

Proactive Integrated Consultation-Liaison Psychiatry (PICLP) Workbook

Patient initials		Age		Sex (M/F)	
Ward		Bed		Medical team	

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The Seven PICLP Principles	
1	TAKING A PROACTIVE APPROACH
2	PROVIDING CARE PROMPTLY
3	MAKING A COMPREHENSIVE BIOPSYCHOSOCIAL ASSESSMENT
4	FOCUSSING ON A CLEAR GOAL
5	ENSURING THE SYSTEMATIC DELIVERY OF PSYCHIATRIC CARE
6	PROVIDING INTENSIVE INTERVENTIONS
7	INTEGRATING WITH THE CLINICAL TEAM

Patient identifiers										
First name										
Last name										
Date of birth	D	D	M	M	Y	Y				
Hospital number										
Admission details										
Date of admission	D	D	M	M	Y	Y				
Pre- face to face assessment information										
Reason for admission										
Psychiatric diagnoses on admission							Currently under mental health service care Y or N			
Mobility, social support, carers and accommodation on admission										
Pre- face to face assessment background notes										

Stage 1: Complete biopsychosocial assessment and problem list											
Sources of information reviewed: Y or N or U (unavailable)					Discussion with: Y or N						
Hospital notes			Mental health team notes			Patient			Clinical (ward) team		
Drug chart			Primary care notes			Family/Carer			Other professionals		
	Categories to consider for potential problems	Present Y or N	If problem present, please give details				Is problem impeding discharge or increasing risk of readmission? Y or N				
Bio -	Not medically safe for discharge										
	Medication-related problems										
	Sensory deficits										
Psycho -	Cognitive impairment										
	Behavioural problems										
	Substance misuse										
	Psychiatric diagnoses										
	Sub-diagnostic threshold psychological problems										
Social	Problems with basic activities of daily living										
	Problems with instrumental activities of daily living										
	Accommodation problems										
	Legal problems										
Date Stage 1 completed						D	D	M	M	Y	Y
Time taken to complete Stage 1 only (minutes to nearest 5)						Psychiatrist					
						Assisting Clinician					

Stage 2: Create action plan for discharge											
The plan has been discussed with: Y or N											
Patient			Medical team			Therapy (OT/PT) team			Discharge/Social Work team		
Family/Carer			Nursing team			Other (detail):					
** Who is responsible for this action point – Psychiatrist (S), Assisting Clinician (A)											
	Categories	Action plan: for PICLP clinicians to address problems likely to impede discharge or increase risk of readmission							S or A**		
Bio -	Not medically safe for discharge										
	Medication-related problems										
	Sensory deficits										
Psycho -	Cognitive impairment										
	Behavioural problems										
	Substance misuse										
	Psychiatric diagnoses										
	Sub-diagnostic threshold psychological problems										
Social	Problems with basic activities of daily living										
	Problems with instrumental activities of daily living										
	Accommodation problems										
	Legal problems										
Date Stage 2 completed						D	D	M	M	Y	Y
Time taken to complete Stage 2 only (minutes to nearest 5)						Psychiatrist					
						Assisting Clinician					

Stage 3: Deliver action plan and review daily, modifying plan as needed

* Days since randomisation									
Date		Barriers to discharge				PICLP clinician actions			
Day*	Date	Bio	Psycho	Social	WHY can't the patient be discharged TODAY?	** Psychiatrist (S), Assisting Clinician (A)		S or A**	Time (mins) nearest 5 min
	DD/MM/YY	Impeding discharge: Y or N				What ACTIONS for PICLP clinicians today?			
0								S	
								A	
1								S	
								A	
2								S	
								A	
3								S	
								A	
4								S	
								A	
5								S	
								A	
6								S	
								A	
7					Biopsychosocial re-assessment completed? Y or N, if N explain				
								S	
								A	

Stage 3: Deliver action plan and review daily, modifying plan as needed

* Days since randomisation									Barriers to discharge			PICLP actions		
Day*	Date	Bio	Psycho	Social	WHY can't the patient be discharged TODAY?	**Psychiatrist (S), Assisting Clinician (A)		S or A**	Time (mins) nearest 5 min					
	DD/MM/YY	Impeding discharge: Y or N				What ACTIONS for PICLP clinicians TODAY?								
8								S						
								A						
9								S						
								A						
10								S						
								A						
11								S						
								A						
12								S						
								A						
13								S						
								A						
14					Biopsychosocial re-assessment completed? Y or N, if N explain									
								S						
								A						

Stage 3: Deliver action plan and review daily, modifying plan as needed

* Days since randomisation									Barriers to discharge			PICLP clinician actions		
Day*	Date	Bio	Psycho	Social	WHY can't the patient be discharged TODAY?	**Psychiatrist (S), Assisting Clinician (A) What ACTIONS for PICLP clinicians TODAY?		S or A**	Time (mins) nearest 5 min					
	DD/MM/YY	Impeding discharge: Y or N												
15								S						
								A						
16								S						
								A						
17								S						
								A						
18								S						
								A						
19								S						
								A						
20								S						
								A						
21					Biopsychosocial re-assessment completed? Y or N, if N explain									
								S						
								A						

Stage 3: Deliver action plan and review daily, modifying plan as needed

* Days since randomisation									Barriers to discharge			PICLP clinician actions		
Day*	Date	Bio	Psycho	Social	WHY can't the patient be discharged TODAY?	**Psychiatrist (S), Assisting Clinician (A)) What ACTIONS for PICLP clinicians TODAY?		S or A**	Time (mins) nearest 5 min					
	DD/MM/YY	Impeding discharge: Y or N												
22								S						
								A						
23								S						
								A						
24								S						
								A						
25								S						
								A						
26								S						
								A						
27								S						
								A						
28					Biopsychosocial re-assessment completed? Y or N, if N explain									
								S						
28								A						

Stage 3: Deliver action plan and review daily, modifying plan as needed										
* Days since randomisation		Barriers to discharge				PICLP clinician actions				
Day	Date	Bio	Psycho	Social	WHY can't the patient be discharged TODAY?	**Psychiatrist (S), Assisting Clinician (A) What ACTIONS for PICLP clinicians TODAY?		S or A**	Time (mins) nearest 5 min	
	DD/MM/YY	Impeding discharge: Y or N								
29								S		
								A		
30								S		
								A		
Stage 4: Discharge										
Date PICLP ended		D	D	M	M	Y	Y			
Psychiatric diagnoses during admission (all) including ICD-10 code										
Inform post-discharge Primary Care Physician of assessment in hospital discharge summary Y or N										
Discharge Plan (Detail)										
Time taken to complete Stage 4 only (minutes to nearest 5)							Psychiatrist			
							Assisting Clinician			