

Severity detection tool for patients with infectious disease

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Hand foot and mouth disease (HFMD) and tetanus are serious infectious diseases in low- and middle-income countries. Tetanus, in particular, has a high mortality rate and its treatment is resource-demanding. Furthermore, HFMD often affects a large number of infants and young children. As a result, its treatment consumes enormous healthcare resources, especially when outbreaks occur. Autonomic nervous system dysfunction (ANSF) is the main cause of death for both HFMD and tetanus patients. However, early detection of ANSD is a difficult and challenging problem. The authors aim to provide a proof-of-principle to detect the ANSD level automatically by applying machine learning techniques to physiological patient data, such as electrocardiogram waveforms, which can be collected using low-cost wearable sensors. Efficient features are extracted that encode variations in the waveforms in the time and frequency domains. The proposed approach is validated on multiple datasets of HFMD and tetanus patients in Vietnam. Results show that encouraging performance is achieved. Moreover, the proposed features are simple, more generalisable and outperformed the standard heart rate variability analysis. The proposed approach would facilitate both the diagnosis and treatment of infectious diseases in low- and middle-income countries, and thereby improve patient care.

1. Introduction: Infectious diseases, such as tetanus and hand foot and mouth disease (HFMD), still pose life-threatening risks to patients in low- and middle-income countries [1]. Tetanus is a severe disease, often necessitating lengthy hospital treatment (up to six weeks), which was estimated to have caused 48–80,000 deaths in 2015 [2]. It tends to affect the poorest in society in low- and middle-income countries where unvaccinated individuals, particularly manual workers and farmers, are at high risk of contracting it [1, 3–5]. A recent study showed that tetanus prevalence is still high in a part of Asia and that it is associated with high morbidity and mortality rates [5–7].

Comparatively, HFMD is typically a benign self-limited illness in infants and young children. In recent years, large outbreaks have been reported in the Asia Pacific region, affecting millions of children [8–10]. For example, 90% of HFMD incidents in China occur among children under the age of 5 years [10]. Although most HFMD cases are mild, a small number of affected children progress rapidly to severe or fatal manifestations of the disease. Moreover, survivors may still be afflicted with neurocognitive impairments later in life, despite having apparently fully recovered from severe HFMD [10]. The inability to predict those who will progress to severe cases means that huge numbers of children are admitted to the hospital as a precautionary measure, placing an enormous burden on healthcare systems [8, 9, 11].

Autonomic nervous system dysfunction (ANSF) is the main cause of death in the aforementioned infectious diseases [2, 9, 11–13]. It is not clinically apparent in the early stages of the disease, but once it is established, treatment is challenging and, in the case of HFMD,

deterioration can occur rapidly. In tetanus, early diagnosis may enable preventative intervention and allow differentiation from other causes of tachycardia and hypertension.

Data-driven approaches have been employed to assist clinicians in making informed decisions during the diagnosis of infectious diseases [14–17]. The physiological data from patients (see Fig. 1) mainly include electrocardiogram (ECG) [14, 18] followed by photoplethysmogram (PPG) [15, 17] waveforms.

Existing methods are mainly focused on heart rate variability (HRV) analysis based on a prior detection of morphological features [14–18]. This means ECG-based features were derived from P-wave, R-peak, T-wave and the PQ, QRS and ST segments. Similarly, PPG-based features were derived from the systolic and diastolic segments. However, morphology-based feature extraction requires, in addition to more computational resources, domain-specific knowledge; and these features are hardly transferable across different physiological waveforms (e.g. ECG, PPG, and impedance pneumography (IP)). Furthermore, these morphological features could easily be affected by noise and motion artefacts, especially when wearable devices are employed and/or the patients are children who are prone to make random movements. The traditional approach that employs a specific clinical monitor or Holter device has been found to have limitations in clinical practice, especially with small children in the out-patient setting [11, 19]. As a result, these features are less robust and have limited generalisability across variations in patient characteristics and device specifications.

In this Letter, we present our preliminary work on automatic ANSD detection using multivariate physiological data collected from tetanus and HFMD patients in Southern Vietnam (see Fig. 2). The proposed approach could be integrated into the clinical

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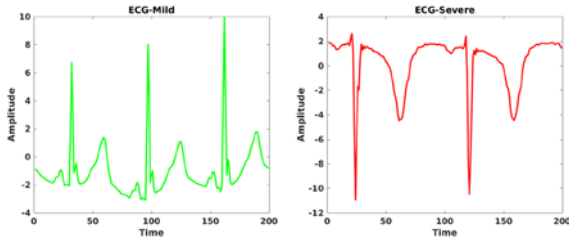


Fig. 1 Example of ECG waveforms (amplitude versus time) from two randomly selected tetanus patients

pathway to provide a low-cost care tool to triage patients. We collected physiological waveforms from children using wearable devices, which are low-cost, non-invasive and easy to wear. In addition, these devices are cost-effective for resource-limited settings such as low- and middle-income countries [15, 20]. After data collection, feature extraction is applied to encode the variability of these waveforms both in the time and frequency domains. The proposed features are designed to be simple and generalisable across different physiological waveforms (e.g. PPG and ECG) without a prior detection of domain-specific morphological variations. Later, a state-of-the-art classifier is applied to discriminate against the ANSD levels of patients. We also applied feature-level fusion when multivariate data was available. This automatic tool for ANSD detection aims to support the efficient allocation of resources, and hence improve patient care. In addition, as patients with these diseases are often given antibiotics, the creation of a robust and reliable detection tool may also reduce unnecessary use of antibiotics and therefore limit antimicrobial resistance.

2. Related works: As the heart is under autonomic nervous system control, changes in beat-to-beat variability of the heart rate, detected by the ECG, have been linked to changes in autonomic system balance [14].

Lin *et al.* [16] showed that patients with different stages of HFMD experienced different levels of central nervous system complications, which was reflected by their HRV measures. Though HRV has been principally inferred from ECG signals, PPGs could be promising alternatives as existing methods in the literature reported HRV parameters derived from PPG had a high correlation with those derived from ECG [15, 17]. It is encouraging to be able to carry out PPG-based HRV analysis, as ECG acquisition is relatively complex, requiring electrodes to be mounted on specific anatomical positions, which may cause skin irritations and be less practical in non-clinical settings [15, 17].

However, existing HRV-based approaches to evaluate autonomic dysfunction mainly require the detection of morphological shapes and features (e.g. QRS complex and RR intervals) [7, 14, 15], which incurs an additional pre-processing step. In addition, these features are not generalisable across different vital signs which follow different morphological shapes that could be easily

affected by artefacts. Furthermore, HRV parameters obtained with non-linear modes, such as standard deviations of short and long diagonal axes in the Poincare plot (SD1 and SD2), necessitate additional computational cost.

The significance of our approach lies in the development of more generic features rather than domain-specific ones (e.g. PQRST characteristics for ECG and systolic and diastolic features for PPG). That means there is no need for prior detection of these morphologies. As a result, our approach can be employed across a variety of modalities that are time-series bio-signals. Bio-signals are easier and cheaper to collect, typically involving less obtrusive collection compared to clinical tests. This approach could therefore also enable remote monitoring of patients by their care giver, using existing wearable sensor technologies.

3. Proposed method: The proposed approach consists of pre-processing, feature extraction, and classification stages as shown in Fig. 2. Physiological data collected using wearable sensors are often susceptible to noise and movement artefacts. Hence, a high pass filter followed by a Gaussian filter is applied to mitigate these challenges during the pre-processing stage. Moreover, we aim to ensemble multiple but simple time- and frequency-domain features to form a more robust feature set overall. In addition, the gradient-based feature extraction (described later) helps to further encode noise-free features. Feature extraction is applied to each window of data points segmented from a waveform. The window duration determines the number of samples extracted from a continuous waveform.

Given a time-series of physiological data, $\mathbf{x} = (\mathbf{x}_n)_{n=1}^L$, where L represents the number of data points in a window, we propose to extract both time- and frequency-domain features. The time-domain features are further grouped into gradient- and non-gradient-based features. Non-gradient-based time-domain features encode the basic statistics of the signal, such as minimum, maximum, median, mean, standard deviation, energy, kurtosis and zero-crossing [21]. Energy is obtained as $\sum_{n=1}^L \mathbf{x}_n^2$. Kurtosis, k_x , measures the deviation of a signal distribution from a Gaussian distribution, i.e.

$$k_x = L \frac{\sum_{n=1}^L (\mathbf{x}_n - \mu)^4}{(\sum_{n=1}^L (\mathbf{x}_n - \mu)^2)^2},$$

where μ is the mean of \mathbf{x}_n . Zero-crossing refers to the number of times a signal amplitude crosses the zero-magnitude threshold and encodes oscillation characteristics.

Gradient-based features help to extract more dynamic information in the time-domain [22]. The gradient is computed by applying the first-order derivative, i.e. $\mathbf{x}'_n = \mathbf{x}_{n+1} - \mathbf{x}_n$. Two specific gradient pooling features, count (\mathbf{h}_x) and sum (\mathbf{s}_x) of the gradient histogram are extracted. Count pooling counts positive (\mathbf{h}_x^+) and negative gradients (\mathbf{h}_x^-), whereas sum pooling sums all positive (\mathbf{s}_x^+) and negative gradients (\mathbf{s}_x^-). For example, \mathbf{h}_x^+ of \mathbf{x}_n is computed

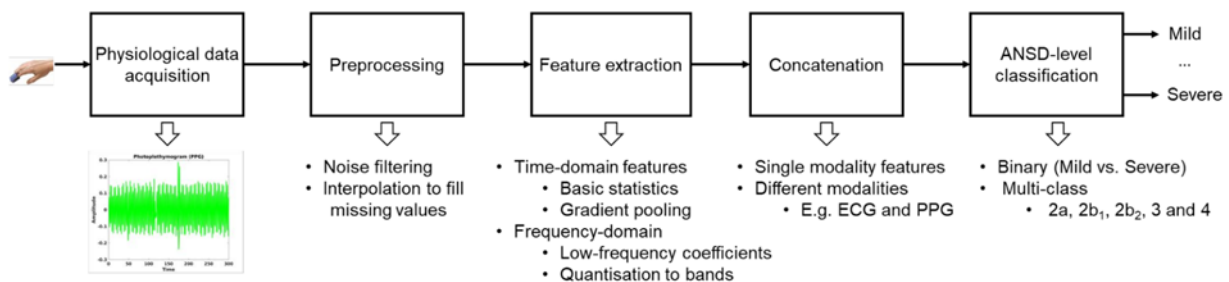


Fig. 2 Block diagram of the proposed approach

as $\mathbf{h}_x^+ = \sum_{n=1}^{L-1} s(\mathbf{x}'_n)$, where

$$s(\mathbf{x}'_n) = \begin{cases} 1, & \text{if } \mathbf{x}'_n \geq 0 \\ 0, & \text{otherwise.} \end{cases}$$

Frequency-domain features provide more detailed dynamic information using the fast Fourier transform (FFT).

The frequency-domain features can be grouped into two groups: low-frequency (\mathbf{f}_l) and whole-frequency features (\mathbf{f}_w). Low-frequency features contain the magnitude of N_l low-frequency coefficients after the Fourier transform. Full-frequency group includes the sum of frequency response magnitude of frequency bins clustered into N_b consecutive bins. The significance of the frequency features is as follows. \mathbf{f}_l contains high-resolution low-frequency characteristics, as much of the energy rests in this frequency band. On the other hand, \mathbf{f}_w contains the whole spectrum (both the low- and high-frequency patterns) with lower resolution. This is motivated by the need to include the high-frequency characteristics and their comparison with lower frequency ones. As a result, \mathbf{f}_w encodes the complete frequency spectrum compared to \mathbf{f}_l . We tend to cluster the frequency components into bins to have lower resolution since higher resolution might result in unnecessarily long feature dimensions.

Let $\mathbf{f}_x = \mathcal{F}(x_n)$ be the frequency response of x_n , $\mathbf{f}_l = \{\mathbf{f}_x(c)\}_{c=1}^{N_l}$ and the \mathbf{f}_w feature (with N_b bands) is computed as $\mathbf{f}_w(j) = \sum_{l=\sigma_l}^{\sigma_f} \mathbf{f}_x(l)$, where

$$j \in [1, N_b], \quad \sigma_l = 1 + \frac{(j-1) \times L}{2N_b}, \quad \sigma_f = 1 + \frac{j \times L}{2N_b}.$$

The final feature vector is obtained using a simple concatenation, $\mathcal{C}(\cdot)$, of both time- and frequency-domain features into a single vector. Given two feature vectors, $\mathbf{f}_1 \in \mathbb{R}^{d_1}$ and $\mathbf{f}_2 \in \mathbb{R}^{d_2}$, their concatenation $\mathbf{f}_c = \mathcal{C}(\mathbf{f}_1, \mathbf{f}_2)$ results in $\mathbf{f}_c \in \mathbb{R}^{d_c}$, where $d_c = d_1 + d_2$. A similar concatenation approach is applied for features from different modalities (e.g. ECG and PPG). Finally, we employ support vector machines (SVMs) to classify the ANSD severity levels.

4. Complexity analysis: In this section, we present the complexity analysis of the feature extraction step, per feature type, in the proposed framework. Given a time-series signal of L time steps, the computational complexity of the majority of the time-domain features (e.g. mean and median) have linearly growing complexity, i.e. $\mathcal{O}(L)$. However, the gradient features may have additional complexity of $\mathcal{O}(2L)$ due to the first-order derivative and the summing/counting of positive and negative gradients. The Fourier transform for the frequency-domain features

(\mathbf{f}_l and \mathbf{f}_w) pose a computational cost of $\mathcal{O}(L \log(L))$ associated with the FFT computation. In addition, we provide Table 1 that summarises the wall-clock computation time elapsed for the extraction of the proposed features for a randomly selected PPG signal that is ≈ 5 min long. The whole feature extraction takes ≈ 21.15 ms, of which time-domain features elapse ≈ 17 ms and frequency-domain features elapse ≈ 4.15 ms. The experiments were conducted using Matlab2017a, Intel(R) Xeon(R) CPU E5-1630 v3 @ 3.70 GHz, Ubuntu 16.04 OS and 32 GB RAM.

5. Data collection: We validate the proposed approach on datasets of HFMD and tetanus patients admitted in hospitals in Vietnam [The study was approved by the relevant Ethical Committees and carried out in line with the declaration of Helsinki.]. The HFMD dataset was collected from Children Hospital No. 1, Ho Chi Minh City, and contains 74 HFMD patients, with a majority of children less than three years old. Commercial devices such as E-patch (epatch.madebydelta.com) were used to collect ECG (256 Hz) waveforms in the HFMD dataset. Specifically, 24-h-patch ECGs are recorded at least twice, when patients are admitted to the infectious disease department and on the penultimate day of hospitalisation. We used the clinical diagnosis of the HFMD patients (based on the clinical grading system developed by the Vietnamese Ministry of Health) as the ground truth and it contains five levels (in the increasing order of severity): 2a(33), 2b₁(9), 2b₂(11), 3(20) and 4(1). The number of patients per class is shown in brackets. There is a significant imbalance in the number of cases (patients) of ANSD severity levels. Therefore, we merged 2b₁ and 2b₂ into a single class. Similarly, level-3 and level-4 were also merged together.

The tetanus dataset contains ECG, PPG, and IP waveforms, each lasting up to 24 h, collected from a total of ten patients (four moderate diseases, Ablett Grade 3 and six severe diseases Ablett Grade 4) admitted to the intensive care units in the Hospital for Tropical Diseases, Ho Chi Minh City. The sampling rates of ECG, PPG, and IP waveforms are 300, 100, and 25 Hz, respectively. ECG and PPG were time synchronised and recorded from all the patients, which makes the feature-fusion of these different modalities easier. However, it is worth noting that IP signals are missing in four subjects. A Datex Ohmeda monitor and a pulse oximeter were employed for data acquisition. VS Capture software [23] was used to download the signal from the monitor. The clinical diagnosis of tetanus patients (i.e. moderate or severe) is used as ground truth for the experiments. For a window duration of 5 min, the number of samples extracted from each modality is 3077 (ECG), 3070 (PPG) and 1895 (IP). From the HFMD dataset, a total of 60,373 samples are extracted from the ECG signal.

6. Parameter setup: During the feature extraction step, we set the window duration to be at least 5 min, similar to the duration in the clinical baseline method [14] extracted using a publicly available software solution [24]. The baseline method was selected because it has been a gold standard for many existing works that focused on HRV analysis [5, 15–17]. Recently, a similar method has been used to study HRV among tetanus patients. We set the high-pass and low-pass cut-off frequencies to 0.05 and 150 Hz, respectively, in the pre-processing step to filter out artefacts in the physiological signals. A temporal resolution of two is applied to extract gradient pooling features. A temporal resolution refers to the number of chunks the original sample is divided into, e.g. given a 5-min long waveform, a temporal resolution of two means divide the signal into two chunks (each 2.5 min long) and extract gradient-based features on each of them. We set $N_l = 200$ and $N_b = 200$ in order to achieve a balance between higher frequency resolution and smaller feature dimension, i.e. lower values of N_l and N_b result in lower frequency resolution but smaller feature dimension, whereas their higher values result in

Table 1 Summary of wall-clock time elapsed for the computation of time and frequency features, experimented on a randomly selected ≈ 5 -min PPG signal

Feature group	Feature	Elapsed time, ms
Time	mean	3.1
	STD	1.6
	zero-crossing	1.2
	minimum	0.1
	maximum	0.1
	median	3.0
	energy	0.3
	Kurtosis	3.2
	gradient	4.4
Frequency	low freq.	2.9
	whole freq.	4.1

better frequency resolution but longer feature dimension. Both linear and Gaussian kernels are experimented with the SVM-based classification. We split the data to train and test sets with a ratio of 80 and 20%, respectively. The classification is repeated 100 times, each with different initialisation of the classifier, and their average performance is reported (along with the standard deviation across the iterations).

We employ the following performance metrics: accuracy (A), precision (P), sensitivity or recall (R), specificity (S), and F-score (F_1), defined for a binary classification as follows:

$$P = \frac{TP}{TP + FP}, \quad R = \frac{TP}{TP + FN}, \quad S = \frac{TN}{TN + FP},$$

$$A = \frac{TP + TN}{TP + TN + FP + FN}, \quad F_1 = \frac{2 \times P \times R}{P + R}$$

where TP is the true positive, TN is the true negative, FP is the false positive, and FN is the false negative samples. For example, in mild versus severe classification of tetanus patients, TP refers to the number of samples correctly identified as severe and similar to the ground truth label, TN refers to the number of samples correctly identified as mild and similar to the ground truth label, FP refers to the number of samples incorrectly classified as severe but labelled as mild in the ground truth, and FN refers to the number of samples misclassified as mild but labelled as severe in the ground truth. For the HFMD dataset, which involves multi-class classification, an SVM with a one-versus-all (OVA) strategy is used. For example, during the classification of class 2a, samples from this class are positive samples and all the samples from the remaining classes (i.e. 2b, 3, and 4) are treated as negative samples. For example, during the classification of class 2a, samples from this class are positive samples and all the samples from the remaining classes (i.e. 2b, 3, and 4) are treated as negative samples. The performance metrics are initially computed for each OVA classification and the average performance across the classes is reported as a final result.

7. Results and discussion: The proposed approach provides encouraging results in both HFMD (see Table 2) and tetanus (see Table 3) datasets. It is evident from Table 2 and Fig. 3 that the baseline features, which require detection of QRS complex prior to the feature extraction, fail to discriminate the severity levels of ANSD in HFMD patients. Moreover, the confusion matrices in Fig. 3 show a misclassification of 2a and 2b classes as there is no well-defined clinical threshold to separate them. The higher classification of class-3 to 2a than to 2b is partly due to the class imbalance and requires further investigation. We experimented with both linear and Gaussian kernels for the SVM, and Table 2 shows that the Gaussian kernel performs significantly better than the linear kernel, particularly for the proposed method where about 5% F_1 -score improvement is achieved using the Gaussian kernel. It is clear that the baseline set of features is less effective at discriminating ANSD levels, and even their concatenation with the proposed features does not provide a significant improvement. The accuracy (A) and specificity (S) classification metrics are expectedly higher than the remaining performance metrics, precision (P), recall (R) and their F_1 score. This is due to the OVA classification strategy employed in the SVM implementation for multi-class classification in the HFMD dataset.

Similarly, the severity-level classification results of tetanus patients are shown in Table 3. IP achieves the lowest performance compared to ECG and PPG due to the following reasons. First, the number of IP samples is the lowest among all modalities since only six (among ten) subjects had IP waveforms. In addition, the IP waveforms have a low-sampling rate (25 Hz) in the dataset compared to those of PPG (100 Hz) and ECG (300 Hz). As a result, the IP-based features suffer from the low-temporal resolution of IP waveforms. The higher sampling rate of ECG could also partly explain why ECG performance is better than PPG. In addition, ECG waveforms are relatively stable compared to PPG waveforms as the former are often collected from the patient's chest while the latter are collected from motion-prone fingers/toes. The fusion of features from ECG and PPG waveforms improved the recall to 98.1% from their separate recall values of 92.6% (PPG) and 95.3% (ECG).

Table 2 ANSD level classification of HFMD patients

Features	A	P	R	S	F_1
SVM (%) – linear kernel					
baseline [14]	57.1 ± 0.2	35.0 ± 0.2	35.2 ± 0.2	67.6 ± 0.1	34.6 ± 0.2
proposed	64.7 ± 0	49.1 ± 0.1	46.9 ± 0.1	73.4 ± 0	43.2 ± 0.1
concatenated	66.9 ± 0.1	52.0 ± 0.1	50.1 ± 0.2	75.0 ± 0.1	48.0 ± 0.2
SVM (%) – Gaussian kernel					
baseline [14]	57.7 ± 0.7	36.2 ± 0.4	36.3 ± 0.7	68.2 ± 0.4	35.7 ± 0.6
proposed	70.9 ± 0.1	60.6 ± 0.1	55.9 ± 0.2	78.0 ± 0.1	55.7 ± 0.2
concatenated	70.2 ± 0.1	60.0 ± 0.1	54.5 ± 0.1	77.3 ± 0.1	53.9 ± 0.2

The bold values represent the highest score among of a specific group

Table 3 Severity-level classification of tetanus patients

Data	A	P	R	S	F_1
SVM (%) – Gaussian kernel					
baseline-ECG [14]	73.9 ± 0.9	75.48 ± 1.5	77.5 ± 0.4	67.73 ± 3.1	76.48 ± 0.6
IP	65.7 ± 1.3	63.2 ± 1.0	94.7 ± 0.2	27.8 ± 2.8	75.8 ± 0.7
PPG	70.2 ± 1.0	70.4 ± 0.8	92.6 ± 0.3	29.5 ± 2.9	80.0 ± 0.5
ECG	80.2 ± 0.7	78.4 ± 0.9	95.3 ± 0.5	53.4 ± 2.5	86.0 ± 0.4
ECG + PPG	78.2 ± 1.0	75.3 ± 1.0	98.1 ± 0.0.3	43.1 ± 3.3	85.2 ± 0.6

The bold values represent the highest score among of a specific group

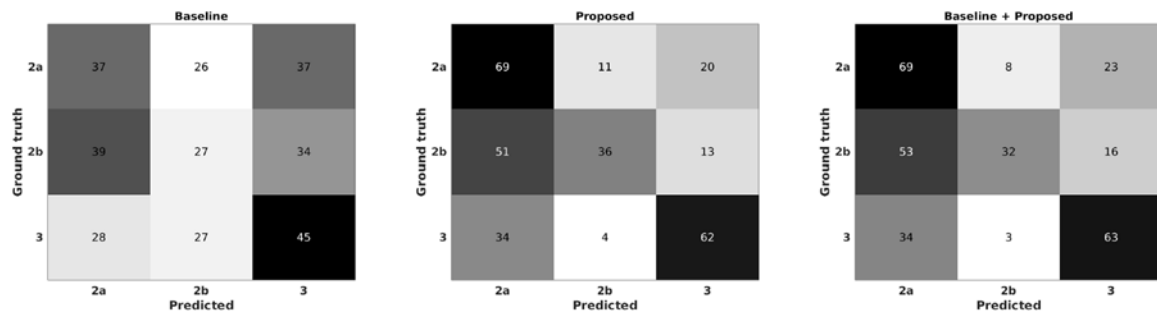


Fig. 3 Normalised confusion matrices (%) of baseline, proposed features, and their concatenation for ANSD level classification of HFMD patients, with dark colours representing higher magnitudes

Table 4 Comparison of 5 and 1 min window duration on the classification of tetanus severity levels

Data	A	P	R	S	F ₁
SVM (%) – Gaussian kernel					
IP-5	65.7 ± 1.3	63.2 ± 1.0	94.7 ± 0.2	27.8 ± 2.8	75.8 ± 0.7
IP-1	81.2 ± 0.9	78.0 ± 1.2	93.2 ± 0.5	65.5 ± 2.7	84.9 ± 0.5
PPG-5	70.2 ± 1.0	70.4 ± 0.8	92.6 ± 0.3	29.5 ± 2.9	80.0 ± 0.5
PPG-1	78.0 ± 0.8	77.9 ± 0.9	92.1 ± 0.4	52.5 ± 2.7	84.4 ± 0.4
ECG-5	80.2 ± 0.7	78.4 ± 0.9	95.3 ± 0.5	53.4 ± 2.5	86.0 ± 0.4
ECG-1	91.2 ± 0.2	90.7 ± 0.5	96.1 ± 0.3	82.5 ± 1.1	93.3 ± 0.1

The bold values represent the highest score among of a specific group

In clinical practices, 5-min window duration is often applied for HRV. Accordingly, we have used the same duration for comparison with the baseline method in previous experiments. However, we have also experimented the proposed feature extraction method for different window duration (see Table 4.) The results demonstrated that the proposed approach is able to encode time and frequency domain features even for shorter window duration. This is partly due to the repetitive nature of physiological signal characteristics, e.g. QRS complex in ECG. Furthermore, shorter window duration provides a higher number of samples for training and hence improved classification performance, as shown in Table 4.

Comparatively, we found that it was difficult to classify the severity levels of HFMD patients, which we hypothesise could be for the following reasons. First, the HFMD dataset was collected from children who are highly likely to move compared to the more static adult tetanus patients. Motion artefacts affect data quality and degrade classification performance. As a result, the features extracted from the PPG waveforms in HFMD patients are less discriminative compared to ECGs shown in Fig. 3. In addition, a multi-class classification in the HFMD dataset (i.e. three classes) is more challenging than the binary classification problem in the tetanus dataset.

8. Conclusions: We presented our proof-of-principle study to triage patients with infectious diseases (tetanus and HFMD) using low-cost and unobtrusive wearable sensors that collect artefact-prone physiological patient data. For this task, we proposed simple and more generic (across modalities) features to encode the waveform dynamics in time and frequency domains. Our approach was validated on two independent datasets collected from tetanus and HFMD patients in Southern Vietnam. In addition, the proposed approach provides efficient hospital resource utilisation in low resource-settings, which could in turn help improve overall patient care. The proposed approach still depends on a manual encoding of features. Thus, future works include collecting more patient data and employing data-intensive models, such as deep learning, that generalise better than handcrafted features across variations in patients and acquisition devices.

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