

## TABLES

**Table 1: Characteristics of Cohorts**

	Preterm-born EFF (n=16)	Preterm-born EHM (n=30)	P-Value $\psi$	Term-born Controls (n=102)	P-Value $\Delta$	P-Value $\Upsilon$
<b>Demographics &amp; Anthropometrics</b>						
Gestational Age, weeks	29.7±2.5	30.8±2.3	0.22	39.6±0.9	<0.001	<0.001
Maternal preeclampsia, n (%)	4 (25)	8 (26.7)	>0.99	0 (0)	>0.99	>0.99
Age, years	24.8±1.5	25.4±1.4	0.42	25.0±2.6	>0.99	>0.99
Males, n (%)	7 (43.8)	14 (46.7)	>0.99	47 (46.1)	>0.99	>0.99
Smokers, n (%)	4 (25.0)	8 (26.7)	>0.99	20 (19.6)	>0.99	>0.99
Birthweight, grams	1250.5±309.2	1365.3±257.8	0.41	3460.0±417.0	<0.001	<0.001
BMI, kg/m <sup>2</sup>	24.4±8.1	24.9±4.1	>0.99	22.9±3.1	0.26	0.08
Height, m	1.70±0.09	1.70±0.09	>0.99	1.74±0.09	0.18	0.12
Weight, kg	69.7±16.9	71.5±12.5	>0.99	69.3±12.5	>0.99	>0.99
BSA, m <sup>2</sup>	1.81±0.23	1.83±0.18	>0.99	1.83±0.20	>0.99	>0.99
Waist:Hip	0.76±0.06	0.82±0.07	0.38	0.81±0.06	0.19	0.89
<b>Biochemistry</b>						
Total Cholesterol, mmol/L	5.23±0.98	4.69±0.89	0.44	4.23±0.86	<b>0.003</b>	<b>0.04</b>
HDL-C, mmol/L	1.72±1.5	1.50±0.25	0.65	1.47±0.41	>0.99	>0.99
LDL-C, mmol/L	2.87±1.14	2.76±0.77	>0.99	2.37±0.66	<b>0.05</b>	<b>0.04</b>
Triglycerides, mmol/L	0.91±0.35	0.93±0.44	>0.99	0.87±0.40	>0.99	>0.99
Glucose, mmol/L	4.81±0.43	5.07±0.41	0.32	4.61±0.30	<b>0.05</b>	<b>0.003</b>
Insulin, pmol/L	59.8±32.8	61.2±36.9	0.57	35.6±15.9	<0.001	<0.001
<b>Blood Pressure, mmHg</b>						
Systolic	119.6±11.3	121.0±9.3	>0.99	112.9±10.1	<b>0.03</b>	<0.001
Diastolic	72.3±4.5	72.8±8.2	>0.99	68.8±7.0	0.14	<b>0.02</b>
Mean arterial pressure	88.0±5.7	88.9±7.2	>0.99	83.5±7.1	<b>0.03</b>	<0.001
Pulse pressure	47.4±8.2	48.2±9.9	>0.99	44.1±8.5	<b>0.05</b>	<b>0.03</b>

EFF indicates exclusively fed formula postnatally; EHM indicates exclusively fed human breast milk postnatally.

Values as Mean±Standard Deviation unless stated otherwise. P-values were adjusted using the Bonferroni method for multiple group comparisons (3).

$\psi$ =Preterm-born EHM vs. Preterm-born EFF. Comparisons adjusted for age and sex.

$\Delta$ = Preterm-born EFF vs. Term-born Controls. Comparisons adjusted for sex.

$\Upsilon$ =Preterm-born EHM vs. Term-born Controls. Comparisons adjusted for sex.

**Table 2: Cardiac Parameters**

	Preterm-born EFF (n=16)	Preterm-born EHM (n=30)	P- Value $\psi$	Term-born Controls (n=102)	P- Value $\Delta$	P- Value $\Upsilon$
<b>Left Ventricle</b>						
End-Diastolic Volume Index (mL/m <sup>2</sup> )	66.8±6.7	73.3±7.6	<b>0.04</b>	80.2±11.7	<b>0.003</b>	<b>0.004</b>
End-Systolic Volume Index (mL/m <sup>2</sup> )	23.9±5.7	26.3±5.6	>0.99	29.1±6.4	<b>0.03</b>	<b>0.03</b>
Stroke Volume Index (mL/m <sup>2</sup> )	42.9±6.3	47.1±5.9	<b>0.05</b>	51.3±8.9	<b>0.02</b>	<b>0.03</b>
Ejection Fraction (%)	64.3±7.5	64.3±5.7	>0.99	64.1±4.9	>0.99	>0.99
Mass index (g/m <sup>2</sup> )	65.9±11.1	66.4±10.7	>0.99	55.4±11.4	< <b>0.001</b>	< <b>0.001</b>
Mass/End-Diastolic Volume	0.95±0.16	0.91±0.15	0.70	0.70±0.12	< <b>0.001</b>	< <b>0.001</b>
Length (cm)	8.78±0.47	9.28±0.62	<b>0.05</b>	9.81±0.73	< <b>0.001</b>	<b>0.001</b>
Luminal Diameter (cm)	4.83±0.40	5.34±0.45	<b>0.009</b>	5.64±0.48	< <b>0.001</b>	<b>0.001</b>
<b>Right Ventricle</b>						
End-Diastolic Volume Index (mL/m <sup>2</sup> )	70.8±8.5	83.7±9.7	< <b>0.001</b>	88.5±11.8	< <b>0.001</b>	<b>0.04</b>
End-Systolic Volume Index (mL/m <sup>2</sup> )	32.0±4.8	35.2±7.1	0.15	35.6±7.7	0.54	>0.99
Stroke Volume Index (mL/m <sup>2</sup> )	39.8±7.6	48.6±9.1	<b>0.01</b>	52.9±7.2	< <b>0.001</b>	<b>0.02</b>
Ejection Fraction (%)	54.5±7.1	57.8±7.9	0.15	60.0±5.3	< <b>0.001</b>	0.31
Mass index (g/m <sup>2</sup> )	24.2±3.7	24.8±3.0	>0.99	20.4±3.4	< <b>0.001</b>	< <b>0.001</b>
Mass/End-Diastolic Volume	0.35±0.06	0.29±0.05	<b>0.002</b>	0.23±0.03	< <b>0.001</b>	< <b>0.001</b>
Length (cm)	8.06±0.75	8.55±0.69	0.10	8.97±0.76	< <b>0.001</b>	<b>0.001</b>
Luminal Diameter (cm)	3.92±0.42	4.34±0.41	0.11	4.63±0.55	< <b>0.001</b>	<b>0.003</b>

EFF indicates exclusively fed formula postnatally; EHM indicates exclusively fed human breast milk postnatally.

Values as Mean±Standard Deviation unless stated otherwise. *P*-values were adjusted using the Bonferroni method for multiple group comparisons (3).

$\psi$ =Preterm-born EHM vs. Preterm-born EFF. Comparisons adjusted for age and sex.

$\Delta$ = Preterm-born EFF vs. Term-born Controls. Comparisons adjusted for sex.

$\Upsilon$ =Preterm-born EHM vs. Term-born Controls. Comparisons adjusted for sex.