

Appendix 1

Table AI Treatment and monitoring pathways developed from the NICE guideline. [6]

Treatment allocation criteria (NICE informed pathways: NICE intensive and NICE conservative)*							
CCT	>590 µm		555-590 µm		<555 µm		Any
Untreated IOP (mmHg)	>21 - 25	>25 - 32	>21 to 25	>25 to 32	>21 to 25	>25 to 32	>32
Age (years)	Any	Any	Any	Treat until 60	Treat until 65	Treat until 80	Any
Initial treatment	No treatment	No treatment	No treatment	BB	PGA	PGA	PGA
Monitoring intervals							
<i>NICE intensive</i>							
IOP only	N/A	N/A	N/A	At 2 months	At 2 months	At 2 months	At 2 months
Full assessment*	Every 12 months	Every 6 months	Every 6 months	Every 6 months	Every 4 months	Every 4 months	Every 4 months
<i>NICE conservative</i>							
IOP only	N/A	N/A	N/A	At 2 months	At 2 months	At 2 months	At 2 months
Full assessment**	Every 24 months	Every 12 months	Every 12 months	Every 12 months	Every 6 months	Every 6 months	Every 6 months

NA, not applicable; BB, beta-blockers; PGA, prostaglandin analogue. IOP, Intraocular pressure; CCT, Central Corneal Thickness

*Untreated individuals and deemed at low risk of glaucoma conversion (CCT>590µm and IOP<32mmHg) are not discharged and this is a deviation from the NICE guideline.

** Full assessment: IOP and assessment of the optic nerve head, and visual fields.