

A phase field model for hydrogen-assisted fatigue

Alireza Golahmar^a, Philip K. Kristensen^a, Christian F. Niordson^a, Emilio Martínez-Pañeda^{b,*}

^a*Department of Mechanical Engineering, Technical University of Denmark, DK-2800 Kgs. Lyngby, Denmark*

^b*Department of Civil and Environmental Engineering, Imperial College London, London SW7 2AZ, UK*

Abstract

We present a new theoretical and numerical phase field-based formulation for predicting hydrogen-assisted fatigue. The coupled deformation-diffusion-damage model presented enables predicting fatigue crack nucleation and growth for arbitrary loading patterns and specimen geometries. The role of hydrogen in increasing fatigue crack growth rates and decreasing the number of cycles to failure is investigated. Our numerical experiments enable mapping the three loading frequency regimes and naturally recover Paris law behaviour for various hydrogen concentrations. In addition, *Virtual* S-N curves are obtained for both notched and smooth samples, exhibiting a good agreement with experiments.

Keywords:

Phase field, Finite element method, Fatigue, Crack growth, Hydrogen embrittlement

1. Introduction

There is a growing interest in understanding and optimising the fatigue behaviour of metals in the presence of hydrogen (see, e.g., [1–6] and Refs. therein). Two aspects have mainly motivated these endeavours. Firstly, hydrogen-assisted cracking is a well-known concern in the transport, construction, defence and energy sectors. Hydrogen is ubiquitous and significantly reduces the ductility, strength, toughness and fatigue crack growth resistance of metallic materials, with the problem being exacerbated by the higher susceptibility of modern, high-strength alloys [7]. Secondly, hydrogen is seen as the energy carrier of the future, fostering a notable interest in the design and prognosis of infrastructure for hydrogen transportation and storage [8, 9]. In the majority of these applications, susceptible components are exposed to alternating

*Corresponding author.

Email address: e.martinez-paneda@imperial.ac.uk (Emilio Martínez-Pañeda)

mechanical loads and thus being able to predict the synergistic effects of hydrogen and fatigue damage is of utmost importance.

Significant progress has been achieved in the development of computational models for hydrogen-assisted fracture. Dislocation-based methods [10, 11], weakest-link approaches [12, 13], cohesive zone models [14–16], gradient damage theories [17] and phase field fracture formulations [18–21] have been presented to predict the nucleation and subsequent growth of hydrogen-assisted cracks. Multi-physics phase field fracture models have been particularly successful, demonstrating their ability to capture complex cracking conditions, such as nucleation from multiple sites or the coalescence of numerous defects, in arbitrary geometries and dimensions [22, 23]. However, the surge in modelling efforts experienced in the context of monotonic, static fracture has not been observed in fatigue. Hydrogen can influence the cyclic constitutive behaviour [24, 25], reduce the number of cycles required to initiate cracks [26, 27] and, most notably, accelerate fatigue crack growth [28, 29]. Predicting the significant reduction in fatigue life observed in the presence of hydrogen requires capturing how hydrogen elevates crack growth rates, which is dependent on the hydrogen content, the material susceptibility to embrittlement, the diffusivity of hydrogen and the loading amplitude and frequency, among other factors. Given the complexity and higher computational demands of fatigue damage, it is not surprising that the role of hydrogen in augmenting fatigue crack growth rates has been predominantly assessed from an experimental viewpoint, with a few exceptions [30, 31]. Moreover, the success of phase field formulations in predicting hydrogen-assisted static fracture has not been extended to fatigue yet.

In this work, we present the first phase field model for hydrogen-assisted fatigue. The main elements of the coupled deformation-diffusion-fatigue formulation presented are: (i) a thermodynamically-consistent extension of Fick’s law of mass diffusion, (ii) a fatigue history variable and associated degradation function, (iii) a phase field description of crack-solid interface evolution, (iv) a penalty-based formulation to update environmental boundary conditions, and (v) an atomistically-inspired relation between the hydrogen content and the fracture surface energy. This novel variational framework is numerically implemented in the context of the

finite element method and used to model hydrogen-assisted fatigue in several boundary value problems of particular interest. Firstly, the paradigmatic benchmark of a cracked square plate is modelled to quantify the dependency of the number of cycles to failure on the hydrogen content. Secondly, a boundary layer approach is used to gain insight into the competing role of loading frequency and hydrogen diffusivity. We show how the model captures the main experimental trends; namely, the sensitivity of fatigue crack growth rates to the loading frequency and the environment. The Paris law, and its sensitivity to hydrogen, are naturally recovered. Finally, *Virtual* S-N curves are computed for both smooth and notched samples, exhibiting a promising agreement with experimental data. The remainder of the paper is organized as follows. Section 2 presents the theoretical framework and provides details of the finite element implementation. In Section 3, the performance of the proposed modelling framework is benchmarked against several representative numerical examples as well as relevant experimental measurements. Finally, concluding remarks are given in Chapter 4.

2. A phase field theory for hydrogen-assisted fatigue

We present a theoretical and numerical framework for modelling hydrogen assisted fatigue. Our formulation is grounded on the phase field fracture method, which has gained notable traction in recent years. Applications include battery materials [32, 33], composites [34, 35], ceramics [36, 37], shape memory alloys [38], functionally graded materials [39, 40] and both ductile [41, 42] and embrittled [43] metals. The success of phase field fracture methods is arguably twofold. First, phase field provides a robust computational framework to simulate complex cracking phenomena in arbitrary geometries and dimensions. Secondly, it provides a variational platform for Griffith’s energy balance [44, 45]. Thus, consider a cracked elastic solid with strain energy density $\psi(\boldsymbol{\varepsilon})$. Under prescribed displacements, the variation of the total potential energy of the solid \mathcal{E} due to an incremental increase in crack area dA is given by

$$\frac{d\mathcal{E}}{dA} = \frac{d\psi(\boldsymbol{\varepsilon})}{dA} + \frac{dW_c}{dA} = 0, \quad (1)$$

where W_c is the work required to create new surfaces and $\boldsymbol{\varepsilon}$ is the strain tensor. The fracture resistance of the solid is given by the term dW_c/dA , also referred to as the material toughness or critical energy release rate G_c . A pre-existing crack will grow when the energy stored in the

material is high enough to overcome G_c . Griffith's minimality principle can be formulated in a variational form as follows

$$\mathcal{E} = \int_{\Omega} \psi(\boldsymbol{\varepsilon}) \, dV + \int_{\Gamma} G_c \, d\Gamma. \quad (2)$$

Arbitrary cracking phenomena can be predicted based on the thermodynamics of fracture, provided one can computationally track the crack surface Γ . The phase field paradigm is key to tackling the challenge of predicting the evolution of the crack surface topology. The crack-solid interface is described by means of an auxiliary variable, the phase field ϕ , which takes distinct values in each of the phases and varies smoothly in between. This implicit representation of an evolving interface has proven to be useful in modelling other complex interfacial phenomena, such as microstructural evolution [46] or corrosion [47]. In the context of fracture mechanics, the phase field ϕ resembles a damage variable, taking values of 0 in intact material points and of 1 inside the crack. Thus, upon a convenient constitutive choice for the crack surface density function γ , the Griffith functional (2) can be approximated by means of the following regularised functional:

$$\mathcal{E}_{\ell} = \int_{\Omega} [g(\phi) \psi_0(\boldsymbol{\varepsilon}) + G_c \gamma(\phi, \ell)] \, dV = \int_{\Omega} \left[(1 - \phi)^2 \psi_0(\boldsymbol{\varepsilon}) + G_c \left(\frac{\phi^2}{2\ell} + \frac{\ell}{2} |\nabla \phi|^2 \right) \right] \, dV. \quad (3)$$

Here, ℓ is a length scale parameter that governs the size of the fracture process zone, ψ_0 denotes the strain energy density of the undamaged solid and $g(\phi)$ is a degradation function. It can be shown through Gamma-convergence that \mathcal{E}_{ℓ} converges to \mathcal{E} when $\ell \rightarrow 0^+$ [48].

Now, let us extend this framework to incorporate fatigue damage and hydrogen embrittlement. Define a *degraded* fracture energy \mathcal{G}_d that is a function of the hydrogen concentration C and a fatigue history variable $\bar{\alpha}$, such that

$$\mathcal{G}_d = f_C(C) f_{\bar{\alpha}}(\bar{\alpha}) G_c \quad (4)$$

where f_C and $f_{\bar{\alpha}}$ are two suitably defined degradation functions to respectively incorporate hydrogen and fatigue damage, as described later. Replacing G_c by \mathcal{G}_d , taking the variation of the functional (3) with respect to $\delta\phi$, and applying Gauss' divergence theorem renders the following phase field equilibrium equation,

$$\mathcal{G}_d \left(\frac{\phi}{\ell} - \ell \nabla^2 \phi \right) - 2(1 - \phi) \psi_0 = 0 \quad (5)$$

Considering the homogeneous solution to (5) provides further insight into the role of the phase field length scale ℓ . Thus, in a 1D setting, consider a sample with Young's modulus E , subjected to a uniaxial stress $\sigma = g(\phi) E \varepsilon$; the homogeneous solution for the stress reaches a maximum at the following critical strength:

$$\sigma_c = \left(\frac{27 E \mathcal{G}_d}{256 \ell} \right)^{1/2}. \quad (6)$$

Hence, ℓ can be seen not only as a regularising parameter but also as a material property that defines the material strength. This enables phase field models to predict crack nucleation and naturally recover the transition flaw size effect [49, 50].

2.1. Hydrogen degradation function

We proceed to provide constitutive definitions for the degradation functions. The dramatic drop in fracture resistance observed in metals exposed to hydrogen is captured by taking inspiration from atomistic insight. As discussed elsewhere [14, 18], DFT calculations of surface energy degradation with hydrogen coverage θ exhibit a linear trend, with the slope being sensitive to the material system under consideration. Thus, a quantum mechanically informed degradation law can be defined as follows,

$$f_C = 1 - \chi \theta \quad \text{with} \quad \theta = \frac{C}{C + \exp(-\Delta g_b^0 / (\mathcal{R}T))} \quad (7)$$

where χ is the hydrogen damage coefficient, which is taken in this study to be $\chi = 0.89$, as this provides the best fit to the DFT calculations by Jiang and Carter in iron [18, 51]. Also, the second part of (7) makes use of the Langmuir–McLean isotherm to estimate, as dictated by thermodynamic equilibrium, the hydrogen coverage θ at decohering interfaces as a function of the bulk concentration C , the universal gas constant \mathcal{R} , the temperature T , and the associated binding energy Δg_b^0 . Here, we follow Serebrinsky *et al.* [14] and assume $\Delta g_b^0 = 30$ kJ/mol, as is commonly done for grain boundaries. These specific choices are based on the assumption of a hydrogen assisted fracture process governed by interface decohesion. However, we emphasise that the phase field framework for hydrogen assisted fatigue presented is general and can accommodate any mechanistic or phenomenological interpretation upon suitable choices of f_C .

2.2. Fatigue degradation function

Fatigue damage is captured by means of a degradation function $f_{\bar{\alpha}}(\bar{\alpha})$, a cumulative history variable $\bar{\alpha}$ and a fatigue threshold parameter α_T . Following the work by Carrara *et al.* [52], two forms of $f_{\bar{\alpha}}(\bar{\alpha})$ are considered:

$$f_{\bar{\alpha}}(\bar{\alpha}) = \begin{cases} 1 & \text{if } \bar{\alpha} \leq \alpha_T \\ \left(\frac{2\alpha_T}{\bar{\alpha} + \alpha_T} \right)^2 & \text{if } \bar{\alpha} > \alpha_T \end{cases} \quad (\text{Asymptotic}) \quad (8)$$

$$f_{\bar{\alpha}}(\bar{\alpha}) = \begin{cases} 1 & \text{if } \bar{\alpha} \leq \alpha_T \\ \left[1 - \kappa \log \left(\frac{\bar{\alpha}}{\alpha_T} \right) \right]^2 & \text{if } \alpha_T \leq \bar{\alpha} \leq \alpha_T 10^{1/\kappa} \\ 0 & \text{if } \bar{\alpha} \geq \alpha_T 10^{1/\kappa} \end{cases} \quad (\text{Logarithmic}) \quad (9)$$

where κ is a material parameter that governs the slope of the logarithmic function. For simplicity, the asymptotic function will be generally used in our numerical experiments unless otherwise stated. The fatigue history variable $\bar{\alpha}$ evolves in time t as follows,

$$\bar{\alpha}(t) = \int_0^t H(\alpha \dot{\alpha}) |\dot{\alpha}| dt, \quad (10)$$

where $H(\alpha \dot{\alpha})$ is the Heaviside function, such that $\bar{\alpha}$ only grows during loading. Finally, consistent with our energy balance, the cumulative fatigue variable is defined as $\bar{\alpha} = g(\phi) \psi_0$.

2.3. Coupled deformation-diffusion-fracture problem

The hydrogen and fatigue damage framework presented is coupled to the solution of the displacement field, as given by the balance of linear momentum:

$$\nabla \cdot \boldsymbol{\sigma} + \mathbf{b} = \mathbf{0}, \quad (11)$$

and mass transport,

$$\dot{C} + \nabla \cdot \mathbf{J} = 0. \quad (12)$$

Here, $\boldsymbol{\sigma}$ is the Cauchy stress tensor, \mathbf{b} is the body force vector, and \mathbf{J} is the hydrogen flux. In relation to the mechanical problem, linear elastic material behaviour is assumed, with the strain energy density given as $\psi_0 = \frac{1}{2} \boldsymbol{\varepsilon} : \boldsymbol{\mathcal{C}} : \boldsymbol{\varepsilon}$, where $\boldsymbol{\mathcal{C}}$ is the fourth order elasticity tensor. The hydrogen transport problem is characterised by the following definition of the chemical potential,

$$\mu = \mu_0 + \mathcal{R}T \ln \frac{\theta}{1 - \theta} - \bar{V}_H \sigma_H \quad (13)$$

where μ_0 denotes the chemical potential in the standard state and \bar{V}_H is the partial molar volume of hydrogen in solid solution. Our numerical examples are focused on iron-based materials and consequently $\bar{V}_H = 2000 \text{ mm}^3/\text{mol}$. It must be emphasised that the hydrostatic stress σ_H lowers the chemical potential, increasing the hydrogen solubility as a result of lattice dilatation and thus attracting hydrogen to areas of high volumetric strains, such as crack tips. Finally, the hydrogen flux is related to $\nabla\mu$ through the following linear Onsager relation,

$$\mathbf{J} = -\frac{DC}{\mathcal{R}T}\nabla\mu, \quad (14)$$

where D is the hydrogen diffusion coefficient. The role of microstructural trapping sites in slowing diffusion can be accounted for by considering D to be the effective diffusion coefficient (as opposed to the lattice one). Also, as shown in Ref. [43] in the context of static fracture, the framework can readily be extended to capture the influence of dislocation traps, which evolve with mechanical load.

2.4. Numerical implementation

The weak forms of Eqs. (5), (11) and (12) are discretised and solved using the finite element method. In addition, the following features enrich our numerical implementation. Firstly, damage irreversibility is enforced by means of a history field that satisfies the Kuhn-Tucker conditions [53]. Secondly, damage under compressive fields is prevented by adopting a tension-compression split of the strain energy density, together with a hybrid implementation [54]. Two approaches are considered, the volumetric-deviatoric split by Amor *et al.* [55] and the spectral decomposition by Miehe *et al.* [53]; the former is generally used unless otherwise stated. Thirdly, the system of equations is solved with a staggered approach that converges to the monolithic result upon controlling the residual norm [56]. Finally, a penalty approach is adopted to implement *moving* chemical boundary conditions, by which the diffusion-environment interface evolves as dictated by the phase field crack [21, 23, 57].

3. Results

The predictive capabilities of the model are demonstrated through the following numerical experiments. Firstly, in Section 3.1, we validate our numerical implementation in the absence of hydrogen and extend it to demonstrate how the model can capture the role of hydrogen in

accelerating crack growth rates. Secondly, in Section 3.2, we use a boundary layer formulation to gain insight into hydrogen-assisted fatigue crack growth under small scale yielding conditions. Stationary and propagating cracks are modelled to shed light on the sensitivity of the crack tip hydrogen concentration to the fatigue frequency and compute Paris law coefficients for various hydrogen contents. Also, crack growth rates versus loading frequency regimes are mapped. Thirdly, we examine the fracture and fatigue behaviour of notched components in Section 3.3, computing *Virtual* S-N curves for various hydrogenous environments. Finally, in Section 3.4 we compare model predictions with fatigue experiments on smooth samples, observing a very good agreement. Two materials are considered, with samples being exposed either to air or to high pressure hydrogen gas.

3.1. Cracked square plate subjected to fatigue in a hydrogenous environment

The case of a square plate with an initial crack subjected to uniaxial tension has become a paradigmatic benchmark in the phase field fracture community. Loading conditions and sample dimensions (in mm) are illustrated in Fig. 1a. As in Refs. [52, 58], material properties read $E = 210$ GPa, $\nu = 0.3$, $G_c = 2.7$ kJ/m², $\ell = 0.004$ mm and $\alpha_T = 56.25$ MPa. The sample is discretised using 27,410 eight-node plane strain quadrilateral elements with reduced integration. The mesh is refined in the crack propagation region to ensure that the characteristic element length h is sufficiently small to resolve the fracture process zone ($h < \ell/5.4$ [18]). The plate is subjected to a piece-wise linear cyclic remote displacement with a load frequency of $f = 400$ Hz, a zero mean value (i.e. a load ratio of $R = -1$) and a constant range of $\Delta u = 4 \times 10^{-3}$ mm.

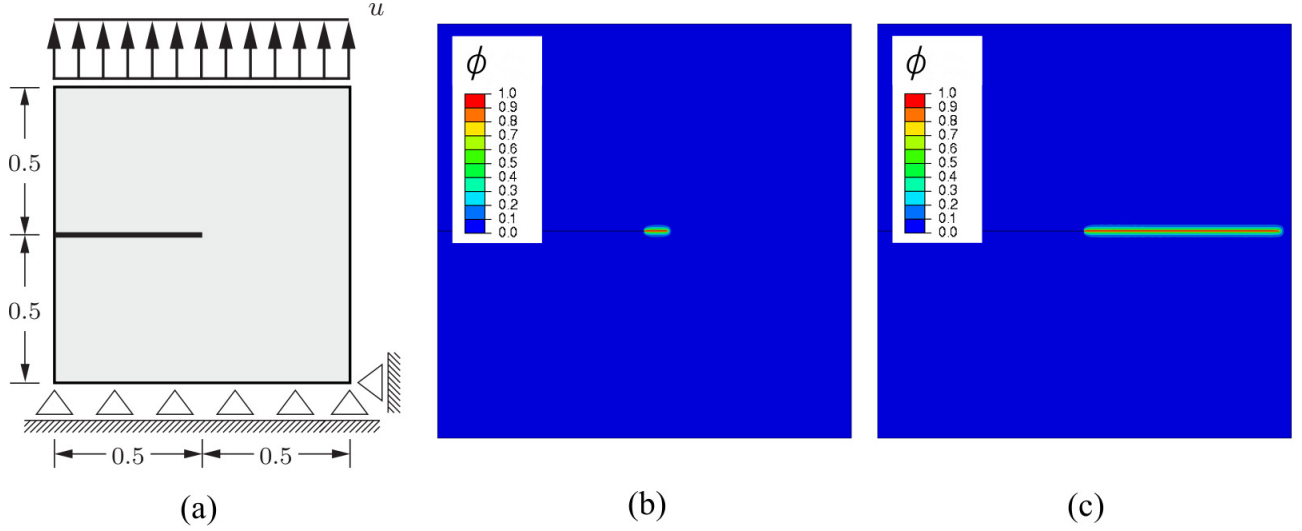


Figure 1: Cracked square plate: (a) Loading configuration (with dimensions in mm) and phase field contours after (b) 80 and (c) 280 loading cycles.

We proceed first to validate the model in the absence of hydrogen. The results obtained are shown in Fig. 2 in terms of crack extension Δa (in mm) versus the number of cycles N . The computations have been conducted for three choices of the strain energy density decomposition: no split, volumetric/deviatoric [55] and spectral [53]. A very good agreement is observed with the predictions of Carrara *et al.* [52] and Kristensen and Martínez-Pañeda [58]. The agreement is particularly good with the latter work, which uses a quasi-Newton monolithic implementation, while the work by Carrara *et al.* [52] employs an energy-based criterion to ensure that the staggered solution scheme iterates until reaching the monolithic solution [54]. As discussed in the literature, higher fatigue crack growth rates are predicted if no tension-compression split is considered as both tension and compression loading cycles contribute to damage.

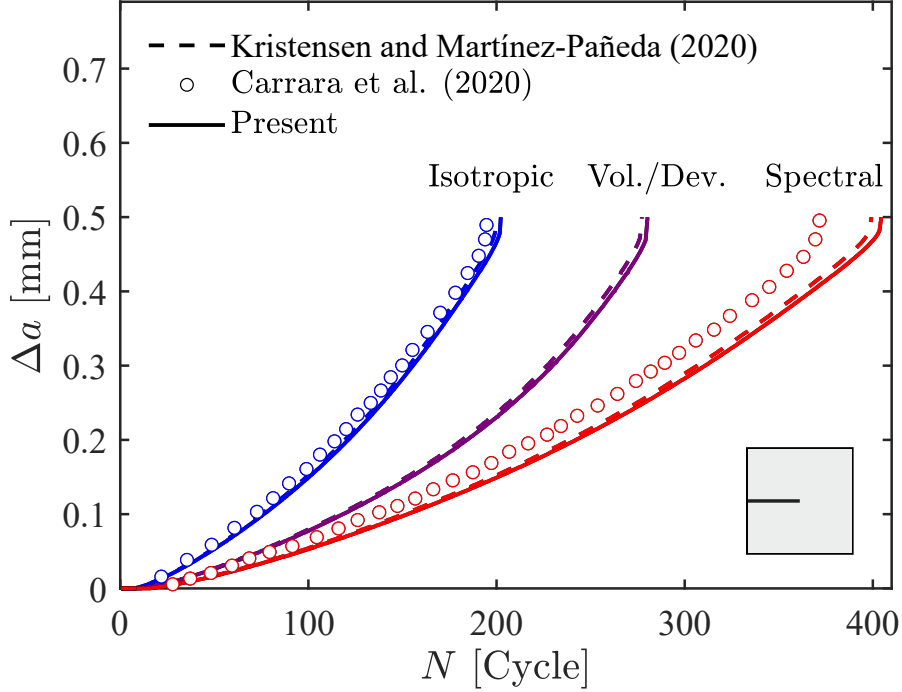


Figure 2: Cracked square plate, validation in an inert environment: crack extension versus number of cycles and comparison with the results of Kristensen and Martínez-Pañeda [58] and Carrara *et al.* [52].

Subsequently, the cracked square plate is exposed to a hydrogenous environment at room temperature. We assume that the plate is made of an iron-based material with diffusion coefficient $D = 0.0127 \text{ mm}^2/\text{s}$. Furthermore, it is assumed that the sample has been pre-charged and is exposed to a hydrogenous environment throughout the experiment. Accordingly, a uniform hydrogen distribution is assigned as an initial condition $C(t = 0) = C_0 = C_{\text{env}} \forall x$ and a constant hydrogen concentration $C(t) = C_{\text{env}}$ is prescribed at all the outer boundaries of the plate, including the crack faces¹. The results obtained are shown in Fig. 3 for three selected values of the environmental hydrogen concentration: 0.1, 0.5 and 1 wt ppm. The results reveal that the model correctly captures the trend expected: fatigue crack growth rates increase with increasing hydrogen content (see, e.g., [9, 64]).

¹We note that, while a constant hydrogen concentration has been prescribed at the crack faces for simplicity, the use of generalised Neumann-type boundary conditions [59, 60] or σ_H -dependent Dirichlet boundary conditions [61–63] is more appropriate.

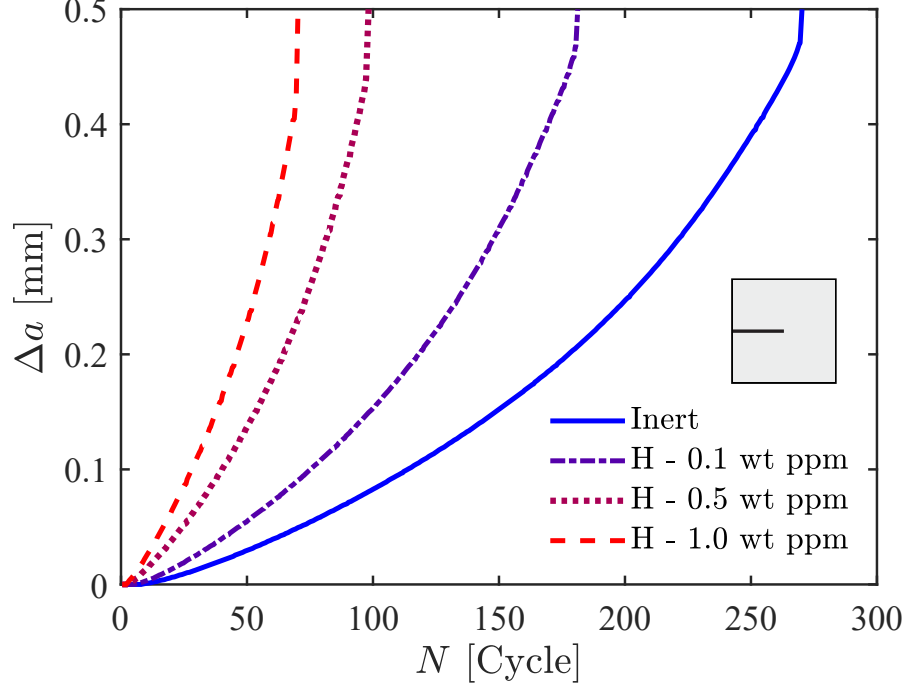


Figure 3: Cracked square plate, influence of hydrogen: crack extension versus number of cycles for various hydrogen concentration levels.

3.2. Boundary layer model

Next, we gain insight into hydrogen-assisted fatigue under small scale yielding conditions. A boundary layer model is used to prescribe a remote K_I field in a circular region of a body containing a sharp crack. As shown in Fig. 4, only the upper half of the domain is considered due to its symmetry. The remote, elastic K_I field is applied by prescribing the displacements of the nodes in the outer region following the Williams [65] expansion. Thus, for a polar coordinate system (r, θ) centered at the crack tip, the horizontal and vertical displacements respectively read

$$\begin{aligned} u_x(r, \theta) &= K_I \frac{1+\nu}{E} \sqrt{\frac{r}{2\pi}} \cos\left(\frac{\theta}{2}\right) [3 - 4\nu - \cos(\theta)] \\ u_y(r, \theta) &= K_I \frac{1+\nu}{E} \sqrt{\frac{r}{2\pi}} \sin\left(\frac{\theta}{2}\right) [3 - 4\nu - \cos(\theta)] \end{aligned} \quad (15)$$

Cyclic loading conditions are attained by defining the applied stress intensity factor as the following sinusoidal function,

$$K_I = K_m + \frac{\Delta K}{2} \sin(2\pi f t), \quad \text{with} \quad K_m = \frac{\Delta K}{2} + \frac{R \Delta K}{1 - R} \quad (16)$$

where f denotes the load frequency, t the test time, K_m the load mean value, $\Delta K = K_{\max} - K_{\min}$ the load range, and $R = K_{\min}/K_{\max}$ the load ratio. To capture the loading history with fidelity, each cycle is divided into at least 20 computational time increments. The circular domain is discretised using 4,572 quadratic plane strain quadrilateral elements with reduced integration and, as shown in Fig. 4b, the mesh is refined along the crack propagation region.

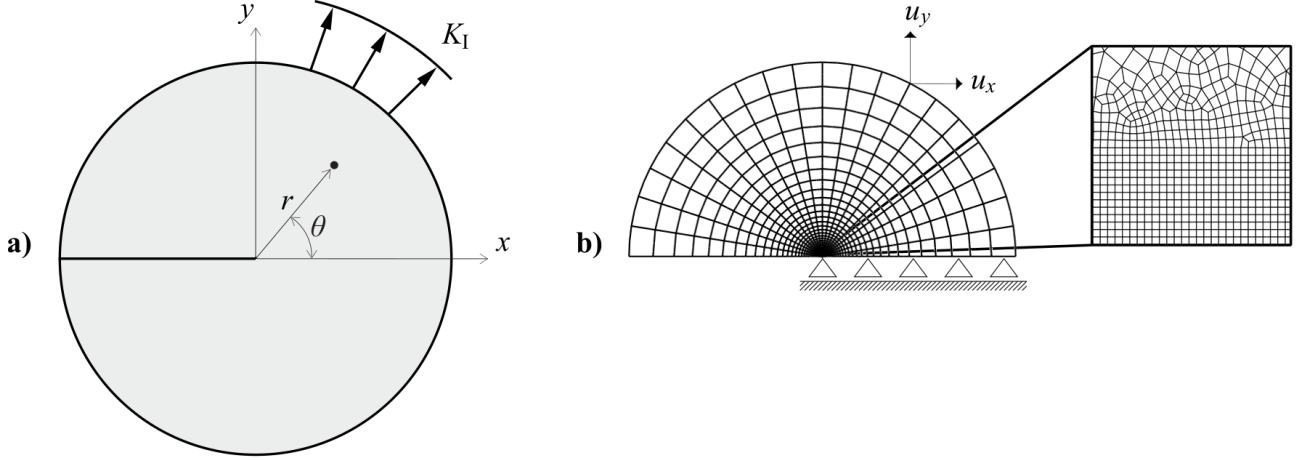


Figure 4: Boundary layer model: (a) Geometry and boundary conditions, and (b) finite element mesh, including details of the mesh refinement ahead of the crack tip.

Consider first the case of a stationary crack in a solid with Young's modulus $E = 210$ GPa, Poisson's ratio $\nu = 0.3$ and diffusion coefficient $D = 0.0127$ mm²/s. The sample is assumed to be pre-charged with a uniform concentration of $C(t = 0) = C_0 = 0.5$ wt ppm. The load range is chosen to be $\Delta K = 1$ MPa $\sqrt{\text{m}}$, the load frequency equals $f = 1$ Hz, and the load ratio is $R = 0$. The evolution of the crack tip hydrogen distribution as a function of time t can be quantified by the following dimensionless groups, as dictated by the Buckingham Π theorem,

$$\frac{C}{C_0} = \mathcal{F} \left(\frac{fL_0^2}{D}, \quad \frac{tD}{L_0^2}, \quad \frac{E\bar{V}_H}{\mathcal{R}T} \right) \quad (17)$$

where $L_0 = (K_m/E)^2$ is a length parameter that results from the dimensional analysis and provides a measure of the gradients close to the crack tip. The first two dimensionless groups quantify the competing influence of test and diffusion times, which are denoted as the normalised frequency $\bar{f} = \frac{fL_0^2}{D}$ and the normalised time $\bar{t} = \frac{tD}{L_0^2}$, respectively.

Hydrogen diffusion is (partially) driven by gradients of hydrostatic stress, see Eq. (13), such that hydrogen atoms will accumulate in areas with high volumetric strains. Under steady state

conditions, the hydrogen concentration is given as,

$$C = C_0 \exp \left(\frac{\bar{V}_H \sigma_H}{\mathcal{R}T} \right). \quad (18)$$

Accordingly, the hydrogen distribution ahead of the crack will vary during the loading cycle. Fig. 5 shows the results obtained at the maximum K_{\max} , mean K_m and minimum $K_{\min} = 0$ stages of the first load cycle, for a sufficiently low frequency such that conditions resemble those of steady state. In agreement with expectations, the hydrogen concentration increases with the applied load, reaching its maximum value in the vicinity of the crack tip (where σ_H is highest), and remains constant for a zero value of the hydrostatic stress at $K_{\min} = 0$ ($R = 0$).

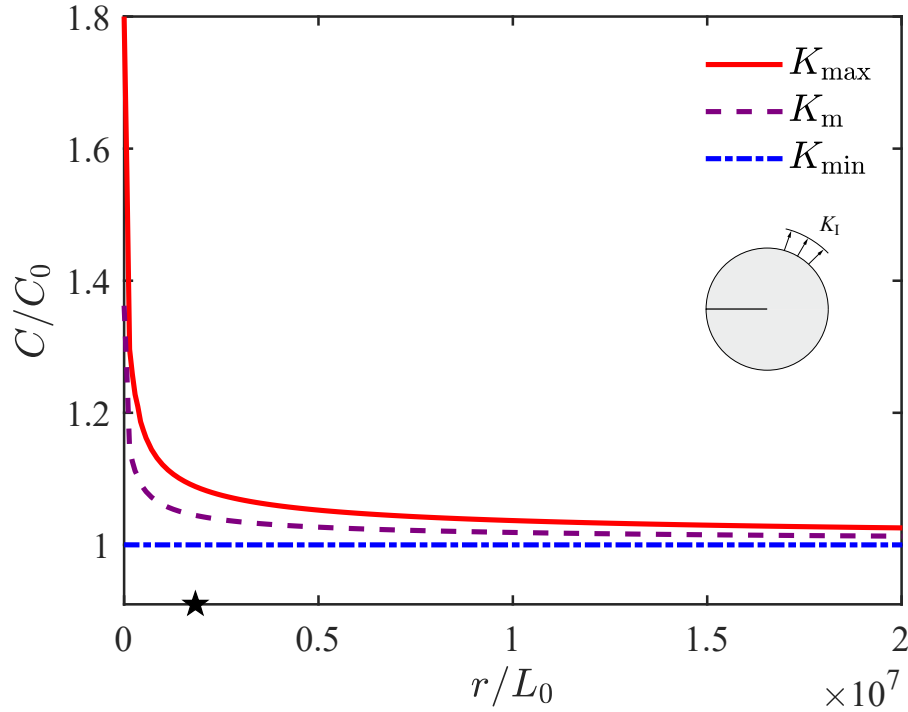


Figure 5: Boundary layer model: Hydrogen concentration ahead of a stationary crack tip for three stages of the first load cycle. The results have been obtained under steady state conditions and with load ratio $R = 0$.

Let us now consider the more common case of transient conditions and investigate the competing role of the loading frequency and diffusion time. Fig. 6 illustrates the variation in time of the hydrogen concentration near the crack tip, at a point located at $r/L_0 \approx 0.2 \times 10^7$, as denoted by a star in Fig. 5. The results reveal that, irrespectively of the test duration, the maximum hydrogen content that can be attained ahead of the crack tip is sensitive to the loading frequency. If the diffusivity of hydrogen is sufficiently large relative to the time

required to complete one cycle (low f), the amplitude of the hydrogen concentration follows that of the hydrostatic stress, as in the steady state case - see Eq. (18). Contrarily, for high loading frequencies, unloading begins before the hydrogen distribution reaches the steady state solution (18) and consequently the maximum value of C reached during the experiment is smaller than that of lower frequencies. It can be seen that, for the highest frequency ($f = 10^3$ Hz) the hydrogen concentration does not oscillate and flattens out towards a constant value that is roughly 5% lower than the maximum concentration attained at low loading frequencies (for the material properties and distance ahead of the crack here considered). Recall that the relevant non-dimensional group $\bar{f} = fL_0^2/D$ involves the material diffusion coefficient. It follows that the present results could support the use of *beneficial* traps, which lower the material diffusivity but are not involved in the fracture process, as a viable strategy for designing materials resistant to hydrogen-assisted fatigue.

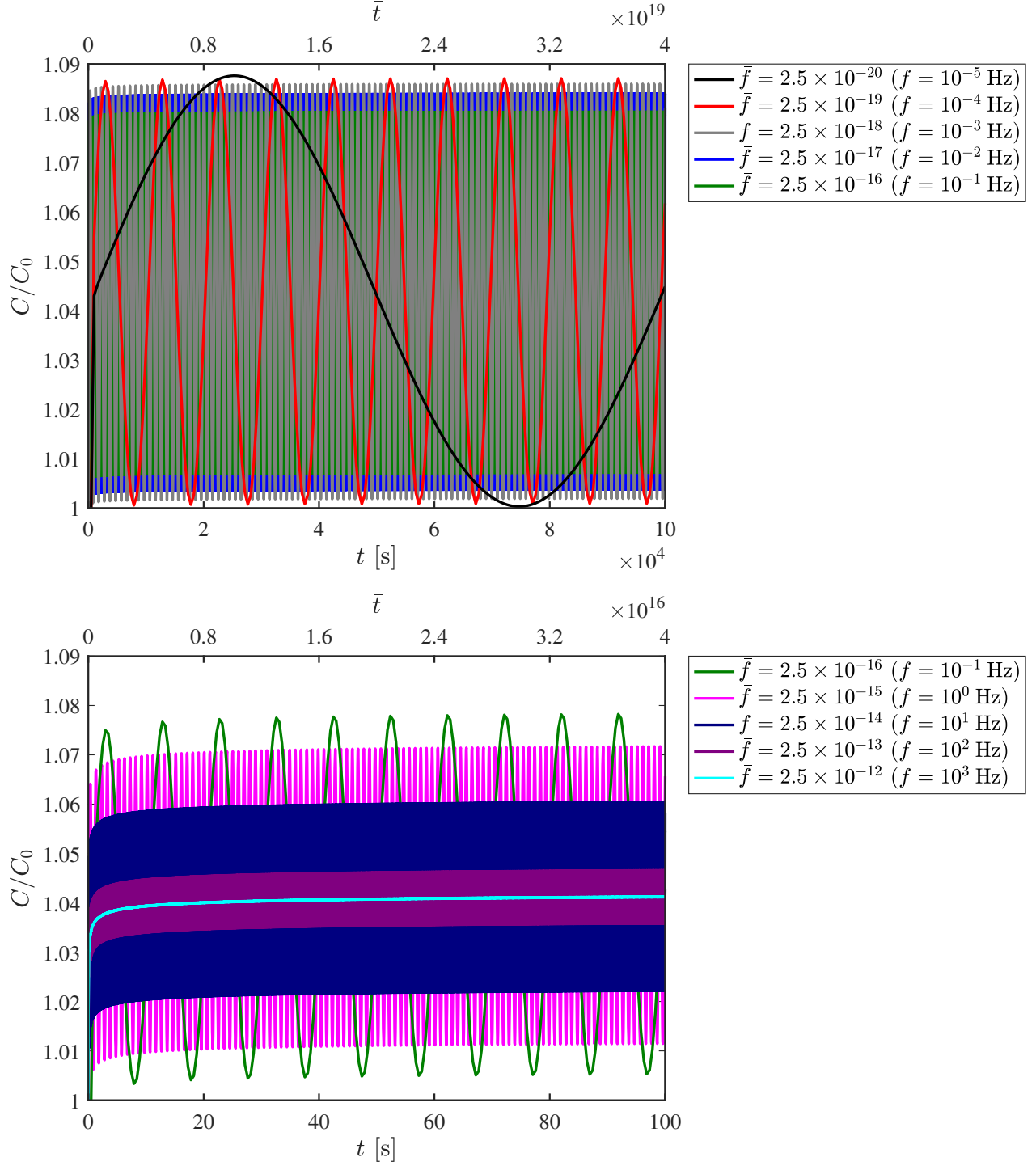


Figure 6: Boundary layer model: Variation in time of the hydrogen concentration at a point ahead of a stationary crack tip for various loading frequencies and load ratio $R = 0$.

We proceed to investigate the influence of the diffusion time-frequency interplay on fatigue crack growth rates. The phase field fatigue model outlined in Section 2 is used, with material properties $G_c = 2.7 \text{ kJ/m}^2$ and $\ell = 0.0048 \text{ mm}$. A reference stress intensity factor, in the

absence of hydrogen, is defined as,

$$K_0 = \sqrt{\frac{G_c E}{(1 - \nu^2)}} \quad (19)$$

and a fracture process zone length L_f , can be defined as [49, 50]:

$$L_f = \frac{G_c (1 - \nu^2)}{E} \quad (20)$$

Fig. 7 shows the results obtained in terms of (normalised) crack extension versus number of cycles, as a function of the environmental hydrogen concentration C_{env} . These computations have been conducted for a pre-charged solid ($C(t = 0) = C_{\text{env}}$) that is exposed to a hydrogenous environment during the test ($C(t) = C_{\text{env}}$ at the boundaries). The load range equals $\Delta K/K_0 = 0.08$, while the load frequency and ratio equal $f = 1$ Hz and $R = 0.1$, respectively. The results shown in Fig. 7 reveal that the model is able to capture the expected trends - for a given number of cycles, the higher the hydrogen concentration, the larger the crack extension. As depicted in Fig. 7, a linear fit can be applied to the linear part of the curve to derive the slope (crack growth rates).

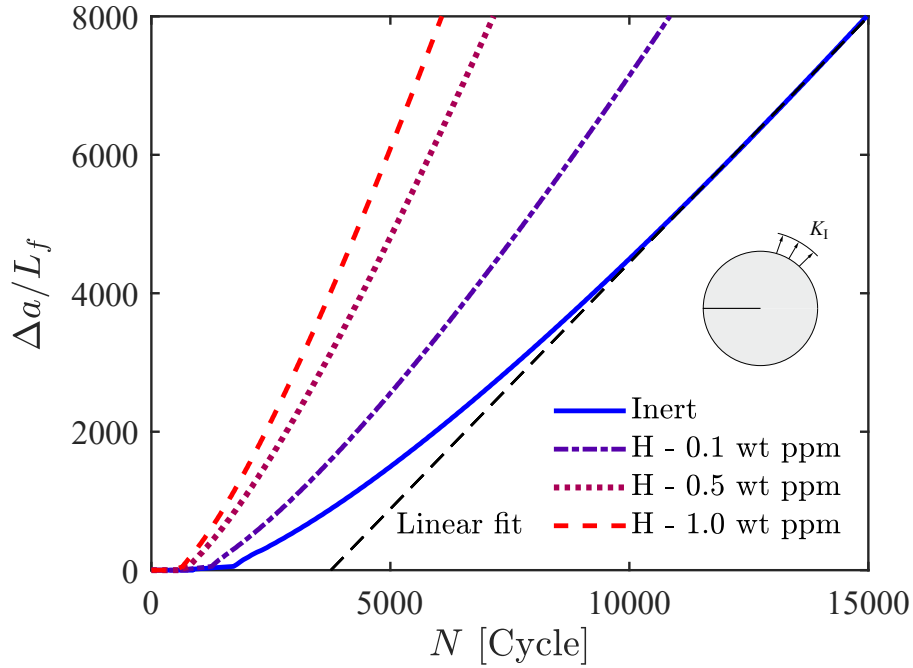


Figure 7: Boundary layer model: Crack extension versus the number of cycles for different hydrogen concentrations. Results have been obtained for $\Delta K/K_0 = 0.08$, under a load ratio of $R = 0.1$ and load frequency $f = 1$ Hz.

The fatigue crack growth rates obtained for different ΔK and hydrogen concentrations are shown in Fig. 8, using a log-log plot. The computed curves behave linearly in the so-called Paris regime, where cracks propagate stably, as expected. By applying the well-known Paris equation $da/dN = \mathcal{C}\Delta K^m$, one can readily observe that \mathcal{C} increases with the hydrogen content, in agreement with the experimental trends. On the other hand, results yield a Paris exponent that appears to be less sensitive to the environment, with a magnitude ($m \approx 3.2$) that is within the range reported for metals in inert environments [66]. The present framework is capable of providing as an output (not input) the Paris law behaviour, enabling the prediction of the role of hydrogen in accelerating sub-critical crack growth rates.

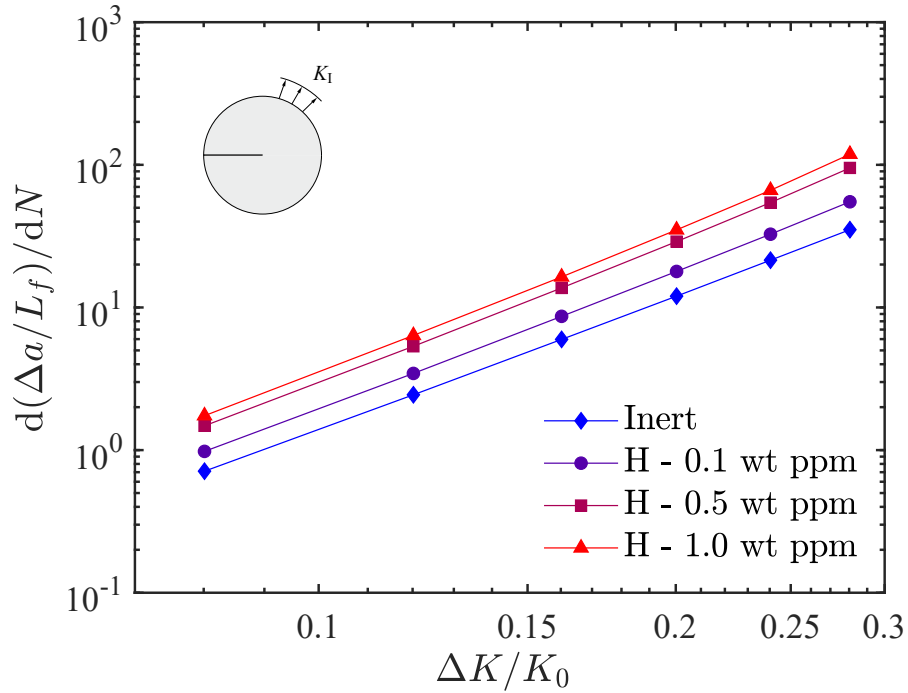


Figure 8: Boundary layer model, Paris law behaviour: Fatigue crack growth rate versus load range for different hydrogen concentrations. Results have been obtained for a load ratio of $R = 0.1$ and load frequency $f = 1$ Hz.

Finally, Fig. 9 illustrates the sensitivity of fatigue crack growth rates to the loading frequency. Here, we consider a pre-charged sample with $C_0 = 0.1$ wt ppm exposed to a load amplitude of $\Delta K/K_0 = 0.24$ and a load ratio of $R = 0$. It is shown that the model captures another widely observed experimental trend; the fatigue behaviour of metals in the presence of hydrogen varies between two limiting cases: (i) fast tests (high f), where hydrogen does not have enough time to diffuse to the fracture process zone and the susceptibility to embrittlement

diminishes, and (ii) slow tests (low f), where hydrogen atoms have sufficient time to accumulate in areas of high σ_H , magnifying embrittlement. The model readily captures the transition between these two limiting regimes.

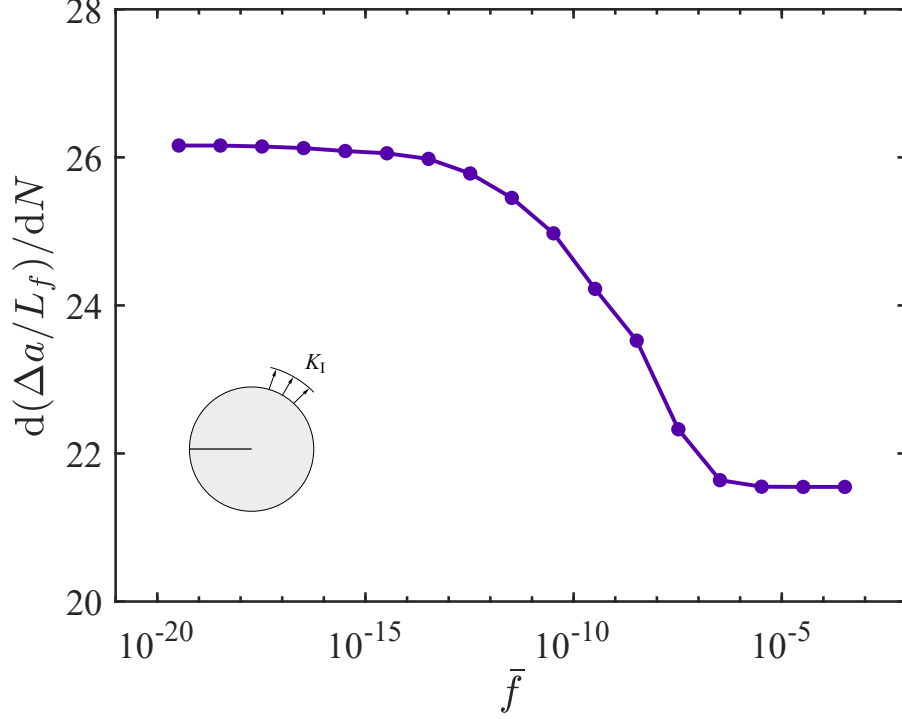


Figure 9: Boundary layer model, mapping frequency regimes: fatigue crack growth rate versus normalised frequency $\bar{f} = fL_0^2/D$. Results have been obtained for $\Delta K/K_0 = 0.24$, under a load ratio of $R = 0$ and a hydrogen concentration of $C_0 = C_{\text{env}} = 0.1$ wt ppm.

3.3. Notched cylindrical bar

Fatigue crack growth in samples containing non-sharp defects is subsequently investigated. Consider a cylindrical bar with a notch on its surface, as sketched in Fig. 10a. Axisymmetric conditions are exploited to model one planar section of the sample only. The finite element model contains 17,003 quadratic axisymmetric quadrilateral elements with reduced integration, with the mesh being refined ahead of the notch tip, where the characteristic element size is 6 times smaller than the phase field length scale ℓ (see Fig. 10b). The assumed material properties read $E = 210$ GPa, $\nu = 0.3$, $G_c = 64$ kJ/m², $\ell = 0.015$ mm, $D = 0.0127$ mm²/s, and $\alpha_T = 355.56$ MPa. The bar is pre-charged and subsequently loaded in the same environment such that all the outer boundaries of the bar, including the notch faces, are in contact with the environment during the entire numerical experiment. Three environments are considered,

corresponding to hydrogen concentrations of 0.1, 0.5 and 1 wt ppm. Cyclic loading is prescribed by subjecting the bar to a piece-wise linear remote displacement with a load frequency of $f = 1$ Hz and a load ratio of $R = 0$.

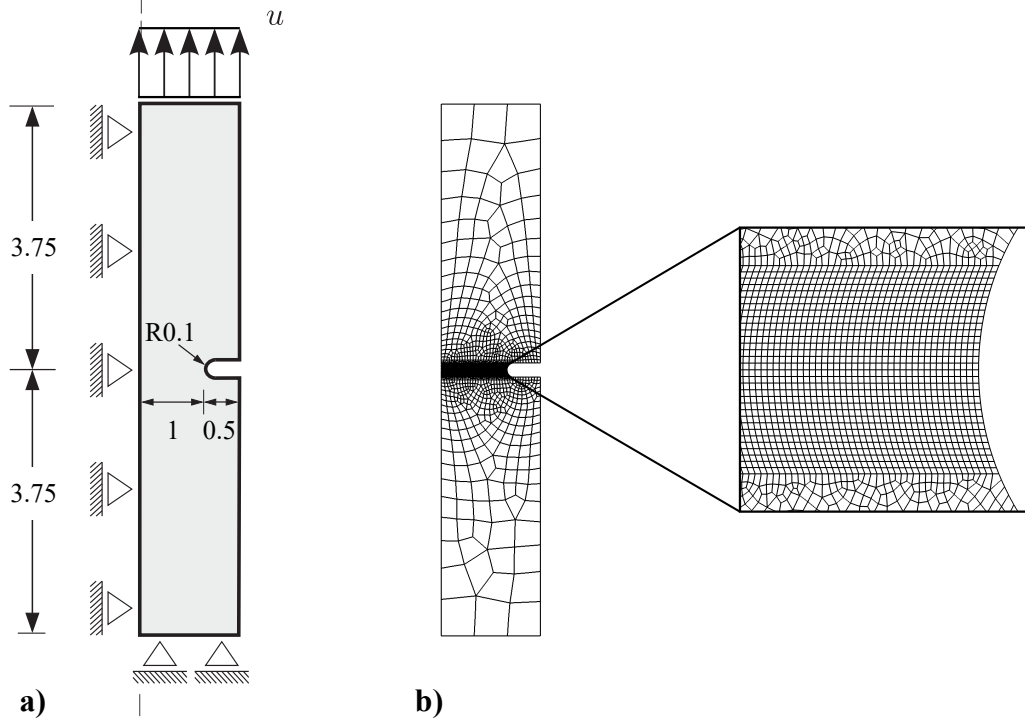


Figure 10: Notched cylindrical bar: (a) geometry (with dimensions in mm) and boundary conditions, and (b) finite element mesh, including a detailed view of the mesh ahead of the notch tip.

The results obtained are shown in Fig. 11, in terms of the remote stress amplitude versus the number of cycles to failure, also known as S-N curves. The stress amplitude is normalised by the material strength, as given by (6). For a given hydrogen concentration, shorter fatigue lives are observed as the hydrogen content is increased. In all cases, the number of cycles to failure increases with decreasing stress amplitude, and the slope of the S-N curve appears to be rather insensitive to the hydrogen content.

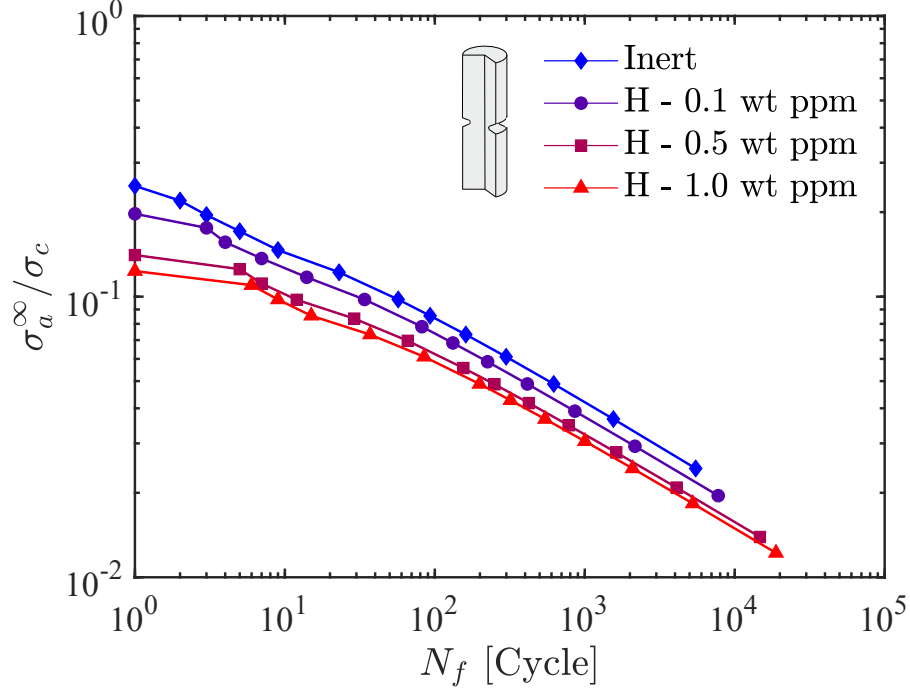


Figure 11: Notched cylindrical bar, *Virtual* S-N curves: alternating remote stress versus number of cycles to failure for different hydrogen concentrations. The stress concentration factor equals $K_t = 3.354$.

Accurate fatigue crack growth predictions in harmful environments require suitable boundary conditions. As mentioned in Section 2, we adopt a penalty approach to implicitly enforce *moving* chemical boundary conditions, so as to capture how the newly created crack surfaces are promptly exposed to the environment. This is illustrated in Fig. 12 by means of phase field and hydrogen concentration contours; as the crack grows, the concentration in the damaged regions equals C_{env} . Note that the contours correspond to $\sigma^\infty = \sigma_{\text{min}} = 0$, and as a result there is no effect of σ_H on the hydrogen concentration.

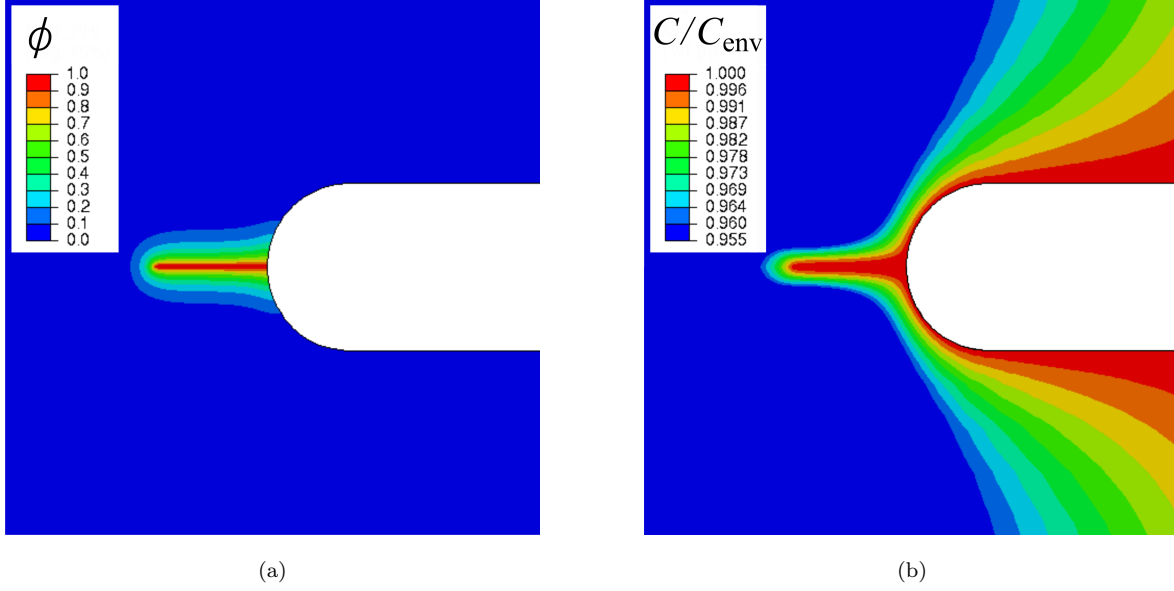


Figure 12: Notched cylindrical bar, influence of the *moving* chemical boundary conditions: contours of the phase field ϕ (a) and hydrogen concentration (b). Results have been obtained for $C_{\text{env}} = 1$ wt ppm after 700 cycles and are plotted at $u = u_{\text{min}} = 0$.

3.4. Comparison with experimental S - N curves

We conclude the results section by comparing model predictions with S - N curves obtained from uniaxial tension-compression fatigue experiments on smooth samples. The tests were carried out by Matsunaga et al. [67] on two types of steels, a Cr-Mo steel (JIS-SCM435) with tensile strength of 840 MPa and a carbon steel (JIS-SM490B) with tensile strength of 530 MPa. The experiments were carried out in laboratory air and in 115 MPa hydrogen gas under constant stress amplitudes at a stress ratio of $R = -1$ and a test frequency of $f = 1$ Hz. As it is common with steels, both materials are assumed to have a Young's modulus of $E = 210$ GPa and a Poisson's ratio of $\nu = 0.3$. The toughness is assumed to be equal to $G_c = 60$ kJ/m² and $G_c = 27$ kJ/m² for JIS-SCM435 and JIS-SM490B, respectively, based on fracture toughness measurements reported in Refs. [68, 69]. The boundary value problem can be solved in a semi-analytical fashion, by considering the homogeneous solution to (5). A piece-wise cyclic linear variation of the remote stress is assumed. Under 1D conditions, the length scale and the strength are related via (6), and this relation renders magnitudes of $\ell = 1.88$ mm and $\ell = 2.13$ mm for JIS-SCM435 and JIS-SM490B, respectively. The logarithmic fatigue degradation function (9) is used, together with the spectral tension-compression split [53]. The

fatigue parameters α_T and κ are chosen so as to provide the best fit to the experiments in air; the magnitudes of $\alpha_T = 24$ MPa and $\kappa = 0.15$ provided the best fit to both JIS-SCM435 and JIS-SM490B data. Then, the fatigue response of samples exposed to hydrogen can be estimated by relating the H_2 pressure with the hydrogen concentration. The latter can be given as a function of the solubility S and the fugacity f_{H_2} by means of Sievert's law:

$$C = S\sqrt{f_{H_2}} \quad \text{with} \quad S = S_0 \exp\left(\frac{-E_s}{\mathcal{R}T}\right), \quad (21)$$

where E_s is an activation energy. For JIS-SCM435 and JIS-SM490B, the magnitudes of S_0 and E_s are taken from Ref. [70] by considering the data reported for similar steels (AISI 4130 and AISI 1020, respectively); namely: $E_s = 27.2$ kJ/mol, $S_0 = 102 \text{ mol/m}^3\sqrt{\text{MPa}}$ (JIS-SCM435) and $E_s = 23.54$ kJ/mol, $S_0 = 159 \text{ mol/m}^3\sqrt{\text{MPa}}$ (JIS-SM490B). Assuming that the Abel–Noble equation is appropriate, the fugacity can be related to the hydrogen pressure p as follows,

$$f_{H_2} = p \exp\left(\frac{pb}{\mathcal{R}T}\right) \quad (22)$$

where the Abel-Noble parameter is taken to be $b = 15.84 \text{ cm}^3/\text{mol}$, rendering $f_{H_2} = 242.9$ MPa, and hydrogen concentrations of 0.00577 wt ppm (JIS-SCM435) and 0.04042 wt ppm (JIS-SM490B). The solubility dependence on the hydrostatic stress should also be accounted for; thus, we scale the hydrogen concentration according to (18) to determine the final magnitude of hydrogen uptake.

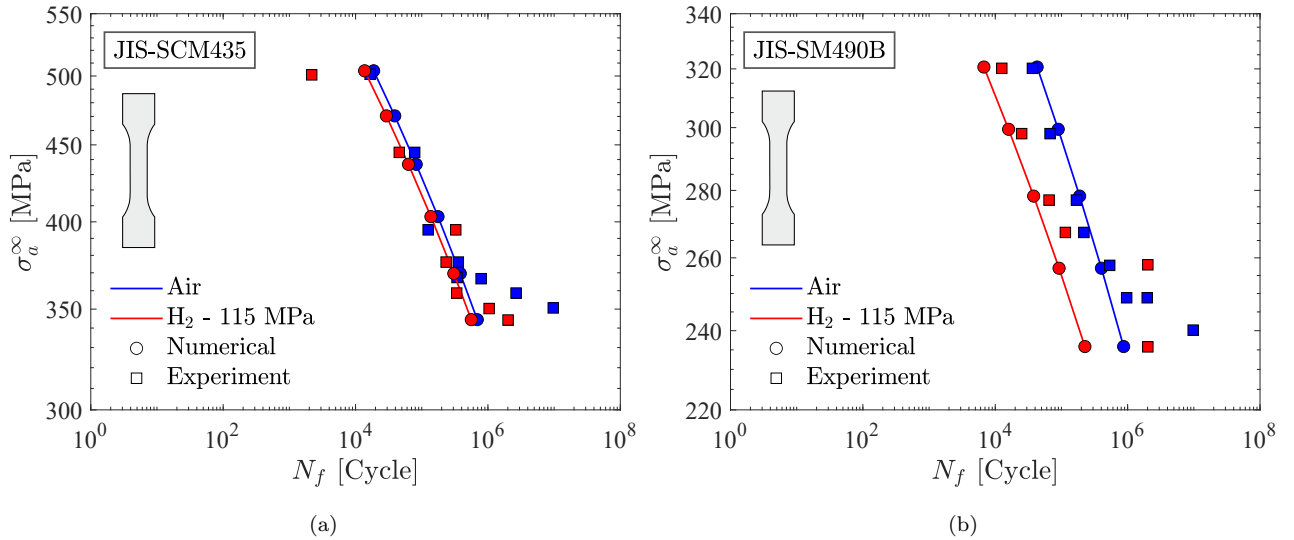


Figure 13: S-N curves from smooth samples: numerical (present) and experimental [67] in air and at hydrogen pressure of 115 MPa. Two materials are considered: (a) JIS-SCM435, a Cr-Mo steel, and (b) JIS-SM490B, a carbon steel.

The experimental and numerical results obtained are shown in Fig. 13. Despite the scatter typically associated with these experiments, the *Virtual* S-N curves predicted are in good agreement with the measured data. In both experiments and simulations, a higher susceptibility to hydrogen-assisted fatigue is observed in the case of JIS-SM490B, a steel with a higher solubility, where hydrogen reduces the number of cycles to failure by almost an order of magnitude. It is also worth noting that the agreement with experiments becomes less satisfactory at low stress amplitudes, particularly in the absence of hydrogen. This is likely to be improved if a fatigue endurance limit is incorporated into the modelling. Future work will be targeted towards this extension and the investigation of the role of hydrogen in the fatigue endurance of metals.

4. Conclusions

We have presented a multi-physics phase field-based model for hydrogen-assisted fatigue. Cracking is predicted with an energy based criterion grounded on the thermodynamics of crack growth, and the role of hydrogen is incorporated through a first-principles degradation of the fracture energy. Deformation, diffusion and fatigue crack growth are coupled, with the model capturing the solubility dependence on the hydrostatic stress and the evolving environment-diffusion interface. Several findings shall be emphasised:

- The crack tip hydrogen distribution is very sensitive to the loading frequency f and the material diffusivity D . Sufficiently high f values lead to a hydrogen concentration that does not exhibit cyclic oscillations and increases in time up to a saturation value (even for a load ratio of $R = 0$).
- The model adequately captures the sensitivity of fatigue crack growth rates to hydrogen content.
- The model naturally recovers the Paris law behaviour and thus can quantify the influence of hydrogen on the Paris law parameters.
- The sensitivity of crack growth rates to loading frequency is mapped, revealing two limit states, as observed experimentally, and predicting a smooth transition in-between.

- *Virtual* S-N curves are obtained for various environments and both notched and smooth samples. Parameter-free predictions of the impact of hydrogen on the S-N curves reveal a promising agreement with experiments.

The theoretical and numerical framework presented provides a platform for addressing the long-standing challenge of predicting hydrogen-assisted fatigue failures.

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