

Metabolic constraints on nitrogen fixation by rhizobia in legume nodules

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1 **Abstract**

2 Rhizobia induce nodule formation on legume roots and differentiate into bacteroids, which use
3 plant-derived dicarboxylates as energy and electron sources for reduction of atmospheric N₂
4 into ammonia for secretion to plants. Using heterogeneous genome-scale datasets, we
5 reconstructed a model of bacteroid metabolism to investigate the effects of varying
6 dicarboxylate and oxygen supply on carbon and nitrogen allocation. Modelling and ¹³C
7 metabolic flux analysis in bacteroids indicate that microaerobiosis restricts the decarboxylating
8 arm of the TCA cycle and limits ammonia assimilation into glutamate. Catabolism of
9 dicarboxylates induces a higher oxygen demand but also a higher NADH/NAD⁺ ratio
10 compared to sugars. Carbon polymer synthesis and alanine secretion by bacteroids facilitate
11 redox balance in microaerobic nodules with alanine secretion increasing as oxygen tension
12 decreases. Our results provide a framework for understanding fundamental constraints on
13 rhizobial metabolism during symbiotic nitrogen fixation.

14 **Introduction**

15 Biological nitrogen fixation provides 50 – 70 Tg of bioavailable nitrogen in agricultural systems
16 per year¹ and sustains global food security. The most efficient contribution to biologically fixed
17 nitrogen is from symbioses between legumes and rhizobia², which are soil bacteria that induce
18 formation of nodules on plant roots. Inside nodules, rhizobia differentiate into bacteroids that
19 reduce atmospheric N₂ into ammonia for secretion to the plant host in exchange for
20 dicarboxylates, primarily succinate and malate^{3,4}. Succinate and malate are typically
21 metabolised via malic enzyme and pyruvate dehydrogenase, yielding acetyl-CoA that can be
22 oxidised in the tricarboxylic acid (TCA) cycle⁵. Whether bacteroids need a complete TCA cycle
23 remains unclear, as it is essential for *Rhizobium* and *Sinorhizobium* species, but mutants of
24 *Bradyrhizobium japonicum* lacking 2-oxoglutarate dehydrogenase activity achieve wild-type
25 levels of N₂ fixation on a per bacteroid basis^{6,7}. Flux through the TCA cycle produces NADH
26 and FADH₂, which provide electrons for nitrogen fixation and ATP generation⁸. Despite
27 rhizobia requiring oxygen for ATP synthesis, oxygen levels in nodules are only 10 – 40 nM⁹,
28 which is a requirement for highly oxygen-sensitive nitrogenase enzyme activity¹⁰. The
29 challenge of balancing carbon allocation under these conditions is evidenced by the synthesis
30 of lipids and carbon polymers, such as polyhydroxybutyrate (PHB), which indicate imbalances
31 in nutrient supply^{8,11}. PHB and lipids have been suggested to play a role as carbon and redox
32 sinks for bacteroids, although their accumulation is variable between rhizobial strains and their
33 role remains to be elucidated^{8,12,13}.

34 The defining distinction between N₂ fixation by rhizobial bacteroids compared to free-living
35 bacteria is the secretion of fixed ammonia to the plant. However, there is no known metabolic
36 mechanism forcing secretion of fixed nitrogen to the plant instead of assimilation by the
37 bacteroid. In addition to the main secretion product ammonia, a significant portion of fixed
38 nitrogen is apparently secreted in the form of alanine and aspartate^{14,15}. At the same time,
39 ammonia assimilation by the glutamine synthetase-glutamine oxoglutarate aminotransferase
40 (GS-GOGAT) system, which is active in free-living rhizobia, is downregulated during the
41 symbiosis^{16–18}.

42 Due to the complexity of bacteroid metabolism, several studies have used computational
43 approaches to investigate the symbiosis. Notably, metabolic models for various rhizobial
44 species have been reconstructed^{19–22}, and some reconstructions have been integrated with
45 models for the host plant^{23,24}. Metabolic models describe all enzymatic and transport reactions
46 encoded in an organism’s genome and enable the simulation of metabolic flux distributions
47 under defined environmental conditions^{25,26}. The most common approach for analysing
48 metabolic models is flux balance analysis (FBA), where an objective function reflecting the
49 evolutionary goal of the organism under investigation is optimised to calculate a flux
50 distribution²⁷. Maximum cellular growth is the most commonly used objective function and has
51 been found to reproduce experimental results for strains adapted to growth under laboratory
52 conditions²⁸, but this is clearly not applicable in the case of growth-arrested bacteroids. *In silico*
53 studies of bacteroid metabolism, which have so far mostly applied standard FBA methods,
54 defined an objective reaction comprising nitrogen export to the plant and synthesis of storage
55 compounds^{19–22}.

56 The result of FBA calculations is a single flux distribution, which is often not a unique solution
57 for the optimisation problem²⁷. In contrast, methods such as elementary flux mode
58 enumeration describe all minimal sets of steady state fluxes through the metabolic network²⁹.
59 While this approach is significantly more computationally expensive than FBA and currently
60 not feasible for genome-scale metabolic networks³⁰, it provides a more comprehensive and
61 unbiased description of metabolism that does not rely on an artificially defined objective.
62 Addressing the problem of combinatorial explosion during elementary flux mode enumeration,
63 elementary conversion modes (ECMs) have been proposed as an alternative approach to
64 compute all possible stoichiometries between input and output metabolites³¹. Although ECMs
65 do not provide information on the underlying metabolic pathways for a specific conversion,
66 they can still capture all metabolic capabilities of an organism. The feasibility of ECM
67 enumeration for genome-scale metabolic networks when focusing on subsets of metabolites
68 has recently been demonstrated³².

69 Despite decades of research efforts, a comprehensive view of the links between central
70 carbon and nitrogen metabolism in bacteroids is missing. Most experimental studies have
71 focused on individual metabolic pathways, while computational models have employed
72 artificial objective functions that may not be relevant in the natural system.

73 In this study, we combine experimental and metabolic modelling approaches to explain
74 fundamental features of bacteroid metabolism. Using proteome, transcriptome and gene
75 essentiality data, we reconstruct a model of metabolic pathways active during nitrogen fixation
76 in *Rhizobium leguminosarum* bv. *viciae*. We implement modelling strategies that circumvent
77 the limitations of traditional FBA to explain the importance of the experimentally observed
78 storage polymer synthesis and amino acid secretion in bacteroids. We further investigate the
79 role of the TCA cycle during nitrogen fixation and validate model predictions by ¹³C metabolic
80 flux analysis of *Azorhizobium caulinodans*. Our model provides insights into the fundamental
81 constraints on rhizobial metabolism during symbiotic nitrogen fixation. An improved
82 understanding of metabolic processes in bacteroids is of central importance for ongoing efforts
83 in optimising existing symbioses and engineering novel plant-microbe interactions for
84 sustainable agriculture^{2,33}.

85

86 **Results**

87 **Data-based reconstruction of a bacteroid metabolic model**

88 We reconstructed a metabolic model for pea bacteroids of *Rhizobium leguminosarum* bv.
89 *viciae* 3841 using bacteroid-specific experimental data. First, we quantified the proteome of
90 unlabelled bacteroids relative to ¹⁵N-labelled free-living bacteria (Fig. 1, Supplementary Fig. 1,
91 Supplementary Note 1, Supplementary Data 1). In addition, genes upregulated in
92 transcriptional datasets of bacteroids³⁴ (Supplementary Fig. 2) and genes identified as
93 specifically essential for symbiosis formation by insertion sequencing (INSeq)³⁵ were included
94 in the model. The final core metabolic network named *iCS323* contained 323 genes, 237
95 metabolites and 299 reactions, 207 of which are metabolic (excluding transport, demand and
96 sink reactions) (Supplementary Table 1, Supplementary Data 2-4). Out of the 207 metabolic

97 reactions, 177 (86%) are supported by experimental evidence from at least one of the
98 bacteroid-specific datasets. *iCS323* was evaluated using MEMOTE³⁶, confirming the absence
99 of stoichiometrically balanced cycles, orphan metabolites and dead-end reactions.
100 (Supplementary Data 5).

101 The main pathways in the final model were central carbon metabolism (TCA cycle,
102 gluconeogenesis, pentose phosphate pathway), amino acid metabolism and carbon polymer
103 synthesis. As an initial validation, malate, succinate and oxygen uptake were constrained
104 according to the flux boundaries defined in a modelling study of *Sinorhizobium meliloti*²¹, and
105 standard FBA maximising nitrogenase activity was performed. The obtained flux distribution
106 captured key features of bacteroid metabolism, including use of the TCA cycle, pyruvate
107 synthesis via malic enzyme and minor activity of gluconeogenesis^{5,8,37} (Supplementary Fig.
108 3).

109 When comparing gene essentiality predictions to mutant phenotypes identified by INSeq³⁵, we
110 found that 280 (87%) of the genes in the model had an *in silico* phenotype that agreed with
111 the experimental evidence (Supplementary Data 6). Genes were defined as essential *in silico*
112 if their deletion prevented flux through the nitrogenase reaction in the model. Of the 31 false
113 negatives (*in silico* non-essential genes that were essential according to INSeq), nine were
114 involved in sugar metabolism. In agreement with the results of a recent modelling study of
115 *S. meliloti*²⁴, this may suggest that rhizobia differentiating into bacteroids have access to
116 sugars as a carbon source, whereas nitrogen-fixing bacteroids do not. In addition, four genes
117 involved in serine metabolism were incorrectly predicted to be non-essential. A possible
118 explanation is the role of serine as a precursor for cysteine biosynthesis. Cysteine plays a role
119 in the synthesis of iron-sulphur clusters for the nitrogenase enzyme³⁸, which is not explicitly
120 accounted for in the model. Pyruvate kinase was further predicted to be non-essential in
121 disagreement with the INSeq data. A *pykA* mutant had higher nitrogenase activity than the
122 wild-type in plants harvested after 28 days⁵, indicating that the INSeq phenotype may be a
123 result of developmental delay and the model correctly identifies the gene as non-essential.

124 Overall, our model shows good predictive quality for gene essentiality. It is important to note
125 that perfect agreement of *in silico* predictions with the experimental data is not expected. This
126 is due to our model being limited to central metabolic pathways in bacteroids, neglecting for
127 example the synthesis of nucleotides for DNA replication. In addition, genes that are
128 determined to be essential for bacteroids by INSeq may actually cause a growth defect at
129 earlier stages of symbiosis formation and are not necessarily required for nitrogen fixation
130 itself.

131

132 **Characterisation of bacteroid metabolism using elementary conversion modes**

133 Previously published modelling studies of bacteroid metabolism used FBA and maximised a
134 lumped objective reaction comprising ammonia and amino acid export as well as storage
135 polymer synthesis^{19–22}. While this approach constrains flux distributions to reflect
136 experimentally observed phenotypes, it also introduces an artificial stoichiometric coupling
137 between the objective metabolites, which precludes the investigation of changes in carbon
138 and nitrogen allocation depending on nutrient availability. To characterise bacteroid
139 metabolism with a minimum number of pre-set assumptions, we used ecmtool³² to enumerate
140 ECMs of the metabolic network (Fig. 2, Supplementary Data 7). ECMs capture all metabolic
141 capabilities in terms of input-output stoichiometry and therefore provide a comprehensive
142 description of metabolism without assuming optimality with respect to a specific objective.

143 Conversion modes were found for all expected products (ammonia, alanine, aspartate and
144 storage compounds) with a minimal set of inputs, mainly malate/succinate, oxygen and N₂
145 (Supplementary Data 8). The presence of conversion modes for storage polymer synthesis
146 without nitrogenase activity suggests that the two processes are not inherently linked, which
147 agrees with reports of storage polymer accumulation prior to the onset of nitrogen fixation^{12,39}.
148 Potential co-catabolism of an amino acid in addition to malate/succinate was investigated by
149 analysing conversion modes with each of the proteinogenic amino acids or γ -aminobutyric acid
150 (GABA) as an additional input. Conversion modes were found for arginine, cysteine, GABA,
151 glutamine, glutamate, glycine, serine and threonine. All conversions involving arginine,

152 cysteine or serine had a negative net nitrogen output and were therefore considered unlikely
153 to be biologically relevant. For the remaining conversion modes with a positive net nitrogen
154 output, no benefit was found for any amino acid in terms of oxygen demand or carbon cost
155 (Supplementary Fig. 4). We therefore limited our analysis to conversion modes using GABA,
156 which is known to be metabolised in pea bacteroids⁴⁰.

157 Oxygen demand per carbon uptake was decreased for all conversion modes that produced
158 storage polymers compared to conversions that did not (Fig. 3a, Supplementary Fig. 5).
159 Carbon storage polymers thus function as carbon and redox sinks under oxygen-limiting
160 conditions, enabling electrons to be partitioned to polymer synthesis rather than oxygen as a
161 terminal electron acceptor. The oxygen uptake relative to fixed N₂ was increased for
162 conversion modes generating glycogen or lipids (Fig. 3b), consistent with the ATP requirement
163 for producing these storage compounds, which would add to the ATP demand of the
164 nitrogenase reaction. In addition, conversion modes generating carbon polymers increased
165 the carbon cost per nitrogen supplied to the plant (Fig. 3c), indicating that storage compounds
166 divert resources from nitrogen fixation. This aligns with observations that plant nodule cells
167 accumulate starch when occupied by bacteroid glycogen synthase mutants¹², i.e. the plant
168 has excess carbon when bacteroid polymer synthesis is restricted.

169 The carbon cost determined for conversion modes without polymer production is similar to the
170 theoretical cost of nitrogen fixation (2.5 g carbon/g nitrogen), whereas that for PHB- and some
171 palmitate- and glycerolipid-producing conversion modes is close to the experimentally
172 observed value (8 g carbon/g nitrogen)². Given that the plant host regulates the supply of
173 nutrients such as carbon and oxygen in response to nitrogen output^{41,42}, this would potentially
174 limit excess diversion of carbon into polymers.

175 Conversions without carbon polymer production could be sub-grouped into those generating
176 alanine and/or aspartate and those only producing ammonia, where amino acid secretion
177 reduced oxygen demand per carbon uptake (Fig. 3a) and oxygen demand per nitrogen output
178 (Supplementary Fig. 5). Alanine dehydrogenase catalyses the NADH-dependent synthesis of
179 alanine from pyruvate and ammonia, making this pathway an oxygen-independent carbon sink

180 for NAD⁺ regeneration as well as a sink for carbon and protons. Synthesis of alanine in
181 particular enables bacteroids to maintain nitrogen export to the plant in a low oxygen
182 environment and explains the mixed secretion of ammonia and amino acids observed
183 experimentally¹⁴. Amino acid secretion could be favoured over polymer synthesis under
184 certain conditions since it allows for removal of carbon from the bacteroid rather than
185 intracellular accumulation.

186 The same trends for storage polymer synthesis and amino acid secretion were observed for
187 ECMs of a model for *Sinorhizobium fredii* bacteroids¹⁹ (Supplementary Fig. 6), indicating that
188 these principles are likely to govern symbiotic metabolism across rhizobial species.

189

190 **Role of oxygen limitation in shaping bacteroid metabolism**

191 We next characterised the network response to different carbon and oxygen availability when
192 optimum nitrogenase activity is maintained. Since uptake fluxes of bacteroids are difficult to
193 determine experimentally, we performed phenotype phase plane analysis⁴³. Avoiding artificial
194 biases of carbon and nitrogen allocation, nitrogenase activity was evaluated without
195 maximising the production of storage compounds. Four feasible regions with distinct metabolic
196 behaviour were identified, with phase I characterised by carbon limitation and increasing
197 oxygen limitation from phase II to phase IV (Fig. 4a, Supplementary Fig. 7).

198 Flux variability analysis showed that with increasing oxygen limitation, flux through TCA cycle
199 enzymes, as represented by citrate synthase, decreased (Fig. 4b). Carbon was increasingly
200 channelled into pyruvate, which caused accumulation of PHB and lipids as well as alanine
201 production, with all nitrogen being secreted in the form of alanine instead of ammonia in phase
202 IV. The tendency to increase alanine secretion at low oxygen levels has recently been shown
203 experimentally in *B. japonicum*⁴⁴. Alanine secretion is thus important to sustain bacteroid
204 metabolism under oxygen limitation, which probably occurs in the natural system⁴⁵. This is
205 consistent with a 20% reduction in dry weight of peas inoculated with alanine dehydrogenase
206 mutants of *R. leguminosarum* that no longer secrete alanine⁴⁶.

207 Independently of maximum nitrogenase activity, general network properties were investigated
208 using ensemble-evolutionary FBA⁴⁷. The results supported increased PHB and lipid synthesis
209 under oxygen-limiting conditions as well as decreased activity of the TCA cycle (Fig. 4c, d).
210 The trend for increased alanine synthesis was less clear, indicating that it is linked to nitrogen
211 fixation rather than being an inherent network property. The observed shifts in metabolic
212 behaviour support the role of alanine, PHB and lipids as sinks for carbon when oxygen is
213 limiting, and usage of the TCA cycle becomes disadvantageous due to accumulation of
214 reduced electron carriers⁸, which agrees with the conversion mode analysis.

215

216 **Metabolic constraints on ammonia assimilation by bacteroids**

217 The predicted downregulation of the TCA cycle would reduce the availability of 2-oxoglutarate
218 required by the GS-GOGAT pathway, which is the sole pathway for ammonia assimilation
219 coupled to growth in rhizobia. It should be noted that rhizobial GS-GOGAT mutants cannot
220 grow on ammonia as a nitrogen source, and alanine dehydrogenase for example cannot
221 substitute for GS-GOGAT¹⁸. Increased ammonia assimilation into glutamate by bacteroids
222 would require increased TCA cycle activity and hence increase oxygen demand as indicated
223 by a significant positive correlation between oxygen uptake and glutamine synthetase activity
224 in the conversion mode analysis (Fig. 5a). To assess the impact of ammonia assimilation on
225 the metabolic fluxes in bacteroids, we forced flux through a demand reaction for glutamate in
226 the model. In this scenario, flux through the decarboxylating arm of the TCA cycle had to be
227 maintained under oxygen limitation to supply 2-oxoglutarate for ammonia assimilation, which
228 caused an increased oxygen demand (Fig. 5b).

229 Our modelling results indicate the importance of the carbon source provided to bacteroids to
230 enforce use of the TCA cycle as the main catabolic pathway. It is currently unclear why plants
231 provide bacteroids with C₄-dicarboxylates, especially considering that photosynthate is
232 transported to nodules as sucrose⁴⁸. We therefore compared the effects of utilising sucrose
233 instead of malate as a carbon source *in silico*. For a given carbon uptake rate, the model
234 predicted higher nitrogenase activity for sucrose compared to malate (Fig. 5c) in agreement

235 with an integrated plant-bacteroid model for *S. meliloti*²⁴. Furthermore, less oxygen was
236 needed for sucrose (Fig. 5b) (or glucose, Supplementary Fig. 8) catabolism, which is in
237 accordance with experimentally determined oxygen uptake rates of free-living
238 *R. leguminosarum* (Fig. 6a). Catabolism of arabinose, a sugar metabolised via 2-oxoglutarate,
239 induced an oxygen demand similar to growth on succinate. This suggests that catabolism of
240 TCA cycle intermediates generally creates a high oxygen demand and thus causes a more
241 severe growth impairment compared to glucose under low oxygen conditions (Fig. 6c).
242 However, the NADH/NAD⁺ ratio was similar for growth on glucose and arabinose, but
243 significantly higher for succinate catabolism (Fig. 6b). This could be explained by 2-
244 oxoglutarate supply from arabinose catabolism partly obviating use of the decarboxylating
245 TCA cycle arm, but also by differences in the regulation of sugar versus dicarboxylate uptake
246 and metabolism.

247 Overall, these findings indicate that supply of dicarboxylates such as succinate to bacteroids
248 is particularly suitable for creating both a high oxygen demand and a highly reduced redox
249 ratio, which is important for supply of electrons to the nitrogenase enzyme⁸. The absolute
250 value of the redox ratio did not change significantly for different oxygen concentrations and
251 was also not correlated with the growth rate (Fig. 6c). Thus, the redox state of
252 *R. leguminosarum* is mainly determined by the carbon source, implying that the nature and
253 quantity of the supplied carbon source are of central importance for defining metabolic fluxes
254 in bacteroids, with succinate providing a higher NADH/NAD⁺ ratio than glucose. Remarkably,
255 plants provide dicarboxylates as a carbon source to bacteroids even though they are less
256 efficient at supporting N₂ fixation and increase oxygen demand relative to sucrose in the
257 oxygen-limited nodule.

258

259 **Metabolic flux analysis of *Azorhizobium caulinodans* supports model predictions**

260 To validate core findings of our model predictions experimentally, we performed ¹³C metabolic
261 flux analysis of *Azorhizobium caulinodans* ORS571. We chose this rhizobial strain for its ability
262 to perform nitrogen fixation in both free-living conditions and in symbiosis with *Sesbania*

263 *rostrata*. When comparing non-diazotrophic growth of *A. caulinodans* at different oxygen
264 levels, PHB synthesis increased 3-fold under microaerobic (3% O₂) conditions compared to
265 aerobic growth, and further increased in bacteroids (Fig. 7, Supplementary Data 9). This
266 agrees with the predicted importance of storage polymer synthesis for balancing carbon
267 allocation under oxygen-limited conditions.

268 TCA cycle fluxes increased during free-living diazotrophic growth compared to non-
269 diazotrophic growth, which is consistent with an increased demand for reductant for nitrogen
270 fixation as well as for cell growth. However, an overall downregulation of the TCA cycle was
271 observed when comparing bacteroid metabolism to non-diazotrophic growth under
272 microaerobic conditions. Importantly, the highest relative downregulation was observed for the
273 decarboxylating arm of the TCA cycle between citrate and succinate. As predicted by our
274 model, bacteroids would thus have limited capability for 2-oxoglutarate synthesis and would
275 consequently be restricted for ammonia assimilation into glutamate.

276

277 **Discussion**

278 In this study, we combined experimental and computational methods to provide explanations
279 for fundamental properties of bacteroid metabolism, which have so far mostly been
280 investigated separately.

281 Our modelling results indicate that oxygen limitation is the driving factor behind the observed
282 synthesis of carbon polymers^{8,12} and induces the secretion of alanine, in addition to ammonia.
283 The level of alanine secretion is dependent on the ratio of carbon and oxygen supply, which
284 agrees with experimental studies⁴⁴. Rhizobial nitrogen fixation is fuelled by dicarboxylates³,
285 requires a low oxygen environment to protect nitrogenase¹⁰ and involves downregulation of
286 ammonia assimilation into glutamate in bacteroids¹⁸. Both model predictions and metabolic
287 flux analysis of *A. caulinodans* bacteroids indicate that these factors are interconnected:
288 catabolism of dicarboxylates induces a highly reduced redox poise and creates a high oxygen
289 demand. In the low oxygen environment of the nodule, this promotes downregulation of the
290 decarboxylating TCA cycle arm, which would decrease ammonia assimilation into glutamate

291 by bacteroids. This agrees with glutamate levels being 20-fold lower in bacteroids compared
292 to free-living rhizobia⁸. In addition to promoting ammonia secretion to the plant, limited
293 ammonia assimilation into glutamate would contribute to the growth arrest of bacteroids. As
294 glutamate is the transamination donor for most other amino acids, this could explain the
295 dependence of bacteroids on supply of amino acids by the plant^{49,50}. Intriguingly, the increased
296 oxygen stress on bacteroids and their limited ability to assimilate ammonia into glutamate may
297 promote ammonia secretion and could therefore be an important mechanism for maintaining
298 a mutualistic relationship with the host plant. Furthermore, the ample supply of reducing
299 equivalents would then be available to satisfy the high electron demand of the nitrogenase
300 reaction, while carbon polymer synthesis as well as secretion of alanine, in particular, balance
301 the allocation of carbon and regeneration of electron carriers.

302 The proposed metabolic principles provide a general framework for understanding the
303 constraints on bacteroid metabolism that favour ammonia (and amino acid) secretion and may
304 contribute to the growth arrest of bacteroids. However, rhizobium-legume symbioses are
305 highly evolved mutualisms. As a result, many factors, such as nodule cysteine-rich (NCR)
306 peptides, play a role in inducing terminal differentiation of some bacteroids⁵¹ and ammonia
307 secretion by bacteroids is further forced by transcriptional regulation of genes involved in
308 nitrogen metabolism (e.g. Ntr)⁵².

309 Previous modelling studies of inter-microbial interactions found anoxic conditions to promote
310 mutualistic interactions and increase the diversity of secreted metabolites^{53,54}, and oxygen
311 availability was determined to be a better indicator of secreted metabolites than species
312 identity⁵⁴. It is therefore possible that metabolic principles similar to those outlined in this study
313 have a broader significance in governing metabolite exchanges in inter-species interactions.

314 **Methods**

315 **General modelling procedures**

316 Standard FBA calculations were performed in MATLAB R2019b (Mathworks) using scripts
317 from the COBRA Toolbox v3.0⁵⁵ and the Gurobi 8.0.1 solver (www.gurobi.com). The Taxicab
318 norm was minimised to avoid loops in the calculated flux distribution. The functions
319 `phenotypePhasePlane` and `fluxVariability` were used for phenotype phase plane
320 analysis and flux variability analysis, respectively. For flux variability analysis, loopless
321 solutions were calculated that allowed for maximum nitrogenase activity. *In silico* gene deletion
322 analysis was performed with the function `singleGeneDeletion` using the FBA method. A
323 gene was considered essential when its deletion prevented flux through the nitrogenase
324 reaction (Supplementary Data 6). All MATLAB scripts are available on Github
325 (<https://github.com/CarolinSchulte/bacteroid-metabolism>). Flux maps were created using
326 Escher⁵⁶.

327

328 **Elementary conversion mode analysis**

329 Elementary conversion modes were calculated using `ecmtool`
330 (<https://github.com/tjclement/ecmtool>)³². Boundary conditions for calculating conversion
331 modes were based on experimental studies and are detailed in Supplementary Data 8. To
332 limit our analysis to biologically meaningful scenarios, only conversion modes with a positive
333 cost lower than 40 g carbon per g nitrogen were considered. We further restricted our analysis
334 to conversion modes using one amino acid at most as an input. The full set of conversion
335 modes calculated with succinate, malate and amino acids as inputs can be found in
336 Supplementary Data 7. For determining the correlation of oxygen demand and glutamine
337 synthetase activity, glutamate was set as an additional output and a virtual metabolite was
338 added to the glutamine synthetase reaction to track the flux through this reaction. ECM
339 analysis for *iCC541*, a metabolic model of *Sinorhizobium fredii* bacteroids¹⁹, was performed

340 according to similar principles. To decrease computation time, cofactors were hidden in this
341 analysis (Supplementary Data 8).

342

343 **Statistical analysis**

344 Nonparametric Spearman correlation and ANOVA followed by Tukey's multiple comparisons
345 test were performed in GraphPad Prism 8.4.3. $P < 0.05$ was considered statistically significant.

346

347 **Flux balance analysis**

348 Constraints for FBA-based computations were defined similar to those for conversion mode
349 analysis. For all proteinogenic amino acids except for asparagine, alanine and aspartate,
350 demand fluxes were constrained to values between 0.01 and 0.05 to mimic low levels of
351 protein synthesis in bacteroids. The upper bound for alanine and aspartate demand reactions
352 was left unconstrained, since those amino acids are secreted by bacteroids. All constraints
353 are detailed in Supplementary Data 8.

354 Ensemble-evolutionary FBA was performed as previously described^{47,57}. Briefly, 50,000
355 objective functions containing a random number of model reactions that were assigned
356 random weights were generated (see Supplementary Fig. 9 for determination of ensemble
357 size). Flux distributions for all objective functions were then calculated using flux balance
358 analysis for a fixed malate uptake rate of 4 flux units and varying oxygen uptake rate.
359 Constraints for ensemble-evolutionary FBA were defined as for standard FBA, but with a
360 minimum flux of 0.01 for the nitrogenase reaction and no upper bound on all amino acid
361 demand reactions.

362

363 **Model reconstruction**

364 A database of gene-protein-reaction associations was derived from genome annotation of
365 *Rhizobium leguminosarum* bv. *viciae* 3841 (Rlv3841). First, an orthology-based reconstruction
366 was obtained using AuReMe⁵⁸. Since both a genome-scale model (*i*GD1575b^{21,59}) and a highly
367 curated core model (*i*GD726⁵⁹) for the rhizobial strain *S. meliloti* 1021 are available, these

368 were used as templates. Reconstruction in AuReMe was performed for both *S. meliloti*
369 models, resulting in draft networks containing 1304 and 613 reactions for *iGD1575b* and
370 *iGD726*, respectively. Where the same reaction occurred in both reconstructions, the gene-
371 protein-reaction association from the *iGD726*-based reconstruction was selected as it can be
372 expected to be more accurate. To account for gene functions annotated in the Rlv3841
373 genome but not present in *S. meliloti*, a second draft metabolic model was obtained from
374 KBase⁶⁰. Briefly, the Rlv3841 genome was annotated with Prokka (v1.12) and the 'Build
375 Metabolic Model' function was run without gap-filling. This generated a network with 607
376 reactions, 98 of which were not contained in the reaction list obtained from the AuReMe
377 reconstructions. A model of bacteroid metabolism in Rlv3841 was then built by manually
378 selecting reactions from the draft reconstructions that are catalysed by enzymes detected in
379 the bacteroid proteome, as well as those associated with upregulated³⁴ and essential genes
380 for bacteroids³⁵. Gene-protein-reaction associations were refined by comparison to gene
381 essentiality data for free-living Rlv3841⁶¹. Gaps were filled based on literature evidence and
382 guided by the KEGG database⁶². Since the focus of this study was on central metabolic
383 pathways, biosynthesis of some cofactors was excluded and GTP was replaced with ATP
384 where applicable. Some linear pathways, namely most reactions associated with lipid
385 biosynthesis and *myo*-inositol catabolism, were summarised in lumped reactions. Further
386 details on pathways included in the model and the definition of exchange fluxes are provided
387 in Supplementary Note 2 and 3.

388

389 **Bacterial strains and culture conditions**

390 Oxygen consumption and NADH/NAD⁺ ratios were measured for Rlv3841. Cultures were
391 grown in universal minimal salts (UMS)⁶¹ or acid minimal salts (AMS)⁶³ medium at 28 °C. UMS
392 was supplemented with different carbon and nitrogen sources at the following final
393 concentrations: succinate, 20 mM; arabinose, 20 mM; glucose, 10 mM; NH₄Cl, 10 mM.
394 Cultivations were performed in 250 mL Erlenmeyer flasks with an initial filling volume of 50 mL.
395 Low oxygen cultivations were performed in a glove box (Belle Technology) with the

396 atmosphere adjusted to the desired oxygen concentration by flushing with nitrogen gas.
397 *Azorhizobium caulinodans* ORS571 was grown in UMS medium supplemented with 10 mM
398 succinate and 0.3 mM nicotinic acid at 37 °C. For diazotrophic growth, cultures were
399 continuously sparged with a gas mixture containing 97% N₂ and 3% O₂, which had been
400 determined to be the optimal oxygen level for diazotrophic growth.

401

402 **Measurement of NADH/NAD⁺ ratios**

403 NADH/NAD⁺ ratios were determined using the NAD/NADH-Glo™ Assay (Promega) according
404 to the manufacturer's instructions. Cells were harvested during exponential phase (OD₆₀₀ 0.4-
405 0.6) for all measurements.

406

407 **Measurement of oxygen consumption rates**

408 Oxygen consumption rates were measured for liquid cultures in early exponential phase.
409 Cultures were diluted to OD₆₀₀ ~0.15 and a 25 mL glass vial containing an OxyDot was filled
410 to the top with liquid culture and sealed. Measurements of oxygen concentration were taken
411 every 15 s using the OxySense 325i system while the culture was stirred with a magnetic
412 stirrer. The data were analysed with the OxySense Gen III software and oxygen consumption
413 was calculated from measurements obtained between 18% and 15% oxygen concentration.

414

415 **Proteomics**

416 Bacteroids were obtained from nodules of pea (*Pisum sativum* cv. Avola) plants inoculated
417 with Rlv3841 and grown in an illuminated environment-controlled growth room as previously
418 described⁸. Plants were harvested at 28 d post inoculation, with bacteroids extracted from
419 excised root nodules by double percoll gradient purification¹⁴. Bacteroids were isolated from
420 nodules obtained from a total of 21 plants and processed as 3 independent replicates.

421 For the free-living cultures, Rlv3841 was grown in AMS medium with 20 mM succinate and
422 10 mM ¹⁵NH₄Cl. Cultures were grown to late log phase (OD₆₀₀ ~0.8) at 28 °C on a gyratory
423 shaker at 250 rpm, and sub-cultured into fresh AMS six times, as preliminary trials showed

424 this yielded >99% ¹⁵N incorporation into cell proteins. From the sixth subculture, three separate
425 AMS cultures were inoculated and harvested at mid-log phase (OD₆₀₀ ~0.4). Cells were
426 harvested by centrifugation, washed in AMS and stored at -80 °C. Bacteroid and cell pellets
427 were resuspended separately in 10 mM HEPES (pH 7.2) buffer and an aliquot of each taken
428 and lysed by two rounds on a FastPrep FP120 Ribolyser (BIO101/Savant) at a setting of 6.5
429 for 30 s, with samples kept on ice for 5 min between each round. The protein content of the
430 extracted aliquots was then determined by Bradford assay, where bovine serum albumin
431 (Pierce™) was used to generate a standard curve. These values were then used to mix
432 equivalent proportions of unextracted bacteroid and cells from the original suspensions to yield
433 at least 200 µg/ml of total combined protein. Mixed bacteroid and cell samples were then
434 ribolysered as described above, another Bradford determination was performed to confirm the
435 protein concentration, and then the equivalent of 50 µg of protein was extracted by methanol-
436 chloroform-water precipitation⁶⁴.

437 The protein pellets from the three replicates were dissolved in SDS-gel sample loading buffer,
438 heated at 80 °C for 10 min, and loaded onto a Novex-gel (10% Bis-Tris SDS-gel, Life
439 Technologies, Carlsbad, CA). After separation and staining with InstantBlue™ (Expedeon,
440 Harston, UK), the gel lanes were cut into 12-15 slices which were washed, reduced and
441 alkylated, and treated with trypsin according to standard procedures. After digestion, peptides
442 were extracted with 5% formic acid/50% acetonitrile, dried, and re-dissolved in 0.1% TFA.

443 LC-MS/MS analysis of all gel fractions was performed on an LTQ-Orbitrap™ mass
444 spectrometer (Thermo Fisher, Waltham, MA) coupled with a nanoAcquity™ UPLC™-system
445 (Waters, Manchester, UK). Sample aliquots were loaded onto a trap column (Symmetry^R C18,
446 5µm, 180 µm x 20 mm, Waters), and the peptides were then separated on an analytical column
447 (BEH C18, 1.7 µm, 75 µm x 250 mm, Waters) and infused into the mass spectrometer via a
448 10 µm SilicaTip™ nanospray emitter (New Objective, Woburn, MA) attached to a nanospray
449 interface (Proxeon, Odense, Denmark).

450 For separation the following gradient of solvents A (0.1% formic acid in water) and B (0.1%
451 formic acid in acetonitrile) was used at a flow rate of 250 nL min⁻¹: solvent B at start: 0%; 0-3

452 min: linear ramp to 5% B; 3-56 min: ramp to 40% B; 56-62 min: ramp to 85% B; 85% B kept
453 for 3 min followed by 100% A for 20 min for re-equilibration.

454 The mass spectrometer was operated in positive ion mode at a capillary temperature of
455 200 °C. The source voltage and focusing voltages were tuned for the transmission of MRFA
456 peptide (m/z 524) (Sigma-Aldrich, St. Louis, MO). Data-dependent analysis was carried out in
457 orbitrap-IT parallel mode using CID fragmentation on the five most abundant ions in each
458 cycle. The full scan MS was performed in the orbitrap at a resolution of 60,000 over the range
459 m/z 350-1800. For the CID-MS2 the mono-isotopic 2+ and 3+ charged precursors were
460 selected with an isolation width of 2 Da. MS2 was triggered by a minimal signal of 10³ with an
461 AGC target of 3×10⁴ ions and 150 ms maximum scan time using the chromatography function
462 for peak apex detection. Collision energy was 35, and dynamic exclusion was set to 1 count
463 and 60 s with a mass window of ±20 ppm. MS scans were saved in profile mode while MS2
464 scans were saved in centroid mode.

465 The analysis of all gel fractions from 3 replicates resulted in 52 raw files (with replicate 2 run
466 twice). Data were processed using Mascot Distiller 2.7 and Mascot Server 2.7 through Mascot
467 Daemon 2.7 (Matrixscience, London, UK). Peak lists generated by Mascot Distiller were used
468 for a database search using Mascot Server on the GeneDB_Rleguminosarum_Proteins fasta
469 database from [https://www.sanger.ac.uk/resources/downloads/bacteria/rhizobium-](https://www.sanger.ac.uk/resources/downloads/bacteria/rhizobium-leguminosarum.html)
470 [leguminosarum.html](https://www.sanger.ac.uk/resources/downloads/bacteria/rhizobium-leguminosarum.html) (May 2020, 7144 entries). For protein annotation, data from
471 <https://rhizosphere.org/lab-page/molecular-tools/genomes/rlv3841-genome/> (May 2020, 7288
472 entries) was used. A small database containing common contaminants (MaxQuant
473 contaminants 2017, 250 entries) was included in the search.

474 Each raw file was processed and searched separately using the enzyme trypsin with two
475 missed cleavages, precursor mass tolerance of 10 ppm and fragment mass tolerance of 0.6
476 Da. Carbamidomethyl (C) was set as a fixed modification, and oxidation (M), deamidation
477 (N,Q), acetylation (protNterm) as variable modifications. Intensities for light and heavy ¹⁵N
478 labelled peptides were extracted using a Mascot Server ¹⁵N metabolic quantitation method
479 with the following parameters: 99.2% labelling (as determined by Mascot Distiller), Simpson's

480 integration, isotope match rho = 0.6, XIC threshold = 0.1, isolation threshold = 0.5, peptide
481 expect threshold = 0.05, outlier removal auto, normalization none. The experimental design
482 with 3 replicates and corresponding fractions was generated in the quantitation table exported
483 via Mascot Daemon. The resulting expression table was used for ratio calculation and
484 statistical analysis in RStudio 1.2.5033 with R version 3.6.3⁶⁵. Potential contaminants were
485 removed, and the table was filtered for proteins quantified in all 3 replicates. Light and heavy
486 protein intensities were log₁₀-transformed, and ratios calculated as light/heavy
487 (bacteroids/*Rhizobium* cells) for each replicate. Those ratios were used for statistical testing
488 using the limma eBayes function in R. The final ratio was calculated as median from the
489 replicates.

490 The mass spectrometry proteomics data have been deposited to the ProteomeXchange
491 Consortium via the PRIDE⁶⁶ partner repository with the dataset identifier PXD019467.

492

493 **Metabolic flux analysis**

494 Metabolic flux analysis of *A. caulinodans* ORS571 was performed as previously described⁸.
495 Briefly, *A. caulinodans* was grown in UMS medium containing 20% [¹³C₄]-succinate and 80%
496 unlabelled sodium succinate. Bacteroids were isolated from the root nodules of *Sesbania*
497 *rostrata* as previously described⁶⁷. Isolated bacteroids were incubated in UMS medium
498 supplemented with 10 mM 20% [¹³C₄]-succinate for 24 h at ≤1% O₂. Nitrogenase activity of
499 free-living cultures and isolated bacteroids during labelling experiments was determined by an
500 acetylene reduction assay⁸. Free-living cultures were harvested in late exponential phase and
501 bacteroids after 24 h for metabolite extraction and gas chromatography-mass spectrometry
502 analysis. Mass spectrometry data processing and isotopomer analysis of protein-derived
503 amino acids and hydroxybutyrate obtained by hydrolysis of PHB was done using methods
504 described previously^{8,68}.

505 Metabolic modelling was performed with INCA (Isotopomer Network Compartmental Analysis)
506 using an iterative procedure⁶⁹. A complete description of the model, including the network
507 carbon atom transitions, and net flux data are provided in Supplementary Data 9. The model

508 along with the mass spectrometry measurements was simulated to obtain an optimized flux
509 pattern in the network, followed by statistical validation of the flux maps. The fluxes were
510 estimated relative to the succinate uptake flux fixed at 100 units. The assessment of goodness
511 of fit for the flux maps with statistically valid sum of squared residuals was performed by the
512 comparison of simulated mass spectrometry measurements with that of experimentally
513 measured values. To assess the precision of flux estimates, parameter continuation was
514 performed in INCA to calculate the lower and upper bounds of the 95% confidence interval for
515 the flux estimates. Comparison of fluxes estimated for the free-living bacteria and bacteroids
516 were based on the confidence intervals (upper and lower limits) for a specific flux. A flux
517 determined under two different conditions was deemed to be significantly different if the
518 confidence intervals for the flux under the two conditions did not overlap.

519 **Data availability**

520 All data needed to evaluate the conclusions in this paper are present in the main text or
521 supplementary materials. Proteome data are available via ProteomeXchange with identifier
522 PXD019467. All code is available on Github ([https://github.com/CarolinSchulte/bacteroid-](https://github.com/CarolinSchulte/bacteroid-metabolism)
523 [metabolism](https://github.com/CarolinSchulte/bacteroid-metabolism)).

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704

705 **Author Contributions**

706 C.C.M.S. performed model reconstruction and analysis, redox ratio and oxygen consumption
707 measurements. K.B. performed metabolic flux analysis. R.M.W. performed preliminary
708 experiments and contributed to conception of the study. J.J.T. and G.S. performed proteome
709 quantification. N.C. performed experiments supporting the interpretation of the metabolic flux
710 analysis data. D.H.d.G. assisted with the design and implementation of the conversion mode
711 analysis. All authors analysed the data. P.S.P, A.P., N.J.K. and R.G.R. designed and
712 supervised the study. C.C.M.S. wrote the manuscript, with input from K.B., J.J.T., G.S., N.J.K.,
713 R.G.R., A.P. and P.S.P.

714

715 **Competing Interests statement**

716 The authors declare no competing interests.

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720 **Materials and correspondence**

721 The datasets generated and analysed during the current study are available from P.S.P. and
722 N.J.K. upon request.

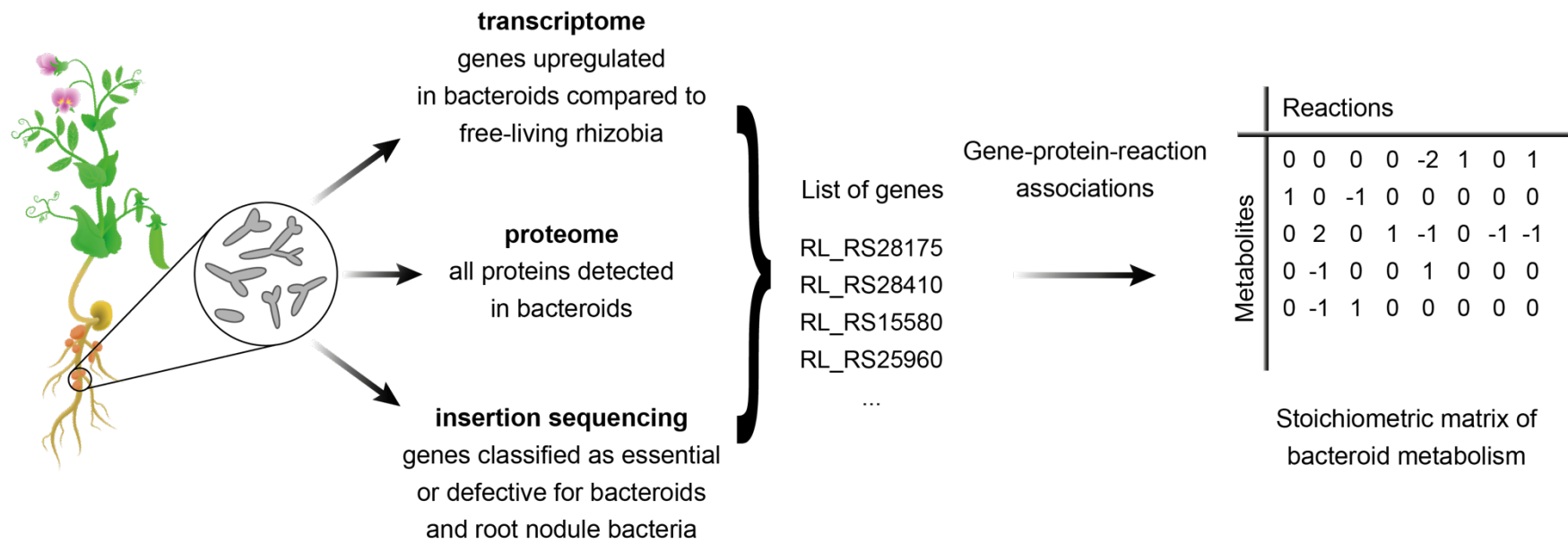


Figure 1. Workflow for metabolic model reconstruction. A metabolic model of *R. leguminosarum* bacteroids was reconstructed using transcriptome, proteome and gene essentiality data.

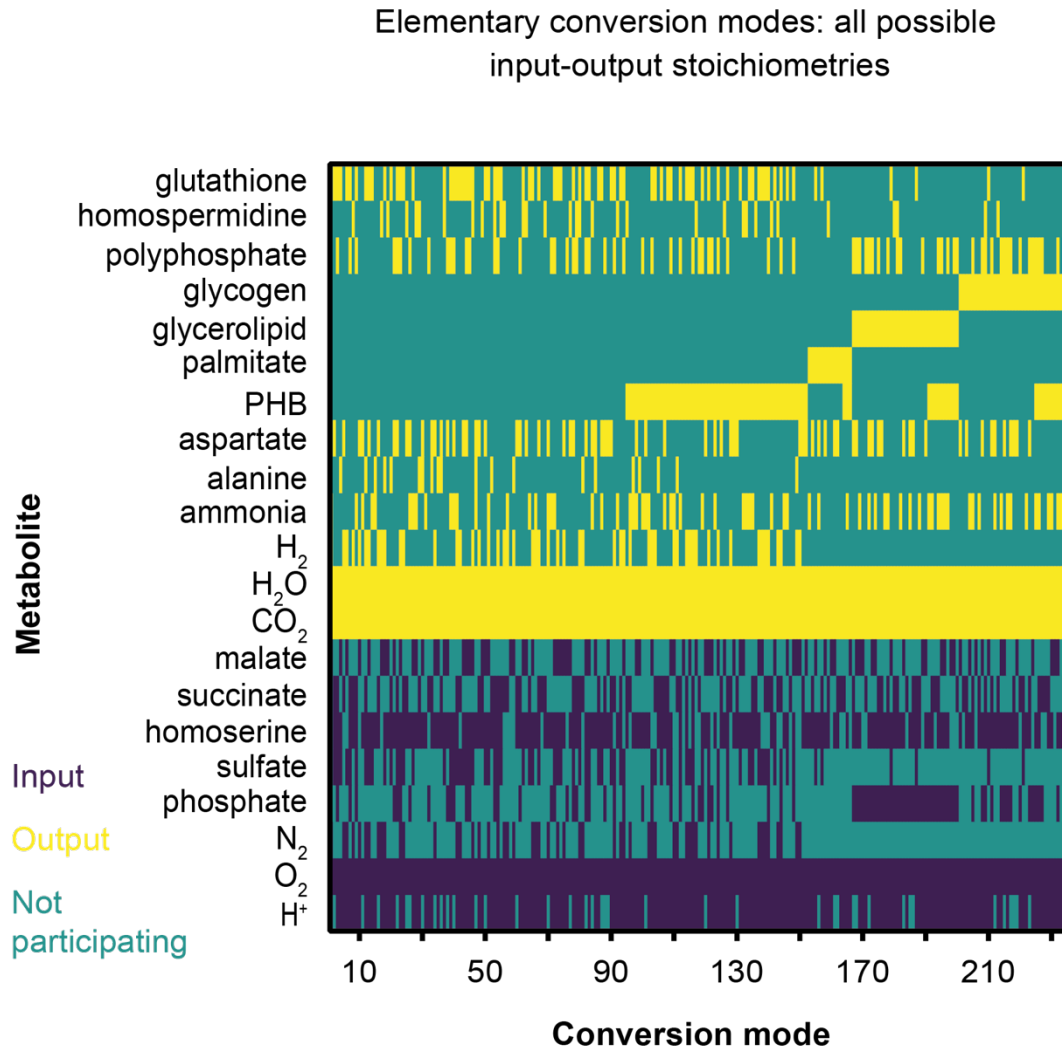


Figure 2. Elementary conversion modes for *iCS323*. The heatmap represents conversion modes calculated with succinate and malate as carbon sources and carbon polymers (palmitate, PHB, glycerolipid, glycogen), ammonia, alanine and aspartate as outputs. Flux values were indexed to represent inputs, outputs and non-participating compounds.

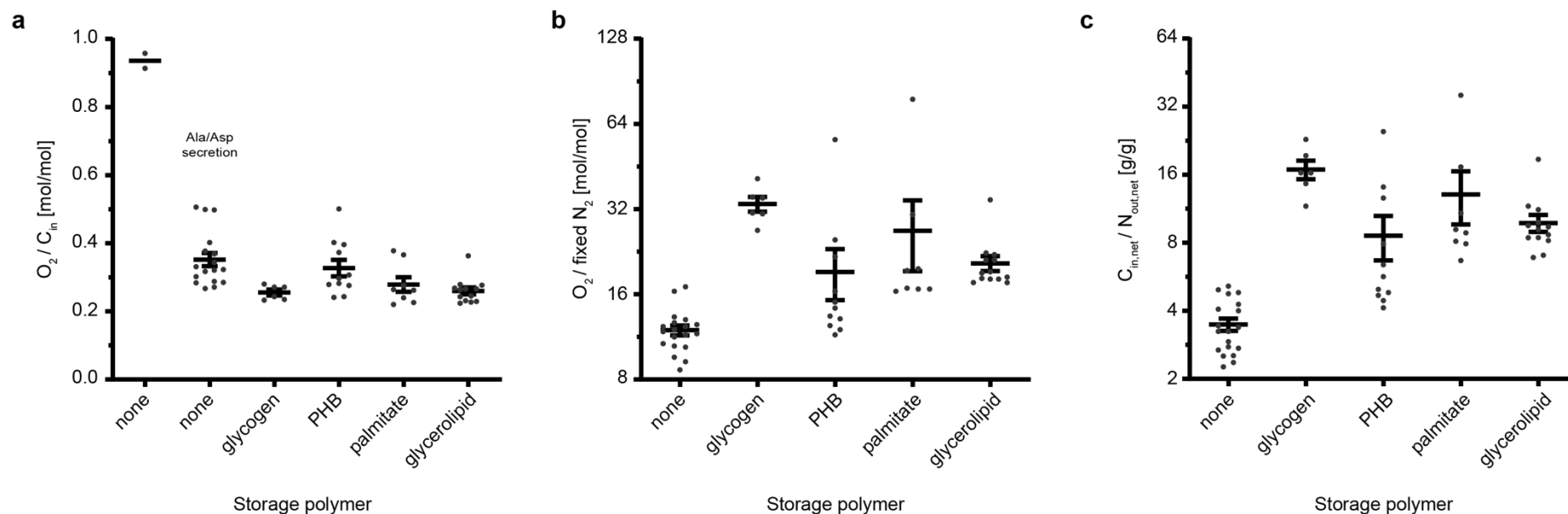


Figure 3. Effect of polymer synthesis and amino acid secretion on oxygen demand and carbon cost of nitrogen fixation. **a** Oxygen uptake per carbon uptake, **b** oxygen uptake per fixed N_2 and **c** carbon cost (difference of carbon input and output) per nitrogen secreted (difference of nitrogen input and output) were determined for conversion modes using succinate, malate and GABA as carbon sources. In **a**, ECMs without storage polymer production have been separated into those secreting only ammonia and those secreting alanine and/or aspartate in addition to/instead of ammonia. Each data point represents an individual conversion mode, lines and bars indicate mean \pm SEM.

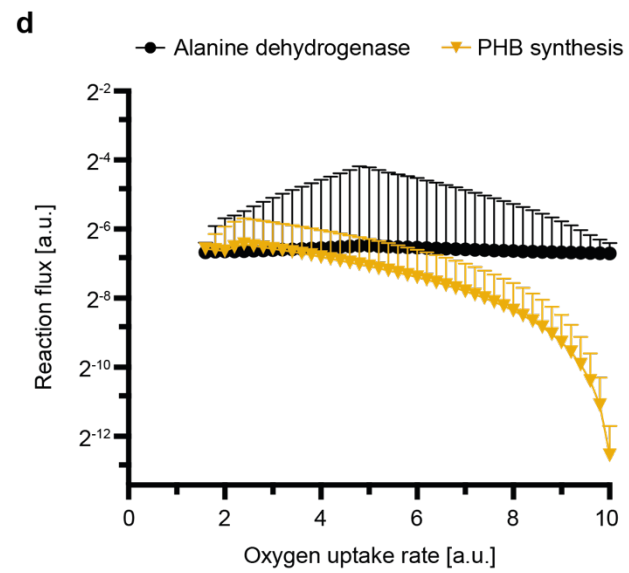
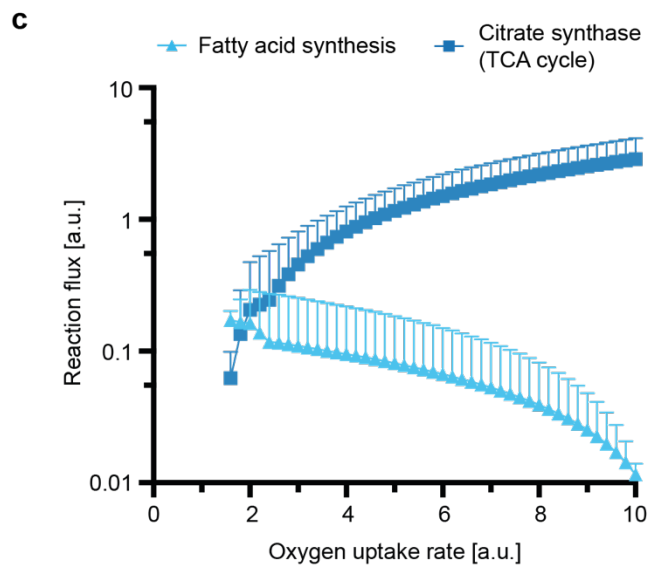
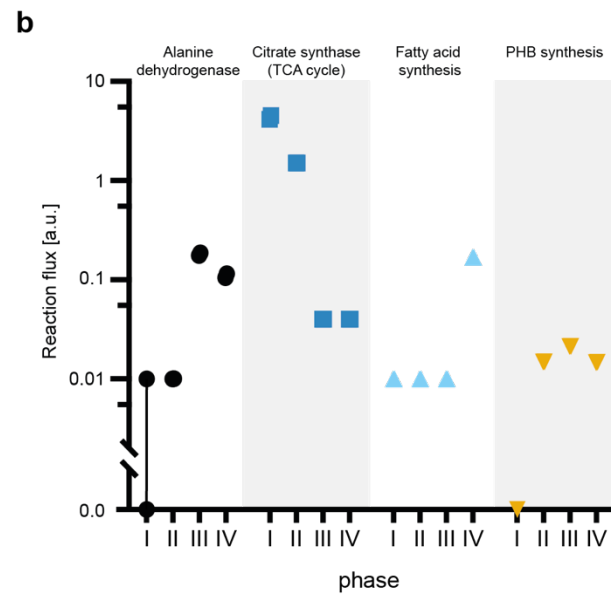
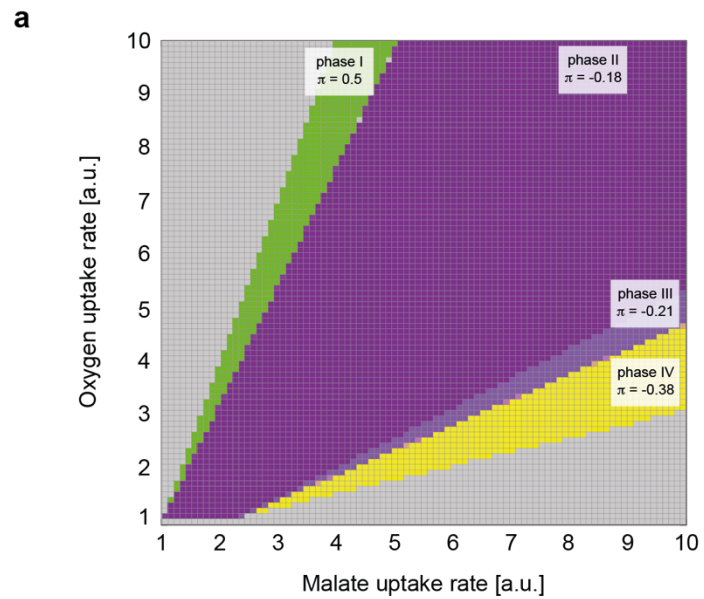


Figure 4. Metabolic response of bacteroids to varying carbon and oxygen availability. Phenotype phase plane analysis with varying malate and oxygen uptake rates was performed for *iCS323*. **a** Shadow prices (π) for oxygen in the four phases defined by phenotype phase plane analysis. **b** Flux ranges for alanine dehydrogenase, citrate synthase, fatty acid and PHB synthesis fluxes determined by flux variability analysis for the four phases defined in **a**. Symbols indicate upper and lower bounds of the indicated flux for maximum nitrogenase activity. Note the symbols for upper and lower bounds are overlapping in most cases. **c** Fatty acid synthesis and citrate synthase activity at a fixed malate uptake rate of 4 flux units and varying oxygen uptake rates were determined by ensemble-evolutionary FBA. **d** Same as **c** for PHB synthesis and alanine dehydrogenase. Values plotted in **c** and **d** represent mean values and standard deviation for 50,000 random objective functions.

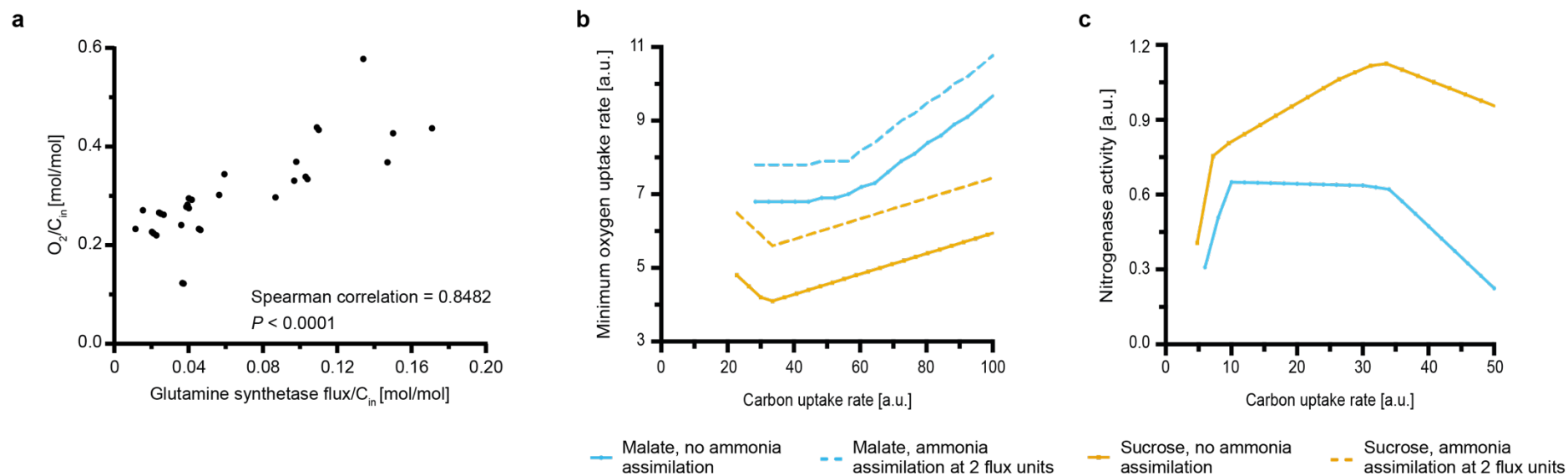


Figure 5. Predicted impact of ammonia assimilation on oxygen demand. **a** Scatterplot showing the relationship between oxygen demand and glutamine synthetase activity per carbon uptake predicted by ECM analysis. Each point represents an individual conversion mode, only conversion modes with glutamine synthetase activity are shown. **b** Predicted minimum oxygen demand for malate or sucrose as a carbon source without (solid line) and with (dashed line) ammonia assimilation by bacteroids. Oxygen demand is shown for equivalent nitrogenase activity for the respective carbon source. **c** Predicted maximum nitrogenase activity for malate or sucrose as a carbon source and a maximum oxygen uptake rate of 4 flux units. Values in **b** and **c** are shown per mol of carbon atoms.

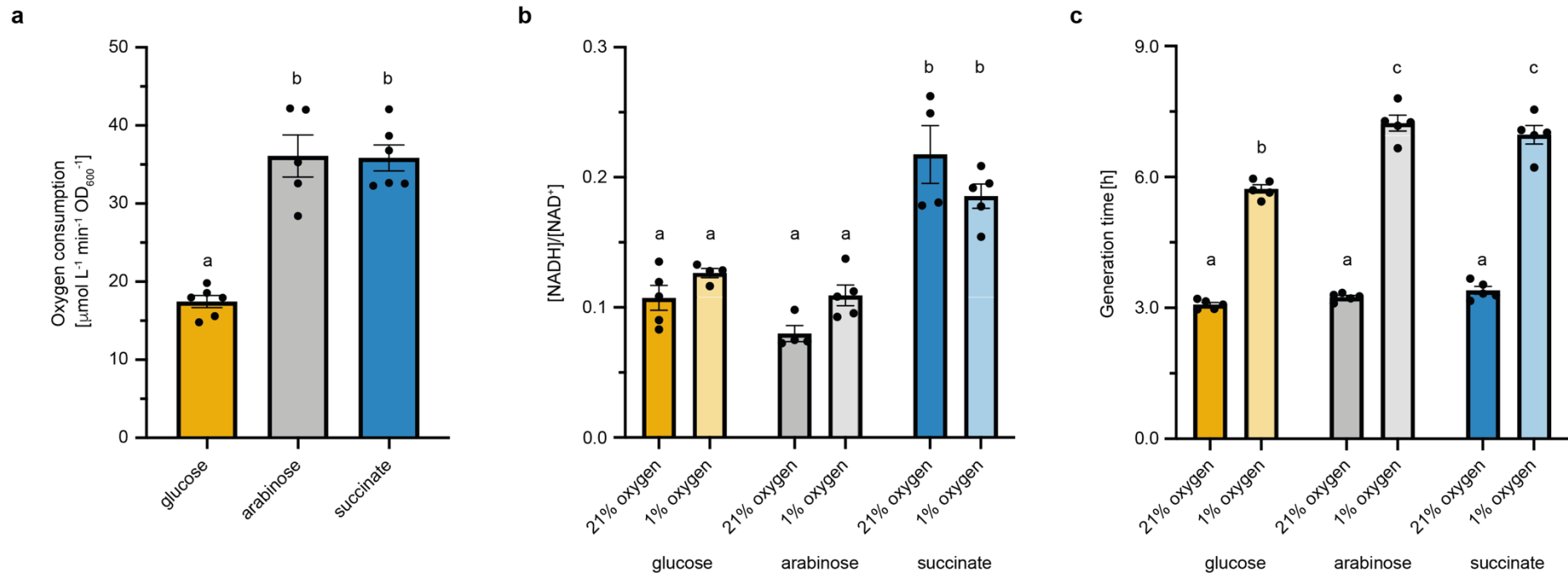


Figure 6. Carbon source determines oxygen demand and redox ratio in *R. leguminosarum*. **a** Experimentally determined oxygen consumption rate of *R. leguminosarum* grown in minimal media with NH_4Cl as a nitrogen source and glucose, arabinose or succinate as the sole carbon source. **b** NADH/NAD⁺ ratio and **c** generation time were measured for cultures grown at 21% oxygen and 1% oxygen. Data points represent independent biological replicates with lines and error bars indicating mean \pm SEM. Lowercase letters indicate significant differences between samples determined by one-way ANOVA followed by Tukey's multiple comparisons test.

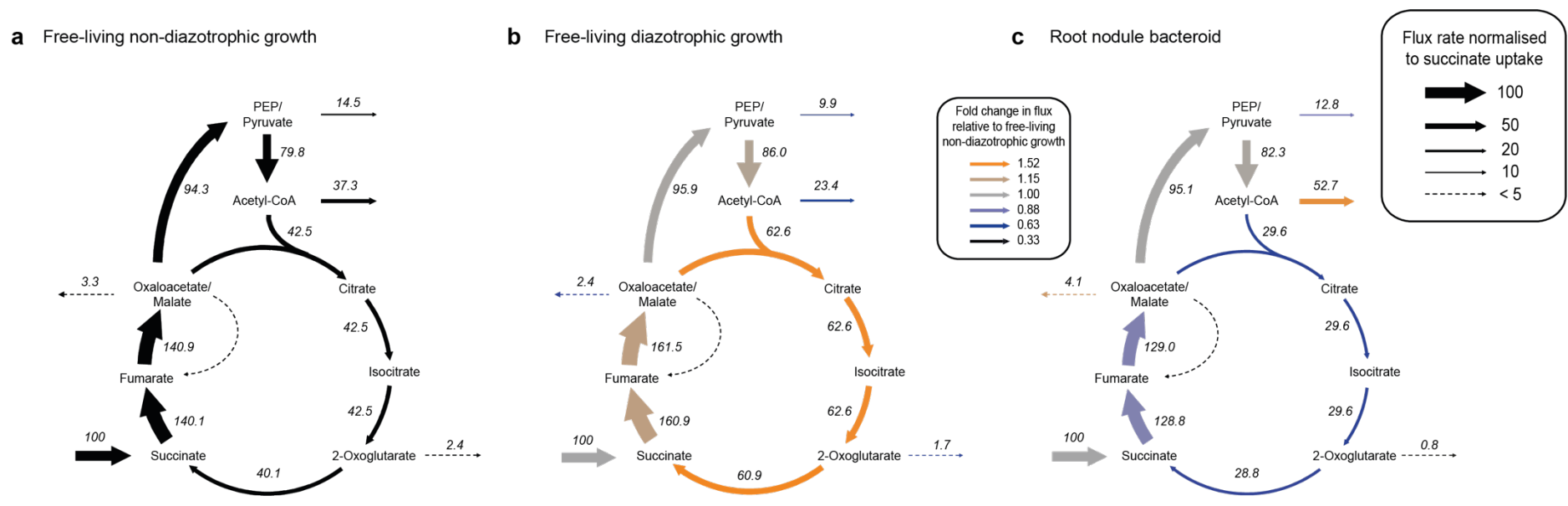


Figure 7. Metabolic flux analysis of *Azorhizobium caulinodans*. Labelling experiments were performed with [¹³C₄]-succinate for *A. caulinodans* **a** grown in free-living conditions with NH₄Cl as a nitrogen source, **b** grown in free-living conditions without a nitrogen source and **c** bacteroids isolated from root nodules of *Sesbania rostrata*. Flux values were normalised to a succinate uptake rate of 100 units. Colours in **b** and **c** indicate fold changes in flux values compared to **a**. Note the flux from succinate to fumarate is the sum of the succinate uptake rate and the flux through the decarboxylating arm of the TCA cycle.