

1 **Early NK-cell and T-cell dysfunction marks progression to severe dengue in patients**
2 **with obesity and healthy weight**

3
4 Michaela Gregorova¹, Marianna Santopaolo^{1*}, Lucy C. Garner^{2*}, Divya Diamond¹, Narayan
5 Ramamurthy², Tran Thuy Vi³, Nguyet Minh Nguyen³, Nguyen Lam Vuong³, Eben Jones¹, Mike
6 Nsubuga⁴, Curtis Luscombe¹, Hoa Vo Thi My³, Ho Quang Chanh³, Nguyen Thi Xuan Chau³,
7 Dong Thi Hoai Tam³, Duyen Huynh Thi Le³, Cao Thi Tam⁵, Paul Klenerman^{2,6}, Sophie
8 Yacoub^{3,7} and Laura Rivino^{1^}

9
10 *Equal contribution

11 ^Corresponding author and lead contact

12
13 ¹School of Cellular and Molecular Medicine, University of Bristol, UK, ²Translational
14 Gastroenterology and Liver Unit, Peter Medawar Building for Pathogen Research, Nuffield
15 Department of Medicine, University of Oxford, Oxford, UK, ³Oxford University Clinical
16 Research Unit, Ho Chi Minh City, 700000, Vietnam, ⁴Jean Golding Institute, University of
17 Bristol, UK, ⁵Hospital for Tropical Diseases, Ho Chi Minh City, Vietnam, ⁶NIHR Oxford
18 Biomedical Research Centre, Oxford University Hospitals NHS Foundation Trust, Oxford, UK,
19 ⁷Centre for Tropical Medicine and Global Health, Oxford University, Oxford, UK

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22 cells, type-I IFN, severe dengue biomarkers.

23
24 **Summary**

25 Dengue is a mosquito-borne virus infection affecting half of the world's population for which
26 therapies are lacking. The role of T and NK-cells in protection/immunopathogenesis remains
27 unclear for dengue. We performed a longitudinal phenotypic, functional and transcriptional
28 analyses of T and NK-cells in 124 dengue patients using flow cytometry and single-cell RNA-

29 sequencing. We show that T/NK-cell signatures early in infection discriminate patients who
30 will progress to severe dengue (SD) from those who do not. In patients with overweight/obesity
31 these signatures are exacerbated compared to healthy weight patients, supporting their
32 increased susceptibility to SD. In SD, CD4⁺/CD8⁺ T-cells and NK-cells display increased co-
33 inhibitory receptor expression and decreased cytotoxic capacity compared to non-SD.
34 Furthermore, type-I Interferon signalling is downregulated in SD, suggesting defective virus-
35 sensing mechanisms may underlie NK/T-cell dysfunction. We propose that dysfunctional
36 “professional killer” T/NK-cells underpin dengue pathogenesis. Our findings pave the way for
37 the evaluation of immunomodulatory therapies for dengue.

38

39 **Introduction**

40 Dengue is caused by dengue virus (DENV), a mosquito-borne orthoflavivirus that infects an
41 estimated 390 million people causing 300,000 severe dengue (SD) cases and 20,000 deaths
42 yearly in tropical and subtropical countries¹. Climate change, urbanization and human mobility
43 are driving a rapid increase in dengue cases².

44 DENV co-circulates as four serotypes (DENV1-4); infection with any DENV serotype can be
45 asymptomatic or cause symptoms ranging from uncomplicated febrile illness to life-
46 threatening SD characterized by increased vascular permeability leading to plasma leakage,
47 potentially hypovolemic shock, organ impairment and haemorrhagic manifestations. The
48 World Health Organization (WHO) classifies dengue cases as non-severe dengue (non-SD),
49 non-SD with warning signs, or severe dengue (SD), the latter two requiring close clinical
50 monitoring³. There are no approved therapeutics for dengue and the two licensed vaccines
51 provide partial protective efficacy⁴. Incomplete understanding of the mechanisms underlying
52 immune protection and progression to SD challenges the development of host-directed
53 therapies and fully protective vaccines. Secondary infection with a different serotype is the
54 most characterised risk factor for SD, with host immunity believed to play a central but poorly
55 understood role in dengue pathogenesis⁵. More recently, obesity has emerged as an important
56 risk factor⁶. The mechanisms underlying this increased risk remain unclear, but dysfunctional

57 immune responses could be a contributing factor⁷. Alterations of the T-cell response towards
58 pathogens as well as impaired cytotoxic functions of NK-cells during infectious disease and
59 vaccination have been described to occur in adults and children with obesity^{8–11}.

60 The contributions of T and NK-cells to protection/immunopathology are poorly defined.
61 Neutralizing antibodies and CD4⁺/CD8⁺ T-cells are protective towards DENV infection^{12–14},
62 however pre-existing cross-reactive immunity may contribute to immunopathology^{12,15}. For T-
63 cells this phenomenon, known as “original antigenic sin” (OAS), postulates that during
64 secondary infection pre-existing cross-reactive memory T-cells with low affinity for DENV
65 epitopes of the secondary infecting serotype may undergo suboptimal T-cell receptor
66 triggering. This can lead to poor induction of T-cell cytotoxic functions and skewing of cytokine
67 production towards pro-inflammatory cytokines associated with SD^{15–18}. However, a study in
68 school children shows that pre-existing TNF- α , IFN- γ , and IL-2-producing DENV-specific T-
69 cells are protective towards development of a subsequent symptomatic secondary infection,
70 suggesting that the impact of cross-reactive T-cells in dengue is complex and the extent of
71 occurrence of OAS in SD remains poorly understood¹⁹.

72 NK and T-cells mediate clearance of DENV-infected cells through production of anti-viral
73 cytokines such as IFN- γ and secretion of cytotoxic granules containing perforin and
74 granzymes. Studies by us and others, show decreased NK-cell expression of CD69, NKp30,
75 granzyme B (GzmB), and perforin in SD compared to non-SD^{20,21}. A potential impairment of
76 immune cells mediating viral clearance during SD is consistent with studies showing the
77 association of SD with high/prolonged viraemia and skewing of the NK-cell response from
78 cytotoxic to cytokine-producing^{22–24}. It is also consistent with genetic studies showing the
79 association of single nucleotide polymorphisms (SNPs) in genes involved in CD8⁺ T/NK-cell
80 cytotoxicity, namely MHC Class I Polypeptide-Related Sequence B (MICB)^{25,26}, NKG2D and
81 perforin¹⁹, with increased susceptibility to SD.

82 Here we perform an in-depth phenotypic, functional and transcriptional analyses of NK and T-
83 cell profiles associated with disease outcomes in 124 Vietnamese dengue patients with

84 overweight/obesity (OW/OB, N=62) or sex, age and illness phase matched healthy (HW,
85 N=62), including 30 SD patients (**Supplementary Table S1**), at two timepoints of disease. We
86 demonstrate an association of phenotypic and functional impairment of CD4⁺ T, CD8⁺ T and
87 NK-cells with SD in patients enrolled prior to/at the onset of SD, with some features of immune
88 dysfunction being exacerbated in OW/OB compared to HW patients. We propose that
89 defective type-I IFN signalling, present across multiple cell types in SD patients, may underlie
90 suboptimal NK and T-cell responses in SD patients. Our study provides new insights into the
91 mechanisms underlying the progression to SD in OW/OB and HW dengue patients and paves
92 the way for the evaluation of novel therapeutic avenues for dengue.

93

94 **Results**

95 **Distinct T and NK-cell profiles in SD**

96 The kinetics and phenotypic/functional features of T and NK-cell responses were investigated
97 in peripheral blood mononuclear cells (PBMCs) from patients with SD and non-SD, with each
98 group including patients with HW and OW/OB, at admission (T1, ≤ 5 days from fever onset)
99 and approx. 3 days later (T2, days 6-9; **Fig.1A**). For these analyses we included a total of 146
100 PBMC samples from 104 dengue patients (42 patients with PBMCs at T1 + T2 and 62 patients
101 with PBMCs available for T2 only). PBMCs were stained with antibodies targeting markers of
102 CD4⁺/CD8⁺ T and NK-cell activation/exhaustion (CD38, HLA-DR, PD-1), proliferation (Ki-67),
103 cytotoxicity (CD56, GPR56, GzmB, and perforin), and peripheral tissue homing [cutaneous
104 lymphocyte-associated antigen (CLA), CCR5] and analysed by flow cytometry. In non-SD
105 patients the frequencies of total NK-cells and NK CD56^{dim} cells, the most abundant NK-cell
106 subset in circulation, are higher at T1 compared to T2, in line with the known early activation
107 of NK-cells during acute viral infection; a similar trend is observed in SD HW patients but not
108 in SD OW/OB patients (**Fig.1B**). These data suggest increasingly altered NK-cell expansion
109 in the SD HW and OW/OB groups. In line with the known kinetics of T-cell activation, the
110 frequencies of CD8⁺ T-cells increase from T1 to T2 consistently across all groups.

111 We next compared the levels of expression of the analysed markers, assessed as Mean
112 Fluorescence Intensity (MFI), within each cell type in patients with matched T1 and T2
113 samples (N=41 patients: N=30 non-SD; N=11 SD). The expression dynamics of most markers
114 follows the same direction (increased/decreased at T1/T2) in both severity groups, with
115 changes being more pronounced in non-SD patients, suggesting more dynamic immune
116 changes in this group (**Fig.1C**). Analyses of the frequencies of CD4⁺/CD8⁺ T and NK-cells
117 expressing the phenotypic/functional markers show increased frequencies at T1 in SD
118 patients of CD8⁺ T and NK-cells expressing the skin homing receptor CLA, and decreased
119 frequencies of GPR56⁺ (cytotoxic) NK-cells (**Fig.1D-E**). At T2, SD patients display decreased
120 frequencies of cytotoxic CD4⁺/CD8⁺ T-cells (Gzmb⁺/CD56⁺) compared to non-SD patients
121 (**Fig.1G-H**). From early in infection, PD-1 expression levels are higher in SD versus non-SD
122 in CD4⁺/CD8⁺ T and NK-cells, and these remain significantly higher at T2 for CD8⁺ T-cells,
123 suggesting prolonged antigenic stimulation of these cells in SD (**Fig.1F, I**). PD-1 is a marker
124 of T-cell activation and prolonged PD-1 expression marks exhausted T-cells following
125 repetitive antigenic stimulation. Linear discriminant analysis (LDA) including all the analysed
126 set of T/NK-cell markers discriminates at T1 patients that will progress to SD/are at the onset
127 of SD from those that do not. Non-SD patients with warning signs map in between patients
128 without warning signs and those with SD and are distinct from both groups (**Fig.1J**). Data at
129 T2 can also discriminate patients based on disease severity albeit less strikingly than that at
130 T1 (**Fig.1J**). The LDA analysis of NK/T-cell profiles also discriminates between patients who
131 have normal weight, are overweight or have obesity suggesting an impact of patient BMI on T
132 and NK-cell responses to DENV (**Fig.1K**). However, T/NK-cell profiles are more strongly
133 impacted by clinical outcomes than by BMI (**Supplementary Fig.S1 A-B**). Immune profiles
134 were similar in SD patients prior to or at the onset of SD (**Supplementary Fig.S1 C-D**). These
135 findings suggest a progressive change of T/NK-cell features, occurring early in infection, in
136 patients with uncomplicated dengue through to patients with SD.

137

138 **Increased PD-1⁺ CD4⁺ T-cells in SD**

139 We next examined in more detail the phenotypic/functional profiles of CD4⁺ T-cells at
140 admission and approx. 3 days later in non-SD and SD patients with HW and OW/OB. CD4⁺ T-
141 cell activation defined by HLA-DR/CD38 co-expression increases from T1 to T2 and does not
142 differ between non-SD and SD patients, nor between patients with HW or OW/OB (**Fig.2A** and
143 **2E-F**). PD-1 expression levels also increase from T1 to T2, with a trend towards higher
144 expression levels in SD versus non-SD patients at the earlier timepoint while expression is
145 similar in OW/OB compared to HW patients (**Fig.2B** and **2E-F**).

146 Ki-67 and CLA co-expression can be used as a proxy for DENV-specific T-cells^{27,28}, hence Ki-
147 67⁺CLA⁺ are herein also named *bona fide* DENV-specific T-cells. In non-SD patients, the
148 frequencies of Ki-67⁺CLA⁺ CD4⁺ T-cells increased from T1 to T2, mirroring CD4⁺ T-cell
149 activation. However, in SD patients CD4⁺ Ki-67⁺CLA⁺ T-cells are present at higher frequencies
150 early at T1 compared to non-SD patients, and then fail to expand further, suggesting different
151 kinetics of expansion of *bona fide* DENV-specific CD4⁺ T-cells in SD patients (**Fig.2C**). The
152 frequencies of Ki-67⁺GzmB⁺ CD4⁺ T-cells follow similar trends (**Fig.2D**). Non-SD OW/OB
153 patients display a modest increase in Ki-67⁺CLA⁺ DENV-specific CD4⁺ T-cells at T1 compared
154 to HW non-SD (**Fig.2E-F**), similarly to what is observed in SD patients. Otherwise, expression
155 of the analysed markers appears similar across BMI groups.

156 Plasma levels of the markers of endothelial dysfunction angiopoietin-2, syndecan-1, and
157 VCAM-1 show a positive moderate correlation with PD-1 expression in CD4⁺ T-cells (**Fig.2G**,
158 shown for T2). Conversely, these endothelial dysfunction-related markers correlated
159 negatively with the frequency of Ki-67⁺GzmB⁺ and Ki-67⁺CLA⁺ CD4⁺ T-cells. These data
160 suggest a potential protective role of responding cytotoxic and *bona fide* DENV-specific CD4⁺
161 T-cells and a detrimental role of PD-1⁺ CD4⁺ T-cells in dengue.

162 To better understand the combinatorial expression of phenotypic/functional markers in CD4⁺
163 T-cells, we performed unsupervised dimensionality reduction analysis using uniform manifold
164 approximation and projection (UMAP) and the FlowSOM clustering (**Fig.2H-J**). FlowSOM
165 analyses of concatenated flow cytometry standard (FCS) files at T1/T2 from a total of 126
166 patient samples identifies 13 phenotypically distinct CD4⁺ T-cell clusters based on the

167 expression of the analysed markers. The frequencies of each cluster within non-SD and SD
168 patients at T1/T2, and expression of markers in each cluster are shown in **Fig.2I**. The six
169 clusters that were most distinctive in non-SD and SD patients at T1 and T2 are characterised
170 by high expression of PD-1, CD38, CD69 and GzmB (**Fig.2H** right panel). Clusters 1, 6, 7 and
171 10-11 are highly expressed in SD versus non-SD patients at T1 and include activated CD4⁺
172 T-cells with low cytotoxic potential (cluster 1, 6, 7) as well as high PD-1 and CCR5 expression
173 (clusters 6, 7). Moreover, CD4⁺ T-cells in cluster 7 display increased expression of CLA and
174 Ki-67, suggesting this cluster of cells could represent *bona fide* DENV-specific CD4⁺ T-cells.
175 In summary, manual gating and unsupervised analyses show increased CD4⁺ T-cell
176 expression of PD-1 in SD compared to non-SD patients, and expansion of PD-1⁺ CD4⁺ T-cell
177 populations with low cytotoxic potential with these CD4⁺ T-cell features correlating with
178 endothelial markers of SD.

179

180 **Altered PD-1 and GzmB expression in CD8⁺ T-cells in SD**

181 Similarly to CD4⁺ T-cells, CD8⁺ T-cell activation increases from T1 to T2 but does not differ in
182 patients across disease severities (**Fig.3A**). In non-SD the frequencies of cytotoxic GzmB⁺
183 CD8⁺ T-cells increase from T1 to T2, mirroring CD8⁺ T-cell activation. However, in SD patients
184 the frequencies of GzmB⁺ CD8⁺ T-cells appear to uncouple from CD8⁺ T-cell activation and
185 are decreased compared to non-SD patients at T2 (**Fig. 3B**). Ki-67⁺CLA⁺ (*bona fide* DENV-
186 specific) CD8⁺ T-cells display similar expansion kinetics to their CD4⁺ T-cell counterparts, with
187 SD patients displaying a higher frequency of these cells at T1 compared to non-SD patients,
188 and an opposite trend is observed at the later time point (**Fig. 3C**). PD-1 levels also increase
189 in time from T1 to T2 with SD patients displaying significantly higher expression levels
190 compared to non-SD patients at both time points (**Fig. 3D**). Moreover, at T2, we detected
191 decreased GzmB expression in total CD8⁺ T-cells as well as in PD-1⁺ CD8⁺ T-cells in SD
192 patients, suggesting an impairment in their cytotoxic function which could potentially contribute
193 to inefficient virus clearance known to occur in SD (**Fig. 3B and 3E**). Data stratified by patient
194 BMI status and disease severity shows similar frequencies of activated and GzmB⁺ CD8⁺ T-

195 cells in HW and OW/OB patients, but a trend towards increasingly higher PD-1 expression
196 levels from non-SD HW, non-SD OW/OB, SD HW and SD OW/OB patients at both timepoints,
197 suggesting that in dengue PD-1 expression in CD8⁺ T-cells may be exacerbated by high BMI
198 (**Fig 3F-G**). PD-1 expression in CD8⁺ T-cells shows a strong positive correlation with plasma
199 leakage grade, markers of endothelial dysfunction and with the dengue severity-related
200 markers (ferritin and CXCL-10/IP-10) at both time points (**Fig.3H** shown for T2; **Fig 3I-J**:
201 angiopoietin-2 and VCAM-1, shown for T1 and T2). Conversely, GzmB expression in CD8⁺ T-
202 cells correlates negatively with plasma leakage and endothelial dysfunction, suggesting a
203 protective role of cytotoxic CD8⁺ T-cells in dengue. Moreover, the frequency of activated HLA-
204 DR⁺CD38⁺ CD8⁺ T-cells inversely correlate with the plasma levels of leptin, suggesting that
205 obesity could have an impact on CD8⁺ T-cell activation during dengue infection.

206 Unsupervised analyses using UMAP and FlowSOM clustering of concatenated FCS files at
207 T1/T2 from 126 patient samples, reveals 16 distinct CD8⁺ T-cell clusters based on the
208 combinatorial expression of the analysed markers (**Fig.3K-M**). The clusters with the most
209 distinct representation between non-SD and SD patient groups at T1 and T2 fall within areas
210 of highest expression of PD-1, CD69, GzmB and perforin (**Fig.3K** bottom panel). Clusters 10,
211 11 and 16 are present at higher frequencies in SD compared to non-SD patients at T1 and
212 contain CD8⁺ T-cells with high PD-1 and CCR5 expression. Cells from cluster 10 are CLA⁺Ki-
213 67⁺ and may represent *bona fide* DENV-specific CD8⁺ T-cells. Cluster 4 is detected only in
214 non-SD patients, although in a minor proportion of these patients (N=7/42), and contains
215 moderately activated cells, with high cytotoxic potential (GzmB⁺, GPR56⁺) and low PD-1 and
216 CCR5 expression. Clusters 6 and 7 contain cells that are respectively increased at T1 and T2,
217 suggesting they represent T-cell populations at early and late differentiation stages.
218 Accordingly, CD8⁺ T-cells in cluster 6 cells express high levels of the early activation marker
219 CD69 and CCR5 while those in cluster 7 express the activation markers HLA-DR/CD38, PD-
220 1 and display increased cytotoxic potential. Collectively these data demonstrate decreased
221 PD-1 and GzmB expression in CD8⁺ T-cells from SD patients, which strongly correlates with
222 clinical markers of dengue disease severity.

223

224 **Altered DENV NS3-specific T-cell response in SD**

225 To address whether disease severity and BMI associate with altered DENV-specific T-cell
226 responses we evaluated CD4⁺ and CD8⁺ T-cell responses to overlapping peptides spanning
227 the immunodominant NS3 protein²⁹. Intracellular cytokine staining (ICS) was performed to
228 measure production of IFN- γ , TNF- α , IL-2, MIP-1 β , and CD107a, an indirect marker of
229 degranulation by flow cytometry (**Fig.4A**). To investigate the phenotypic features of DENV-
230 specific T-cells we co-stained cells with antibodies targeting markers of T-cell differentiation
231 (CD95) and activation/exhaustion (PD-1). For these analyses we selected patients with
232 secondary DENV-2 infection. The frequencies of DENV2 NS3-specific CD4⁺ and CD8⁺ T-cells,
233 defined as cytokine⁺ and/or CD107a⁺ T-cells, are higher in SD compared to non-SD patients
234 at T1, with an opposite trend at the later time point, similarly to the *bona fide* DENV-specific
235 T-cells (**Fig.4B**). To investigate whether there was a skewed T-cell response to DENV
236 serotypes potentially encountered during the primary infection (OAS), driven by expansion of
237 pre-existing memory T-cells, we tested recognition of NS3 peptide pools from all 4 DENV
238 serotypes. Cytokine production by CD4⁺ and CD8⁺ T-cells upon recognition of NS3 peptide
239 pools from DENV1-4 serotypes is similar, but responses are overall lower in SD compared to
240 non-SD patients at T2 (**Fig.4C and supplementary Fig.S2**). These data suggest broad cross-
241 reactive T-cell recognition of NS3 peptides from all 4 DENV serotypes with no preferential
242 skewing for a specific serotype, and increased magnitude of DENV-specific T-cell responses
243 in non-SD patients at the time of viral clearance.

244 We next investigated whether T-cell cytokine profiles differ across patient groups (**Fig.4D-E**).
245 DENV2-specific T-cells are mainly monofunctional (i.e. expressing a single cytokine/function)
246 with a minor proportion of polyfunctional cells expressing 2-5 functions (**Supplementary**
247 **Fig.S3**). We therefore focused on analysis of T-cells producing single functions. Early in
248 infection, at T1, DENV2-specific CD4⁺ T-cells mainly produce IFN- γ and CD107a with a
249 stepwise increase of IFN- γ production observed from non-SD to SD HW and SD OW/OB

250 patients (**Fig 4D**, top panel). DENV2-specific CD8⁺ T-cells display a similar stepwise increase
251 of IFN- γ production from non-SD to SD HW and SD OW/OB patients at T1 (**Fig.4E**, top panel).
252 At this timepoint, SD patients also display increased frequencies of degranulating CD107a⁺
253 NS3-specific CD8⁺ T-cells. At T2, IFN- γ /CD107a production by DENV2-specific CD4⁺ and
254 CD8⁺ T-cells was comparable across groups (**Fig.4D-E**, bottom panels). Production of IL-2,
255 TNF- α and MIP-1 β by NS3-specific CD4⁺ and CD8⁺ T-cells was also largely similar across
256 groups at both timepoints. These findings are in line with the higher frequencies of *bona fide*
257 DENV-specific T-cells (**Fig.2C/3C**) and total cytokine⁺/CD107a⁺ T-cells (**Fig.4B**) at T1 in SD
258 compared to non-SD patients.

259 In line with previous studies¹⁶, at T1 DENV(NS3)-specific T-cells in SD patients contained
260 higher percentages of cytokine-producing/CD107a-negative and lower percentages of
261 cytokine-negative/CD107a-positive cells, suggesting a skewing of T-cell responses towards
262 cytokine production in SD and conversely towards cytotoxicity in non-SD patients (**Fig.3F**). As
263 SD patients display higher viraemia early in infection^{20,30}, we asked whether T-cells may be
264 undergoing excessive antigen-driven activation leading to antigen-induced cell death. A higher
265 proportion of NS3 DENV2-specific CD4⁺ and CD8⁺ T-cells expressed PD-1 at T1 in SD
266 patients, while these cells are largely absent in non-SD patients (**Fig.4G**). PD-1⁺ NS3 DENV2-
267 specific CD4⁺ and CD8⁺ T-cells from SD patients expressed high levels of the death receptor
268 CD95 compared to their PD-1⁻ counterparts, suggesting these cells are undergoing cell death,
269 possibly due to excessive antigenic stimulation. At T2, CD95 levels of PD-1⁺ cells are
270 significantly decreased from T1, but they remain higher compared to PD-1⁻ cells (**Fig.4H**).
271 Collectively, these data suggest that SD patients display higher frequencies of NS3 DENV-
272 specific T-cells early in infection, which are skewed towards cytokine production, express PD-
273 1 and CD95 and may be prone to apoptosis.

274

275 **Elevated T-cell co-inhibitory receptors in SD**

276 We next asked whether T-cells in SD patients express other co-inhibitory receptors beyond
277 PD-1. To this end we analysed expression of 5 co-inhibitory receptors associated with T-cell
278 exhaustion (CTLA-4, LAG-3, TIM-3, PD-1, and TIGIT)³¹. At T1, SD patients display
279 significantly increased frequencies of TIGIT⁺ and TIM-3⁺ CD4⁺ T-cells and LAG-3⁺ CD8⁺ T-
280 cells and a trend towards increased frequencies of CD4⁺/CD8⁺ T-cells expressing all co-
281 inhibitory receptors analysed (**Fig.5A-B**). Similar to what we observed for PD-1, the
282 frequencies of CD4⁺/CD8⁺ T-cells expressing these inhibitory receptors correlates positively
283 with endothelial dysfunction and severity-related plasma markers (syndecan-1, VCAM-1, and
284 ferritin) (**Fig.5C-D**). In SD patients there was a larger frequency of CD4⁺ and CD8⁺ T-cells co-
285 expressing multiple co-inhibitory receptors compared to non-SD patients, with TIGIT and PD-
286 1 being the most highly expressed (**Fig.5E**), suggesting these T-cells may be exhausted. To
287 gain further insights into the features of T-cells expressing multiple co-inhibitory receptors we
288 established a flow cytometry panel which included 6 co-inhibitory receptors (CTLA-4, LAG-3,
289 TIM-3, PD-1, TIGIT and LILRB1), activation/proliferation markers (ICOS, CD25, Ki-67) and
290 markers for T-cells (CD3, CD4, CD8), NK-cells (CD16, CD56) and Tregs (CD25, FOXP3).
291 UMAP and FlowSOM clustering analyses identified 15 distinct CD4⁺ and CD8⁺ T-cell clusters;
292 clusters showing significant differences in SD versus non-SD patients are colour-coded in the
293 UMAP (**Fig.5F**: CD4⁺ T clusters 13-15; **Fig.5G**: CD8⁺ T clusters 12-14). CD4⁺ T-cells in
294 clusters 13-15 are largely detectable only in SD patients. Cluster 13 contains proliferating
295 ICOS⁺ CD4⁺ T-cells co-expressing all 6 co-inhibitory receptors as well as CD16 and CD56.
296 Cells in cluster 14 co-express 4 inhibitory receptors although at lower levels compared to
297 cluster 13 and they lack expression of Ki-67. Cluster 15 contains proliferating CD4⁺
298 CD25⁺FOXP3⁺ regulatory T-cells (Tregs) expressing TIGIT and CD56 (**Fig.5F**). Similarly, SD
299 patients display increased levels of non-proliferating CD8⁺ T-cells expressing co-inhibitory
300 receptors TIGIT, TIM-3, and PD-1 or ICOS, LILRB1, CTLA-4, LAG-3, PD-1 and TIGIT (**Fig.5G**,
301 respectively clusters 13 and 14). Interestingly CD8⁺ T-cells in the latter cluster also express
302 FOXP3, suggesting they may represent CD8⁺ Tregs.

303 Collectively, these data show higher frequencies in SD compared to non-SD, of responding
304 (activated and/or proliferating) CD4⁺ and CD8⁺ T-cells co-expressing inhibitory receptors, with
305 highest PD-1 and TIGIT expression, as well as Treg populations.

306 T-cell function is closely linked with cellular metabolism and the latter is shown to be altered
307 in obesity. We therefore asked whether T-cells expressing co-inhibitory receptors have altered
308 metabolic profiles in SD and in OW/OB, using PD-1 as a representative marker. For these
309 analyses we selected a total of 17 patients; all except one patient had a secondary DENV2
310 infection (non-SD: N=11; SD: N=6 including N=8 HW and N=9 overweight/obesity; illness days
311 5-8). The metabolic profiles of PD-1⁺/PD-1⁻ CD4⁺ and CD8⁺ T-cells were assessed by
312 measuring expression by flow cytometry of four key metabolic enzymes/components involved
313 in ATP biosynthesis (ATP5A), fatty acid oxidation, FAO (CPT1A), and glycolysis (HK1, and
314 GLUT1). PD-1⁺ CD4⁺ and CD8⁺ T-cells from OW/OB patients display increased expression
315 levels of GLUT1 and CPT1A compared to their HW counterparts (**Fig.5H**), with levels being
316 similar in non-SD and SD patients. PD-1⁺ CD4⁺ and CD8⁺ T-cells display elevated metabolic
317 activity compared to their PD-1⁻ counterparts, based on expression of HK1, GLUT1, ATP5A
318 and CPT1A, with differences between statistically significant for non-SD but not for SD patients
319 (**Fig.5I**). Similar results were obtained using the SCENITH method (Single Cell Energetic
320 metabolism by profiling translation inhibition)^{32,33} (**Supplementary Fig.S4**). These data
321 suggest that PD-1⁺ CD4⁺ and CD8⁺ T-cells are engaging in glycolysis, FAO and ATP
322 biosynthesis to support their metabolic demands, more so in OW/OB compared to HW
323 patients.

324 We next asked whether PD-1 expression is playing a role in inhibiting anti-viral T-cell effector
325 functions in dengue, specifically their cytotoxic potential which appears to be impaired. To
326 address this, we performed an overnight stimulation with NS3 DENV peptides (matched to the
327 serotype of infection) in the presence of anti-PD-1 and/or anti-PD-L1 blocking antibodies or
328 an isotype control and measured cytokine production and GzmB/perforin production of CD4⁺
329 and CD8⁺ T-cells. Prior to anti-PD(L)1 blockade, we evaluated *ex vivo* CD8⁺ T-cells expression
330 of PD-1 and PD-L1 (**Fig.5J**). After stimulation and blockade, we measured expression of

331 cytotoxic mediators and cytokine production. While the effects on DENV-specific T-cells were
332 difficult to evaluate due to the limiting number of these cells, overall PD-1 and anti-PD-1/PDL-
333 1 blockade led to increased frequencies of GzmB⁺ perforin⁺ CD8⁺ T-cells, with variation across
334 patients (**Fig.5K**). While PD-1 and PD-1/PDL-1 blockade did not affect the frequencies of CD8⁺
335 T-cells producing each analysed cytokine, there was a trend towards increased T-cell
336 polyfunctionality defined as co-expression of CD107a, IFN- γ and TNF- α (**Fig.5L**).

337

338 **Impaired NK-cell responses in SD**

339 NK-cell function is governed by the balance of signals from cell surface activating and
340 inhibitory receptors³⁴. We therefore assessed NK-cell expression of activating (NKG2D,
341 NKp46) and inhibitory receptors (LILRB1, NKG2A, PD-1, PDL-1, TIGIT and LAG-3) as well as
342 markers of activation, proliferation (CD69, Ki-67), differentiation (CD57, NKG2C) and cytotoxic
343 potential (GzmB, perforin) in samples from 23 patients (non-SD: N=11; SD: N=12) at T1. To
344 determine the features of NK-cells that are responding to DENV infection, we analysed
345 proliferating Ki-67⁺ NK-cells, herein defined as responding NK-cells (**Fig.6A**). Data is shown
346 for total responding NK-cells (findings were similar for NK CD56^{dim} and NK CD56^{bright} cells,
347 data not shown). In line with our previous findings, responding NK-cells in dengue infection
348 are predominantly immature CD57⁻NKG2C⁻ cells³⁵, with this being more pronounced in SD
349 patients (**Fig.6B**). Interestingly, SD patients display lower frequencies of CD57⁺NKG2C⁺
350 “memory” NK-cells. Responding NK-cells from SD patients are less activated (CD69) and
351 displayed decreased cytotoxic potential (GzmB, perforin) and decreased expression of
352 activating receptors NKG2D and NKp46, compared to those from non-SD patients (**Fig.6C**).
353 Conversely, the expression levels of NK-cell co-inhibitory receptors LILRB1, NKG2A, PD-L1,
354 TIGIT and PD-1 and the frequencies of LAG-3⁺ NK-cells are higher in SD compared to non-
355 SD patients. Collectively, these data suggest a potential impairment in the NK-cell response
356 in SD patients.

357 Plasma leakage grade, endothelial dysfunction (angiopoietin-2, syndecan-1, VCAM-1) and the
358 severity-related biomarker (ferritin) directly correlate with expression of inhibitory markers
359 (LILRB1, NKG2A, PD-L1) and inversely correlate with the frequencies of activated and
360 cytotoxic NK-cells (CD69⁺, NKG2D⁺, GzmB⁺ perforin⁺; **Fig.6E**). Plasma levels of soluble MICB,
361 the ligand of NKG2D, correlate inversely with ferritin, suggesting that MICB-NKG2D
362 interactions associate with less severe disease. Accordingly, NKG2D⁺ NK-cell and CD8⁺ T-
363 cells are significantly increased in non-SD compared to SD patients (**Fig.6C** and
364 **Supplementary Fig.S5**). These analyses highlight the association of different dengue
365 severity-related markers with NK-cell impairment.

366 Unsupervised UMAP/FlowSOM analyses show similar findings (**Fig.6F-H, I-K**). SD patients
367 display increased clusters of NK-cells expressing the inhibitory receptors LILRB1 and NKG2A
368 and non-proliferating NK-cells expressing NKp44, NKp46 and NKG2D and NKG2A (**Fig.6F-**
369 **H**, respectively clusters 8 and 10). Conversely, activated NK-cells with a more mature
370 phenotype expressing NKG2C and CD57 are present at higher frequencies in non-SD
371 compared to SD patients (**Fig.6F-H**, cluster 1). In a second flow cytometry panel, the key
372 difference between non-SD and SD patients is observed in cluster 8, with a significantly
373 increased percentage in SD patients. These NK-cells are highly activated and proliferating
374 and express high levels of four inhibitory receptors (LAG-3, TIGIT, PD-1, and PD-L1). Clusters
375 1 and 3 represent activated NK-cells with increased cytotoxic capacity which show a trend of
376 decreased frequency in SD compared to non-SD patients (**Fig.6I-K**). In LDA analysis, the
377 phenotypic and functional features of NK-cells early in infection (T1) can discriminate patients
378 that develop SD from non-SD patients (**Fig.6L**). NK-cell features are largely overlapping in
379 HW, OW and OB patients (**Fig.6M**) although manual gating analyses revealed decreased
380 GzmB⁺perforin⁺ cells and LILRB1 expression in OW/OB compared to HW non-SD patients
381 (**Supplementary Fig.S6**).

382 We next determined whether NK-cells from SD patients were altered in their effector function
383 compared to non-SD patients. To this end, NK-cells were assessed for natural cytotoxicity
384 (degranulation assessed as CD107a expression) and production of IFN- γ , TNF- α and MIP-1 β

385 after co-culture with K562 target cells with or without cytokine stimulation (IL-12/18). In
386 response to stimulation with K562 cells, NK-cells from SD and non-SD patients produce similar
387 amounts of IFN- γ and no TNF- α or MIP-1 β . However, in this condition NK-cell degranulation
388 (CD107a) is significantly decreased in NK-cells from SD patients (**Fig.6N-Q**). IL-12/18
389 stimulation induces NK-cell production of IFN- γ and boosts all 4 measured functions when
390 combined with K562 stimulation, but it was not able to restore NK-cell degranulation in SD to
391 the levels observed in non-SD patients.

392 Collectively our data demonstrates phenotypically and functionally altered NK-cells early in
393 infection prior to or at early onset of SD.

394

395 **Impaired type-I IFN signalling in SD**

396 We next investigated whether defects in innate viral-sensing could underlie T and NK-cell
397 impairment in SD. To achieve this, we performed gene expression analysis by single-cell RNA-
398 sequencing (scRNA-seq, BD Rhapsody) of PBMCs from 24 dengue patients at T1 (N=12 SD;
399 N=12 non-SD, with each group including 6 HW and 6 OW/OB patients matched by sex and
400 age). scRNA-seq captured gene expression of circulating CD8⁺/CD4⁺ T-cells, NK-cells, MAIT
401 cells, $\gamma\delta$ T-cells, B-cells, plasmablasts, monocytes, and dendritic cells (**Fig.7A**). Plasmablast
402 frequency was increased in SD compared to non-SD (**Fig.7B**), consistent with our flow
403 cytometry data (**Supplementary Fig.S8**). Differential gene expression analysis revealed a
404 blunted type-I IFN response in SD compared to non-SD patients in all cell types combined, as
405 well as in CD8⁺ T-cells and NK-cells (**Fig.7C, Supplementary Fig.S7 and Table S2**). Genes
406 significantly downregulated in SD (Bonferroni adjusted p-values) encode proteins driving
407 expression of type-I IFNs or induced by type-I IFNs. These include IFN-induced
408 transmembrane protein (IFITM) 1, 2 and 3, IFN regulatory factor family (IRF) 4, 7 and 9, IFN-
409 stimulated gene 15 (ISG15), IFN-induced helicase C domain-containing protein 1 (IFIH1), IFN
410 inducible protein 16 (IFI16), 2'-5'-oligoadenylate synthetase 1 (OAS1), and signal transducer
411 and activator of transcription (STAT) 1 and 2. IFNAR1 and IFNAR2 as well as IL-2R gamma

412 subunit, which is common to different interleukin receptors, were also significantly
413 downregulated in SD, suggesting decreased responsiveness to cytokines (**Supplementary**
414 **Table S2**).

415 Type-I IFNs mediate NK-cell activation in viral infection, including dengue³⁶ and are critical for
416 survival of activated CD8⁺ T-cells³⁷. Our data therefore suggests defective virus-sensing and
417 type-I IFN responses as a potential mechanism underlying NK and T-cell dysfunction in SD.

418

419 **Discussion**

420 The lack of validated correlates of protection and immunopathology for dengue represents a
421 major challenge for the design of protective vaccines and host-directed therapeutics. Here we
422 provide an in-depth analysis of T and NK-cell signatures associated with dengue disease
423 severity and obesity. Our work provides unparalleled data encompassing phenotypic and
424 functional profiles of T and NK-cells in a unique dengue cohort including a larger number of
425 SD patients than previously analysed in a single study (N=30 SD; N=94 non-SD), as well as
426 sex, age and illness phase matched patients with HW or OW/OB. The latter allows the analysis
427 of the impact of OW/OB, a risk factor for dengue, on immunity to DENV. We show that in early
428 disease CD4⁺/CD8⁺ T and NK-cell profiles linked to activation, proliferation, cytotoxicity, and
429 skin/peripheral tissue-homing, discriminate patients that will progress to SD from those that
430 do not. Within non-SD patients, these profiles could discriminate patients with and without
431 warning signs suggesting that certain warning signs, may be immunologically driven. T/NK-
432 cell profiles were distinct between patients with HW, OW and OB, suggesting BMI impacts
433 immunity to dengue. Furthermore, NK-cell expression of activating/inhibitory receptors and
434 cytotoxic molecules at T1 also clearly discriminates between SD and non-SD patients. Here,
435 the LDA analyses showed a less clear discrimination of patients based on BMI, suggesting
436 NK-cell responses in dengue may be less impacted by host BMI. For all the above T1 analyses
437 we included SD patients enrolled at day 3, prior to development of severe manifestations, as
438 well as SD patients who were recruited in the ICU at day 5, and hence were at early onset of
439 SD. T/NK-cell profiles were similar in SD patients at days 3 and 5 and hence these data were

440 pooled together in our analyses. Our data suggest that T/NK-cells responses: (i) could
441 potentially have prognostic value for early stratification of patients more likely to progress to
442 SD; (ii) are critical for the early anti-viral response and (iii) may represent a novel therapeutic
443 target to restore effective anti-viral immunity in dengue. Each of these points is discussed
444 below.

445 While most DENV infections are self-limiting, the high number of symptomatic DENV infections
446 during seasonal epidemics rapidly overwhelms health care systems in dengue-endemic
447 countries. The availability of biomarkers for early identification of patients who will develop SD
448 would improve healthcare effectiveness and patient outcomes. Several studies have proposed
449 candidate biomarkers for SD, but these have shown limited clinical value due to their
450 appearance later in disease or their short half-life³⁸. A recent study including >7,400
451 participants proposed a combination of inflammatory (IL-8, CXCL10/IP-10, sTREM-1, and
452 sCD163) and vascular markers (syndecan-1) as potential biomarkers for severe/moderate
453 dengue, all related to excessive activation of macrophages/myeloid cells, the main targets of
454 DENV infection²³. Excessive macrophage activation is consistent with a scenario of
455 dysfunctional cytotoxic NK/T-cells leading to impaired clearance of virus-infected cells
456 observed in our study.

457 Our data suggests that suboptimal type-I IFN responses may underlie defective viral clearance
458 and NK/T-cell impairment in SD. Type-I IFN signalling leads to activation of IFN-stimulated
459 genes (ISGs) and induction of an anti-viral state within the cell³⁹. Furthermore, type-I IFNs
460 promote NK-cell function and type-I IFN blockade was shown to inhibit NK-cell responses to
461 DENV-infected cells *in vitro*³⁶. Similarly, type-I IFNs directly support survival, clonal expansion
462 and cytotoxicity of activated T-cells^{37,40,41}. Our findings are consistent with *in vitro* data showing
463 DENV NS5-mediated inhibition of type-I IFN signalling through degradation of STAT2, which
464 was also decreased in SD in our study⁴². Our findings also support early DNA microarray
465 studies showing decreased transcripts of many genes induced by type-I IFN in patients with
466 dengue shock syndrome compared to those without⁴²⁻⁴⁴.

467 Antibody dependent enhancement (ADE) of infection mediated by pre-existing subneutralizing
468 DENV-specific IgG antibodies is associated with more severe clinical outcomes¹². This is
469 mediated by binding of DENV IgG Fc portions to Fc-gamma receptors (Fc γ Rs) on the surface
470 of myeloid cells, leading to DENV internalization and augmented viral replication. Coligation
471 of Fc γ R and the inhibitory receptor LILRB1 by antibody-opsonized DENV was shown to inhibit
472 Fc γ R signalling and induction of ISGs. In NK-cells this interaction may result in reduced ability
473 to mediate antibody dependent cellular cytotoxicity, further inhibiting virus clearance⁴⁵.
474 Therefore ADE, decreased type-I IFN signalling, T/NK-cell cytotoxic impairment and
475 decreased survival of DENV-specific T-cells, may all represent interconnected events leading
476 to increased viraemia and severe outcomes. Genetic factors (e.g., MICB, NKG2D SNPs) may
477 further contribute to the suboptimal NK/T-cell response in these patients, as they could render
478 individuals less efficient at mounting cytotoxic NK/T-cells.
479 Increased viraemia may lead to increased antigen presentation and excessive T-cell activation
480 causing upregulation of T-cell exhaustion markers and increased apoptosis. As SD associates
481 with secondary infections, preferential reactivation of pre-existing, low affinity memory T-cells
482 could also contribute to the altered T-cell response. This is consistent with the higher
483 frequencies of DENV-specific T-cells at T1 in SD versus non-SD. However, our analysis of the
484 capacity of DENV-specific T-cells to recognize NS3 DENV1-4 peptides in secondary DENV2
485 infected patients did not show evidence of skewing of the T-cell response towards
486 heterologous DENV serotypes. Due to insufficient number of cells at T1, we were only able to
487 test recognition of all 4 serotypes at T2. It therefore remains possible that suboptimal cross-
488 reactive T-cells that are preferentially activated at T1 may have undergone apoptosis and are
489 not detectable at T2, this is in line with their high CD95/Fas expression levels.
490 Our data is in line with studies in Colombian dengue cohorts showing an NK-cell related signal
491 in SD using bulk RNA-seq⁴⁶ or using virus-inclusive scRNA-seq on a small cohort of 12 non-
492 SD and 7 SD patients⁴⁷. Another study by the same group demonstrated high PD-L1
493 expression in SD across different cell types, including myeloid cells²². These cells could

494 potentially provide ligands for T/NK-cell expressed PD-1. DENV infection was shown to
495 upregulate HLA-class I and non-classical HLA class I molecules such as HLA-E which are
496 ligands for NK-cell inhibitory receptors, respectively LILRB1 and NKG2A, expressed in SD⁴⁸,
497 suggesting that DENV has evolved strategies to counteract the early NK-cell response. It
498 remains to be determined whether DENV proteins may cause upregulation of ligands binding
499 to inhibitory receptors expressed by T-cells to evade the T-cell response.

500 Lastly, we propose that T/NK-cell impairment may represent a promising therapeutic target for
501 dengue, supporting recent interest of evaluating immune checkpoint blockade in infectious
502 diseases⁴⁹. In acute hepatitis C virus (HCV) infection, PD-1 expression was shown to correlate
503 with CD8⁺ T-cell exhaustion and PD(L)1 blockade could restore the function of these cells⁵⁰.
504 As for HCV patients, higher PD-1 T-cell expression in SD versus non-SD patients does not
505 reflect the higher activation state of these cells, as expression of other activation markers such
506 as HLA-DR, CD38 and CD69 are similar in T-cells from the two patient groups. Previous
507 studies by us and others reported PD-1 expression in memory DENV-specific CD8⁺ T-cells in
508 convalescent patients or healthy donors from a dengue hyperendemic region⁵¹⁻⁵³, although
509 these studies did not address links with SD. Here we show that PD-1/PDL1 blockade can
510 restore the cytotoxic potential of CD8⁺ T-cells in some patients. Recent work in a symptomatic
511 *Ifnar*^{-/-} dengue mouse model shows a similar increase of PD-1⁺ CD8⁺ T-cells upon infection
512 with a non-mouse adapted DENV strain which leads to plasma leakage and death. Anti-PD-1
513 blockade prior to DENV infection significantly improved mouse survival and rescued CD8⁺ T-
514 cell numbers, suggesting a role of PD-1 in T-cell apoptosis⁵⁴. These data in humans and mice
515 support the need for further studies evaluating the impact of checkpoint inhibitors or
516 combinations of checkpoint inhibitors on NK/T-cell function in dengue. Studies in non-human
517 primates show that while viraemia is cleared around day 5 from illness onset similarly to
518 patients, DENV antigens can be detected in tissues until at least day 8⁵⁵. This data supports
519 an important role of cytotoxic NK-cells/DENV-specific T-cells beyond the blood viraemic
520 phase, for clearing reservoirs of DENV-infected cells within tissues.

521 In summary, our work demonstrates T and NK-cell impairment in SD patients which precedes
522 the development of SD and is present during the critical phase. We propose that these
523 signatures could potentially be used as prognostic markers for SD and represent a novel
524 therapeutic avenue for dengue aimed at restoring their anti-viral function.

525

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537

538 **Author contributions**

539 Conceptualization, L.R. and S.Y.; Methodology, L.R., M.G., M.S., C.L., P.K.; Validation, M.G.,
540 L.R., M.S., D.D., M.N.; Formal Analysis, M.G., M.S., D.D., L.C.G., N.R., M.N., N.L.V.;
541 Investigation, M.G., M.S., D.D., E.J., N.R., N.M.N., T.T.V., H.Q.C., N.T.X.C., D.T.H.T.,
542 D.H.T.L., C.T.T.; Resources, L.R., S.Y.; Data Curation, M.G., L.C.G.; Writing – Original Draft,
543 M.G. and L.R., Writing – Review & Editing, M.G., L.R., S.Y., P.K., L.C.G., N.M.N., H.V.T.M.,
544 H.Q.C; Visualization, M.G., L.R., L.C.G., M.N.; Supervision, L.R.; Project Administration, L.R.;

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546

547 **Declaration of interests**

548 The authors declare no competing interests.

549

550 **Fig.1. Distinct T and NK-cell profiles in SD. (A)** Study design **(B)** Frequency of immune
551 subsets at T1 [N=42: non-SD (N=31); SD (N=11); HW (N=21); OW/OB (N=21)] and T2
552 [N=104: non-SD (N=74); SD (N=27); HW (N=49); OW/OB (N=52)]. The middle line in each
553 box represents the median with IQR. **(C)** Log₂ ratio of MFI of selected markers in total NK,
554 CD8⁺ and CD4⁺ T-cell subsets between T1 (N=41) and T2 (N=41) in non-SD (N=30) and SD
555 (N=11) patients. **(D-I)** Log₂ ration of mean abundances/PD-1⁺ MFI of cell subsets between SD
556 and non-SD patients at T1 (N=42) **(D-F)** and T2 (N=104) **(G-I)** in CD8⁺ T, CD4⁺ T, and NK-
557 cells. Red/blue bars indicate significance (p.adjust.signif<.05; *p.adj<.05; **p.adj<.01;
558 ***p.adj<.001) via Wilcoxon rank sum tests. **(J)** Linear discriminant analysis at T1 (N=42) and
559 T2 (N=84). Dots represent individual patients from dengue (D), dengue with warning signs
560 (DWS), and SD group. Ellipses represent 95% confidence intervals. LD1 and LD2 were
561 derived using all features shown in D-I.

562

563 **Fig.2. Increased PD-1⁺ CD4⁺ T-cells in SD.** Percentage of CD4⁺ T-cells expressing **(A)** CD38
564 and HLA-DR, **(B)** Ki-67 and CLA, **(C)** Ki-67 and GzmB, and **(D)** PD-1 at T1 (N=42) and T2
565 (N=104) in non-SD (blue) and SD (red) patients, **(E-F)** in HW (green) and OW/OB (orange)
566 patient groups within non-SD and SD patients at **(E)** T1 and **(F)** T2. **(G)** Correlation of CD4⁺
567 T-cell subsets with clinical parameters/biomarkers at T2 (N=104), using Spearman's rank
568 correlation test with FDR correction. **(H)** UMAP plots with FlowSOM clusters (1,6,7,9-11)
569 visualised in non-SD and SD patient groups at T1 (N=42) and T2 (N=84) and expression levels
570 of PD-1, CD38, CD69, and GzmB. **(I)** Stacked bar chart showing the frequency of each cluster
571 in specific groups with bubble graph representing MFI levels (colour) and cell frequencies
572 (size). **(J)** Frequency of FlowSOM clusters (1,6,7,9-11) at T1 (N=42) and T2 (N=84) within
573 non-SD and SD patient groups. The middle line in each box represents the median with IQR.
574 Error bars represent max/min value +/- 1.5*IQR. *p<.05; **p<.01; ***p<.001; ****p<.0001 by
575 one-way ANOVA with Benjamini-Hochberg correction.

576

577 **Fig.3. Altered PD-1 and GzmB expression in CD8⁺ T-cells in SD patients.** Percentage of
578 CD8⁺ T-cells expressing **(A)** CD38 and HLA-DR, **(B)** GzmB, **(C)** Ki-67 and CLA, **(D)** PD-1 and
579 **(E)** GzmB on PD-1⁺ CD8⁺ T-cells at T1 (N=42) and T2 (N=104) in non-SD and SD patients
580 and in HW (green) and OW/OB (orange) patient groups within non-SD and SD patients at **(F)**
581 T1 and **(G)** T2. **(H)** Correlation of CD8⁺ T-cell subsets with clinical parameters/biomarkers at
582 T2 (N=104), using Spearman's rank correlation test with BH correction. Single correlations of
583 CD8⁺ T-cells expressing PD-1 with plasma levels of **(I)** Angiotensin-2 and **(J)** VCAM-1 at
584 T1 (N=42) and T2 (N=104). **(K)** UMAP plots with FlowSOM clusters (4,6,7,10,11,14,16)
585 visualised in non-SD and SD patient groups at T1 (N=42) and T2 (N=84) and expression levels
586 of PD-1, CD69, GzmB, and perforin. **(L)** Stacked bar chart showing the frequency of each
587 cluster in specific groups and bubble graph represents MFI levels (colour) and cell frequencies
588 (size). **(M)** Frequency of FlowSOM clusters (4,6,7,10,11,14,16) at T1 (N=42) and T2 (N=84)
589 within non-SD and SD patient groups. The middle line in each box represents the median with
590 IQR. Error bars represent max/min value +/- 1.5*IQR. *p<.05; **p<.01; ***p<.001; ****p<.0001
591 by one-way ANOVA with Benjamini-Hochberg correction.

592

593 **Fig.4. Altered DENV NS3-specific T-cells in SD.** **(A)** Representative flow cytometry plots
594 showing IFN- γ , TNF- α , MIP-1 β , and CD107a production by CD4⁺ and CD8⁺ T-cells from non-
595 SD patient (day 6 of fever) after stimulation with NS3 DENV2 peptides, PMA/ionomycin, and
596 unstimulated condition (DMSO). **(B)** CD4⁺ and CD8⁺ T-cell responses shown as log10 of
597 cytokine⁺ (IFN- γ and/or TNF- α and/or IL-2 and/or MIP-1 β) and/or CD107a⁺ cells at T1 (N=24)
598 and T2 (N=37) after stimulation with NS3 DENV2 peptides. **(C)** CD4⁺ and CD8⁺ T-cell
599 responses shown as cytokine⁺ and/or CD107a⁺ at T2 (N=37) after stimulation with NS3
600 DENV1-4 peptide pools. **(D,E)** Single cytokine response by **(D)** CD4⁺ and **(E)** CD8⁺ T-cells in
601 HW or OW/OB non-SD and SD patients at T1 (N=24) and T2 (N=37) following NS3 DENV2
602 peptide stimulation. **(F)** Cytokine⁺ and/or CD107a⁺ T-cells were divided into three groups:

603 degranulation only (CD107a), degranulation and cytokine production (IFN- γ and/or TNF- α
604 and/or CD107a), and cytokine production only (IFN- γ and/or TNF- α). Pie charts show the
605 percentages of the cytokine⁺ and/or CD107a⁺ cells to total responding T-cells from non-SD
606 and SD patients. The average percentages are sum from all individuals and divided by number
607 of cases. **(G)** Representative histogram and boxplots of PD-1 expression by DENV2-specific
608 CD4⁺ and CD8⁺ T-cells at T1 (N=24) and T2 (N=37). **(H)** Gating strategy and representative
609 flow cytometry plots of CD95 and PD-1 expressing T-cells and comparison between CD95
610 MFI levels in PD-1⁺ and PD-1⁻ CD4⁺ and CD8⁺ T-cells in SD patients. The middle line in each
611 box represents the median with IQR. Error bars represent max/min value +/- 1.5*IQR. *p<.05;
612 **p<.01; ***p<.001; ****p<.0001 by one-way ANOVA with Benjamini-Hochberg correction.

613

614 **Fig.5. Elevated T-cell co-inhibitory receptors in SD.** Expression levels of CTLA-4, LAG-3,
615 TIGIT, and TIM-3 by **(A)** CD4⁺ and **(B)** CD8⁺ T-cells at T1 (N=10) in non-SD and SD patients.
616 Correlation of **(C)** CD4⁺ TIM-3⁺ and **(D)** CD8⁺ LAG-3⁺ T-cells with plasma biomarkers
617 (Syndecan-1, VCAM-1, and ferritin). **(E)** Pie charts showing the number of co-inhibitory
618 receptors simultaneously exhibited by CD4⁺ and CD8⁺ T-cells in non-SD and SD patients at
619 T1 (N=11). The different shades of grey represent the range of 1 to 5 co-inhibitory receptors
620 and outer arcs indicate the specific co-inhibitory receptors detected defined by Boolean gating.
621 **(F,G)** UMAP plots with FlowSOM clusters of **(F)** CD4⁺ and **(G)** CD8⁺ T-cells at T1 (N=11) in
622 non-SD and SD patients. Expression levels of markers (heatmap and UMAP) and frequency
623 of clusters in non-SD and SD group. **(H)** Expression levels of metabolic markers (HK1, GLUT1,
624 ATP5A, and CPT1A) in CD4⁺ and CD8⁺ PD-1⁺ T-cells in HW (green) and OW/OB (orange)
625 patient groups within non-SD and SD patients with day 5-8 of fever and **(I)** the difference
626 between PD-1⁺ and PD-1⁻ subsets (N=17). **(J)** Expression levels of PD-1 and PD-L1 by CD8⁺
627 T-cells in non-SD patients (N=9). **(K)** Frequency of GzmB⁺perforin⁺ CD8⁺ T-cells after
628 stimulation with NS3 DENV peptides and with/without blocking antibodies. **(L)** Pie charts
629 showing the number of functions simultaneously exhibited by CD8⁺ T-cells following NS3

630 DENV peptide stimulation with/without blocking antibodies. The different shades of grey
631 represent the range of 1-4 functions, the outer arcs indicate the specific functions defined by
632 Boolean gating. The middle line in each box represents the median with IQR. Error bars
633 represent max/min value +/- 1.5*IQR. *p<.05; **p<.01; ***p<.001; ****p<.0001 by one-way
634 ANOVA with Benjamini-Hochberg correction.

635

636 **Fig.6. Impaired NK-cell responses in SD. (A)** Gating strategy and representative flow
637 cytometry plots of CD57 and NKG2C staining in non-SD and SD samples at T1. **(B)** Frequency
638 of Ki-67⁺ total NK-cells with differential expression of CD57 and NKG2C in non-SD (N=11) and
639 SD (N=12) patients. **(C,D)** Expression of activating and inhibitory receptors by Ki-67⁺ total NK-
640 cells. **(E)** Correlation of NK-cell markers with clinical parameters/biomarkers using
641 Spearman's rank correlation test with Benjamini-Hochberg correction. **(F,I)** UMAP plots with
642 colour coded Phenograph clusters of total NK-cells in non-SD and SD patients. **(G,J)**
643 Expression levels of markers (heatmap and UMAP) and **(H,K)** frequency of clusters in non-
644 SD and SD group. **(L,M)** Linear discriminant analysis at T1 (N=23). Dots represent individual
645 patients from dengue (D), dengue with warning signs (DWS), and SD **(L)** and HW, OW, and
646 OB group **(M)**. Ellipses represent 95% confidence intervals. LD1 and LD2 were derived using
647 all features shown in B-D, H, K, and expression levels of KIR3DL1, NKp44, and TIM-3. **(N-Q)**
648 Expression of cytokines (IFN- γ , TNF- α , MIP-1 β) and CD107a by NK-cells after stimulation with
649 PBMC+K562, PBMC+IL-12+IL-18, and PBMC+K562+IL-12+IL-18. Data are shown as fold
650 change from the baseline condition (PBMC only). The middle line in each box represents the
651 median with IQR. Error bars represent max/min value +/- 1.5*IQR., *p<.05; **p<.01; ***p<.001;
652 ****p<.0001 by Wilcoxon test or one-way ANOVA with Benjamini-Hochberg correction.

653

654 **Fig.7. Impaired type-I IFN responses in SD. (A)** UMAP of scRNA-seq data from PBMCs,
655 coloured by cell type and split by dengue severity. Data from N=24 dengue patients (N=12
656 SD; N=12 non-SD). **(B)** Percentage of each cell type in non-SD and SD patients. Differential
657 abundance analysis was performed using edgeR, ***p<.001. **(C)** Over-representation analysis

658 of genes significantly downregulated (all cell types combined) in SD vs non-SD. Significant
659 non-redundant gene ontology terms and associated Benjamini-Hochberg adjusted p-values
660 are shown. Count=number of differentially expressed genes (DEGs) in the gene set.
661 GeneRatio=fraction of DEGs in the gene set.

662

663 **STAR Methods**

664 **Ethics approvals**

665 The study protocol, consent and assent forms, and patient information sheets were approved
666 by the ethics committees at the Hospital for Tropical Diseases in Ho Chi Minh City
667 (CS/BND/19/34), the Ministry of Health in Vietnam (24/CN-HĐĐĐ) and the Oxford Tropical
668 Research Ethics Committee (REC) (OxREC reference:36-19).

669

670 **Dengue patients**

671 After informed consent/assent, hospitalised patients aged 10-30 were recruited into an
672 observational study designed for dengue patients with overweight/obesity and healthy weight
673 at the Hospital for Tropical Diseases, Ho Chi Minh City, Vietnam. All patients had confirmed
674 dengue and ≤ 72 hours of fever, except for a proportion of severe patients who were admitted
675 in the intensive care units (ICUs) up to day 5 of fever. Each patient with overweight/obesity
676 was matched 1:1 to a healthy weight patient by age group (10-16; >16-21; >21-26; >26-30),
677 sex, admission ward (general or ICU), and illness phase – febrile (fever days 1-3) or critical
678 (fever days 4-5). The enrolment criteria were selected to minimise confounders due to ageing
679 and comorbidities and to maximise recruitment of severe cases. The exclusion criteria
680 included diabetes, hypertension, cardiovascular disease, signs or symptoms of any other
681 acute infectious disease, undernutrition, and pregnancy.

682 Definition of BMI groups for paediatric patients (10-19 years) was based on the WHO obesity
683 definition using BMI-for-age⁵⁶; for adult patients (20-30 years) BMI status was defined as
684 follows: individuals with overweight/obesity had a BMI ≥ 25 kg/m², while HW patients had a
685 BMI ≤ 22 kg/m² but not less than 17 kg/m². The severity grade classification was recorded for

686 all admitted patients following the WHO 2009 guidelines³ and based on plasma leakage (grade
687 0-2)⁵⁷. PBMC isolation and cryopreservation were performed at hospital enrolment (within 3-
688 5 days of fever) and approx. 3 days later, which largely coincided with discharge (6-9 days of
689 illness).

690

691 **Serology**

692 Identification of the DENV serotype of infection and quantification of viraemia (RNAemia) was
693 performed by serotype-specific RT-PCR. The majority of patients were infected with DENV2
694 serotype (n=86), although some cases of DENV1 (n=22) and DENV4 (n=7) serotypes were
695 also detected. RNAemia was below the detection limit at the time of enrolment in the study for
696 3 SD and 6 non-SD patients (indicated as NEG; **Table S1**). Primary/secondary dengue
697 infection was determined based on the ratio of dengue IgM/IgG antibody levels through
698 enzyme-linked immunosorbent assay (ELISA), as described²³. The majority of patients
699 (n=118) included in the study had a secondary infection; there were five cases of primary
700 infection among the non-SD group. Pro-inflammatory chemokines and cytokines were
701 analysed from plasma samples using a Luminex FLEXMAP 3D® using the Inflammation 20-
702 plex human Procartaplex™ panel. Endothelial, pro-inflammatory, and lipid markers and sMICB
703 were measured by ELISA.

704

705 **DENV synthetic peptides**

706 NS3 DENV peptide pools comprised of 15-mer peptides overlapping by 10 amino acids and
707 spanning the sequence of NS3 DENV1-4 (accession numbers: DENV1 – MF314188, DENV2
708 – NP056776, DENV3 – KY921906, DENV4 – KY921909). NS3 peptide pool 1: N=40, pool 2:
709 N=40, pool 3: N=42. Peptide libraries were designed based on the following virus strains:
710 DENV1 – 2016_Singapore_DENV-1_NPHL, DENV2 – Thailand/16681/84, DENV3 –
711 SG(EHI)D3/23167Y15, and DENV4 – SG(EHI)D4/09291Y16. All peptides were purchased
712 from Mimotopes (Australia) with >80% purity. Peptides were prepared as described
713 previously²⁷.

714

715 **Ex vivo PBMC surface and intracellular staining**

716 PBMCs were thawed in RPMI 10% FBS, washed twice and seeded at $0.8-1 \times 10^6$ cells/well in
717 a 96-well plate. Cells were stained with a viability dye (Zombie Aqua) for 10 min, washed with
718 PBS 1% BSA and antibodies targeting surface markers were added and incubated for 20 min
719 at 4°C. After staining, cells were washed and fixed (BD/eBiosciences). After fixation, the cells
720 were washed three times with perm/wash buffer (BD/eBiosciences) and stained intracellularly
721 with a mixture of antibodies targeting cytokines for 30 min at 4°C. The cells were washed
722 before acquisition using the BD Fortessa X20 flow cytometer. List of antibodies and reagents
723 is shown in Key resources table.

724

725 **T-cell stimulation with DENV peptide pools**

726 PBMCs were rapidly thawed in RPMI 10% FBS, washed 2x with PBS 1% BSA and then
727 resuspended in AIM-V 2% AB human serum and rested for 18 h at 37°C. After resting, cells
728 were seeded at 1×10^6 cells/well in a 96-well plate in AIM-V 2% FBS. Cells were stimulated
729 with or without (DMSO only – negative control) peptide pools from DENV1-4 (all 1 µg/mL) or
730 with PMA/ionomycin (positive control) for 6 h at 37°C in the presence of brefeldin A (2 µg/mL).
731 To assess degranulation, anti-CD107a antibody was added at the beginning of stimulation.
732 After stimulation, cells were washed and stained as described above. List of antibodies and
733 reagents is shown in Key resources table.

734

735 **PD-1/PD-L1 blockade**

736 PBMCs were rapidly thawed, washed twice and then resuspended in AIM-V 2% AB human
737 serum and plated at $0.8-1 \times 10^6$ cells/well in a 96-well plate. Blocking antibodies (αPD-1/PD-L1)
738 or isotype controls (IgG₄/IgG1) were added at a final concentration of 10 µg/mL. After 2 h pre-
739 incubation, cells were stimulated with NS3 DENV peptide pools (all 1 µg/mL) or with
740 αCD3/CD28 Dynabeads (positive control) for 16 h at 37°C in the presence of brefeldin A (2

741 $\mu\text{g/mL}$), anti-CD107a antibody and blocking antibodies. After incubation, cells were washed
742 and stained as described above.

743

744 **NK-cell killing assay**

745 PBMCs were thawed, washed with RPMI 10% FBS and rested or stimulated overnight with
746 10 ng/mL IL-12 and 100 ng/mL IL-18 in RPMI 10% FBS at 37°C. After incubation, K562 cells
747 were added to rested or stimulated PBMCs at an effector to target ratio of 10:1 (1×10^6 PBMCs:
748 1×10^6 K562 cells). Wells containing only PBMCs (no K562 cells) were also included as a
749 negative control. The plate was incubated for 6 h at 37°C in the presence of anti-CD107a,
750 while Monensin (2 μM) and brefeldin A (2 $\mu\text{g/mL}$) were added 1 hour into the assay. After the
751 incubation, PBMCs were subsequently stained as previously described. List of antibodies is
752 shown in Key resources table.

753

754 **BD Rhapsody scRNA-seq library generation and sequencing**

755 The PBMCs were stained with CD45-PE for 30 min at room temperature. Cells were washed
756 twice in FACS buffer (PBS 2% FBS), incubated with Fc block solution for 15 min at room
757 temperature, then each sample labelled with a separate oligonucleotide-conjugated Sample
758 Tag (BD Flex Single-Cell Multiplexing Kits A-D) for 60 min at 4°C. Cells were washed twice in
759 BD Pharmingen Stain buffer. Twelve samples (3500 cells/sample; n=3 from each group - non-
760 SD HW, non-SD OW/OB, SD HW, SD OW/OB) were pooled and loaded onto one BD
761 Rhapsody Cartridge following manufacturer's instructions. The remaining 12 samples were
762 pooled and loaded onto a second BD Rhapsody Cartridge. Targeted mRNA and Sample Tag
763 library preparation was performed according to manufacturer's instructions. Targeted mRNA
764 libraries were generated using the BD Rhapsody Immune Response Panel HS and a custom
765 panel containing and additional 145 genes (**Supplementary Table S3**). Libraries were
766 quantified using a Qubit Fluorometer with the Qubit dsDNA HS Assay Kit and their fragment
767 distribution analysed using a TapeStation with the High Sensitivity D5000 ScreenTape Assay
768 (Agilent). Sequencing was performed on an Illumina NovaSeq X Plus (PE150).

769

770 **BD Rhapsody scRNA-seq analysis**

771 BCL files were converted to FASTQ files using Illumina bcl2fastq. FASTQ files were processed
772 to a gene-by-cell matrix (one per BD Rhapsody Cartridge) using the BD Rhapsody Sequence
773 Analysis Pipeline (v2.2.1). Downstream analysis was performed in R (v4.4.0). A Seurat⁵⁹
774 (v5.1.0) object was generated from distribution-based error correction-adjusted molecule
775 counts (two Cartridges combined) and filtered to retain cells with a defined Sample Tag and
776 to remove doublets (cell labels associated with more than one Sample Tag). Cells with low
777 unique molecular identifier counts (<125) and/or low gene counts (<40) were removed. Count
778 data was analysed following the standard Seurat pipeline. In brief, counts were normalised by
779 library size, scaled, and principal component analysis performed using the top 200 variable
780 genes. A shared nearest neighbour graph was constructed using the top 20 principal
781 components and Louvain clusters identified (resolution 0.5). UMAP was performed using top
782 20 principal components. Reference-based cell annotation was performed using Azimuth⁶⁰
783 (v0.5.0) with the PBMC reference dataset. Cluster markers were identified using the Wilcoxon
784 rank sum test (Seurat FindAllMarkers function, only.pos=TRUE) and clusters assigned to cell
785 types using expert knowledge. Final cell annotations were determined using a combination of
786 Azimuth results and manual cluster assignments.

787 Differential gene expression analysis between non-SD and SD (HW and OW/OB patients
788 combined) was performed for all cell types combined, for total CD8⁺ T-cells, or for total NK
789 cells, using the Wilcoxon rank sum test (Seurat FindMarkers Function,
790 logfc.threshold=0). Over-representation analysis for Gene Ontology Biological Process terms
791 was performed using cluster Profiler⁶¹ (v4.12.2) for genes significantly downregulated in SD
792 compared with non-SD. Redundant Gene Ontology terms were removed using the
793 clusterProfiler simplify function. Differential cell type abundance analysis was performed using
794 edgeR^{62,63} (v4.2.1). Namely, a common dispersion values across all clusters was estimated
795 using the estimateDisp function (trend.method=""none"). Quasi-likelihood negative binomial
796 generalised log-linear models were fit to per sample cluster counts (glmQLFit function,

797 robust=TRUE, abundance.trend=FALSE) and quasi F-tests (qlmQLFTest function) employed
798 to test for differential abundance between non-SD and SD (HW and OW/OB patients
799 combined).

800

801 **Data and statistical analyses**

802 Analysis of flow cytometry data, including compensation was performed using FlowJo
803 v10.10.0. Quality control was performed using the FlowJo plugin – PeacoQC. Statistical
804 analysis and data visualisation were performed using R v4.2.1. Normality of data distribution
805 was assessed by Shapiro-Wilk test. Differences between two patient groups were calculated
806 by Mann-Whitney U test, for more than two groups we used one-way ANOVA (Kruskal-Wallis)
807 followed by Dunn’s test for multiple comparisons adjusted using the Benjamini-Hochberg
808 method to control for FDR. Analysis between paired samples was performed using Wilcoxon
809 test. Correlation analysis was performed using Spearman’s rank correlation test with/without
810 correction for multiple comparisons. P-values are indicated as follows: * $p < .05$, ** $p < .01$,
811 *** $p < .001$, **** $p < .0001$. The LDA analysis combined clinical information and frequencies/MFIs
812 of markers in the cell subsets, and it was calculated using MASS package. Data analyses was
813 performed by grouping data by specific time points (T1 and T2) as well as by day of fever - we
814 report the most informative analysis.

815

816 **Supplemental information**

817 **Fig.S1. Distinct T and NK-cell profiles associate with dengue severity.** Linear discriminant
818 analysis separating dengue patients at **(A,C)** T1 (N=42) and **(B,D)** T2 (N=84). Data points
819 represent individual patients from dengue, dengue with warning signs, and severe dengue
820 group (colour) and based on the **(A,B)** BMI status - healthy weight, overweight, and obesity or
821 **(C,D)** severity status – admitted and progressed group (shape). Ellipses represent 95%
822 confidence intervals. LD1 and LD2 were derived using all features shown in Fig.1D-I.

823

824 **Fig.S2. DENV NS3-specific T-cell response.** Single cytokine response by **(A)** CD4⁺ and **(B)**
825 CD8⁺ T-cells in non-SD and SD patients at T2 (N=37) following NS3 DENV1-4 peptide
826 stimulation.

827

828 **Fig.S3. Assessment of DENV2-specific T-cell function during DENV2 infection.** Pie
829 charts showing the number of functions simultaneously exhibited by **(A)** CD4⁺ and **(B)** CD8⁺
830 T-cells following NS3 DENV2 peptide stimulation. The different shades of grey represent the
831 range of 1-5 functions, the outer arcs indicate the specific functions (IFN- γ /TNF- α /IL-2/MIP-
832 1 β /CD107a) defined by Boolean gating.

833

834 **Fig.S4. Metabolic activity measured by SCENITH.** **(A)** Fatty acid and amino acid oxidation
835 (FAO&AAO) capacity, **(B)** glycolytic capacity, **(C)** mitochondrial dependence, and **(D)** glucose
836 dependence. SCENITH was performed and capacities and dependencies were calculated
837 according to Arguello et al.³² and Luscombe et al.³³.

838

839 **Fig.S5. Impaired phenotype of CD8⁺ T-cells in SD.** Frequency of total or Ki-67⁺ CD8⁺ T-
840 cells expressing NKG2D in non-SD and SD patient group.

841

842 **Fig.S6. Impaired phenotype of Ki-67⁺ total NK cells in SD.** Expression of **(A)** activating and
843 **(B)** inhibitory receptors by Ki-67⁺ total NK-cells in HW (green) and OW/OB (orange) non-SD
844 and SD patients.

845

846 **Fig.S7. Impaired type-I IFN responses in SD.** Over-representation analysis of genes
847 significantly downregulated in SD vs non-SD in CD8⁺ T-cells **(A)** and NK-cells **(B)**. All
848 significant or top 15 non-redundant gene ontology terms and associated Benjamini-Hochberg
849 adjusted p-values are shown. Count=number of differentially expressed genes (DEGs) in the

850 gene set. GeneRatio=fraction of DEGs in the gene set. Data from N=24 dengue patients (N=12
851 non-SD; N=12 SD).

852

853 **Fig.S8. Increased frequency of B-cells and plasmablasts in SD. (A)** Frequency of CD3⁺
854 CD19⁺ **(B)** Gating strategy and frequency of plasmablasts in non-SD and SD patients [HW
855 (green) and OW/OB (orange)]. Data from N=94 dengue patients at T2 (N=68 non-SD; N=26
856 SD).

857

858 **Table S1.** Summary table of clinical information at the admission time point

859

860 **Table S2.** List of downregulated genes (all cell types combined) in SD patient group.

861

862 **Table S3.** List of custom genes from BD Rhapsody gene panel.

863

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Figure 1

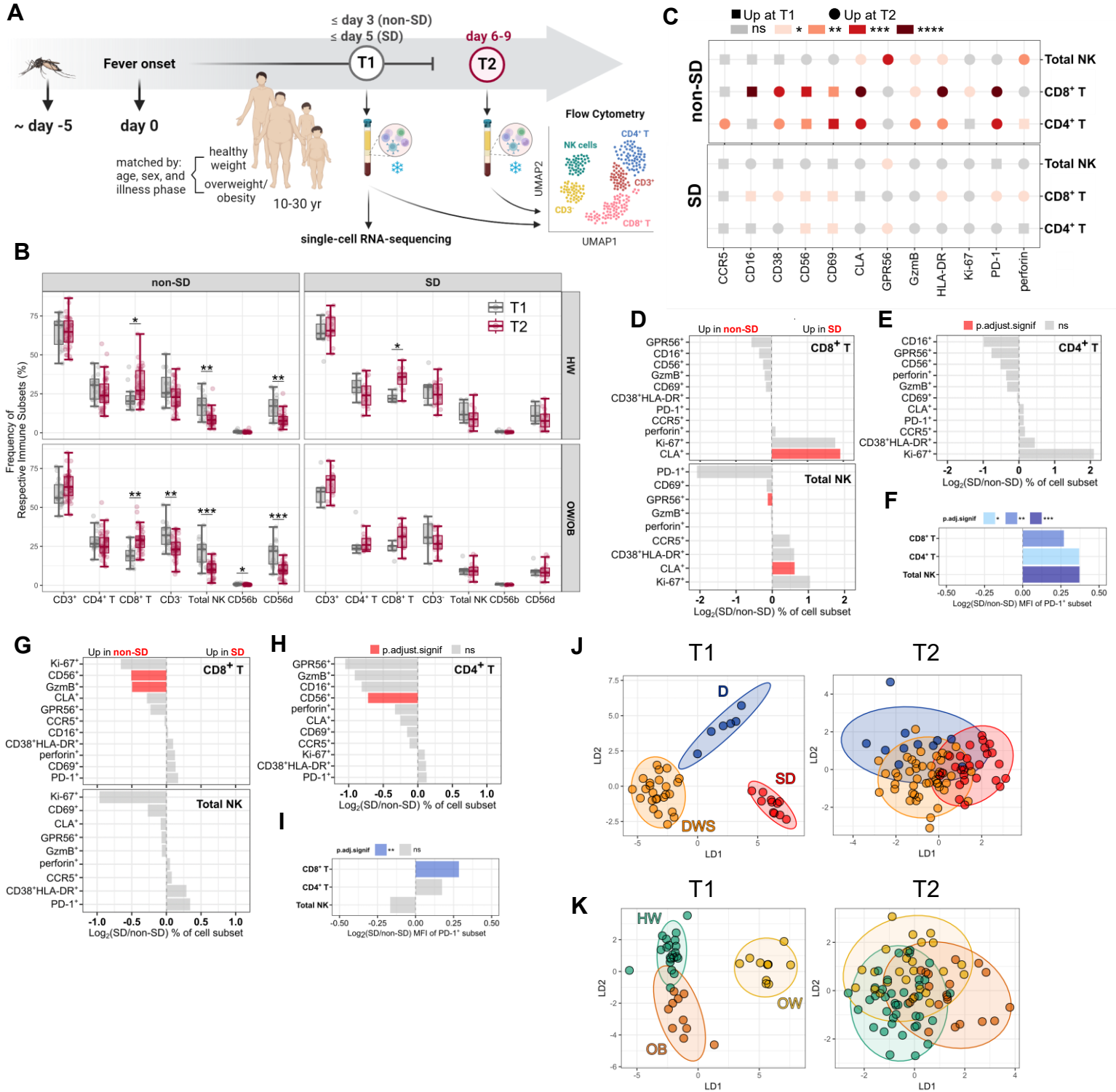


Figure 2

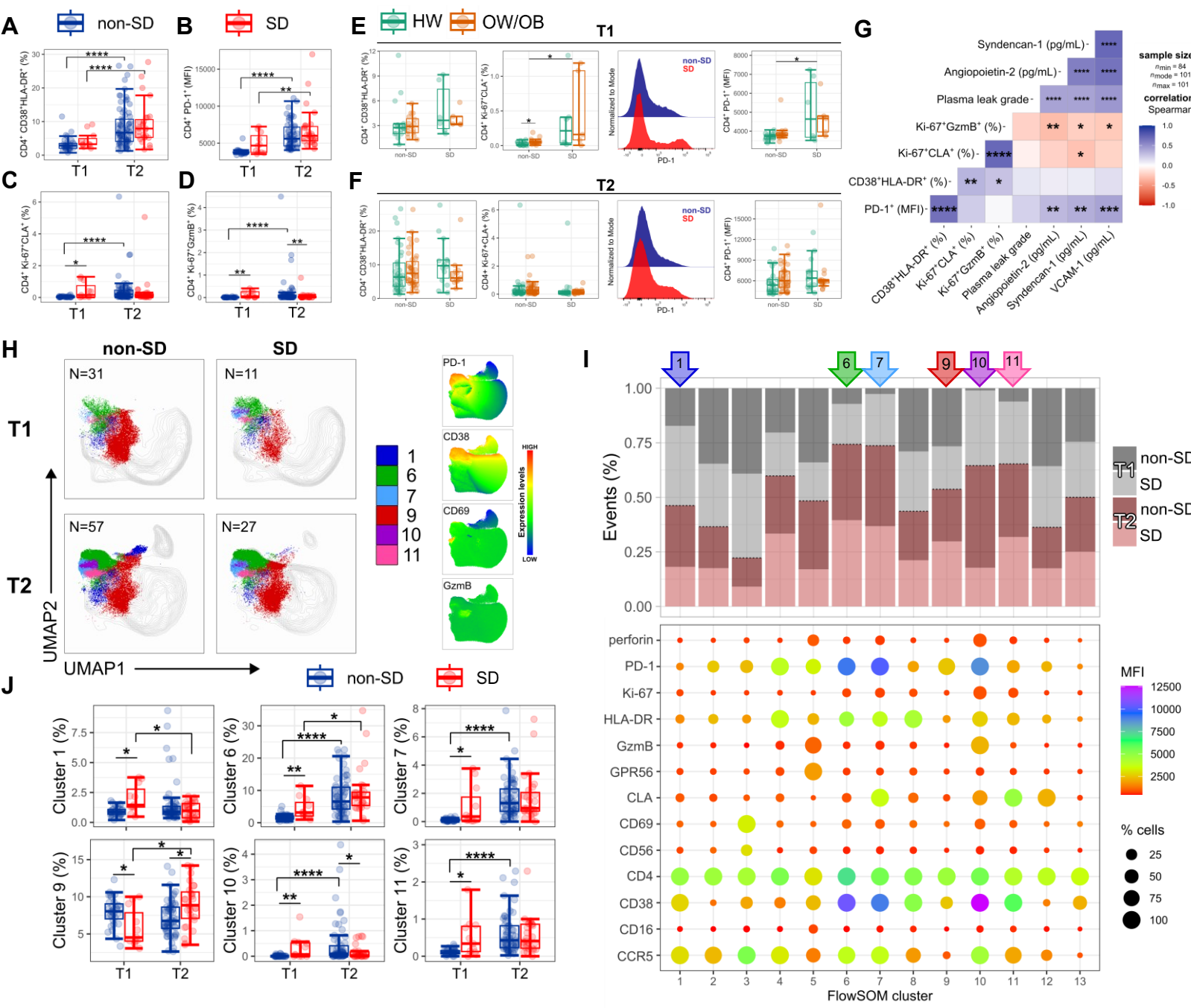


Figure 3

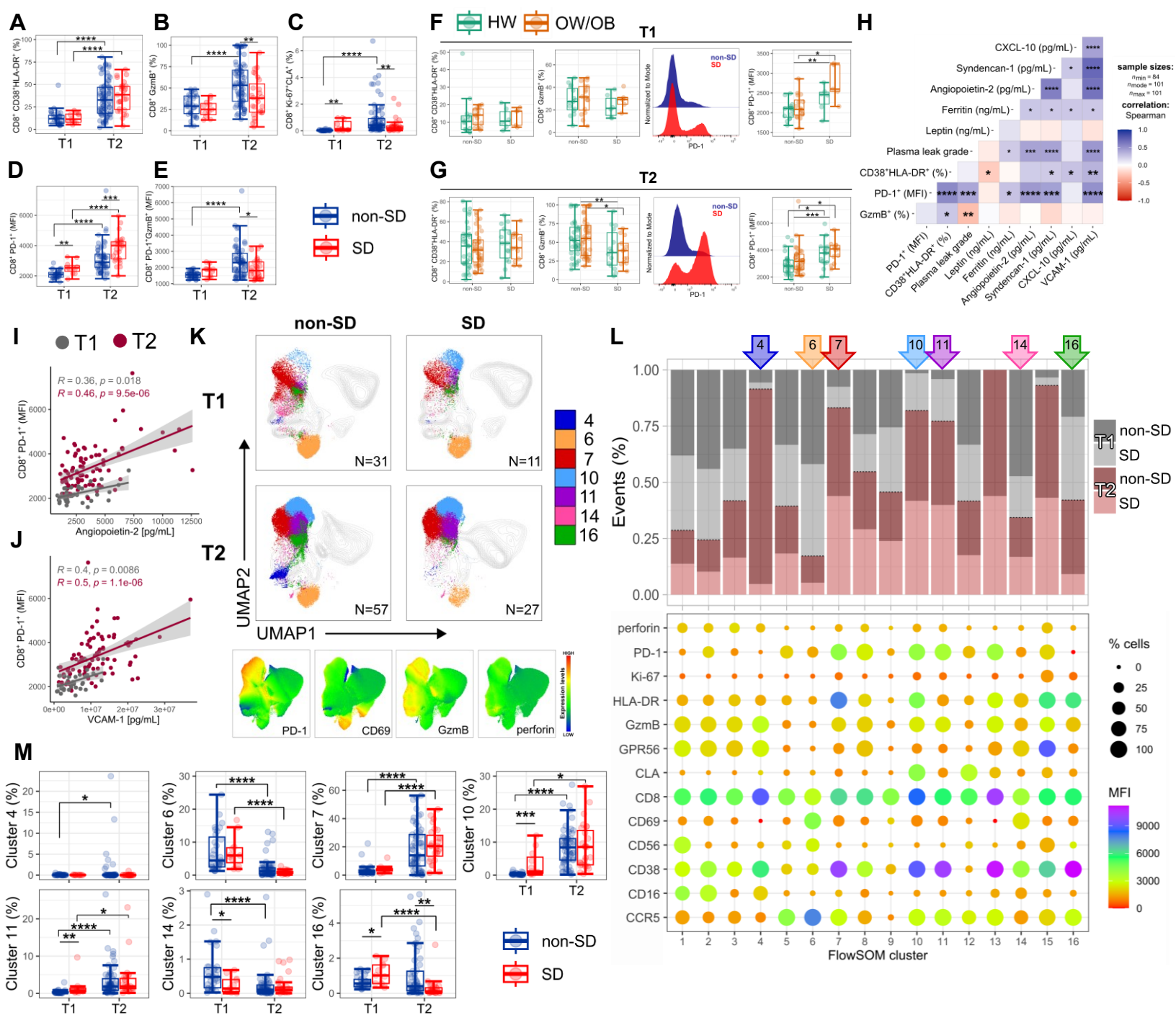


Figure 4

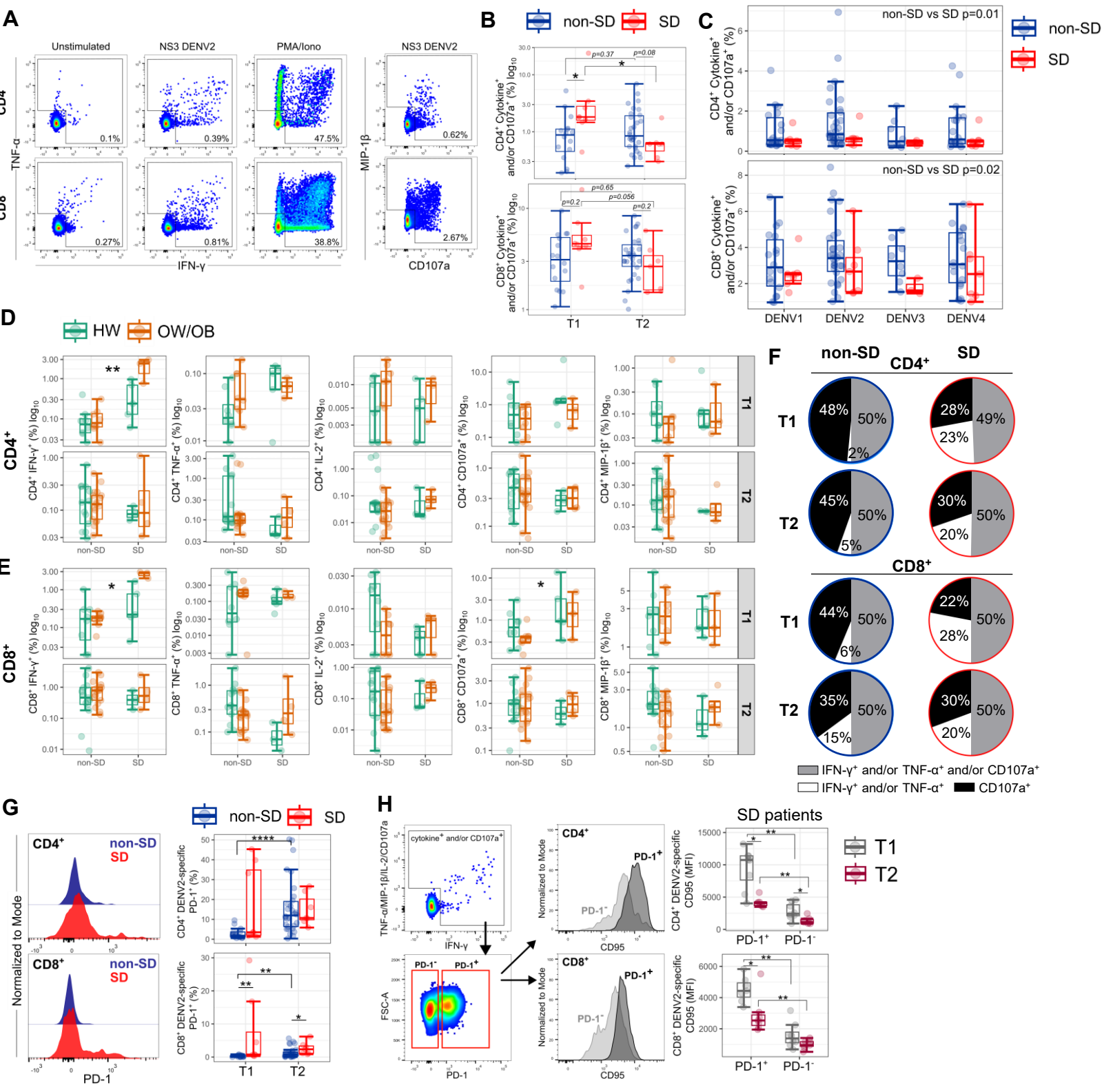


Figure 5

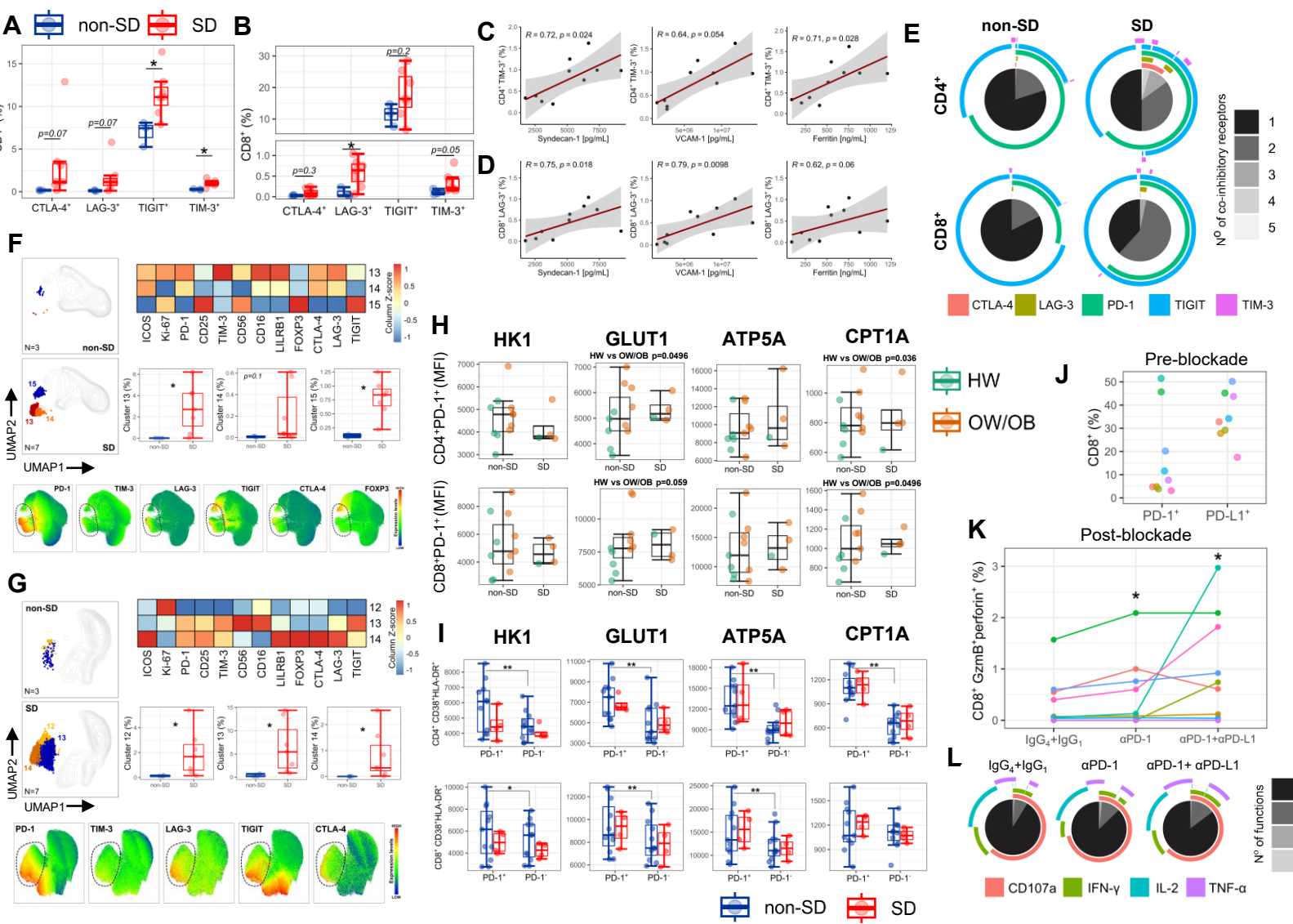


Figure 6

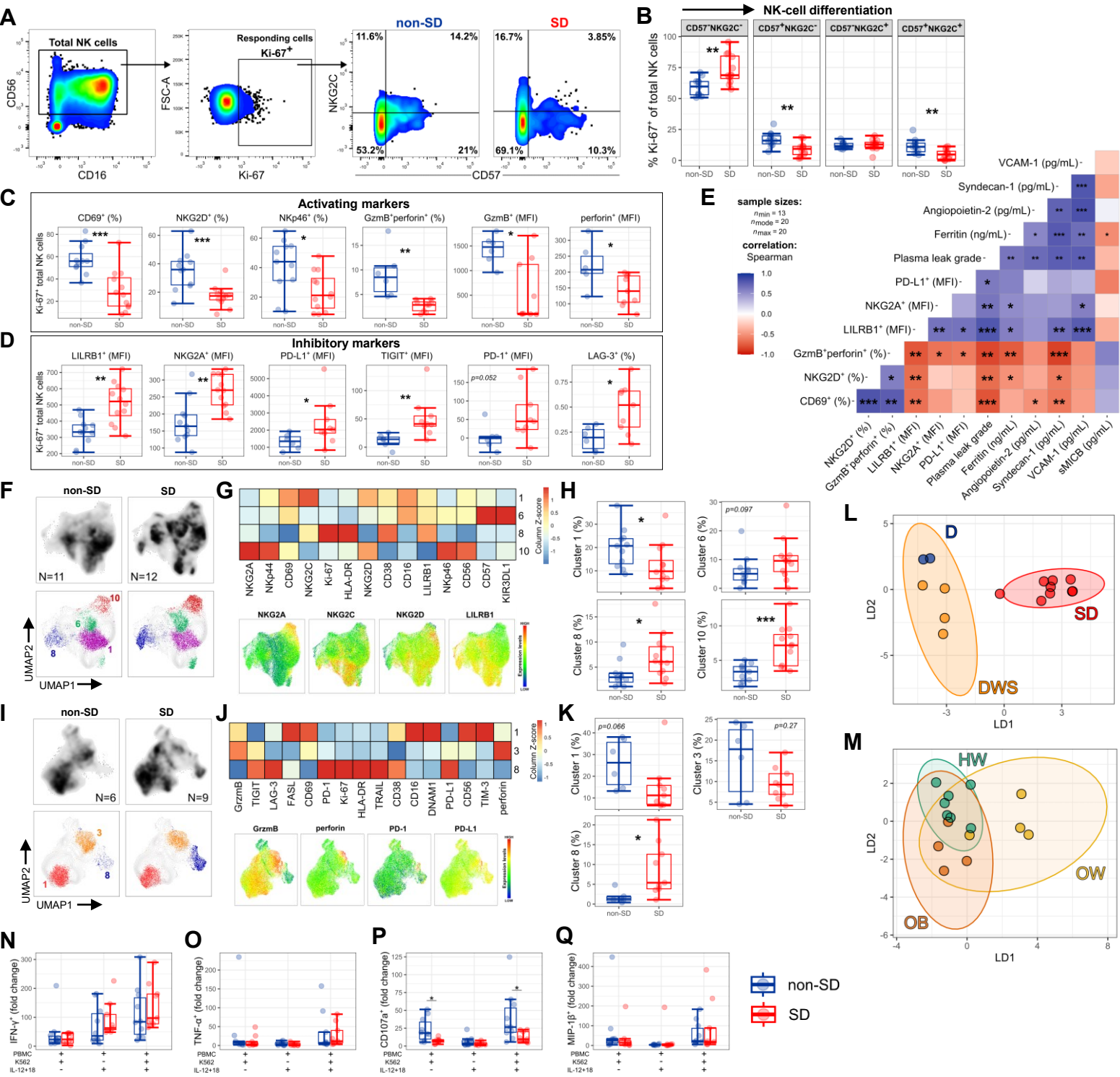


Figure 7

