

Whole-genome sequencing and deep imputation identifies non-coding variants near *Engrailed-1* with large effects on bone mineral density and fracture

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1 **Abstract**

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3

4

5 The extent to which low-frequency (minor allele frequency [MAF] between 1-5%)
6 and rare (MAF $\leq 1\%$) variants contribute to medically relevant complex traits in the
7 general population is largely unknown. Bone mineral density (BMD) is highly
8 heritable and is a major predictor of osteoporotic fractures. Previous efforts have
9 identified BMD-associated common genetic variants¹⁻⁸, and rare, population-specific,
10 coding variants⁹. Here we identify novel non-coding genetic variants with large
11 effects on BMD in 27 population-based cohorts of European ancestry ($n_{total} = 53,236$).
12 This large-scale meta-analysis was derived from whole-genome sequencing from the
13 UK10K consortium ($n=2,882$), whole-exome sequencing ($n= 3,549$), deep imputation
14 of genotyped samples using a combined UK10K/1000Genomes reference panel
15 ($n=26,534$), and *de-novo* replication genotyping ($n= 20,271$). We identified a low-
16 frequency non-coding variant near *ENI* that was not previously identified, with an
17 effect size 4-fold larger than that of the mean of previously reported common variants
18 for lumbar spine BMD⁸ (rs11692564[T], MAF = 1.7%, replication effect size = +0.20
19 standard deviations [SD], $P_{meta} = 1.7 \times 10^{-14}$). Three additional novel variants
20 encompassing *ENI* also achieved genome-wide significance for lumbar spine or
21 femoral neck BMD. rs11692564[T] was also associated with a decreased risk of
22 fracture (OR = 0.85 [95% CI: 0.80-0.89]; $P = 2.0 \times 10^{-11}$; $I^2 = 0.00$) in ($n_{total} = 508,253$
23 [$n_{cases} = 98,742$ and $n_{controls} = 409,511$]). Using an *En1*^{Cre/flox} mouse model, we
24 observed that conditional loss of *En1* results in low bone mass, likely as a
25 consequence of high bone turn-over. We also identified a novel low-frequency non-
26 coding variant with an effect on forearm BMD which is 2.2-fold larger than that of
27 any previously reported common variants near *WNT16* (rs148771817[T], MAF =
28 1.1%, replication effect size = +0.39 SD, $P_{meta} = 1.1 \times 10^{-11}$). Lastly, we observed an
29 excess of association signals arising from deleterious coding and conserved non-
30 coding variants. These findings provide evidence that low-frequency non-coding
31 variants have large effects on BMD and fracture in the general population, thereby
32 providing rationale for whole-genome sequencing-based approaches to study the
33 genetic architecture of complex medically-relevant traits in the general population.

34

35

36 A major goal of the Human Genome Project has been to enable the discovery of
37 genetic determinants of common diseases. This framework has facilitated the
38 identification of thousands of common variants with generally small effects on
39 disease through genome-wide association studies (GWAS)¹⁰. More recently,
40 discoveries have focused on rare coding variants identified through whole-exome
41 sequencing initiatives¹¹. The effect of low-frequency and rare non-coding variants
42 upon common diseases, and their underlying traits **has been recently explored in an**
43 **isolated population^{12,13}, but has not been well-studied to date in the general population.**
44 **The UK10K has generated a large whole-genome sequence-based resource to address**
45 **this question in the general European-ancestry population, which is 10-fold larger**
46 **than the standard 1000 Genomes Project reference.**

47

48 Osteoporosis, diagnosed largely through measurement of bone mineral density
49 (BMD), is a common systemic skeletal disease characterized by an increased
50 propensity to fracture¹⁴. Between one-third to one-half of women will experience an
51 osteoporotic fracture in their lifetime¹⁵ and direct annual costs exceed \$19 billion in
52 the United States alone¹⁶. The narrow-sense heritability of BMD has been estimated
53 to be ~85%, and genome-wide association studies (GWAS) have successfully
54 identified numerous loci associated with BMD which in total explain ~5% of the
55 genetic variance for this trait¹⁷. However, these studies have been largely unable to
56 assess the role of low frequency (MAF 1-5%) and rare (MAF \leq 1%) genetic variation,
57 since their methods relied on testing common variants (MAF \geq 5%). A recent
58 sequencing-based study identified a nonsense variant associated with BMD using
59 4,931 Icelandic subjects with low BMD and 69,034 population-based controls⁹. This

60 rare coding variant (MAF 0.1-0.2%), which disrupts the function of *LGR4*, is confined
61 to the Icelandic population.

62

63 To investigate the role of rare and low-frequency genetic variation on BMD in a
64 general population of European descent, we first undertook whole genome sequencing
65 in 2,882 subjects from two cohorts in the UK10K project and whole-exome
66 sequencing in 3,549 subjects from five cohorts (**Supplementary Table 1**) with BMD
67 phenotypes. We then used a novel imputation reference panel generated by the
68 UK10K and 1000Genomes consortia to impute variants that were missing, or poorly
69 captured, from previous GWAS studies in 26,534 subjects (**Supplementary Table 1**
70 **and Extended Data Fig. 1a**). The UK10K and 1000Genomes reference panel, which
71 in total contained 3,781 and 379 European individuals with whole genome sequences
72 from UK10K and 1000Genomes Projects, respectively enabled improved imputation,
73 particularly of low frequency variants, when compared to the 1000Genomes reference
74 panel alone¹⁸. We then undertook *de-novo* replication genotyping of lead variants in
75 13 cohorts for BMD, comprising 20,271 individuals of European descent.

76

77 We meta-analyzed association results from all discovery cohorts ($n_{total} = 32,965$,
78 **Supplementary Table 1**) for BMD measured at the forearm, femoral neck and
79 lumbar spine, the sites where osteoporotic fractures are most prevalent. We tested bi-
80 allelic single-nucleotide variants (SNVs) with $MAF \geq 0.5\%$ for association, declaring
81 genome-wide statistical significance at $P \leq 1.2 \times 10^{-8}$ (accounting for all independent
82 SNVs above this MAF threshold; **Supplementary Methods**)¹⁹. We found little
83 evidence for genomic inflation (**Supplementary Table 2**, $\lambda = 1.04$, averaged across
84 sites), suggesting that population stratification did not unduly influence results. The

85 sequence kernel association test (SKAT)²⁰, a method for region-based analysis of rare
86 genetic variation was used to assess association of regions containing SNVs with
87 MAF $\leq 5\%$ and $\leq 1\%$. Cohort-specific single-SNV and SKAT associations were
88 combined using fixed effects meta-analysis²¹ and skatMeta²², respectively. All
89 summary-level meta-analytic results are available for unrestricted download
90 (www.gefos.org). Genome-wide significant loci were then tested for their relationship
91 with fracture **in up to 508,253 individuals**. Finally, functional genomics as well as
92 cellular and animal models were utilized to investigate the relevance of these novel
93 genetic associations to bone physiology.

94 **Association signals near Engrailed-1**

95 Through meta-analysis of sequenced and imputed single-SNV association tests from
96 the discovery cohorts (**Supplementary Table 1**), we identified a novel locus at
97 2q14.2 harboring variants associated with lumbar spine BMD (lead low-frequency
98 SNV rs11692564[T], MAF = 1.7%, effect size = +0.24 SD, $P = 4.1 \times 10^{-9}$, **Fig. 1** and
99 **Table 1**). The direction of effect for rs11692564 was consistent across all discovery
100 cohorts (**Extended Data Fig. 2**) and the mean information score (a measure of
101 imputation quality) for the imputed cohorts was 0.71 (**Supplementary Table 3**). This
102 variant is located 53 kilobase pairs (kb) downstream from engrailed homeobox-1
103 (*EN1*), which to our knowledge, has not previously been associated with any
104 osteoporosis-related traits in humans The rs11692564 variant was not present on
105 HapMap imputation panels, nor on genotyping chips, underlining the importance of
106 developing more comprehensive imputation reference panels, such as that provided
107 by the combined UK10K/1000Genomes panel used in this study.

108

109 To validate whole-genome sequencing genotypes at rs11692564, which were used in
110 the imputation reference panel, we genotyped 1,853 ALSPAC subjects, using the
111 KASP™ genotyping platform, all of whom had been whole-genome sequenced. We
112 found all genotypes to be perfectly concordant (**Supplementary Table 4**). Next we
113 genotyped 245 monozygotic twins from the TwinsUK cohort and found all genotypes
114 to be perfectly concordant with their whole-genome sequenced co-twin
115 (**Supplementary Table 5**). To validate the imputation of rs11692564, we directly
116 genotyped this variant on samples from the TwinsUK imputed cohort ($N = 3,601$),
117 and observed that the association strengthened and its statistical significance
118 improved for the lumbar spine and femoral neck BMD as compared to imputed results
119 (lumbar spine: imputed effect size = 0.22 SD $P = 0.05$, genotyped effect size = 0.31
120 SD $P = 0.004$) (**Supplementary Table 6**). Next, we compared these KASP™-
121 generated genotypes to a second genotyping platform (Sequenom) to assure accuracy
122 of replication genotypes and observed a concordance rate of 99.4% and non-reference
123 discordant rate of 1.7%. We then sought additional evidence for the association at
124 rs11692564 by performing additional *de novo* genotyping in 16,233 independent
125 individuals and found a similarly large effect size in this population (effect size =
126 $+0.20$ SD, $P = 2.76 \times 10^{-6}$). Meta-analysis of the discovery and replication cohorts
127 provided strong statistical evidence for association ($P_{combined-meta} = 1.65 \times 10^{-14}$)
128 (**Table 1**).

129

130 We previously reported a common variant, rs1878526 (MAF = 28%), 507kb away
131 from rs11692564 at the *ENI* locus, to be genome-wide significant for lumbar spine
132 BMD⁸. However, these two variants represent independent signals as they exhibit low
133 linkage disequilibrium (LD) ($r^2 < 0.001$) and conditioning on rs1878526 within the

134 discovery setting did not change the association signal at rs11692564 ($P_{discovery} = 4.1 \times$
135 10^{-9} to $P_{conditional} = 1.81 \times 10^{-9}$) (**Supplementary Table 7**).

136

137 We also identified an additional association signal, arising from rs55983207 (MAF =
138 4%), 17 kb downstream of rs11692564 ($r^2 = 0.001$) to be associated with femoral
139 neck BMD from the combined meta-analysis ($P_{meta} = 7.2 \times 10^{-15}$ **Table 1**). A
140 haplotype containing both effect alleles was not observed from within the UK10K
141 whole genome-sequenced cohort (total number of haplotypes = 7,562).

142

143 In addition to rs11692564, we also observed from the combined meta-analysis two
144 additional genome-wide significant variants for lumbar spine BMD near *ENI*,
145 rs6542457 (MAF = 6.7%) and rs188303909 (MAF = 1.9%), which are 391kb
146 downstream and 67kb upstream from rs11692564, respectively (**Fig. 1b** and **Table 1**).
147 Variant rs188303909 was in moderate LD with rs11692564 ($r^2 = 0.47$), and
148 conditional analysis demonstrated that these two association signals were not
149 independent (**Supplementary Table 7**). On the other hand, rs6542457 was in low LD
150 with rs11692564 ($r^2 = 0.002$), and in conditional analyses these were found to be
151 independent association signals (**Supplementary Table 7**). Overall, the *ENI* locus
152 harbors multiple non-coding variants associated with lumbar spine and a single
153 variant associated with femoral neck BMD. All three genome-wide significant
154 variants for lumbar spine BMD (**Table 1**) co-localize solely with *ENI* in a sub-region
155 of high interaction frequency within a single topologically-associated domain
156 (TAD)²³ (**Fig. 1a**).

157

158 The mean effect size of previously reported genome-wide significant SNPs (MAF \geq
159 5%) from the largest GWAS meta-analysis to date for lumbar spine and femoral BMD
160 was 0.048 SD per effect allele and the largest effect size was 0.1 SD⁸. Hence, the
161 observed effect size at rs11692564 is 4-fold larger than this mean and twice that of the
162 largest previously reported effect (**Figure 1c**)⁸. For all genome-wide significant
163 variants, we observed larger effect sizes across decreasing MAF bins (**Fig. 2a**).
164 **Figure 2a** does not aim to describe the full allelic architecture of BMD, since we
165 lacked statistical power to observe small effects arising from low-frequency and rare
166 variants, however, it does demonstrate that variants of large effect size and low MAF
167 do underlie BMD in general European ancestry populations.

168

169 An increase in BMD is associated with a decrease in risk of bone fracture. We
170 therefore tested the association of rs11692564[T] (the low-frequency allele at *ENI*
171 associated with the largest increase in BMD) in 18 cohorts comprising 508,253
172 individuals (98,742 cases and 409,511 controls, **Supplementary Table 8**).
173 rs11692564[T] was strongly associated with a decreased risk of fracture (OR = 0.85
174 [95% CI: 0.80-0.89]; $P = 2.0 \times 10^{-11}$; $I^2 = 0.00$) (**Table 2** and **Supplementary Table 9**).
175 **Table 2** also shows clear associations between other variants near *ENI* and risk of
176 fracture. The fracture association at rs11692564 was 2.9-fold larger than the mean of
177 fracture associations detected in the largest GWAS to date, and 2.0-fold larger than
178 the largest previously identified fracture association.⁸

179 **Relevance of Engrailed homeobox-1 to bone physiology**

180 *ENI* encodes a homeobox gene central to mouse limb development²⁴, which has been
181 shown to be involved in Wnt signaling interaction with *Dkk1*²⁵. Studies of calvarial

182 bone development and fracture healing of long bones in mice have shown that
183 perinatal *Enl*^{-/-} mutants display osteopenia and enhanced skull bone resorption²⁶.
184 whereas in normal adult mice *Enl* is up-regulated in the bone callus post fracture²².
185 Investigating the functional role of *ENI*, we detected *Enl* expression during
186 osteoblastogenesis in developing and mature cultured murine calvarial osteoblasts, but
187 not in marrow-derived osteoclasts, or in human primary osteoclast cultures (**Figure 3a**
188 **and Extended Data Fig. 3**). To determine where *Enl* is active in adult bones, we
189 analyzed vertebrae from *Enl*^{lacZ/+} knock-in mice²⁷ and detected LacZ expression in
190 proliferative and hypertrophic chondrocytes, osteogenic cells in the periosteum and
191 trabecular bone surface, and in osteocytes of cortical and trabecular bone (**Fig. 3b and**
192 **Extended Data Fig. 4**).

193 Using *Enl*^{Cre/+}; *R26*^{lox-STOP-lox-EYFP} reporter mice to genetically tag cells for which the
194 *Enl* promoter was active at any point within a cell lineage, we confirmed that
195 *Enl* expression was only observed in osteogenic lineages (**Extended Data Fig. 4**).

196 Since most *Enl*^{-/-} animals die soon after birth, we generated *Enl*^{Cre/flox} self-deleted
197 *Enl* (*sdEnl*) conditional mutants²⁸ (*n* = 5) and demonstrated by μ CT that mutants
198 have lower trabecular bone volume fraction (BV/TV), trabecular number, and
199 trabecular thickness in both the lumbar L5 vertebrae (**Fig. 3c and 3d and Extended**
200 **Data Fig. 5**) and the femur (**Extended Fig. 5**) as compared to littermate controls (*n* =
201 6). A decrease in femoral cortical thickness was also observed (**Extended Fig. 5**). By
202 histomorphometry (**Fig. 3c**), we observed that the *sdEnl* mice had a statistically
203 higher proportion of osteogenic and osteoclastic cells compared to littermate controls
204 (**Fig. 3d and Supplementary Table 10**). The driving force for the low bone mass
205 would appear to be an increase in osteoclastic activity induced by *Enl* null osteogenic
206 cells. This in turn initiates the expected coupled increase in mineralizing bone

207 formation (**Fig. 3b & 3d**) mediated by an increased number of osteogenic cells and
208 thus conforms to a high turnover osteoporosis-like phenotype, although *dynamic*
209 histomorphometry and evidence from bone turn-over markers would be required to
210 confirm an increased rate of bone formation (**Extended Data Fig. 4**). Lastly, genetic
211 evidence from homologous regions in mice also supported a role for *En1* in bone, as
212 the homologous region contained a QTL peak for femur BMD (**Supplementary**
213 **Table 11**)²⁹. These findings, together with an earlier study focusing on *En1* function
214 in calvarial bone development²⁶ implicate this gene as an important mediator in
215 skeletal biology.

216

217 Taken together, these findings suggest that *EN1* plays an important role in bone
218 physiology and that low-frequency non-coding variants mapping near *EN1* have large
219 effects on BMD and risk of fracture in the general European population.

220 **Association signal at *CPEDI/WNT16***

221 We also identified a novel SNV at 7q31.31 within the intron of *CPEDI*
222 (rs148771817[T], MAF = 1.2%, effect size = +0.47 SD, $P_{\text{discovery}} = 9.31 \times 10^{-9}$)
223 associated with forearm BMD (**Table 1, Supplementary Table 12, and Extended**
224 **Data Fig. 6**). We replicated the association at rs148771817 in 2,539 independent
225 individuals and found a similar effect size (effect size = +0.41 SD, $P = 5.5 \times 10^{-4}$),
226 and combined meta-analysis of the discovery and replication cohorts further improved
227 statistical evidence for association (effect = +0.46 SD, $P = 1.1 \times 10^{-11}$) (**Table 1**). This
228 variant had an effect size 2.2-fold larger than the mean of previously reported effect
229 sizes for common variants associated with forearm BMD (**Extended Data Fig. 6**)³⁰.

230

231 We have previously identified BMD-associated genetic variants at *WNT16*, a gene
232 neighboring *CPEDI*, (**Extended Data Fig. 6**) and demonstrated that knock-out of
233 *Wnt16* in mice confers a 50% decrease in bone strength ($P = 6.5 \times 10^{-13}$).^{30,31} We have
234 recently shown that osteoblast-derived Wnt16 represses osteoclastogenesis³². As a
235 result, we undertook conditional analysis of rs148771817 upon the lead common
236 variant for forearm BMD at this locus, rs7776725. The rs148771817 variant remained
237 associated after conditioning, albeit with lower statistical significance (**effect size**
238 **=0.35 SD, $P=1.3 \times 10^{-7}$, Extended Data Fig. 6d**) upon meta-analysis of the discovery
239 **and replication cohorts**. Similarly, conditional analysis of the common variant upon
240 rs148771817 revealed little change in the effect size or the statistical significance
241 (**Supplementary Table 7**). We also note that rs148771817 is in low LD with
242 rs7776725 ($r^2 = 0.024$) and acknowledge that both variants may be causal. However,
243 our data does not permit us to distinguish if one or both of these variants have distinct
244 biologic effects.

245

246 While rs148771817 is intronic in *CPEDI*, we found that DNA accessibility at this
247 region, as measured by DNase I hypersensitivity data from ENCODE, was
248 moderately correlated with DNA accessibility at the *WNT16* promoter in 305 cell
249 types²⁴ (maximum $r^2 = 0.4$, $P = 2.2 \times 10^{-15}$, **Supplementary Table 13**), whereas
250 correlation to the promoter of *CPEDI* was lower (maximum $r^2 = 0.1$, $P = 0.06$).
251 Moreover, analysis of chromosome conformation capture Hi-C interaction
252 frequencies from human H1 embryonic stem cells shows elevated interaction
253 frequency between rs148771817 and *WNT16* (**Extended Data Fig. 6**), though we also
254 observed stronger interactions between these loci and their immediate neighboring
255 regions.

256 **Functional enrichment of genetic associations**

257 We assessed whether association signals were enriched for deleterious coding SNVs
258 (defined using Variant Effect Predictor³³ see **Supplementary Methods**) or SNVs
259 with increased GERP++ scores (a measure of evolutionary constraint)³⁴. These two
260 groups of SNVs were matched to control SNVs by MAF and distance to gene
261 (**Supplementary Methods and Supplementary Table 14**), followed by LD pruning
262 ($r^2 < 0.2$). We then compared the proportion of deleterious coding and evolutionarily
263 constrained SNVs passing a false-discovery rate (FDR) q-value of 0.05 to the same
264 proportion for their respective control SNVs. We observed enrichment of association
265 signal across the spectrum of positive GERP++ thresholds, which was comparable to
266 deleterious coding variants (**Fig. 2b**). As expected, no such enrichment was seen for
267 synonymous variants (**Fig. 2b and Supplementary Table 15**).

268 **Additional genetic association results**

269 In total, we have identified multiple variants associated with BMD, including 3
270 genome-wide significant loci for forearm BMD, 14 for femoral neck and 19 for
271 lumbar spine (**Supplementary Tables 12 and 16-18**). A common variant not on
272 previous HapMap imputation panels, near the *SOX6* gene was also identified
273 (rs11024028, MAF = 19%) (**Table 1**), and was found to be an independent signal
274 from a previously reported signal at this locus (rs7108738, $r^2 = 0.002$)⁸. Consistent
275 with recent experience,³⁵⁻³⁷ region-based collapsing methods did not identify any
276 convincing novel associations that were not already identified as genome-wide
277 significant through single SNV associations. This included collapsing variants below
278 1% and 5% MAF thresholds, including all variants, only variants with increased
279 GERP++ scores or those from protein-coding regions (**Supplementary Table 19 and**

280 **Extended Data Figures 7 & 8**). Finally, conditioning upon genome-wide significant
281 signals and stratifying the population by sex did not identify novel loci (data not
282 shown).

283 **Conclusions**

284 We have identified low-frequency, non-coding genetic variants of large effect that are
285 present in the general population and associate with BMD and fracture. These
286 variants have effect sizes up to four-fold larger than the mean effect described for
287 common variants associated with BMD and approximately three-fold larger than
288 those for fracture. Our study illustrates that larger reference panels, covering relevant
289 ethnicities, will facilitate the discovery of low frequency and rare variants. This was
290 facilitated here by a large imputation reference panel (UK10K and 1000 Genomes)
291 offering 11-fold more European samples than the 1000 Genomes reference panel
292 alone, resulting in more accurate genotype calls of such variants. Although we did not
293 identify coding low-frequency or rare variants associated with BMD at a genome-
294 wide significant level, we did observe that deleterious coding variants were enriched
295 for association as a group. This suggests the existence of as yet undiscovered coding
296 variants influencing BMD. Importantly, we have also generated new functional
297 evidence for a central role of the engrailed homeobox-1 gene in regulation of bone
298 mineral density and outlined *En1* as a critical protein in bone biology. In summary,
299 our findings demonstrate the utility of whole-genome sequencing-based discovery and
300 deep imputation to enable the identification of novel genetic associations. These
301 discoveries provide an improved understanding of the pathophysiology of
302 osteoporosis and suggest that more comprehensive sets of whole-genome sequenced
303 individuals, covering relevant ethnicities, will enable accurate imputation and thus

304 facilitate discovery of low frequency and rare variants influencing complex traits and
305 common disease.

306 Figure legends

307 Figure 1 | Association signals near *Engrailed-1* for lumbar spine BMD.

308 **a**, Evidence for a topological domain that includes associated variants and *ENI*.
309 Chromatin interaction data from chromosome conformation capture Hi-C performed
310 in H1 embryonic stem (hES) cells²³ of a 2 Mb region encompassing the *ENI* gene
311 reveals that this gene borders a topological associated domain (TAD, grey border). A
312 sub-region of higher chromatin interaction frequencies as well as CTCF chromatin
313 interaction analysis with paired-end tag sequencing (ChIA-PET) performed in MCF-7
314 cells³⁸ (annotation track) suggests the existence of a smaller interacting region which
315 contains *ENI*, as well as three genome-wide significant variants for lumbar spine
316 BMD from combined meta-analysis (in red).

317 **b**, Association signals at the *ENI* locus. The y-axis denotes the $-\log_{10}$ association P-
318 value from discovery meta-analysis (lines at genome-wide suggestive [$P = 1.2 \times 10^{-5}$]
319 and genome-wide significant [$P = 1.2 \times 10^{-8}$] thresholds, respectively). The P-value
320 for variants that underwent replication via *de novo* genotyping is represented as a
321 circle for the discovery P-value and a triangle for the combined discovery and
322 replication meta-analytic P-value.

323 **c**, Allele frequency versus absolute effect size (in standard deviations) for lumbar
324 spine BMD of all previously identified genome-wide significant variants (blue)⁸ and
325 three novel variants in *ENI* (red), rs11692564, rs188303909, and rs6542457. The blue
326 line denotes the mean of effect sizes for previously reported variants. Note that **Table**

327 **1** also demonstrates genome-wide significant findings for variants near *ENI* with
328 femoral neck BMD.

329

330 **Figure 2 | Genome-wide features of association signals.**

331 **a**, Relationship between MAF and observed effect sizes in BMD discovery cohorts.
332 Box plots of the effect sizes of genome-wide significant SNVs ($P < 1.2 \times 10^{-8}$), pruned
333 for LD ($r^2 < 0.2$) by MAF bin. Grey bars represent the values of beta not observed and
334 for which we lack statistical power to observe (at $\alpha \leq 1.2 \times 10^{-8}$ and power ≥ 0.8). No
335 SNVs achieved genome-wide significance for MAF bin 0.5 - 1% for femoral neck and
336 lumbar spine. *P*-values displayed per phenotype are calculated from the non-
337 parametric trend test across MAF bins.

338 **b**, Proportion of SNVs passing an FDR q-value 0.05 across different types of
339 annotation features for all three BMD sites in discovery cohorts. Left-most panel
340 shows a lack of enrichment of signal from synonymous SNVs (green circles)
341 compared to matched control variants (red circles), as expected. Second panel shows
342 enrichment of signal from deleterious (green) SNVs (defined using Variant Effect
343 Predictor on UK10K variants as frameshift, inframe deletions, inframe insertions,
344 initiator codon, missense, splice-acceptor, splice-donor, stop-gain and stop-loss
345 variants) compared to all other variants (red). Remaining panels show enrichment of
346 signal across a range of GERP scores for each BMD site, where green denotes SNVs
347 above the threshold and red denotes variants below the threshold. After LD pruning
348 ($r^2 > 0.2$), variants above the GERP threshold were matched (**Supplementary Table**
349 **14**) to variants below the threshold by distance to gene and MAF. Data is presented in
350 table format in **Supplementary Table 15**.

351 **Figure 3 | Mouse *En1* Functional Experiments.**

352 **a**, Quantitative expression of *En1* and its temporal pattern through RNA-seq in
353 cultured calvarial murine osteoblasts across day 2 through day 18 of osteoblast
354 development (top panel). Confirmation of the expression of *En1* in a separate RT-
355 PCR experiment of cultured calvarial murine osteoblasts. Expression was not
356 detected in osteoclasts matured from bone marrow derived precursor cells (Positive
357 controls for osteocalcin in osteoblasts and RANK in osteoclasts are also shown)
358 (bottom panel).

359 **b**, Representative sections from lumbar vertebra 2 (LV2) show the growth plate and
360 bone marrow (GP and BM, left), cortical bone (CB, middle), and trabecular bone (TB,
361 right) at 40x magnification from *En1^{lacZ/+}* adult mice ($n = 2$) stained for β -gal activity
362 (LacZ blue, *En1*+ cells) and alkaline phosphatase (AP, red late chondrocytes and
363 actively calcifying tissues). In the periosteum (PO), all the LacZ+ cells were AP+;
364 some AP- BM cells expressed LacZ. Some AP- proliferative chondrocytes in the GP
365 expressed lacZ+, whereas most AP+ hypertrophic chondrocytes expressed LacZ (see
366 also Extended Data Figure 12). Some AP- osteocytes (Ocy) in CB and TB were
367 LacZ+.

368 **c**, Histomorphometry images of lumbar vertebrae 5 (LV5) demonstrate decreased
369 trabecular bone volume and increased bone surface area occupied by osteoclast cells
370 (as assessed by TRAP staining) when comparing *En1^{Cre/flox}* (self-deleted *En1*, *sdEn1*)
371 mutants and *En1^{lox/+}* control mice (left panels). Thickness map of the 3D
372 reconstructed μ CT images of the L5 shows the spatial distribution of the mineral
373 density in a control and an *sdEn1* animal (right panels).

374 **d**, Micro-CT (μ CT) and histomorphometry measures within *sdEn1* ($n = 5$) and
375 controls (*En1^{lox/+}*, $n = 6$). By μ CT, *sdEn1* mutants exhibit decreased L5 trabecular

376 number (Tb.N) and thickness (Tb.Th), as well as decreased bone volume fraction
377 (BV/TV). Using histomorphometry, *sdEn1* mutants exhibit increased osteoclastic area
378 (TRAP/BS).
379
380

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