

1 **Tissue-Specific Iron Levels Modulate Lipid Peroxidation and the FLASH Radiotherapy Effect**

2 **Running title: Interplay of Iron and Lipid Peroxidation in the FLASH effect**

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31 **Abstract**

32 Iron is vital to living cells, playing a key role in cellular respiration, DNA synthesis, and various  
33 metabolic functions. Importantly, cancer cells have a higher dependency on iron compared to normal  
34 cells to support their rapid growth and survival. Due to this fact, tumors are more vulnerable to  
35 ferroptosis, an iron-dependent form of regulated cell death. Radiation therapy (RT), a standard  
36 treatment for many cancer patients, is known to induce ferroptosis. Ultra-high dose rate FLASH RT  
37 offers an improved therapeutic window by minimizing damage to normal tissues while preserving  
38 tumor control. However, the precise biological mechanisms behind the protective effects of FLASH  
39 RT on normal tissues remain unclear. In this study, we propose that variations in lipid peroxidation  
40 and ferroptosis, driven by intrinsic differences in iron levels between normal and cancerous tissues,  
41 contribute to this effect. Our findings show that FLASH RT increases lipid peroxidation and induces  
42 ferroptosis in tumor cells but does not significantly elevate lipid peroxidation and ferroptosis in  
43 normal tissues compared to conventional RT. To determine whether raising iron levels in normal  
44 tissues could abrogate the protective effects of FLASH, mice were fed a high-iron diet before RT. A  
45 high-iron diet before and after RT reversed the protective effect of FLASH, resulting in increased  
46 intestinal damage and lipid peroxidation. This suggests that baseline iron levels and iron-driven lipid  
47 peroxidation are critical factors in mediating the protective outcomes of FLASH RT. Overall, our  
48 study sheds light on the role of iron in modulating RT responses and provides new mechanistic  
49 insights into how FLASH RT influences normal and cancerous tissues.

50

51 **Introduction**

52 Iron is a vital element that plays a fundamental role in maintaining essential cellular functions such as  
53 oxygen transport, energy production, hematopoiesis, and DNA replication (1). Its biological  
54 importance becomes particularly essential in cancer, where tumor cells exhibit a strong dependence  
55 on iron for survival. Therefore, elevated levels of iron and ferritin, the primary intracellular iron  
56 storage protein, are frequently observed in the tissues and serum of cancer patients (2-5). This iron  
57 dependency opens a critical therapeutic window through ferroptosis, an iron-dependent form of  
58 regulated cell death characterized by excessive lipid peroxidation (6).

59 Radiation therapy (RT), a standard care for many cancer patients to achieve local control and to treat  
60 metastatic burden, has been shown to promote ferroptosis by inducing lipid peroxidation, thereby  
61 enhancing tumor cell death (7). Furthermore, combining RT with ferroptosis inducers such as RSL3,  
62 erastin, and sulfasalazine, has been shown to increase tumor radiosensitivity and overcome  
63 radioresistance (7-9). While RT works by damaging tumor DNA either directly or indirectly via the  
64 generation of reactive oxygen species (ROS), ferroptosis operates independently of DNA damage  
65 pathways, making it a promising approach for developing therapeutic strategies to increase RT  
66 response (10).

67 FLASH RT uses ultra-high dose rates to increase the therapeutic window of RT (11). While  
68 conventional RT is delivered at dose rates ranging from 0.01 to 0.4 Gy/s, FLASH RT, which is  
69 delivered at rates greater than 40 Gy/s, results in less normal tissue toxicity while maintaining tumor  
70 control rates comparable to conventional RT (12, 13). Normal tissue sparing after FLASH RT is  
71 known as the FLASH effect and has been attributed in part to the interplay between oxygen depletion  
72 and ROS production (11, 14-16). Although studies have demonstrated that FLASH RT reduces tissue  
73 oxygen concentrations both in normal tissues and tumors, oxygen depletion may not be the only  
74 mechanism accounting for normal tissue sparing, as the observed reduction in oxygen could be  
75 considered insufficient to induce tissue protection (17, 18). It has also been suggested that radical-  
76 radical recombination as well as immune modulation are potential mechanisms of FLASH RT (16,  
77 19-21). Recently, the contribution of lipids and lipid peroxidation was proposed as the key link  
78 between FLASH and ferroptosis, an iron-dependent regulated cell death pathway (22-24). However,

79 the biological mechanisms by which FLASH RT alters lipid peroxidation and potentially ferroptosis  
80 remain unclear. Therefore, this study investigated how lipid peroxidation and ferroptosis are  
81 differentially modulated after FLASH RT in tumor and normal tissues and whether varying iron levels  
82 in these tissues plays a role in the FLASH effect.

83

## 84 **Materials and Methods**

### 85 **Cell lines and cell culture**

86 A549 and MDA-MB-231 were purchased from ATCC and maintained at 37°C in a humidified  
87 incubator with 5% CO<sub>2</sub> in Dulbecco's Modified Eagle Medium supplemented with 10% fetal bovine  
88 serum (F7524, Sigma Aldrich) and 1% antibiotic/antimycotic (15240-062, Gibco). Cells were  
89 routinely tested for mycoplasma.

90

### 91 **siRNA transfection**

92 ONTARGETplus SMARTpool siRNA targeting TFRC (Horizon Discovery) was transfected into  
93 A549 and MDA-MB-231 cells according to the manufacturer's instructions. Briefly, 2 × 10<sup>5</sup> A549  
94 and MDA-MB-231 cells were seeded in 6-well plates. After 24 hours of incubation, the cells were  
95 washed and cultured in 1.6 mL of antibiotic-free DMEM supplemented with 10% FBS. A siRNA  
96 solution was prepared by diluting 10 μL of 20 μM TFRC-targeting siRNA in 190 μL of Opti-MEM  
97 (31985070, GIBCO), while 7.5 μL of RNAiMax (13778030, Thermo Fisher Scientific) was diluted in  
98 192.5 μL of Opti-MEM. The two diluted components were then combined and incubated at room  
99 temperature for 15 minutes before being added to the cells. Cells were incubated overnight before  
100 being seeded for further experiments.

101

### 102 **Real Time quantitative reverse transcription PCR (qRT-PCR)**

103 Total mRNA was extracted using TRIzol™ Reagent (15596026, Invitrogen) following  
104 manufacturer's instructions. One μg of mRNA was reverse transcribed into cDNA using an iScript  
105 cDNA synthesis kit (1708890, BioRad). Quantitative real-time RT-PCR was performed with an  
106 iTaq™ Universal SYBR Green Supermix (1725124, BioRad) using the StepOnePlus Real-Time PCR

107 system (Applied Biosystems). Expression level of TFRC mRNA (Forward:  
108 GTTGAATTGAACCTGGAC, Reverse: AAGTAGCACGGAAGAAGT) was determined using the  
109  $\Delta\Delta$ CT method and was normalized to 18S expression (Forward: GAGGATGAGGTGGAACGTGT,  
110 Reverse: AGAAGTGACGCAGCCCTCTA) in the same sample.

111

### 112 **Intracellular iron measurement**

113 Intracellular iron levels were measured using the FerroOrange (F374, Dojindo) probe according to the  
114 manufacturer's instructions. Briefly, cells were irradiated and incubated for the specified times before  
115 being washed with PBS and incubated with a 1  $\mu$ M FerroOrange solution in the serum-free phenol  
116 red-free media (31053028, Gibco) for 30 minutes at 37 °C. Fluorescence (Ex 531/40 – Em 629/53)  
117 was directly imaged after the incubation using the Celigo Image Cytometer (Nexcelom).

118

### 119 **Reagents**

120 Ferrostatin-1 (Ferr-1, ab146169-5mg, Abcam) was dissolved in DMSO at 10 mM concentration and  
121 diluted in cell culture media to the specified concentrations. Ammonium iron (II) sulfate (09719,  
122 Merck) was dissolved in deionized water at 100 mM concentration and diluted in cell culture media to  
123 specified concentrations. Deferoxamine (D9533, Sigma Aldrich) was dissolved in DMSO at 100 mM  
124 concentration and diluted in cell culture media to the specified concentrations.

125

### 126 **RNA sequencing**

127 RNA samples were extracted from MDA-MB-231 cells 24 hours after being irradiated with 10 Gy in  
128 a <sup>137</sup>Cs irradiator for sequencing as previously described(25). Briefly, RNA was extracted using the  
129 RNeasy Mini Kit (74104, Qiagen) following the manufacturer's protocol. Library preparation,  
130 sequencing (paired-end 150 bp sequencing, 20 million reads), and bioinformatic analysis were  
131 performed by Novogene Co. (Cambridge, UK) using the Illumina NovaSeq platform. The genes that  
132 significantly altered by 10 Gy RT were analyzed by Enrichr (26-28). The Gene Set Enrichment  
133 Analysis (GSEA) was performed using gene sets obtained from the Molecular Signatures Database  
134 (MSigDB v2024.1.Hs) (29). Raw gene count data were normalized to transcripts per million (TPM)

135 prior to GSEA analysis. Analyses were conducted using the GSEA software (v4.3.3) from the Broad  
136 Institute. Gene sets with nominal  $P$ -value  $< 0.05$  and False Discovery Rate (FDR)  $< 25\%$  were  
137 considered significantly enriched. Additionally, the heatmap was generated using Python (3.11.8).

138

### 139 **Radiation**

140 RT was performed in the Radiation Biophysics facility at the University of Oxford. Cells were  
141 exposed to  $\gamma$ -rays from a  $^{137}\text{Cs}$  sealed source irradiator (GSR D1, Gamma-Service Medical, Leipzig,  
142 Germany; dose rate of 1.7 Gy/min). For alpha particle treatment, cells were irradiated with 3.3 MeV  
143 alpha particles (LET = 121 keV  $\mu\text{m}^{-1}$ ) using the Oxford  $^{238}\text{Pu}$  irradiator (30).

144

### 145 **FLASH radiation**

146 Conventional and FLASH RT was performed using an electron linear accelerator which delivers  
147 electrons of 6 MeV nominal energy in a circular horizontal beam collimated to 5 cm in diameter,  
148 previously described with more details (31, 32). *In vitro* experiments were performed in T12.5 flasks  
149 or 35 mm cell culture dishes irradiated one by one in a vertical position in the central part of the beam  
150 (Fig. S7). For *in vivo* experiments, the mice were anesthetized with isoflurane supplemented with ~55%  
151 oxygen (90% oxygen evenly mixed with air), then placed in an immobilization cradle and irradiated  
152 in an upright position. A 6 mm brass collimator with a 20 mm  $\times$  20 mm or a 33 mm  $\times$  30 mm aperture  
153 was used to further define the RT field covering the whole thorax or the whole abdominal area  
154 respectively (Fig. S7B). RT was delivered with 3.5  $\mu\text{s}$  electron pulses with a repetition rate of 25 or  
155 300 Hz (25 Hz for conventional and 300 Hz for FLASH). Dose rates were 0.1 Gy/s for conventional  
156 and  $\geq 2$  kGy/s for FLASH, with a dose-per-pulse of ~4 mGy and 5 Gy, respectively. Doses ranging  
157 from 5 to 20 Gy were given for the *in vivo* and *in vitro* experiments.

158 The prescribed doses were verified during delivery with pieces of Gafchromic EBT-XD film (Ashland  
159 Inc, Covington, KY) placed at the surface or between (abdominal RT) two pieces of Perspex  
160 representing a mouse phantom positioned exactly as the mice in the beam path (32). The films were  
161 scanned (Epson Perfection v850 Pro, Seiko Epson Corporation, Nagano, Japan), 24 hours post-RT,  
162 and the red channel was analyzed for a 20 mm  $\times$  20 mm central part of the exposed film, using ImageJ

163 (version 1.52a, Wayne Rasband). The film had previously been calibrated in a clinical 6 MeV electron  
164 beam from a Varian Truebeam (Varian Medical Systems Inc, Palo Alto, CA) linear accelerator at the  
165 Churchill Hospital site in Oxford, UK. Online verification of the delivered dose was achieved using  
166 an Advanced Markus ionization chamber (PTW-Freiburg GmbH, Freiburg, Germany) positioned in  
167 the beam (corrected for ion recombination) on the beam energy monitor and collimator system (not  
168 disturbing the collimated part of the beam), as well as an upstream positioned toroidal beam charge  
169 monitor (33, 34). The beam energy monitor was used to verify that the electron beam energy was  
170 consistently 6 MeV, for both FLASH and conventional RT (31). The overall uncertainty in dosimetry  
171 was estimated to be 4% (including a measured output variation of within 2%).

172

### 173 **Proton RT**

174 Proton beam RT was given as previously described(35). After placing cell dishes at the midpoint of a  
175 10 cm wide spread-out-Bragg-peak (SOBP, a 230 MeV proton beam generated by a proton therapy  
176 system (Sumitomo Heavy Industries, Ltd., Niihama, Japan) was given at a dose rate of 2.14 Gy/min at  
177 the Samsung Proton Therapy Center in Seoul, South Korea.

178

### 179 **Lipid peroxidation**

180 Lipid peroxidation was assessed using the BODIPY 581/591 C11 (D3861, Invitrogen) probe  
181 according to the manufacturer's instructions. Briefly, cells were irradiated and incubated for the  
182 specified times before incubation with a 2  $\mu$ M BODIPY 581/591 C11 solution in PBS for 30 minutes  
183 at 37 °C. The cells were detached and washed with PBS before FITC fluorescence intensity (oxidized  
184 BODIPY emission) was measured using a CytoFLEX (Beckman Coulter) flow cytometer. FlowJo  
185 software was used to assess the geometric mean of the intensity of oxidized BODIPY 581/591 C11.

186

### 187 **Clonogenic assay**

188 For  $^{137}\text{Cs}$  irradiated clonogenic assays, single cells were plated in 6-well plates and allowed to settle  
189 for 24 hours before RT. For FLASH vs. conventional irradiated clonogenic assays, cells were seeded  
190 in T12.5 flasks and treated with the specified concentrations of Ferr-1 for 24 hours before RT. Prior to

191 RT, the flasks were positioned vertically. Following RT, the cells were detached, counted, and  
192 replated as single cells in 6-well plates. Seeding densities were optimized for each cell line and RT  
193 dose. Colonies were cultured for 8 to 12 days before being stained with a 20% methanol/0.5% crystal  
194 violet solution. Colonies were then counted to determine plating efficiency (PE = colony  
195 number/number of cells plated), and the surviving fraction (SF) was calculated using the formula: SF  
196 = (number of colonies formed after treatment) / (number of cells seeded × PE), following the  
197 methodology of a previous study (36).

198

### 199 **Patient data**

200 In total, 748 genes in the Cancer Gene Consensus were acquired from the Catalogue Of Somatic  
201 Mutations In Cancer (COSMIC) and analyzed by DAVID functional analysis to identify the enriched  
202 pathways (37, 38). Tissue microarrays were purchased from Biomax (BR1008b – Breast cancer,  
203 LC10011b – Lung cancer). *TFRC* expression data from the TCGA PanCancer Atlas was obtained  
204 from cBioPortal, including mRNA expression z-scores (log RNA Seq V2 RSEM) normalized relative  
205 to normal samples, along with corresponding clinical data (39). We have stratified “high TFRC”  
206 group as patients with higher TFRC expression z-score compared to normal tissue samples and “low  
207 TFRC” group as patients with lower TFRC expression z-score compared to normal tissue samples.  
208 *TFRC* expression across different tumor types was visualized using TCGA datasets through The  
209 University of ALabama at Birmingham CANcer data analysis Portal (UALCAN) (40).

210

### 211 **In vivo experiments**

212 All animal experiments were performed according to the guidelines of the United Kingdom Home  
213 Office and the University of Oxford under the project licenses PP8415318 and PP4558762. Female  
214 BALB/cAnNCrl mice were purchased from Charles River (6-8 weeks, strain code 028) and housed in  
215 individually ventilated cages containing no more than six mice per cage, in a 12/12-hour light/dark  
216 cycle. For normal mouse lung studies, lung tissues were collected 24 hours or 7 days after RT either at  
217 conventional or FLASH dose rates. To determine iron accumulation in the upper intestine, mice were  
218 fed with either control diet with 200 ppm iron (TD. 08713, Envigo) or a high-iron diet with 5000 ppm

219 iron (TD140464, Envigo) for 24, and 48 hours (41). Intestinal tissues were collected at the specified  
220 time points to assess the correlation between iron diet and RT effects. For RT studies, mice were fed  
221 either a control diet or a high-iron diet for evaluation. After 24 hours, they were either kept as controls  
222 or exposed to conventional or FLASH dose rate RT. Post-RT, mice were monitored and weighed  
223 daily. One group of mice returned to a control diet, and the other group of mice remained on a high-  
224 iron diet. Seventy-two hours after RT, mice were sacrificed to collect blood samples and intestinal  
225 tissues.

226 For Ferr-1 treatment (341494-25mg, Merck), mice received intraperitoneal injection of 2 mg/kg of  
227 Ferr-1 one day before RT and then once daily until mice were sacrificed 72 hours after RT.

228 For tissue processing, lung tissues were inflated with 10% formalin and kept in formalin for 24 hours  
229 before storing in 70% ethanol. Intestinal samples were flushed with PBS, fixed in formalin for 24  
230 hours. Then they were cut with micro scissors to expose the lumen. The tissues were then rolled from  
231 the posterior end to reveal the inner lumen and stored in 70% ethanol until being processed and  
232 embedded in paraffin. Sections of 6  $\mu\text{m}$  thickness were prepared for immunohistochemistry analysis  
233 using microtome.

234

### 235 **Mouse tumor tissues**

236 A549 and Calu-6 xenograft tumor tissues were treated with conventional, or FLASH RT. Briefly,  
237 A549 and Calu-6 cells were subcutaneously injected into athymic nude mice. When the tumor size  
238 reached 100  $\text{mm}^3$ , mice were randomized into three groups: control, conventional RT, and FLASH  
239 RT (15 Gy for A549, 20 Gy for Calu6). When the tumor size reached 800  $\text{mm}^3$  or 50 days post-RT,  
240 the mice were sacrificed to collect tumor tissues. The harvested tissues were fixed in formalin, then  
241 stored in 70% ethanol until further processing and paraffin embedding. Paraffin-embedded tissues  
242 were cut into 6  $\mu\text{m}$  sections.

243

### 244 **Immunohistochemistry**

245 Paraffin-embedded tissues were sectioned and stained as previously described (25, 42). Briefly, after  
246 incubation in a 65 °C oven for 30 minutes, slides were deparaffinized by immersing in Histo-Clear

247 (National Diagnostics, HS-200) twice for 3 minutes followed by rehydration for 3 minutes in 100 %,  
248 70 %, and 50 % ethanol. The slides were washed in deionized water for 5 minutes before antigen retrieval  
249 was performed in 1 x Citrate buffer (10 x Citrate buffer (pH 6.0), C9999, Sigma; diluted with deionized  
250 water and 0.05 % Tween-20) which was heated to 110 °C in a pressure cooker for 3 minutes. Then, the  
251 slides were cooled at room temperature for 20 minutes. Endogenous peroxidase and phosphatase  
252 activities were blocked by Dual Endogenous Enzyme Block (S2003, Agilent Technologies) for 20  
253 minutes. The slides were blocked with 10 % goat serum for 30 minutes and incubated with antibodies  
254 (anti-4-HNE antibody (BS-6313R, Thermo Fisher or ab48506, abcam) diluted in 1:100 or 1:200 with  
255 antibody diluent (ab64211, abcam) or anti-OLFM4 antibody (39141, Cell Signaling) diluted in 1:300 with  
256 antibody diluent) at 4 °C overnight. After washing three times with PBS/0.05 % Tween-20, the secondary  
257 antibody with HRP-labelled polymers was added to slides (K4003 or K4001, Agilent Technologies) and  
258 incubated at room temperature for 20 minutes. Slides were then washed three times with PBS/0.05%  
259 Tween-20 and incubated with DAB (3,3'-Diaminobenzidine) (K3468, Agilent Technologies) to visualize  
260 the HRP signals. The slides were counterstained with hematoxylin (1.09249.0500, Sigma Aldrich) and  
261 mounted with aqueous mounting medium (1.08562.0050, Merck).

262 Tissue iron was stained using a Prussian Blue staining kit (ab150674, Abcam) according to the  
263 manufacturer's protocol, with a peroxide-DAB enhancing step. Briefly, slides were deparaffinized and  
264 incubated with Prussian Blue solution for 1 hour at room temperature before washing 3 times with  
265 deionized water. If no blue prussiate was visible, slides were incubated with a 0.3% hydrogen peroxide  
266 and 0.01M sodium azide methanol solution for 30 minutes at room temperature. Slides were then washed  
267 4 times with PBS, incubated with DAB until tissues turned brown. Slides were washed with 3 changes of  
268 deionized water before counterstaining with nuclear fast red for 4 minutes at room temperature. Slides  
269 were dehydrated in 50%, 70%, and 100% ethanol and 2 changes of 100% xylene before mounting with  
270 DPX (06522, Sigma Aldrich). TUNEL staining was performed following manufacturer's protocol  
271 (C10625, Thermo Fisher).

272 Hematoxylin and eosin (H&E) staining was performed by deparaffinizing tissues followed by  
273 incubation with 25% Harris' hematoxylin (CODE) diluted in water for 3 minutes. Slides were dipped  
274 10 times in acid alcohol (1% hydrochloric acid in 70% ethanol) and then washed with 10 dips in tap

275 water. Slides were dipped 10 times into Scott's tap water and then washed with 10 dips in tap water.  
276 Slides were dipped 10 times in 0.5% lithium carbonate and then washed with running tap water.  
277 Slides were then dipped 10 times in 50%, 70%, and 90% ethanol. Slides were then incubated in  
278 alcoholic eosin for 1 minute before being dipped 10 times 90% ethanol and repeated with fresh 90%  
279 ethanol. Slides were then dehydrated in 100% ethanol and 2 changes of 100% xylene before mounting  
280 with DPX.

281 All slides were imaged with an Aperio Scanscope CS digital pathology scanner (Leica Biosystems  
282 Imaging, Inc.) at 40X or 20X magnification.

283 For 4-HNE staining, three representative fields were imaged per slide at 10x or 20 x magnification.  
284 DAB staining intensity was analyzed using FIJI (Image-J-based open-source software) (43). Images  
285 were chosen from the irradiated lung lobe and upper intestine areas where iron is mainly accumulated.  
286 Positively stained areas were extracted using color deconvolution with the brightness and contrast  
287 optimized for each set of images and the values were kept consistent across all images from the same  
288 set. Positively stained areas were converted into binary images, and the integrated density values were  
289 calculated.

290 The amount of iron in the upper intestines or microarray cores were assessed using FIJI. First,  
291 positively stained iron areas were selected and extracted by using color threshold, converted into  
292 binary images and positive areas were measured. Similarly, total tissue areas stained with nuclear fast  
293 red were selected and extracted using the color threshold, converted into binary and measured. The  
294 percentage of iron in each tissue relative to total cellularity was determined using the iron positive and  
295 total tissue areas.

296 For TUNEL staining, three representative fields at 10x magnification were selected per slide. Positive  
297 cell detection was conducted using QuPath software (version 0.5.0) built-in algorithm, with optimized  
298 parameters for cell detection and signal intensity to reliably identify TUNEL-positive nuclei.  
299 Detection thresholds, cell size estimates, and background subtraction settings were adjusted to  
300 maximize accuracy and consistency across samples. The percentage of TUNEL-positive cells was  
301 calculated by dividing the number of TUNEL-positive nuclei by the total number of detected nuclei  
302 within each region of interest.

303 Three representative fields of H&E stained images 1 mm in size were randomized and the remaining  
304 crypts were manually counted (Fig. S8). The percentage of remaining crypts was determined by  
305 comparing to the untreated and non-irradiated control. The number of OLFM4 positive crypts were  
306 manually counted in three representative fields per slide, each within a 1 mm area.

307

### 308 **Ferritin ELISA**

309 Mouse serum was collected by centrifugation of mouse blood at 3000 rpm for 10 minutes. Serum  
310 ferritin levels were measured by using a commercially available mouse ferritin ELISA kit according  
311 to the manufacturer's protocol (Abcam, #ab157713).

312

### 313 **Statistical analysis**

314 The data are presented as the mean, the standard deviation, and the individual observations of at least  
315 three replicates. The data were analyzed using GraphPad Prism software (GraphPad Prism 10,  
316 Dotmatics) as indicated in each figure. Briefly, for comparisons between two groups, we performed  
317 two-tailed Student's *t*-tests. Nonparametric Kolmogorov-Smirnov test was used for tissue microarray  
318 data. To compare multiple groups, we used one-way ANOVA for single-condition experiments and  
319 two-way ANOVA for experiments involving multiple conditions. A *P* value of <0.05 was considered  
320 statistically significant.

321

### 322 **Study approval**

323 This study involved mouse studies. Experimental procedures were carried out under project licenses  
324 (PP8415318 and PP4558762) issued by the UK Home Office under the UK Animals (Scientific  
325 Procedures) Act of 1986.

326

### 327 **Results**

328

### 329 **RT induces lipid peroxidation and ferroptosis**

330 RT induces cell death primarily through the induction of DNA damage. Recently, ferroptosis has been  
331 identified as a contributor to RT-induced cell death that occurs independently of DNA damage (7-10).  
332 RNA sequencing was performed in MDA-MB-231, a human breast cancer cell line, treated with 0 or  
333 10 Gy of RT to determine changes in gene expression induced by RT. Cells were irradiated with  $\gamma$ -  
334 rays from a  $^{137}\text{Cs}$  irradiator 24 hours before RNA extraction and transcriptomic analysis. Kyoto  
335 Encyclopedia of Genes and Genomes (KEGG) enrichment analysis using Enrichr identified  
336 significant changes in genes associated with the cell cycle, DNA replication, and p53 pathway, which  
337 are hallmarks of cells exposed to RT-induced DNA damage (26-28) (Fig. 1A). Additionally, RT also  
338 affected genes involved in ferroptosis (Fig. 1A, Fig. S1A) in line with previous studies (7-9). Gene  
339 Set Enrichment Analysis (GSEA) further identified a strong association between RT exposure and  
340 significant alterations in ferroptosis-related genes (29) (Fig. 1B, Fig. S1B). To assess the biological  
341 significance of the changes in gene expression, the effect of RT on lipid peroxidation and ferroptosis  
342 was examined in MDA-MB-231 (human breast cancer) and A549 (human lung cancer) cell lines *in*  
343 *vitro*. We first detected lipid peroxidation 24 hours after exposure to 4 Gy of RT, with levels  
344 increasing in a dose-dependent manner up to 10 Gy (Fig. 1C and 1D). There was also a time-  
345 dependent increase in lipid peroxidation when irradiating cells at 10 Gy with a statistically significant  
346 enhancement detected as early as 4 hours post RT (Fig. 1E and 1F) and a further progressive increase  
347 up to 72 hours (Fig. 1G and 1H). In addition, we also investigated how different RT sources affected  
348 RT-induced lipid peroxidation using alpha particles and protons, indicating that various RT modalities  
349 increased lipid peroxidation (Fig. S2). Since increases in lipid peroxidation can lead to ferroptosis,  
350 clonogenic survival was assessed using ferrostatin-1 (Ferr-1), a selective inhibitor of ferroptosis. We  
351 found that Ferr-1 significantly enhanced clonogenic survival in both cell lines following RT,  
352 confirming that RT-induced ferroptosis contributes to the decreased survival of these tumor cells (Fig.  
353 1I and 1J).

354

### 355 **FLASH RT induces ferroptosis in tumor cells**

356 FLASH, an ultra-high dose rate RT, has been shown to result in less lipid peroxidation in micelles and  
357 liposomes (22). To investigate whether FLASH RT also reduces lipid peroxidation in tumor cells,

358 A549 and MDA-MB-231 were treated with electrons at conventional (6 MeV, 0.1 Gy/s) or FLASH  
359 RT (6 MeV, > 2 kGy/s) dose rates. The RT dose used in these experiments was 10 Gy, as the FLASH  
360 effect is larger at higher RT doses ( $\geq 10$  Gy) (15, 16, 44, 45). Interestingly, FLASH RT induced lipid  
361 peroxidation in both cancer cell lines, and it was comparable to levels found with conventional RT  
362 (Fig. 2A and 2B). Furthermore, tumor cells treated with doses of RT ranging from 5 to 20 Gy  
363 exhibited a dose-dependent increase in lipid peroxidation both by FLASH RT and conventional RT  
364 dose rates (Fig. 2C and 2D). Clonogenic assays using Ferr-1 confirmed that Ferr-1 increased cell  
365 clonogenicity in both conventional and FLASH RT treated cells, indicating that ferroptosis  
366 contributes to cell death after conventional and FLASH RT in cancer cells (Fig. 2E and 2F).

367

### 368 **FLASH RT induces lipid peroxidation in tumors but not in normal tissues**

369 The tumor microenvironment consists of complex interactions between the tumor and its surrounding  
370 counterparts, including fibroblasts, blood vessels, and low oxygen levels (46). To determine whether  
371 the effect of FLASH RT on lipid peroxidation could be detected *in vivo*, tumor tissues were collected  
372 from mouse xenograft models of two different human lung cancer cell lines (A549 and Calu6) for  
373 staining with 4-hydroxynonenal (4-HNE), a classical marker for lipid peroxidation. Consistent with  
374 the *in vitro* observations, both conventional and FLASH RT (15 Gy or 20 Gy) increased 4-HNE  
375 staining in these tumor tissues compared to the non-treated control group (Fig. 3A).

376 In contrast to tumors, we did not observe similar effects between conventional and FLASH RT in  
377 normal mouse lung tissues, supporting previous observation of reduced lipid peroxidation (22, 24).  
378 Conventional RT treatment of the whole thorax of BALB/c mice at 10 Gy significantly increased lipid  
379 peroxidation in lung tissues at 24 hours and 7 days post-treatment. In contrast, the same dose of  
380 FLASH RT resulted in markedly decreased lipid peroxidation compared to conventional RT across all  
381 tested conditions. (Fig. 3B). Additionally, using TUNEL assay, a reduction in apoptosis was observed  
382 in lung tissues after FLASH RT compared to conventional RT, indicating decreased tissue damage  
383 (Fig. S3).

384 In mouse intestines, FLASH RT at 10 Gy also led to reduced lipid peroxidation as well as crypt  
385 damage determined by the number of remaining crypts relative to conventional RT (Fig. 3C and 3D).

386 Interestingly, treatment with Ferr-1 also decreased lipid peroxidation and crypt damage to levels  
387 comparable to those observed with FLASH RT. These findings suggest that reduced lipid  
388 peroxidation levels induced by FLASH RT in normal tissue compared to tumors may contribute to the  
389 reduced normal tissue damage observed with FLASH RT through ferroptosis.

390

### 391 **Iron is essential for tumor survival**

392 Iron is an essential element to maintaining cellular functions such as oxygen transport, energy  
393 production, hematopoiesis as well as DNA replication (1). Cancer cells strongly depend on iron for  
394 survival and as a result, increased levels of iron and ferritin, an iron storage protein, are often  
395 observed in tissues and serum of various cancer patients (2-5). Iron staining in tissue microarrays  
396 (TMA) of breast and lung cancer patients using Prussian Blue with DAB (3,3'-Diaminobenzidine)  
397 indicated that iron was highly elevated in both lung (Fig. 4A) and breast (Fig. 4B) cancer samples  
398 compared to corresponding normal tissues. The functional enrichment analysis of 748 genes from the  
399 Catalogue of Somatic Mutations in Cancer (COSMIC) Cancer Gene Consensus further confirmed that  
400 cancer driving genes involved in iron metabolism or homeostasis including “4 iron 4 sulfur cluster  
401 binding”, “response to iron ion”, and “cellular iron ion binding” were significantly amplified,  
402 supporting the crucial needs of iron in cancer (Fig. 4C) (37). Specifically, transferrin receptor (TFRC),  
403 a receptor facilitating iron transport, was included in COSMIC. Expression of TFRC was significantly  
404 correlated with poor overall survival in all cancer types (Fig. 4D) and its expression was highly  
405 upregulated in the majority of cancer types (Fig. 4E). The inhibition of *TFRC*, which inhibited iron  
406 uptake, significantly decreased cell survival in both lung (A549) (Fig. 4F and Fig. S4) and breast  
407 (MDA-MB-231) cancer cells (Fig. 4G), indicating that iron is critical for tumor cell survival.

408

### 409 **Iron enhances RT sensitivity and ferroptosis**

410 Since iron is central to lipid peroxidation, increasing iron levels by adding ammonium iron (II) sulfate  
411 also increased lipid peroxidation significantly after 10 Gy RT in both A549 (Fig. 5A) and MDA-MB-  
412 231 (Fig. 5B). The treatment of Ferr-1 abrogated the increased lipid peroxidation induced by iron.  
413 These results were supported by decreased clonogenic survival upon ammonium iron (II) sulfate

414 treatment. The radiosensitizing effect of iron was rescued by Ferr-1 treatment, suggesting that iron  
415 supplementation indeed leads to RT-induced ferroptosis (Fig. 5C and 5D). Consistent with a previous  
416 report (9), iron depletion using deferoxamine (DFO), an iron chelator, also reduced lipid peroxidation  
417 (Fig. 5E and 5F) and RT-induced tumor cell death (Fig. 5G and 5H). Overall, these data highlight the  
418 critical role that iron plays in tumor cell survival and ferroptosis in response to RT.

419

#### 420 **Increasing iron levels in normal tissue abolishes FLASH sparing effect**

421 To investigate why the reduction in lipid peroxidation observed with FLASH RT is not evident in  
422 tumour tissues, we hypothesized that intrinsic differences in iron levels between normal and tumour  
423 tissues may account for this variation. in lipid peroxidation found after FLASH RT compared to  
424 conventional RT (23). To test our hypothesis, we increased iron levels specifically in the normal  
425 intestine of BALB/c mice. The intestinal tissue is highly sensitive to RT-induced toxicities due to the  
426 presence of rapidly dividing cells, particularly in the crypts and endothelium. However, multiple  
427 studies have shown that FLASH RT significantly reduces intestinal damage compared to conventional  
428 RT (32, 47, 48). Since iron absorption primarily occurs in the small intestine, particularly in the  
429 duodenum and proximal jejunum, mice were fed a high-iron diet (5000 ppm iron) to elevate iron  
430 levels locally without disrupting systemic iron homeostasis, which is tightly regulated by the  
431 hepcidin-ferroportin axis (49). Iron accumulation in the small intestine was confirmed as early as 24  
432 and 48 hours after initiating the high-iron diet (Fig. S5A).

433 To examine whether high iron levels at the time of RT affect RT responses, mice were fed with a  
434 high-iron diet (HI) for 24 hours and treated with RT at conventional or FLASH RT dose rates, then  
435 returned to the control diet (HI 24-hour) or remained on a high-iron diet for an additional 72 hours (HI  
436 96-hour) to determine the effect of iron before or after the RT (Fig. 6A). Serum ferritin levels  
437 suggested that the iron diet did not cause any systemic changes in iron levels (Fig. S5B). Consistent  
438 with our previous observations (Fig. 3C), conventional RT at both 8 and 10 Gy increased lipid  
439 peroxidation (4-HNE), with less induction with FLASH RT in the control diet group (200 ppm iron)  
440 (Fig. 6B and 6C). Similarly, lipid peroxidation was not significantly different after FLASH RT in  
441 mice fed an HI for 24 hours compared to non-irradiated mice, while conventional RT still showed

442 high induction. However, the HI diet before and after RT (HI 96-hour) abrogated the FLASH RT  
443 effect with a significant increase in lipid peroxidation relative to the non-irradiated group and showed  
444 no significant difference from the conventional RT group.

445 These results were further supported by quantifying the number of crypts after RT and FLASH RT  
446 (Fig. 6D and 6E). In control diet group, the conventional RT groups exhibited a significantly lower  
447 number of remaining crypts compared to the FLASH RT groups following treatment either at 8 or 10  
448 Gy. A high-iron diet for 24 hours (HI 24-hour) did not alter this trend of intestinal damage. Notably,  
449 in the HI 96-hour mice, the difference between conventional and FLASH RT groups was no longer  
450 significant. The prolonged high iron diet exposure resulted in a reduced number of surviving crypts  
451 even in the FLASH RT groups, eliminating the FLASH sparing effect observed in other conditions.  
452 These findings were further supported by OLFM4 staining, which was used to assess the number of  
453 remaining intestinal stem cells. Following 8 Gy RT, OLFM4-positive cells were significantly reduced  
454 by both conventional and FLASH RT (Fig. S6). However, in the control and HI 24-hour groups,  
455 FLASH RT resulted in significantly less stem cell loss compared to conventional RT. In contrast, in  
456 the HI 96-hour group, the reduction in OLFM4-positive cells was comparable between conventional  
457 and FLASH RT. Although stem cell sensitivity to RT was more pronounced after 10 Gy, the high iron  
458 diet appeared to diminish the protective effect of FLASH RT. Taken together, our findings suggest  
459 that iron availability plays a crucial role in RT-induced lipid peroxidation and contributes to the  
460 reduced normal tissue damage observed with FLASH RT.

461

## 462 **Discussion**

463 Approximately 50% of cancer patients undergo RT during their cancer treatment. Advances in RT  
464 techniques have resulted in more precise and focused treatments (50, 51). However, the effectiveness  
465 of RT is often limited by the radioresistance of tumors and normal tissue toxicities, particularly for  
466 tumors located in sensitive areas such as the abdomen or bone marrow. FLASH RT, introduced in  
467 2014 by Fauvadon *et al.* shows promise in enhancing the therapeutic window of RT by decreasing  
468 normal tissue toxicity while maintaining tumor control (52). Studies by multiple research groups have  
469 further validated FLASH effects using various *in vitro* and *in vivo* models (53). Moreover, the

470 successful application of FLASH dose rates to cancer patients in several clinical trials is promising for  
471 its translation into the clinic (54-57).

472 The most widely proposed mechanism for decreased FLASH RT normal tissue toxicity is oxygen  
473 depletion (11, 14-16, 53). Extensive *in vitro* and *in vivo* studies have shown that the sparing effect  
474 seen at ultra-high dose rates varies with variable oxygen, supporting the crucial role of oxygen in  
475 response to FLASH RT (15-18, 58). However, some of these studies also indicated that FLASH-  
476 induced hypoxia alone was not sufficient to achieve normal tissue sparing (17, 18). To fully account  
477 for decreased normal tissue toxicity, multiple studies have proposed other potential FLASH effects,  
478 including radical-radical recombination, decreased DNA damage, conservation of the stem cell niche,  
479 and immune responses (16, 19, 21, 47, 48, 59-62). While these studies suggest that the FLASH effect  
480 may arise from the complex interactions of chemical and biological responses within the tissue  
481 microenvironment, the underlying cause of the differential effects on tumor and normal tissues  
482 remains incompletely elucidated.

483 In this study, we demonstrate that FLASH RT induced lipid peroxidation and ferroptosis, an iron  
484 dependent regulated cell death pathway, based on our *in vitro* clonogenic survival data. Furthermore,  
485 we showed that these effects are attributed to differences in iron levels in normal and tumor tissues.  
486 Supporting our hypothesis, a previous study by Froidevaux *et al.* showed that FLASH RT did not  
487 induce lipid peroxidation, an essential step for ferroptosis, compared to conventional RT, using  
488 micelles and liposomes (22). However, this study did not differentiate FLASH effects between tumor  
489 vs normal tissues, and did not account for the complexity of the tissue microenvironment. In the  
490 present study, we compared the effects of FLASH RT on lipid peroxidation *in vitro* and *in vivo*  
491 utilizing several cancer cells, xenograft tumors, and normal tissues. In cancer cells and tumors, we  
492 found increased lipid peroxidation compared to non-irradiated controls after conventional and FLASH  
493 RT. Moreover, this increase in lipid peroxidation corresponded to an increase in ferroptosis *in vitro*.  
494 In contrast, we observed significantly reduced lipid peroxidation in normal tissues after FLASH RT  
495 compared to conventional RT, in line with the previous observations regarding FLASH effects on  
496 lipid peroxidation (22). Additionally, we observed that elevated lipid peroxidation after conventional  
497 RT led to tissue damage via ferroptosis.

498 Interestingly, we also demonstrated that a variety of RT types (including protons and alpha particles)  
499 are capable of inducing lipid peroxidation in cancer cells despite qualitative and quantitative  
500 differences in DNA damage they cause. Since the FLASH effect has been seen in studies using proton  
501 beams as well as heavier ion beams (helium and carbon beams), our data further support the role of  
502 lipid peroxidation for the FLASH effect (18, 48, 60, 63-69).

503 Iron is essential in cell survival and biogenesis, as well as in rapidly proliferating tumor cells (2).  
504 However, if homeostatic levels of iron become excessive, cells will die due to ROS production  
505 through the Fenton reaction. In ferroptosis, iron is crucial as it initiates cell death by facilitating ROS  
506 production, leading to lipid peroxidation (6). The present study evidenced the crucial role of iron in  
507 cancer cells and their dependency on iron transport for survival. We also confirmed that excess iron  
508 increased the radiosensitization of tumor cells through ferroptosis, while iron chelation protected  
509 against RT-induced ferroptosis. Given our observation of significantly elevated iron levels in lung and  
510 breast cancer tumors compared to normal tissues, we hypothesized that baseline tissue iron levels may  
511 critically influence the reduction of normal tissue toxicity following FLASH radiotherapy.

512 To test our hypothesis regarding the role of tissue iron levels in the FLASH effect, we selectively  
513 increased iron levels in the intestines without altering systemic iron homeostasis. In the control diet  
514 group, the normal tissue protection by FLASH RT was evidenced by decreased lipid peroxidation and  
515 more regenerating crypts compared to conventional RT. Interestingly, elevating iron levels only at the  
516 time of RT was not sufficient to reverse the FLASH effect, since rapid iron turnover immediately  
517 decreased normal tissue iron levels after withdrawal of the high-iron diet. However, when high iron  
518 levels were sustained for another 72 hours after IR, the FLASH effect was abolished in the upper  
519 intestines, indicating that sufficient iron availability during and after RT is necessary to induce lipid  
520 peroxidation leading to tissue damage, which reflects underlying biological processes.

521 The kinetic model proposed by Spitz *et al.* suggests that the limited Fenton type reaction in normal  
522 tissues compared to tumors contributes to the FLASH effect (70). Our study supports this model by  
523 demonstrating the variation in intrinsic iron levels between tumors and normal tissues and  
524 highlighting the necessity of the prolonged iron presence for the abolishment of the FLASH sparing  
525 effect. Future studies exploring the benefits or disadvantages of FLASH effects on iron-rich tissues

526 (such as the liver or bone marrow), focusing on lipid peroxidation and ferroptosis, will be required. In  
527 conclusion, the present study highlights that iron, lipid peroxidation and ferroptosis contribute to the  
528 FLASH effect, furthering our understanding of the mechanisms underlying reduced toxicity in normal  
529 tissue after FLASH RT. Moreover, our study could also be used as a rationale as to which tissues or  
530 organs would benefit from FLASH RT.

531

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541

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550

### 551 **Declaration of Interests**

552 The authors have declared that no conflict of interest exists.

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739

740 **Figure legends**

741 **Fig 1. RT induces lipid peroxidation and ferroptosis in cancer cells in a dose and time-**  
742 **dependent manner.** (A) RNA sequencing was performed after treating MDA-MB-231 cells with 0 or  
743 10 Gy of RT. Pathways analysis by Enrichr identified that genes involved in the “Cell Cycle”, “p53  
744 signaling pathway”, “DNA replication” and “Ferroptosis” were significantly altered by RT. (B)  
745 GSEA enrichment further confirmed significant alterations of genes involved in ferroptosis after RT.  
746 (C-H) Lipid peroxidation was measured using C11 BODIPY in A549 and MDA-MB-231 24 hours  
747 after RT at varying doses from 2 to 10 Gy (C-D) as well as at different time points after 10 Gy of RT  
748 (E-H). (I-J) Clonogenic survival was determined after RT with or without pre-treatment of 20  $\mu$ M  
749 (A549, I) or 4  $\mu$ M (MDA-MB-231, J) Ferr-1. RT was given using a  $^{137}$ Cs irradiator. Error bars  
750 indicate standard deviation (SD) (n = 3 per group). Statistical tests were performed by One-way  
751 ANOVA with Dunnett’s multiple comparisons test (C-H) and unpaired *t*-test (I-J).

752

753 **Fig 2. FLASH RT induces similar levels of lipid peroxidation and ferroptosis with conventional**  
754 **RT in cancer cells.** (A-B) A549 (A) and MDA-MB-231 (B) cells were irradiated at 10 Gy with  
755 conventional or FLASH dose rates with an electron linear accelerator. A significant increase in lipid  
756 peroxidation was observed 24 hours after RT using C11 BODIPY in all treatment groups. (C-D) A  
757 significant dose-dependent induction of lipid peroxidation was observed after conventional and  
758 FLASH RT. (E-F) Clonogenic survival was determined after conventional or FLASH RT with or  
759 without pre-treatment of 20  $\mu$ M (A549) or 4  $\mu$ M (MDA-MB-231) Ferr-1. Error bars indicate standard  
760 deviation (SD) (n = 3 per group). Statistical tests were performed by One-way ANOVA with  
761 Dunnett’s multiple comparisons test (A-B), Two-way ANOVA with Tukey’s multiple comparisons  
762 test (C-D), and One-way ANOVA with Tukey’s multiple comparisons test (E-F).

763

764 **Fig 3. FLASH RT induces lipid peroxidation in mouse xenograft tumors while sparing normal**  
765 **lung and intestine tissues.** (A) Lung tumor tissues (A549 and Calu6) from subcutaneous mouse  
766 xenograft models were stained with 4-HNE, a lipid peroxidation marker. After conventional and  
767 FLASH RT (15 Gy for A549 and 20 Gy for Calu6), there was a significant increase in 4-HNE staining

768 intensity (n = 4 for A549 0 Gy and conventional RT, n = 3 for FLASH RT, n = 6 for Calu-6 0 Gy and  
769 FLASH RT, n = 8 for Calu-6 conventional RT). (B) BALB/c mouse lung tissues were stained with 4-  
770 HNE after 10 Gy of conventional or FLASH RT. Lipid peroxidation was significantly enhanced 24  
771 hours and 7 days after conventional RT. However, FLASH RT did not change lipid peroxidation (n =  
772 6 per group at each time point). (C-D) BALB/c mice were treated daily with 2 mg/kg Ferr-1 or DMSO  
773 vehicle, starting one day prior to RT, to inhibit ferroptosis. Lipid peroxidation, detected by 4-HNE  
774 staining, was markedly increased after 10 Gy conventional RT compared to 0 Gy, but not after 10 Gy  
775 FLASH RT in the DMSO-treated group (C). This increase in lipid peroxidation was reversed by Ferr-  
776 1 treatment. Tissue damage in the upper intestines was assessed by H&E staining, based on the  
777 number of remaining intestinal crypts (D, arrowheads). Both 10 Gy conventional and FLASH RT  
778 significantly reduced crypt numbers, with conventional RT causing more severe damage. Ferr-1  
779 treatment improved crypt preservation in the conventional RT group but had no significant effect in  
780 the 0 Gy or FLASH RT groups (n = 4/group). Error bars indicate standard deviation (SD). Statistical  
781 tests were performed by One-way ANOVA (A) or Two-way ANOVA (B-D) with Tukey's multiple  
782 comparisons test. IntD: Integrated Density.

783

784 **Fig 4. Iron is essential for tumor survival**

785 (A-B) Tissue microarray slides from breast and lung cancer patients were analyzed to measure iron  
786 levels using Prussian blue. Compared to normal lung (A) or breast tissues (B), iron levels were  
787 significantly higher in lung and breast cancer tissues (Lung cancer; n = 20 for normal tissues, n = 32  
788 for lung adenocarcinoma tissues, Breast cancer; n = 11 for normal tissues, n = 90 for cancer tissues).  
789 (C) The functional enrichment analysis of 748 genes from the Catalogue of Somatic Mutations in  
790 Cancer (COSMIC) Cancer Gene Consensus showed significantly regulated pathways of cancer  
791 driving genes “4 iron 4 sulfur cluster binding”, “response to iron ion”, and “cellular iron ion binding”.  
792 (D) Analysis of TCGA PanCancer Atlas data revealed that cancer patients exhibiting higher *TFRC*  
793 expression in tumor tissues compared to normal tissues had significantly poorer overall survival  
794 outcomes (Low *TFRC*: n=2014, High *TFRC*: n=3257; log-rank test, p < 0.0001) (E) TCGA data  
795 showing *TFRC* mRNA expression in normal and various cancer patient tissues were visualized using

796 UALCAN (F-G) The role of iron in tumor cell survival was determined by knocking down *TFRC*, an  
797 iron transporter. Compared to the siRNA against scrambled sequence, the inhibition of *TFRC*  
798 expression significantly decreased intracellular iron and cell survival measured by clonogenic assay in  
799 both A549 (F) and MDA-MB-231 (G) cells. Statistical tests were performed by nonparametric  
800 Kolmogorov-Smirnov test (A-B), log-rank (C), and unpaired *t*-test (F-G).

801

802 **Fig 5. Iron enhances RT sensitivity and ferroptosis.**

803 The role of iron in lipid peroxidation and cell survival was determined by measuring lipid  
804 peroxidation using C11 BODIPY and clonogenic assay, respectively. Adding a suboptimal dose of  
805 iron (50  $\mu$ M and 5  $\mu$ M of ammonium iron (II) sulfate in A549 and MDA-MB-231 respectively)  
806 increased lipid peroxidation (A-B) and radiosensitization (C-D) in both cell lines. Treatment with  
807 Ferr-1 (20  $\mu$ M and 4  $\mu$ M in A549 and MDA-MB-231, respectively) decreased lipid peroxidation  
808 induced by RT (A-B) and reversed radiosensitization (C-D) indicating that ferroptosis was further  
809 induced by external iron. (E-H) Inhibition of iron availability using deferoxamine (DFO) (200 nM and  
810 100 nM in A549 and MDA-MB-231, respectively) decreased lipid peroxidation induced by RT (E-F)  
811 and increased radioresistance (G-H) of A549 and MDA-MB-231 cells. (A-H, n = 3/group) Error bars  
812 indicate standard deviation (SD). Two-way ANOVA with Tukey's multiple comparisons test (A-B),  
813 One-way ANOVA with Tukey's multiple comparisons test (C-D, G-H), and unpaired *t*-test (E-F). For  
814 C-D and G-H, 6 Gy conditions were compared.

815

816 **Fig 6. Increasing iron levels in normal tissue reverts FLASH sparing effect.** (A) BALB/c mice  
817 were fed with high iron diet (5000 ppm iron) for 24 hours to increase iron levels in normal intestine.  
818 After RT treatment at 8 or 10 Gy, mice were returned to a normal diet or stayed on a high-iron diet for  
819 another 72 hours. (HI: High iron diet) (B-C) Lipid peroxidation, which was stained with 4-HNE was  
820 highly increased by both 8 (B) and 10 Gy (C) conventional RT in the control or high iron diet groups  
821 both for 24 hours and 96 hours. FLASH RT at 8 or 10 Gy did not increase lipid peroxidation as  
822 significantly as conventional RT with the control or 24-hour high-iron diet. However, a prolonged  
823 high-iron diet even after RT treatment eliminated the FLASH effect on lipid peroxidation. (D-E)

824 Tissue damage in the upper intestines was determined by H&E staining. The presence of remaining  
825 intestinal crypts (arrow heads) was counted and analyzed. The number of remaining crypts was  
826 significantly decreased after 8 (D) and 10 Gy of conventional RT in the control or high-iron diet  
827 groups for 24 hours and 96 hours. FLASH RT-induced damages were significantly lower than  
828 conventional RT in the control or 24-hour high-iron diet mice. However, a prolonged high iron diet,  
829 diminished the sparing observed in FLASH irradiated tissues since FLASH RT induced similar tissue  
830 damage to conventional RT. (B - E, for 8 Gy, n = 8 in every condition; for 10 Gy, control diet n = 12,  
831 HI diet 24 hours or 96 hours n = 6) Error bars indicate standard deviation (SD). Statistical test was  
832 performed by Two-way ANOVA with Tukey's multiple comparisons. IntD: Integrated Density.

Fig. 1

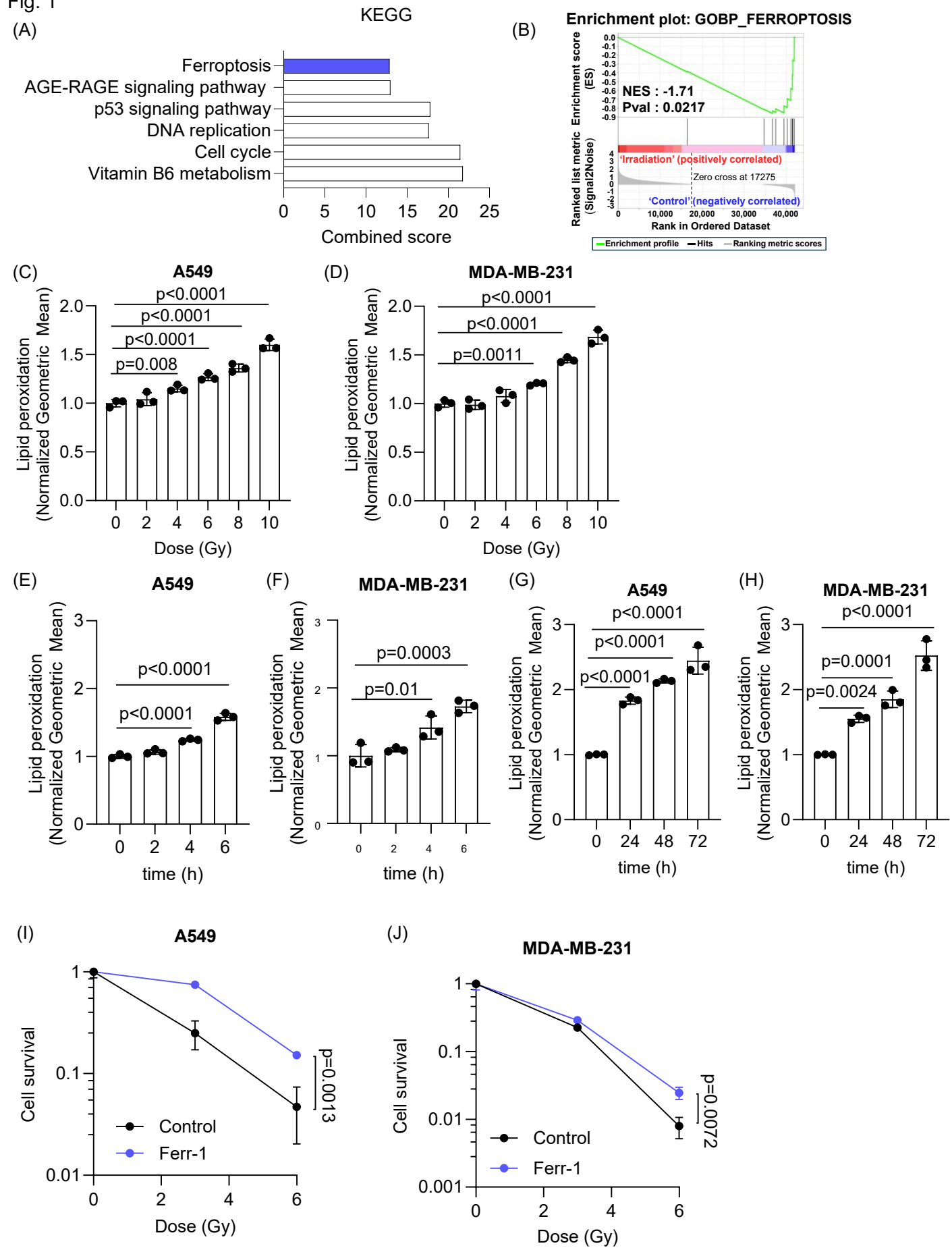


Fig. 2

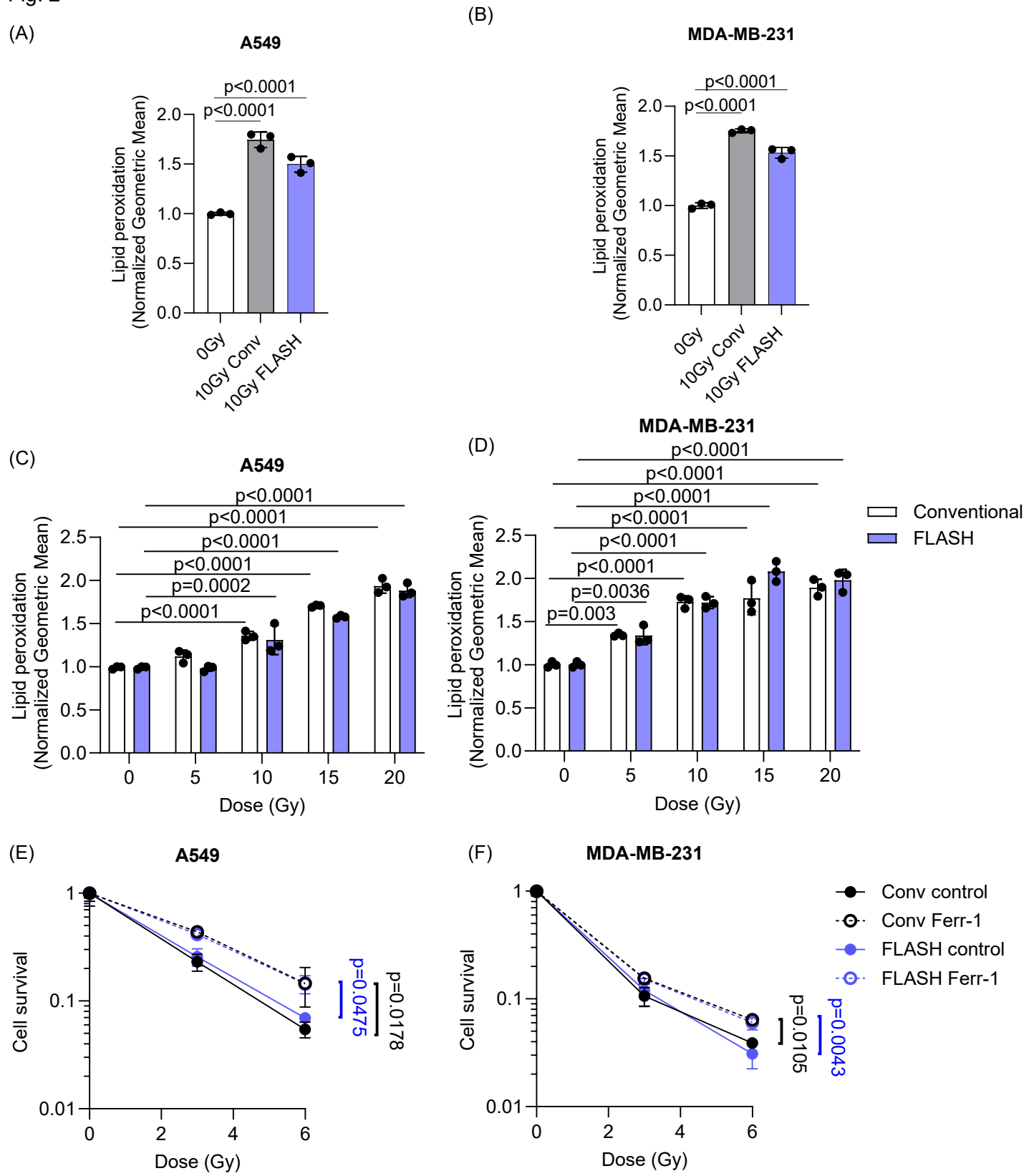


Fig. 3

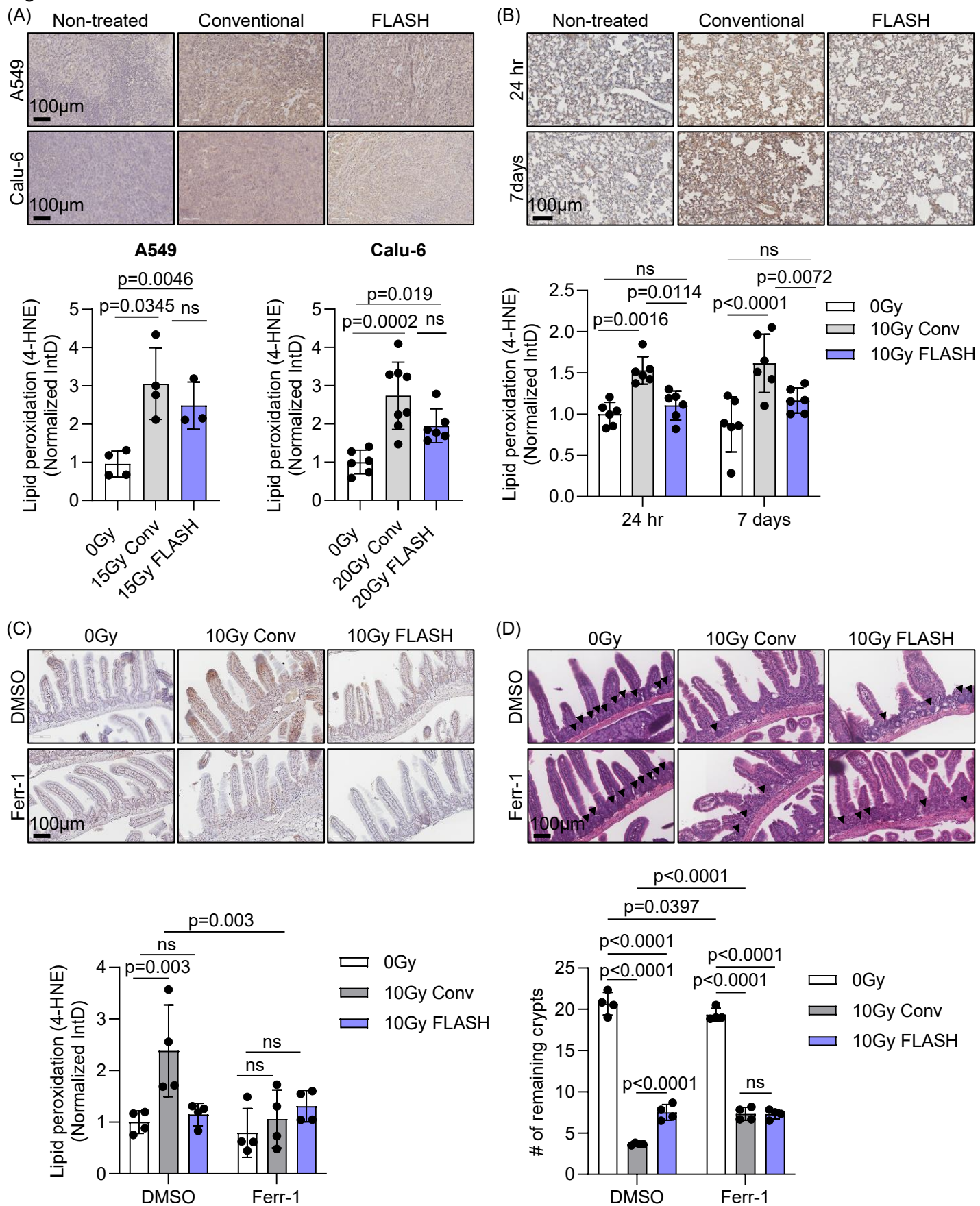


Fig. 4

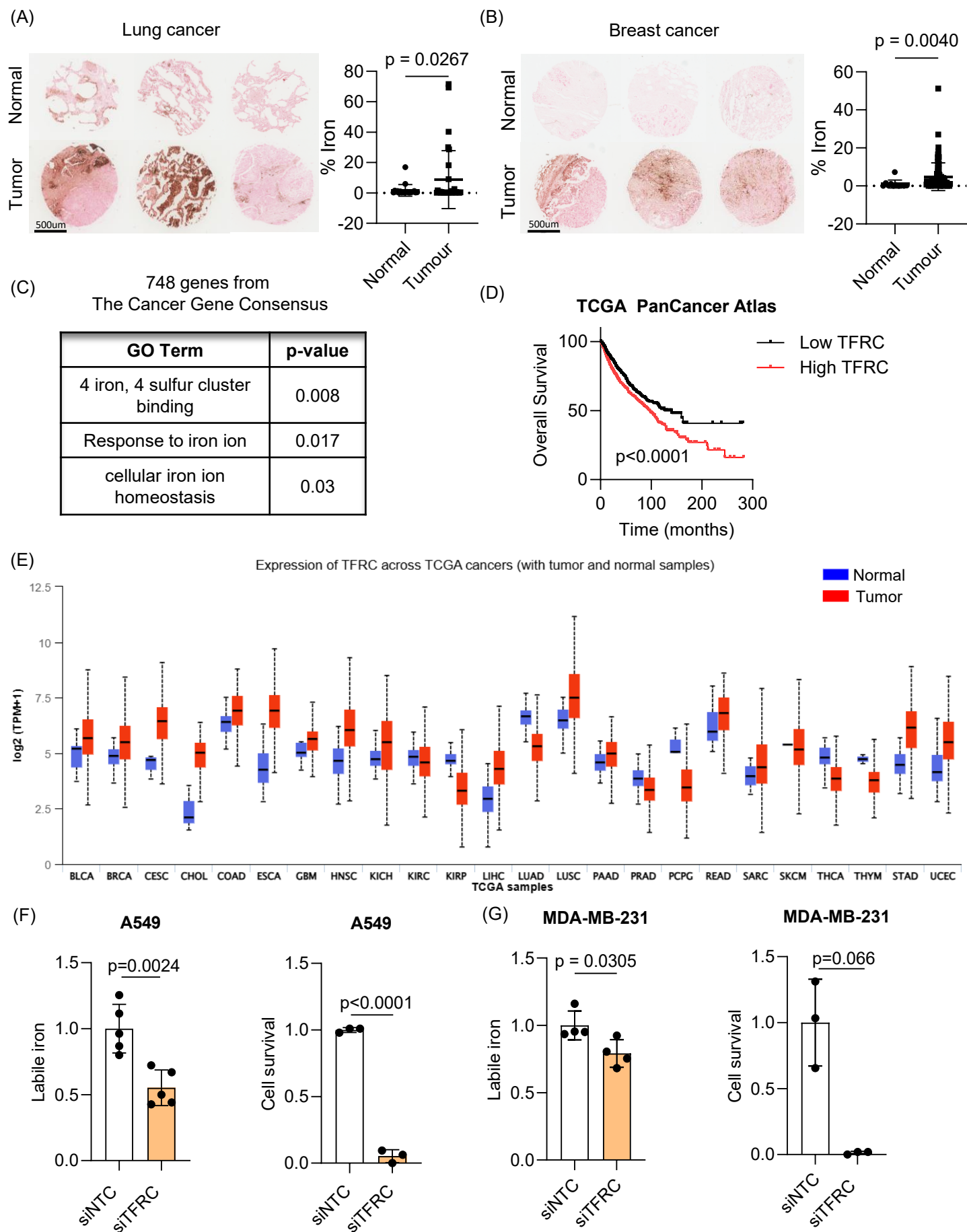


Fig. 5

