Endothelial cell $\text{Ca}^{2+}$ events activate $\text{IK}_{\text{Ca}}$ channels to suppress vasoconstriction**

The impact of  $\text{Ca}^{2+}$  influx through smooth muscle L-type VDCCs on arteriolar function was probed in arterioles with myogenic tone in the absence and presence of inhibitors (Fig. S12A). BayK, KCl and phenylephrine (Fig. 6A to C) each stimulated vasoconstriction. The small constriction in response to 3 nM BayK was followed by vasodilation towards and beyond baseline (vasomotion was only observed in 2 of 9 arterioles) (Fig. 6A), and after 5 min there was minimal effect on diameter. 30 nM BayK evoked rapid vasoconstriction, which developed into vasomotion as part of the feedback vasodilation in all arterioles (Fig. 6A). Blocking nitric oxide synthase with L-NAME did not affect feedback dilation (Fig. 6D), and increased the incidence of vasomotion in response to 3 nM BayK (6 of 11 arterioles, no effect against 30 nM BayK).

Despite the apparent lack of involvement of nitric oxide in feedback dilation, the vasodilation phase did reflect endothelium-dependent feedback, because TRAM-34 (which blocks  $IK_{Ca}$  channels responsible for EDH) increased the magnitude of vasoconstriction and abolished feedback to both concentrations of BayK (Fig. 6A,D). Vasomotion was abolished by TRAM-34 and the arterioles remained at the more constricted diameters and did not dilate. In contrast to the vasoconstriction to BayK (and phenylephrine), and to other vascular beds (12), contraction to KCl remained stable for over 5 min (Fig. 6B,D), supporting the crucial importance of operational  $K^+$  channels during feedback and vasomotion in these arterioles. Nifedipine fully blocked vasoconstriction to BayK and KCl (Fig. 6B, Table S2).

Vasoconstriction to phenylephrine rapidly peaked, and 5 min following application had returned ~35% towards the baseline myogenic tone (Fig. 6C, Fig. S12B to D). This return was also due to endothelium-dependent feedback, and was abolished by TRAM-34 or damage to the endothelium, but not by iberiotoxin, a selective blocker of  $BK_{Ca}$ -channels present in smooth muscle (Fig. 6C,D, Fig. S12C,D,G). These inhibitors did not affect contraction in response to phenylephrine (Fig. S12E). As with BayK (Fig. 6A), endothelial  $IK_{Ca}$  channels were responsible for the dilation phase of vasomotion to phenylephrine (Fig. 6C, Fig. S12F). The endothelium-dependent feedback was not altered either by blocking small-conductance  $SK_{Ca}$  channels (the other  $K_{Ca}$  channel in the endothelium) with apamin, or of nitric oxide synthase with L-NAME (Fig. 6D). However, apamin and L-NAME each increased the incidence of vasomotion during 3  $\mu$ M phenylephrine (Fig. S12F). No feedback occurred during constriction in response to 3  $\mu$ M phenylephrine in the presence of nifedipine (Fig. S10A,C), further supporting a link between  $IK_{Ca}$  channels and L-type VDCC channels in suppressing vasoconstriction. Similarly, constriction

in response to 0.3  $\mu$ M phenylephrine was unaffected by L-NAME (although L-NAME increased the incidence of vasomotion from control: 3 of 14 arterioles, L-NAME: 4 of 4 arterioles), and both the feedback dilation and vasomotion were abolished by TRAM-34 alone (Fig. 6C,D).

### **The trigger point for activation of endothelial cell $\text{Ca}^{2+}$ events by vasoconstrictors can be defined**

Arteriolar diameter and specifically inner diameter could be tracked by fluorescently-labelling the internal elastic lamina separating the endothelium and smooth muscle with AF-633 (Fig. 7A,B), while simultaneously imaging endothelial cell  $\text{Ca}^{2+}$  events at the arteriolar midplane (Fig. 7C). During vasoconstriction in response to KCl and phenylephrine, endothelial cell  $\text{Ca}^{2+}$  events were limited until one or two cells became activated, which was followed shortly by  $\text{Ca}^{2+}$  oscillations in all endothelial cells, the trigger point for activation of endothelial cell  $\text{Ca}^{2+}$ . The movement of the arteriolar wall to the point where endothelial cells were triggered into activity was recorded as distance and extrapolated to an approximate change in diameter (Fig. 7C,D). At this point, endothelial cell  $\text{Ca}^{2+}$  events were activated sufficiently to initiate feedback and prevent arterioles from clamping shut. This feedback did not influence myogenic tone *per se*; and could be evoked during minimal further constriction using BayK (Fig. 7D).

### **Discussion:**

We showed that in rat cremaster arterioles, an increase in  $\text{Ca}^{2+}$  could be evoked in the endothelium by activating L-type VDCCs in the adjacent smooth muscle, even by blocking  $\text{IP}_3$ -mediated endothelial cell  $\text{Ca}^{2+}$  release with heparin. Overall, our data are consistent with a

myoendothelial feedback mechanism activated by  $\text{Ca}^{2+}$  passing to the endothelium, where  $\text{IP}_3\text{Rs}$  amplify this signal, triggering activation of endothelial cell  $\text{IK}_{\text{Ca}}$  channels and hyperpolarization. Hyperpolarization then feeds back to the smooth muscle, reducing L-type VDCC open probability and relaxing these cells (Fig. S13). By driving the dilation phase of vasomotion the mechanism will prevent a complete loss of blood supply to skeletal muscle, such as during increased sympathetic nerve activity.

Furthermore, the arterioles studied were myogenically active, with myoendothelial feedback only activated when additional L-type VDCCs were recruited, suggesting that  $\text{Ca}^{2+}$  influx sustaining myogenic tone may be compartmentalized from the  $\text{Ca}^{2+}$  entry driving endothelium-dependent feedback. Within the microcirculation of skeletal muscle, myogenic tone and responsiveness to sympathetic vasoconstriction combine to create a high vascular resistance, enabling vasodilation to increase blood flow by as much as 100-fold when required (25). This range of myogenic tone control is partly explained by decoupled  $\text{Ca}^{2+}$  sparks and  $\text{BK}_{\text{Ca}}$  channels in smooth muscle cells of skeletal muscle arterioles (10, 26, 27). Furthermore, in smaller diameter skeletal muscle arterioles  $\text{Ca}^{2+}$  sparks are absent, so although  $\text{BK}_{\text{Ca}}$  channels are present and can suppress contraction, they do not mediate an intracellular negative feedback mechanism (9-11).

Although either  $\text{Ca}^{2+}$  or  $\text{IP}_3$  has been proposed to diffuse from smooth muscle to stimulate endothelium-dependent feedback dilation (12), direct evidence ruling out one or the other was not provided in that original observation. To investigate intercellular signalling further, a vascular co-culture of smooth muscle and endothelial cell monolayers linked by myoendothelial projections has been used, allowing independent manipulation of the respective cell types. This

approach supports the movement of both  $\text{Ca}^{2+}$  and  $\text{IP}_3$  through myoendothelial gap junctions, and in either direction (28). While  $\text{IP}_3$  and  $\text{Ca}^{2+}$  each seem to contribute in the transfer of  $\text{Ca}^{2+}$  signal from activated smooth muscle to endothelial cells,  $\text{Ca}^{2+}$  itself transfers in the reverse direction (28). This disparity reflects the clustering of  $\text{IP}_3\text{Rs}$  within endothelial cell projections and the generation of  $\text{Ca}^{2+}$  pulsars, while any  $\text{IP}_3$  entering the smooth muscle from the endothelium is instead rapidly metabolised (14, 29). Although effective intracellular binding and metabolism limit the ability of  $\text{Ca}^{2+}$  and  $\text{IP}_3$ , respectively, to act across multiple cells, their diffusion coefficients,  $\sim 13\text{-}65$  and  $\sim 10\text{-}290 \mu\text{m}^2/\text{s}$  (20, 21) and the small size of smooth muscle and endothelial cells suggest both might provide an effective signal. This may particularly be the case for movement from smooth muscle into the very restricted volume presented by the endothelial projections containing  $\text{IP}_3\text{Rs}$  (14, 17) to amplify both  $\text{Ca}^{2+}$  and  $\text{IP}_3$  signals, a possibility that aligns well with modelling simulations (30). However, the crucial point is to unravel what happens in native arterial tissue.

By combining *en face* (unpressurized) endothelial cell  $\text{Ca}^{2+}$  measurements with diameter data from pressurized arteries,  $\text{IP}_3$  alone has been interpreted as providing the signal to initiate myoendothelial feedback (17). However, various concerns limit the conclusions that can be drawn in this study, including the incorrect assumption that *en face*  $\text{Ca}^{2+}$  measurements reflect the situation in pressurized (more depolarized) arterioles, and the use of non-specific  $\text{IP}_3\text{R}$  antagonists, xestospongin C and 2-APB (23, 24, 31). Here, we used heparin in pressurized arterioles to block all  $\text{IP}_3\text{R}$  isoforms in endothelial cells and directly activated smooth muscle L-type VDCCs with BayK. As a result, we visualized distinct, localized endothelial cell  $\text{Ca}^{2+}$  events, almost always within holes through the internal elastic lamina. These are the sites of

myoendothelial contact, and represent a unique microdomain that can convey the intercellular passage of  $\text{Ca}^{2+}$  ion. Because both  $\text{Ca}^{2+}$  and  $\text{IP}_3$  have binding sites on  $\text{IP}_3\text{Rs}$ , and both are necessary to enable  $\text{Ca}^{2+}$  release (32-34), it is reasonable to suggest that collectively both may act together as a myoendothelial signal.

A key role for endothelial cell  $\text{K}^+$  channels in vasomotion has been demonstrated previously, but without ascribing this role to any particular channel type (35). Physiologically, vasomotion facilitates blood flow control and capillary function in the microcirculation, and is disrupted in diseases such as diabetes and hypertension (36). The function of  $\text{IK}_{\text{Ca}}$  channels is compromised in these diseases (37), which may underpin a lack of vasomotion, a notion that requires further investigation. However that VDCC-driven endothelium-dependent feedback must be considered when assessing the contribution of endothelial cells to systemic blood pressure and when formulating computational models of arteriolar reactivity.

Feedback dilation was only observed after the peak constriction to both phenylephrine and  $\text{KCl}$ , and this delay is consistent with a threshold point for endothelial cell activation. We ruled out endothelial cell shape change as a major contributing factor to their activation, because the change in diameter to 3 nM BayK was negligible (peak response  $<10 \mu\text{m}$ ) and could be further limited with blebbistatin, yet robust, many-fold increases in endothelial cell  $\text{Ca}^{2+}$  events were stimulated. The extent of depolarization necessary to raise VDCC open-probability and trigger the myoendothelial signaling circuit is not clear, but the resting  $E_m$  in skeletal muscle arterioles at 80 mmHg is -40 mV (17, 38), and 0.1  $\mu\text{M}$  phenylephrine depolarizes hamster skeletal muscle arterioles by  $\sim 10$  mV, which is associated with a  $\sim 30 \mu\text{m}$  decrease in diameter (17), suggesting

that the threshold is less negative than -40 mV. Because the smooth muscle membrane potential dominates that of the endothelium, depolarization would be expected to reduce  $\text{Ca}^{2+}$  influx across the membranes of endothelial cells because VDCCs are absent in these cells. Thus, the local cytoplasmic concentration achieved adjacent to smooth muscle L-type VDCCs will provide the driving force for  $\text{Ca}^{2+}$  movement through gap junctions to the endothelium.

Finally, it is important to note our observations were not complicated by any direct agonist action on endothelial cells, because neither phenylephrine (consistent with 18) nor BayK stimulated a  $\text{Ca}^{2+}$  response in isolated endothelial cell tubes, correlating with an absence of  $\text{Ca}_v1.2$ . The depolarized resting potential of freshly isolated endothelial cell tubes,  $\sim -20$  mV (39), should not prevent the action of either phenylephrine (through  $\text{IP}_3\text{Rs}$ ) or the ability of BayK to increase VDCC open-probability (6, 40, 41). Thus, it seems reasonable to conclude that in smooth muscle, L-type VDCC activity can alone trigger the intercellular  $\text{Ca}^{2+}$  circuit.

Physiologically, the endothelium-dependent feedback circuit we have defined may limit ischemia during periods of sustained sympathetic nerve activity, for example during exercise, particularly in non-contracting muscle (42). Endothelial cell  $\text{IK}_{\text{Ca}}$  channel activity appears to be key, and when their activity is compromised by disease states such as hypertension and diabetes (37), negative feedback will be reduced. As a consequence, vascular reactivity will increase compromising blood flow within the skeletal muscle microcirculation, potentially contributing to increases in blood pressure (43).



## **Materials and Methods:**

### **Animal procedures**

Male Wistar rats (Charles River; weight: 240-280g) were anesthetized with urethane (2.8g/kg i.p.) and the cremaster muscle exteriorized (37), excised and placed in cold (4°C) MOPS-buffered solution containing (mM): 145.0 NaCl, 4.7 KCl, 2.0 CaCl<sub>2</sub>, 1.17 MgSO<sub>4</sub>, 2.0 MOPS, 1.2 NaH<sub>2</sub>PO<sub>4</sub>, 5.0 glucose, 2.0 pyruvate, 0.02 EDTA, 2.75 NaOH (pH 7.40 ± 0.02 at 37°C). Following tissue removal, rats were euthanized using a Schedule 1 procedure [Animals (Scientific Procedures) Act 1986, UK]. Segments of the main intramuscular arteriole (1A) were dissected from the muscle as previously described (1, 44).

### **Cannulated arteriolar preparation**

Isolated rat cremaster arteriolar segments were cannulated at each end with glass micropipettes (external diameter ~95 µm) and positioned in a 1.5 mL temperature-regulated chamber (RC-27N, Warner Instruments, UK) on the stage of an inverted microscope (IX70 or IX81, Olympus, Japan) and continually superfused (2 mL.min<sup>-1</sup>) with MOPS-buffered solution. To avoid luminal flow, equal pressure was maintained across the vessel throughout an experiment. Artery segments were warmed to 34°C, gradually pressurized to 80 mmHg, longitudinally straightened to eliminate lateral bowing of the vessel (1, 45) and allowed to develop spontaneous myogenic tone over a 20 min equilibration period. Following development of ~50% tone, endothelial cell viability of arterioles was tested by exposure to 0.1, 0.3 and 1 µM ACh; only arterioles dilating >95% of the passive diameter (maximal dilation) were used for experiments. Inner diameter (I.D.) was measured at 1-2 Hz either automatically using DiamTrak 3+ version 3.5 (T.O. Neild)

(I) or manually using a video caliper (Microcirculation Research Institute, Texas A&M University, USA) coupled to a PowerLab2/20 (AD Instruments, UK) running LabChart version 7.2.2. When one arterial wall was imaged at the midplane, at higher magnification, the movement of the IEL during dilation and constriction was tracked using MetaMorph software (Version 7.7.4.0, Molecular Devices, USA).

Immunohistochemistry was performed in pressurized arterioles as previously described (46). In brief, arterioles were fixed in 2% paraformaldehyde for 10 min at 37°C, washed with phosphate buffered saline (PBS), then incubated in blocking buffer (luminal and abluminal, 1% BSA and 0.1% Tween20) for 60 min at 37°C, then overnight with primary antibody (pumped into the lumen of the arteriole and added to the bath) at 4°C. Primary antibodies: 1:200 mouse monoclonal to Cav1.2 calcium channel (MAB13170, clone L57/46, Millipore). The following day, the bath solution was replaced with PBS and the lumen perfused with an Alexa Fluor® 488 secondary antibody (1:100 chicken anti-mouse IgG, A-21200, Invitrogen), and incubated for 2 h at room temperature. This labeled Cav1.2 in vascular smooth muscle by diffusion through the arteriolar wall and avoided labeling cells in the adventitia. Nuclei and elastin (including the internal elastic lamina) were stained with 15 µM propidium iodide and 200 nM Alexa Fluor® 633 hydrazide (A-30634, Molecular Probes), respectively (47). Arterioles were excited at 488, 546 and 633nm, the fluorescence emitted at 505-525, 560-620 and 655-755nm were acquired through a water immersion objective (40x, NA 0.9, WD 0.15mm, Olympus, Japan, 1024x1024 pixels) using a laser scanning confocal microscope (FV1000, Olympus, Japan). z-Stacks through the artery wall were obtained at 0.2 µm increments using FluoView Software (FV10-ASW 3.0, Olympus) and reconstructed in Imaris Software (Version 7.2.3, Bitplane, Switzerland).

### **Endothelial cell tube isolation procedure**

Endothelial cell tubes were isolated as previously described (1, 47) with modifications made to isolate from rat cremaster arterioles. In brief, cremaster tissues were pinned in a dissection dish containing cold (4°C) dissection buffer (pH = 7.40 ± 0.02 at 37°C, 285-305 mOsm) containing (mM): 137.0 NaCl, 5.6 KCl, 1.0 MgCl<sub>2</sub>, 10.0 HEPES, 10.0 glucose, 0.01 sodium nitroprusside and 0.1% bovine serum albumin (BSA). The main arteriolar branch (1A) in each cremaster was dissected free of surrounding tissue, one end cannulated by a glass micropipette (~100 µm O.D.) and the lumen flushed with cold dissection buffer to remove residual blood components. The arterioles were then cut into 2-3 smaller segments (~1-1.5 mm in length) and transferred into a 1.5 mL Axygen® MaxyClear snaplock microtube (MCT-150-C, Corning, USA) on ice containing 1 mL of dissection buffer.

To obtain endothelial cell tubes, the collected arteriole segments were then allowed to warm to room temperature (~10 min), the solution was aspirated and gently replaced with enzyme-free dissociation buffer (pH = 7.40 ± 0.02 at 37°C, 285-305 mOsm) containing (mM): 137.0 NaCl, 5.6 KCl, 1.0 MgCl<sub>2</sub>, 10.0 HEPES, 10.0 glucose, 2.0 CaCl<sub>2</sub>, 0.1% BSA to remove residual dissection buffer. This solution was aspirated and replaced with pre-heated (to 37°C) dissociation buffer containing the following enzymes: 0.62 mg.mL<sup>-1</sup> papain (P4762, Sigma, UK), 1.0 mg.mL<sup>-1</sup> dithioerythritol (D8255, Sigma) and 1.5 mg.mL<sup>-1</sup> collagenase (C8051, Sigma). Arteriole segments were incubated for 25 min at 37°C. The buffer was then aspirated and replaced with room temperature enzyme-free dissociation buffer to terminate the digestion. Arteriolar segments were transferred to a 35x10 mm culture dish (430165, Corning) containing enzyme-free

dissociation buffer for trituration. Endothelial cell tubes were dissociated from surrounding smooth muscle cells by gentle trituration using a glass micropipette (4878, World Precision Instruments, UK) with an inner diameter of ~90-110  $\mu\text{m}$ . A Nanoliter injector (Nanoliter 2010, ~300-500  $\text{nL}\cdot\text{min}^{-1}$ ) coupled with a Micro4 controller (World Precision Instruments, USA) was mounted on an upright Olympus BX51WI microscope to allow for real-time visualization of the trituration procedure (48).

Freshly isolated endothelial cell tubes were transferred to a 1.5 mL temperature-regulated chamber containing perfusion buffer ( $\text{pH} = 7.40 \pm 0.02$  at  $37^\circ\text{C}$ , 285-305 mOsm) containing (mM): 137.0 NaCl, 5.0 KCl, 1.0  $\text{MgCl}_2$ , 10.0 HEPES, 10.0 glucose and 2.0  $\text{CaCl}_2$ . Endothelial cell tubes were pinned on the bottom of the chamber using 2 round-tipped pinning pipettes (~140-160  $\mu\text{m}$  tip diameter) positioned using micromanipulators. Tubes were then stretched to their approximate physiological lengths by adjusting the horizontal tension on the tissue using the micromanipulators. Experiments on endothelial cell tubes were performed at room temperature, as the integrity of the preparation is reduced at higher temperatures (48).

### **Measurement of $[\text{Ca}^{2+}]_i$ in pressurized arterioles and endothelial cell tubes**

Loading and imaging protocols were performed as previously described (49). Pressurized vessels were perfused intraluminally (20-30 min) for selective loading of the endothelium, or bathed (120 min) at  $34^\circ\text{C}$  to load the smooth muscle cells, in both cases with MOPS-buffered solution containing filtered (0.2  $\mu\text{m}$  pore) Oregon Green 488 BAPTA-1 AM (OGB-1, 10 or 20  $\mu\text{M}$  respectively) and 0.0025% pluronic F-127. For simultaneous imaging of both cell types by multiphoton microscopy, endothelial cells were loaded for the last 30 min of the smooth muscle

incubation period. In some experiments arterioles were incubated with 0.1  $\mu\text{M}$  Alexa Fluor® 633 hydrazide (AF-633, A-30634, Molecular Probes) for 10 min to label elastin. The objective was heated (custom-built peltier heater, Department of Pharmacology, University of Oxford, UK) to prevent heat-loss from the chamber. Endothelial cell tubes were loaded at room temperature with perfusion buffer containing fluo-4 AM (20  $\mu\text{M}$ ) and 0.005% pluronic F-127 for 30-35 min. In all instances, excess indicator was washed from the preparation and the loaded AM form of the dye allowed to de-esterify and equilibrate. Pressurized arterioles were de-esterified for 30 min while tubes de-esterified for 10-30 min. Only cells responsive to 1  $\mu\text{M}$  acetylcholine were used for analysis.

In most experiments the fluorescence intensity from loaded endothelial or smooth muscle cells was visualized by lowering the focal plane to cells at the bottom of the pressurized arteriole, or endothelial cell tube. Images were obtained using a 40x water immersion objective (40x/1.15NA objective, WD 0.25mm, Olympus; excitation 488 nm, emission >505 nm) and were acquired using an Olympus FV500 or FV1000-MPE (FluoView v5.0 or FV10-ASW software, respectively) at ~3 Hz. In two sets of experiments the focal plane was raised to the midplane of the arteriolar wall. Endothelial cell  $\text{Ca}^{2+}$  responses and elastin were simultaneously visualized at with a Mai Tai DeepSee Ti:Sapphire multiphoton laser (excitation 790 nm, 2.5%, 1.96 W, pulse width <80 fs; emission split to capture 495-540 nm: OGB-1 and 575-630 nm: AF-633). To ensure the field of view included the range of wall movement during exposure to vasoconstrictors, the image size was 512 x 192 pixels, equating to 234 x 88  $\mu\text{m}$ ; images were acquired at 2.2 Hz. In these experiments, as only one arterial wall was imaged, the distance moved by the internal elastic lamina during vasoconstriction was doubled to approximate

changes in diameter. Using this approach, we could not obtain a value for the frequency of endothelial cell  $\text{Ca}^{2+}$  events due to arterial motion during vasoconstriction and the lower frequency of acquisition. Instead multiple regions of interest large enough to include the endothelial cells throughout the range of wall positions were used, and the time and therefore y-axis position at which oscillations in endothelial cell  $[\text{Ca}^{2+}]_i$  occurred was monitored both visually and by analysis of average intensity plots. To establish whether arterial motion *per se* altered fluorescence intensity, the same regions of interest were placed over the elastin channel. Constriction increased fluorescence intensity, which may be due to the concentration of fluorescence in the z-axis, or a relatively thinner distance for laser and/or emitted photon penetration in a smaller diameter arteriole. Therefore, in these experiments measurements of OGB-1 fluorescence were limited to observing the onset of endothelial cell  $\text{Ca}^{2+}$  events (waves). In the second set of experiments, endothelial and smooth muscle cell  $\text{Ca}^{2+}$  activity were imaged simultaneously by using the multiphoton laser (excitation 790 nm) and raising the focal plane to the midplane of one side of the arteriolar wall as previously (1); images were acquired at ~3 Hz.

Data were analyzed using MetaMorph software (Version 7.7.4.0, Molecular Devices) as previously described using subcellular regions of interest (ROIs), diameter ~5  $\mu\text{m}$  (1) (Fig. S2A to D). This approach was directly compared to an automated analysis software plugin for ImageJ, used for detection endothelial cell  $\text{Ca}^{2+}$  events in intact, unpressurized arteries, LC\_Pro (50, 51). The same TIFF stack was used for both automated and manual analysis to compare outputs to visual inspection, and for pressurized arterioles, manual analysis was more accurate (Fig. S2A to D). A major advantage of MetaMorph is the ability to place and move an ROI within a cell in a TIFF image stack and see traces of intensity over time (Region Measurements) on the screen,

allowing the user to move the ROI around the entire surface of each individual cell and watch for events. When a deflection was detected, the frames were advanced through that event to confirm it was not due to an artefact. The point of origin of the event was then marked with an ROI. Once complete, events were then classified as local if they radiated from a single point and terminated within  $\sim 10 \mu\text{m}$  (value not fixed due to heterogeneous points of origin in varied-shaped endothelial cells), or propagating waves, in which case a second ROI was placed along the cell to establish the temporal alignment of events. The blue and yellow traces in Fig. S2C were defined as waves, and they tended to travel at least half the cell length. The heterogeneity in both endothelial cell shape and the point of origin in each  $\text{Ca}^{2+}$  event meant this classification was based on manual analysis of each event, rather than a set distance or surface area. Each event within a given endothelial cell was counted and reported as an overall frequency of  $\text{Ca}^{2+}$  events, the combined local and wave events. The percentage active cells was also reported, and endothelial cell  $\text{Ca}^{2+}$  event frequency for the entire frame the average from active cells only. For midplane experiments, regions of interest were placed on 3-5 active smooth muscle and/or 1-2 endothelial cells per image stack and the frequency of  $\text{Ca}^{2+}$  responses ( $\text{events}\cdot\text{min}^{-1}$ ) recorded. For endothelial cell imaging experiments (pressurized arterioles and isolated tubes) all the cells in the field of view ( $\sim 8$ -15 cells and  $\sim 40$ -100 cells, respectively) were individually and manually analyzed for  $\text{Ca}^{2+}$  event frequency over a  $\geq 60$  s acquisition sequence. To analyze experiments in the presence of 30 nM BayK, which induced robust vasomotion (Fig. 6A, Movie S1), a TIFF stack was constructed of a subset of images in which the endothelium remained in focus in one field of view. Results are presented as either the frequency ( $\text{events}\cdot\text{min}^{-1}$ ) reported only from active cells, with the percentage active cells provided, or  $F/F_0$ , calculated by dividing the fluorescence intensity (F) by an average baseline fluorescence intensity ( $F_0$ ). The number of  $\text{Ca}^{2+}$

events identified as local or waves was divided by the total number of  $\text{Ca}^{2+}$  events observed to give percentage local and percentage waves. For endothelial cell  $\text{Ca}^{2+}$  responses to acetylcholine the region of interest encircled the whole cell, and results from 5 cells per arteriole were shown as  $F/F_0$  of 2 s averages for each n value.

### **RNA extraction and RT-qPCR in isolated arterioles and endothelial cell tubes**

Arterioles and endothelial cell tubes were isolated as described above, removing residual blood cells by perfusion. For intact arterioles, the central, 1A arterioles from the left and right cremaster tissue of one animal were pooled for each n-value, and were homogenised using a pellet pestle (47747-370, VWR) in 1.5 mL microtubes (Axygen®, MCT-150-C, Corning). RNA was extracted using the RNeasy plus Mini Kit (74134, QIAGEN). For endothelial cell tubes, three >1 mm long tubes were pooled from one animal for each n-value. Upon dissociation from the smooth muscle cells, tubes were transferred using a new glass micropipette into a clean 35 x 10 mm culture dish containing dissociation buffer, and repeated three more times to reduce smooth muscle cell contamination. RNA was then extracted from the tubes using Cells-to-CT™ 1-Step TaqMan® Kit lysis buffer (A25603, ThermoFisher Scientific).

RT-qPCR reactions were carried out using the Cells-to-CT™ kit (A25603, ThermoFisher Scientific). PCRs for each gene were carried out in the same reaction (n = 4 animals for each gene). Gene specific FAM-conjugated Taqman® probes were purchased from ThermoFisher Scientific (Table S1). Reverse transcription was performed at 50°C for 20 min, followed by heat activation of taq polymerase at 95°C for 30 s. PCR was carried out by repeating 95°C for 30 s, then 60°C for 1 min for 40 cycles using the 7500 Fast Real-Time PCR system (4351107,

ThermoFisher Scientific). All samples were run in duplicates and a no template negative control was included for each gene. Relative gene expression was calculated with the  $\Delta$  cycle threshold ( $\Delta C_t$ ) method and normalized to both hypoxanthine phosphoribosyltransferase 1 (*Hprt1*) and  $\beta$ -actin (*Actb*) as housekeeping genes. The absence of smooth muscle cells in each tube extraction was assessed by expression of the smooth muscle cell marker  $\alpha$ -smooth muscle actin (*Acta2*); in all cases a  $C_t > 36$  was considered 'not detected'.

### **Addition of vasoconstrictors**

A combination of methods was utilized. Phenylephrine was either directly added to a static bath for rapid responses, or added to the superfusion solution until the response equilibrated (~5 min). Isotonic KCl was always added to the superfusion solution and allowed to equilibrate. BayK was added cumulatively (3 and then 27 nM) to a static bath, and since it was not fully reversible, each arteriole was only exposed once to BayK. Consequently, for each set of inhibitor treatments, all functional and endothelial cell  $Ca^{2+}$  responses to BayK were obtained in separate arterioles to control experiments. 4-Aminopyridine was always added to a static bath.

### **Effect of inhibitors and vasoactive agents on endothelial cell $Ca^{2+}$ events**

The contribution of VDCC to endothelial cell  $Ca^{2+}$  activity was assessed directly, using either the selective antagonist nifedipine (1  $\mu$ M, 15 min incubation at 5 mmHg after which pressure was raised to 80 mmHg in the continued presence of Nif; total >30 min incubation); or the selective agonist Bay K8644 (3 and 30 nM). The effect of arteriolar depolarization on endothelial cell  $Ca^{2+}$  activity was assessed using isotonic 25 mM KCl or the non-selective voltage-dependent  $K^+$  channel blocker, 4-aminopyridine (4-AP, 2 mM).

### **Correlation between BayK-induced Ca<sup>2+</sup> activity and holes in the internal elastic lamina**

Endothelial cell Ca<sup>2+</sup> events and the internal elastic lamina (myoendothelial microdomain) were imaged simultaneously at ~3 Hz using the 488 and 633 nm visible laser lines on an Olympus FV1000 inverted microscope. Experiments were performed using 3 nM BayK, as this concentration caused a significant increase in endothelial cell Ca<sup>2+</sup> activity, with limited tissue movement. Regions of endothelial cell Ca<sup>2+</sup> activity were identified, and regions were then superimposed on images of the elastin. The number of regions overlapping with holes in internal elastic lamina was divided by the total number of regions, to determine the percentage of total events occurring in holes in the internal elastic lamina, as previously described (1).

### **Loading heparin into endothelial cells to inhibit IP<sub>3</sub>Rs**

Whilst we have previously used pinocytosis to load antibodies into endothelial cells (52), the negative charge of heparin made use of TransFectin<sup>TM</sup> Lipid Reagent (Bio-Rad, 1703350) possible. When developing the protocol 5(6)-carboxyfluorescein (FAM, 0.1 mg/mL, 0.27 mM), which is also negatively charged, was used to demonstrate cell loading. Since low molecular weight (5 kDa) heparin blocks IP<sub>3</sub>Rs in both cell homogenates and intact cells (24, 53) we used the same form of heparin (from porcine intestinal mucosa, Fisher, BPE2524; 10mg/mL, 2 mM). To monitor cell loading and localization with endothelial cells, a Cy5-tagged form of ~12-15 kDa heparin (Nanocs Inc., HRN1-S5-1) was used. HEPES-buffered solution (containing in mM: 130 NaCl, 5.0 KCl, 1.2 MgSO<sub>4</sub>, 1.0 CaCl<sub>2</sub>, 10.0 HEPES, 10.0 glucose) was used to dissolve the molecule of interest (FAM or heparin) and 1 μL/mL TransFectin added, final pH = 7.40 ± 0.02. Solutions were mixed at 20 rpm for 20 min using a rotating wheel (Stuart, SB2) at room

temperature before immediate use. A Beehive syringe pump was used to deliver TransFectin-solutions into the lumen of arterioles while at low pressure (5 mmHg) at 10  $\mu\text{L}/\text{min}$  for 6 min, followed by 0.5  $\mu\text{L}/\text{min}$  for the remainder of the experiment. Images were obtained using a 40x water immersion objective (40x/1.15 NA objective, WD 0.25 mm, Olympus; excitation 488 nm, emission  $>505$  nm for FAM; excitation 635 nm, emission 655-755 nm for Cy5) and were acquired using Olympus FluoView 1000 software (FV10-ASW). This concentration of TransFectin did not affect myogenic tone or vasodilation to acetylcholine (Fig. S4). Based on fluorescence intensity, the concentration of FAM loaded into cells was approximately 1000-fold less than that in the lumen of arterioles. The fluorescence of heparin-Cy5 was not the same in solution as when bound inside cells, therefore a similar comparison could not be made for heparin concentrations. However, if the loading of heparin were comparable in efficiency to FAM, there would be approximately 10  $\mu\text{g}/\text{mL}$  (2  $\mu\text{M}$ ) heparin inside cells which is within the range for effective antagonism of  $\text{IP}_3\text{Rs}$  (24, 53, 54). In experiments where endothelial cell  $\text{Ca}^{2+}$  was measured, arterioles were loaded with OGB-1 prior to TransFectin-heparin. At 5 mg/mL, 5 kDa heparin blocked endothelial cell  $\text{Ca}^{2+}$  responses to acetylcholine in 2 of 3 arterioles; while at 10 mg/mL, 5 kDa heparin blocked responses in 6 of 7 arterioles (Fig. S4). Once acetylcholine responses were inhibited, arterioles were incubated with AF-633, pressurized and endothelial cell  $\text{Ca}^{2+}$  responses to 3 and 30 nM BayK determined and aligned with simultaneous images of the internal elastic lamina. In separate experiments, the cellular localization of heparin-Cy5 was compared to the expression of  $\text{IP}_3\text{R1}$ . Arterioles loaded with heparin-Cy5 and elastin stained with cascade blue hydrazide (CB-405, 1  $\mu\text{M}$ ; excitation 405 nm, emission 430-460 nm) were imaged (z-stack) at 3x digital zoom immediately prior to fixation and immunolabeling (see above; primary antibody: 1:200 rabbit polyclonal to human  $\text{IP}_3\text{R1}$ , PA1-901, ThermoFisher

Scientific; Alexa Fluor® 488 secondary antibody: 1:200 goat anti-rabbit IgG, A-11008, ThermoFisher Scientific). The Cy5 fluorescence was not apparent following fixation; however the CB-405 staining was visible the following day and was used to identify and align the Cy5 and Alexa Fluor® fluorescence signals. Nuclei were stained with propidium iodide (15  $\mu\text{M}$ ).

### **Luminal pumping of 2-APB and xestospongine C**

100  $\mu\text{M}$  2-APB and 10  $\mu\text{M}$  xestospongine C were pumped through the lumen of arterioles to inhibit endothelial cell  $\text{IP}_3\text{Rs}$  in preference to smooth muscle  $\text{IP}_3\text{Rs}$  (1). 2-APB was continuously delivered during experiments using a Beehive syringe pump at 2  $\mu\text{L}\cdot\text{min}^{-1}$ , at which flow rate with buffer alone does not affect arteriolar diameter (17).

### **Damage to the endothelium**

Endothelial cells were selectively damaged as previously described (24). While pressure was lowered to  $\sim 5$  mmHg small air bubbles ( $\sim 2$   $\mu\text{L}$ ) were pulsed through the lumen of cannulated arterioles until small fragments of cellular debris were observed.

### **Drugs and Solutions**

Oregon Green 488 BAPTA-1 AM (OGB-1; O-6807), fluo-4 AM (fluo-4; F-14201), pluronic F-127 (P3000MP), Alexa Fluor® 633 hydrazide (AF-633; A-30634) and Cascade Blue hydrazide (CB-405; C3221) were obtained from Molecular Probes. Xestospongine C (BML-CA409) was from Enzo Life Sciences; apamin (L8407) was obtained from Latoxan. All other drugs were provided by Sigma. TRAM-34 was dissolved in DMSO (to 1 mM) and then diluted in MOPS-buffered solution for experimentation, with special care taken to avoid precipitation whilst

keeping the final DMSO concentration below 1:1000 (which avoids vehicle-associated artefacts). Bay K8644 (BayK, 10 mM), 2-aminoethoxy-diphenyl borate (2-APB, 0.1 M) and nifedipine (Nif, 1 mM) were dissolved in 100% ethanol. Although also used previously (*1*), close inspection revealed it was not possible to fully dissolve xestospongine C in fresh, anhydrous DMSO to the stock (10 mM) required to prevent vehicle artefacts; 100% ethanol improved solubility and was used. All other stock solutions were prepared in purified water. Inhibitors were added to the incubation solution and arterioles equilibrated for >15 min prior to measurements, if not mentioned specifically.

### **Data Analysis**

In all cases results are summarized as the mean  $\pm$  SEM of *n* arterioles, one per animal. Percentage myogenic tone (at 80 mmHg): was calculated as the percentage decrease in maximum diameter ( $D_{Max}$ ) once a stable baseline diameter ( $D_{Baseline}$ ) had been achieved ( $(D_{Max} - D_{Baseline})/D_{Max} * 100$ ). When baseline was not stable, the average diameter over a 10s period was used. The  $Ca^{2+}$  event data represent analysis of at least 10 individual cells per arteriole or endothelial cell tube; the values were then averaged to provide one *n*-value. Statistical comparisons were made in Prism 7 Software (GraphPad, UK) using paired Student's *t*-test, one-way ANOVA or two-way ANOVA with Bonferroni's post-test as appropriate, where  $P < 0.05$  was considered significant. Power analysis was performed using G\*Power 3.1 Software (*55*) to verify that the sample size gave a value of  $>0.8$  if  $P$  was  $>0.05$ .

## **Supplementary Materials:**

Fig. S1. Myogenic tone relies on L-type VDCCs in arterioles

Fig. S2. Methods for analyzing endothelial cell  $\text{Ca}^{2+}$  events in cannulated arterioles

Fig. S3. Block of arteriole constriction using blebbistatin

Fig. S4. Characteristics of arteriolar endothelial cell  $\text{Ca}^{2+}$  events

Fig. S5. Profile of  $\text{Ca}^{2+}$  release pathways in arteriolar endothelial cells

Fig. S6. Loading heparin into arteriolar endothelial cells inhibits  $\text{IP}_3\text{Rs}$

Fig. S7. Dichotomous effects of 2-aminoethoxydiphenyl borate

Fig. S8. Observations on the use of cell-permeant inhibitors of phospholipase C and  $\text{IP}_3\text{Rs}$

Fig. S9. Effect of ryanodine on arteriolar  $\text{Ca}^{2+}$  events

Fig. S10. Effect of nifedipine on vasoconstriction to phenylephrine

Fig. S11. Simultaneous imaging of endothelial and smooth muscle cell  $\text{Ca}^{2+}$  events at the arteriolar midplane

Fig. S12. Characteristics of arteriole vasoconstriction to phenylephrine

Fig. S13. Intercellular  $\text{Ca}^{2+}$  circuit in skeletal muscle arterioles

Table S1. Details of rat genes detected with Taqman® probes

Table S2. Effect of nifedipine on vasoconstriction to BayK and KCl

Movie S1. Time course of endothelial cell  $\text{Ca}^{2+}$  events to BayK in a pressurized arteriole.

Movie S2. Time course of endothelial cell  $\text{Ca}^{2+}$  events to BayK in an isolated tube.

Movie S3. Time course of endothelial cell  $\text{Ca}^{2+}$  events to phenylephrine in an isolated tube.

Movie S4. Time course of endothelial cell  $\text{Ca}^{2+}$  events to KCl in a pressurized arteriole.

Movie S5. Time course of endothelial cell  $\text{Ca}^{2+}$  events to 4-aminoethoxydiphenylborate in a pressurized arteriole.

Movie S6. Time course of endothelial cell  $\text{Ca}^{2+}$  events to phenylephrine in a pressurized arteriole.

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## **Figure Legends**

### **Fig. 1. Direct activation of L-type VDCCs in arterioles with BayK increases Ca<sup>2+</sup> concentrations in endothelial cells**

(A and B) Confocal fluorescence images of endothelial cells (ECs) loaded with the Ca<sup>2+</sup> indicator OGB-1 viewed at the bottom plane in pressurized arterioles with myogenic tone in the absence (A) and presence (B) of nifedipine (Nif), at baseline and with the indicated concentrations of the L-type VDCC agonist Bay K 8644 (Movie S1); bar = 30  $\mu$ m. Representative fluorescence intensity data shown as line-scans (corresponding to white lines 1 to 3 in A or B) and fluorescence traces (F/F<sub>0</sub>; corresponding to colored subcellular regions of interest in the images). (C and D) Bar graphs summarize the effect of BayK on the frequency of EC Ca<sup>2+</sup> events in active cells (C) and the overall percentage of active cells (D) in the absence and presence of nifedipine. Data are the mean  $\pm$  SEM ( $\geq$ 10 ECs in each field of view from n = 3-6 arterioles from different animals); \*P<0.05 compared with baseline; #P<0.05 compared to control; §P<0.05 compared to 3 nM BayK.

### **Fig. 2. VECTors occur in myoendothelial microdomains and are amplified by IP<sub>3</sub>Rs in endothelial cells**

(A) Confocal fluorescence images of endothelial cells (ECs) loaded with heparin-Cy5 (yellow), and the corresponding IP<sub>3</sub>R1 fluorescence in the same arteriole (magenta). Nuclear staining (cyan) is indicated by dashed lines. Representative of 3 experiments; bar = 15  $\mu$ m. (B) Simultaneous confocal fluorescence images of the internal elastic lamina labelled with AF-633 and ECs loaded with the Ca<sup>2+</sup> indicator OGB-1 in a pressurized arteriole with myogenic tone during treatment with heparin and BayK; bar = 15  $\mu$ m. (C) Representative fluorescence intensity

data shown as line-scans (corresponding to white lines Cell1 & Cell2 in B) and fluorescence traces ( $F/F_0$ ; corresponding to colored subcellular regions of interest in B). Examples of VECTors are indicated by arrowheads. W, wave. (D) Bar graph summarizes the effects of BayK on the percentage of EC  $Ca^{2+}$  events in the myoendothelial (ME) microdomain visible as holes through the internal elastic lamina (IEL). (E to G) Bar graphs summarize the effect of heparin on the frequency of EC  $Ca^{2+}$  events in active cells during BayK (E), the overall percentage of active cells (F), the percentage of these events that propagated along cells and were considered to be waves (G); and subsequent responses to the endothelium-dependent TRPV4 agonist GSK1016790A (GSK) (H). Data are the mean  $\pm$  SEM ( $n = 4$  arterioles from different animals); \* $P < 0.05$  compared with baseline; † $P < 0.05$  compared to baseline in the presence of heparin; # $P < 0.05$  compared to control; E to G: Control data used for statistical comparisons for BayK are shown in Fig. 1; see (I) for control GSK data. Experiments using 5 kDa-heparin were only included if the EC  $Ca^{2+}$  response to acetylcholine was markedly reduced (Fig. S6D).

### **Fig. 3. Lack of L-type VDCCs in arteriolar endothelium**

(A) Brightfield images of a freshly isolated (left) and pinned (right) endothelial cell (EC) tube isolated from a skeletal muscle arteriole; bar = 100  $\mu\text{m}$ . (B and C) Confocal fluorescence images of two tubes loaded with fluo-4 to detect  $Ca^{2+}$ ; bar = 30  $\mu\text{m}$ . Representative fluorescence intensity data showing both line-scans (corresponding to white lines 1 and 2 in B and C) and fluorescence traces ( $F/F_0$ ; corresponding to subcellular regions of interest on 1 and 2 (colored squares)) in response to either BayK (B; Movie S2) or phenylephrine (PE) (C, Movie S3) and the muscarinic agonist acetylcholine (ACh). (D and E) Bar graphs summarizing the effects of BayK, KCl, PE, and ACh on the frequency of EC  $Ca^{2+}$  events (D) and the percentage active cells (E).

Data are the mean  $\pm$  SEM (n = 3-9 EC tubes from different animals); \*P<0.05 compared with baseline. (F and G) Bar graphs summarize the gene expression for (F) endothelial cell (PECAM-1, *Pecam1*) and smooth muscle cell ( $\alpha$ -smooth muscle actin, *Acta2*) markers; and (G) L- and T-type Cav channel isoforms (*Cav1.2*, *Cacnalc*; *Cav3.1*, *Cacnalg*; and *Cav3.2*, *Cacnalh*) in arterioles and endothelial cell tubes. Data are the mean  $\pm$  SEM, n = 4 sets of pooled mRNA samples from four animals). (H and I) Immunofluorescence for Cav1.2 (yellow) in a pressurized arteriole; bar = 20  $\mu$ m. Smooth muscle cells (VSMCs) have vertically aligned nuclei (blue) and ECs have horizontally aligned nuclei (blue). Representative of 3 arterioles from different animals.

**Fig. 4. Depolarization opens VDCCs in smooth muscle and increases Ca<sup>2+</sup> activity in endothelial cells**

(A and B) Confocal fluorescence images of endothelial cells (ECs) loaded with the Ca<sup>2+</sup> indicator OGB-1 in pressurized skeletal muscle arterioles with myogenic tone in the absence (A) and presence (B) of nifedipine (Nif), at baseline and with KCl (see also Movie S4); bar = 30  $\mu$ m. Representative fluorescence intensity data shown as line-scans (corresponding to white lines 1 and 2 in A or B) and fluorescence traces (F/F<sub>0</sub>; corresponding to colored subcellular regions of interest in the images). (C to F) Bar graphs summarize the effect of the K<sub>v</sub> channel blocker 4-aminopyridine (4-AP, Movie S5) and KCl on the frequency of EC Ca<sup>2+</sup> events in active cells (C) and the overall percentage of active cells (D); and the effects of KCl on the frequency of smooth muscle (VSM) Ca<sup>2+</sup> events (E) and the percentage of these events that propagated along cells and were considered to be waves (F), in the absence and presence of nifedipine. Data are the mean  $\pm$  SEM ( $\geq$ 10 ECs or VSMCs in each field of view from n = 3-6 arterioles from different animals);

\*P<0.05 compared with control baseline; †P<0.05 compared to baseline in the presence of 1  $\mu$ M Nif; #P<0.05 compared to control.

**Fig. 5. Activation of  $\alpha_1$ -adrenoceptors in smooth muscle increases  $\text{Ca}^{2+}$  activity in endothelial cells**

(A and B) Confocal fluorescence images of endothelial cells (ECs) loaded with the  $\text{Ca}^{2+}$  indicator OGB-1 from pressurized arterioles with myogenic tone in the absence (A) and presence (B) of nifedipine (Nif), at baseline and with the  $\alpha_1$ -adrenoceptor agonist phenylephrine (PE, Movie S6). (C and D) Representative fluorescence intensity data shown as line-scans (corresponding to white lines 1 and 2 in A or B) and fluorescence traces ( $F/F_0$ ; corresponding to colored subcellular regions of interest in the images). (C and D) Bar graphs summarize the effects of PE on the frequency of EC  $\text{Ca}^{2+}$  events in active cells (C) and the overall percentage active cells (D) in the absence and presence of nifedipine. Data are the mean  $\pm$  SEM ( $\geq 10$  ECs in each field of view from  $n = 3-4$  arterioles from different animals); \*P<0.05 compared with control baseline; †P<0.05 compared to baseline in the presence of 1  $\mu$ M Nif; #P<0.05 compared to control.

**Fig. 6.  $\text{IK}_{\text{Ca}}$  channels in endothelial cells suppress vasoconstriction and initiate vasomotion**

(A to C) Representative diameter traces in pressurized arterioles for (A) single, cumulative exposures to the L-type VDCC agonist BayK, before and after incubation (in a separate arteriole) with 1  $\mu$ M TRAM-34 to block  $\text{IK}_{\text{Ca}}$  channels; and consecutive additions of (B) 25 mM isotonic KCl to the superfusion solution in the absence (orange) and presence (brown) of nifedipine (Nif, 1  $\mu$ M); and (C) the  $\alpha_1$ -adrenoceptor agonist phenylephrine (PE) in the absence (green) and

presence of 1  $\mu\text{M}$  TRAM-34 (purple). (D) Bar graphs summarize the effect of the three vasoconstrictors under control conditions; and with 100  $\mu\text{M}$  L-NAME (to block nitric oxide synthase); 100 nM apamin (to block  $\text{SK}_{\text{Ca}}$  channels); 1  $\mu\text{M}$  TRAM-34; apamin and TRAM-34 (Ap+TR); apamin, TRAM-34 and L-NAME (LN+Ap+TR); 100 nM iberiotoxin (IbTx, an inhibitor of  $\text{BK}_{\text{Ca}}$  channels); or in endothelium-denuded arterioles (-EC). Data are the mean  $\pm$  SEM (n = 3-28 arterioles from different animals); \* $P < 0.05$  compared to the corresponding control response for each vasoconstrictor; 5 min average indicated by gray bars in A to C. Fig. S12 provides more detail regarding these experiments.

**Fig. 7. Defining the trigger point for activation of EC  $\text{Ca}^{2+}$  events during vasoconstriction**

(A) Confocal images of the top and bottom walls of an arteriole stained with the elastin dye AF-633, indicating the points on the internal elastic lamina (IEL, gray crosses) tracked in the y-axis over time, and the superimposed transmitted light image (Trans); bar = 50  $\mu\text{m}$ . (B) Original traces showing the tracked IEL in three arterioles (colored lines 1 to 3). The difference between the two traces reflect internal diameter (black dashed line), and are plotted for each arteriole. Phenylephrine (PE) was added to the superfusion solution for the period indicated by the bar. (C) Simultaneously acquired confocal images of endothelial cells (ECs) loaded with the  $\text{Ca}^{2+}$  indicator OGB-1 and elastin stained with AF-633. Representative fluorescence intensity data shown as endothelial cell  $\text{Ca}^{2+}$  events and elastin fluorescence corresponding to colored boxes spanning the full range of movement; a.u., arbitrary units. Increased EC  $\text{Ca}^{2+}$  was observed at the point indicated by the black arrow (inset, 3x zoom of gray box). The tracked movement of the IEL is overlaid for comparison (blue trace in each panel), and corresponds to crosses shown in the images before (magenta) and during (lighter blue) vasoconstriction to 3  $\mu\text{M}$  phenylephrine.

EEL, external elastic lamina; bar = 30  $\mu\text{m}$ ; blue arrows represent 0  $\mu\text{m}$  in the y-axis. (D) Representative time courses of wall movement in response to KCl and phenylephrine in the same arteriole. The starting positions (magenta crosses) reflect myogenic tone, and the threshold to trigger vasoconstrictor-mediated activation of EC  $\text{Ca}^{2+}$  events are indicated by light blue crosses. Bar graphs summarize the distance moved (extrapolated to an approximated change in diameter) to reach the trigger point for EC  $\text{Ca}^{2+}$  activation for each vasoconstrictor; data are the mean  $\pm$  SEM of  $n = 6$  arterioles from different animals; myogenic tone =  $53.4 \pm 2.3\%$ .