



Precision, prevention and progress: charting two decades of change in gynaecological oncology – a narrative review

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Background and Objective: The field of Gynaecological Oncology (GO) has undergone a paradigm shift over recent decades, shaped by advancements in prevention, molecular therapeutics, and surgical innovation. We explore how the management of gynaecological malignancies has transformed in the past 25 years.

Methods: A structured narrative review of landmark publications and guideline updates published between 2000 and 2025 was undertaken. Key developments in the management of cervical, ovarian, endometrial, vulvar, and vaginal cancers were critically analysed, with particular focus on prevention strategies, surgical evolution, and integration of targeted and immune therapies.

Key Content and Findings: In cervical cancer, population-level human papillomavirus (HPV) vaccination has dramatically reduced incidence, while the LACC and SHAPE trials prompted a return to open and less radical surgery, respectively. Sentinel node biopsy is supplanting systematic lymphadenectomy, and combined chemoradiotherapy (CRT) with immunotherapy is improving survival in locally advanced disease. For ovarian cancer, optimal cytoreduction remains key, with TRUST highlighting surgical quality, while heated intraperitoneal chemotherapy (HIPEC) and poly-ADP ribose polymerase (PARP) inhibitors—alone or combined with immunotherapy—extend progression-free survival (PFS). Endometrial cancer management is now driven by molecular classification [The Cancer Genome Atlas (TCGA)/Proactive Molecular Risk Classifier for Endometrial Cancer (ProMisE)], with immunotherapy and targeted therapy transforming outcomes. In vulvar and vaginal cancers, GROINSS-V (Groin Sentinel Node Trial in Vulvar Cancer) and related studies underpin de-escalated and minimally invasive nodal surgery, while immunotherapy emerges for advanced disease.

Conclusions: Modern GO is defined by prevention, precision, and personalisation. The contemporary Gynaecological Oncologist now integrates molecular insight, function-preserving surgery, and multidisciplinary collaboration to deliver optimised, patient-centred care.

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Introduction

The field of Gynaecological Oncology (GO) has been reshaped in the past decades. Substantial progress has been seen in preventative strategies such as human papillomavirus (HPV) vaccination, while molecular markers have revolutionised neoadjuvant and adjuvant therapies. Growing evidence supports de-escalation of surgery for vulval, vaginal and cervical cancer, while ultra-radical cytoreductive surgery, involving multivisceral resections, upper abdominal and thoracic surgery remains essential for carefully selected patients with advanced ovarian cancers.

This is a narrative review of the recent landmark publications driving change in GO. We aim to describe how our speciality is changing and what the role of the contemporary GO surgeon would entail. We present this article in accordance with the Narrative Review reporting checklist (available at <https://tcr.amegroups.com/article/view/10.21037/tcr-2025-1-2924/rc>).

Methods

We conducted a structured narrative review of major advances in the management of cervical, ovarian, uterine, vulval and vaginal malignancies and gestational trophoblastic neoplasia (GTN) published between January 2000 and March 2025. Literature searches were performed in PubMed and Google Scholar.

The search strategy is described in *Table 1*.

Studies were considered “landmark” if they met one or more of the following criteria:

- (I) Phase III randomised controlled trials demonstrating clinically meaningful survival or toxicity outcomes;
- (II) Prospective multicentre trials establishing new diagnostic or surgical standards;
- (III) Studies that directly informed major international guideline updates [e.g., European Society of Gynaecological Oncology (ESGO), International Federation of Gynecology and Obstetrics (FIGO),

National Comprehensive Cancer Network (NCCN)];

- (IV) Large population-based or international cohort studies influencing clinical practice.

Titles and abstracts were screened by the authors to identify relevant publications.

Approximately 600 records were screened, with 220 full-text articles assessed for eligibility and 98 ultimately included. Given the narrative nature of the review, formal meta-analysis was not performed. However, evidence was prioritised using a predefined hierarchy [guidelines > phase III randomized controlled trials (RCTs) > prospective cohort studies > retrospective analyses]. Findings were synthesised thematically to illustrate major paradigm shifts in prevention, surgical management and systemic therapy across tumour sites

Cervical cancer

The management of cervical cancer has seen major advancements over the past decade, driven by widespread HPV vaccination, a return to open surgery over minimally invasive surgery (MIS) techniques, de-escalation of surgery for early-stage disease, and advances in non-surgical therapies. Large randomized trials—including PATRICIA (bivalent HPV-16/18) (1), FUTURE I & II (quadrivalent HPV-6/11/16/18) (2,3), the Costa Rica vaccine trial (4), and the nonavalent HPV vaccine trial (5)—demonstrate >90% efficacy in preventing CIN2+/CIN3+ from vaccine HPV types in HPV-naïve women, with durable (>10-year) protection and cross-protection. Real-world data from Sweden (6), Scotland (7), Australia (8), and England (9) confirm these benefits, showing up to 88% reductions in invasive cervical cancer and near-elimination of CIN3+ in fully vaccinated cohorts. The UK introduced the bivalent vaccine in 2008 and transitioned to the nonavalent vaccine in 2023 for girls and boys aged 12–13 years. This is expected to be a powerful and long-lasting intervention for cervical cancer prevention.

Surgical practice shifted dramatically after the 2018

Table 1 Search strategy

Items	Specification
Date of search	Initial search performed on 01.07.2025 Search repeated on 31.12.2025
Databases and other sources searched	PubMed, Google Scholar
Search terms used	<ul style="list-style-type: none"> • Cervical cancer: (“cervical cancer” OR “cervix carcinoma”) AND (“radical hysterectomy” OR “sentinel lymph node” OR “chemoradiotherapy” OR “immunotherapy”) • Ovarian cancer: (“ovarian cancer”) AND (“prevention” OR “primary debulking” OR “neoadjuvant chemotherapy” OR “HIPEC” OR “PARP inhibitor” OR “bevacizumab” OR “immunotherapy”) • Endometrial cancer: (“endometrial cancer”) AND (“Lynch syndrome” OR “laparoscopy” OR “molecular classification” OR “sentinel node” OR “immunotherapy” OR “adjuvant therapy”) • Uterine sarcoma: (“uterine sarcoma”) AND (“molecular” OR “surgery” OR “hormonal therapy” OR “chemotherapy” OR “radiotherapy”) • Vulvar cancer: (“vulvar cancer”) AND (“sentinel node biopsy” OR “inguinofemoral lymphadenectomy” OR “surgery” OR “immunotherapy”) • Vaginal cancer: (“vaginal cancer”) AND (“surgery” OR “radiotherapy”) • Gestational trophoblastic neoplasia: (“gestational trophoblastic neoplasia”) AND (“chemotherapy” or “immunotherapy”)
Timeframe	01.01.2000–31.12.2025
Inclusion and exclusion criteria	Included: prospective and retrospective cohorts, randomised controlled trials, systematic reviews and meta-analyses, international guidelines adding a valuable contribution to the field of Gynaecological Oncology Excluded: publications which have not had an impact on clinical practice and were not thought to be relevant
Selection process	Studies selected by S.I.N. and R.S. independently. Consensus obtained by S.I.N., R.S., H.S.M. Final manuscript was reviewed by all authors

HIPEC, heated intraperitoneal chemotherapy; PARP, poly-ADP ribose polymerase.

LACC trial (10), which showed inferior disease-free survival (DFS) and overall survival (OS) with MIS compared with open radical hysterectomy, with MIS associated with up to a six-fold higher risk of death. This led to rapid guideline changes, with open surgery becoming the recommended approach for early cervical cancer—except FIGO stage IA1 disease without lymphovascular space invasion (LVSI). While the LACC trial demonstrated inferior survival with minimally invasive radical hysterectomy, its interpretation has been debated due to lack of standardisation of surgical technique, potential variability in surgical expertise, and early trial termination, raising the possibility that outcomes may reflect procedural factors rather than a universal limitation of minimally invasive approaches. Ongoing trials—RACC (11), ROCC (12), and LAUNCH-2 (13)—are evaluating whether improved laparoscopic or robotic approaches (e.g. avoiding uterine manipulators or using

tumour-containment strategies) may be oncologically safe.

Growing evidence also supports reducing surgical radicality in selected early-stage cases. The ConCerv trial [2021] (14) showed that conservative procedures such as conization or simple hysterectomy with nodal assessment, are safe for very low-risk IA2–IB1 tumors—<2 cm, negative LVSI, clear margins—reporting a 3-year recurrence rate of 3.5%. The LESSER trial [2021] (15) found no early oncological disadvantage with simple *vs.* modified radical hysterectomy. The SHAPE trial [2023] (16), a large phase III RCT, confirmed that simple hysterectomy is non-inferior to radical hysterectomy for low-risk tumors ≤ 2 cm, with lower urinary tract morbidity and better quality of life. While the SHAPE trial provides high-level evidence supporting surgical de-escalation in early-stage cervical cancer, its findings should be interpreted within the context of several limitations. The study population was highly

selected, restricted to patients with tumours ≤ 2 cm and favourable pathological features, limiting generalisability to higher-risk disease. The non-inferiority design and relatively low event rates raise the possibility that small differences in oncological outcomes may not yet be fully detected, particularly given the still-maturing follow-up. In addition, the widespread use of MIS within the trial introduces complexity in interpretation in the post-LACC era. A recent meta-analysis (17) pooling these and other datasets reported no significant differences in recurrence or survival between simple and radical hysterectomy, but a clear reduction in perioperative and long-term complications with the less radical approach. Collectively, these findings support tailoring surgical radicality to tumour characteristics to preserve function and quality of life without compromising oncological outcomes. Building on the results of the LACC and SHAPE trials, the single-arm prospective multicentre study LASH is investigating whether MIS simple hysterectomy represents an oncologically safe approach in selected patients with low-risk cervical cancer (FIGO 1A2–1B1, size < 2 cm) (18).

Another major area of surgical de-escalation is optimizing lymph-node assessment (Table 2). SENTICOL I (19) showed that sentinel lymph-node biopsy (SLNB) is highly accurate in early-stage cervical cancer when bilateral mapping is achieved (76%), with a sensitivity of 92% and a negative predictive value (NPV) of 98%. In the randomised SENTICOL II trial (20), lymphatic morbidity was significantly lower with SLNB than with bilateral pelvic lymph-node dissection (BPLND) (31.4% *vs.* 51.5%, $P < 0.0046$), as were postoperative neurological symptoms (7.8% *vs.* 20.6%, $P < 0.01$). Three international trials—SENTICOL III (21), SENTIX (22), and PHENIX (23)—are evaluating whether BPLND after negative (SENTICOL III, SENTIX, PHENIX arm I) or positive (PHENIX arm II) intraoperative SLNB confers any survival benefit. In SENTIX (22), SLNB with ultra-staging was followed by radical hysterectomy or trachelectomy; frozen section SLNB-positive patients were excluded from the analysis and underwent BPLND. Two-year DFS and OS were 93.3% and 97.9%, with a 6.1% 2-year recurrence rate (non-inferior to the 7% reference rate), and ultra-staging detected ~44% of metastases missed by standard pathology. PHENIX arm I data show 3-year DFS of 96.9% with SLNB alone versus 94.6% with BPLND [hazard ratio (HR) 0.61, 95% confidence interval (CI): 0.33–1.14; $P = 0.12$] (23). SENTICOL III is expected to complete follow-up in 2026 (21).

The management of locally advanced cervical cancer has evolved rapidly toward precision, image-guided

and biologically informed treatment (Table 3). This progression is clearly illustrated by five landmark trials: retroEMBRACE (24), EMBRACE I (25), EMBRACE II (26), INTERLACE (27) and KEYNOTE-A18 (28). RetroEMBRACE first demonstrated the major clinical impact of image-guided adaptive brachytherapy (IGABT). By analysing outcomes from centres using MRI/CT-based brachytherapy versus conventional point-A techniques, the study reported markedly higher 3-year local control (~91% *vs.* ~76% historical) and roughly 50% lower rates of \geq grade 3 late toxicity. This established imaging, contouring and dose adaptation as the foundation for modern personalised brachytherapy (24). EMBRACE I, a prospective cohort of $> 1,400$ patients with FIGO IB–IVA and selected IVB disease, confirmed these advantages in a real-world multicentre setting. With CRT plus magnetic resonance imaging (MRI)-based IGABT, 5-year local control reached 92% and 5-year OS ~74%, with low severe late morbidity (genitourinary 7%, gastrointestinal 8–9%, vaginal ~6%). These results firmly defined CRT + MRI-IGABT as the global standard (25). EMBRACE II advances personalisation further by standardising all radiotherapy components—positron emission tomography (PET)/MRI staging, intensity-modulated radiation therapy/image-guided radiation therapy (IMRT/IGRT), nodal simultaneous-integrated boosts and risk-adapted IGABT. Its aim is to improve pelvic and nodal control while minimizing toxicity through harmonized dose constraints. Early analyses show $> 93\%$ 3-year local control with low severe toxicity; full results are awaited (26). Systemic therapy has also been refined. The phase III INTERLACE trial demonstrated that short-course induction carboplatin-paclitaxel before CRT significantly improved survival, increasing 5-year OS from 72% to 80% and progression-free survival (PFS) from 64% to 73% (OS HR 0.65; $P = 0.013$) (27). Extending treatment individualisation into immuno-oncology, KEYNOTE-A18 showed that adding pembrolizumab to CRT resulted in improved OS, with manageable toxicity. Three-year OS was 82.6% in the chemotherapy-pembrolizumab group *vs.* 74.8% in the placebo-CRT group and HR for death was 0.67 (95% CI: 0.50–0.90; $P = 0.0040$). (OS HR 0.92, 95% CI: 0.62–1.38). This trial established chemo-immunoradiation as a new standard for high-risk locally advanced cervical cancer (28).

Together, these trials chart a clear trajectory: from improved tumour targeting (retroEMBRACE, EMBRACE I) to fully integrated precision radiotherapy (EMBRACE II), and finally to personalised systemic intensification

Table 2 Trials investigating SLNB versus systematic BPLND in cervical cancer

Trial/year/recruitment period	Inclusion criteria	Primary outcome	Key results	Conclusion
SENTICOL I (2011; 2005–2007), prospective, multicentre, single-arm	FIGO IA1 (LVSI+) to IB	Accuracy of SLNB vs. full lymphadenectomy	Bilateral detection 76%; sensitivity 92%; NPV 98%	SLNB is highly accurate when bilateral mapping is achieved; supports SLNB as a staging method
SENTICOL II (2021; 2009–2012), RCT	FIGO IA2 to IIA1; bilateral SLN detection; randomised to SLNB alone vs. SLNB + BPLND	Postoperative morbidity	Lymphatic morbidity: 31.4% (SLNB) vs. 51.5% (BPLND); neurological symptoms: 7.8% vs. 20.6%. 3-DFS 92% (SLNB) vs. 94.4% (BPLND)	SLNB significantly reduces morbidity without early oncologic compromise
SENTICOL III (Ongoing; started 2017; completion expected 2026), RCT	FIGO IA1 (LVSI+) to 2A1; bilateral SLN detection; SLN-negative → no BPLND	3-year DFS and QoL	Results pending	Designed to confirm long-term oncologic safety of omitting BPLND after negative SLNB
SENTIX (2025; ~2016–2020), prospective, multicentre, single-arm	FIGO IA1 (LVSI+) to IB2; SLNB frozen section negative; SLNB with ultra-staging;	2-year DFS	2-year DFS 93.3%; OS 97.9%; recurrence 6.1%; ultra-staging detected ~44% of metastases missed by routine pathology	SLNB with ultra-staging offers excellent survival for early-stage cervical cancer and avoids unnecessary BPLND
PHENIX—Arm I (2025; 2015–2023), RCT	FIGO IA1 (LVSI+) to IIA1; SLN-negative on frozen section; randomised: SLNB alone vs. SLNB + BPLND	3-year DFS	3-year DFS: 96.8% (SLNB) vs. 94.5% (BPLND), HR 0.61 (95% CI: 0.33–1.14; P=0.12)	SLNB alone is non-inferior to BPLND with respect to DFS and is associated with fewer complications
PHENIX—Arm II (results pending, closed early)	FIGO IA2–IB1; SLN-positive on frozen section; randomised: completion BPLND vs. tailored management	3-year DFS	No results available yet	Will evaluate whether SLNB-positive patients require routine BPLND or if less radical approaches are safe

BPLND, bilateral pelvic lymph node dissection; CI, confidence interval; DFS, disease-free survival; FIGO, International Federation of Gynecology and Obstetrics; HR, hazard ratio; LVSI, lympho-vascular space invasion; NPV, negative predictive value; OS, overall survival; QoL, quality of life; RCT, randomized controlled trial; SLN, sentinel lymph node; SLNB, sentinel lymph-node biopsy.

(INTERLACE) and immune-enhanced CRT (KEYNOTE-A18). The result is a modern, individualised multimodality approach that delivers superior outcomes while reducing toxicity.

Ovarian cancer

The management of advanced ovarian cancer has long centred on the optimal timing of cytoreductive surgery relative to chemotherapy. Five pivotal randomised trials—Vergote *et al.* (EORTC 55971) (29), CHORUS (30), Onda *et al.* (JCOG0602) (31), SCORPION (32), and TRUST (33)—have defined current practice (Table 4). Historically,

PDS was considered standard of care. The trial by Vergote *et al.* [2010] (29) was the first large multicentre study to show that neoadjuvant chemotherapy (NACT) followed by interval debulking surgery (IDS) was non-inferior to primary debulking surgery (PDS) in FIGO IIIC–IV disease. CHORUS [2015] (30) confirmed this in a UK cohort with a slightly poorer performance status (20% PS 2–3 vs. 12% in Vergote *et al.*), reporting similar median OS (23–24 months) but lower early morbidity and mortality in the NACT arm. Together, these two trials established NACT as a safe alternative to upfront surgery, particularly for patients with high tumour burden or reduced fitness. However, the interpretation of these trials has been subject to important

Table 3 Trials outlining the management of locally-advanced cervical cancer

Trial name/publication year/ recruitment period	Inclusion criteria	Primary outcome	Key results	Conclusion
RetroEMBRACE (2016; treated 1997–2012), retrospective multicentre cohort	FIGO IB–IVA; treated with EBRT +/- chemotherapy with MRI/CT-IGABT	Local control & survival with IGABT	3-year LC 91% (vs. 76% historical), improved OS, ~50% reduction in \geq G3 morbidity	Demonstrated superiority of image-guided brachytherapy over point-A technique; foundation for EMBRACE prospective trials
EMBRACE I (2021; 2008–2015), prospective cohort	FIGO IB–IVA, selected IVB with para-aortic nodes below L1–L2; treated with CRT + MRI-IGABT	Local control & late morbidity	5-year LC 92%; 5-year OS 74%; low \geq G3 late toxicity (GU 7%, GI 8–9%, vaginal 6%)	Established CRT + MRI-IGABT as global standard for locally advanced cervical cancer
EMBRACE II (protocol 2018; recruitment ~2016–2024), prospective multicentre cohort	FIGO IB–IVA; treated with CRT + modern MRI-IGABT using IMRT/IGRT, nodal SIB, PET/MRI staging, and risk-adapted IGABT	Pelvic control, toxicity reduction, validated OAR constraints	Early data show >93% 3-year LC with low severe toxicity; full results pending	Aims to standardise all radiotherapy components in order to improve nodal/systemic control while maintaining excellent local control
INTERLACE (2024; 2012–2020) Multicentre randomised Phase III trial	FIGO IB2–IVA; randomised to standard CRT vs. induction chemotherapy + standard CRT	OS and PFS	5-year OS 80% vs. 72% (OS HR 0.65, P=0.013); 5-year PFS 72% vs. 64%	First phase III trial showing survival benefit from induction carboplatin-paclitaxel before CRT
KEYNOTE-A18 (2024; 2018–2021), multicentre randomised phase III trial	FIGO IB2–IVA; randomised to 5 cycles pembrolizumab + CRT + 15 cycles pembrolizumab vs. placebo + CRT + placebo	OS and PFS	3-year OS 81.8% vs. 74.4% (HR 0.73; 95% CI: 0.57–0.94); manageable immune-related toxicity	Establishes pembrolizumab + CRT as new standard for high-risk locally-advanced cervical cancer

CRT, chemoradiotherapy; CT, computed tomography; EBRT, external beam radiotherapy; FIGO, International Federation of Gynecology and Obstetrics; GI, gastrointestinal; GU, genitourinary; HR, hazard ratio; IGABT, image-guided adaptive brachytherapy; IGRT, image-guided radiotherapy; IMRT, intensity modulated radiotherapy; LC, local control; MRI, magnetic resonance imaging; OAR, organ at risk; OS, overall survival; PET, positron emission tomography; PFS, progression-free survival; SIB, simultaneous integrated boost.

criticism. In both studies, complete cytoreduction (R0) rates in the primary surgery arms were relatively low compared with those reported from high-volume specialist centres, raising concerns that surgical outcomes may not reflect optimal contemporary practice. In CHORUS, this is further highlighted by the relatively short mean operative time for PDS (approximately 120 minutes), suggesting less extensive surgical effort and potentially lower surgical aggressiveness. Together, these factors have led to the view that the apparent equivalence between strategies may, at least in part, reflect suboptimal surgical performance rather than true oncological parity. As such, these trials are often interpreted as supporting NACT as a safe option in selected patients, rather than demonstrating equivalence to maximal-effort PDS in expert settings.

Later trials aimed to refine patient selection. The

trial conducted by Onda *et al.* [2020] in Japan (31), did not demonstrate non-inferiority of NACT—potentially influenced by a higher proportion of chemoresistant clear cell carcinomas (8% vs. 4% in CHORUS), an upper age limit of 75 years, low complete resection rates with PDS (12%), and a higher rate of subsequent IDS (33% vs. 17% in Vergote). These differences may contribute to an improved median overall survival (mOS) in the PDS group. SCORPION [2020] (32) focused on patients with high tumour load, identified by laparoscopic assessment, and achieved markedly higher complete resection rates (46.7% in PDS vs. 12% in Onda *et al.* and 17% in CHORUS). Although survival was similar between arms, NACT resulted in significantly higher R0 rates (77% vs. 46.7%) and fewer complications (25.9% vs. 7.6%), underscoring the importance of accurate surgical triage.

Table 4 Randomised controlled trials comparing PCS with NACT in the management of advanced ovarian cancer

Trial/year/recruitment period	Inclusion criteria	Primary outcome	R0 rates	Key results	Conclusion
EORTC 55971 (Vergote <i>et al.</i> 2010; 1998–2006)	FIGO IIIC–IV EOC/ FT/peritoneal cancer; eligible for either PDS or NACT	mOS	PDS: 19% NACT: 51%	mOS: 29 m (PDS) vs. 30 m (NACT), HR 0.98; postoperative (28 days) mortality 2.5% vs. 0.7%	NACT is non-inferior to PDS with reduced morbidity and mortality and higher R0 rates
CHORUS (Kehoe <i>et al.</i> 2015; 2004–2010)	FIGO stage III–IV ovarian cancer; eligible for either PDS or NACT	mOS	PDS: 17% NACT: 39%	mOS 22.6 m (PDS) vs. 24.1 m (NACT), HR 0.87; NACT associated with fewer grade ≥ 3 complications	Confirms non-inferiority of NACT and reduced perioperative morbidity
SCORPION (Fagotti <i>et al.</i> 2020; 2011–2015)	Stage IIIC–IV EOC/ FT/peritoneal cancer, high tumour load (laparoscopic predictive index)	mPFS, postoperative complications	PDS: 46.7%; NACT: 77%	mPFS 15 m (PDS) vs. 14 m (NACT); mOS 41 m (PDS) vs. 43 m (NACT); major postoperative complications 25.9% (PDS) vs. 7.6% (NACT); P=0.0001	Confirms non-inferiority of NACT. In heavy tumour load, NACT enables far higher R0 rates with less morbidity
JCOG0602 (Onda <i>et al.</i> 2020; 2006–2011)	Stage III–IV EOC/FT/ peritoneal cancer; eligible for either PDS or NACT	mOS	PDS: 12%; PDS + IDS 31%; NACT: 64%	mOS 49 m (PDS) vs. 44.3 m (NACT); HR 1.05; non-inferiority criteria of NACT not met	Suggests potential advantage for PDS in this population; NACT not proven non-inferior
TRUST (Mahner <i>et al.</i> 2025 ASCO abstract; 2014–2020)	FIGO IIIB–IVB EOC/ FT/peritoneal cancer; expert high-volume centres only	mOS	PCS 62.9%; NACT 76.6%	mOS 54.3 m (PDS) vs. 48.3 m (NACT) (HR 0.89 95% CI: 0.74–1.08; P=0.24, no statistically significant difference; mPFS 22.2 m (PDS) vs. 19.7 m (NACT) (HR 0.80, P=0.02)	In expert centres, PDS may provide superior PFS, especially in stage III patients achieving R0
SUNNY (ongoing; protocol 2020; recruitment ~2018–2024)	FIGO IIIC–IV EOC/ FT/peritoneal cancer; centres with >50% R0 rates	mOS	Pending	Pending	Designed to evaluate PDS vs. NACT in very high-performing surgical centres; expected to clarify impact of surgical excellence

EOC, epithelial ovarian cancer; FIGO, International Federation of Gynecology and Obstetrics; FT, fallopian tube; HR, hazard ratio; m, months; mOS, median overall survival; mPFS, median progression-free survival; NACT, neoadjuvant chemotherapy; PCS, primary cytoreductive surgery; PDS, primary debulking surgery; R0, complete macroscopic resection.

The TRUST trial (33) is unique in its stringent surgical quality assurance. Conducted exclusively in high-volume expert centres with audited surgical outcomes, TRUST demonstrated no mOS difference between PDS and NACT, but a significant median progression-free survival (mPFS) advantage for upfront surgery (22.2 vs. 19.7 months, HR 0.80, P=0.02). Importantly, the benefit was most pronounced in stage III disease and in patients achieving complete gross resection, emphasising the prognostic impact of surgical quality. A subgroup analysis of patients with R0 resection demonstrates mPFS and mOS benefit with PDS, however the trial was not powered to assess this.

The SUROVA study, a retrospective, international

cohort involving 3,286 patients with FIGO IIB–IVB epithelial ovarian cancer (EOC), found mOS was similar between the PDS vs. NACT/IDS groups (67.2 vs. 65.0 months; HR 1.002, 95% CI: 0.85–1.18, P=0.98) however post-operative complications (28%) significantly worsened survival (66 vs. 46 months; HR 1.5, 95% CI: 1.2–1.9, P<0.001), especially among patients undergoing primary surgery (73 vs. 46 months; HR 1.85, 95% CI: 1.43–2.37, P<0.001) (34).

In summary, while earlier trials established NACT as a non-inferior, less morbid option, TRUST underscores that in expert hands, PDS may deliver superior PFS, particularly for non-frail patients with stage 3 disease,

while SUROVA warns about the negative impact of post-surgical complications on survival. This shifts the focus from a binary choice between PDS and NACT to nuanced patient selection and ensuring surgical excellence and low complications rates. Results from the Shanghai-led SUNNY trial, comparing mOS following PDS *vs.* NACT/IDS in centres with >50% R0 rates may shed further light on this topic (35).

A recent international retrospective cohort study by Gaba *et al.* [2025], including 2,498 patients with FIGO stage III/IV ovarian cancer found that patients undergoing delayed (>4 cycles NACT) versus interval cytoreduction had poorer mOS, despite achieving R0 at surgery. R0 was more likely (72.2% *vs.* 64.6%) and postoperative morbidity was less in the IDS compared to the DDS group (36).

The role of heated intraperitoneal chemotherapy (HIPEC) following cytoreductive surgery has been evaluated in multiple trials. Intraperitoneal delivery achieves higher local drug concentrations and targets microscopic peritoneal disease, while hyperthermia enhances membrane permeability, impairs DNA repair, inhibits angiogenesis, and promotes apoptosis. The OV-HIPEC-1 trial [2018] demonstrated significant improvements in median PFS (14.2 *vs.* 10.7 months) and OS (45.7 *vs.* 33.9 months) in FIGO stage III patients undergoing IDS with residual disease <2.5 mm, without increased Clavien-Dindo grade 3–4 complications (27% *vs.* 25%) (37). These findings were supported by Antonio *et al.* [2022] in the IDS setting (38). Lim *et al.* [2022] similarly reported a survival benefit confined to the IDS subgroup, with no benefit after PDS (39). Long-term follow-up data from the OV-HIPEC-1 trial confirmed the durability of these survival benefits, reinforcing HIPEC as a valid adjunct in carefully selected patients undergoing IDS (40).

The 2019 LION trial provided evidence to support de-escalation of lymph node surgery in ovarian cancer. The trial included patients with stage IIB–IVB undergoing ovarian cytoreductive surgery, who achieved R0 resection and did not have clinically-enlarged lymph nodes. Despite the presence of microscopic lymph node metastases in 55.7% of the patients in the lymphadenectomy group, the trial demonstrated that systematic pelvic and para-aortic lymphadenectomy did not result in a mOS (65.5 *vs.* 69.2 months) or mPFS (25.5 months in both groups) benefit and was associated with a higher complication rate (12.4% *vs.* 6.5%) and mortality (3.1% *vs.* 0.9%) (41).

In recent years, with improved insight into the molecular basis of ovarian cancer, targeted therapies have increasingly

been incorporated into contemporary treatment approaches.

Vascular endothelial growth factor (VEGF) is a key promoter of angiogenesis, which contributes to solid tumour growth and metastasis in ovarian cancer. Bevacizumab, a humanised anti-VEGF monoclonal antibody, acts by inhibits angiogenesis. The GOG218 (42) and ICON 7 (43) trials, including patients with FIGO III/IV disease, showed that the use of bevacizumab during and up to 10 months after carboplatin-paclitaxel chemotherapy prolongs the mPFS by 2–4 months, with a greater survival benefit among those at high risk for disease progression. The main reported adverse side effects were high blood pressure (22.9%) and bowel perforation (2.8%) (42).

Poly-ADP ribose polymerase (PARP) inhibitors (e.g., olaparib) induce synthetic lethality by trapping PARP at single-strand DNA breaks, causing double-strand breaks that cannot be repaired in homologous recombination-deficient tumors, including BRCA1/2-mutant cancers. The SOLO1 trial (44) established the use of olaparib in maintenance therapy for patients with FIGO stage III–IV ovarian cancer with a BRCA1/2 mutation, who had a complete or partial response to platinum-based chemotherapy (without bevacizumab), demonstrating, at a 41-month median follow-up, a 70% lower risk of disease progression or death with olaparib than with placebo.

HRD is not limited to tumors with BRCA mutations and is present in approx. 50% of high-grade serous ovarian tumours. The PAOLA 1 trial (45) showed that, in HRD positive patients with advanced high-grade serous or endometrioid ovarian cancer, irrespective of BRCA status, the addition of olaparib to bevacizumab for maintenance treatment results in a survival benefit. mPFS was 37.2 *vs.* 21.7 in BRCA positive patients. In HRD positive/BRCA negative patients, mPFS was 28.1 *vs.* 16.6, while in HRD negative patients mPFS was 16 months in both arms.

The KEYLYNK-001 trial supports the addition of immunotherapy in the adjuvant and maintenance treatment of patients with BRCA negative, advanced EOC, BRCA negative patients. The combination of pembrolizumab and chemotherapy, followed by maintenance pembrolizumab plus Olaparib with or without bevacizumab, met the PFS endpoint. Further subgroup analyses from this trial are in progress (46).

In summary, the future of ovarian cancer is being shaped by molecular advancements, allowing us to tailor therapies, based on molecular signatures of chemoresistance or sensitivity. Primary surgery in expert centers offers a PFS advantage when complete gross resection is achievable,

while NACT/IDS is appropriate for frail patients, or those with a high tumor burden and low probability of achieving R0. The addition of HIPEC at the time of IDS, for patients with FIGO stage III disease who have achieved optimal cytoreduction, has promising results, while its role in upfront surgery remains uncertain.

Endometrial cancer

Endometrial cancer is the most common gynaecological cancer, with a rising incidence in the western world, as a consequence of the obesity pandemic. It is estimated that patients with a body mass index (BMI) >40 kg/m² have a 10–15% lifetime risk of developing endometrial cancer. Over 90% of patients with endometrial cancer present with post-menopausal bleeding and most of them (approx. 80%) have disease confined to the uterus (47). Screening for endometrial cancer, traditionally performed by ultrasound (US) scan and hysteroscopy, has been revolutionised by the development of the WID-Easy test, a polymerase chain reaction (PCR) DNA methylation assay from cervicovaginal secretions, first described by Herzog *et al.* in 2022 (48).

Diagnosis

EPI-SURE, a prospective, observational study based at UCLH in London, assessed the real-world performance of WID-Easy, in comparison to US. Women aged ≥45 years with abnormal uterine bleeding attending a tertiary gynaecological diagnostic referral centre were included. Reported sensitivity was the same for US and WID-EASY (90.9%), while specificity was much higher for WID-EASY (92.1% *vs.* 79.1%). 88% patient had a negative test and could be removed from the cancer pathway (49). Furthermore, Ken-Amoah *et al.* extended this evidence to a Black African population, showing WID-qEC retained high sensitivity and specificity where ultrasound underperforms, helping to address a critical equity gap in uterine cancer diagnostics (50).

Laparoscopy versus laparotomy

The safety of laparoscopic surgery in early-stage uterine cancer has been established by the LAP2 (51) and LACE (52) trials. The LAP2 trial in 2012 included 2550 patients with FIGO stage I–IIA uterine carcinoma or sarcoma, allocated 2:1 to laparoscopy [1,696] *vs.* laparotomy [920] for hysterectomy, bilateral salpingo-oophorectomy and bilateral

systematic pelvic lymph node dissection. The difference in recurrence rates at 3 years was 1.14% (11.4% *vs.* 10.2%, not significant), but laparoscopy was associated with a shorter stay and superior short-term safety (51). The 2017 LACE trial, a multi-centre RCT, included 760 patients with FIGO stage I endometrioid endometrial adenocarcinoma: 407 allocated to total laparoscopic hysterectomy, while 353 had total abdominal hysterectomy. The DFS at 4.5 years was equivalent between the laparoscopy and laparotomy groups (52). Neither of these two RCTs were powered to assess recurrence rates/DFS for high-grade tumours involving the cervix. Following the publication of LACC trial for cervical cancer, the management of high-grade endometrial tumours involving the cervix (FIGO stage II) may perhaps need to be reassessed.

Lymph node surgery

Two RCTs, Benedetti Panici *et al.* [2008] (53) and ASTEC (54) in 2009, demonstrated that lymph node surgery does not have a therapeutic value but its role is to assess the extent of disease (staging) and to provide information for adjuvant treatment decisions, as patients with positive lymph nodes benefit from chemotherapy. Two prospective non-randomised trials, FIRES (USA, 2017) (55) and SHREC (Sweden, 2019) (56) proved that SLNB, performed robotically with indocyanine green (ICG), is equivalent to systematic pelvic lymphadenectomy (PLND) and infra-renal para-aortic lymphadenectomy (IRPALND) in staging EC. After SLNB, a PLND+/- IRPALND were performed in both trials. The FIRES trial, including 385 patients with FIGO stage I endometrial cancer of all histologies and grades, reported a sensitivity of 97.2% (95% CI: 85–100%) and a NPV of 99.6% (95% CI: 97.9–100%). The rate of bilateral mapping rate was only 52%, which was thought to be related to limited surgical experience with sentinel node mapping in some centres. In 15% of cases, the sentinel node was located in the para-aortic area (55). As only 28% of the FIRES patients had high-grade tumours, a new prospective trial, SHREC, was designed to assess the diagnostic accuracy of SLNB in patients with FIGO stage I–II, high-risk EC. SHREC reported a sensitivity of 100% (95% CI: 92–100%) and NPV of 100% (95% CI: 98–100%). In case of non-display in any pathway after 10 minutes, an ipsilateral reinjection was performed at 3 or 9 o'clock. The bilateral mapping rate was 82% before and 95% after reinjection. Nodes macroscopically-suspicious were excised and sent separately from the SLNB. Only 1%

of patients had isolated para-aortic metastases (56). Sozzi *et al.* [2020], in the SENTIFAIL retrospective study, identified the following factors as predictors of SLNB failure: the presence of LVSI, non-endometrioid histology and enlarged lymph nodes at surgery (57). Finally, Nagar *et al.* [2021] published a Cochrane review looking at the diagnostic accuracy of SLNB. Thirty-three studies, including a total of 2,237 women were included. The pooled sensitivity of SLNB was 91.8% (95% CI: 86.5–95.1%) (58).

Management of uterine serous carcinoma

The management of uterine serous carcinoma is the subject of a longstanding debate, with many authors supporting, based on retrospective data, a PDS *vs.* NACT approach, similar to ovarian high-grade serous carcinoma. In a retrospective cohort, Bristow *et al.* [2001] found that, at 24 months, 57.1% of optimally cytoreduced patients were still alive, compared with just 6.7% of patients left with suboptimal disease. The strongest predictor of OS for patients with stage IV uterine papillary serous carcinoma was the amount of residual disease following surgery (59).

Mantovani *et al.* [2025] published a meta-analysis of 16 retrospective studies with 285 patients, comparing survival outcomes following PDS *vs.* IDS for patients with stage 4 EC with peritoneal carcinosis, found a mPFS of 18 *vs.* 12 months ($P=0.028$), and a mOS of 30.9 *vs.* 28.7 months ($P=0.40$), supporting PDS, when R0 can be achieved (60).

The new FIGO staging and molecular classification

The Cancer Genome Atlas (TCGA) was a landmark, large-scale project launched in 2006 (61), producing multidimensional maps of cancer genomics for 33 cancer types, showing how mutations, gene expression, and epigenetic changes drive tumor biology. It provided molecular classifications with implications for treatment and cross-cancer analyses of major biological themes. It set the foundation of precision oncology and transformed the treatment of a number of cancers including endometrial, ovarian, breast, bladder, lung, glioblastoma (62). In 2013, the TCGA project first proposed a reclassification of EC into four molecular subtypes, based on comprehensive genomic analyses: POLE ultramutated, microsatellite instability hypermutated (MSI-H), copy-number low, and copy-number high (63).

However, methodologies used in the TCGA study were costly and complex. Talhouk *et al.* introduced the

Proactive Molecular Risk Classifier for Endometrial Cancer (ProMisE) in 2017 (64), reproducing the TCGA classification with assays that could be used in routine clinical practice. Sequential immunohistochemistry (IHC) testing for MMR proteins and p53, along with POLE mutation analysis, were used to classify tumors into four molecular subtypes similar to, but not identical with TCGA: MMR-deficient (MMR-d), POLE ultramutated, p53 abnormal (p53abn), and p53 wild-type (p53wt). POLE has the best prognosis, and p53abn has the worst. This TCGA surrogate approach has been verified by the molecular portion of PORTEC 3.

The 2023 FIGO update for EC shifts staging from a purely anatomical model to an integrated system that combines histological aggressiveness, lymphovascular involvement, size and type of nodal metastases (micro- *vs.* macro-metastases), and—critically—molecular classification (e.g., POLE mutations, p53 status) to refine prognostic stratification (65).

The 2025 ESGO-ESTRO-ESP guidelines defined prognostic groups and treatment options for EC, based on the 2023 molecular classification (66).

Evolving adjuvant therapy

Postoperative adjuvant treatment for EC includes radiotherapy, chemotherapy and, increasingly, immunotherapy and targeted agents. Radiotherapy is delivered as external-beam radiotherapy (EBRT), vaginal brachytherapy (VBT), or both. PORTEC-1 [2000] was the first major trial of adjuvant radiotherapy in EC and enrolled women with intermediate-risk stage I disease (grade 1 with >50% myometrial invasion; grade 2 with any invasion; grade 3 with <50% invasion). Pelvic radiotherapy reduced locoregional recurrence (LRR) (4% *vs.* 14%) but did not improve 5-year OS (81% *vs.* 85%) and increased toxicity. Approximately 75% of recurrences in the control arm were vaginal (67). PORTEC-2, conducted in stage I–IIA high-intermediate-risk EC, showed that VBT and EBRT achieved similar vaginal-recurrence rates (5-year rates 1.8% *vs.* 1.6%), but VBT resulted in far fewer gastrointestinal toxicities (12.6% *vs.* 53.8%), establishing VBT as the preferred option for this group (68). PORTEC-3 compared CRT with EBRT alone in high-risk EC (grade 3 stage I with deep invasion and/or LVSI, stage II–III endometrioid tumours, or stage I–III serous/clear-cell cancers). Combined treatment improved 5-year PFS (75.5% *vs.* 68.6%, $P=0.022$) but not OS (81.8% *vs.*

76.7%, $P=0.11$), with the greatest benefit seen in stage III disease, at the cost of higher toxicity (69). PORTEC-4A, a phase III trial, evaluated molecularly guided adjuvant therapy in high-intermediate-risk endometrioid EC. Patients were assigned treatment by molecular subgroup (POLE-mutated, MMR-deficient, p53-abnormal, NSMP). In the molecular arm, favourable-risk tumours (POLE-mut, MMRd, and NSMP without CTNNB1 exon 3 mutation) received no adjuvant radiotherapy; intermediate-risk tumours (NSMP with CTNNB1 exon 3 mutation) received VBT, and unfavourable-risk tumours (p53-abnormal) received EBRT. Five-year vaginal recurrence was 4.5% (95% CI: 2.23–6.76%) in the molecular arm versus 1.6% (95% CI: 0.00–3.32%) with standard treatment (HR 2.71; 95% CI: 0.79–9.34). Overall, 46% of patients with favourable molecular profiles avoided radiotherapy without compromising locoregional control, while escalation for p53-abnormal tumours improved outcomes, supporting molecular classification to individualize adjuvant therapy and reduce overtreatment (70) (Table 5).

Immune checkpoint inhibitors combined with chemotherapy have recently transformed the management of advanced or recurrent EC, with greater benefit in mismatch-repair-deficient (dMMR) than mismatch-repair-proficient (pMMR) tumours (Table 6). dMMR cancers account for ~25% of EC and are usually endometrioid, whereas pMMR tumours are more heterogeneous and include carcinosarcomas. In NRG-GY018/KEYNOTE-868, the addition of pembrolizumab to first-line carboplatin-paclitaxel followed by pembrolizumab maintenance significantly improved PFS, with HRs of 0.54 in pMMR (95% CI: 0.41–0.71; $P<0.001$) and 0.30 in dMMR tumours (95% CI: 0.19–0.48; $P<0.001$), establishing pembrolizumab-based therapy as a new standard regardless of MMR status (71). Similarly, the RUBY/ENGOT-EN6/GOG-3031 trial demonstrated benefit with Dostarlimab: in the dMMR/MSI-H cohort, 24-month PFS was 61.4% versus 15.7% (HR 0.28; $P<0.0001$) and OS 83.3% versus 58.7% (HR 0.30; 95% CI: 0.13–0.70); in the pMMR/microsatellite stable (MSS) cohort, 24-month PFS was 28.4% versus 18.8% (HR 0.76; 95% CI: 0.59–0.98) and OS 67.7% versus 55.1% (HR 0.73; 95% CI: 0.52–1.02). These findings show statistically-significant benefit in dMMR disease and a favourable trend in pMMR tumours (72). The DUO-E (ENGOT-EN10/GOG-3041) trial evaluated whether adding the PARP inhibitor Olaparib to immunotherapy improves outcomes in advanced or recurrent endometrial cancer, particularly in pMMR disease.

Patients were randomised 1:1:1 to chemotherapy alone (carboplatin-paclitaxel), chemotherapy plus durvalumab with durvalumab maintenance (D), or chemotherapy plus durvalumab followed by maintenance durvalumab-olaparib (D+O). Both experimental arms significantly improved PFS versus chemotherapy, with HRs of 0.71 (95% CI: 0.57–0.89; $P=0.003$) for D and 0.55 (95% CI: 0.43–0.69; $P<0.0001$) for D+O. Benefit was observed in both dMMR (HR 0.42 and 0.41) and pMMR tumours (HR 0.77 and 0.57, respectively) (73). NIVEC is an ongoing single-arm phase II trial evaluating neoadjuvant nivolumab in resectable dMMR/MSI-H endometrial cancer (stage I–IIIC2) to reduce or potentially obviate the need for surgery. Patients receive induction programmed cell death protein 1 (PD-1) blockade prior to planned operative management. Interim phase I data presented at the 2025 SGO Annual Meeting demonstrated an 80% complete response rate among 15 patients, with seven avoiding surgery and no recurrences reported during early follow-up (74).

Targeted therapy also plays an emerging role. In human epidermal growth factor receptor 2 (HER2)-positive uterine serous carcinoma, a randomised phase II trial (NCT01367002) showed that adding trastuzumab to carboplatin-paclitaxel significantly improved PFS (12.9 vs. 8.0 months; HR 0.46; $P=0.005$), with the largest effect in stage III–IV primary treatment patients (17.7 vs. 9.3 months), and improved OS (29.6 vs. 24.4 months; HR 0.58; $P=0.046$) (75). Finally, the RAINBO programme comprises four molecularly driven adjuvant trials—p53abn-RED (olaparib after chemoradiation), MMRd-GREEN (durvalumab + RT), NSMP-ORANGE (RT + progestin de-escalation), and POLEmut-BLUE (minimal or no adjuvant therapy)—collectively enrolling ~1,600 women, with results expected by 2028 to refine personalised treatment and reduce toxicity (76).

Uterine sarcoma

Uterine sarcomas comprise a heterogeneous group of rare mesenchymal malignancies, including leiomyosarcoma, low-grade and high-grade endometrial stromal sarcoma, and undifferentiated uterine sarcoma, each characterised by distinct molecular alterations and clinical behaviour. Advances in genomic profiling have refined diagnostic classification, identifying recurrent gene fusions such as JAZF1-SUZ12 in low-grade stromal sarcoma and YWHAE rearrangements in high-grade disease, as well as frequent TP53 and RB1 pathway alterations in leiomyosarcoma (77).

Table 5 The PORTEC trials investigating adjuvant treatment in the management of endometrial cancer

Trial [year]; recruitment period	Inclusion criteria	Primary outcome(s)	Key results	Conclusions
PORTEC-1 [2000]; 1990–1997	FIGO I; intermediate-risk	LRR, OS	5-year LRR: 4% (RT) vs. 14% (no RT) 5-year OS: 81% (RT) vs. 85% (no RT)	EBRT reduces recurrence but no OS benefit; many intermediate-risk patients can avoid EBRT
PORTEC-2 [2010]; 2002–2006	FIGO I–IIA; high-intermediate-risk (age/grade/invasion) excluding serous/clear-cell	Vaginal recurrence (VBT vs. EBRT non-inferiority)	5-year vaginal recurrence: 1.8% (VBT) vs. 1.6% (EBRT); OS/DFS similar; VBT much less toxic	VBT is non-inferior and preferred due to low toxicity
PORTEC-3 [2018]; 2006–2013	FIGO I high-risk: G3, deep invasion or LVSI; FIGO II–III endometrioid; FIGO I–III serous/clear cell	OS and FFS (CRT vs. EBRT)	5-year OS: 81.8% (CRT) vs. 76.7% (RT); HR 0.76; P=0.11. 5-year PFS: 75.5% (CRT) vs. 68.6% (RT); HR 0.71; P=0.022	CRT does not significantly improve OS, but does improve PFS, especially in stage III/serous cancers
PORTEC-4A [2026]; 2016–2021	FIGO I high-intermediate-risk endometrioid endometrial cancer. Molecular-guided arm treatment allocations: (I) POLE-mutated → no adjuvant RT; (II) MMR-deficient → no adjuvant RT; (III) NSMP without CTNNB1 exon 3 mutation → no adjuvant RT; (IV) NSMP with CTNNB1 exon 3 mutation → VBT; (V) p53-abnormal → EBRT	Vaginal recurrence	5-year vaginal recurrence 4.5% (95% CI: 2.23–6.76%) in the molecular profile group and 1.6% (0.00–3.32%) in the standard group (HR 2.71 95% CI: 0.79–9.34, P non-inferiority 0.005). 46% of women with a favourable molecular profile avoided radiotherapy without compromising locoregional control	Molecular classification enables personalised adjuvant therapy, reducing overtreatment and directing escalation for high-risk biology

CI, confidence interval; CRT, chemoradiotherapy; DFS, disease-free survival; EBRT, external-beam radiotherapy; FFS, failure-free survival; FIGO, International Federation of Gynecology and Obstetrics; HR, hazard ratio; LRR, locoregional recurrence; LVSI, lympho-vascular space invasion; MMR, mismatch repair; NSMP, no specific molecular profile; OS, overall survival; RT, radiotherapy; VBT, vaginal brachytherapy.

Surgical resection remains the cornerstone of treatment, typically involving total hysterectomy with or without bilateral salpingo-oophorectomy, while routine lymphadenectomy is not recommended given low nodal involvement rates. However, the role of adjuvant therapy remains controversial. Randomised data evaluating adjuvant chemotherapy or radiotherapy have generally failed to demonstrate consistent survival benefit, contributing to ongoing variation in international practice (78). Hormonal therapy has emerged as an important strategy in hormone receptor-positive stromal sarcomas, while targeted therapies and immune checkpoint inhibitors are being explored in advanced leiomyosarcoma. Overall, modern management reflects increasing molecular stratification and the continued challenge of balancing aggressive disease biology against limited high-quality evidence in rare tumours.

Vulval cancer

Surgical management of vulval cancer has evolved

substantially over recent decades, with an increasing focus on preserving vulval and groin anatomy and function while maintaining oncological safety. A key advance has been the adoption of SLNB in appropriately selected patients, allowing many to avoid full inguinofemoral lymphadenectomy (IFL), which carries lymphoedema rates approaching 50%, and thereby markedly reducing treatment-related morbidity. The GROINSS-V (Groin Sentinel Node Trial in Vulvar Cancer) series of prospective multicentre studies were designed around this objective (Table 7). Results from the 2008 GROINSS-V I trial demonstrated that omitting IFL in patients with negative SLNB confirmed by pathological ultra-staging, was associated with low groin recurrence rates (2-year 2.3%, 5-year 2.5%), and high disease-specific survival rates (3-year 97%, 10-year 91%) (79). Building on the safety data established by GROINSS-V I, GOG-173 was a prospective, multicentre validation study designed to rigorously assess the diagnostic accuracy of SLNB in early-stage vulval SCC. Women with unifocal tumours ≤6 cm and clinically negative

Table 6 Comparison of major immunotherapy trials in the management of advanced or recurrent endometrial cancer

Trial details	Inclusion criteria	Primary outcomes	Results	Conclusion
NRG-GY018/ KEYNOTE-868 (pembrolizumab); 2023; phase III (n=816)	FIGO III–IVA, IVB, or recurrent EC (excluding carcinosarcoma); separate dMMR and pMMR cohorts; prior adjuvant chemo allowed if ≥ 12 months earlier	PFS in dMMR and pMMR populations	Pembrolizumab + carboplatin/ paclitaxel significantly improved PFS: HR 0.30 (dMMR) and HR 0.54 (pMMR); median PFS in pMMR: 13.1 vs. 8.7 months	Pembrolizumab + CT improves PFS across MMR subtypes and is a new standard first-line option for advanced/recurrent EC
RUBY (dostarlimab); 2023; phase III (n=494)	FIGO III–IV or first recurrent EC, systemic-therapy- naïve in advanced setting or ≥ 6 months post- adjuvant; includes serous/ clear-cell histologies and carcinosarcoma	24 months PFS and OS (overall and by MMR status)	dMMR/MSI-H cohort: PFS was 61.4% vs. 15.7% with chemotherapy alone (HR 0.28; $P < 0.0001$) and 24-month OS was 83.3% vs. 58.7% (HR 0.30; 95% CI: 0.13–0.70). pMMR/MSS cohort: PFS was 28.4% vs. 18.8% (HR 0.76; 95% CI: 0.59–0.98) and 24-month OS was 67.7% vs. 55.1% (HR 0.73; 95% CI: 0.52–1.02).	Dostarlimab + CT markedly improves PFS and OS, especially in dMMR/MSI-H EC
DUO-E (durvalumab \pm olaparib); 2024; phase III (n=718)	Newly diagnosed stage III–IV or recurrent EC (all epithelial histologies except sarcoma); chemo-naïve in advanced setting or relapse ≥ 12 months post-adjuvant	PFS (durvalumab + CT vs. control; durvalumab + olaparib + CT vs. control)	Both experimental arms met PFS endpoint: HR 0.71 (durvalumab) and HR 0.55 (durvalumab + olaparib); interim OS favoured durvalumab + olaparib (HR 0.59)	Durvalumab + CT, with or without olaparib maintenance, provides significant PFS benefit; supports immunotherapy + CT \pm PARPi as a first-line standard
NIVEC (nivolumab); 2025; phase II (n=40)	Resectable stage I–III dMMR/MSI-H EC; no prior immune-checkpoint inhibitor; ECOG 0–1; neoadjuvant design	Clinical or pathological CR rate post-nivolumab; secondary = ORR, PFS, OS, safety	Early phase II results: ~80% clinical CR, many omitted surgery; no early recurrences; toxicity manageable	Neoadjuvant nivolumab shows striking activity in dMMR/MSI-H EC and may allow organ-sparing treatment if durable responses are confirmed

CI, confidence interval; CR, complete response; CT, chemotherapy; dMMR, mismatch-repair-deficient; EC, endometrial cancer; ECOG, Eastern Cooperative Oncology Group; FIGO, International Federation of Gynecology and Obstetrics; HR, hazard ratio; MSI-H, microsatellite instability-high; MSS, microsatellite stable; ORR, objective response rate; OS, overall survival; PARPi, poly-ADP ribose polymerase inhibitors; PFS, progression-free survival; pMMR, mismatch-repair-proficient.

groins underwent SLN mapping using technetium and/or blue dye, followed by mandatory IFL for comparison. The trial demonstrated high sensitivity (92%) and a low false-negative rate (2–3%), particularly with dual-tracer mapping, confirming the technical reliability of SLNB (80). Together with GROINSS-V I, these results firmly established SLNB as a safe and accurate alternative to IFL in appropriately selected patients. The GROINSS-V II trial assessed whether inguinofemoral radiotherapy (50 Gy) could replace IFL in patients with early-stage unifocal vulvar SCC (<4 cm) and a positive sentinel node. Among 1,535 patients, 322 (21%) had nodal involvement. The trial was amended early due to high groin-recurrence

rates in patients with sentinel-node macrometastases (>2 mm). After amendment, radiotherapy for micrometastases (≤ 2 mm) resulted in a low 2-year isolated groin-recurrence rate (1.6%), whereas radiotherapy alone for macrometastases led to substantially higher recurrence (22%) compared with IFL (6.9%). The study concluded that radiotherapy is a safe, lower-morbidity alternative to IFL for micrometastases, while IFL remains required for macrometastases (81). Building on GROINSS-V II, which demonstrated inadequate control of sentinel-node macrometastases with 50 Gy radiotherapy, the ongoing GROINSS-V III (NRG-GY024) trial is evaluating whether dose-escalated groin radiotherapy (56 Gy) with weekly

Table 7 Trials investigating groin nodes management in vulval cancer

Trial [year]; recruitment period	Primary outcome	Key results	Conclusions
GROINSS-V [2008]; 2000–2006	Isolated groin-recurrence rate with omission of IFL in SLNB-negative patients	In SLNB-negative patients: isolated groin recurrence 2–3%; 10-year disease-specific survival ~91%	SLNB-negative patients with early unifocal vulvar SCC <4 cm can safely avoid IFL
GOG-173 [2012]; 1999–2009	Diagnostic accuracy of SLNB vs. full IFL	Sensitivity 92%; false-negative rate 2–3% (best with dual tracers)	Validated the accuracy of SLN biopsy, supporting its use as an alternative to full IFL in selected early-stage disease
GROINSS-V II [2021]; 2005–2016	2-year isolated groin-recurrence rate using RT (50 Gy) instead of IFL for SLN-positive patients	Micrometastases (≤ 2 mm): RT recurrence ~1.6%. Macrometastases (>2 mm): RT recurrence ~22% vs. 6.9% with IFL	RT is safe for SLN micrometastases but not for macrometastases; IFL remains standard for >2 mm disease
GROINSS-V III (ongoing); 2021–	2-year groin-recurrence rate using dose-escalated chemoradiation instead of IFL in SLN macrometastases	Ongoing; planned intervention is escalated groin RT to 56 Gy + weekly cisplatin	Evaluates whether intensified chemoradiation can safely replace IFL in higher-risk patients (macrometastases/ECE/multiple micrometastases)

ECE, extracapsular extension; FIGO, International Federation of Gynecology and Obstetrics; IFL, inguinofemoral lymphadenectomy; RT, radiotherapy; SCC, squamous cell carcinoma; SLN, sentinel lymph node; SLNB, sentinel lymph node biopsy.

cisplatin can replace IFL in patients with early-stage vulvar SCC and high-risk nodal features (>2 mm macrometastases, extracapsular extension, or multiple micrometastases). Eligible patients have unifocal tumors <4 cm, clinically node-negative groins, and adequate performance status. The trial is actively recruiting, with results anticipated around 2029 (82).

In SLNB for vulvar cancer, the choice of tracer is crucial for surgical success and minimizing complications. All GROINSS-V studies and GOG-173 used a dual-tracer sentinel-node mapping technique, combining a technetium-99m radiocolloid with a blue dye (Patent Blue or isosulfan blue). In 2020, a randomized control trial demonstrated that SLN detection using ICG with near-infrared (ICG-NIR) fluorescence imaging achieved a significantly higher detection rate compared to blue dye (92.5% vs. 65.3%), suggesting that ICG-NIR significantly enhances nodal visualization and may reduce dye-related adverse effects (83). A subsequent systematic review reported SLN detection rates ranging from 90% to 100% with ICG + NIR fluorescence, outperforming traditional approaches such as ^{99m}Tc + blue dye (84). A 2025 retrospective study including 225 patients further validated the effectiveness of ICG \pm ^{99m}Tc in SLN mapping, reinforcing the reliability and promising potential of ICG as a tracer in vulvar cancer surgery (85).

The 2021 FIGO classification for vulvar cancer

introduced major updates to improve prognostic accuracy and guide clinical management. Early-stage disease was simplified, with stage IA defined solely by ≤ 1 mm depth of invasion, and stage III restructured to reflect the number and size of nodal metastases and the presence of extracapsular extension. Pelvic nodes were classified as stage IVB, while fixed or ulcerated groin nodes became stage IVA. These refinements better align staging with sentinel-node practice and support more tailored treatment, recognising that metastatic burden and extra-capsular extension carry worse outcomes and may justify more aggressive locoregional therapy (86).

HPV-associated and p53-abnormal (HPV-independent) vulvar SCC are biologically distinct diseases, with HPV-positive tumours generally carrying a lower risk of local recurrence and p53-abnormal tumours behaving more aggressively. The ongoing STRIVE trial, open for recruitment in 2024 with results expected in 2030, applies this biological distinction by stratifying patients according to HPV and p53 status to guide the required width of surgical excision. It enrolls women undergoing primary surgery for vulvar SCC and assigns them to molecular subgroups to compare 3-year local-recurrence rates under tailored excision strategies. Key outcomes include local control, margin status, and the feasibility of reducing re-excision in low-risk groups while intensifying treatment only for high-risk disease (87).

In the 2022 phase II basket trial KEYNOTE-158, 101 patients with advanced vulval SCC with previous treatment failure, received Pembrolizumab every 3 weeks for up to two years; the objective response rate was 10.9% (95% CI: 5.6–18.7%) overall, with a median duration of response of 20.4 months, median PFS of 2.1 months and median OS of 6.2 months. Responses occurred irrespective of tumour PD-L1 status and the treatment was generally well tolerated (grade ≥ 3 treatment-related adverse events 11.9%). This shows the promise of immunoradiotherapy in the setting of unresectable disease (88). The APOLLO study, with accrual started July 2023 and completion expected July 2026, is a multicentre, single-arm phase II proof-of-concept trial evaluating neoadjuvant Pembrolizumab in patients with primary, resectable vulval SCC FIGO I–III, whose largest lesion is ≥ 10 mm. The trial aims to assess tumour shrinkage (RECIST 1.1), immune activation, pathologic complete response at surgery, feasibility and safety, with the hope of reducing surgical radicality and adjuvant therapy in responsive patients (89).

Vaginal cancer

Primary vaginal cancer remains a rare malignancy, accounting for approximately 1–2% of gynaecological cancers, and consequently its management has evolved largely through prospective radiotherapy cohorts, population-based analyses and consensus guideline development rather than disease-specific phase III randomised trials. Contemporary treatment has shifted towards definitive CRT for most stage II–IV tumours, incorporating modern techniques such as intensity-modulated radiotherapy and IGABT, which allow improved tumour coverage and reduced toxicity to surrounding pelvic organs. Early multi-institutional radiotherapy series established the feasibility and efficacy of definitive radiation approaches in vaginal carcinoma, demonstrating meaningful pelvic control rates with combined EBRT and brachytherapy (90). Subsequent advances in MRI-based brachytherapy planning further refined treatment delivery, with studies showing improved local control and reduced severe late morbidity compared with historical point-based techniques (91). Population-level analyses using Surveillance, Epidemiology, and End Results (SEER) datasets have clarified prognostic factors and supported the increasing use of radiotherapy \pm chemotherapy as a primary modality, particularly in patients with locally advanced disease (92). Surgical management has become

more selective, with local excision reserved for carefully chosen early-stage lesions and radical procedures such as pelvic exenteration concentrated in specialist centres. Sentinel lymph-node mapping is under investigation in small prospective series but has not yet achieved widespread adoption. More recently, recognition of the biological heterogeneity of vaginal squamous cell carcinoma, including HPV-associated and HPV-independent pathways, has stimulated interest in systemic and biomarker-driven therapies. Although evidence remains limited, immune checkpoint inhibitors have demonstrated activity in heavily pretreated patients with rare gynaecological squamous cancers within basket trials such as KEYNOTE-158, supporting their consideration in recurrent or metastatic disease with limited therapeutic options (93). Overall, modern management of vaginal cancer reflects broader trends in GO toward multidisciplinary care, technological refinement in radiotherapy, and cautious treatment individualisation despite the ongoing limitations of a predominantly non-randomised evidence base.

GTN

GTN represents one of the most dramatic success stories in modern oncology, with cure rates exceeding 90–95% even in metastatic disease owing to exquisite chemosensitivity and structured international treatment algorithms. Risk stratification using the FIGO/World Health Organization (WHO) scoring system has enabled treatment individualisation, allowing single-agent chemotherapy such as methotrexate or actinomycin-D for low-risk disease while reserving multi-agent regimens for high-risk patients (94). Centralisation of care to specialist trophoblastic centres has further improved survival and reduced treatment-related morbidity. Contemporary management increasingly emphasises fertility preservation, with most women achieving subsequent successful pregnancies following treatment. Surgical intervention is now selectively employed, typically for chemotherapy-resistant foci or life-threatening haemorrhage. More recently, advances in tumour immunobiology have identified high programmed cell death ligand 1 (PD-L1) expression in trophoblastic tumours, prompting investigation of immune checkpoint inhibitors. Early prospective and retrospective series have demonstrated meaningful response rates to agents such as pembrolizumab or avelumab in chemotherapy-resistant GTN, suggesting a potential paradigm shift for heavily pretreated patients (95,96).

These developments highlight GTN as a model for risk-adapted therapy, fertility-sparing care and the integration of immunotherapy into rare gynaecological malignancies.

Discussion

Cervical cancer management is undergoing a decisive shift from uniformly radical surgery towards prevention, precision and de-escalation. Population-level data now confirm that prophylactic HPV vaccination delivers >90% protection against CIN2+/CIN3+ from vaccine types and up to 88% reductions in invasive cancer in fully vaccinated cohorts, suggesting that incident disease burden will fall dramatically in coming decades. In parallel, LACC and subsequent data have re-established open radical hysterectomy as the standard for most early-stage tumours, while trials such as ConCerv, LESSER and SHAPE support downgrading from radical to simple hysterectomy in carefully selected low-risk IA2–IB1 lesions without compromising oncological outcomes. SLNB, validated by SENTICOL and SENTIX, further reduces treatment morbidity, and for locally advanced disease, INTERLACE and KEYNOTE-A18 show that adding induction chemotherapy and pembrolizumab to chemoradiation can meaningfully improve survival.

In advanced ovarian cancer, the debate has shifted from “primary surgery versus chemotherapy” to “who benefits most from which sequence, in which centre”. Vergote *et al.*/EORTC 55971 and CHORUS established NACT with IDS as a non-inferior, less morbid alternative to PDS, particularly for frail patients or those with high tumour burden. However, Onda *et al.* and SCORPION highlighted the impact of histology, R0 rates, disease distribution and pre-operative triage on outcomes, while TRUST, conducted in rigorously audited high-volume centres, suggested a PFS advantage for PDS when R0 is achievable. At the same time, LION has supported de-escalation of systematic lymphadenectomy, OV-HIPEC and related trials have revived interest in intraperitoneal strategies at interval surgery, while PARP inhibitors, Bevacizumab and emerging chemo-immunotherapy combinations are pushing ovarian cancer firmly into the era of biomarker-driven, multi-modal care.

Endometrial cancer highlights the rapid clinical impact of molecular classification. Surgical safety has been transformed by high-quality laparoscopic data (LAP2, LACE), and sentinel-node mapping with ICG has largely replaced systematic lymphadenectomy for staging in

many centres. TCGA and ProMisE have shifted thinking away from a purely anatomical model toward four distinct molecular risk groups, now incorporated into the 2023 FIGO staging update and the 2025 ESGO–ESTRO–ESP guidelines. PORTEC-1 to 4A trace a clear trajectory from “treat all” pelvic radiotherapy to increasingly personalised adjuvant strategies in which a substantial subset can safely avoid radiotherapy, while others receive escalated chemoradiation. Concurrently, phase III trials such as NRG-GY018, RUBY and DUO-E show that PD-1 blockade (with or without PARP inhibition) delivers particularly striking benefit in dMMR disease but also clinically meaningful improvements in pMMR tumours. HER2-targeted therapy and the RAINBO platform further extend precision approaches to serous and other high-risk subtypes.

In vulval cancer, the dominant theme is radical morbidity reduction anchored in robust prospective data. The GROINSS-V and GOG-173 programmes have transformed groin management, showing that SLNB with ultrastaging can safely replace routine IFL in node-negative early disease, and that radiotherapy is an appropriate substitute for surgery in patients with only micrometastatic nodal involvement. GROINSS-V III will test whether dose-escalated chemoradiation can extend this principle to macrometastatic nodes. Parallel advances in mapping technology, particularly indocyanine-green fluorescence, improve sentinel-node detection while reducing dye-related toxicity. Updated FIGO staging now better reflects nodal burden and extracapsular spread, and trials such as STRIVE, which stratify excision by HPV and p53 status, signal a move toward biologically guided surgical margins. For unresectable or recurrent disease, checkpoint inhibition (KEYNOTE-158) and neoadjuvant immunotherapy studies like APOLLO suggest that even rare tumours will share in the broader immuno-oncology revolution.

Prevention has become a central pillar of contemporary GO, driven by advances in genetic risk assessment and risk-reducing interventions. Germline BRCA1 and BRCA2 mutations confer substantial lifetime ovarian cancer risks (approximately 40–60% and 15–25%, respectively), and risk-reducing bilateral salpingo-oophorectomy reduces incidence by up to 80–90% while improving OS (97). Opportunistic salpingectomy is increasingly adopted as a population-level strategy, reflecting evidence that many high-grade serous carcinomas arise from the distal fallopian tube. In Lynch syndrome, risk-reducing hysterectomy with bilateral salpingo-oophorectomy significantly decreases both

endometrial and ovarian cancer risk and is recommended after completion of childbearing (98). Alongside this, molecular tumour testing, cascade genetic screening and personalised surveillance programmes are enabling earlier diagnosis and targeted prevention. Collectively, these developments mark a shift from treatment-focused care toward proactive risk modification.

In parallel, there is a growing emphasis on patient-reported outcome measures (PROMs), functional recovery and survivorship. MIS in endometrial cancer (LAP2, LACE) is associated with faster recovery and improved early quality of life without compromising survival. In cervical cancer, the SHAPE trial demonstrated reduced bladder, urinary and sexual dysfunction with less radical surgery, supporting de-escalation on both oncological and functional grounds. Sentinel lymph-node approaches across cervical, endometrial and vulvar cancers similarly reduce lymphoedema and neurological morbidity. However, PROM reporting remains inconsistent—particularly in ovarian cancer and rare tumours—highlighting the need for routine integration of validated quality-of-life metrics in future trials.

While several of the studies discussed have driven major changes in clinical practice, it is important to interpret their findings within the context of their limitations. Many landmark trials reflect highly selected patient populations and outcomes achieved in expert centres, which may not be directly generalisable to all clinical settings. In ovarian cancer, for example, differences in surgical quality and complete resection rates across trials have influenced interpretation of the relative benefits of primary versus interval cytoreduction. Similarly, in cervical cancer, the LACC trial raised important concerns regarding MIS, although questions remain regarding the influence of surgical technique and case selection. De-escalation trials such as SHAPE provide high-level evidence in carefully defined low-risk groups, but their findings should not be extrapolated beyond these populations. In addition, emerging therapies, particularly immunotherapy and targeted combinations, are often supported by relatively short follow-up and evolving endpoints. Taken together, these considerations highlight the importance of applying trial data within appropriate clinical context rather than assuming uniform applicability across all patient groups.

Importantly, not all advances are equally implementable in routine practice. Widely adopted interventions include HPV vaccination, sentinel lymph-node mapping in selected early-stage disease, and molecular risk stratification. In

contrast, complex procedures such as ultra-radical ovarian cytoreduction, HIPEC and IGABT are largely confined to high-volume specialist centres. Emerging strategies—including neoadjuvant immunotherapy and biologically tailored surgery—remain investigational or selectively applied, pending maturation of survival data and wider resource availability. Recognising this gradient of feasibility is essential to ensure equitable translation of innovation into clinical care.

A critical enabler of many contemporary advances in GO is the centralisation of complex care within high-volume specialist centres and the development of coordinated regional networks. Outcomes in advanced ovarian cancer are closely linked to surgical volume, multidisciplinary expertise and the ability to achieve complete cytoreduction with low morbidity. Similar principles apply to technically demanding treatments such as IGABT, pelvic exenteration and management of rare tumours. Consequently, modern care increasingly follows hub-and-spoke models, whereby patients are managed locally where appropriate but referred to tertiary centres for complex interventions or clinical trials. Effective networks rely on structured referral pathways, shared multidisciplinary decision-making, harmonised treatment protocols and bidirectional communication to support perioperative care and survivorship closer to home. Such models aim to balance equitable access with concentration of expertise and are likely to define the future of high-quality GO.

Limitations of our study include selection bias and lack of formal meta-analytic synthesis.

Conclusions

Taken together, these developments redefine the role of the Gynaecological Oncologist. Across cervical, ovarian, endometrial and vulval cancers, the contemporary surgeon must be as comfortable interpreting molecular reports, trial data and immunotherapy indications as performing ultra-radical cytoreduction or meticulously conservative procedures. The trajectory is clear: prevention and early detection where possible; de-escalation of surgery when safe; concentration of ultra-radical procedures in expert centres; and integration of radiotherapy, systemic therapy and immune- or targeted agents according to molecularly defined risk. The next decade will likely see further convergence of these themes, with multidisciplinary, biomarker-driven, surgically excellent care replacing historical “one-size-fits-all” approaches across the spectrum

of gynaecological malignancies.

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Footnote

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