

Table S1. Spearman's rho correlations between mental health and wellbeing measures for 10–13-year-olds and 16–17-year-olds.

| <b>10–13-year-olds</b>       |                     |                     |                    |                       |                |
|------------------------------|---------------------|---------------------|--------------------|-----------------------|----------------|
|                              | Internalising -SDQ  | Externalising - SDQ | Anxiety – RCADS-25 | Depression – RCADS-25 | PTSD – CRIES-8 |
| General wellbeing - WEMWBS   | -.51**              | -.39**              | -.47**             | -.59**                | -.16*          |
| School satisfaction - SSS    | -.32**              | -.28**              | -.21**             | -.37**                | -0.02          |
| Physical Well-being - KINDL  | -.32**              | -.15*               | -.21**             | -.24**                | -0.02          |
| Emotional Well-being - KINDL | -.38**              | -.25**              | -.32**             | -.40**                | -.17*          |
| Self-esteem - KINDL          | -.31**              | -.29**              | -.25**             | -.30**                | -.18*          |
| Family - KINDL               | -.28**              | -.39**              | -.18*              | -.27**                | -.14*          |
| School - KINDL               | -.48**              | -.36**              | -.30**             | -.33**                | -.11           |
| Friends - KINDL              | -.41**              | -.41**              | -.24**             | -.31**                | -0.12          |
| <b>16-17-year-olds</b>       |                     |                     |                    |                       |                |
|                              | Internalising - SDQ | Externalising - SDQ | Anxiety – RCADS-25 | Depression – RCADS-25 | PTSD – CRIES-8 |
| Wellbeing - WEMWBS           | -.55**              | -.50**              | -.47**             | -.60**                | -.40**         |
| Physical Well-being - KINDL  | -.30**              | -.26*               | -.33**             | -.54**                | -.32**         |
| Emotional Well-being - KINDL | -.44**              | -.24**              | -.44**             | -.60**                | -.28*          |

|                     |        |        |        |        |        |
|---------------------|--------|--------|--------|--------|--------|
| Self-esteem - KINDL | -.36** | -.34** | -.30*  | -.50** | -.28*  |
| Family - KINDL      | -.29*  | -.30*  | -.27*  | -.35** | -.14   |
| School - KINDL      | -.34** | -.23   | -.17   | -.29*  | -.34** |
| Friends - KINDL     | -.35** | -.14   | -.35** | -.34** | -.21   |

---

\* p < 0.05 \*\* p < 0.01