

1 **Genetic analysis of over one million people identifies 535 new loci associated with blood**  
2 **pressure traits.**

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4 Short title: blood pressure GWAS in one million people

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437

438 **Abstract**

439 High blood pressure is a highly heritable and modifiable risk factor for cardiovascular disease.  
440 We report the largest genetic association study of blood pressure traits (systolic, diastolic,  
441 pulse pressure) to date in over one million people of European ancestry. We identify 535  
442 novel blood pressure loci that not only offer new biological insights into blood pressure  
443 regulation but also reveal shared genetic architecture between blood pressure and lifestyle  
444 exposures. Our findings identify new biological pathways for blood pressure regulation with  
445 potential for improved cardiovascular disease prevention in the future.

446

## 447 INTRODUCTION

448 High blood pressure (BP) is a leading heritable risk factor for stroke and coronary artery  
449 disease, responsible for an estimated 7.8 million deaths and 148 million disability life years  
450 lost worldwide in 2015 alone<sup>1</sup>. Blood pressure is determined by complex interactions  
451 between life-course exposures and genetic background<sup>2-4</sup>. Previous genetic association  
452 studies have identified and validated variants at 274 loci with modest effects on population  
453 BP, explaining in aggregate ~3% of the trait variance<sup>5-12</sup>.

454 Here, we report genome-wide discovery analyses of BP traits - systolic (SBP), diastolic (DBP)  
455 and pulse pressure (PP) - in people of European ancestry drawn from UK Biobank (UKB)<sup>13</sup> and  
456 the International Consortium of Blood Pressure-Genome Wide Association Studies (ICBP)<sup>11,12</sup>.  
457 We adopted a combination of a one- and two-stage study design to test common and low-  
458 frequency single nucleotide polymorphisms (SNPs) with minor allele frequency (MAF)  $\geq 1\%$   
459 associated with BP traits (**Fig. 1**). In all, we studied over 1 million people of European descent,  
460 including replication data from the US Million Veterans Program (MVP, N=220,520)<sup>14</sup> and the  
461 Estonian Genome Centre, University of Tartu (EGCUT, N=28,742) Biobank<sup>15</sup>.

462 UKB is a prospective cohort study of ~500,000 richly phenotyped individuals, including BP  
463 measurements<sup>13</sup>, with genotyping by customized array and imputation from the Haplotype  
464 Reference Consortium (HRC) panel, yielding ~7 million SNPs (imputation quality score (INFO)  
465  $\geq 0.1$  and MAF  $\geq 1\%$ )<sup>16</sup>. We performed genome-wide association studies (GWAS) of BP traits  
466 (N=458,577 Europeans) under an additive genetic model<sup>17</sup> (**Supplementary Table 1a**).  
467 Following LD-score regression<sup>18</sup>, genomic control (GC) was applied to the UKB data prior to  
468 meta-analysis (Online methods).

469 In addition, we performed GWAS analyses for BP traits in newly extended ICBP GWAS data  
470 comprising 77 independent studies for up to 299,024 Europeans genotyped with various  
471 arrays, and imputed to either the 1,000 Genomes Reference Panel or the HRC platforms  
472 (**Supplementary Table 1b**). After QC we applied GC at the individual study level and obtained  
473 summary effect sizes for ~7 million SNPs with INFO  $\geq 0.3$  and heterogeneity Cochran's Q  
474 statistic<sup>19</sup> filtered at  $P \geq 1 \times 10^{-4}$  (Online Methods).

475 We then combined the UKB and ICBP GWAS results using inverse-variance weighted fixed  
476 effects meta-analysis (Online Methods), giving a total discovery sample of up to 757,601  
477 individuals<sup>20</sup>.

478 In our two-stage design we attempted replication (in MVP and EGCUT, **Supplementary Table**  
479 **1c**) of 1,062 SNPs at  $P < 1 \times 10^{-6}$  from discovery with concordant effect direction between UKB  
480 and ICBP, using the sentinel SNP (i.e. SNP with smallest  $P$ -value at the locus) after excluding  
481 the HLA region (chr 6:25-34MB) and all SNPs in Linkage Disequilibrium (LD) ( $r^2 \geq 0.1$ ) or  $\pm 500$   
482 Kb from any previously validated BP-associated SNPs at the 274 published loci. Our replication  
483 criteria were genome-wide significance ( $P < 5 \times 10^{-8}$ ) in the combined meta-analysis,  $P < 0.01$   
484 in the replication data and concordant direction of effect between discovery and replication.

485 We additionally undertook a one-stage design to reduce type II error from the two-stage  
486 analysis. We used  $P < 5 \times 10^{-9}$  as threshold from the discovery meta-analysis, i.e. an order of  
487 magnitude more stringent than genome-wide significance<sup>21</sup>, and required an internal

488 replication  $P < 0.01$  in each of the UKB and ICBP GWAS analyses, with concordant direction of  
489 effect, to minimize false positive findings.

490 We carried out conditional analyses using genome-wide complex trait analysis (GCTA)<sup>22</sup>. We  
491 then explored putative function of BP-associated signals using a range of *in silico* resources,  
492 and evaluated co-occurrence of BP-associated loci with lifestyle exposures and other complex  
493 traits and diseases. Finally, we developed a genetic risk score (GRS) and assessed impact of  
494 BP-associated variants on BP level, risk of hypertension (HTN), other cardiovascular diseases  
495 and in other ethnicities.

## 496 RESULTS

497 We present a total of 535 novel loci (**Fig.2, Supplementary Fig. 1**): 325 loci claimed from the  
498 two-stage design (**Supplementary Tables 2a-c**) and an additional 210 claimed from our one-  
499 stage design with internal replication (**Supplementary Tables 3a-c**). Our two-stage design  
500 uniquely identified 121 variants, while 204 also met the one-stage criteria (**Fig. 3a**); large  
501 numbers of loci would not have been detected by either the one- or two-stage designs alone  
502 (**Fig. 3a**). For SBP, the distributions of effect sizes are similar for the one-stage (median = 0.219  
503 mmHg per allele; Inter-Quartile Range (IQR) = 0.202-0.278) and two-stage loci (median =  
504 0.224; IQR = 0.195-0.267) ( $P = 0.447$ ) (**Supplementary Fig. 2**). Of the 210 loci found only in the  
505 one-stage analysis, 186 are also genome-wide significant ( $P < 5 \times 10^{-8}$ ) in the combined meta-  
506 analysis, with all variants, except one, having concordant direction of effect between  
507 discovery and replication (**Supplementary Tables 3a-c**); of the remaining 24 SNPs, 10 still have  
508 concordant direction of effect.

509 We find support in our data for all 274 previously published BP loci (**Supplementary Fig. 1 &**  
510 **2 and Supplementary Table 4**); >95% of the previously reported SNPs covered within our data  
511 are genome-wide significant. Only 6 available SNPs did not reach Bonferroni-significance,  
512 likely because they were originally identified in non-European ancestries (e.g. rs6749447,  
513 rs10474346, rs11564022), or from a gene-age interaction analysis (rs16833934). In addition,  
514 we confirmed a further 92 previously reported, but not replicated, loci (**Supplementary Table**  
515 **5**)<sup>9</sup>; together with 274 previously reported loci confirmed, and 535 novel loci identified here,  
516 there are 901 BP-associated loci in total.

### 517 Novel genetic loci for blood pressure

518 Of the 535 independent novel loci, 363 SNPs were associated with one trait, 160 with two  
519 traits and 12 with all three BP traits (**Fig. 3b, Supplementary Fig. 3**). Using GCTA we  
520 additionally identified 163, genome-wide significant, independent secondary signals with  
521 MAF  $\geq 1\%$  associated with BP (**Supplementary Table 6**), of which 19 SNPs are in LD ( $r^2 \geq 0.1$ )  
522 with previously reported secondary signals. This gives a total of 144 new secondary signals;  
523 hence we now report over 1,000 independent BP signals.

524 The estimated SNP-wide heritability ( $h^2$ ) of BP traits in our data was 0.213, 0.212 and 0.194  
525 for SBP, DBP and PP respectively, with a gain in percentage of BP variance explained. For  
526 example, for SBP, percentage variance explained increased from 2.8 % for the 274  
527 previously published loci to 5.7% for SNPs identified at all 901 loci (**Supplementary Table 7**).

## 528 **Functional analyses**

529 Our functional analyses approach is summarised in **Supplementary Figure 4**. First, for each of  
530 the 901 loci we annotated all SNPs (based on LD  $r^2 \geq 0.8$ ) to the nearest gene within 5kb of a  
531 SNP, identifying 1333 genes for novel loci and 1272 genes for known loci. Then we  
532 investigated these loci for tissue enrichment, DNase hypersensitivity site enrichment and  
533 pathway analyses. At 66 of the 535 novel loci we identified 97 non-synonymous SNPs,  
534 including 8 predicted to be damaging (**Supplementary Table 8**).

535 We used chromatin interaction Hi-C data from endothelial cells (HUVEC)<sup>23</sup>, neural progenitor  
536 cells (NPC), mesenchymal stem cells (HVMSC) and tissue from the aorta (HAEC) and adrenal  
537 gland<sup>24</sup> to identify distal associated genes. There were 498 novel loci that contained a  
538 potential regulatory SNP and in 484 of these we identified long-range interactions in at least  
539 one of the tissues or cell types. We found several potential long-range target genes that do  
540 not overlap with the sentinel SNPs in the LD block. For example, the *TGFB2* gene forms a  
541 1.2Mb regulatory loop with SNPs in the *SLC30A10* locus, and the *TGFBR1* promoter forms a  
542 100kb loop with the *COL15A1* locus (**Supplementary Table 8**).

543 Our eQTL analysis identified 60 novel loci with eQTLs in arterial and 20 in adrenal tissue  
544 (**Supplementary Table 9**), substantially increasing those identified in our previously published  
545 GWAS on ~140K UKB individuals<sup>10</sup>. An example is SNP rs31120122 which defines an aortic  
546 eQTL affecting expression of the *MED8* gene within the *SZT2* locus. In combination with Hi-C  
547 interaction data in MSC, this supports a role for *MED8* in BP regulation, possibly mediated  
548 through repression of smooth muscle cell differentiation. Hi-C interactions provide  
549 supportive evidence for involvement of a further 36 arterial eGenes (genes whose expression  
550 is affected by the eQTLs) that were distal to their eQTLs (e.g *PPHLN1*, *ERAP2*, *FLRT2*, *ACVR2A*,  
551 *POU4F1*).

552 Using DeepSEA we found 198 SNPs in 121 novel loci with predicted effects on transcription  
553 factor binding or on chromatin marks in tissues relevant for BP biology, such as vascular  
554 tissue, smooth muscle and the kidney (**Supplementary Table 8**).

555 We used our genome-wide data at a false discovery rate (FDR) < 1% to robustly assess tissue  
556 enrichment of BP loci using DEPICT and identified enrichment across 50 tissues and cells.  
557 (**Supplementary Fig 5a; Supplementary Table 10a**). Enrichment was greatest for the  
558 cardiovascular system especially blood vessels ( $P = 1.5 \times 10^{-11}$ ) and the heart ( $P = 2.7 \times 10^{-5}$ ).  
559 Enrichment was high in adrenal tissue ( $P = 3.7 \times 10^{-4}$ ) and, for the first time, we observed high  
560 enrichment in adipose tissues ( $P = 9.8 \times 10^{-9}$ ) corroborated by eQTL enrichment analysis ( $P <$   
561  $0.05$ ) (**Supplementary Fig. 6; Supplementary Table 9**). Evaluation of enriched mouse  
562 knockout phenotype terms also points to the importance of vascular morphology ( $P = 6 \times 10^{-$   
563  $15$ ) and development ( $P = 2.1 \times 10^{-18}$ ) in BP. With addition of our novel BP loci, we identified  
564 new findings from both the gene ontology and protein-protein interaction subnetwork  
565 enrichments, which highlight the TGF $\beta$  ( $P = 2.3 \times 10^{-13}$ ) and related SMAD pathways ( $P = 7 \times$   
566  $10^{-15}$ ) (**Supplementary Table 10b, Supplementary Fig. 5b-d**).

567 We used FORGE<sup>25</sup> to investigate the regulatory regions for cell type specificity from DNase I  
568 hypersensitivity sites, which showed strongest enrichment ( $P < 0.001$ ) in the vasculature and

569 highly vascularised tissues, as reported in previous BP genetic studies<sup>10</sup> (**Supplementary Fig.**  
570 **7**).

### 571 **Potential therapeutic targets**

572 Ingenuity pathway analysis and upstream regulator assessment showed enrichment of  
573 canonical pathways implicated in cardiovascular disease including pathways targeted by  
574 antihypertensive drugs (e.g. nitric oxide signalling) and also suggested some potential new  
575 targets, such as relaxin signalling. Notably, upstream regulator analysis identified several BP  
576 therapeutic targets such as angiotensinogen, calcium channels, progesterone, natriuretic  
577 peptide receptor, angiotensin converting enzyme, angiotensin receptors and endothelin  
578 receptors (**Supplementary Fig. 8**).

579 We developed a cumulative tally of functional evidence at each variant to assist in  
580 variant/gene prioritisation at each locus and present a summary of the vascular expressed  
581 genes contained within the 535 novel loci, including a review of their potential druggability  
582 (**Supplementary Fig. 9**). The overlap between BP-associated genes and those associated with  
583 antihypertensive drug targets further demonstrates new genetic support for known drug  
584 mechanisms. For example, we report five novel BP associations with targets of five  
585 antihypertensive drug classes (**Supplementary Table 11**), including the *PKD2L1*, *SLC12A2*,  
586 *CACNA1C*, *CACNB4* and *CA7* loci - targeted by potassium-sparing diuretics (amiloride), loop  
587 diuretics (bumetanide and furosemide), dihydropyridine, calcium channel blockers, non-  
588 dihydropyridines and thiazide-like diuretics (chlortalidone) respectively. Notably in all but the  
589 last case, functional variants in these genes are the best candidates in each locus.

### 590 **Concordance of BP variants and lifestyle exposures**

591 We examined association of sentinel SNPs at the 901 BP loci with BP-associated lifestyle  
592 traits<sup>14</sup> in UKB using either the Stanford Global Biobank Engine (N=327,302) or Gene ATLAS  
593 (N=408,455). With corrected  $P < 1 \times 10^{-6}$ , we found genetic associations of BP variants with  
594 daily fruit intake, urinary sodium and creatinine concentration, body mass index (BMI),  
595 weight, waist circumference, and intakes of water, caffeine and tea ( $P = 1.0 \times 10^{-7}$  to  $P = 1.3$   
596  $\times 10^{-46}$ ). Specifically, SNP rs13107325 in *SLC39A8* is a novel locus for frequency of drinking  
597 alcohol ( $P = 3.5 \times 10^{-15}$ ) and time spent watching TV ( $P = 2.3 \times 10^{-11}$ ) as well as being associated  
598 with BMI ( $P = 1.6 \times 10^{-33}$ ), weight ( $P = 8.8 \times 10^{-16}$ ) and waist circumference ( $P = 4.7 \times 10^{-11}$ )  
599 (**Supplementary Table 12**). We used unsupervised hierarchical clustering for the 36 BP loci  
600 that showed at least one association at  $P < 1 \times 10^{-6}$  with the lifestyle-related traits in UKB (**Fig.**  
601 **4**). The heatmap summarises the locus-specific associations across traits and highlights  
602 heterogeneous effects with anthropometric traits across the loci examined. For example, it  
603 shows clusters of associations between BP-raising alleles and either increased or decreased  
604 adult height and weight. We note that some observed cross-trait associations are in counter-  
605 directions to those expected epidemiologically.

### 606 **Association lookups with other traits and diseases**

607 We further evaluated cross-trait and disease associations using GWAS catalog<sup>26</sup>,  
608 PhenoScanner<sup>27</sup> and DisGeNET<sup>28,29</sup>. The GWAS catalog and PhenoScanner search of published  
609 GWAS showed that 77 of our 535 novel loci (using sentinel SNPs or proxies;  $r^2 \geq 0.8$ ) are also  
610 significantly associated with other traits and diseases (**Fig. 5, Supplementary Table 13**). We  
611 identified *APOE* as a highly cross-related BP locus showing associations with lipid levels,  
612 cardiovascular-related outcomes and Alzheimer's disease, highlighting a common link  
613 between cardiovascular risk and cognitive decline (**Fig. 5**). Other loci overlap with  
614 anthropometric traits, including BMI, birth weight and height (**Fig. 5**) and with DisGeNET  
615 terms related to lipid measurements, cardiovascular outcomes and obesity (**Fig. 6**).

616 We did lookups of our sentinel SNPs in <sup>1</sup>H NMR lipidomics data on plasma (N=2,022) and data  
617 from the Metabolon platform (N=1,941) in the Airwave Study<sup>30</sup>, and used PhenoScanner to  
618 test SNPs against published significant ( $P < 5 \times 10^{-8}$ ) genome vs metabolome-wide  
619 associations in plasma and urine (Online Methods). Ten BP SNPs show association with lipid  
620 particle metabolites and a further 31 SNPs (8 also on PhenoScanner) show association with  
621 metabolites on the Metabolon platform, highlighting lipid pathways, amino acids (glycine,  
622 serine, glutamine), tri-carboxylic acid cycle intermediates (succinylcarnitine) and drug  
623 metabolites (**Supplementary Tables 14 and 15**). These findings suggest a close metabolic  
624 coupling of BP regulation with lipid and energy metabolism.

#### 625 **Genetic risk of increased blood pressure, hypertension and cardiovascular disease**

626 A weighted GRS for BP levels across all 901 loci was associated with a 10.4 mmHg higher, sex-  
627 adjusted mean SBP in UK Biobank comparing the upper and lower quintiles of the GRS  
628 distribution (95% CI: 10.2 to 10.6 mm Hg,  $P < 1 \times 10^{-300}$ ) and with 12.9 mmHg difference in  
629 SBP (95% CI: 12.6 to 13.1,  $P < 1 \times 10^{-300}$ ) comparing the upper and lower deciles (**Fig. 7a**,  
630 **Supplementary Table 16**). In addition, we observed over three-fold sex-adjusted higher risk  
631 of hypertension (OR 3.34; 95% CI: 3.24 to 3.45;  $P < 1 \times 10^{-300}$ ) between the upper and lower  
632 deciles of the GRS in UK Biobank (**Fig. 7a**). Sensitivity analyses in the independent Airwave  
633 cohort gave similar results (**Supplementary Table 17**).

634 We also show that the GRS is associated with increased, sex-adjusted risk of incident stroke,  
635 myocardial infarction and all incident cardiovascular outcomes, comparing upper and lower  
636 deciles of the GRS distribution, with odds ratios of 1.47 (95% CI: 1.35 to 1.59,  $P = 1.1 \times 10^{-20}$ ),  
637 1.50 (95% CI: 1.28 to 1.76,  $P = 8.0 \times 10^{-7}$ ) and 1.52 (95% CI: 1.26 to 1.82,  $P = 7.7 \times 10^{-6}$ )  
638 respectively (**Fig. 7b, Supplementary Table 16**).

#### 639 **Extending analyses to other ancestries**

640 We examined associations with BP of both individual SNPs and the GRS among unrelated  
641 individuals of African and South Asian descent in UKB, for the 901 known and novel loci.  
642 Compared to Europeans, 62.4%, 62.5% and 64.8% of the variants among Africans (N=7,782),  
643 and 74.2%, 72.3% and 75% South Asians (N=10,323) have concordant direction of effect for  
644 SBP, DBP and PP respectively (**Supplementary Table 18; Supplementary Fig. 10**). Pearson  
645 correlation coefficients with effect estimates in Europeans were  $r^2 = 0.37$  and  $0.78$  for Africans  
646 and South Asians respectively (**Supplementary Fig. 11**). We then applied the European-  
647 derived GRS findings to unrelated Africans (N=8,970) and South Asians (N=8,827). BP variants

648 in combination were associated with 6.1 mmHg (95% CI: 4.5 to 7.7;  $P = 4.9 \times 10^{-14}$ ) and 7.4  
649 mmHg (95% CI: 6.0 to 8.7;  $P = 1.7 \times 10^{-26}$ ) higher, sex-adjusted mean systolic pressure among  
650 Africans and South Asians, respectively, comparing upper and lower quintiles of the GRS  
651 distribution (**Supplementary Tables 19a and 19b**).

## 652 **DISCUSSION**

653 Our study of over 1 million people offers an important step forward in understanding the  
654 genetic architecture of BP. We identified over 1,000 independent signals at 901 loci for BP  
655 traits, and the 535 novel loci more than triples the number of BP loci and doubles the  
656 percentage variance explained, illustrating the benefits of large-scale biobanks. By explaining  
657 27% of the estimated heritability for BP, we make major inroads into the missing heritability  
658 influencing BP level in the population<sup>31</sup>. The novel loci open the vista of entirely new biology  
659 and highlight gene regions in systems not previously implicated in BP regulation. This is  
660 particularly timely as global prevalence of people with SBP over 110-115 mm Hg, above which  
661 cardiovascular risk increases in a continuous graded manner, now exceeds 3.5 billion, of  
662 whom over 1 billion are within the treatment range<sup>32,33</sup>.

663 Our functional analysis highlights the role of the vasculature and associated pathways in the  
664 genetics underpinning BP traits. We show a role for several loci in the transforming growth  
665 factor beta (TGF $\beta$ ) pathway including SMAD family genes and the *TGF $\beta$*  gene locus itself. This  
666 pathway affects sodium handling in the kidney, ventricular remodelling, while plasma levels  
667 of TGF $\beta$  have recently been correlated with hypertension (**Fig. 8**)<sup>34,35</sup>. The activin A receptor  
668 type 1C (*ACVR1C*) gene mediates the effects of the TGF $\beta$  family of signalling molecules. A BP  
669 locus contains the Bone Morphogenetic Protein 2 (*BMP2*) gene in the TGF $\beta$  pathway, which  
670 prevents growth suppression in pulmonary arterial smooth muscle cells and is associated with  
671 pulmonary hypertension<sup>36</sup>. Another BP locus includes the Kruppel-like family 14 (*KLF14*) gene  
672 of transcription factors, induced by low levels of TGF $\beta$  receptor II gene expression, and which  
673 has also been associated with type 2 diabetes, hypercholesterolaemia and atherosclerosis<sup>37</sup>.

674 Our analysis shows enrichment of BP gene expression in the adrenal tissue. Autonomous  
675 aldosterone production by the adrenal glands is thought to be responsible for 5-10% of all  
676 hypertension, rising to ~20% amongst people with resistant hypertension<sup>38</sup>. Some of our  
677 novel loci are linked functionally to aldosterone secretion<sup>39,40</sup>. For example, the *CTNNB1* locus  
678 encodes  $\beta$ -catenin, the central molecule in the canonical Wnt signalling system, required for  
679 normal adrenocortical development<sup>41,42</sup>. Somatic adrenal mutations of this gene that prevent  
680 serine/threonine phosphorylation lead to hypertension through generation of aldosterone-  
681 producing adenomas<sup>43,44</sup>.

682 Our novel loci also include genes involved in vascular remodelling, such as vascular  
683 endothelial growth factor A (*VEGFA*), the gene product of which induces proliferation,  
684 migration of vascular endothelial cells and stimulates angiogenesis. Disruption of this gene in  
685 mice resulted in abnormal embryonic blood vessel formation, while allelic variants of this  
686 gene have been associated with microvascular complications of diabetes, atherosclerosis and  
687 the antihypertensive response to enalapril<sup>45</sup>. We previously reported a fibroblast growth  
688 factor (*FGF5*) gene locus in association with BP<sup>10</sup>. Here, we additionally identify a new BP locus

689 encoding FGF9, which is linked to enhanced angiogenesis and vascular smooth muscle cell  
690 differentiation by regulating *VEGFA* expression.

691 Several of our novel loci contain lipid-related genes consistent with the observed strong  
692 associations among multiple cardio-metabolic traits. For example, the apolipoprotein E gene  
693 (*APOE*) encodes the major apoprotein of the chylomicron. Recently, APOE serum levels have  
694 been correlated with SBP in population-based studies and in murine knockout models;  
695 disruption of this gene led to atherosclerosis and hypertension<sup>46,47</sup>. A second novel BP locus  
696 contains the low-density lipoprotein receptor-related protein 4 (*LRP4*) gene which may be a  
697 target for APOE and is strongly expressed in the heart in mice and humans. In addition, we  
698 identified a novel locus including the apolipoprotein L domain containing 1 gene (*APOLD1*)  
699 that is highly expressed in the endothelium of developing tissues (particularly heart) during  
700 angiogenesis.

701 Many of our novel BP loci encode proteins which may modulate vascular tone or signalling.  
702 For example, the locus containing urotensin-2 receptor (*UTS2R*) gene encodes a class A  
703 rhodopsin family G-protein coupled-receptor that upon activation by the neuropeptide  
704 urotensin II, produces profound vasoconstriction. One novel locus for SBP contains the relaxin  
705 gene, encoding a G-protein coupled receptor, with roles in vasorelaxation and cardiac  
706 function; it signals by phosphatidylinositol 3-kinase (PI3K)<sup>48,49</sup>, an enzyme which inhibits  
707 vascular smooth muscle cell proliferation and neo-intimal formation<sup>50</sup>. We identify the *PI3K*  
708 gene here as a novel BP locus. We also identify the novel *RAMP2* locus which encodes an  
709 adrenomedullin receptor<sup>51</sup>; we previously identified the adrenomedullin (*ADM*) gene as a BP  
710 locus<sup>12</sup>. Adrenomedullin is known to exert differential effects on BP in the brain (vasopressor)  
711 and the vasculature (vasodilator). In addition, a locus containing Rho guanine nucleotide  
712 exchange factor 25 (*ARHGEF25*) gene generates a factor that interacts with Rho GTPases  
713 involved in contraction of vascular smooth muscle and regulation of responses to angiotensin  
714 II<sup>52</sup>.

715 We evaluated the 901 BP loci for extant or potentially druggable targets. Loci encoding  
716 *MARK3*, *PDGFC*, *TRHR*, *ADORA1*, *GABRA2*, *VEGFA* and *PDE3A* are within systems with existing  
717 drugs not currently linked to a known antihypertensive mechanism; they may offer  
718 repurposing opportunities e.g. detection of *SLC5A1* as the strongest repurposing candidate in  
719 a new BP locus targeted by the type-2 diabetes drug canagliflozin. This is important as  
720 between 8-12% of patients with hypertension exhibit resistance or intolerance to current  
721 therapies and repositioning of a therapy with a known safety profile may reduce development  
722 costs.

723 This study strengthens our previously reported GRS analysis indicating that all BP elevating  
724 alleles combined could increase systolic BP by 10 mm Hg or more across quintiles or deciles  
725 of the population distribution, substantially increasing risk of cardiovascular events<sup>10</sup>. We  
726 previously suggested that genotyping BP elevating variants in the young may lead to targeted  
727 lifestyle intervention in early life that might attenuate the BP rise at older ages<sup>10</sup>.

728 We identified several BP-associated loci that are also associated with lifestyle traits,  
729 suggesting shared genetic architecture between BP and lifestyle exposures<sup>53</sup>. We adjusted

730 our BP GWAS analyses for BMI to control for possible confounding effects, though we  
731 acknowledge the potential for collider bias<sup>54</sup>. Nonetheless, our findings of possible genetic  
732 overlap between loci associated with BP and lifestyle exposures could support renewed focus  
733 on altering specific lifestyle measures known to affect BP<sup>55</sup>.

734 Despite smaller sample sizes, we observed high concordance with direction of effects on BP  
735 traits of BP variants in Africans (> 62%) and South Asians (> 72%). The GRS analyses show that,  
736 in combination, BP variants identified in European analyses are associated with BP in non-  
737 European ancestries, though effect sizes were 30-40% smaller.

738 Our use of a two- and one-stage GWAS design illustrates the value of this approach to  
739 minimize the effects of stochastic variation and heterogeneity. The one-stage approach  
740 included signals that had independent and concordant support ( $P < 0.01$ ) from both UKB and  
741 ICBP, reducing the impact of winners' curse on our findings. Indeed, all but two of the 210  
742 SNPs discovered in the one-stage analysis reach  $P < 5 \times 10^{-6}$  in either UKB or ICBP. To further  
743 minimize the risk of reporting false positive loci within our one-stage design, we set a  
744 stringent overall discovery meta-analysis  $P$ -value threshold of  $P < 5 \times 10^{-9}$ , an order of  
745 magnitude smaller than a genome-wide significance  $P$ -value, in line with thresholds  
746 recommended for whole genome sequencing<sup>22</sup>. We found high concordance in direction of  
747 effects between discovery data in the one-stage approach and the replication resources, with  
748 similar distributions of effect sizes for the two approaches. We note that 24 of the one-stage  
749 SNPs which reached  $P < 5 \times 10^{-9}$  in discovery failed to reach genome-wide significance ( $P < 5$   
750  $\times 10^{-8}$ ) in the combined meta-analysis of discovery and replication resources, and hence may  
751 still require further validation in future, larger studies.

752 The new discoveries reported here more than triple the number of loci for BP to a total of  
753 901 and represent a substantial advance in understanding the genetic architecture of BP. The  
754 identification of many novel genes across the genome, could partly support an omnigenic  
755 model for complex traits where genome-wide association of multiple interconnected  
756 pathways is observed. However, our strong tissue enrichment shows particular relevance to  
757 the biology of BP and cardiovascular disease<sup>56</sup>, suggesting trait-specificity, which could argue  
758 against an omnigenic model. Our confirmation of the impact of these variants on BP level and  
759 cardiovascular events, coupled with identification of shared risk variants for BP and adverse  
760 lifestyle could contribute to an early life precision medicine strategy for cardiovascular  
761 disease prevention.

## 762 URLs

763 FORGE: [http://browser.1000genomes.org/Homo\\_sapiens/UserData/Forge?db=core](http://browser.1000genomes.org/Homo_sapiens/UserData/Forge?db=core)  
764 Fantom5 data: <http://fantom.gsc.riken.jp/5/>  
765 ENCODE DNase I data: (wgEncodeAwgDnaseMasterSites; accessed using Table browser)  
766 ENCODE cell type data: <http://genome.ucsc.edu/ENCODE/cellTypes.html>.  
767 GTEx: [www.gtexportal.org](http://www.gtexportal.org)  
768 DeepSEA: <http://deepsea.princeton.edu/>  
769 WebGetstalt: <http://www.webgestalt.org>  
770 IPA: [www.qiagen.com/ingenuity](http://www.qiagen.com/ingenuity)  
771 Mouse Genome Informatics (MGI): <http://www.informatics.jax.org/batch>

772 Drug Gene Interaction database: [www.dgidb.org](http://www.dgidb.org)  
773 PhenoScanner: <http://www.phenoscanter.medschl.cam.ac.uk> (Phenoscanter integrates  
774 results from the GWAS catalogue: <https://www.ebi.ac.uk/gwas/> and GRASP:  
775 <https://grasp.nhlbi.nih.gov/>)  
776 DisGeNET: <http://www.disgenet.org>  
777 GeneAtlas: <http://geneatlas.roslin.ed.ac.uk>  
778 Global Biobank Engine: <https://biobankengine.stanford.edu>  
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1074  
1075 **Figure Legends**

1076 **Figure 1. Study design schematic for discovery and validation of loci.** ICBP; International  
1077 Consortium for Blood Pressure; N, sample size; QC, quality control; PCA, principal-component  
1078 analysis; GWAS, Genome-wide Association Study; 1000G 1000 Genomes; HRC, Haplotype Reference  
1079 Panel; BP: blood pressure; SNPs, single nucleotide polymorphisms; BMI, body mass index; LMM;  
1080 linear mixed model; UKB, UK Biobank, MAF, minor allele frequency; HLA, Human Leukocyte Antigen;  
1081 MVP, Million Veterans Program; EGCUT; Estonian Genome Center, University of Tartu; SBP, systolic  
1082 blood pressure; DBP, diastolic blood pressure; PP, pulse pressure.

1083 **Figure 2. Manhattan plot showing the minimum  $P$ -value for the association across all blood**  
1084 **pressure traits in the discovery stage excluding known and previously reported variants.**  
1085 Manhattan plot of the discovery genome-wide association meta-analysis in 757,601 individuals  
1086 excluding variants in 274 known loci. The minimum  $P$ -value, computed using inverse variance fixed  
1087 effects meta-analysis, across SBP, DBP and PP is presented. The y axis shows the  $-\log_{10} P$  values and  
1088 the x axis shows their chromosomal positions. Horizontal red and blue line represents the thresholds  
1089 of  $P = 5 \times 10^{-8}$  for genome-wide significance and  $P = 1 \times 10^{-6}$  for selecting SNPs for replication,  
1090 respectively. SNPs in blue are in LD ( $r^2 > 0.8$ ) with the 325 novel variants independently replicated  
1091 from the 2-stage design whereas SNPs in red are in LD ( $r^2 > 0.8$ ) with 210 SNPs identified through the  
1092 1-stage design with internal replication. Any loci in black or grey that exceed the significance  
1093 thresholds were significant in the discovery meta-analysis, but did not meet the criteria of  
1094 replication in the one- or two-stage designs.

1095 **Figure 3: Venn Diagrams of Novel Loci Results (a) “Comparison of 1-stage and 2-stage design**  
1096 **analysis criteria”:** For all 535 novel loci, we compare the results according to the association criteria  
1097 used for the one-stage and the two-stage design. Two-hundred and ten loci exclusively met the one-  
1098 stage analysis criteria ( $P < 5 \times 10^{-9}$  in the discovery meta-analysis [N=757,601],  $P < 0.01$  in UKB  
1099 [N=458,577],  $P < 0.01$  in ICBP [N=299,024] and concordant direction of effect between UKB and  
1100 ICBP). The  $P$ -values for the discovery and the ICBP meta-analyses were calculated using inverse  
1101 variance fixed effects meta-analysis. The  $P$ -values in UKB were derived from linear mixed modeling  
1102 using BOLT-LMM. Of the 325 novel replicated loci from the 2-stage analysis (genome-wide  
1103 significance in the combined meta-analysis,  $P < 0.01$  in the replication meta-analysis and concordant  
1104 direction of effect), 204 loci would also have met the one-stage criteria, whereas 121 were only  
1105 identified by the two-stage analysis. **(b) “Overlap of Associations across Blood Pressure Traits”.**  
1106 For all 535 novel loci, we show the number of loci associated with each blood pressure trait. We  
1107 present the two-stage loci first, followed by the one-stage loci. SBP: systolic blood pressure; DBP:  
1108 diastolic blood pressure; PP: pulse pressure; UKB: UK Biobank; ICBP: International Consortium of  
1109 Blood Pressure.

1110 **Figure 4. Association of blood pressure loci with lifestyle traits.** Plot shows unsupervised  
1111 hierarchical clustering of BP loci based on associations with lifestyle-related factors. For the sentinel  
1112 SNP at each BP locus (x-axis), we calculated the  $-\log_{10}(P) * \text{sign}(\beta)$  (aligned to BP-raising allele) as  
1113 retrieved from the Gene Atlas catalogue (<http://geneatlas.roslin.ed.ac.uk>). The  $P$ -values in Gene  
1114 Atlas were calculated applying linear mixed models. BP loci and traits were clustered according to  
1115 the Euclidean distance amongst  $-\log_{10}(P) * \text{sign}(\beta)$ . Red squares indicate direct associations with the  
1116 trait of interest and blue squares inverse associations. Only SNPs with at least one association at  $P$   
1117  $< 10^{-6}$  with at least one of the traits examined are annotated in the heat-map. All 901 loci are  
1118 considered, both known and novel: novel loci are printed in bold font. SNPs: Single Nucleotide  
1119 Polymorphisms; BP: Blood Pressure.

1120 **Figure 5. Association of blood pressure loci with other traits.** Plot shows results from associations  
1121 with other traits which were extracted from the GWAS catalog and PhenoScanner databases for the  
1122 535 novel sentinel SNPs including proxies in Linkage Disequilibrium ( $r^2 \geq 0.8$ ) with genome-wide  
1123 significant associations. SBP: Systolic Blood Pressure; DBP: Diastolic Blood Pressure; PP: Pulse  
1124 Pressure; HR: Heart Rate; ECG: Electrocardiographic traits; CAD: Coronary Artery Disease CHD;  
1125 Coronary Heart Disease MI; Myocardial Infraction; T2D: Type II Diabetes.

1126 **Figure 6. Association of blood pressure loci with other traits.** Plots (a) and (b) show overlap  
1127 between variants associated to (a) traits and (b) diseases in the manually-curated version of the  
1128 DisGeNET database, and all variants in LD  $r^2 > 0.8$  with the known (red bars) SNPs from the 274

1129 published loci, and all (green bars) BP variants from all 901 loci. Numbers on top of the bars denote  
1130 the number of SNPs included in DisGeNET for the specific trait or disease. Traits/diseases with an  
1131 overlap of at least 5 variants in LD with all markers are shown. The Y axis shows the percentage of  
1132 variants associated with the diseases that is covered by the overlap. For the sake of clarity, the  
1133 DisGeNET terms for blood pressure and hypertension are not displayed, whereas the following  
1134 diseases have been combined: coronary artery disease (CAD), coronary heart disease (CHD) and  
1135 myocardial infarction (MI); prostate and breast carcinoma; Crohn's and inflammatory bowel  
1136 diseases.

1137 **Figure 7. Relationship of deciles of the genetic risk score (GRS) based on all 901 loci with blood**  
1138 **pressure, risk of hypertension and cardiovascular disease in UK Biobank.** The plots show sex-  
1139 adjusted (a) mean systolic blood pressure (SBP) and odds ratios of hypertension (HTN) (N=364,520)  
1140 and (b) odds ratios of incident cardiovascular disease (CVD), myocardial infarction (MI) and stroke  
1141 (N=392,092), comparing each of the upper nine GRS deciles with the lowest decile; dotted lines  
1142 represent the upper 95% confidence intervals.

1143 **Figure 8: Known and novel BP associations in the TGF $\beta$  signalling pathway.** Genes with known  
1144 associations with BP are indicated in cyan. Genes with novel associations with BP reported in this  
1145 study are indicated in red. TGF $\beta$  pathway was derived from an ingenuity canonical pathway. BP: Blood  
1146 Pressure.

1147

1148 **ONLINE METHODS**

1149 **UK Biobank (UKB) data**

1150 We performed a Genome Wide Association Study (GWAS) analysis in 458,577 UKB  
1151 participants<sup>13</sup> (**Supplementary Methods**). These consist of 408,951 individuals from UKB  
1152 genotyped at 825,927 variants with a custom Affymetrix UK Biobank Axiom Array chip and  
1153 49,626 individuals genotyped at 807,411 variants with a custom Affymetrix UK BiLEVE Axiom  
1154 Array chip from the UK BiLEVE study<sup>57</sup>, which is a subset of UKB. SNPs were imputed centrally  
1155 by UKB using a reference panel that merged the UK10K and 1000 Genomes Phase 3 panel as  
1156 well as the Haplotype Reference Consortium (HRC) panel<sup>58</sup>. For current analysis only SNPs  
1157 imputed from the HRC panel were considered.

1158 *UKB phenotypic data*

1159 Following Quality Control (QC) (**Supplementary Methods**), we restricted our data to a subset  
1160 of post-QC individuals of European ancestry combining information from self-reported and  
1161 genetic data (**Supplementary Methods**) resulting in a maximum of N=458,577 individuals  
1162 (**Fig. 1, Supplementary Fig. 12**).

1163 Three BP traits were analysed: systolic (SBP), diastolic (DBP) and pulse pressure (PP)  
1164 (difference between SBP and DBP). We calculated the mean SBP and DBP values from two  
1165 automated (N=418,755) or two manual (N=25,888) BP measurements. For individuals with  
1166 one manual and one automated BP measurement (N=13,521), we used the mean of these  
1167 two values. For individuals with only one available BP measurement (N=413), we used this  
1168 single value. After calculating BP values, we adjusted for medication use by adding 15 and 10  
1169 mmHg to SBP and DBP, respectively, for individuals reported to be taking BP-lowering  
1170 medication (N=94,289)<sup>59</sup>. Descriptive summary statistics are shown in **Supplementary Table**  
1171 **1a**.

1172 *UKB analysis models*

1173 For the UKB GWAS we performed linear mixed model (LMM) association testing under an  
1174 additive genetic model of the three (untransformed) continuous, medication-adjusted BP  
1175 traits (SBP, DBP, PP) for all measured and imputed genetic variants in dosage format using  
1176 the BOLT-LMM (v2.3) software<sup>17</sup>. We also calculated the estimated SNP-wide heritability ( $h^2$ )  
1177 in our data. Within the association analysis, we adjust for the following covariates: sex, age,  
1178 age<sup>2</sup>, BMI and a binary indicator variable for UKB vs UK BiLEVE to account for the different  
1179 genotyping chips. The analysis of all HRC-imputed SNPs was restricted to variants with MAF  $\geq$   
1180 1% and INFO > 0.1.

1181 *Genomic inflation and confounding*

1182 We applied the univariate LD score regression method (LDSR)<sup>18</sup> to test for genomic inflation  
1183 (expected for polygenic traits like BP, with large sample sizes, and especially also from  
1184 analyses of such dense genetic data with many SNPs in high LD)<sup>60</sup>. LDSR intercepts (and

1185 standard errors) were 1.217 (0.018), 1.219 (0.020) and 1.185 (0.017) for SBP, DBP and PP  
1186 respectively, and were used to adjust the UKB GWAS results for genomic inflation, prior to  
1187 the meta-analysis.

### 1188 **International Consortium for Blood Pressure (ICBP) GWAS**

1189 ICBP GWAS is an international consortium to investigate BP genetics<sup>6</sup>. We combined  
1190 previously reported post-QC GWAS data from 54 studies (N=150,134)<sup>11,12,61</sup>, with newly  
1191 available GWAS data from a further 23 independent studies (N=148,890) using a fixed effects  
1192 inverse variance weighted meta-analysis. The 23 studies providing new data were: ASCOT-  
1193 SC, ASCOT-UK, BRIGHT, Dijon 3C, EPIC-CVD, GAPP, HCS, GS:SFHS, Lifelines, JUPITER, PREVEND,  
1194 TWINSUK, GWAS-Fenland, InterAct-GWAS, OMICS-EPIC, OMICS-Fenland, UKHLS, GoDARTS-  
1195 Illumina and GoDarts-Affymetrix, NEO, MDC, SardinIA, METSIM.

1196 All study participants were Europeans and were imputed to either the 1000 Genomes Project  
1197 Phase 1 integrated release v.3 [March 2012] all ancestry reference panel<sup>62</sup> or the HRC panel<sup>16</sup>.  
1198 The final enlarged ICBP GWAS dataset included 77 cohorts (N=299,024).

1199 Full study names, cohort information and general study methods are included in  
1200 **Supplementary Table 1b** and in **Supplementary Tables 20a-c**. GC was applied at study-level.  
1201 The LDSR intercepts (standard error) for the ICBP GWAS meta-analysis were 1.089 (0.012),  
1202 1.086 (0.012) and 1.066 (0.011) for SBP, DBP and PP, respectively.

### 1203 **Meta-analyses of discovery datasets**

1204 We performed a fixed-effects inverse variance weighted meta-analysis using METAL<sup>20,63</sup> to  
1205 obtain summary results from the UKB and ICBP GWAS, for up to N=757,601 participants and  
1206 ~7.1 M SNPs with MAF  $\geq$  1% for variants present in both the UKB data and ICBP meta-analysis  
1207 for all three traits. The LDSR intercepts (standard error), in the discovery meta-analysis of UKB  
1208 and ICBP were 1.156 (0.020), 1.160 (0.021) and 1.113 (0.018) for SBP, DBP and PP  
1209 respectively. The LDSR intercept (standard error), after the exclusion of all published BP  
1210 variants (see below) in the discovery meta-analysis of UKB and ICBP was 1.090 (0.018), 1.097  
1211 (0.017) and 1.064 (0.015) for SBP, DBP and PP respectively, hence showing little inflation in  
1212 the discovery GWAS after the exclusion of published loci (**Supplementary Fig. 13**). No further  
1213 correction was applied to the discovery meta-analysis of UKB and ICBP GWAS.

### 1214 **Previously reported variants**

1215 We compiled from the peer-reviewed literature all 357 SNPs previously reported to be  
1216 associated with BP at the time that our analysis was completed, that have been identified and  
1217 validated as the sentinel SNP in primary analyses from previous BP genetic association  
1218 studies. These 357 published SNPs correspond to 274 distinct loci, according to locus  
1219 definition of: (i) SNPs within  $\pm$ 500kb distance of each other; (ii) SNPs in Linkage Disequilibrium  
1220 (LD), using a threshold of  $r^2 \geq$  0.1, calculated with PLINK (v2.0). We then augment this list to  
1221 all SNPs present within our data, which are contained within these 274 published BP loci, i.e.

1222 all SNPs which are located  $\pm 500\text{kb}$  from each of the 357 published SNPs and/or in LD with any  
1223 of the 357 previously validated SNPs ( $r^2 \geq 0.1$ ).

#### 1224 **Identification of novel signals: Two-stage and one-stage study designs**

1225 To identify novel signals of association with BP, two complementary study designs (which we  
1226 term here “two-stage design” and “one-stage design”) were implemented in order to  
1227 maximize the available data and minimize reporting of false positive associations.

#### 1228 **Two-stage design: Overview:**

1229 All of the following criteria had to be satisfied for a signal to be reported as a novel signal of  
1230 association with BP using our two-stage design:

- 1231 (i) the sentinel SNP shows significance ( $P < 1 \times 10^{-6}$ ) in the discovery meta-analysis of  
1232 UKB and ICBP, with concordant direction of effect between UKB and ICBP;
- 1233 (ii) the sentinel SNP is genome-wide significant ( $P < 5 \times 10^{-8}$ ) in the combined meta-  
1234 analysis of discovery and replication (MVP and EGCUT) (replication, described  
1235 below);
- 1236 (iii) the sentinel SNP shows support ( $P < 0.01$ ) in the replication meta-analysis of MVP  
1237 and EGCUT alone (**Supplementary Methods**);
- 1238 (iv) the sentinel SNP has concordant direction of effect between the discovery and the  
1239 replication meta-analyses;
- 1240 (v) the sentinel SNP must not be located within any of the 274 previously reported  
1241 loci described above.

1242 The primary replicated trait was then defined as the BP trait with the most significant  
1243 association from the combined meta-analysis of discovery and replication (in the case where  
1244 a SNP was replicated for more than one BP trait.)

#### 1245 **Two-stage design: Selection of variants from the discovery meta-analysis**

1246 We considered for follow-up SNPs in loci non-overlapping with previously reported loci  
1247 according to both an LD threshold at  $r^2$  of 0.1 and a 1Mb interval region, as calculated by  
1248 PLINK<sup>64</sup>. We obtained a list of such SNPs with  $P < 1 \times 10^{-6}$  for any of the three BP traits, which  
1249 also had concordant direction of effect between UKB vs ICBP (**Supplementary Table 21**). By  
1250 ranking the SNPs by significance in order of minimum P-value across all BP traits, we  
1251 performed an iterative algorithm to determine the number of novel signals (**Supplementary**  
1252 **Methods**), and identify the sentinel SNP (most significant) per locus.

#### 1253 **Two-stage design: Replication analysis**

1254 We considered SNPs with  $\text{MAF} \geq 1\%$  for an independent replication in MVP (max  $N=220,520$ )<sup>14</sup>  
1255 and in EGCUT Biobank ( $N=28,742$ )<sup>15</sup> (**Supplementary Methods**). This provides a total of  
1256  $N=249,262$  independent samples of European descent available for replication. Additional  
1257 information on the analyses of the two replication datasets is provided in **Supplementary**  
1258 **Methods** and in **Supplementary Table 1c**.

1259 The two datasets were then combined using fixed effects inverse variance weighted meta-  
1260 analysis and summary results for all traits were obtained for the replication meta-analysis  
1261 dataset.

### 1262 **Two-stage design: Combined meta-analysis of discovery and replication meta-analyses**

1263 The meta-analyses were performed within METAL software<sup>63</sup> using fixed effects inverse  
1264 variance weighted meta-analysis (**Supplementary Methods**). The variants from the discovery  
1265 GWAS that required proxies for replication are shown in **Supplementary Table 22**. The  
1266 combined meta-analysis of both the discovery data (N=757,601) and replication meta-  
1267 analysis (max N=249,262) provided a maximum sample size of N=1,006,863.

### 1268 **One-stage design: Overview**

1269 Variants that were looked-up but did not replicate according to the two-stage criteria were  
1270 considered in a one-stage design. All of the following criteria had to be satisfied for a signal  
1271 to be reported as a novel signal of association with BP using our one-stage criteria:

- 1272 i) the sentinel SNP has  $P < 5 \times 10^{-9}$  in the discovery (UKB+ICBP) meta-analysis;
- 1273 ii) the sentinel SNP shows support ( $P < 0.01$ ) in the UKB GWAS alone;
- 1274 iii) the sentinel SNP shows support ( $P < 0.01$ ) in the ICBP GWAS alone;
- 1275 iv) the sentinel SNP has concordant direction of effect between UKB and ICBP  
1276 datasets;
- 1277 v) The sentinel SNP must not be located within any of the 274 previously reported  
1278 loci described above (**Supplementary Table 4**) or the recently reported non-  
1279 replicated loci from Hoffman et al<sup>9</sup> (**Supplementary Table 23**).

1280 We selected the one-stage  $P$ -value threshold to be an order of magnitude more stringent  
1281 than a genome-wide significance  $P$ -value, so as to ensure robust results and to minimize false  
1282 positive findings. The threshold of  $P < 5 \times 10^{-9}$  has been proposed as a more conservative  
1283 statistical significance threshold, e.g. for whole-genome sequencing-based studies<sup>21</sup>.

1284 Selection of variants from the meta-analysis of UKB and ICBP was performed as described  
1285 above for the two-stage design.

### 1286 **Conditional Analysis**

1287 We performed conditional analyses using the GWAS discovery meta-analysis data, in order to  
1288 identify any independent secondary signals in addition to the sentinel SNPs at the 901 loci.  
1289 We used two different methodological approaches, each using the Genome-wide Complex  
1290 Traits Analysis (GCTA) software<sup>22</sup>: (i) full “genome-wide conditional analysis” with joint  
1291 multivariate analysis and stepwise model selection across all three BP traits; and (ii) “locus-  
1292 specific conditional analysis” for the primary BP trait conditioning on the sentinel SNPs within  
1293 each locus (**Supplementary Methods**). For robustness, secondary signals are only reported if  
1294 obtained from both approaches. All secondary signals were selected at genome-wide  
1295 significance level, with MAF  $\geq 1\%$  and confirmed to be pairwise-LD-independent ( $r^2 < 0.1$ ), as  
1296 well as not being in LD with any of the published or sentinel SNPs at any of the 901 BP-

1297 associated loci ( $r^2 < 0.1$ ). In all cases the UKB data was used as the reference genetic data for  
1298 LD calculation, restricted to individuals of European ancestry only.

### 1299 **Functional analyses: Variants**

1300 We used an integrative bioinformatics approach to collate functional annotation at both the  
1301 variant level (for each sentinel SNP within all BP loci) and the gene level (using SNPs in LD  $r^2 \geq$   
1302 0.8 with the sentinel SNPs). At the variant level, we use Variant Effect Predictor (VEP) to  
1303 obtain comprehensive characterization of variants, including consequence (e.g. downstream  
1304 or non-coding transcript exon), information on nearest genomic features and, where  
1305 applicable, amino acid substitution functional impact, based on SIFT and PolyPhen. The  
1306 biomaRt R package is used to further annotate the nearest genes.

1307 We evaluated all SNPs in LD ( $r^2 \geq 0.8$ ) with our novel sentinel SNPs for evidence of mediation  
1308 of expression quantitative trait loci (eQTL) in all 44 tissues using the Genotype-Tissue  
1309 Expression (GTEx) database, to highlight specific tissue types which show eQTLs for a larger  
1310 than expected proportion of novel loci. We further seek to identify novel loci with the  
1311 strongest evidence of eQTL associations in arterial tissue, in particular. A locus is annotated  
1312 with a given eGene only if the most significant eQTL SNP for the given eGene is in high LD ( $r^2$   
1313  $\geq 0.8$ ) with the sentinel SNP, suggesting that the eQTL signal co-localises with the sentinel  
1314 SNP.

1315 We annotated nearest genes, eGenes (genes whose expression is affected by eQTLs) and Hi-  
1316 C interactors with HUVEC, HVMSC and HAEC expression from the Fantom5 project. Genes  
1317 that had higher than median expression levels in the given cell types were indicated as  
1318 expressed.

1319 To identify SNPs in the novel loci that have a non-coding functional effect (influence binding  
1320 of transcription factors or RNA polymerase, or influence DNase hypersensitivity sites or  
1321 histone modifications), we used DeepSEA, a deep learning algorithm, that learnt the binding  
1322 and modification patterns of ~900 cell/factor combinations<sup>65</sup>. A change of  $>0.1$  in the binding  
1323 score predicted by DeepSEA for the reference and alternative alleles respectively was used as  
1324 cut-off to find alleles with non-coding functional effect (**Supplementary Methods**)

1325 We identified potential target genes of regulatory SNPs using long-range chromatin  
1326 interaction (Hi-C) data from HUVECs<sup>23</sup>, aorta, adrenal glands, neural progenitor and  
1327 mesenchymal stem cell, which are tissues and cell types that are considered relevant for  
1328 regulating BP<sup>24</sup>. We find the most significant promoter interactions for all potential regulatory  
1329 SNPs (RegulomeDB score  $\leq 5$ ) in LD ( $r^2 \geq 0.8$ ) with our novel sentinel SNPs and published SNPs,  
1330 and choose the interactors with the SNPs of highest regulatory potential to annotate the loci.

1331 We then performed overall enrichment testing across all loci. Firstly, we used DEPICT<sup>66</sup> (Data-  
1332 driven Expression Prioritized Integration for Complex Traits) to identify tissues and cells which  
1333 are highly expressed at genes within the BP loci (**Supplementary Methods**). Secondly, we  
1334 used DEPICT to test for enrichment in gene sets associated with biological annotations

1335 (manually curated and molecular pathways, phenotype data from mouse KO studies)  
1336 **(Supplementary Methods)**. We report significant enrichments with a false discovery rate  
1337  $<0.01$ . The variants tested were i) the 357 published BP associated SNPs at the time of analysis  
1338 and ii) a set including all (published and novel) variants (with novel SNPs filtered by highest  
1339 significance,  $P < 1 \times 10^{-12}$ ).

1340 Furthermore, to investigate cell type specific enrichment within DNase I sites, we used  
1341 FORGE, which tests for enrichment of SNPs within DNase I sites in 123 cell types from the  
1342 Epigenomics Roadmap Project and ENCODE<sup>25</sup> **(Supplementary Methods)**. Two analyses were  
1343 compared (i) using published SNPs only; (ii) using sentinel SNPs at all 901 loci, in order to  
1344 evaluate the overall tissue specific enrichment of BP associated variants.

#### 1345 **Functional analyses: Genes**

1346 At the gene level, we used Ingenuity Pathway Analysis (IPA) software (IPA<sup>®</sup>, QIAGEN Redwood  
1347 City) to review genes with prior links to BP, based on annotation with the “Disorder of Blood  
1348 Pressure”, “Endothelial Development” and “Vascular Disease” Medline Subject Heading  
1349 (MESH) terms. We used the Mouse Genome Informatics (MGI) tool to identify BP and  
1350 cardiovascular relevant mouse knockout phenotypes for all genes linked to BP in our study.  
1351 We also used IPA to identify genes that interact with known targets of anti-hypertensive  
1352 drugs. Genes were also evaluated for evidence of small molecule druggability or known drugs  
1353 based on queries of the Drug Gene Interaction database.

#### 1354 **Lookups in non-European ancestries**

1355 As a secondary analysis, we look up all known and novel BP-associated SNPs in Africans  
1356 (7,782) and South Asians (10,322) from UKB using BOLT-LMM analysis for each BP trait within  
1357 each ancestry **(Supplementary Methods)**.

#### 1358 **Effects on other traits and diseases**

1359 We queried SNPs against GWAS catalog<sup>26</sup> and PhenoScanner<sup>27</sup>, including genetics and  
1360 metabolomics databases, to investigate cross-trait effects, extracting all association results  
1361 with genome-wide significance at  $P < 5 \times 10^{-8}$  for all SNPs in high LD ( $r^2 \geq 0.8$ ) with the 535  
1362 sentinel novel SNPs, to highlight the loci with strongest evidence of association with other  
1363 traits. We further evaluated these effects using DisGeNET<sup>28,29</sup>. At the gene level,  
1364 overrepresentation enrichment analysis (ORA) with WebGestalt<sup>67</sup> on the nearest genes to all  
1365 BP loci was carried out. Moreover, we tested sentinel SNPs at all published and novel (N=901)  
1366 loci for association with lifestyle related data including food, water and alcohol intake,  
1367 anthropomorphic traits and urinary sodium, potassium and creatinine excretion using the  
1368 recently developed Stanford Global Biobank Engine and the Gene ATLAS<sup>68</sup>. Both are search  
1369 engines for GWAS findings for multiple phenotypes in UK Biobank. We used a Bonferroni  
1370 corrected significance threshold of  $P < 1 \times 10^{-6}$  to deem significance.

#### 1371 **Genetic risk scores and percentage of variance explained**

1372 We calculated a weighted genetic risk score (GRS) (**Supplementary Table 24**) to provide an  
1373 estimate of the combined effect of the BP raising variants on BP and risk of hypertension and  
1374 applied this to the UKB data (**Supplementary Methods**). Our analysis included 423,713  
1375 unrelated individuals of European ancestry of whom 392,092 individuals were free of  
1376 cardiovascular events at baseline.

1377 We assessed the association of the continuous GRS variable on BP and with the risk of  
1378 hypertension, with and without adjustment for sex. We then compared BP levels and risk of  
1379 hypertension, respectively, for individuals in the top vs bottom quintiles of the GRS  
1380 distribution. Similar analyses were performed for the top vs bottom deciles of the GRS  
1381 distribution. All analyses were restricted to the 392,092 unrelated individuals of European  
1382 ancestry from UKB. As a sensitivity analysis to assess for evidence of bias in the UKB results,  
1383 we also carried out similar analyses in Airwave, an independent cohort of N=14,004 unrelated  
1384 participants of European descent<sup>30</sup> (**Supplementary Methods**).

1385 We calculated the association of the GRS with cardiovascular disease in unrelated participants  
1386 in UKB data, based on self-reported medical history, and linkage to hospitalization and  
1387 mortality data (**Supplementary Table 25**). We use logistic regression with binary outcome  
1388 variables for composite incident cardiovascular disease (**Supplementary Methods**), incident  
1389 myocardial infarction and incident stroke (using the algorithmic UKB definitions) and GRS as  
1390 explanatory variable (with and without sex adjustment).

1391 We also assessed the association of this GRS with BP in unrelated individuals Africans  
1392 (N=6,970) and South Asians (N=8,827) from the UKB to see whether BP-associated SNPs  
1393 identified from GWAS predominantly in Europeans are also associated with BP in populations  
1394 of non-European ancestry.

1395 We calculated the percentage of variance in BP explained by genetic variants using the  
1396 independent Airwave cohort (N=14,004) (**Supplementary Methods**). We considered three  
1397 different levels of the GRS: (i) all pairwise-independent, LD-filtered ( $r^2 < 0.1$ ) published SNPs  
1398 within the known loci; (ii) all known SNPs and sentinel SNPs at novel loci; (iii) all independent  
1399 signals at all 901 known and novel loci including the 163 secondary SNPs.

#### 1400 **Data availability statement**

1401 The UKB GWAS data can be assessed from the UK Biobank data repository  
1402 (<http://biota.osc.ox.ac.uk/>). The genetic and phenotypic UKB data are available upon  
1403 application to the UK Biobank (<https://www.ukbiobank.ac.uk>). ICBP summary data can be  
1404 assessed through request to ICBP steering committee. Contact Mark Caulfield  
1405 ([m.j.caulfield@qmul.ac.uk](mailto:m.j.caulfield@qmul.ac.uk)) or Paul Elliott ([p.elliott@imperial.ac.uk](mailto:p.elliott@imperial.ac.uk)) to apply for access to the  
1406 data. The UKB+ICBP summary data can be assessed through request to Paul Elliott  
1407 ([p.elliott@imperial.ac.uk](mailto:p.elliott@imperial.ac.uk)) or Mark Caulfield ([m.j.caulfield@qmul.ac.uk](mailto:m.j.caulfield@qmul.ac.uk)). All replication data  
1408 generated during this study are included in the published article. For example, association  
1409 results of look-up variants from our replication analyses and the subsequent combined meta-  
1410 analyses are contained within the Supplementary Tables provided.

1411 **Reporting Summary**

1412 Further information on experimental design is available in the Life Sciences Reporting  
1413 Summary linked to this article.

1414 **Ethics Statement**

1415 The UKB study has approval from the North West Multi-Centre Research Ethics Committee.  
1416 Any participants from UKB who withdrew consent have been removed from our analysis. Each  
1417 cohort within the ICBP meta-analysis as well as our independent replication cohorts of MVP  
1418 and EGCUT had ethical approval locally. More information on the participating cohorts is  
1419 available in **Supplementary Methods**.

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