

# Geomorphic change in the Ganges-Brahmaputra-Meghna Delta

Amelie Paszkowski<sup>1\*</sup>, Steven Goodbred Jr.<sup>2</sup>, Edoardo Borgomeo<sup>1,3</sup>, M Shah Alam Khan<sup>4</sup>, Jim W Hall<sup>1</sup>

<sup>1</sup> Environmental Change Institute, University of Oxford, Oxford, UK

<sup>2</sup> Department of Earth and Environmental Sciences, Vanderbilt University, Nashville, Tennessee USA

<sup>3</sup> World Bank, Washington, DC, USA

<sup>4</sup> Institute of Water and Flood Management (IWFM), Bangladesh University of Engineering and Technology (BUET), Dhaka, Bangladesh

\*email: [amelia.paszkowski@ouce.ox.ac.uk](mailto:amelia.paszkowski@ouce.ox.ac.uk)

## Abstract

Over 70% of large deltas are under threat from rising sea levels, subsidence and anthropogenic interferences, including the Ganges-Brahmaputra-Meghna (GBM) delta, the Earth's largest delta system. The dynamic geomorphology of this delta is often overlooked in assessments of its vulnerability; consequently, development plans and previous management investments have been undermined by unanticipated geomorphic responses. In this Review, we describe GBM delta dynamics, examining these changes through the Drivers-Pressures-States-Impacts-Responses framework. Since the early Holocene, the GBM delta has evolved in response to a combination of tectonics, geology, changing river discharge and sea level rise, but the dynamics observed today are driven by a complex interplay of anthropogenic interferences and natural background processes. Contemporary geomorphic changes such as shoreline change, channel migration, sedimentation and subsidence can increase flooding and erosion, impacting biodiversity and local livelihoods. Continued human disturbances to the GBM delta, such as curtailing sediment supplies, modifying channels and changing land use, could have a more direct influence on the future geomorphic balance than anthropogenic climate change. In order to contribute to long-term delta sustainability, adaptation responses must therefore be informed by an understanding of geomorphic dynamics, requiring increased research on future delta dynamics at centennial timescales.

30 **Table of Contents Summary**

31 The Ganges-Brahmaputra-Meghna delta is home to over 170 million people, but is vulnerable to sea level  
32 rise, subsidence and direct human disturbance. This Review examines geomorphic change in the delta and  
33 its broader impacts.

34

35 **Key Points:**

- 36 • The interplay between long-term tectonic and eustatic sea-level changes, sudden earthquake  
37 perturbances and large-scale man-made management schemes in the Ganges-Brahmaputra-Meghna  
38 delta are the key drivers that shaped its evolution.
- 39 • Spatial understanding of the sediment budget is necessary for delta management decisions, including  
40 the potential for harnessing natural sedimentation processes to enhance land generation.
- 41 • Mapping the spatio-temporal extent of documented geomorphic processes revealed gaps in  
42 understanding at the centennial scales and into the future, which are critical to delta management  
43 decisions, as most infrastructures are expected to be effective for up to 100 years into the future.
- 44 • Only 40% out of the 427 reviewed publications assess geomorphic processes as interconnected,  
45 potentially resulting in a fragmented understanding of dynamics.
- 46 • Geomorphic processes are mostly absent from models of flooding and water security in the GBM.  
47 These omissions undermine the validity of longer-term projections and call into question the  
48 appropriateness of management decisions that are based upon these models.
- 49 • Anthropogenic disturbances could have a more direct influence on the future geomorphic balance  
50 of the GBM delta than climate change and sea-level rise.

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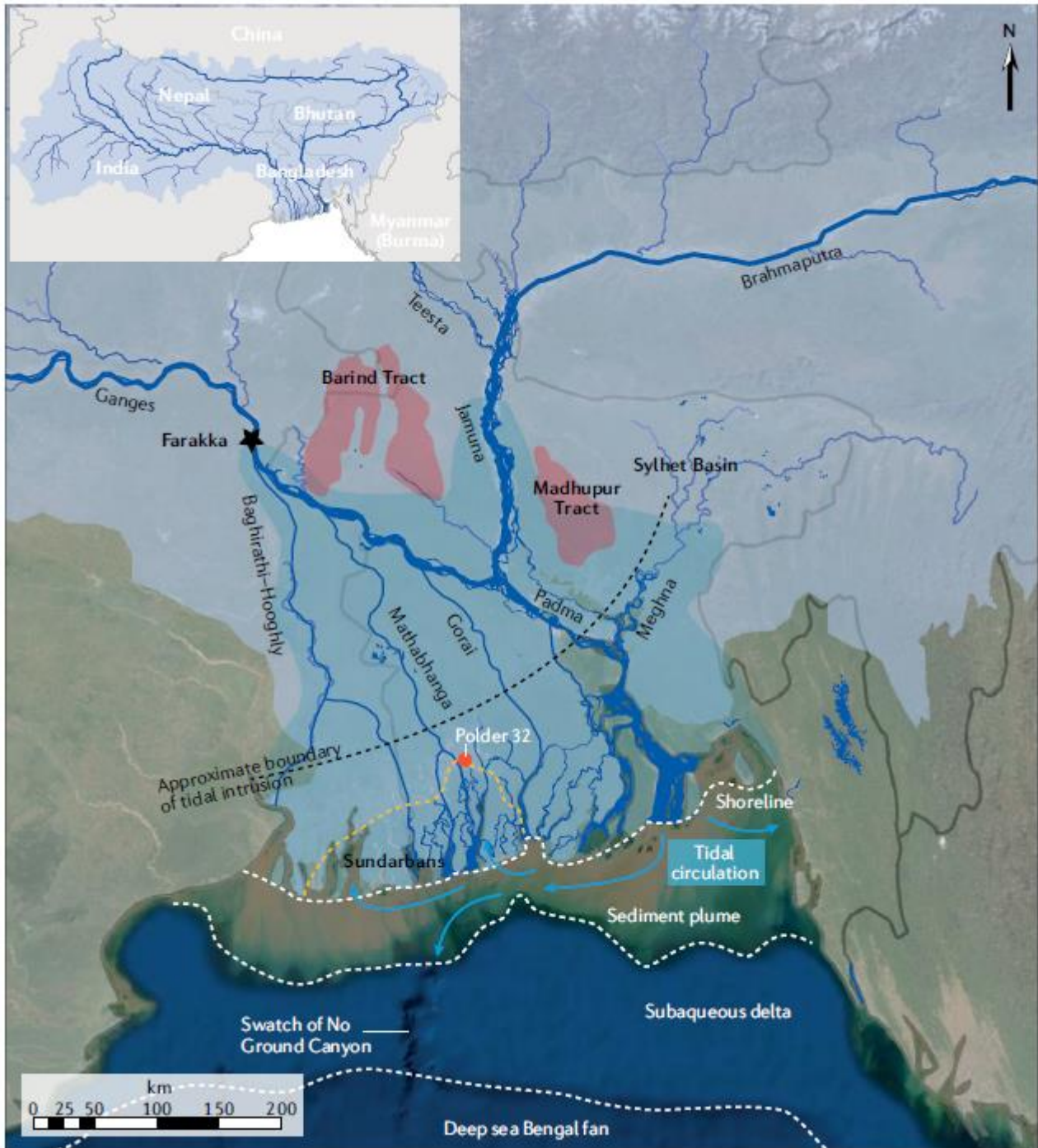
## 52 Introduction

53 Deltas provide diverse ecosystem services, including highly fertile soils, fisheries and potential for  
54 aquaculture, and act as hubs for international trade. Consequently, over 500 million people live in these  
55 landforms globally<sup>1,2</sup>. However, deltas are growing hotspots of vulnerability to environmental change, with  
56 over 70% of large deltas under threat from a combination of rising sea levels, subsidence, and anthropogenic  
57 sediment trapping<sup>1-3</sup>. The sustained delivery of sediment, and its effective dispersal across the delta, is the  
58 only natural balancing control for offsetting relative sea-level rise<sup>4-6</sup>.

59 While geomorphologists have been warning about the importance of sediment flux to deltaic systems for  
60 decades<sup>1,3,4,7</sup>, human alterations to sediment balances have intensified<sup>8</sup>. Land-use changes within upstream  
61 catchments and on deltas typically enhance local erosion and sediment flux, but this increase has been more  
62 than offset by the growing retention of water and sediment in upstream reservoirs, and by the construction  
63 of levees and embankments that inhibit coastal and overbank sedimentation<sup>9</sup>. The socio-economic future of  
64 these deltas, in the face of population growth and climate change, is therefore inevitably linked with their  
65 environmental well-being and geomorphic balance<sup>3,9</sup>.

66 The largest and most populous delta system in the world is the Ganges-Brahmaputra-Meghna (GBM) delta,  
67 located in Bangladesh and West Bengal, India (Figure 1). This delta covers an area of approximately  
68 100,000km<sup>2</sup> and hosts over 170 million people<sup>10-14</sup>. The Ganges and Brahmaputra rivers drain approximately  
69 75% of the Himalayan mountain range<sup>15</sup>, resulting in over one gigatonne of sediment delivered to the delta  
70 annually<sup>15-18</sup>. As a result of this high sediment input meeting with tidal forces at the coast<sup>19</sup>, the GBM estuary  
71 is characterised by erosion and accretion on the scale of several thousands of hectares of land every year<sup>17</sup>.  
72 Nevertheless, there is little monitoring of water flows and sediment transport, or understanding of  
73 subsidence and erosional processes within the delta<sup>20</sup>. Difficulty in tackling the diversity and complexity of  
74 such geomorphic dynamics has led to erroneous conclusions about how deltas function<sup>21</sup> and how they  
75 should be managed. Large-scale human interventions have often been implemented in unsustainable ways,  
76 resulting in a burden of costs (such as in environmental restoration)<sup>22-24</sup>. The future sustainability of deltas

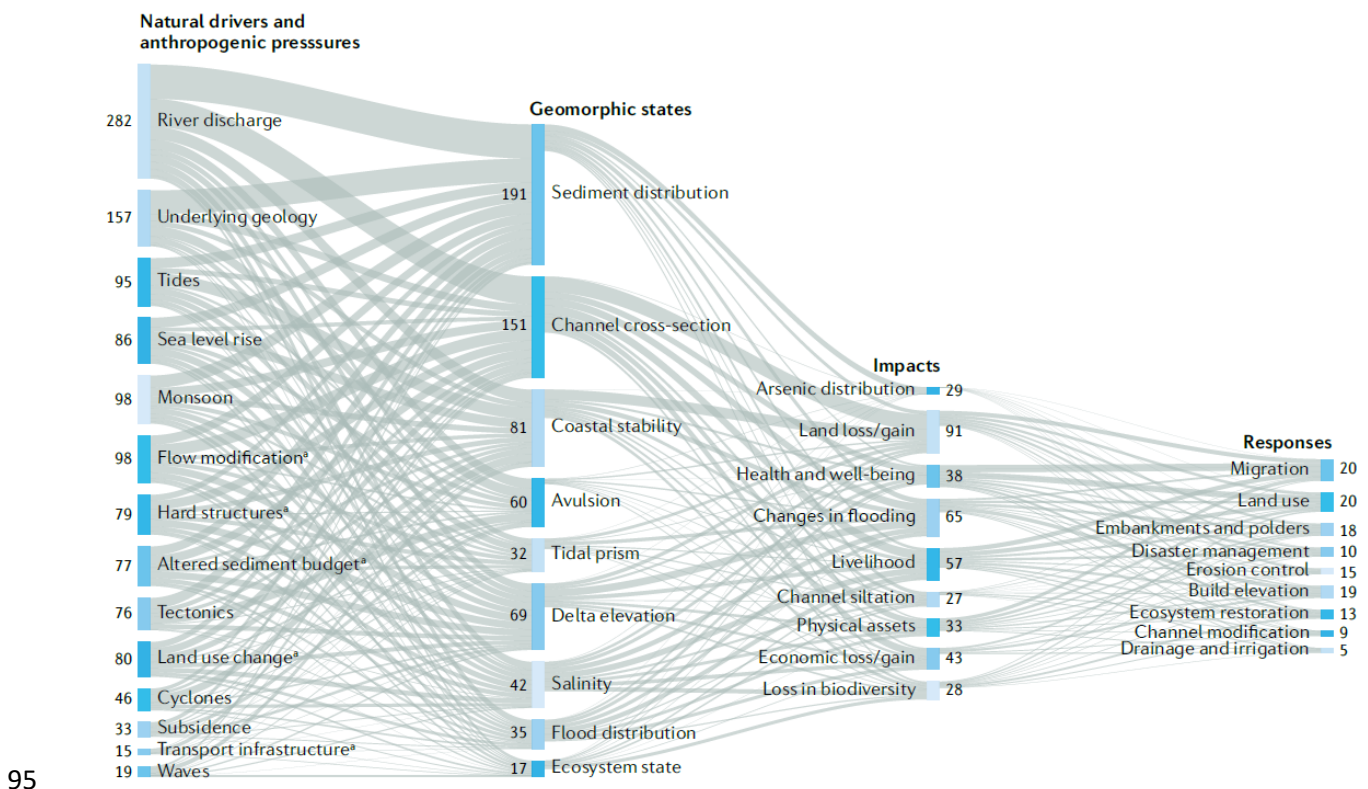
77 therefore requires a systems-scale understanding of their morphodynamic response to environmental and  
78 anthropogenic change<sup>17,25,26</sup>.



79  
80 **Figure 1: Location of the Ganges-Brahmaputra-Meghna Delta. Geographical locations of the main river channels, regions,**  
81 **geological features, and tidal circulation patterns.** Tidal intrusion boundary and circulation patterns from Wilson and Goodbred18.  
82 Note: the light blue shading is the GBM watershed, whilst the blue shading is the outline of the delta from Tessler et al.13. Base map  
83 sourced from Esri, DigitalGlobe, GeoEye, Earthstar Geographics, SNES/Airbus DS, USDA, USGS, AeroGRIC, IGN, and the GIS User  
84 Community.

85

86 In this Review, the Drivers-Pressures-States-Impacts-Responses (DPSIR) framework<sup>27,28</sup> is applied to bring  
87 together the existing knowledge of geomorphic dynamics in the GBM system (see Supplementary  
88 Information for data and methods). With this analytical framework, we examine the interlinked relationships  
89 between social and environmental factors, and synthesise 427 peer-reviewed studies (**Error! Reference  
90 source not found.**). The results provide a basis for informing new conceptual frameworks, modelling efforts,  
91 and field studies aiming to incorporate geomorphology into human-water systems. This goal is identified as  
92 a priority research area for the GBM delta by the national Bangladesh Delta Plan (BDP) 2100<sup>29</sup> – the delta’s  
93 main long-term plan that integrates all delta-related sector plans and policies<sup>29</sup>. We conclude by presenting  
94 existing knowledge gaps and outlining challenges and future research directions.



96 **Figure 2: Distribution of geomorphic studies assessing different components of the DPSIR framework.** A clear focus on the natural  
97 drivers of geomorphic change in previous studies is evident, with substantially fewer studies assessing how these changes translate  
98 into impacts upon the environment and society, and possible responses. The numbers illustrate the number of studies per topic, and  
99 the width of the connections represent the number of studies assessing each interaction. The diagram shows all linkages covered in  
100 the literature; if a study covers more than one linkage, it is represented multiple times in the schematic. As an example, Bomer et  
101 al.50 assessed delta elevation and the tidal prism as their predominant geomorphic states. Their study analysed changes in those

102 *states as a result of sea level rise, subsidence and tides as the natural drivers, as well as hard structures, flow modifications and an*  
103 *altered sediment budget as the human pressures. In this diagram, this study would be represented as individual chords for each of*  
104 *those interactions. For the purpose of the diagram, natural drivers and human pressures were grouped together as the processes*  
105 *that drive geomorphic change in the delta. Asterix symbol (\*) distinguishes human pressures from natural drivers. Note, colours*  
106 *improve readability but have no specific meaning.*

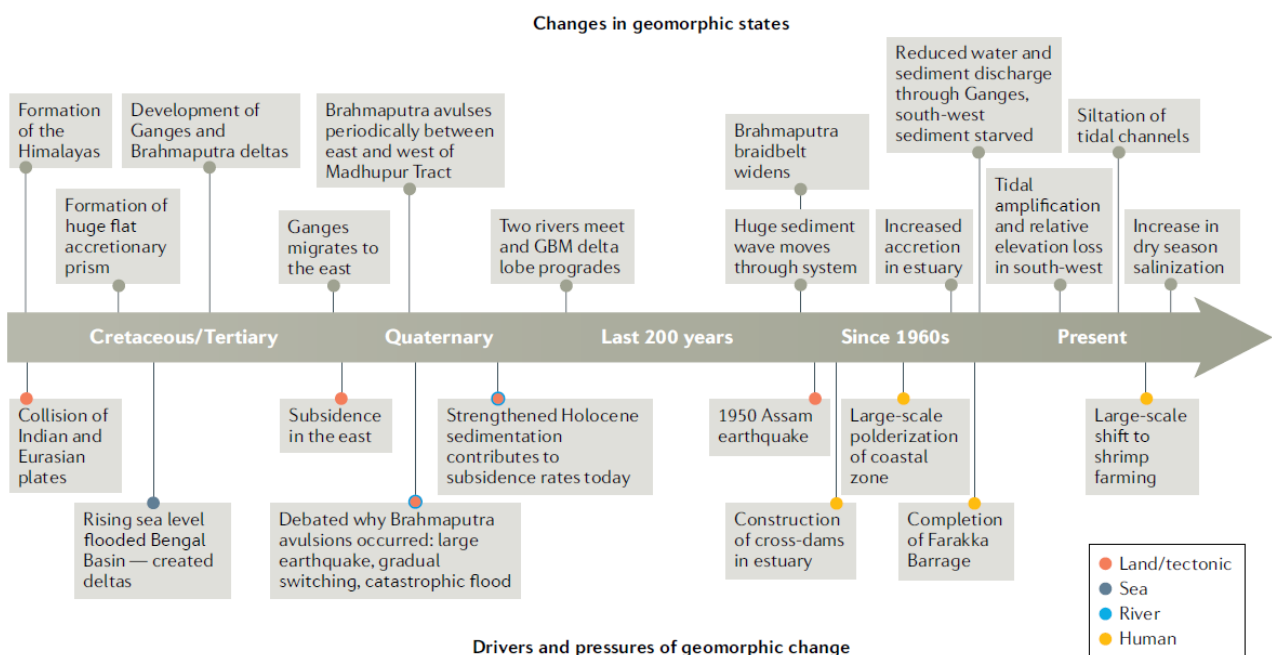
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## 108 Natural drivers

109 The Bengal basin—which hosts the GBM—results from the ongoing collision between the Indian, Eurasian  
110 and Sunda plates<sup>30–33</sup> (Figure 3). After the Younger Dryas (~12,000yr BP), strengthened monsoon precipitation  
111 increased river discharge and sediment supply from upstream erosion, which were both considerably greater  
112 than rates observed today<sup>9,31,34–36</sup>. The balance between high sediment input from the rivers and rapidly rising  
113 sea level efficiently trapped riverine sediments and constructed a thick deltaic sequence<sup>31</sup>. During the mid-  
114 Holocene (after ~7,000yr BP), the rate of eustatic sea-level rise slowed by an order of magnitude compared  
115 to the early Holocene<sup>37–39</sup>. The reduced rate of sea level rise facilitated the deltaic shift from an aggradational  
116 [G] to a progradational [G] phase, advancing the eastern portions of the subaerial delta[G] 100km into the  
117 sea and building a subaqueous delta [G] plain 200km across the shelf<sup>9,37,39,40</sup>. The Ganges, Brahmaputra and  
118 Meghna rivers deposited ~8,500km<sup>3</sup> of sediment within the Bengal Basin over the entire Holocene<sup>38</sup>,  
119 facilitating the shift to a progradational delta several thousand years earlier than otherwise expected<sup>31</sup>.

120 Throughout the Holocene, the Brahmaputra river channel has periodically avulsed [G] between two main  
121 courses on the eastern and western side of the Madhupur Tract (Figure 1) approximately every 2,000-3,000  
122 years<sup>36,38,41</sup>. The last avulsion into the Jamuna river valley (thereafter named the Jamuna River) occurred  
123 sometime between 1776 and 1830<sup>32,36,38,41–43</sup>, which is when the Ganges and Brahmaputra rivers first met.  
124 There are different ideas as to what drove the latest avulsion. The severe earthquakes of 1762 and 1782 are  
125 thought to have caused a vertical displacement of the Madhupur Terrace, which could have caused the river  
126 to abruptly shift to the Jamuna valley<sup>34,43</sup>. Contrastingly, upstream switches in the Teesta River could have  
127 caused the avulsion<sup>32</sup>, or merely river capture into an old river course<sup>44</sup>. Regardless of the exact trigger for  
128 the last avulsion, the aggradation of the braidbelt led to periodic autogenic shifts of the Brahmaputra

129 channel<sup>15,37,38,45</sup>, driven by the abundance of sediment from the Himalayas and sustained eustatic sea-level  
 130 rise<sup>36,41</sup> (Figure 3). This periodic switching resulted in cycles of extensive downstream delta building and rapid  
 131 deposition and fan building within the Sylhet Basin (Figure 1)<sup>40,45-47</sup>. During the periods when the  
 132 Brahmaputra was flowing to the east of the Madhupur Tract, for instance from ~7,000 to ~5,500yr BP, the  
 133 coastline was seriously starved of sediment and moved 140km inland in the eastern part of the delta and  
 134 80km in the western part<sup>46</sup>.



135  
 136 **Figure 3: Timeline of the geomorphic evolution of the GBM delta.** Key geomorphic changes observed are shown along the top and  
 137 the predominant drivers and pressures that caused these changes are illustrated along the bottom. The historical changes were  
 138 mainly driven by the interplay between tectonics and eustatic sea-level changes, whilst in recent times, changes have been a more  
 139 complex response to long-term natural drivers and shorter-term anthropogenic influences. The driving factors have been  
 140 categorised into land/tectonic, sea, river and/or human-induced.

141  
 142 During the Holocene, the main branch of the Ganges River (which used to flow into the sea in the current  
 143 location of the Bhagirathi-Hooghly river) progressively migrated eastwards<sup>34,36,38</sup>. This migration was  
 144 predominantly driven by an eastward-tilted topographic gradient during the time that the Brahmaputra was  
 145 infilling the subsiding Sylhet Basin (Figure 1, Figure 3). Such shifting river courses change the distribution of  
 146 sediment and produce new sediment starved areas, prone to erosion and relative sea-level rise<sup>48</sup>.

147 Currently, more than 31,000km<sup>2</sup> of former deltaic plains of the Ganges in the south-western region of  
148 Bangladesh are maintained only through ephemeral distributary channels<sup>18,32,49</sup>. In these regions with little  
149 direct fluvial input, the strength of the flood and ebb tides is the key driver in determining the location and  
150 distribution for sediment build-up<sup>17,41</sup>, stabilising the delta's morphology at the landscape scale<sup>18,34</sup>. The  
151 flood-dominant asymmetry in tidal currents drives a net onshore transport of sediment, enabling accretion  
152 rates in the western delta as high as 1-2cm/yr during the monsoon season<sup>50-52</sup>. The strong tidal influence has  
153 led to the classification of the GBM delta as tide-dominated, with tidal ranges between 3m and 6m, and  
154 extending over 100km inland<sup>11,53</sup> (Figure 1).

155

## 156 Anthropogenic pressures

157 During the last century, large-scale artificial changes, such as river diversions, upstream dams, excavation of  
158 canals, land reclamation projects and the polderisation (embanking) of the coastal zone<sup>41</sup> have disrupted the  
159 morphological equilibrium of the delta (Figure 3)<sup>54</sup>. In 1975, India commissioned a barrage on the main  
160 Ganges River at Farakka (Figure 1) to divert approximately 60% of the dry season flow towards the Bhagirathi-  
161 Hooghly River to make the Kolkata Port navigable<sup>55-57</sup>. This controlled hydro-geomorphological regime has  
162 dramatically altered natural processes in the southwest Ganges-dependent region, changing channel  
163 dynamics and resulting channel planforms and geometries<sup>58-60</sup>. Along the Bhagirathi-Hooghly River, bank  
164 erosion used to occur predominantly during the monsoon months; however, since the construction of the  
165 Barrage, the river has received higher freshwater discharge and reduced sediment flux, which has caused  
166 riverbank erosion to occur year-round<sup>59</sup>.

167 The Gorai River (Figure 1), the main distributary of the Ganges flowing to south-west Bangladesh, has seen a  
168 notable increase in siltation [G] due to reduced river capacity to carry sediment<sup>56,61,62</sup>, as the majority of dry-  
169 season flow has been diverted to the Bhagirathi-Hooghly River. In some areas along the Gorai, this siltation  
170 has led to the development of *charlands* [G]. The upstream reaches of the Mathabhanga River have  
171 completely dried up. This reduction in freshwater flow has not only altered the geomorphic behaviour of the  
172 Ganges downstream of the Barrage, but also caused dry-season salinity in the south-west of Bangladesh to

173 increase by an order of magnitude<sup>56,62</sup>, which has impacted the state of the Sundarban mangrove forest  
174 ecosystem and local livelihoods<sup>61,63</sup>. The reduced dry-season flow in the Ganges has also altered groundwater  
175 recharge and resulted in micro-climatic and agro-ecological changes along the lower Ganges River<sup>64</sup>.

176 In addition, to further enhance the growth of land in the Meghna estuary, land reclamation projects and  
177 cross-dams were implemented in the 1950s, and in the 1960s to 1980s. The coastal region of Bangladesh was  
178 embanked to form 139 polders [G] as part of the Coastal Embankment Project (CEP) with the aim to protect  
179 coastal communities from flooding and salinity intrusion and boost agricultural productivity and food  
180 security<sup>11,65,66</sup>. An increase in agricultural productivity was evident for 10-15 years, but since the 1980s, the  
181 polders have become a source of major environmental concern<sup>67</sup>. The rivers have been disconnected from  
182 their floodplains, preventing tidal and fluvial sediment from infilling the embanked land<sup>8,11</sup>. This  
183 disconnection has not only lowered the relative elevation of the deltaic floodplains, but has also exacerbated  
184 the silting up of channels and increased sediment deposition further into the bay<sup>8,17,41,54,56,68</sup>. The deltaic  
185 dynamics at present are therefore a complex interplay of background natural responses to long-term change,  
186 and shorter-term responses to considerable anthropogenic activities<sup>69</sup>.

187

## 188 Changing geomorphic states

189 The predominant geomorphic states that respond to these natural drivers and anthropogenic pressures are  
190 the amount of fluvial sediment reaching the delta, how the channels of the major rivers migrate to distribute  
191 that sediment, deltaic subsidence and the shifting patterns of the delta front. These processes are discussed  
192 in this section (Figure 4).

193

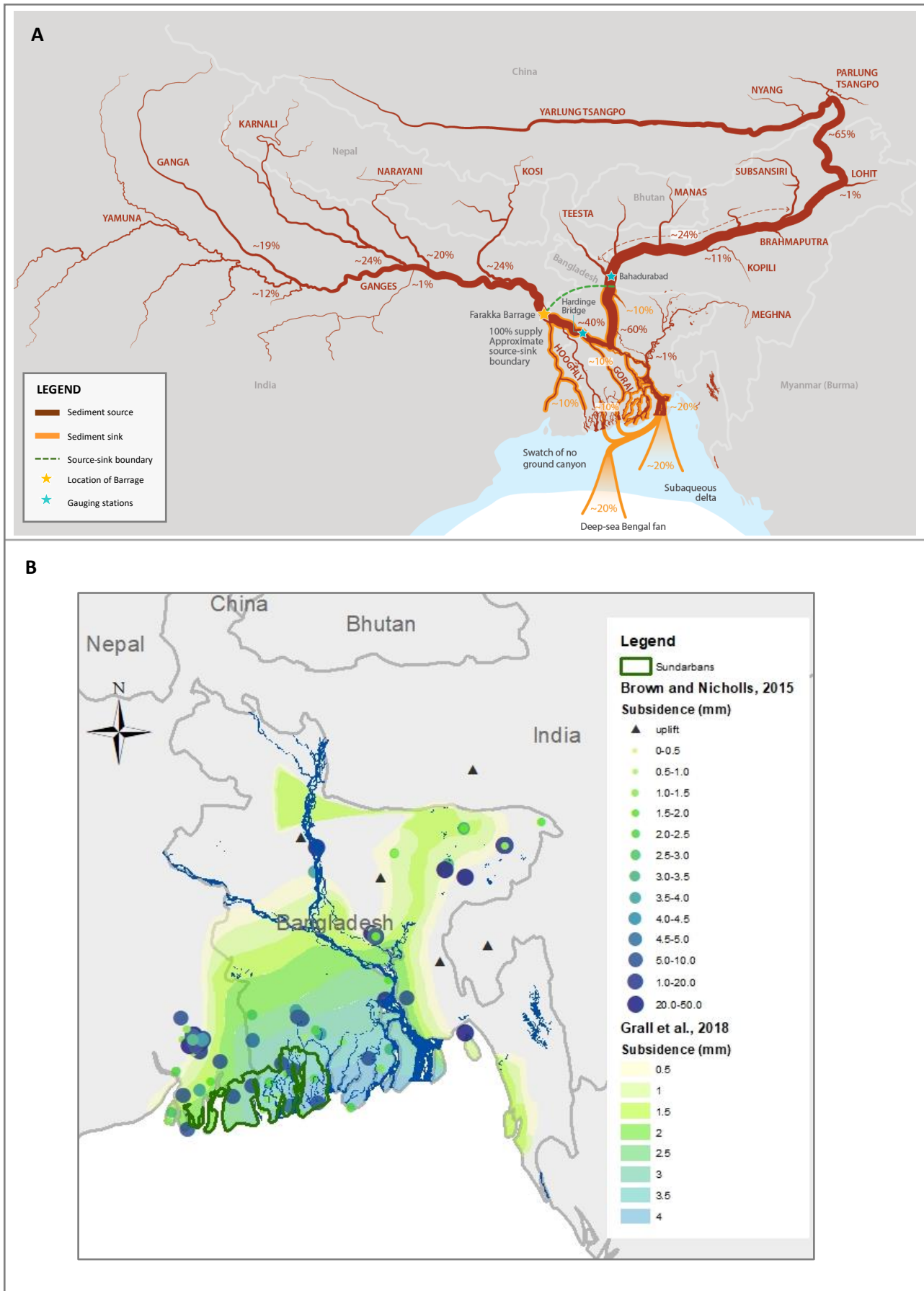
### 194 Fluvial sediment budget

195 Sediment budget calculations identify a delta system's sources and sinks of sediment, and the net  
196 accumulation of sediment in deltaic landforms<sup>52,70</sup>. Despite the acknowledged importance of sediment influx,  
197 there are considerable discrepancies in our understanding of fluvial sediment budgets in many deltaic  
198 systems, including the GBM delta (see Table 3 in Supplementary Material). Estimates of sediment influx to

199 the system range between 599 and 2400 million tonnes per year (MT/yr)<sup>5,71</sup>, which can be separated into the  
200 components from the Ganges (260 to 680MT/yr) and the Brahmaputra (390 to 1160 MT/yr)<sup>5</sup>. This wide range  
201 in estimates of sediment influx can be ascribed to different measurement techniques, and assessments being  
202 undertaken over different time frames and in different locations<sup>5</sup>. For instance, the sediment load of the  
203 Ganges River varied from 155 to 863 MT/yr during the period 1979-1995<sup>72</sup>.

204 Despite the high uncertainty regarding sediment influx, the value of 1 billion tonnes/yr is most commonly  
205 used in assessments and planning documents across Bangladesh today. This estimate originated from  
206 Coleman<sup>42</sup> in 1969 and was made from gauging stations over 300km inland of the coast with no systematic  
207 tracking of this material downstream<sup>73</sup>. With the exception of a few models<sup>2,74</sup>, the majority of flood  
208 modelling and vulnerability studies adopt an annual sediment input of 1 billion tonnes, a unit that is both  
209 constant and uniform across the delta. These assumptions are fundamental suppositions that lead to the  
210 subsequent assumption that geomorphic processes and channel capacities are static and homogenous<sup>75,76</sup>, a  
211 problematic notion that is common across delta systems worldwide. When accounting for upstream  
212 interceptions and diversions, the sediment influx might be as little as 50% of the widely cited 1 billion tonnes  
213 per year<sup>5,74</sup>, ranging between 150 and 590 MT/yr for the Ganges and between 315 and 615 MT/yr for the  
214 Brahmaputra<sup>5</sup>. Despite assertions of declining fluvial sediment load, the GBM coast, at present, continues to  
215 support net land growth<sup>16,17</sup>. This current net growth reiterates the importance of the tides in bringing  
216 material from offshore, enabling the delta to continue to maintain its geomorphic balance<sup>18,50-52</sup>.

217 Approximately one third of the annual sediment discharged by the rivers is sequestered within the floodplain  
218 and delta plain, either through direct fluvial deposition or tidal pumping, whilst the remaining load appears  
219 to be apportioned between the prograding subaqueous delta and the deep-sea Bengal fan via the nearshore  
220 Swatch of No Ground canyon system<sup>17,18,73,77</sup>. The spatial representation of the sediment budget and fluxes  
221 for the GBM system (Figure 4A) demonstrates the most up-to-date consensus on where sediment is coming  
222 from and where it is delivered to. This information is critical for sediment management decisions, including  
223 the widely-discussed potential for tapping into these natural sedimentation processes to enhance land  
224 generation. Still, most sediment budget studies estimate the fluvial sediment input to the delta, but do not  
225 then describe the destination of this sediment<sup>73</sup>.



226

227 *Figure 4: Compilation of changes in key geomorphic states. a|Sediment budget (sources and sinks) in the GBM system, based on*  
 228 *literature values*<sup>52,73,77,181-183</sup>. *The numbers represent the percentage distributions of sediment entering and leaving the delta, and*

229 *the dotted green line represents the approximate location where the delta receives 100% of its sediment before depositing it*  
230 *downstream. b) Subsidence across the delta. Averaged Holocene rates that exclude short-term compaction are illustrated as*  
231 *regional zones*<sup>39</sup>*, whilst point measurements include both Holocene rates as well as anthropogenic-induced short-term compaction*  
232 *rates within urban centres*<sup>12</sup>.

233

#### 234 Channel migration

235 After the Brahmaputra's avulsion into the Jamuna valley, it was a single-thread meandering river, only  
236 widening and metamorphosing into a braided channel between 1914 and 1953<sup>36,78</sup>. The gradual westward  
237 migration of the Jamuna River has been recorded at rates that vary between 28m/yr<sup>78</sup> and 90m/yr<sup>79</sup>. Since  
238 the mid-1970s, the westward migration of the centreline slowed and has now almost stopped, but the river's  
239 right bank continued to migrate an average of 60m to the west, dramatically increasing the width of the first-  
240 order channel across the whole river<sup>78,80</sup>. The widening is hypothesised to be triggered by an increase in  
241 bedload deposition within the channel, reducing the channel depth and enhancing bar development, caused  
242 by widespread landsliding from the 1950 Assam earthquake just upstream of the delta<sup>31,36</sup>.

243 Over the same time period, the Padma River (Figure 1) is morphologically dynamic in response to the massive  
244 flow of freshwater and sediment from the Jamuna<sup>69</sup>—from 1973 to 2011, the Padma experienced a total loss  
245 of land of 163km<sup>2</sup><sup>69</sup>. Despite such high erosion rates, the river also accreted new land at rates of 16.1km<sup>2</sup>/yr  
246 between 1988 and 2017, equivalent to 467km<sup>2</sup> of newly created land over the 30 year period<sup>81</sup>. Further  
247 downstream, the Lower Meghna River's right bank is eroding at a 34% higher rate than the left bank, forcing  
248 the river to migrate westwards, and doubling in width between 1988 and 2017<sup>82</sup>. This westward migration  
249 of the Lower Meghna River has been linked to the active tectonic setting of the area, combined with periodic  
250 shifts in volumes of water and sediment coming through the system<sup>82</sup>. It is speculated that the substantial  
251 widening is caused by higher sediment loads from the Jamuna River (due to the Assam earthquake) being  
252 deposited on the river bed, combined with reduced water discharge from the Ganges (due to the  
253 construction of the Farakka Barrage), which together have reduced the overall depth and carrying capacity  
254 of the Lower Meghna River.

255

## 256 Subsidence

257 Subsidence is the norm in deltas, caused by multiple natural drivers such as isostatic adjustments, sediment  
258 compaction and changes in sediment distribution patterns. However, it can be locally and regionally  
259 exacerbated by anthropogenic activities including changes in farming practices, changes in coastal  
260 management, deforestation and groundwater extraction<sup>12</sup>. Often, publications report one value of  
261 subsidence for the entire GBM delta (for example, 18mm/yr)<sup>21</sup>; however, subsidence in the GBM delta is  
262 neither spatially uniform nor temporally constant. Subsidence rates of between -1.1mm (uplift) and 43.8mm  
263 over the last 1,000 years have been recorded across the delta, with a mean of 5.6mm/yr for the whole delta,  
264 based on 205 individual point measurements<sup>12</sup> (Figure 4B).

265 The long-term and deep background subsidence is widespread but spatially variable, progressively increasing  
266 from 0-4mm away from the hinge zone towards the coast<sup>37-39,46,83</sup> (Figure 4B). This seaward gradient of  
267 subsidence could be related to either tectonic processes, flexural and viscoelastic dynamics, sediment  
268 compaction, or a combination of these<sup>39</sup>. These ongoing background subsidence rates also vary seasonally;  
269 approximately 100 gigatonnes (GT) of water is stored in Bangladesh's floodplains, soils and groundwater  
270 during a typical monsoon season, which can cause an elastic deformation of the lithosphere and vertical  
271 motions of up to 6cm<sup>84</sup>. These types of natural subsidence rates are expected to continue in parts of the  
272 delta, irrespective of human activities<sup>48</sup>.

273 Under natural conditions, the elevation of deltaic plains is maintained by sediments distributed by rivers,  
274 tides and coastal currents. However, man-made projects such as the polderisation of the coastal zone or  
275 upstream diversions have resulted in tidal amplification<sup>85</sup> and have altered the sedimentation pattern by  
276 preventing sediment from depositing on parts of the floodplains<sup>67,86</sup>, resulting in shorter-term shallower  
277 deltaic subsidence. These rates of subsidence reported for the coastal zone of Bangladesh typically vary from  
278 3-8mm/yr<sup>33,84</sup>. However, in Polder 32 (adjacent to the Sundarbans), for example, a combined relative  
279 elevation loss of 1-1.5m was detected when compared with the adjacent natural Sundarbans, accounting for  
280 an effective sea-level rise rate of 2-3cm/yr<sup>11,85</sup>. This substantial loss of relative elevation is attributed to the  
281 interruption of sedimentation inside the embankments, an amplified tidal range and the removal of forest  
282 biomass<sup>11,50,85</sup>.

283 The lowered elevation inside the polders has also resulted in an increased risk to tidal, pluvial and fluvial  
284 flooding. In 2009, for instance, Cyclone Aila (a weak category 1 storm) breached embankments around Polder  
285 32, causing widespread inundation that lasted for up to two years until embankments were repaired<sup>11</sup>.  
286 However, the reconnected floodplain accreted by approximately 18cm during this time, equivalent to two  
287 decades of normal sedimentation<sup>11</sup>. Such rapid sedimentation highlights the effectiveness of the GBM rivers  
288 and tidal distributaries in delivering sediment to subsiding, sediment-starved areas.

#### 289 Delta front mobility

290 With persistent net land gains, the GBM is classified as a prograding delta<sup>16,19,87</sup>. However, the rates and  
291 dynamics of progradation and erosion vary along the delta front. The most rapid rates of new land  
292 development occur in the Meghna rivermouth estuary<sup>16,18,88-91</sup>, where emergent intertidal bars coalesce over  
293 decades into large vegetated islands that could persist for millennia. During this growth phase, the margins  
294 of these islands can be heavily modified by channel migration and local bank erosion, but the net pattern is  
295 overwhelmingly progradational. Reconstructions of land-growth in the Meghna estuary show that such net  
296 progradation has persisted at annual rates of between 7km<sup>2</sup> <sup>16,87</sup> and 20km<sup>2</sup> <sup>19,89,92</sup>. The range in observed  
297 rates reflects both natural variations and differences in methodology, such as the timescale of observation  
298 and the particular area of the delta plain included in the analysis.

299 West of the active Meghna Estuary, the delta front becomes increasingly sediment starved with distance  
300 from the fluvial sediment source. Erosion of approximately 4.6km<sup>2</sup>/yr has been observed along the  
301 Sundarbans coastline between 1972-2010<sup>93</sup>, with such net erosion patterns and widespread shoreline retreat  
302 being well documented for this western region of the delta<sup>92-95</sup>. However, these rates of loss are relatively  
303 low, as this region encompasses many thousands of square kilometres of intertidal delta plains, normalising  
304 this land loss to less than 0.01% per year. Furthermore, widespread sedimentation in the upper tidal channels  
305 has accounted for approximately 90km<sup>2</sup> of land accretion in recent decades, offsetting about half of the land  
306 loss occurring along the coast<sup>68</sup>.

307 These spatially variable changes along the GBM shoreline are driven not only by natural, autogenic delta  
308 processes<sup>16,94,95</sup>, but increasingly their response to anthropogenic perturbations, such as the Farakka Barrage  
309 diversion and widespread polder construction<sup>19,68,85,96</sup>. Despite these general correlations between process

310 and response, a direct link with potential driving mechanisms (such as changes in sediment flux, tidal  
311 dynamics, or land use change) is currently missing.

312

### 313 Predominant impacts

314 The changes in geomorphic states result in increased flood risk, reduced navigability in the dry season, loss  
315 of land to erosion, increased soil and groundwater salinity, arsenic contamination, habitat and species  
316 endangerment and extinction, loss of livelihoods and ecosystem services, people's displacement, changes in  
317 crop production, deterioration of water quality, and an increase in poverty<sup>56,97,98</sup>. The most prominent  
318 impacts resulting from changes in geomorphic states are discussed in this section (Figure 5).

319

#### 320 Direct floodplain land loss or gain

321 Riverbank erosion is one of the foremost geomorphic processes responsible for pushing new households into  
322 poverty in Bangladesh, as it results in the destruction of agricultural land, homes and industries and the  
323 displacement of up to 300,000 people each year<sup>99-101</sup>. Approximately 15-20 million people are at risk from  
324 the impacts of erosion across Bangladesh<sup>100</sup>. Over 87,000ha (870km<sup>2</sup>) of land has been lost since 1973<sup>78,100,102</sup>  
325 due to the Jamuna's westward migration and high rate of widening (Figure 5). In comparison, only 11,680ha  
326 (117km<sup>2</sup>) of new land was accreted over the same period from 1973 to 2010, occurring only along the left  
327 bank. This trend implies that the river consumes 7ha/yr of valuable floodplain land for every hectare it  
328 creates<sup>78,102</sup>. In the case of the Ganges, studies disagree on whether the river erodes or accretes more land.  
329 Between 1975 and 2015, the total amount of riverbank erosion was roughly 500km<sup>2</sup> and the total amount of  
330 accretion was 833km<sup>2</sup>, implying a greater rate of accretion<sup>103</sup>. However, other studies have found rates of  
331 erosion to be higher in the last 100 years<sup>104</sup> and more balanced in the last 40 years<sup>69</sup>.

332 The livelihoods of riverbank and *charland* dwellers are persistently impacted by the dynamic interplay of  
333 erosion and deposition. These communities move with the riverbanks, losing and rebuilding their houses as  
334 the rivers repeatedly capture their lands and homes<sup>105</sup>. They tend to relocate to recently accreted floodplain  
335 lands that have similarly high flood and erosion risks<sup>106</sup>. In the Jamuna River, there are more than 100,000ha

336 of *charlands*, but only 40% of the islands remain stable for more than 6 years, resulting in some *charland*  
337 dwellers having to migrate at least once every 6 years in 60% of the Jamuna<sup>107</sup>.

338

339 Increased flood risk

340 Changes in geomorphic states and shifting land-uses mean that flood risk could decrease in certain areas of  
341 the delta but increase in other areas. The shifts in the causes and severity of flood risk have consequences  
342 for crop and house damage, income, livelihoods, and the spread of water-borne diseases<sup>67,100</sup>.

343 Pluvial (rainfall-induced) flood risk has most notably increased in the poldered area of the coastal zone,  
344 particularly in the south west<sup>11,67,75</sup>. During the monsoon and high tidal levels, the water level in the rivers  
345 and channels is higher than land levels within polders, causing extensive drainage congestion of monsoon  
346 waters and waterlogging across the poldered landscape<sup>11,67,86,108</sup>. By the 1980s and 1990s, just a decade after  
347 constructing the polders, waterlogging covered more than 100,000ha of land<sup>108</sup>. Polders in the south western  
348 region of Bangladesh alone, increased the pluvial flood extent by 334km<sup>2</sup> <sup>75</sup> due to this extensive  
349 waterlogging, rendering land unproductive. This phenomenon was observed in Polder 24 (within the Jessore  
350 district), where approximately 50% of the land had developed *beels* [G] and wetland areas on formerly  
351 productive paddy land<sup>86</sup>. Subsidence within the polders has also increased the risk to tidal flooding in this  
352 region, both from sudden, dramatic cyclonic storm surges, and from the gradual rise in mean high water in  
353 the region (tidal amplification) caused by the polders themselves<sup>11,85</sup>.

354

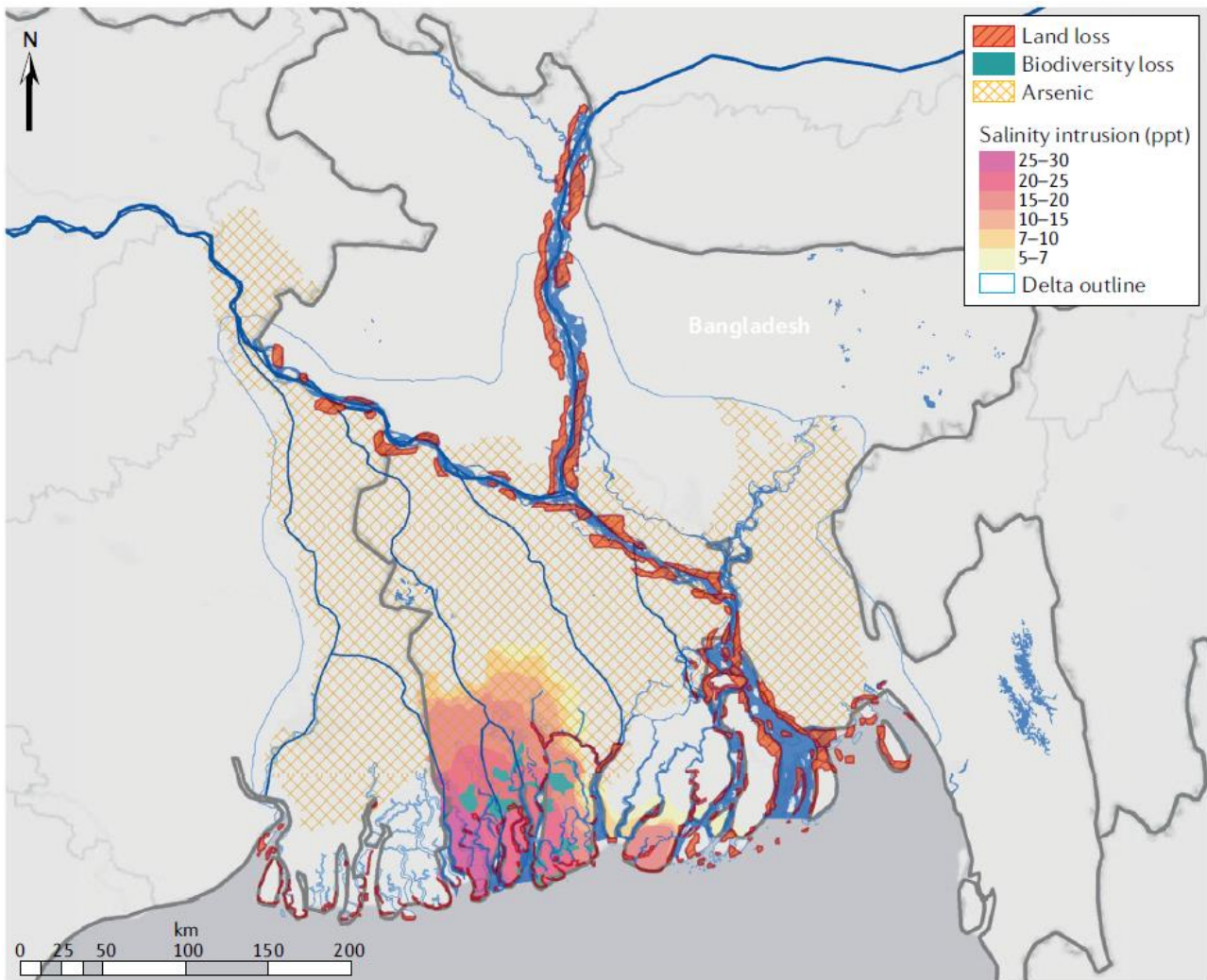
355 Contamination of soil and groundwater

356 Arsenic contamination of groundwater and soil is the largest geochemical threat to public health in GBM  
357 region, with levels reaching over 100 times the World Health Organisation's (WHO) regulations<sup>109,110</sup>. From  
358 the outset of this health crisis, the correlation between delta geomorphology and the distribution of arsenic  
359 was widely recognised at both regional<sup>111-116</sup> and local scales<sup>117-121</sup>. These correlations reflect the numerous  
360 roles that the geomorphic distribution of delta sediments and stratigraphy play in controlling arsenic-  
361 impacting variables; for example, the vertical recharge and lateral flow of shallow groundwater<sup>113,118</sup>,

362 hyporheic flow exchange along river channel margins<sup>122–124</sup>, organic carbon sources<sup>121,125</sup>, and protective  
363 paleosol aquitards<sup>114,126–128</sup>.

364 The most commonly understood origin of arsenic in the GBM is from the weathering of fluvial sediments  
365 eroded from typical crustal rocks in the upper catchments of the Ganges, Brahmaputra and Meghna Rivers.  
366 Arsenic then becomes bound to iron-oxide coatings that are ubiquitous on GBM sediments. As these  
367 sediments become buried below the water table, the microbially-mediated reduction of iron-oxides (for  
368 organic respiration) leads to dissolution and the mobilisation of arsenic to the surrounding  
369 groundwater<sup>110,112,129</sup>. Thus, the transport, deposition, and burial of sediments within different geomorphic  
370 settings along trunk channels, distributaries, and overbank areas leads to stratigraphic units (aquifers) that  
371 vary in dimension, architecture, grain size, and geochemical composition. Each of these geomorphically  
372 controlled factors play a crucial role in regulating the distribution pattern of arsenic-contaminated  
373 groundwater<sup>111,119,122,130</sup>.

374 Indeed, coarser sediments and steeper channel gradients in the braided-river settings of the upper delta  
375 serve to enhance groundwater recharge and transport, generally resulting in the Brahmaputra-Jamuna river  
376 and Old Brahmaputra River being less affected by arsenic contamination<sup>113,114,131</sup>. Similarly, remnant  
377 geomorphological units, such as the Pleistocene Madhupur and Barind Tracts of Northern Bangladesh (Figure  
378 1), are not affected by arsenic contamination<sup>114,120,127,132</sup>. Rather, arsenic concentrations tend to be highest  
379 in the tidally influenced backwater zone of the lower delta of southern Bangladesh, where the lower  
380 elevation and less dramatic surface topography reduce recharge rates and aquifers are fine-grained with  
381 higher organic content, which all favour the release and buildup of arsenic<sup>110,129,131</sup> (Figure 5). Here, the  
382 distribution of groundwater arsenic is also highly variable at scales of 10-100m, with patterns closely  
383 correlated with the local fluvial geomorphology that controls the sedimentary and stratigraphic character of  
384 the aquifer system<sup>112,114,118</sup>.



385

386 **Figure 5: Predominant impacts of geomorphic change in the GBM delta.** Map based on 36 studies that spatially assess geomorphic  
 387 impacts (for full list of references that contributed to this figure, see Table 4 in Supplementary Information). Flood risk is not  
 388 included due to its widespread and sporadic nature. South-west Bangladesh experiences a wide range of environmental impacts  
 389 caused by geomorphic change, and although land generation is vast in the river mouth (not shown), land loss is prevalent along  
 390 channel margins and coastal shorelines. Saline intrusion is most widely reported in the south-western region of Bangladesh, which  
 391 occurs during the dry season. Map: Esri, HERE, Garmin, (c) OpenStreetMap contributors, and the GIS user community.

392

393 Soil and groundwater salinity is another geomorphology-linked geohazard affecting large populations across  
 394 the lower GBM delta and deltas globally<sup>133,134</sup>. In Bangladesh, much of the shallow groundwater salinity  
 395 originates as estuarine water deposited in the late Holocene channel and channel bar sands<sup>135,136</sup>. In the  
 396 modern delta, decreasing river and sediment discharge through the south-western region has also caused  
 397 the dry-season salt-water front to progressively move inland<sup>19,56,98</sup> (Figure 5). The polders aggravate the

398 situation, as they prevent the natural mechanism of flushing away saline water and soils from the floodplain  
399 during the monsoon season. In 1992 and 1993, the area impacted by increased salinity was 23,408ha,  
400 resulting in maximum yield losses of approximately 86% for high yielding variety *Boro* rice, followed by *Aman*  
401 rice, which lost a maximum of 71%<sup>137</sup>. These losses have triggered a large number of farmers to forfeit rice  
402 farming and change to less nutritious crops, such as chillies<sup>98</sup>, or (for a selected few) convert to salt-water  
403 shrimp farming. The shift to shrimp farming has impacted livelihoods and migration patterns<sup>2,67,138</sup>; shrimp  
404 farming requires 10% of the labour needed for rice farming<sup>2,139</sup>, rendering people jobless and forcing  
405 migration to find an alternative source of income.

406

#### 407 Loss in biodiversity

408 The increase in saline intrusion in the south-western delta is one of the leading drivers of biodiversity loss in  
409 the globally-important Sundarban mangrove forest<sup>57,140,141</sup>. The extent of the Sundarbans, home to 373 faunal  
410 and 324 floral species<sup>141</sup>, has remained stable<sup>142</sup>; however, up to 25% of the forested area has experienced  
411 an overall negative trend in biodiversity<sup>63,142</sup> (Figure 5). Part of this trend is likely due to the die-back of the  
412 more freshwater-reliant *Heritiera fomes*<sup>63,94,142,143</sup>, the predominant and oldest mangrove tree species that is  
413 struggling to survive in more saline environments. Average minimum monthly freshwater discharge rates  
414 exceeding 194.4m<sup>3</sup>/s are required to mitigate this die-back, whilst the area is currently receiving between  
415 near zero and 170m<sup>3</sup>/s during the dry season as a result of human interferences within the Ganges basin<sup>63</sup>.  
416 As a consequence of such impacts, the Sundarbans have been classified as endangered under the  
417 International Union for the Conservation of Nature's (IUCN) Red List of Ecosystems<sup>144</sup>.

418 Dams and diversions have also increased siltation, damaging migratory routes as well as spawning grounds  
419 for fish<sup>145</sup>. The Farakka Barrage has, for instance, negatively impacted the breeding and raising grounds for  
420 109 species of Gangetic fish and aquatic plant species, having implications for the wider ecosystem<sup>57</sup>. Along  
421 the Old Brahmaputra River, siltation, environmental degradation and human encroachment have similarly  
422 caused declines in fish catches and severe declines in Ganges River dolphin populations<sup>146</sup>.

423

## 424 Societal responses

425 Societal responses to the geomorphic impacts differ across scales, from individual to countr-level responses.

426 On an individual and local scale, communities have adopted practices of sharecropping and shared-  
427 ownership of livestock. This approach requires less upfront investment and diversifies livelihoods, making  
428 inhabitants of highly vulnerable lands more resilient to environmental stresses<sup>105</sup>. Local communities have  
429 often also led the way in adapting to ever-changing environments. For instance, before the mega-  
430 infrastructure project of polderising the coastal zone of Bangladesh, local communities used to build small-  
431 scale temporary earthen embankments that would protect lands from saline water intrusion, but allow  
432 monsoonal freshwaters to deposit nutrient-rich sediments onto floodplains which simultaneously raised the  
433 land<sup>67,147</sup>. In 1990, a civil movement was formed to adopt the traditional method in the whole region of  
434 Khulna-Jessore, and embankments were locally breached to relieve waterlogging inside the polder<sup>147</sup>. In the  
435 late 1990s, after an extended period of dispute, the Government of Bangladesh recognised this effective  
436 solution to the drainage congestion problem, and officially named this management response as Tidal River  
437 Management (TRM)<sup>67,148-150</sup>. Another community-level measure in the current poldered environment has  
438 been to locally excavate silted-up channels and transport this sediment into the polders to enable the growth  
439 of crops, particularly vegetables<sup>138</sup>. Population re-settlement and/or migration as a result of geomorphic  
440 impacts also takes place, but is typically the 'last resort', despite the gravity of the risks that are often faced<sup>151</sup>.

441 On the national decision-making scale, the responses are very different. Bangladesh spends millions of dollars  
442 every year to try to stabilise its riverbanks, across approximately 6,000km of navigable waterways<sup>152</sup>.  
443 Engineered structures such as embankments, groynes, cross-dams and sluice gates have dominated  
444 sediment and flood management practices in Bangladesh for decades<sup>153</sup>. Currently, the Bangladesh Water  
445 Development Board (the government agency responsible for water management) operates and maintains  
446 9,950km of embankments, 5,111km of drainage canals, and 13,950 flood regulating structures<sup>153</sup>. This focus  
447 is closely interconnected with the ongoing policy attention on land reclamation and accelerating the creation  
448 of new land: offshore cross-dams were constructed in the 1950s, the Land Reclamation Project was  
449 implemented in the 1970s, Meghna Estuary Studies were undertaken in the 1990s, the National Water  
450 Management Plan was established in the 2000s, and the BDP2100 was realised in the 2010s.

451 Over the last decades, the coastal region of Bangladesh has seen many development projects related to water  
452 management that have played fundamental roles in modifying land use patterns and morphological  
453 processes<sup>138</sup>. Some examples include the donor-financed Coastal Embankment Project (CEP, 1968 onwards),  
454 which saw the polderisation of the coastal zone, the Gorai River Restoration Project (1998-2007), which  
455 aimed to excavate the Gorai river channel to increase dry-season flows and restore fish populations, and the  
456 Coastal Zone Development Programme, Coastal Embankment Rehabilitation Project (1996-2002), and the  
457 Khulna-Jessore Drainage Improvement Project (1994-2002) have all attempted to alleviate the drainage  
458 congestion problem caused by the first CEP, which continues to be a challenge today<sup>138</sup>.

459 A number of management measures have been suggested to address current and future geomorphic  
460 challenges, ranging from large-scale engineering works to local farm-scale resilience measures, in line with  
461 the BDP2100 (Table 1). The BDP2100 focuses on 'no-regret' measures that are desirable, cost-effective and  
462 flexible in light of uncertain future climate and socio-economic scenarios<sup>29</sup>. As evident, a trade-off must  
463 inevitably be made between the displacement of people and livelihoods from deltaic plains and achieving  
464 maximum sediment deposition to build elevation and reduce salinity intrusion<sup>154-157</sup>. Effective management  
465 will require a mosaic of complementary measures and the collaborative involvement of stakeholders<sup>158</sup>  
466 including decision-makers, researchers, engineers, local authorities and local communities.

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Adaptation Measure (BDP2100 Goal)	Aim of Measure	Assessment criteria				Wider impacts
		Cost	Flexibility	Technical feasibility	Social acceptability	
Ganges/Padma Barrage <sup>29</sup> (2)	Construction of new barrage to increase upstream river flow and control salinity intrusion					+ Improved navigability and surface water availability - Population displacement, disturbance of aquatic ecology, change in natural sediment dynamics
Diversion of water down Gorai-Madhumati River <sup>20,29</sup> (2)	Push the salt-water front further towards the sea and reduce channel siltation					+ Improved navigability, surface water availability, aquatic diversity, delivery of nutrients - Tidal channel reorganisation
Construction of 11 cross-dams in Meghna estuary <sup>29</sup> (1)	Encourage and accelerate land reclamation in the estuary					+ Socio-economic growth, coastal storm and sea-level rise protection - Change in natural sediment dynamics (tidal distribution), creates more vulnerable land
Mangrove afforestation <sup>29</sup> (3)	To provide storm protection and coastal stabilisation north of Sundarbans and Meghna Estuary					+ Improved biodiversity, carbon sequestration, eco-tourism - Displacement of populations, less land available for agriculture
Construct new and/or raise existing embankments <sup>29</sup> (1)	Improve flood and erosion protection in economic priority zones					+ Socio-economic growth, enhanced land productivity - Channel reorganisation, disconnecting floodplain, long-term sediment starvation
TRM in non-saline polders <sup>29,156-161</sup> (4)	Alleviate subsidence-induced waterlogging and channel siltation					+ Nutrients to floodplains, flush salinity and toxins, improved navigability - Displacement of populations, extended periods of unproductive land
De-polderise <sup>29</sup> (4)	Remove coastal polders to allow natural sedimentation across deltaic plains					+ Natural regeneration - Social disorder, displacement of populations, extended period of unproductive land
Regular smart dredging in major rivers <sup>20,29,52,166</sup> (6)	Relieve siltation, improve channel capacity and clear submerged chars					+ Improved navigability, reduces flood risk - Potential biodiversity loss, channel reorganisation
Use sediments from river bed, elevate land <sup>20,29</sup> (1)	Reduce channel siltation and raise lands in south-west Bangladesh					+ Socio-economic growth, improved navigability - Potential channel reorganisation
Floodplain and erosion hazard zoning <sup>29,167</sup> (1)	Allow space for the rivers to flood and erode river banks in risk hotspots					+ Natural regeneration, groundwater recharge, flush pollutants - Displacement of populations, loss of livelihoods
Embanking charlands within Brahmaputra <sup>29</sup> (1)	Embank charlands to increase habitable land					+ Flood protection, economic growth, productive land - Altering sedimentation patterns, creates more vulnerable land
Reintroduce <i>Bandals</i> <sup>168</sup> (1)	Stabilise channels and manage riverbank erosion in smaller channels					+ Flood protection, socio-economic growth - Altering sedimentation patterns
Salt-resistant crop farming in saline polders <sup>29</sup> (6)	Adapt crop farming to ameliorate food security north of Sundarbans					+ Socio-economic growth, productive land - Potential for pollution from agrochemicals, loss of local crops
Farmers to leave stems during crop harvest <sup>166</sup> (1)	Crop stems trap sediment and prevent soil erosion along river and channel banks					+ Reduced sowing requirements - Less productive land use
Out migration <sup>29</sup> (1)	Move people away from high vulnerability zones					+ Natural regeneration - Social disorder, displacement of populations, loss of livelihoods

476 *Table 1: Compilation of key adaptation measures included in planning documents and their assessment against the goals and*  
477 *criteria defined by the BDP2100. The colour of each cell represents the performance of the measure against each assessment*  
478 *criterion, with green being positive (inexpensive, flexible, feasible and acceptable) and red being negative (expensive, inflexible,*  
479 *unfeasible and unacceptable). The BDP2100 goals in the first column are: (1) Ensure safety from floods and climate change-related*  
480 *disasters; (2) Enhance water security and efficiency of water usages; (3) Ensure sustainable and integrated river systems and*  
481 *estuaries management; (4) Conserve and preserve wetlands and ecosystems and promote their wise use; and (6) Achieve optimal and*  
482 *integrated use of land and water resources. This table does not incorporate all possible measures.*

483

## 484 Knowledge gaps

485 There is increasing pressure on deltaic communities from climate change and population growth, making the  
486 sustainable management of these systems critical. However, crucial knowledge gaps remain.

### 487 Multi-scale perspective of geomorphic change

488 The geomorphic behaviour of many large deltas observed today is a combination of responses to drivers and  
489 pressures on a range of timescales, including sudden shocks and longer-term gradual changes. Disentangling  
490 process-response mechanisms remains a challenge<sup>9</sup> (**Error! Reference source not found.**). For instance, neo-  
491 tectonic activities such as uplift, tilting or subsidence occur gradually over a long period of time, whereas  
492 seismic events (like earthquakes) take place over a short period of time, but can generate morphological  
493 responses for years or decades after the event<sup>17,36,159</sup>. Human perturbations to the system tend to result in  
494 rapid adjustments, but the precise nature of the response depends on the boundaries of the system and the  
495 scale of disturbance<sup>36</sup>. Attempting to map the scales of change reported in the literature (**Error! Reference**  
496 **source not found.**) could be the first step to getting a clearer and more complete understanding of the  
497 multi-level dynamics observed.

498 For the GBM delta, most geomorphic understanding is focused on the present and the past 60 years (**Error!**  
499 **Reference source not found.**). Channel avulsions, fluvial sediment distribution and coastal stability during  
500 the Holocene are also regularly investigated.

501 However, there is a lack of scientific attention on the two most fundamental temporal scales required for  
502 underpinning policy decisions: the decadal to centennial scale of processes, and how these might behave in  
503 the future<sup>9,41</sup>. As most management infrastructure implemented in the past, and proposed for the future,  
504 has a lifetime of the order of 100 years, the lack in understanding at these two scales is concerning. Without  
505 knowing how the delta could behave in the future, the ability to plan appropriate management measures is  
506 severely limited.

507

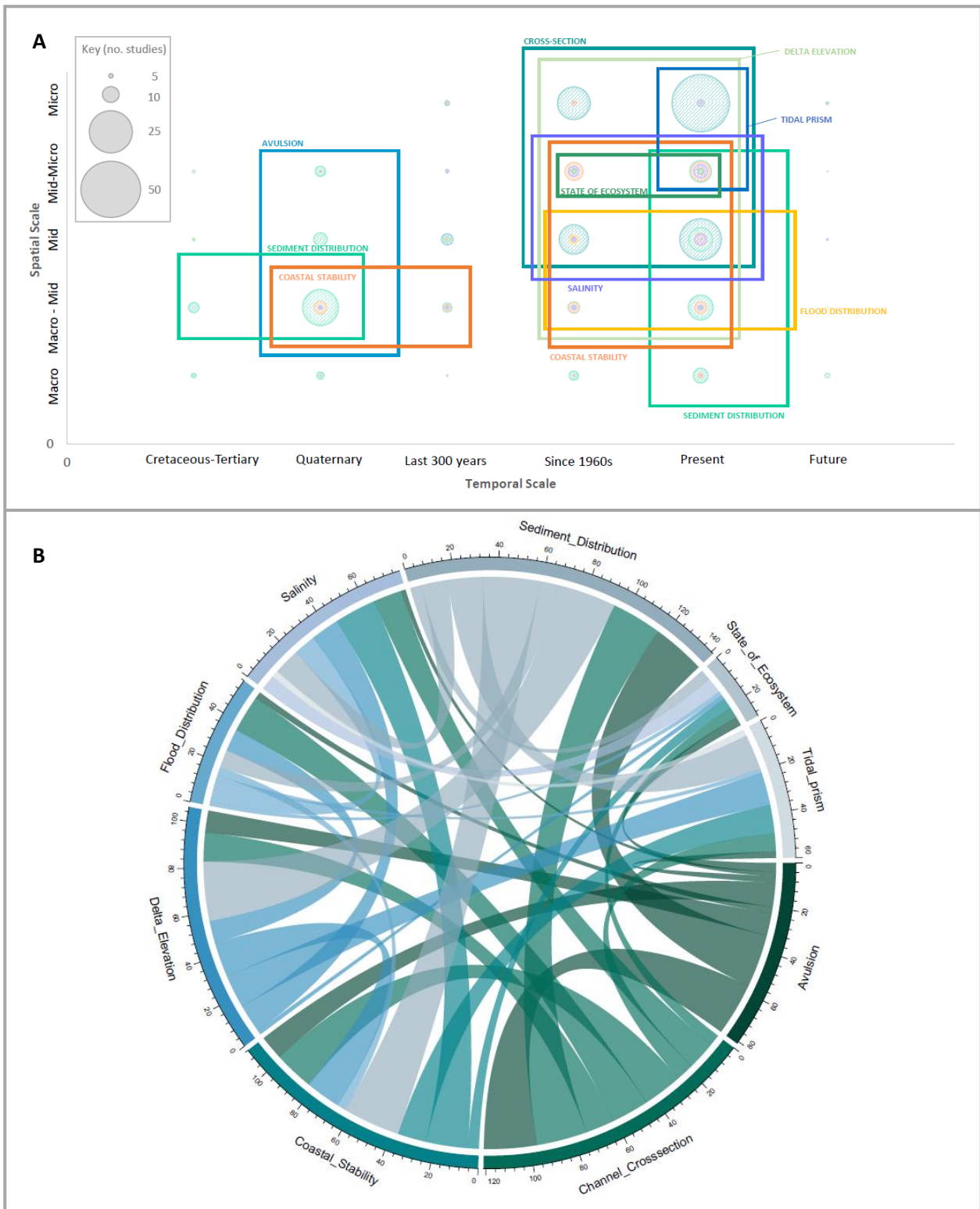
### 508 Complexity of interactions

509 The DPSIR framework is useful in gaining a holistic understanding of environmental and social change, but its  
510 structure inevitably simplifies the complexity of the interactions in the system. Changes in geomorphic states  
511 are not only caused by the defined drivers and pressures, but also through feedbacks with other geomorphic  
512 states. For instance, channel migration will influence the location of sediment reaching the delta, shaping the  
513 progradation of the delta front, as well as playing a role in determining which areas are more likely to subside  
514 or aggrade<sup>18</sup>. Similarly, patterns of subsidence will also play a role in shaping the ways in which channels  
515 migrate<sup>34,160</sup>.

516 Despite acknowledging the interdependencies of geomorphic processes, 86% of the 427 studies included in  
517 this Review only assess a maximum of two geomorphic states, with 60% assessing only one. This limitation  
518 can cause a fragmented understanding of dynamics, with the potential to focus on only part of the system.  
519 Promisingly, there is no suggestion here that major interactions are entirely overlooked from the studies  
520 based on more than one state, but just 40% of the geomorphic literature base is represented (**Error!**  
521 **Reference source not found.**B). As emerging geomorphic problems, particularly in the poldered region, have  
522 been attributed to the absence of a holistic understanding of hydromorphological characteristics<sup>67,108</sup>, it is  
523 crucial that response measures use system-wide approaches<sup>2,26</sup>. There is therefore a growing urgency for  
524 more integrated, interdisciplinary and transdisciplinary studies that combine hydrological, morphological,  
525 social and political dynamics across the entirety of the GBM delta, particularly with local stakeholders,  
526 alongside continued disciplinary research.

527

528



529

530 *Figure 6: Key systemic gaps in scientific understanding of geomorphic change in the GBM delta. Diagrams based on a review of*  
 531 *427 studies. a) Processes occurring on a range of spatial and temporal scales. The circles show the number of studies that assess*  
 532 *each spatio-temporal scale, with the colours representing the different geomorphic processes. The squares highlight the*

533 *predominant spatio-temporal focus of each process. The spatial scale categories are classified as macro (catchment-wide or wider),*  
534 *macro-mid (Bay of Bengal and /ordelta-wide), id(iver or coastal zone), mid-micro (division level) and micro (sub-division level). b |*  
535 *Chord-diagram of topical combinations of studies that assess two or more geomorphic processes in the GBM delta. Width of chords*  
536 *indicate number of studies.*

537

538 Human-nature system

539 The GBM delta is very much a human-nature system<sup>24</sup>, yet the scientific focus of human-geomorphic  
540 interactions is centred around two predominant events in time: the polderisation of the coastal zone in the  
541 1960s to 1980s, and the construction of the Farakka Barrage in 1975. The anthropogenic changes in the  
542 environment associated with these two events have been assessed as exogenous alterations to the natural  
543 system. A spatially explicit understanding of how such development projects, urbanisation, and changing  
544 agricultural and aquaculture practices have affected geomorphology and, similarly, how the natural  
545 geomorphic landscape has shaped populations, are still emerging.

546 Anthropogenic activities are being integrated within conceptual environmental models<sup>65,161–163</sup> in the  
547 sustainability sciences (Coupled Human and Natural Systems (CHANS)<sup>164</sup>) and more recently in the  
548 hydrological sciences (socio-hydrology<sup>165</sup>). Interactive interfaces (such as for agent-based models) enable the  
549 different components of the system to be linked, as undertaken in the Deltares ‘Bangladesh Metamodel’  
550 (informing the BDP2100<sup>166</sup>) or the ESPA Deltas project in coastal Bangladesh, which links a suite of models  
551 from the social and biophysical components of the system<sup>2</sup>. These models represent the first steps in bringing  
552 the key components of the system together. However, they still do not incorporate the multi-scale  
553 representation of geomorphological delta-building processes under increasing pressures. In the absence of  
554 this fundamental biophysical understanding, these coupled system representations will omit some of the  
555 most important dynamics of the system.

556

557 Future behaviour of the delta

558 Whilst there is widespread evidence of delta evolution, there are very few projections of the future  
559 geomorphic behaviour of the delta. Only 5% of the 427 studies reviewed here look at how the delta could

560 behave in the future (**Error! Reference source not found.**A; Supplementary Information). There are no  
561 studies examining the future of land loss as a result of channel or coastal front migration within the GBM  
562 delta. Such estimations could provide fundamental tools to guide erosion and sediment management  
563 strategies and policies, as desired by the BDP2100<sup>29</sup>, with the explicit acknowledgement of the inherent  
564 uncertainties and limitations<sup>102,167</sup>.

565 The few studies that do look at future behaviour of the delta predominantly focus on the future trends in  
566 fluvial sediment delivery to the delta in the face of climate change and increased upstream sediment  
567 trapping. Although climate change is expected to increase monsoonal rainfall and sediment flux over the 21<sup>st</sup>  
568 century, the signal is much smaller than the direct anthropogenic interference<sup>74</sup>. Sediment flux to the delta  
569 could be reduced by as much as 88% by the end of the century (reducing from 669Mt/a in a 'pristine' world  
570 to 79-92Mt/a by the end of the century), considering a range of possible socio-economic scenarios and  
571 assuming all 414 planned dams within the GBM catchment will be constructed (285 in Nepal, 108 in India, 12  
572 in Bhutan, 8 in China and 1 in Bangladesh)<sup>5,74</sup>. The potential expansion of the western route of China's South-  
573 to-North Water Diversion project, which would see the diversion of 200billion m<sup>3</sup> from the Yarlung Tsangpo  
574 (upstream Brahmaputra) to the Yellow River<sup>168</sup>, and India's National River Linking Project (NRLP), which aims  
575 to connect 44 rivers via 9,600km of canals<sup>169</sup>, could dramatically alter the sediment delivery to downstream  
576 Bangladesh. Water diversions associated with India's NRLP could further reduce the Ganges' sediment load  
577 by 39-75% before entering Bangladesh, whilst Brahmaputra diversions could lead to a 9-25% reduction in  
578 suspended sediment load<sup>169</sup>. Such drastic reductions in sediment delivery, if manifested, would certainly alter  
579 rates of land accretion and the morphological balance of the delta with sea-level rise and subsidence<sup>4,74,169</sup>.

580 Although climate change and sea-level rise remain major concerns for Bangladesh in the coming decades,  
581 the sustainability of the GBM delta is expected to be influenced much more by the direct control of local and  
582 regional engineering and management programmes<sup>68</sup> and decisions taken upstream<sup>102</sup>. Projections of future  
583 geomorphic processes are therefore urgently required, particularly focusing on how these geomorphic  
584 dynamics respond to the growing socio-economic challenges and regional management programmes (Table  
585 1), as well as to increasing management plans in upstream nations.

## 587 Summary and future directions

588 The importance of weaving geomorphology across science, engineering, policy and society to recognise  
589 deltas as evolving socio-hydromorphological environments has been highlighted throughout this review.  
590 Geomorphology can drive vulnerability or sustainability in large dynamic deltas such as the Ganges-  
591 Brahmaputra-Meghna (GBM) delta, as it continuously defines the ever-changing deltaic landscape. To  
592 achieve long-term climate resilience in the world's large delta systems, management and policy decisions  
593 need to mainstream geomorphology into assessments of deltaic risk, rather than implement reactive short-  
594 term responses to existing impacts. This imperative is echoed in the Bangladesh Delta Plan (BDP) 2100, which  
595 aims to better prepare the GBM delta to the uncertainties of climate change. However, these goals cannot  
596 be achieved without: increased collection of empirical data and monitoring of ongoing processes; improved  
597 theory of delta dynamics; the development of an array of models, ranging in complexity from simple stylised  
598 models to complex numerical models; and the development of tools and evidence to inform critical policy  
599 decisions and priorities.

600 The GBM delta is exceptionally data scarce, despite being at particularly high risk from climate change,  
601 extreme hazards, and anthropogenic alterations within and outside its national borders. More and improved  
602 monitoring and data collection is needed across the catchment<sup>29</sup>, including more regular and widespread  
603 water and sediment discharge measurements, and improved data sharing between China, Bhutan, Nepal,  
604 India and Bangladesh to enable the whole transboundary system to be better understood as one entity.  
605 Alongside field data collection, continuing advancements in alternative data collection and processing offer  
606 exciting opportunities, including satellite data to monitor the extent of freshwater bodies (for example,  
607 Global Surface Water Explorer<sup>170</sup>), high-resolution night light data for estimating flood damages<sup>171</sup>, or the use  
608 of mobile-based technologies to map population movements after flood events<sup>172</sup>, map poverty<sup>173</sup>, obtain  
609 rainfall data<sup>174</sup> and groundwater-level data<sup>175</sup>.

610 The lack of data from the GBM delta has also limited our theories and conceptualisations of the current and  
611 potential future dynamics of the delta<sup>1,176</sup>. A growing body of research takes an integrative view of the whole

612 delta system, building on the foundation of targeted research conducted over the last few decades.  
613 Continued development and testing of theories that integrate the delta's changes at multiple scales is  
614 necessary to generate the scientific understanding needed for predicting future changes and underpinning  
615 the aims of the BDP2100.

616 Improved theoretical understanding of the delta should be translated into modelling tools. There have been  
617 some impressive advances in hydrodynamic modelling of the delta<sup>177</sup> that quantify tidal and fluvial flows  
618 throughout the system and estimate sediment transport. However, morphological predictions obtained from  
619 hydrodynamic models are not dependable in the medium and long term, especially for cohesive sediment  
620 systems<sup>178</sup>. Thus, whilst these detailed models provide useful tools, they cannot be expected to be a panacea  
621 for the challenges of predicting deltaic change. One possible avenue would be the development of  
622 intermediate complexity models, based on geomorphological theory, such as the CAESAR-Lisflood<sup>179</sup> and  
623 ASMITA<sup>180</sup> models. However, these models do not yet incorporate all of the main drivers and processes that  
624 are central to the GBM delta, so further model development is required.

625 There is currently still a fundamental gap between the scientific research produced, and the information  
626 required for decision and policy makers. The BDP2100 outlines key research requirements for new  
627 knowledge (Table 14.4 in the BDP2100 strategy<sup>29</sup>), including an understanding of how different management  
628 options affect tipping points, and how to strike the right balance between mitigation and adaptation  
629 measures. These areas remain opportunities for future efforts by scientists researching the GBM delta and  
630 could be especially useful for the development of further policy plans such as the BDP2100. As evident, deltas  
631 are dynamic geophysical features that do not adhere to political boundaries. Their long-term sustainability  
632 therefore depends upon open data-driven water, sediment, and land use dialogues amongst all governing  
633 bodies and stakeholders.

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## 1121 Author contributions

1122 A.P. conceptualised the research, analysed the literature, and wrote the manuscript, S.G., E.B., M.S.A.K., and  
1123 J.W.H contributed to the discussion and reviewed the manuscript prior to submission. Conceptualisation and  
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## 1126 Competing interests

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1136

1137 Glossary

1138 **Aggradational:** Increase in land elevation due to the deposition of sediment.

1139 **Avulsed:** The rapid creation of a new river channel, and abandonment of the former river channel.

1140 **Beels:** Shallow wetlands where water level changes seasonally, supporting dry-season agriculture.

1141 **Charlands:** Sand bars emerging in river channels or riverbanks as a result of sediment accretion.

1142 **Polders:** Low-lying land enclosed by embankments, providing protection from storm surges and salinity  
1143 intrusion.

1144 **Progradational:** Growth of land further out into the sea.

1145 **Siltation:** Increased concentrations of suspended sediments and accumulation of fine sediments within  
1146 river channels.

1147 **Subaerial delta:** The deltaic plains above the low-tide level.

1148 **Subaqueous delta:** The deltaic plains that lie below low-tide level and extend seaward.

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1150