

1 **Mesopic and dark-adapted two-color fundus-controlled perimetry in patients**  
2 **with cuticular, reticular and soft drusen**

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39

**Abstract**

**Purpose:** To examine the feasibility and utility of dark-adapted two-color fundus-controlled perimetry (FCP) in patients with cuticular, reticular and soft drusen and to compare FCP data to microstructural spectral-domain optical coherence tomography (SD-OCT) data.

**Methods:** Forty-four eyes (24 eyes of 24 patients with drusen, age  $69.4 \pm 12.6$  years; 20 normal eyes of 16 subjects,  $61.7 \pm 12.4$  years) underwent duplicate mesopic, dark-adapted cyan and dark-adapted red FCP within  $14^\circ$  of the central retina (total of 12,936 threshold tests) using the S-MAIA (Scotopic-Macular-Integrity-Assessment, CenterVue, Padova, Italy) device. FCP data were registered to SD-OCT data to obtain outer nuclear layer, inner and outer photoreceptor segment and retinal-pigment-epithelium-drusen-complex (RPEDC) thickness data spatially corresponding to the stimulus-location and area ( $0.43^\circ$ ). Structure-function-correlations were assessed using mixed-effects models.

**Results:** Mean deviation values for eyes with cuticular, soft and reticular drusen were similar for mesopic (-2.1dB;-3.4dB;-3.6dB) and dark-adapted red (-1.4dB;-2.6dB;-3.3dB) FCP. For dark-adapted cyan FCP (0.1dB;-1.9dB;-5.0dB) and for the cyan-red sensitivity difference (+1.0dB;+0.5dB;-2.4dB), the mean deviation values differed significantly in dependence of the predominant drusen type (one-way ANOVA;  $p < 0.05$ ). RPEDC thickness was associated with reduction of mesopic sensitivity (-0.34dB/10 $\mu$ m RPEDC-thickening;  $p < 0.001$ ), dark-adapted cyan sensitivity (-0.11dB/10 $\mu$ m RPEDC-thickening;  $p = 0.003$ ) and dark-adapted red sensitivity (-0.26 dB/10 $\mu$ m RPEDC-thickening;  $p < 0.001$ ).

63 **Conclusions:** In contrast to mesopic FCP, dark-adapted two-color FCP allowed for  
64 meaningful differential testing of rod- and cone-function in patients with drusen  
65 indicating predominant cone-dysfunction in eyes with cuticular drusen and  
66 predominant rod-dysfunction in eyes with reticular drusen. RPEDC thickness was the  
67 strongest predictor of the evaluated SD-OCT biomarkers for point-wise sensitivity.

68

## 69 **Introduction**

70 Late stage age-related macular degeneration (AMD) is the leading cause of visual  
71 impairment in developed countries.<sup>1</sup> Currently, no therapy is available for the non-  
72 exudative late stage manifestation of AMD termed geographic atrophy (GA).<sup>2</sup>  
73 Moreover, long-term results of anti-vascular endothelial growth factor (VEGF)  
74 treatment for the exudative late stage manifestation (choroidal neovascularisation)  
75 are limited, since a significant proportion of patients progresses to severe visual  
76 impairment over time despite of treatment.<sup>3</sup> Thus, there is an unmet need for  
77 therapeutic strategies that prevent conversion from early AMD to both of the late  
78 stage manifestations.<sup>1</sup>

79 However, clinical trials in the setting of intermediate AMD constitute a challenge due  
80 to the lack of validated structural and functional surrogate endpoints beyond  
81 conversion to late AMD.<sup>4</sup> Best-corrected visual acuity (BCVA) is inappropriate since it  
82 is normal or only minimally impaired in most patients.<sup>5</sup> Prompted by histological  
83 findings indicating that rod- may exceed cone-loss in eyes with AMD, previous  
84 studies have focused on probing rod-function.<sup>6</sup> These include dark-adapted  
85 perimetry,<sup>7,8</sup> two-color dark-adapted perimetry<sup>9</sup> and rod-mediated dark  
86 adaptation.<sup>10-13</sup> Yet, all of the aforementioned functional tests are not fundus-  
87 controlled limiting the accuracy of structure-function correlation. So far, one other  
88 study has probed dark-adapted thresholds under scotopic conditions in patients with  
89 AMD and reticular drusen using fundus-controlled perimetry (FCP) for precise  
90 structure-function correlation.<sup>8,14</sup> Recently, a modified version of the Macular Integrity  
91 Assessment (MAIA, CenterVue, Padova, Italy) device with two additional projection  
92 LEDs has become available. It allows for mesopic testing (background 1.27 cd/m<sup>2</sup>)

93 FCP with achromatic stimuli as well as two-color dark-adapted FCP with cyan (505  
94 nm) and/or red (627 nm) stimuli.<sup>15–18</sup>

95 Structural biomarkers in intermediate AMD have been assessed by color fundus  
96 photography, volumetric SD-OCT data, qualitative SD-OCT data and fundus  
97 autofluorescence (FAF).<sup>4</sup> In terms of structure-function correlation with quantitative  
98 SD-OCT data, retinal-pigment-epithelium+drusen-complex (RPEDC) thickness,  
99 drusen thickness and outer retina thickness have been shown to be associated with  
100 photopic (standard automated perimetry) sensitivity, rod-mediated dark-adaptation as  
101 well as mesopic FCP sensitivity.<sup>19–25</sup> In the setting of reticular drusen, partial outer  
102 retinal volume (outer nuclear layer and inner segments) was shown to be markedly  
103 associated with dark-adapted sensitivity using FCP.<sup>8,14</sup>

104 Multiple drusen phenotypes, which represent the hallmark finding in early and  
105 intermediate AMD, have been distinguished including soft drusen, cuticular drusen  
106 and reticular drusen (subretinal drusenoid deposits).<sup>26</sup> While dyschromatopsia as well  
107 as reduction of photopic and mesopic sensitivity have been previously reported for  
108 patients with cuticular drusen (in presence of central vitelliform lesions), subjective  
109 night-blindness or rod-dysfunction have not been reported for patients with cuticular  
110 drusen.<sup>27,28</sup> In contrast multiple studies have described rod-dysfunction in patients  
111 with soft drusen (cf. above) and most notably for eyes with reticular drusen.<sup>8,12,14,19,29–  
112 32</sup>

113 The present work examines the feasibility and utility of dark-adapted two-color FCP  
114 with the S-MAIA device in patients with cuticular, soft and reticular drusen as  
115 compared to age-matched normal eyes. Based on previous psychophysical studies,  
116 we hypothesized that dark-adapted two-color FCP would allow for differential  
117 functional phenotyping of eyes with cuticular drusen (predominant cone-dysfunction),

118 soft drusen (cone- and rod-dysfunction) and reticular drusen (predominant rod-  
119 dysfunction). Effect sizes of SD-OCT structural biomarkers on mesopic and dark-  
120 adapted cyan and red sensitivity were compared as a prerequisite for clinical trial  
121 design.

## 122 **Methods**

### 123 *Subjects*

124 To be included at least one eye of the subjects had to show cuticular drusen, reticular  
125 drusen or signs of intermediate AMD (large drusen [ $\geq 125 \mu\text{m}$ ] or pigmentary  
126 abnormalities associated with at least medium drusen [ $\geq 63 < 125 \mu\text{m}$ ]).<sup>33</sup> All patients  
127 were recruited at the Department of Ophthalmology, University of Bonn, Germany.  
128 Exclusion criteria were refractive errors  $\geq 5.00$  diopters of spherical equivalent and  $>$   
129  $1.50$  diopters of astigmatism assessed by autorefraction (ARK-560A, Nidek,  
130 Gamagori, Japan) as well as a history of glaucoma or relevant anterior segment  
131 diseases with media opacity including cataract. Eyes with blue-light filtering  
132 intraocular lenses were not included in this study. If both eyes met the inclusion  
133 criteria, the eye with better visual acuity was included. All subjects underwent routine  
134 ophthalmological examinations including best-corrected visual acuity (BCVA), slit-  
135 lamp and funduscopy examinations. Spectral-domain optical coherence tomography  
136 (SD-OCT) raster scanning was performed using a  $30^\circ \times 25^\circ$  scan field (121 B-scans,  
137 automated real time (ART) mode 20 frames, centered on the fovea, Spectralis OCT2,  
138 Heidelberg Engineering, Heidelberg, Germany). The study was approved by the  
139 Institutional Review Board of the University of Bonn (ethics approval ID: 191/16).  
140 After explanation of the nature and possible consequences of the study, informed  
141 written consent was obtained from all subjects. The protocol followed the tenets of  
142 the Declaration of Helsinki.

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145

146 *Normal controls*

147 A dataset of 20 normal eyes of 16 subjects (mean age  $61.7 \pm 12.4$  years, 10 females)  
148 with duplicate mesopic, dark-adapted cyan and dark-adapted red FCP (total of 5880  
149 threshold tests) was used as a comparator.<sup>15</sup> The hierarchical nature of the data  
150 (stimulus position nested in eye nested in patient) was taken into account using  
151 mixed-effects models.<sup>34</sup> SD-OCT data was obtained from 21 subjects in normal  
152 retinal health (mean age  $71.5 \pm 11.3$  years, 15 females). These eyes have been  
153 previously included in a point-wise retest-reliability analysis.<sup>15</sup> As dense SD-OCT  
154 scans were not available for all normal subjects that underwent duplicate FCP, the  
155 cohorts for the normative SD-OCT and FCP data are not identical but overlap.

156

157 *Fundus-controlled perimetry*

158 A short mesopic practice examination was performed in patients with no prior  
159 perimetry or FCP experience. Following pupil dilatation with 0.5% tropicamide, all  
160 patients underwent duplicate mesopic (achromatic stimuli, 400-800 nm) FCP,  
161 followed by 30 min of dark adaption (light level  $< 0.1$  lux) and then duplicate DA cyan  
162 (505 nm) and duplicate DA red (627 nm) FCP. All tests were carried out using a grid  
163 of 49 stimuli covering  $14^\circ$  of the central retina with the S-MAIA. Mesopic testing was  
164 performed with the preset 4-2 dB staircase strategy, while DA testing was performed  
165 with the preset 2-1 dB staircase strategy. The stimulus size was  $0.43^\circ$  (Goldmann III).  
166 The exact test algorithm has been described previously in detail.<sup>16</sup>

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170 *Image analysis and grading*

171 Volumetric SD-OCT data were automatically segmented as implemented in the  
172 manufacturer's software (Spectralis Viewing Module 6.3.2.0, Heidelberg Engineering,  
173 Heidelberg, Germany). Thereafter, the segmentation was reviewed and – if indicated  
174 - manually corrected by two consecutive readers. We defined all layers between the  
175 internal limiting membrane (ILM) and the boundary of the outer plexiform layer (OPL)  
176 and outer nuclear layer (ONL) as inner retina.<sup>35</sup> In analogy to *Sadigh et al.*, the Henle  
177 fiber layer (HFL) was counted towards the ONL.<sup>36</sup> The inner and outer photoreceptor  
178 segment (IS+OS) thickness ranged from band 1 (ELM) to band 3 (putative  
179 interdigitation zone).<sup>35</sup> The RPE-drusen complex (RPEDC) ranged from band 3 to  
180 Bruch's membrane. As defined by *Chiu et al.*, the RPEDC encompassed all drusen  
181 material, whether below the RPE (soft drusen and cuticular drusen) or above the  
182 RPE (reticular drusen, vitelliform debris).<sup>37</sup> The thickness from ILM to Bruch's  
183 membrane was defined as full retinal thickness. Further, the eyes of the patients  
184 were classified according to the predominant drusen type in analogy to *Gliem et al.*<sup>38</sup>  
185 The specific criteria are listed in Table S1 (Figure 1).<sup>38</sup>

186 Volumetric thickness maps for each layer were transferred as tab-delimited file to  
187 ImageJ (U.S. National Institutes of Health, Bethesda, Maryland, USA) together with  
188 an outer retinal en-face image (mean intensity projection, 50  $\mu\text{m}$  thick slab centered  
189 on IS/OS). To account for eye tilt and eye rotation between the FCP and SD-OCT  
190 examinations, the FCP data was registered to the outer retinal en-face image using  
191 the moving least squares (non-linear) method (alpha 1.0, mesh resolution 32, affine  
192 transformation) as implemented in ImageJ (Figure 2). The mean thickness values of  
193 the volumetric SD-OCT data topographically corresponding to the stimuli locations

194 and area (diameter of  $0.43^\circ$ ) were extracted using the measure function of ImageJ  
195 (Figure 2).

196

### 197 *Outcome measures and statistical analyses*

198 Statistical analyses were performed using the software environment R and the  
199 package nlme.<sup>39</sup> Visual acuity measurements (Snellen fractions) were converted to  
200 the base-10 logarithm of the minimum angle of resolution (logMAR).<sup>40</sup> The mean  
201 deviation (MD), corrected pattern standard deviation (cPSD) and short-term  
202 fluctuation were calculated according to Heijl and associates.<sup>41</sup> Cumulative defect  
203 curves (Bebie curves) were plotted to allow for graphical separation of focal and  
204 global components of visual field deficit.<sup>42</sup> The MD was compared for each type of  
205 testing among the types of drusen using analyses of variance (ANOVA) followed by  
206 Tukey's honest significance test.

207 For the retinotopic structure function correlation, both the FCP and SD-OCT  
208 normative data were standardized (z-scores) to fully account for the retinotopic  
209 dependence of mean values and inter-individual variability. In a first step, predictor  
210 variables were identified that showed a significant effect on sensitivity by constructing  
211 mixed-effects models for each SD-OCT biomarker separately. The mixed-effects  
212 models took into account the hierarchical structure of the data (stimulus location  
213 nested in eye) and included the results of both, the test and retest. Last, a mixed-  
214 effect model with all of the previous significant predictors was constructed to  
215 compare the effect sizes of the biomarkers.

216

## 217 **Results**

218

### 219 *Cohort characteristics*

220 Perimetry data of 24 eyes with intermediate AMD (24 patients, age [mean±SD]  
221 69.4±12.6 years, range 48.3–90.1 years, 16 female) with duplicate mesopic, dark-  
222 adapted cyan and dark-adapted red FCP were included in the analysis. The average  
223 BCVA was 0.07±0.09 logMAR (Snellen equivalent approximately 20/25). For every  
224 patient, the mean deviation (MD) and corrected pattern standard deviation (cPSD)  
225 visual field indices were computed. Further, the patients were classified according to  
226 their predominant drusen type as shown for three exemplary cases in Figure 1 (see  
227 also Table 1).

228

### 229 *Retest-variability*

230 The short-term fluctuation as indicator of retest-variability was low in eyes with  
231 intermediate AMD for all three types of testing with values (mean [range]) of 1.99 dB  
232 (1.4 – 2.94 dB) for mesopic, 1.91 dB (1.28 – 3.36 dB) for dark-adapted cyan and 1.61  
233 dB (1.1 – 2.86 dB) for dark-adapted red testing, respectively. The short-term  
234 fluctuation values did not differ from the short-term fluctuation values in normal eyes  
235 for mesopic (1.8 dB [1.22 – 2.51 dB]), dark-adapted cyan (1.92 dB [1.24 – 3.64 dB])  
236 and dark-adapted red (1.52 dB [1.09 – 2.51 dB]) testing (t-test, p=0.08, p=0.94 and  
237 p=0.37, respectively).

238

239

240 *Differences in visual field indices*

241 For mesopic testing, eyes with cuticular (average MD of -2.1 dB), soft (-3.4 dB) and  
242 reticular drusen (-3.6 dB) exhibited similar MD values (one-way ANOVA,  $p=0.613$ ).  
243 Similarly, there were no significant differences for the dark-adapted red MD values (-  
244 1.4 dB vs. -2.6 dB vs. -3.3 dB;  $p=0.32$ ). For dark-adapted cyan testing, the MD values  
245 differed significantly in dependence of drusen type ( $p=0.00264$ ). Post-hoc  
246 comparisons using the Tukey HSD test indicated that the mean MD value for reticular  
247 drusen (-5.0 dB) was significantly lower as compared to cuticular (+0.1 dB,  $p=0.0019$ )  
248 drusen and (not significantly) lower as compared to soft drusen (-1.9 dB,  $p=0.053$ ).  
249 Likewise, the MD value for the cyan-red sensitivity difference was significantly  
250 associated with the drusen type ( $p=0.001$ ). It was significantly lower for reticular  
251 drusen (-2.4 dB) as compared to both, cuticular (+1.0 dB,  $p=0.001$ ) and soft (+0.5 dB,  
252  $p=0.004$ ) drusen. Evaluating the three functional tests and the cyan-red difference in  
253 dependence of eccentricity (Figure 3), a similar degree of mesopic and dark-adapted  
254 red MD was observed at 0-1° and 3° for cuticular drusen (Figure 3). As only subtle  
255 differences for the dark-adapted cyan threshold as compared to normative data were  
256 found, the cyan-red difference for cuticular drusen showed positive MD values at 0-1°  
257 and 3° indicating cone-dysfunction. Eyes with soft drusen exhibited similar amounts  
258 of MD values across all three types of testing across all eccentricities, indicating a  
259 similar degree of cone- and rod-dysfunction. For eyes with reticular drusen the dark-  
260 adapted cyan MD exceeded the dark-adapted red MD markedly at 3°-7°, indicating  
261 predominant rod-dysfunction.

262 The cPSD disclosed similar results as compared to the MD values (Table 1).

263

264 *Retinotopic structure-function correlation*

265 The inter-individual variability of both FCP and SD-OCT data varied in dependence of  
266 the retinal location. For instance with regard to dark-adapted red testing, a deviation  
267 of 5 dB at 7° for a given stimulus point would exceed the 95% confidence interval (CI  
268 =  $1.96 \times SD_{7^\circ \text{ red}}$ , Table S2), while the same amount of deviation at 0-1° would still be  
269 within the 95% CI. Likewise, ONL thinning by more than -24  $\mu\text{m}$  at 7° would be  
270 outside of the 95% CI, while the same amount of ONL thinning would still be within  
271 the 95% CI at 0-1° (Table S2). Thus, all of the following analyses were performed  
272 using the number of normative standard deviations from the normative mean (i.e., z-  
273 scores, Table S2) for both, the FCP as outcome variable and the SD-OCT data as  
274 explanatory variable.

275 Linear mixed-effects models, considering each point-wise SD-OCT biomarker  
276 separately together with the predominant drusen type, disclosed that for all three  
277 types of testing that point-wise full retinal thickness, ONL thickness and RPEDC  
278 thickness were significantly associated with the point-wise sensitivity (Table S3).  
279 Point-wise inner retinal thickness had no influence on all three types of testing. Point-  
280 wise IS+OS thickness had no influence on point-wise dark-adapted cyan ( $p=0.32$ )  
281 sensitivity – however, it had significant influence on point-wise mesopic ( $p<0.005$ )  
282 and dark-adapted red ( $p<0.005$ ) sensitivity (Table S3).

283 In the combined linear mixed-effects models, only the point-wise RPEDC thickness  
284 and predominant drusen type exhibited statistically significant effects on sensitivity  
285 for all three types of testing (Table 2). For mesopic testing, eyes with reticular drusen  
286 exhibited on average a lower sensitivity for all tests points of -1.53 SD (-3.67 dB  
287 considering the respective  $SD_{\text{overall}}$  for all 49 test locations; cf., Table S2) as  
288 compared to eyes with cuticular drusen. Furthermore, for all three types of drusen, a

289 point-wise thickening of the RPEDC by 1 SD ( $SD_{\text{overall}}$  of 2.8  $\mu\text{m}$ ) would be associated  
290 with a point-wise sensitivity loss of -0.04 SD (i.e. -0.34 dB per 10  $\mu\text{m}$  RPEDC  
291 thickening). For dark-adapted cyan testing, both eyes with reticular drusen (-1.91 SD;  
292 i.e. -5.73 dB) and eyes with soft drusen (-1.03 SD; i.e. -3.09 dB) exhibited on average  
293 lower sensitivity across all test locations as compared to eyes with cuticular drusen.  
294 Further, for all three types of drusen a point-wise RPEDC thickening by 1 SD would  
295 be associated with a decrease in point-wise dark-adapted cyan sensitivity by -0.01  
296 SD (i.e. -0.11 dB per 10  $\mu\text{m}$  RPEDC thickening). For dark-adapted red testing, both,  
297 eyes with reticular drusen (-1.18 SD; i.e. -2.83 dB) and eyes with soft drusen (-0.95  
298 SD; i.e. -2.28 dB) exhibited on average lower sensitivity across all test locations as  
299 compared to eyes with cuticular drusen. Further, for all three types of drusen, a point-  
300 wise RPEDC thickening by 1 SD would be associated with a point-wise decrease in  
301 dark-adapted red sensitivity by -0.03 SD (i.e. -0.26 dB per 10  $\mu\text{m}$  RPEDC thickening).

302

## 303 Discussion

304 This is the first study to demonstrate that the combination of mesopic and dark-  
305 adapted two-color FCP using the S-MAIA device allows for functional phenotyping in  
306 dependence of different drusen phenotypes in patients with intermediate AMD. The  
307 analysis was based on an innovative approach for structure-function correlation that  
308 included non-linear image registration of FCP to SD-OCT data and acknowledged  
309 the precise size of stimuli ( $0.43^\circ$  diameter). Retinotopic differences of the inter-  
310 individual variability of the normative SD-OCT and FCP data were considered.

311 The retest-reliability as indicated by the short-term fluctuation was comparable to the  
312 retest-reliability in normal eyes with the device.<sup>15</sup> While mesopic FCP yielded similar  
313 results among all subgroups, dark-adapted two-color FCP allowed for discrimination  
314 of functional deficits in dependence of the predominant drusen type. Previously, it  
315 was shown that mesopic threshold testing leads to 'redundancy' in target detection  
316 (cone- and rod-function), resulting in ambiguous information and insensitivity in  
317 identifying minor degrees of isolated cone- or rod-dysfunction.<sup>43–45</sup> This could explain  
318 the similarity of the mesopic test results for all three subgroups. In contrast, two-color  
319 dark-adapted FCP allows for differential testing of rod-function. Briefly, with the  
320 current stimulus luminance settings of the S-MAIA device, a cyan-red difference  
321 close to 0 dB (as observed at eccentricities of  $5^\circ$  and  $7^\circ$  in fully dark-adapted normal  
322 eyes) would be indicative of normal rod-function.<sup>15</sup> Isolated rod-dysfunction would  
323 result in a decrease of the cyan sensitivity as observed for the eyes with reticular  
324 drusen. Equal degrees of rod- and cone-dysfunction would lead to reduced cyan and  
325 red sensitivity; however, the cyan-red sensitivity difference would remain stable. This  
326 was observed in eyes with soft drusen. At fixation, isolated cone-dysfunction would  
327 lead to a reduction of the red sensitivity, while the measured cyan sensitivity would

328 not change significantly (due to the marked floor effects of the device for cyan  
329 testing). Thus, the results in eyes with cuticular drusen are indicative of isolated  
330 foveal cone-dysfunction.

331 These results are in accordance with previous studies based on dark-adapted  
332 standard automated perimetry, rod-mediated dark adaptation and  
333 electroretinography.<sup>8,12,14,19,29,30</sup> Further, these results are in accordance with the  
334 histological observation that reticular drusen (subretinal drusenoid deposits)  
335 perentially localize to the perifovea - a location with high rod density.<sup>46</sup> It is  
336 conceivable that the marked differences in cone- and rod-function among eyes with  
337 cuticular drusen, soft drusen and reticular drusen reflect differences of the underlying  
338 pathophysiology.<sup>26,46</sup> Recent developments of novel agents that target photoreceptor  
339 classes specifically (such as visual cycle inhibitors, e.g. emixustat hydrochloride)  
340 highlight the need for differential testing of rod- and cone-function in the setting of  
341 AMD.<sup>47</sup> The results of the current study suggest that dark-adapted two-color FCP  
342 could allow to monitor both potential side- and treatment-effects of such  
343 pharmaceuticals more precisely as compared to mesopic FCP.<sup>45,48,49</sup>

344 In terms of structural biomarkers, the ONL and IS+OS thicknesses might not have  
345 exhibited significant effect in the combined model either due to greater grading  
346 inaccuracy as compared to the RPEDC thickness or due to the underlying  
347 pathogenic mechanisms. With regard to grading inaccuracy, it must be noted that the  
348 inner boundary of the ONL was difficult to delineate due to the HFL.<sup>36,50</sup> Especially in  
349 presence of drusen, the altered HFL orientation led to hypo- and hyperreflective  
350 segments complicating the automated segmentation and manual correction.<sup>36,50</sup> The  
351 ELM, which served as boundary between the ONL and IS+OS, was sometimes  
352 interrupted or invisible further complicating delineation of these layers. As the

353 absolute values for RPEDC thickness tend to be larger as compared to ONL and  
354 IS+OS thickness in eyes with drusen per se, it would be conceivable that any effects  
355 related to measurement inaccuracy relatively affect the quantification of the RPEDC  
356 thickness less as compared to the two latter layers. With regard to underlying  
357 pathogenic mechanisms, not only abnormal thinning, but also paradox thickening of  
358 ONL has been described in proximity to drusen.<sup>36,51</sup> Linear models do not account for  
359 such opposing effects. The results that IS+OS thickness exhibits a significant effect  
360 on mesopic and dark-adapted red sensitivity but not on dark-adapted cyan sensitivity  
361 is intriguing. This would imply that the IS+OS thickness reflects cone- rather than rod-  
362 function. However, this seems to be incompatible with the quasi-normal peripheral  
363 IS+OS configuration in diseases such as complete achromatopsia.<sup>52</sup> Further studies  
364 will be needed to reproduce this finding.

365 The estimates for mesopic sensitivity loss in dependence of RPEDC thickening in our  
366 data were surprisingly similar (-0.34 dB per 10  $\mu\text{m}$  RPEDC thickening) as compared  
367 to a previous study by Wu et al. (-0.29 dB per 10  $\mu\text{m}$  RPEDC thickening) despite of  
368 methodical differences.<sup>21</sup> The aforementioned study performed semi-automated  
369 segmentation using the DOCTRAP software (Duke University, Durham, NC, USA)  
370 instead of the Spectralis software and sector-wise instead of point-wise structure  
371 function correlation.<sup>21</sup> The similarity of the results suggests that RPEDC thickness is  
372 a robust predictor of sensitivity. However, soft drusen and reticular drusen regression  
373 (and consequently RPEDC thinning) have been previously described in natural  
374 history studies and were shown to be associated with subsequent outer retinal  
375 atrophy.<sup>20,53,54</sup> Thus, RPEDC thickness might not be optimal for longitudinal data  
376 analyses as it can both increase and decrease over time. In contrast ONL thickness,  
377 which for the most part only decreases over time, could be potentially more  
378 meaningful in a longitudinal setting.<sup>36</sup>

379 Several limitations of the study need to be considered. First, it was underpowered to  
380 explore possible interaction effects between RPEDC thickness and drusen type on  
381 sensitivity. Based on clinical observation, one could hypothesize that in eyes with  
382 reticular drusen a lesser amount of RPEDC thickening would result in relatively  
383 greater amount functional deficit as compared to eyes with soft drusen and cuticular  
384 drusen.<sup>8,29,30</sup> Second, the classification was purely based on multimodal imaging. No  
385 genetic testing was performed. Third, a radial grid instead of a rectilinear grid with  
386 uniform spacing was used in this study. The MD and cPSD in this study must be  
387 interpreted as spatially-weighted averages due to the central condensation of test  
388 points.<sup>55</sup> Forth, the distribution of phakic versus pseudophakic eyes was not equal  
389 among all subgroups. In phakic eyes, lenticular absorption of short-wavelength light  
390 could potentially decrease the dark-adapted cyan sensitivity with increasing degrees  
391 of lens density (i.e. cataract).<sup>56</sup> However, we observed the most severe decrease in  
392 dark-adapted cyan sensitivity in eyes with reticular drusen, the subgroup with the  
393 highest rate of pseudophakic eyes. Therefore, the estimated degree of rod-  
394 dysfunction for eyes with reticular drusen as compared to the other types of drusen in  
395 this study is a rather conservative estimate.

396 In summary, the current study reports a systematic assessment of a recently  
397 introduced combined mesopic and dark-adapted two-color fundus-controlled  
398 perimetry device in the setting of intermediate AMD with various drusen phenotypes.  
399 It was demonstrated that dark-adapted two-color FCP (in contrast to mesopic FCP)  
400 provides differential information in dependence of drusen type. The results of the  
401 study may serve as basis for the application of dark-adapted two-color FCP as  
402 functional outcome measure in clinical studies in intermediate AMD.

403

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407

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409

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- 588

## 589 **Titles and legends to figures**

### 590 **Figure 1**

591 The columns show a representative example eye for each drusen type (*from left to*  
592 *right*) with color fundus photography (first row), fundus autofluorescence imaging  
593 (second row) and the horizontal Spectral-domain optical coherence tomography B-  
594 scan centered to the fovea (third row). The overlay in the color fundus photographs  
595 displays the results of the first dark-adapted cyan test. The last row depicts the  
596 corresponding cumulative defect (Bebie) curves for each type of testing. The  
597 normative data with 95% confidence intervals are shown in the background. The data  
598 of the patient is plotted in the foreground. Patient 6 (**P6**) exhibited multiple, yellowish,  
599 small, round, 'hard' drusen with distinct borders and was classified as predominant  
600 cuticular drusen. The cumulative defect curves indicated that the mesopic and dark-  
601 adapted red deficit exceeded the dark-adapted cyan deficit. Patient 24 (**P24**)  
602 exhibited multiple confluent 'soft' drusen and was thus classified as predominant soft  
603 drusen. The cumulative defect curves indicated defect for all three types of testing.  
604 Patient 13 (**P13**) exhibited small dot- and ribbon-shaped lesion and was classified as  
605 predominant reticular drusen. The cumulative defect curves exhibited parallel shift for  
606 mesopic and dark-adapted red testing along the y-axis (indicating global defect or  
607 media opacity) and most prominently global and diffuse defect for dark-adapted cyan  
608 testing.

609

### 610 **Figure 2**

611 The Spectral-domain optical coherence tomography (SD-OCT) data was segmented  
612 semi-automatically (internal limiting membrane [ILM], outer plexiform layer and outer

613 nuclear layer boundary [OPL/ONL], external limiting membrane [ELM], interdigitation  
614 zone [IZ] and Bruch's membrane [BM]). The retinal-pigment-epithelium-drusen-  
615 complex (RPEDC) ranged from BM to the IZ (red overlay). The inner and outer  
616 segments (IS+OS) ranged from the IZ to the ELM (green overlay). The ONL ranged  
617 from the ELM to the OPL/ONL boundary (blue overlay). Hereby, the Henle fiber layer  
618 was counted towards the outer nuclear layer as shown in panel **A**. The inner retina  
619 encompassed all layers from the OPL/ONL boundary to the ILM (purple overlay). The  
620 full retina was defined as thickness from BM to the ILM (turquoise overlay). The  
621 fundus-controlled perimetry grid consisted of 49 test points over 14° of the central  
622 retina as shown in panel **B** (central test point plus 12 test points at an eccentricity of  
623 1°, 3°, 5° and 7°). The FCP data was registered to an SD-OCT en-face image using  
624 non-linear affine transformation according to vessel bifurcations. Thus the FCP data  
625 was also aligned to the thickness maps of the corresponding layers (**B**). Thickness  
626 data corresponding to the precise stimulus-location and -area (Goldmann III, 0.43°)  
627 was then extracted from the SD-OCT data for each layer (**C**).

628

### 629 **Figure 3**

630 The plot shows the *mean deviation* (MD, dots indicate the average MD and error bars  
631 the SD of the MD) as compared to normative data of the three functional tests and  
632 the cyan-red difference for each predominant drusen type and according to the  
633 degree of eccentricity. Eyes with cuticular drusen and soft drusen exhibited high  
634 mean deviation for mesopic and dark-adapted red testing at 0-1° with little mean  
635 deviation for cyan testing. This resulted in positive values for the mean deviation of  
636 the cyan-red sensitivity difference indicating cone-dysfunction at 0-1°. At 5° and 7°,  
637 eyes with cuticular drusen exhibited overall little mean deviation. Eyes with soft  
638 drusen exhibited at 3°, 5° and 7° equal amounts of mean deviation for dark-adapted

639 cyan and red testing indicating a similar degree of rod- and cone-dysfunction. Eyes  
640 with reticular drusen exhibited at 3°, 5° and 7° predominantly mean deviation for  
641 dark-adapted cyan testing resulting in negative mean deviation values for the cyan-  
642 red sensitivity difference, indicating predominant rod-dysfunction.

643

#### 644 **Figure 4**

645 Scatter plots for the mesopic (first row), dark-dapated cyan (second row) and dark-  
646 adapted red (third row) in dependence of the predominant drusen type (first column),  
647 full retinal thickness (second column), outer nuclear layer thickness (third column)  
648 and retinal-pigment-epithelium-drusen-complex thickness (fourth column). Since  
649 many data points obscured each other, the points were made semitransparent.  
650 Further, the points of the first column (predominant drusen type) were spread along  
651 the x-axis to reduce overplotting. All data were plotted in terms of number of  
652 normative standard deviation from the normative mean (i.e. z-score). The largest  
653 differences in sensitivity in dependence of drusen type were observable for dark-  
654 adapted cyan testing. Yet, the steepest slopes in dependence of point-wise SD-OCT  
655 biomarkers were observable for mesopic and dark-adapted red testing.