

RESEARCH ARTICLE OPEN ACCESS

Synthesis of N-Acetyl-D- and -L-Leucine-¹³C₆ Tool Compounds in Neurodegenerative Disease

Damien Crepin¹  | Andrew McGown^{1,2}  | Dawn Shepherd³  | Rebecca Braine³  | Manvendra Sharma²  | Jordan Nafie⁴  | João Gabriel Ribeiro⁵ | G. Dan Pantoş⁵  | Grant Churchill³  | Frances M. Platt³  | John Spencer^{1,2} 

¹Sussex Drug Discovery Centre, School of Life Sciences, University of Sussex, Falmer, UK | ²Department of Chemistry, School of Life Sciences, University of Sussex, Falmer, UK | ³Department of Pharmacology, University of Oxford, Oxford, UK | ⁴BioTools Inc., West Palm Beach, FL, USA | ⁵Department of Chemistry, University of Bath, Bath, UK

Correspondence: Grant Churchill (grant.churchill@pharm.ox.ac.uk) | Frances M. Platt (frances.platt@pharm.ox.ac.uk) | John Spencer (j.spencer@sussex.ac.uk)

Received: 26 February 2026 | **Revised:** 17 April 2026 | **Accepted:** 22 April 2026

Keywords: amino acid | labelled compound | NPC | tool compound

ABSTRACT

N-acetyl-L-leucine (levacylleucine, ALL) is the neuroprotective enantiomer of the racemic antivertigo drug, Tanganil (acetyl-DL-leucine, ADLL). ALL has recently been clinically repurposed for the treatment of Niemann Pick disease type C1, a disorder characterised by lysosomal accumulation of glycolipids and cholesterol. Isotopically labelled ALL was required, as well as its negative control, D-enantiomer (ADL), to monitor the in vivo metabolic fate of the drug and to distinguish it from endogenous leucine and associated metabolites. Here, we describe the synthesis of N-acetyl-D- and -L-leucine-¹³C₆, as well as N-acetyl-L-leucine-¹³C₁, by N-acetylation of their amino acid precursors, their spectroscopic characterisation and stereochemical and stability studies. These investigations found that formation of the products, as well as their water-soluble sodium salt formulation, occurs without compromising stereochemical integrity.

1 | Introduction

N-Acetyl-DL-leucine (ADLL) has been prescribed for many decades in France for the treatment of ataxia and vertigo, under the brand name Tanganil [1], and has recently been investigated for the treatment of neurological disorders including ataxia, atrophy and REM (Rapid eye movement) sleep behaviour disorder [2–6]. The individual enantiomers of this derivatised amino acid have distinct roles in disease, with the recently clinically approved ALL (N-acetyl-L-leucine, Aqneursa) [7] offering neuroprotection in the treatment of the rare lysosomal disease, Niemann-Pick disease type C1 (NPC) [8–10].

ALL is a prodrug of L-leucine and is taken up in cells mainly by organic anionic transporters (OAT1 and 3) and monocarboxylate

transporter type 1 (MCT1), thereby avoiding the L-type amino acid transporter used by the free amino acid [11]. L-leucine plays a vital role in brain energy metabolism. It acts as a source of fuel molecules, including alpha-ketoisocaproate, maintaining nitrogen balance in the glutamate/glutamine cycle and is key to mTOR (mammalian target of rapamycin) signalling [12]. In vivo metabolism studies of either enantiomer of ADLL would be challenging, as they would be confounded by the presence of indistinguishable endogenous L-leucine and its metabolites. Therefore, we opted to synthesise N-acetyl-L-leucine-¹³C₆ as a labelled form of ALL (with an unlabelled acetamide group), carrying a + 6 mass spectrometry ‘tag’ to distinguish it from endogenous amino acid [13–22]. For comparative studies, a negative control was required, and we synthesised and characterised its ¹³C-labelled inactive, yet metabolically more stable, ADL enantiomer [23].

Damien Crepin and Andrew McGown joint first authors.

This is an open access article under the terms of the [Creative Commons Attribution](https://creativecommons.org/licenses/by/4.0/) License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

© 2026 The Author(s). *ChemMedChem* published by Wiley-VCH GmbH.

2 | Results and Discussion

N-acetylation of L-leucine- $^{13}\text{C}_6$ L-1 was carried out using acetic anhydride in water and the expected N-acetylated product L-2 (ALL- $^{13}\text{C}_6$) was obtained in 86% yield, on a *ca.* 6 mmol scale. This was repeated on its enantiomer, affording D-2 (ADL- $^{13}\text{C}_6$) in 50% yield, on approximately 1/10th scale (0.69 mmol), both procedures unoptimised due to the prohibitive cost of their precursors. A more economically viable precursor would appear to be the singularly labelled L-leucine- $^{13}\text{C}_1$ precursor, 3, which was similarly converted into its acetylated form L-4 in 50% yield (Scheme 1).

Mass spectrometry showed the expected isotopic incorporation for L- and D-2 and for L-4 (Experimental Section). The structure of L-2 was further confirmed by ^1H and ^{13}C NMR (nuclear magnetic resonance) spectroscopy, and peaks were assigned by the acquisition of ^1H ^{13}C -decoupled, AMA (automatic multiplet assignment) and an HSQC (heteronuclear single quantum correlation) experiment as well as by comparison to literature NMR data on L-leucine- $^{13}\text{C}_6$ (Figure 1) [24].

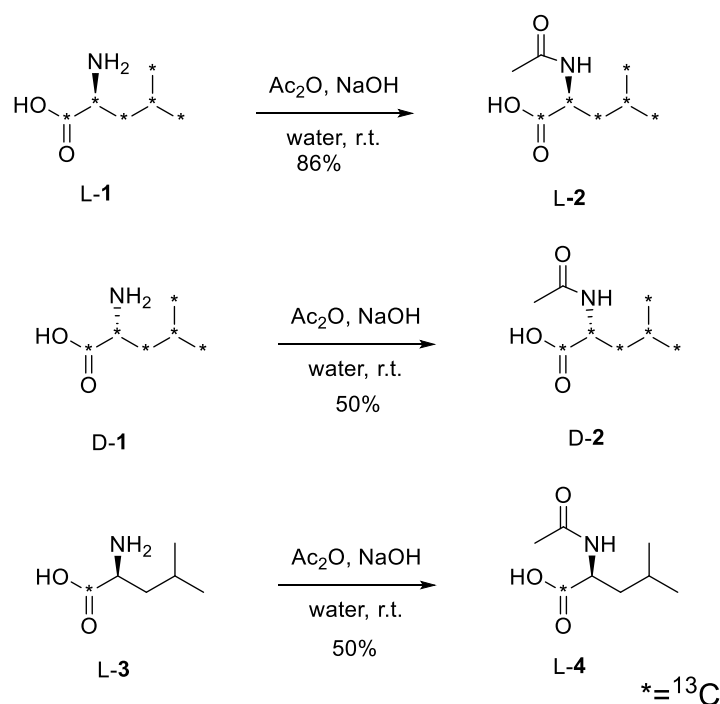
With both labelled and unlabelled enantiomers to hand, we undertook a series of experiments to determine their stability, absolute configuration and stereochemical integrity. They were analysed using infrared (IR) and vibrational circular dichroism (VCD), which is sensitive to both chirality and isotopic substitution [25–30]. As expected, the enantiomeric pairs, L- and D-2, had similar IR spectra but mirror-image VCD spectra (Figure 2a,b). Additionally, the VCD peak intensity relative to IR intensity for each band was the same for enantiomers; this showed that there was no significant epimerisation during synthetic transformations. The ^{13}C -substituted compounds had frequency shifts for many IR and VCD bands as compared to unlabelled compounds, yielding spectra with a significantly different appearance

(Figure 2c and d). Despite this, there were some comparable bands between the two sets of spectra, and comparison of the VCD intensities showed that there was a similar enantiomeric excess (ee) in the isotopologue samples. Finally, L- and D-2 are usually formulated as their more soluble sodium salts for *in vivo* assays. We wished to investigate their stereochemical integrity [31] by recreating the formulation process by treatment with dilute NaOH, although we selected ALL as a cheaper test material. After being left overnight, starting material was recovered by re-acidification and extracted for analysis to compare it to the original sample. This chirality integrity test, by VCD, established that the sample was still ALL without any epimerisation.

These findings were further confirmed by optical rotation and ellipticity measurements (see Experimental Section and Table 1), which show similar trends to those above, notably, virtually equal and opposite values for L- and D-2. Finally, UHPLC (Ultra High Performance Liquid Chromatography) and SFC (Supercritical Fluid Chromatography) measurements allowed us to confirm high compound purity, further confirmed by ^1H NMR in the presence of an internal standard, and ee for these compounds (using [racemic] ADLL as a control). Isotope incorporation had little effect, if any, on retention times (RT) in the final compounds, with the D-enantiomer appearing around 3.27 min, whereas its L-enantiomer appeared around 3.57 min. As ALL is used as its sodium salt in *in vivo* studies, we acidified and extracted a sample, and the recovered ALL, gratifyingly had a high chemical purity and ee.

3 | Conclusions

Three acetylated ^{13}C -labelled leucine analogues, L- and D-2 and L-4, have been synthesised and characterised by NMR



SCHEME 1 | Synthesis of ^{13}C labelled ALL and ADL.

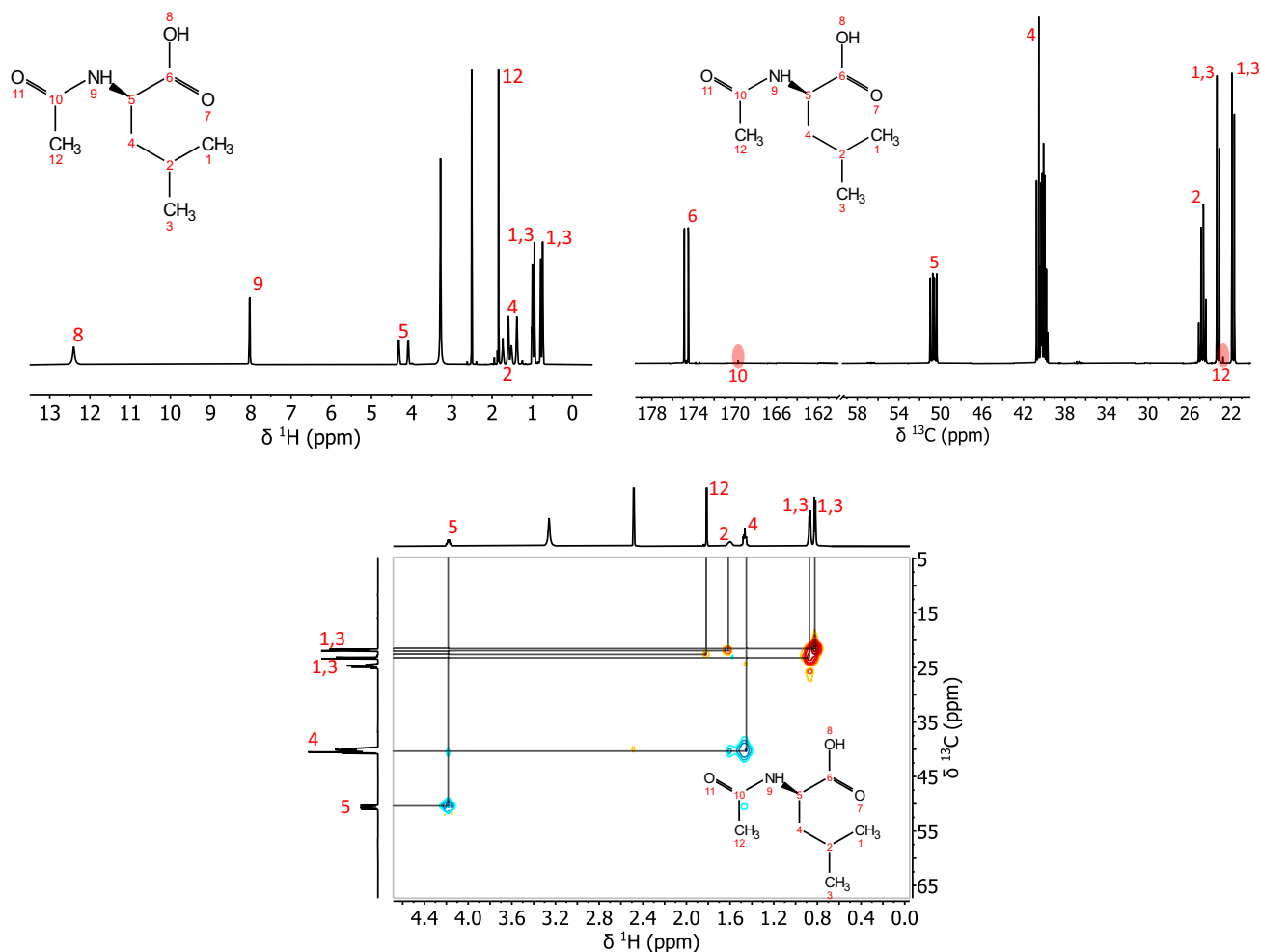


FIGURE 1 | NMR spectra for L-2 and peak assignment according to the numbering scheme on the chemical structure. Top trace: ^1H , ^{13}C -decoupled spectrum (1024 scans). Middle trace: $^{13}\text{C}[^1\text{H}]$ spectrum (2048 scans). Bottom: HSQC spectrum (using the `hsqcetdgpisp2.2` pulse programme with 64 scans per increment and 256 increments in the ^{13}C dimension).

spectroscopy and mass spectrometry. Products were studied by UHPLC, SFC, VCD, polarimetry and ellipticity measurements, which showed that they were stable enantiomers, even after salt formation, for in vivo assays. L-2 and D-2 are now being used as in vivo tool compounds in Niemann-Pick disease type C1, and results of these studies will be published in due course. Furthermore, it is anticipated that compounds **2** and the more readily affordable **4** will be useful labelled tool compounds for studies in a much wider subset of neurological diseases [32, 33].

4 | Experimental Section

^{13}C -labelled starting materials were purchased from Merck (L-leucine- $^{13}\text{C}_6$:605239, batch: MBBD0145). D-leucine- $^{13}\text{C}_6$: 921 416, batch: MBBD163. $^{13}\text{C}_1$ -L-leucine: 1 003 638 621, batch: MBBD6818) and used without further purification. NMR experiments were performed on a 600 MHz spectrometer equipped with a Varian 14 T magnet and a Bruker Avance Neo console at 25 °C. An HSQC spectrum was recorded using the `hsqcetdgpisp2.2` pulse programme with 64 scans per increment and 256 increments in the ^{13}C dimension. Chemical shifts are quoted in

parts per million (ppm) with coupling constants (J) in Hz. ESI mass spectra were obtained using a Waters Xevo G2 Q-ToF HRMS (Wilmslow, UK) equipped with an analytical flow ESI source. ESI experimental parameters were capillary voltage 3.0 kV, sampling cone 35 au, extraction cone 4 au, source temperature 120°C and desolvation gas 450°C with a desolvation gas flow of 650 L h⁻¹ and no cone gas. MS conditions were MS1 in resolution mode between 100–1500 Da. Accurate mass data were obtained using MassLynx software. All accurate mass data were within ± 10 ppm from their theoretical value. LC-MS was performed on Shimadzu LC-2050 and LCMS-2020 systems using an 8-minute method in water/acetonitrile with 0.1% formic acid (5% MeCN over 0.5 min, 5–95% over 6.0 min, 95% MeCN over 1.0 min and 5% MeCN over 0.5 min) with UV detection at 254 nm with a Phenomenex Kinetex 2.6 μM EVO C18 100A LC Column (50 @ \times 3.0 mm). Unless stated otherwise, solvents and modifiers used were Fisher Scientific, Optima LC/MS Grade and Fisher Chemical. Optical rotations were performed either on an analogue WXG-4 or digital AA-10 polarimeter at 20°C temperature in EtOH, and concentrations were between 0.17–0.20 g/100 mL. Molar ellipticity was measured in a 1 cm cuvette on a Jasco J-810 spectropolarimeter equipped with a thermostatted cuvette holder (at 20°C). Experimental parameters

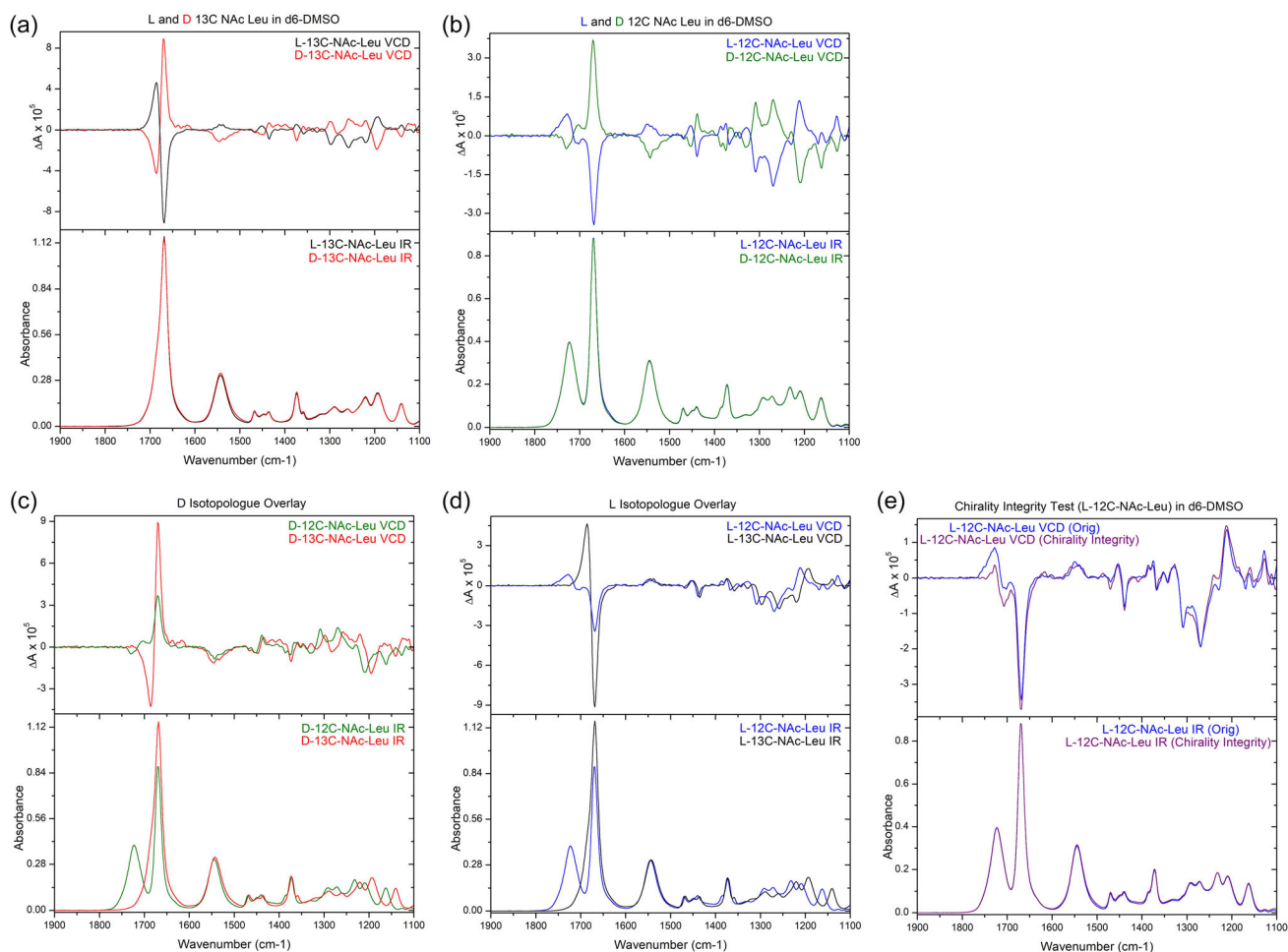


FIGURE 2 | (a) VCD for L-2 and D-2. (b) VCD for unlabelled ALL and ADL. (c) VCD isotopologue overlay for ADL. (d) VCD isotopologue overlay for ALL. (e) Chiral integrity of unlabelled ALL after sodium salt formation and reacidification versus an original ALL sample.

were: scan 215–300 nm, data pitch 1 nm, bandwidth 2 nm and scanning speed 100 nm/min.

4.1 | VCD Measurements

To a small vial containing 4–5 mg of N-Ac-leucine (L or D, unlabelled or ^{13}C) was added 185–225 μL of d_6 -DMSO. The resulting solution was transferred to a liquid IR cell (BaF_2 , 100 μm cell path) and placed in the measurement chamber. The instrumentation was a BioTools Inc. (Jupiter, FL) ChiralIR 2X DualPEM FT-VCD spectrometer, set to 4 cm^{-1} resolution, with PEM (both 1 and 2) maximum frequency set to 1400 cm^{-1} . The sample was then measured for 8 in 1 h blocks. The IR data from the first block were solvent and water vapour subtracted, then offset to zero at 2000 cm^{-1} . The VCD data blocks were averaged and the baseline corrected using solvent subtraction. Finally, the VCD spectrum was offset to zero at 2000 cm^{-1} . The VCD noise data was block averaged and used without further processing.

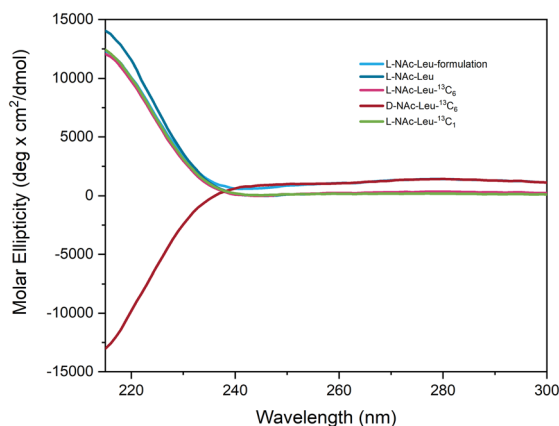
4.1.1 | L-2, N-Acetyl-L-leucine- $^{13}\text{C}_6$

L-Leucine- $^{13}\text{C}_6$ (750 mg, 5.47 mmol) was suspended in water (7.5 mL). The reaction mixture was cooled with an ice bath; then acetic anhydride (1.55 mL, 16.4 mmol) followed by a solution of

sodium hydroxide (1.75 g, 43.8 mmol) in water (7.5 mL) was slowly added. The reaction mixture was stirred at room temperature for 3 h. Next, 2 M aqueous HCl ($\sim 20\text{ mL}$) was added up to pH ~ 2 –3. The reaction mixture was stirred at 0°C for 1 h, and the resulting white solid was collected by filtration, rinsing with water ($2 \times 10\text{ mL}$). The solid was dried under vacuum at 40°C overnight to afford L-2 (890 mg, 4.72 mmol, 86% yield) as a colourless solid. ^1H NMR (600 MHz, $\text{DMSO-}d_6$) was consistent with product structure at an estimated 95% purity with unlabelled carbons emboldened. ^1H NMR (600 MHz, $\text{DMSO-}d_6$) δ 12.49 (s, 1H), 8.09 (d, $J = 7.7\text{ Hz}$, 1H), 4.36–3.99 (m, 1H), 1.83 (s, 3H), 1.76–1.27 (m, 3H), 1.04–0.88 (m, 3H), 0.82–0.68 (m, 3H). ^{13}C NMR (151 MHz, $\text{DMSO-}d_6$) δ 174.3 (dd, $J = 59.0, 2.9\text{ Hz}$), **169.3** (faint signal), 50.2 (ddt, $J = 59.4, 34.9, 2.8\text{ Hz}$), 39.9 (t, $J = 34.7\text{ Hz}$), 24.3 (qd, $J = 34.8, 3.0\text{ Hz}$), 22.8 (dd, $J = 34.8, 3.4\text{ Hz}$), **22.4** (faint signal), 21.3 (dd, $J = 34.8, 2.1\text{ Hz}$). HRMS m/z $[\text{M}+\text{H}]^+$ calculated for $\text{C}^{13}\text{C}_6\text{H}_{16}\text{NO}_3$: 180.1336; found 180.1335 (5 ppm). $[\alpha]_{\text{D}} = -30.1^\circ$. Molar ellipticity, 9765 $\text{deg}\cdot\text{cm}^2/\text{dmol}$ (220 nm).

4.1.2 | D-2, N-Acetyl-D-Leucine- $^{13}\text{C}_6$

D-Leucine- $^{13}\text{C}_6$ (95 mg, 0.69 mmol) was suspended in water (2 mL). The reaction mixture was cooled with an ice bath; then acetic anhydride (0.2 mL, 2.08 mmol) followed by a solution of sodium hydroxide (221 mg, 5.54 mmol) in water (1 mL) was slowly

TABLE 1 | Ellipticity and chemical and optical purity for compounds.


Compound	Molar ellipticity (220 nm, deg·cm ² / dmol)	% purity by ¹ H NMR ^a	UHPLC ^b chemical purity, %	SFC chemical purity, % ^c	SFC RT, min	e.e, %
ALL	11 543	—	100 (m/z = 174.2)	98.3 (m/z = 174.1)	3.59	99.8
ALL recovered from Na salt	10 067	—	100 (m/z = 174.1)	98.3 (m/z = 174.1)	3.57	99.8
L-2	9765	>95	99.5 (m/z = 180.2)	98.2 (m/z = 180.2)	3.57	97.8
D-2	-9807	>95	100 (m/z = 180.2)	100 (m/z = 180.2)	3.27	100
L-4	10 009	>95	100 (m/z = 175.2)	100 (m/z = 175.2)	3.57	100
ADL	—	—	100 (m/z = 174.2)	100 (m/z = 174.1)	3.27	99.8
ADLL	—	—	100 (m/z = 174.2)	99.2 (m/z = 174.1)	3.27/3.57	1.8

^aUsing a 1,3,5-trimethoxybenzene internal standard.

^bAcquity C₁₈ HSS (2.1 × 50 mm, 1.8 μm), 45°C, 1 mL/min, 210–400 nm detection. Mobile phase A (water (0.1% v/v TFA) and mobile phase B (MeCN).

^cChiralpak IG (4.6 × 250 mm, 5 μm), 40°C, 3 mL/min, 211 nm, 125 BarG (mobile phase A: MeOH (0.2% v/v NH₃); mobile phase B: CO₂).

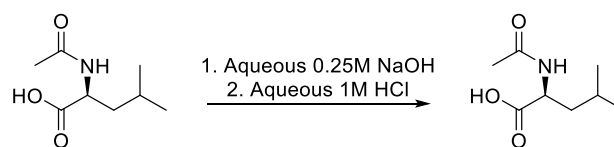
added. The reaction mixture was stirred at room temperature for 3 h. 2 M aqueous HCl (~2.5 mL) was added up to pH ~2–3. The reaction mixture was stirred at 0°C for 1 h, and the resulting colourless solid was collected by filtration, rinsing with water (3 × 2 mL). The solid was dried under vacuum at 40°C overnight to afford ¹³C₆-N-acetyl-D-leucine (65 mg, 0.34 mmol, 50% yield) as a colourless solid. ¹H NMR (500 MHz, DMSO-*d*₆) was consistent with product structure at an estimated 95% purity. ¹H NMR (500 MHz, DMSO-*d*₆) δ 12.46 (s, 1H), 8.07 (d, *J* = 7.7 Hz, 1H), 4.42–3.96 (m, 1H), 1.83 (s, 3H), 1.79–1.28 (m, 3H), 1.06–0.91 (m, 3H), 0.81–0.66 (m, 3H). ¹³C NMR (126 MHz, DMSO-*d*₆) δ 174.3 (dd, *J* = 59.3, 3.1 Hz), **169.2** (faint signal), 50.1 (ddt, *J* = 59.3, 34.8, 2.7 Hz), 40.1 (d, *J* = 34.6 Hz), 24.3 (qd, *J* = 34.5, 3.1 Hz), 22.8 (dd, *J* = 34.8, 3.2 Hz), **22.3** (faint signal), 21.3 (dd, *J* = 34.8, 2.2 Hz). HRMS *m/z* [M+H]⁺ calculated for C¹³C₆H₁₆NO₃: 180.1337; found: 180.1326 (6.1 ppm). [α]_D was not measured due to the dilute solution, variability and small amount of material. Molar ellipticity, -9807 deg·cm²/dmol (220 nm).

4.1.3 | L-4, N-Acetyl-L-Leucine-¹³C₁

L-Leucine-¹³C₁ (1.0 g, 7.57 mmol) was suspended in water (10 mL). The reaction mixture was cooled with an ice bath; then acetic anhydride (2.15 mL, 22.7 mmol) followed by a solution of sodium hydroxide (2.4 g, 60.5 mmol) in water (10 mL) was slowly added. The reaction mixture was stirred at room temperature for

3 h. 2 M aqueous HCl (~30 mL) was added up to pH ~2–3. The reaction mixture was stirred at 0°C for 1 h, and the resulting colourless solid was collected by filtration, rinsing with water (2 × 10 mL). The solid was dried under vacuum at 40°C overnight to afford ¹³C₁-N-acetyl-L-leucine (700 mg, 3.82 mmol, 50% yield) as a colourless solid. ¹H NMR (600 MHz, DMSO-*d*₆) was consistent with product structure at >95% purity. ¹H NMR (600 MHz, DMSO-*d*₆) δ 12.49 (s, 1H), 8.10 (d, *J* = 8.0 Hz, 1H), 4.18 (ddt, *J* = 9.7, 7.9, 5.7 Hz, 1H), 1.83 (s, 3H), 1.66–1.57 (m, 1H), 1.53–1.41 (m, 2H), 0.88 (d, *J* = 6.6 Hz, 3H), 0.83 (d, *J* = 6.6 Hz, 3H). ¹³C NMR (151 MHz, DMSO-*d*₆) δ **174.3** (¹³C labelled, intense peak), 169.3, 50.2 (d, *J* = 59.4 Hz), 40.0, 24.3 (d, *J* = 3.2 Hz), 22.9, 22.3, 21.3. HRMS *m/z* [M+H]⁺ calculated for C₇¹³CH₁₆NO₃: 175.1158 found to be 175.1162 (2.1 ppm). [α]_D = -24.5°. Molar ellipticity, 10 009 deg·cm²/dmol (220 nm).

4.2 | Chiral Integrity Test; Re-Hydrolysis of Na Salt of ALL



At room temperature (25°C), N-acetyl-L-leucine (ALL, 100 mg, 0.58 mmol, $[\alpha]_D = -29.3^\circ$, molar ellipticity = 11 543 (220 nm, $\text{deg}\cdot\text{cm}^2/\text{dmol}$)) was suspended in water (2.9 mL). The suspension was vortexed for 30 s then an aqueous solution of sodium hydroxide (0.25 M) (2.4 mL, 0.60 mmol) was added. The suspension was vortexed for 30 s to give a colourless solution. Water (0.5 mL) was added, and the reaction mixture was heated at 37°C for 24 h. At room temperature, an aqueous solution of hydrochloric acid (1.0 M) (0.6 mL, 0.60 mmol) was added. The solution was extracted with a 9:1 DCM/MeOH mixture (4 × 15 mL) then the combined organic layers were filtered through a phase separator. The filtrate was concentrated to dryness (Buchi rotary evaporator bath temperature = 40°C). N-Acetyl-L-leucine (70 mg, 0.38 mmol, 67% yield) was re-isolated as a colourless solid. ^1H NMR (500 MHz, $\text{DMSO}-d_6$) was consistent with product structure at an estimated 95% purity. ^1H NMR (500 MHz, $\text{DMSO}-d_6$) δ 12.46 (s, 1H), 8.07 (d, $J = 8.0$ Hz, 1H), 4.19 (ddd, $J = 9.4, 8.0, 5.8$ Hz, 1H), 1.83 (s, 3H), 1.67–1.57 (m, 1H), 1.54–1.42 (m, 2H), 0.89 (d, $J = 6.7$ Hz, 3H), 0.84 (d, $J = 6.5$ Hz, 3H). $[\alpha]_D = -29.3^\circ$. Molar ellipticity = 10 067 $\text{deg}\cdot\text{cm}^2/\text{dmol}$ (220 nm).

Author Contributions

D.C., A.M., compound synthesis, characterisation, data analysis, manuscript writing. D.S., R.B, formulation studies, data analysis, manuscript writing. M.S. NMR studies and interpretation. J. N., VCD/IR studies, calculations, data analysis, manuscript writing. J.G.R., G.D.P., optical rotation, ellipticity studies. G.C., F.M.P.; project oversight, data analysis, funding acquisition. J.S; project oversight, funding acquisition, data analysis, manuscript writing.

Acknowledgments

Mass spectra were kindly run by Dr. Ramon Gonzalez-Mendez (Sussex). We thank the reviewers for constructive comments and Reach Separations for analytical studies on final compound chemical and optical purity measurements. The Wolfson Foundation is thanked for a gift towards NMR upgrades at Sussex.

Funding

This study was supported by Wellcome Trust, Wolfson Society, Horizon 2020 Framework Programme (Lysomod MS-C RISE 734825), Niemann-Pick Research Foundation.

Conflicts of Interest

The authors declare no conflicts of interest.

Data Availability Statement

The ESI reports scans of NMR spectra and mass spectrometry results for all new compounds designed in this study.

References

1. N. Vibert and P.-P. Vidal, "In Vitro Effects of Acetyl- DL -leucine (tanganil) on Central Vestibular Neurons and Vestibulo-ocular Networks of the Guinea-Pig," *European Journal of Neuroscience* 13 (2001): 735–748.
2. M. Strupp, J. Teufel, M. Habs, et al., "Effects of Acetyl-dl-leucine in Patients with Cerebellar Ataxia: A Case Series," *Journal of Neurology* 260 (2013): 2556–2561.

3. R. Schniepp, M. Strupp, M. Wuehr, et al., "Acetyl-DL-leucine Improves Gait Variability in Patients with Cerebellar Ataxia—A Case Series," *Cerebellum & Ataxias* 3 (2016): 8.
4. W. H. Oertel, A. Janzen, M. T. Henrich, et al., "Acetyl-DL-leucine in Two Individuals with REM Sleep Behavior Disorder Improves Symptoms, Reverses Loss of Striatal Dopamine-Transporter Binding and Stabilizes Pathological Metabolic Brain Pattern—Case Reports," *Nature Communications* 15 (2024): 7619.
5. W. H. Oertel, M. T. Henrich, E. Sittig, et al., "Acetyl-DL-leucine (Tanganil) in Three Patients with Advanced Multiple System Atrophy," *BMC Neurology* 25 (2025): 407.
6. B. Tighilet, J. Leonard, L. Bernard-Demanze, and M. Lacour, "Comparative Analysis of Pharmacological Treatments with N-Acetyl-dl-leucine (Tanganil) and its Two Isomers (N-Acetyl-L-leucine and N-Acetyl-D-leucine) on Vestibular Compensation: Behavioral Investigation in the Cat," *European Journal of Pharmacology* 769 (2015): 342–349.
7. E. Kaya, D. A. Smith, C. Smith, et al., "Acetyl-Leucine Slows Disease Progression in Lysosomal Storage Disorders," *Brain Communications* 3 (2021): fcaa148.
8. M. Jan, H. M. Akbar, M. Ashfaq, M. L. Khan, M. Talha, and M. A. Haque, "FDA Approval of Miplyffa and Aqneursa: A Dual Breakthrough for the Treatment of Niemann–Pick Disease Type C," *Alzheimer's & Dementia: Translational Research & Clinical Interventions* 11 (2025): e70029.
9. R. Noor and M. S. Qazi, "FDA Approves Miplyffa and Aqneursa: A New Era in Treatment of Niemann-Pick Disease Type C," *Journal of Rare Diseases* 4 (2025): 14.
10. R. van Gool, W. Al-Hertani, O. Bodamer, and J. Upadhyay, "Levacetylleucine (N-Acetyl-l-leucine) for Niemann-Pick Disease Type C," *Trends in Pharmacological Sciences* 46 (2025): 386–387.
11. G. C. Churchill, M. Strupp, C. Factor, et al., "Acetylation Turns Leucine into a Drug by Membrane Transporter Switching," *Scientific Reports* 11 (2021): 15812.
12. R. Murin and B. Hamprecht, "Metabolic and Regulatory Roles of Leucine in Neural Cells," *Neurochemical Research* 33 (2008): 279–284.
13. D. E. Matthews, K. J. Motil, D. K. Rohrbaugh, J. F. Burke, V. R. Young, and D. M. Bier, "Measurement of Leucine Metabolism in Man from a Primed, Continuous Infusion of L-[1- ^{13}C]leucine," *American Journal of Physiology-Endocrinology and Metabolism* 238 (1980): E473–E479.
14. D. E. Matthews, D. M. Bier, M. J. Rennie, et al., "Regulation of Leucine Metabolism in Man: A Stable Isotope Study," *Science* 214 (1981): 1129–1131.
15. Z. E. Kahana, A. Gopher, M. Dorsman, and A. Lapidot, "Microbial Synthesis of L-[^{15}N]leucine L-[^{15}N]isoleucine, and L-[3- ^{13}C]- and L-[3'- ^{13}C]isoleucines Studied by Nuclear Magnetic Resonance and Gas Chromatography-Mass Spectrometry," *Analytical Biochemistry* 174 (1988): 374–380.
16. B. C. Bennett, M. Darryl, H. W. Douglas, et al., "Synthesis and Preliminary Evaluation of 5-[^{18}F]fluoro-leucine," *Current Radiopharmaceuticals* 10 (2017): 41–50.
17. M. D. Fletcher, J. R. Harding, R. A. Hughes, et al., "Three Approaches to the Synthesis of L-leucine Selectively Labelled with Carbon-13 or Deuterium in Either Diastereotopic Methyl Group," *Journal of the Chemical Society, Perkin Transactions 1* (2000): 43–51.
18. P. Balagopal, G. C. Ford, D. B. Ebenstein, D. A. Nadeau, and K. S. Nair, "Mass Spectrometric Methods for Determination of [^{13}C]Leucine Enrichment in Human Muscle Protein," *Analytical Biochemistry* 239 (1996): 77–85.
19. N. Grankvist, J. D. Watrous, K. A. Lagerborg, Y. Lyutvinskiy, M. Jain, and R. Nilsson, "Global Metabolomics Coupled with Isotope Labeling Reveals Favorable Metabolic Interactions of Aging *C. Elegans* with its Native Microbiome," *Cell Chemical Biology* 25 (2018): 1419–1427.e1414.

20. B. Reynolds, P. Roversi, R. Laynes, S. Kazi, C. A. R. Boyd, and D. C. I. Goberdhan, "Drosophila Expresses a CD98 Transporter with an Evolutionarily Conserved Structure and Amino Acid-Transport Properties," *Biochemical Journal* 420, no. 3 (2009): 363–372.
21. A. J. Lee, D. W. A. Beno, X. Zhang, et al., "A 14C-leucine Absorption, Distribution, Metabolism and Excretion (ADME) Study in Adult Sprague–Dawley Rat Reveals β -hydroxy- β -methylbutyrate as a Metabolite," *Amino Acids* 47, no. 5 (2015): 917–924.
22. L. Tran, H. Masters, L. R. Roust, and C. S. Katsanos, "A New Method to Measure Muscle Protein Synthesis in Humans by Endogenously Introduced d9-Leucine and Using Blood for Precursor Enrichment Determination," *Physiological Reports* 3, no. 8 (2015): e12479.
23. G. C. Churchill, M. Strupp, A. Galione, and F. M. Platt, "Unexpected Differences in the Pharmacokinetics of N-Acetyl-DL-Leucine Enantiomers after Oral Dosing and Their Clinical Relevance," *PLOS ONE* 15 (2020): e0229585.
24. I. V. Zhukov, A. S. Kiryutin, Z. Wang, et al., "Surprising Absence of Strong Homonuclear Coupling at Low Magnetic Field Explored by Two-Field Nuclear Magnetic Resonance Spectroscopy," *Magnetic Resonance* 1 (2020): 237–246.
25. T. B. Freedman, X. Cao, R. K. Dukor, and L. A. Nafie, "Absolute Configuration Determination of Chiral Molecules in the Solution State Using Vibrational Circular Dichroism," *Chirality* 15 (2003): 743.
26. Y. He, B. Wang, R. K. Dukor, and L. A. Nafie, "Determination of Absolute Configuration of Chiral Molecules Using Vibrational Optical Activity: A Review," *Applied Spectroscopy* 65 (2011): 699–723.
27. D. W. Armstrong, S. Aslani, J. Nafie, Y. Wu, and J. F. Stoddart, "Actions and Interactions of Mirror-Image Cyclodextrins," *JACS Au* 5 (2025):693–701.
28. L. G. Felipe, D. C. B. J. M. Batista Jr., I. R. Nascimento, et al., "VCD to Determine Absolute Configuration of Natural Product Molecules: Secolignans from *Peperomia Blanda*," *Organic & Biomolecular Chemistry* 10 (2012): 4208–4214.
29. X. Wei, W. Ning, C. A. McCadden, et al., "Exploring and Expanding the Natural Chemical Space of Bacterial Diterpenes," *Nature Communications* 16 (2025): 3721.
30. L. A. Nafie, R. K. Dukor, T. B. Freedman, J. M. Chalmers, and P. R. Griffiths, *Handbook of Vibrational Spectroscopy*, edited by V. C. Dichroism (J. W. Sons, 2002), 731–744.
31. E. Neuzil, S. Ravaine, and H. Cousse, "La N-Acetyl-DL-leucine, Médicament Symptomatique des états Vertigineux," *Bulletin des Travaux de la Société de Pharmacie de Bordeaux* 141 (2002): 15–38.
32. P. Song, C. Chen, R. Franchini, et al., "N-Acetyl-l-leucine Lowers α -Synuclein Levels and improves synaptic function in Parkinson's disease models," *The Journal of Clinical Investigation* 136, no. 5 (2026): e196137.
33. S. Chinmoy and M. M. Lipinski, "N-Acetyl-L-leucine: A Promising Treatment Option for Traumatic Brain Injury," *Neural Regeneration Research* 17, no. 9 (2022): 1957–1958.

Supporting Information

Additional supporting information can be found online in the Supporting Information section.