Appendix

1 I ate [0/something] *again*

1.1 I ate again: 65/327 (initial frequency) → 45/225 (filtered frequency)

1.1.1 Choice: 39/195

Controlled eating: successful / going as planned

1. [weight watch] I lost almost 40 pounds using MFP yay!! ... I wouldn't work out today of course until I **ate again**.
2. [weight watch] Here's what I think lead to my two-pound loss... 2. I **ate again** (the brunch) before completely digesting the carrot sticks. That kept my metabolism running the whole time.
3. [diet] So on Day 21, I did just that [eating sporadically], and I found that it was much simpler — and much more enjoyable. When I got back from my early morning run, I was hungry, so I ate. But around 11:00a, I was hungry again, so I **ate again**.
4. [diet] Then I went a long time before I **ate again**. I spent most of the day cleaning up and organizing my NEW office.

Controlled eating: unsuccessful

5. [weight watch] I **ate again** today, I was doing so well until I fell into temptation.
6. [weight watch] and then I **ate again**...and again and again. Yesterday was maybe the worst day I've had in a VERY long time.
7. [weight watch] So I **ate again**! ... Today… I just ate… anything… not too much but didn't even count! I know that not counting (for me, at least) is dangerous…
8. [weight watch] Im mad at myself because I **ate again** when i promised myself i wouldnt urrrgg i just want to be thin.
9. [weight watch] Yesterday I **ate….again**! ... before I went to sleep , I told myself that I'd fast… But, right after I woke up I went to the kitchen and my mum had cooked some pasta…So I ate like 2 plates…
10. [weight watch] I **ate again** for lunch. No wonder I'm not losing weight!
11. [weight watch] "fuck fuck fuck I **ate again**"
12. [weight watch] [Elizabeth Loses: I **ate again**] What the hell? I just ate again. I have been truly ravenous. ... Lets add 180 calories to the total, k?
13. [weight watch] I didn't eat that amount on purpose, I ate late cause I woke up late and I got full with what I ate and 2 hours Later I **ate again** and then a little snack and it's almost the end of the day and I calculated my calories and it was like 700 calories, is it bad?
14. [weight watch] I couldn't resist the smell of cooking food, even though I had already eaten a healthy breakfast. I **ate again**, plus dessert.
15. [weight watch] I haven't see my weight since I **ate again**..I'm soooo afraid...I'm sure I put on weight again and maybe even more than before...I'm feeling soo bad!!I
16. [weight watch] I **ate again** this evening. My day was quite good, only 200 kcals of sweets and a slice of pizza. Somehow, I always screw up in the evening. I get hungry and I see ...

17. [weight watch] One time I had a large lunch at 12 PM and then after coming home from work at around 3 PM, I **ate again**.
18. [weight watch] [1:36 AM] I **ate again** @chey_ahnn2013 just some good taco bell [1:39 AM] I'm just a fat ass
19. [weight watch] I **ate again** lol ... eating too much!
20. [diet] I **ate again** and it felt good but I kinda feel bad since I been on this diet for the surgery to get the lap band.
21. I **ate again** coz i gave in to gluttony. Hating myself now.
22. [eating disorder] And then I told myself "No, OK, I'll eat tonight, and then I won't eat for two days" but then I **ate again** the next evening.

Circumstantial barrier

23. [snow] At 6 p.m. I sat there, hoping that someone would come along and thankful that I had eaten lunch at Boston Bar. I didn't know that 36 hours would pass before I **ate again**. I later learned that the road had been closed due to the heavy snowfall.

Eating for special purpose

24. [blood sugar watch] Okay Sunday I **ate again** late so I ate a piece of cold pizza (i like it cold the next day) with my coffee. The I went out to the store and I ate about 4:00pm More pizza & bar-be-que wings and one bread stick and soda. Monday Blood Sugar was130. ... This Morning BS IS UP 198. And funny thing is I feel good.
25. [game] My guy got hungry, so I ate, he then got hungry again, so I **ate again**. After two minutes I had eaten my can of beans and was still on orange level hunger.
26. [game] I **ate again**. a summoner on the Brazil region.
27. [food journey] then I **ate again** at 7am, ending my food journey with an average bowl of pho bo.
28. The journey towards KL was much faster than I anticipated, so I arrived there 4am in the morning, and found a place which was open and had *roti prata*; I **ate again**. This was, the start of my feasting week.
29. So, when I **ate again** my body didn't go back to normal speed; instead it stored the food as fat to prepare for the next famine.

Daily happening

30. [menu] I ate Aomori ... I **ate again** today! Meow! [specific referent]
31. [menu] I **ate again** ... saw a great movie ... Guess what I ate once more
32. <fashion // food // travel // me> I **ate again**
33. I **ate again** I had to say f the mall I'll go in the am I'm too tired!!! I can't walk not one step I'm in bed
34. We ate lunch, then ended up staying the whole day. By the time I **ate again** — at dinner — it was I0:20 p.m., and I was quite hungry.
35. Pray for me I **ate again**!!! ... [The Lord will feed you – video statement]
36. This morning was just like any typical day. I woke up, ate, taught bootcamp, ate, worked out, walked Rex (my dog) and ate again. But when I **ate again** it was still 10 am.
37. The next day, I **ate again** before we left for the supermarket, and yes I ate again the Kangkong and Sitaw.
38. The cop and I spent 5 hours talking at the bar. ... During the night, he ate, and then I ate. He ate again, and then I **ate again**.
39. Wes grilled up some of his awesome jalepeno sliders for everyone, and even though I was incredibly full, I **ate again**. [specific referent]

1.1.2 Barrier: 6/30

Pregnancy

40. [pregnancy] i ate then throw up then i **ate again** then throw up im 11 weeks pregnant.
41. [pregnancy] Then after that i take a rest, then I **ate again** around 10:30 am but after eat i vomit again ...
42. [pregnancy] She pointed out that if I had dinner at 6 p.m., it could be 13 hours before I **ate again**, and my empty stomach could really exacerbate my nausea.

Physical hardship

43. [cancer] Eating anything solid was totally and absolutely out of the question. ... I didn’t know swallowing could cause that much pain. ... The two weeks without chemotherapy helped my esophagus calm down a bit more. Eating wasn’t so terribly uncomfortable ... As I wasn't allowed vitamins and supplements while taking chemotherapy, all I could do was eat. So, I **ate... again**...
44. [gastric bypass surgery] I **ate again**... I ate chicken last night and it stayed down AND didn't try to kill me!!!!

Mental hardship

45. [mental] Hi, the other day I was so stressed that I didnt eat for a full 28 hours. But after that, I **ate again**, but just a small amount. I felt like I was goin to vomit. It feels a bit like heart burn? Yeah, but that was like, 5 days ago and I'm still feeling like this. Im not able to eat a lot anymore because I just feel sick if I do

1.1.3 Excluded

Location

46. [location/large amount] I **ate again**. Theres a nice little cajun restaurant next to the hospital. ... I started off with a cup of gumbo, 1/2dz oysters, followed by a blackened chicken diane entree, followed by a full size fried shrimp entree with extra hushpuppies and for desert I had a slice...
47. [location] I **ate again** ate Applebee's at 2201 Nostrand Avenue
48. [location] On my southern AZ swing I **ate again** at Wisdom's Café.
49. [location] I **ate again** at Honolulu Stadium before Friday night's game.
50. [location] The Loleta Bakery: So good I **ate again** on my trip from the Bay Area To Washington and back

Text unavailable

51. Lesson 1 - 4 Ikidowinan - English to Anishinaabemowin
52. Il me semble que encore veut dire "still" la plupart du temps.

Noise

53. What I Ate [Again]
54. What was that I ate, again?
55. Should I do “what I ate” again
56. see what I ate. Again.
57. What I **ate again** yesterday
58. entered everything I **ate again**
59. which regretfully, I ate. Again, my stomach
60. was fine until I ate. Again, wipeout ...
61. homemade meal that only I **ate again**
62. when it came to what I ate. Again, the boys ...

Repetition: 3

1.2 I ate something again: 45 --> 22

1.2.1 Choice: 7

Controlled eating: unsuccessful

1. Oops, I **ate something again**... Yes, I had to restart my fast again.

Eating for special purpose

2. [hypoglycemia] In my case...say if I were to eat pancakes for my first meal, I had better be eating again within 3 hours or risk it crashing again because the sugar I would intake would cause it to spike and then go back down quick....as long as I **ate something again** (doesn't have to be much) within say 3 hours I would be fine ...
3. [blood sugar watch] i **ate something again** and it went "back" to 159 again

Daily happening

4. When I went vegetarian 4 years ago, my already-sketchy-sleeping-styles went from average to abysmal. If I ate a normal-sized meal in the evening, I would wake after four hours of sleep, and toss and turn til I **ate something again** (usually bread).
5. We get over the nasty hills and stopped again to regroup. I **ate something again**, as I was really hungry.
6. <Gossip girl> Sorry I **ate something again** :P Marti and Morgan!! Yay is that fashion to have a britney icon?
7. [insomnia] Woke up 2-1/2 hours later, so I **ate something again** and took the 5-HTP tablets (2) and calcium tablets. Went back to bed but couldn't go back to sleep.

1.2.2 Barrier: 15

Pregnancy

8. [pregnancy] Ive been feeling sicky on and off today started feel yucky again tonight until I **ate something again** ...
9. [pregnancy] Today though I had a really dizzy spell that came on instantly. ... (I **ate something again** just in case).
10. [pregnancy] I also drank little bits of fluid at a time. Each time I vomited I **ate something again** and tried to drink a little bit of water.

Physical hardship

11. I **ate something again**. ... She's acting normally and not vomitting or diarrhea. [Writer writes about her recovering dog by impersonating it]
12. Haven't been feeling too well recently. I ate some fish pie at work LAST Thursday - my stomach killed me that night and wasn't too bad the next day. I **ate something again** last weekend and had a reoccurrence of the condition ... [Although the speaker "wasn't too bad", the bad condition can be assumed to have persisted to some degree before eating something again to serve as a Barrier]
13. [01-16] Not only do I have I.C. which limits my diet, I also have a sort of auto-immune condition with my intestines and any fruit, vegetable (except green beans), wheat and diary products cause me severe abdominal pain ... [01-17] I don't have any other salt in my diet. Baking Soda was the only thing [with salt] and it helped immediately balance my pH system and lasted until I **ate something again**.
14. [temporary Barrier] <eat multivitamin with full stomach> Once I just ate a yogurt and then my multivitamin and I was so nauseous until I **ate something again**.
15. [temporary Barrier] ... since I've become more vigilant with eating clean, every time I cheat with a high sugar/carb food I feel like death. The first time it happened was Wednesday when I gave in to the super sugary plantains in which 30 minutes later I couldn't stop yawning and by the time I got home crashed on my bed for almost 3 hours and then felt like I couldn't even sit up until I **ate something again**.
16. [temporary Barrier] <Beware of pine nuts from China> ... on Thursday morning I noticed that everything I tried to eat tasted incredibly bitter. I could barely stand the taste of anything long enough to swallow it, and have been hungry for two days because I can't stand to eat more than a few bites of anything other than granola with a splash of milk. ... I got quite a bit of relief, again until I **ate something again**, after gargling and swishing around warm saltwater and spitting it out.

Physical hardship / planned eating

17. [Hepatitis C] I don't know if because my cirrhosis is more advanced with portal hypertension, that overall it is slowing me way down this time but I am moving really slow. ... I **ate something again** at 11 and realized that I should have eaten at 10 because it was hard to eat again at 2pm when I had to take my Incivek again. ... I decided to give myself my Peg Interferon shot at 9 so I would have an hour to work up the courage to eat another 20grams of fat ... OMG. I had the worst migraine ever!
18. [cancer] I had 80% of my stomach removed because of a carcinoid tumor in very early stage ... It took quite some time before I could tolerate the 400 mls and that is slowly over 30 mins or so. Some days I still only get through 300 mls. After that, I'd make sure I **ate something again** within 2 – 3 hours even if it was just 5 almonds and 2 dates.
19. [ms] Horrible m/s, and even thinking about food is making me gag. ... you have to basically always have

something in your stomach at all times. If I went too long before I **ate something again**, m/s kicked in.
20. [hypoglycemia] I was chronically fatigued. I suffered from low blood sugar and I ate constantly. I would become nauseous, dizzy and felt like I was going to pass out until I **ate something again**! I was a prisoner to food, the wrong kinds of foods, and way too many carbs!
21. [hypoglycemia] I would get very shaky and not feel well until i **ate something again**. So it actually seemed to me that I over produced insulin then.
22. [hypoglycemia] I have a problem with getting hypoglycemia at times ... Like today, I was running low this morning, ate something and got it back up to 98. Then later it was going down because I could feel it, and I was down to 65. So I **ate something again** to bring it back up.

1.2.3 Excluded: 23

Posterior modification:
23. [anorexic] It didnt really work for me because as soon as i **ate something again**. Like my tea or even a low fat yeogat i just bloated up again.
24. Really?! I **ate something again** that I'm allergic to?
25. when I **ate something again** overly processed it was disgusting!
26. Today I **ate something again** totally different.
27. ... I **ate something again** with it in it ...
28. [pregnancy] I am 18 wks ... have been having bad pains at the top of my stomach up by my rib cage.. At first I thought I was constipated so I got some milk of magnesia and that worked for about a day till I **ate something again**, I ended up puking up 2 hours later.

Unclear
29. <Game: Greek Gods> Persephone:-thinks- I can't leave Hades -face palm- I **ate something again**....
30. ask-gryffindors-hero replied to your post: has anyone seen my boob? ... Wh ... when did you have boobs? ... I think I **ate something again**.
31. i think i **ate something again** thts why my brain questions things again!
32. [game] First one [lucid dream] in which I **ate something again**, it was a huge wheel of cheese ...

Noise
33. But after I ate something (again kinda expensive) ...
34. I Ate Something: Again no.
35. when I ate something. Again, they...
36. went away after I ate something. Again, HCG?
37. I ate something…" Again you interrupted,

Repetition: 8

2 Word + I ate [0/something] *today*

2.1 Anyway, I ate today (-Easter)*: 11 → 7

2.1.1 Choice: 3

Controlled eating: unsuccessful
1. Tonight I chose to watch American idol ... ANYWAY I **ate today**, I was planning to not eat anything but when you mom & dad bring home ice-cream and oatmeal cookies .. you know you can't help it.
2. I need to prove to myself that I can have food in front of me and not eat the food! ANYWAY I **ate today**

at lunch but then I C/S'd the food I had for dinner today. I drank a lot of Wild Cherry water and that helped me be full and I only ate the particals of food that were stuck in my teeth or the stuff I couldn't get rid of because C/S'ing isn't perfect.

3. [suicide forum] [19th April 2008] i havnt said out of the blue "im going to not eat for afew weeks, see how long it takes me to die" ... Seriously i think its possible. ... [23rd April] Okay, seventh day and ive started to feel an effect. Im finding it really hard to get up in the morning (more so than normal), my eyes are really heavey. ANYWAY I **ate today**. Im still gonna try the not eating thing though.

2.1.2 Barrier: 4

Physical hardship

4. [gastris] ANYWAY I **ate today** and didn't feel really sick afterwards! I burped a bunch still, which happens with gastritis, but no pain or sickness.
5. [May 26] eating light stuff is enough to make me vomit now.. i dont wanna end up having eating disorder not otherwise specified (EDNOS) im gonna eat till i grow FAT! or maybe not :P ... [May 28] ANYWAY I **ate today**.. tried my best to put on at least 1kg..
6. [no appetite/smoking] [July 16, 2010] i havent really eaten in so long, im getting by on the calories from coffee, alchohal, and the few small meals that are forced down my throat.... [August 5] so, i have recently become fully addicted. kinda sucks i think i had four cigarettes throughout today. ANYWAY I **ate today**. alot, actually. chocolate cheerios (which i found out are vegan so yay! i can eat cheerios) salad and broccoli. but it was alot, ...

Mental hardship

7. [mental] Anyway. I **ate today**. I'm in the middle of an epic depressive episode (blehfghaaa) and food is disgusting

2.1.3 Excluded

Extra action emphasis

8. but the point of my post ANYWAY I **ate today**, like really genuinely, stuck to safe/healthy foods and didn't hit the 2000 cals ... [noise?]

Noise

9. ANYWAY I ate today way too much than I should have
10. I hate the way I look anyway. I ate today at the park but then I went to the bathroom and threw it up.
11. I think I needed to catch up on sleep anyway. I ate today

*Note: The result had one highly repetitious instance, which I decided to filter out at the search by adding "-Easter" to the search phrase.

2.2 Anyway, I ate something today: 0

2.3 By the way, I ate today: 12 --> 6

2.3.1 Choice: 5

Controlled eating: unsuccessful

1. [weight watch] Here's hoping I dont gain too much more. By the way I **ate today**, I think I'm due another 25!!!!!! I couldn't stop!

Daily happening

2. [August 16] i ate a slice of pizza and now im really fat. ... haahaha. im done. [August 19] it's really cool the way you lame 14 year olds try and jack 20 year old shit dealers. to all you stupid little kids good luck, you'll need it. By the way, I **ate today** & i feel sick. sara marino reminded me i need chapstick cuz im cool.

3. Just printed [on T-shirt]: "By the way, I **ate today** --- have YOU shyt yet???" [twitter]
4. [meal] I was discussing Forrest Gump with a friend earlier, and By the way I **ate today**, am feeling a bit on the stupid side. I *know* why we're suppose to eat at least three times a day and have snacks...so our bodies don't trip-out and then hoard when we finally *do eat*. Yeah, well, I wasn't hungry today and when I briefly was hungry, I ignored it because I knew the feeling would go away...and I was right. I did finally eat, but the main meal came before the snack.
5. [meal] <Day Ten> I can never be arsed with food anyway and if we as humans didn't have to eat for survival, but pleasure, I probably wouldn't eat at all! <Day Twelve> I was back home by 8:30 this evening which meant that when I spoke to my wife, the kids were already in bed and fast a sleep, so I couldn't talk to them about their day. Oh, and by the way – I **ate today**! Yes I know, amazing, eh? This was the second hot meal that I've had in twelve days. I'm so proud. No I'm not, I'm being sarcastic – it was a fast food meal from Burger King… two actually. Well, I was quite hungry as you may have guessed.

2.3.2 Barrier: 1

Mental hardship

6. [anxiety] I still feel wore out, and the anxiety comes and goes. ... By the way, I **ate today**!!!!!! Thanks for all the advise everyone.

2.3.3 Excluded

Repetition

7. By the way I **ate today**, am feeling a bit on the stupid side

Noise

8. Will I kill myself By the way I **ate today** +1 more
9. Which by the way....I ate today
10. By the way I **ate today** Frankfurt´s Sausages + 1 more

2.4 By the way, I ate something today: 0

2.5 and I ate today: 55 --> 14

2.5.1 Choice: 13

Controlled eating: successful / going as planned

1. [diet] Fasting four days and I **ate today**.
2. <Liver Flush #3 and I **ate today**> 36 days without eating a single bite of real food. Only juice going on in this tummy. Surprisingly, I don't really care about food right now. I mean, I'm eating cantaloupe and strawberries, but it's not like I'm binging on it.

Controlled eating: unsuccessful

3. [fasting] I wish I can go for 30 days, but I always end up giving up and eating. I started 2 days ago and I **ate today**..overate.
4. [diet] Help please Ive been on a diet and I **ate today**.
5. [diet] i was doing so great on my coffee flush diet, but then idk [i don't know] what happened and i **ate today**..

Circumstantial Barrier

6. [poverty] I have exactly zero dollars and I **ate today** for the first time in two days.
7. [busy?] And I **ate today** just at lunch, fuck, i'm hungry.

Daily happening

8. [menu] and I **ate today**... what did you eat today that was interesting? I'm just having shrimp gyoza. and hello kitty pocky...not THAT exciting...

9. and i **ate today** and like an hour later i was hungry again my stomach is kind pregnant,looking
10. My tummy just growled already, and I **ate today**. (Footlong turkey sandwich, 2 cookies, fat free yogurt.) I want to go grocery shopping now.
11. I ATE YESTERDAY AND I **ATE TODAY** AND I'M EATING TOMORROW AND I'M HOPEFULLY GOING TO EAT 20 YEARS FROM NOW! I'm a typical human.
12. So I had my appendix removed two days ago Also I havn't had a bowel movement yet, but I didn't eat the day of the surgery, but I ate lots yesterday, and I **ate today**.
13. the food was very delicious and I **ate today**

2.5.2 Barrier: 1

Physical hardship

14. [tongue] Now, the next night, as i sit here and write this, my tongue starts to hurt. And its hurting in places that it shouldn't...like the center of my tongue, as if i had bitten down on it, and on the side where it's raw, and underneath where its been scraped. What's strange is that it did not hurt yesterday after i had gotten out of bed. and i **ate today** and my tongue felt fine.

2.5.3 Excluded:

Location

15. [location] The Bar, which is where guest quester Jane and I **ate today** ...
16. [location] My husband and I **ate today** for the first, and last time at Two Saints.
17. [location] Buddy and I **ate** [here – my note] **today** based off urbanspoon reviews, it was ok, but not great.
18. [location] My wife and I **ate today** at Newk's in Flowood.
19. [location] bf and I **ate today** at rp manila's branch of kangaroo jack.
20. [location] My husband and I **ate today** at a charming family dive, you know the kind that has a missing salt shaker, a half filled catchup bottle, and oh so ...

Extra action emphasis

21. [manner] Here is how Kevin (and I) **ate today**
22. [manner] oh and i **ate today** like u told me to
23. [action in series] I cried today. I laughed today. I slept and I **ate today**. It was a good day.

Unclear

24. [wedding band] Ghostfinger played one on saturday. And I **ate today**.

Noise: 26

25. Tell us what you ate today + 19
26. and I ate today 200 gramms of it. +1
27. And I ate. Today, I am still feeling pretty down. +2
28. having trouble breathing after the amount of food @ImHoboLauren and I **ate today**...can't say I'm ashamed. So worth it!

Repetition: 5

2.6 and I ate something today: 14 --> 9

2.6.1 Choice: 1

Controlled eating: unsuccessful

1. [weight watch] <Ops I ate some chicken and a hot dog> Don't panic hun... I'm on day 6 and I **ate something today** too. I've drunk LOADS of water to compensate so hopefully that's ok!

2.6.2 Barrier: 8

Pregnancy

2. All day today I've been having small dizzy spells, and I **ate something today** and right after I ate it about came up. I'm hungry, but everytime I even think about food I feel sick. I haven't vomitted but I feel it coming on.
3. [Feb 03] im 6 weeks pregnant, and was in the hospital last night bc my "morning" sickness was so bad ... [Feb 04] i was actually startng to feel better and i **ate something today**!

Physical hardship

4. [eating disorder] I'm bored and sick and I am pretty sure I have developed an eating disorder since my grandfather died... I'm never hungry anymore so i dont eat anymore and I **ate something today** and threw it back up which is wat happens all the time
5. and i **ate something today**... YAYYY!!! OH! and my mom is makeing me go to the docter cuz im loseing weight and geting dizzy... grr. ... but for now i just wish ppl would leave me alone about my eating problem and let me fix it..
6. i didnt go to sleep until 2:30 am cause my stomach was so upset (this after getting a weird stitch in my side yesterday too).. luckily i could hear the rumbles.. oh and i **ate something today** and... right back there... but still paranoid.
7. [hands] My hands don't hurt and I **ate something today**. I'm doing ok.

Mental hardship

8. [broken heart] I am completely in denial. I don't want to be but I know I am. I feel like we haven't really broken up, that he will come to his senses. I know when he doesn't I will be crushed. ... I finally slept, I managed to wash my hair and I **ate something today** - the first time in three days.
9. [broken heart] I still love him, this broken heart thing is so hard and i'm not even a week into it yet. ... Oh yea and i **ate something today** my first dinner since friday.

2.6.3 Excluded

Posterior modification: 3
Text not found: 1 (<Why a starvation diet could actually be good for you>)

2.7 but I ate today: 16 --> 10

2.7.1 Choice: 8

Controlled eating: unsuccessful

1. [weight watch] Too many things happened to count, but I **ate today**. I wasn't even hungry - peer pressure - but if I had bene strong, I would have resisted.
2. “I usually don't eat on game day but I **ate today** for some reason,” said Hali, who scored a fourth-quarter touchdown on a fumble return.
3. was told not to eat eggs yday but i **ate today**! totally forgot fried carrot cake... at least 2 eggs

Circumstantial

4. [unemployed] I stole a sandwich…it was almost a 4 mile round trip walk but I **ate today**.

Eating for special purpose

5. [blood sugar watch] I'm Peyton and I'm a type 1 diabetic. So I had a low for the first time in a month and I'm just puzzled. My diet is always eating. I eat non stop. If I don't, my sugar will dramatically drop like it did today… But I **ate today**… Am I eating the wrong diet? It's the only thing that has worked...

Daily happening

6. Yeah, maybe right now things aren't ideal. But I **ate today**, I didn't die, didn't ever feel that my life was in danger. I guess there really IS always something to be grateful for as well as something to believe in.
7. [meal] <Grammar practice> I did not eat breakfast yesterday but I **ate today**. I will eat it tomorrow, too.

8. [menu/meal] I was always so hungry that I couldnt make a picture before eating it and afterwards it didnt make any sense. So I cant show you any decent meal (But I **ate today**, I swear!.D I had a potato soup, rice and in the city centre french fries which made me feel sick afterwards).

2.7.2 Barrier: 2

Pregnancy

9. I lost 10 lbs so far. I would be losing more if the silly baby would let me eat without wanting to puke at the thought of food. ... But I **ate today**. Alot...and still kinda feel ok a few hours later. Hoping this is the beginning of better days rather than a fluke.

Mental hardship

10. [weight watch anxiety] <but I **ate today**> ... So I have been trying to force myself to eat and couldn't do it... I felt sick every time I looked at food. ... Later on I told myself that I HAD to go to the grocery store and get some things that I could eat without feeling guilty. ... Then I was trying to overcome my feeling sick thing so I went to the dairy isle and started reading labels on thing.

2.7.3 Excluded: 9

Location

11. [location] Its not bad but i **ate today** at The Rainbow Inn, and ...
12. [location] Yea there is one near kiits too but I **ate today** near pantaloons

Repetition: 2

Noise

13. Wasnt very hungry at all but I ate. Today is the last day to BINGE!
14. But I ate today's burger because it tasted OK overall.

2.8 but I ate something today: 11 --> 5

2.8.1 Choice: 2

Controlled eating: unsuccessful

1. But i **ate something today** for lunch and i was pissed. So i went to the bathroom and tried to make myself throw it all up.

Daily happening

2. A: TPBM [The person below me] skipped breakfast today. B: False I normally skip breakfast but I **ate something today**.

2.8.2 Barrier: 3

Physical hardship

3. [m/s] I don't know whether to be thrilled or scared, but I **ate something today**! I did dry heave once or twice today, and there is no cramping or anything, so I'm thinking baby is ok. ... I hope this just means my m/s is coming to an end instead of something bad.
4. but i **ate something today** also and it went real through me and now im sooooo nauseated and i was just thinking ohhhh shit wait till im pregnant and get sick it will be ten times worse!!!!

Mental hardship

5. when i dont feel myself or i'm down, i just dont eat...idk... but i **ate something today** so be happy.

2.8.3 Excluded: 6

Introductory use: 1

A: But I **ate something today**... I think O: Orale.... sticky stuff... B: I think I know what you mean by that...

Posterior modification: 5

2.9 So I ate today: 14 --> 8

2.9.1 Choice: 7

Controlled eating: unsuccessful

1. so i **ate today**, that sucked
2. i'm triggered too easily to eat now. so i **ate today**, ...

Eating for special purpose

3. [problem of binging after fast] So here is my problem. so i **ate today** not because i was hungry but because i was dizzy and my chest hurt.

Daily happening

4. [menu] So I **ate today**. I ate ravioli for lunch. What did you eat?
5. [menu] So I **ate today**. I had 2 donuts for breakfast, celery sticks and pizza for lunch, and pasta with veggies for dinner. I feel like a fat fuck but I did it for you.
6. [menu] ok so i **ate today** bf: porridge and a banana snack: satsuma, cereal bar ...
7. [menu/large amount] < I'm So... Fat> So... I **ate today**. A. Lot. I had a waffle with three strips of bacon and a bit of maple syrup this morning for breakfast.

2.9.2 Barrier: 1

Physical hardship

8. <Okay, so I **ate today**?> I ate till I was full, and I'm still experiencing this shooting pain that starts in my stomach, goes into my back, and into my chest.

2.9.3 Excluded: 6

Location

9. [location] so I **ate today** in the new Cromwell location.

Unclear

10. I ate till I Okay, so I **ate today**?

Text unavailable

11. <hspoetry | User Profile | Instagrin>

Noise

12. so, i ate today. 2 cookies and 4 strawberries +1

Repetition: 1

2.10 So I ate something today: 20 --> 5

2.10.1 Choice: 1

Controlled eating: successful / going as planned

1. < Ok so I **ate something today**> After four days of fasting I finally ate something and it was a small piece of chicken breast and some spinach with ...

2.10.2 Barrier: 4

Physical hardship

2. Ok five days ago I got a stomach ache this is a really painful stomach ... So i **ate something today**, then straight afterwards I had to go to the toilet.
3. So I **ate something today** and I didn't even gag while I did it. ... Hopefully this keeps up or next thursday I go in the hospital. Oh and I saw someone else eating food and I didn't vomit then either, this is progress.
4. Speaking of that whole i havent eaten in weeks thing i guess is not a good thing. I went to the doctors

the other day for a check up and I guess I've been losing about 10 lbs. per week. So I guess ive lost like 15 lbs. in 2 weeks and its unhelthy. So I **ate something today** just so i wouldnt fucking die. But I figure Ill keep going with it becuase then I should look like nick by the end of the summer.

5. Also, after I got home from school today, I got something to eat and I noticed a lot of flakyness came up, I guess since I moved my jaw to eat. ... So anyways I got home from school and I had barely any flakyness unlike yesterday afternoon when I had more. So I **ate something today** again, and I noticed that the flakyness came back once I ate just like yesterday.

2.10.3 Excluded: 15

Posterior modification: 6

6. So I **ate something today**, I think it was the Salt & Vinegar Pirates Booty, that has resulted in everything since tasting BITTER! I'm totally pissed [...]

Introductory use

7. So I **ate something today** and it had a rotten boiled egg in it and it almost ruined my life.

Specific use

8. i ate a honey bun this morning. and some crackers and a couple bites of shreded cheese and made some french fries this aftenoon . so i **ate something today**.
9. I just cannot eat. Because of that when I felt like eating popcorn I ate it just so I **ate something today**. ... I don't have the stomach flu but I don't feel well either. Yesterday, I wasn't able to finish anything that I had on my plate.

Noise: 6

10. So I ate something. Today I expressed my inner feelings ... +5

3 I *finally* ate [0/something] today

3.1 I finally ate today: 27 --> 22

3.1.1 Choice: 11

Controlled eating: successful / going as planned

1. [weight watch] ANY food... triggers the urge to binge lately. So I feel like a few days of abstaining as much as possible certainly can't hurt and maybe will help me get a handle on things. By the time I **finally ate today**, I was feeling a little nauseous. That's a good thing... makes me not want food...

Controlled eating: unsuccessful

2. [weight watch] "You need to eat" No I don't. I'm fatter than ever. I **finally ate today**. A little piece of meat. I feel so guilty.
3. [unwillingness to eat] I **finally ate today**. After almost an hour of begging from my friends. It's getting so annoying. Them checking up on me every day. I just wish they would leave me alone to wallow on my own.

Circumstantial barrier

4. [busy] It's not because of my eating healthy and exercising, it's because I've been soooo busy and not eating or getting any sleep. I **finally ate today**, but literally had nothing at all yesterday and only had something really small the day before.
5. [busy] I **finally ate today**. And I got some sleep... Eh. Tomorrow are my least two favorite finals. Chem

and Alg2.

6. [busy?] I **finally ate today**! Chelsea's job bought it for us! Except JJ didn't treat me very fairly..... [twitter]
7. [busy] We had recess after that before continuing w/ th presentations. Recess 45 min :D And I **finally ate today** after a few weeks
8. [busy?/meal?] Went to go eat at Denny's again with these guys. Seriously they always make me go eat making me end up broke. But whatever at least I **finally ate today**. #food #Dennys #burger #fries #omelette #foodporn #full #delicious #first #meal #of #the #day
9. [busy?/meal] I **finally ate today** and it was the huge hot dog from Costco around 2:30 – breakfast and lunch combined.
10. [busy?/meal] I **finally ate today**. Great Indian dinner with Kak Hajar... I didn't realize we had so much in common.
11. [laziness] I was too lazy to feed myself, for a long time. ... When I **finally ate today**, it was five and I made grilled cheese.

3.1.2 Barrier: 11

Pregnancy

12. [Pregnancy] i **finally ate today** after days of not being able to keep anything down ... Days like this make me love my baby.
13. [Pregnancy] Finally my dr. gave me a sample of Diclegis and it seems to be helping so much better! I **finally ate today** and kept it down! ... Everytime I would eat I was running to the bathroom within 30-45 after each meal.
14. [Pregnancy/meal?] Havent had an appetite all day. I **finally ate today** at almost 1pm... N then i ate a hot pocket at like 7pm..... Just dont feel like eating. Im trying to drink enough water ...
15. Haven't been able to look at food sad. when i **finally ate today**, threw it back up. the joys of pregnancy though..

Physical hardship

16. I **finally ate today** and didnt throw up :) i'm proud of myself.
17. Have any of you had an ovarian cyst pop, and what did it feel like? ... Well I didnt feel good all yesterday and didn't eat, and then I started to hurt so bad I was crying, moaning, rocking back and forth in bed in pain. I was sick to my stomach all day ... I was laying down on my side throwing up ... Well I **finally ate today**, didnt eat at all yesterday and near dinner time today I ate and have kept it down... my tummy is a little blah feeling but not bad.
18. Well, I'm not 100%, but I am feeling well enough to get back on blog patrol. And I **finally ate today** for the first time in two days. (Well, I ate once yesterday, but I got violently ill after three bites and decided it should not count.)

Mental hardship

19. [upset] I have cried all day about what my dad said and did. I have started to feel as if I was in the wrong, when I was not. My BD would not leave me by myself all day, because he was scared for me. My BD has never seen me so upset today. I could not even eat. I **finally ate today** at 3pm after being up since 4am and I continued to have little snacks through out the day.
20. [broken heart] He said he loves me deeply and cannot be here while this is all going on. He cannot live with himself. It is too difficult. He packed up and left to go back. He had come here at the wrong time. I have been in mourning for him. I didn't eat for 3 days-I **finally ate today** and saw my therapist. I have never felt so alone.
21. [death] I **finally ate today**. I haven't really been hungry for a while, ever since.... well, you, died. I can't get it out of my mind...your eyes still looking at me,
22. [death] Today I have to bury my son's body. ... There was plenty of food left over so I invited all of Alex's mother's family to the house for supper. I needed to hear some great stories of Alex. They all came and we ate and talked. Even I **finally ate today** ...

3.1.3 Excluded from count

Unclear

23. Dear Niall, I **finally ate today**, I ate a bagel. I felt so over stuffed, I nearly threw it back up. Things are getting unhealthy without you Niall. I called ... [document removed] → unclear whether the absence of Niall caused mental stress against eating or just made the speaker lazy.
24. <I really pampered myself today> I have been saving up for this for a long time, I didnt even really pamper myself last weekend for graduation, but this weekend, amy and I had a good day and I **finally ate today**. I am so happy I did this for myself I needed this. [This post is from depression support group, but it is not clear whether the eating gap was due to the speaker's depression]
25. A: I **finally ate today**. B: I did the same thing. [twitter]
26. Oh Sister Dolly, we are so happy you ended up in the home you did! Happy Gotcha Day beautiful girl! Continued purrs to Brian and I **finally ate today** late afternoon and this evening!

Noise (relative object)

27. Guess what i **Finally ate today**?

3.2 I finally ate something today 57 --> 41

3.2.1 Choice: 10

Controlled eating: successful / going as planned

1. [weight watch] AND congrats on the weight loss! I **finally ate something today** - sweet potato baked fries and 2 fat free hot dogs no bun... so that's healthy...
2. [weight watch] Starving off all my muscle with sub-1000 calorie counts causing my body to force me to binge ... causing me to gain fat and end up further from my goal. ... and this is why I **finally ate something today**.
3. [weight watch] I **finally ate something today**... the plan is to break its back at the start, so today was the first time in 7 days I went over 2000 calories...
4. [weight watch] myfitnesspal.com ... Fasted since 6:30 yesterday evening. When I **finally ate something today**..at 4pm, I wasn't as hungry as I thought.
5. [diet] [October 12] ... i was on a fruits diet from 3 days that means empty stomach ... [October 13] but i **finally ate something today** after 6 days..and bhabhi said i was looking slim (smile).

Controlled eating: unsuccessful

6. [diet] <I cheated on the post-op diet> My surgery was 4/29. I have been so hungry. And I mean REALLY hungry. Growling painful stomach. Not gas, HUNGER. I **finally ate something today** and it was totally to early.
7. [weight watch] A: Yay for eating and resisting the temptation. The more you do this, the less guilty you will feel afterwards. / B: and i **finally ate something today**. i feel really i guess guilty about it, but i ate and i am NOT going to do the bad thing.
8. [weight watch] So i **finally ate something today**...but only because it's wensday therefore the double cheeseburgers at burger king cost 99 cents... Drinking lots of water and green tea... IF anyone knows any way to lose weight fast tell me please

Circumstantial barrier

9. [laziness] I **finally ate something today**.. and I brushed my teeth.. acomplishment, seeing as I never actually leave my room during weekends..
10. [busy?] I **finally ate something today**. And I went crazy. Like 3 sandwiches. In DC waiting for ... [The eater seems to have no problem with eating / Twitter]

3.2.2 Barrier: 31

Pregnancy

11.[Pregnancy] I love that stuff! I **finally ate something today** without wanting to puke!
12.[Pregnancy] I am doing really good now that I **finally ate something today**! How are you doing?
Physical hardship
13.[food poisoning] disgusted from life's little mishaps and misfortunes, i **finally ate something today**. I haven't eaten since sunday (5/11/2008) and i pretty much felt like puking when i ate this morning. Although taking care of myself is a priority.. i just feel ill to my stomach, like i have a food poisoning or a really bad hangover.
14.[food poisoning] I had stopped eating. Completely. Throwing up again, getting really bad. ... I **finally ate something today**. Potatoes.
15.[food poisoning] [August 3] bascially i was vomiting every 30 minutes ... i've never had food poisoning before.. [August 4] i **finally ate something today**… an apple.. so we are getting there…
16.[hysterectomy] ... they say I was very pale. I was very dizzy, nauseus and couldn't walk very far so that is why I am still here. I **finally ate something today** and I am walking more.
17.[gastritis] I found out i have Gastritis ... I actually didint eat in 2 days because of this, i **finally ate something today** but oh well it started to hurt actually but got better...
18.[flu] ... they'd be happy to know that I **finally ate something today**. It was a god-awful tasteless roti, but at least it counts as the first thing I've eaten since new years morning. I don't feel any better, but maybe I'm on the way to beating this flu or whatever.
19.[flu] Thanks to my nakama, i **finally ate something today**. she kept asking me to eat. ... I remembered to keep myself warm today ^^;; Don't wanna catch a fever again.
20.[flu] [Feb 19] The Lemon-Mint Sugar Free cough drops are really good. So are the herbal ones... [Feb 20/05:11 PM] My voice is coming back a little better though. I was able to use the phone a bit today to call the doctor and pharmacy. Gotta go get ready now though, have to go to the medical supply place... then hope that the doctor calls antibiotics in for me without having to see me. [08:43 PM]I **finally ate something today** and now it's all I can do to keep my eyes open. Gotta stay awake till 8 though incase the pharmacy has anything I can pick up.
21.[infection] I've finally recovered from my mysterious sickness... my mother and doctor have made some conclusions and suspect it was some strange virul infection causing inflamation of some glad in my abdomen it's so hard to say I've tried a million times. and I **finally ate something today**... cause I haven't been able to eat for like a week I ate a whole sandwhich and fries for dinner and I almost barffed. it was sad but made me feel good that I could atcually eat...
22.Oh yay, I **finally ate something today**! I haven't eaten well during the time I've been sick, so I'm happy I managed to eat something today.
23.I **finally ate something today**... BARELY... and I haven't thrown up in at least 24 hours I think.
24.Also I didn't eat anything solid the whole entire day! Until my brother finish bbqing but I ended up throwing that shit back up when I got home while I was crying and freakin ocean ... What made it a lot better, was school. And seeing all my friends! (: Ohh and I **finally ate something today** ! Yay ! But it wasn't even satisfying. but at least I finally have something in my system since the past two days.
25.wow thought I **finally ate something today** without getting sick but I was wrong.damn.
26.I **finally ate something today** and ingested some lopermide and advil. Feeling a bit better but being at work sucks.
27.I truly don't think I can get through the weekend with pain like this. I feel like my ears are going to explode, and can hardly hear anything. The pain in the right ear is almost as bad as the left. I got maybe 3-4 hours of sleep last night. ... Bad news, is I have nausea now, thanks to the pills, but I'm hoping that will go away! I think it might be that I **finally ate something today** too.
28.I made it through my day at work. Day from hell. I put on a decent act despite my split nose but I am crawling out of my skin, sweating and itching. I have to drink just a little. I don't know what else to do. I'm going to be shaking all over again tonight. I feel so clammy and dirty. I **finally ate something today**. All I had yesterday was a banana. This is truly hell. And the worst thing is I've been through it before so many times. I'm insane.

29.I have spent the last few days in a near-death state. ... I still feel a little out of it, but no fevers, no chills, and no more dizziness. I **finally ate something today** too, which probably is helping me get back to normal.
30.[no appetite] I **finally ate something today**....an apple. I must say, it wasn't as good as I thought that it would be. i had to drink a beer to get rid of its after taste. I guess that my body needs something, though. I have been feeling so weak, lately.
31.[no appetite] I have no appetite, I **finally ate something today**. my doctor isn't in right now. PLEASE DONT SCARE ME.. I also am kind of dizzy.
32.[no appetite] I **finally ate something today** but it's been tough. I started smoking at 11 going on 12 and no one really stopped me. It kept me thin and hungerless. I'd rather smoke than eat-- so when one of the issue arrises, the other one is close behind.
33.[no appetite] I'm tired, bored, never hungry, and right now in serious need of a shower. ... I **finally ate something today**. In the last three day all i've had is a peanut butter and jelly sandwich and about 6 pretzels. Not a nutritious diet at all.
34.I **Finally ate something today**! I Didn't Eat Much Though. Now My Stomach Hurts... [Eating small amount and getting sick suggests her stomach was weak before the eating]
35.I **finally ate something today** and now I feel even worse. ["Even worse" suggests that the speaker was feeling bad even before the eating]
36.I **finally ate something today**...and promptly got sick. I should be hella thin in no time at this rate. ["At this rate" suggests that eating and getting sick is a pattern that existed before the eating]
37.ugh so i **finally ate something today** and i feel like i'm gonna vomit [There is no more context, but "ugh" may suggest that the eating was a disagreeable and difficult process]

Mental hardship

38.[nervous] I was just daignosed with HSV2 last Wednesday. I have lost 15 lbs in the past 3 week because I have been so nervous about all of this. I **finally ate something today**. I am also seeing my psychiatrist tomorrow.
39.[broken heart] ...I **finally ate something today**. ... All i pray for now is to get some much needed sleep.
40.[worry about someone] Still shaken and I **finally ate something today**, still I think all day since this incident about what happened. I know he got the brunt of injuries, and I do feel deeply bad for all this.
41.[worry about son] Josh is still in ccu, the swelling sure is scarey , but i know to be expected , should be going upstairs to neursurgery ward this afternoon (fingers crossed), he had a good night !!!! Sleep is hard to come by and i **finally ate something today** for breakfast after speaking with docs.

3.2.3 Excluded

Unclear (not enough context available)

42.so yeah, I **finally ate something today**... now I have a stomach ache. damned if I do, damned if I don't. [This post is from the forum Pb (paintball) Nation. It's not clear whether the speaker had a bad stomach before the eating]
43.<A Lonely Life Forums> ... One positive thing you accomplished today... I **finally ate something today**, and spent some time outside on a hike. [document not accessible]
44.In other news, I **finally ate something today**, and I am currently Citadel-bound.
45.<THE LOVE SHACK ROUND FIVE> That sounds so good Smoosh -- I **finally ate something today**
46.Deidre Lee @leedeidra 19 May I **finally ate something today**
47.going good! i **finally ate something today**.
48.A: I **finally ate something today** after starving myself. (: are you proud? B: Don't starve yourself :(I'm glad you ate though. A: Thank you so much. I'll eat something on the monring for you too.

Posterior modification

49.Yeh I **finally ate something today** that filled me up...a pastie and a donut. ... Tammy...you poor love sad.gif I am so sorry to hear you haven't been well. Wonderful news to hear you are feeling much better!!

50.Okay, so after weeks of everything smelling gross or tasting gross even though I thought it smelled good, I **finally ate something today** that sounded good, smelled okay, and tasted great.
51.<Endometriosis Support Group> anyways im still about the same added with not being able to eat much but i **finally ate something today** other than crackers so im hoping this will slowly let up for a few days.
52.... wasnt that bad. lol i went from sleeping all day yesterday to one nap today. an i **finally ate something today** beside applesauce. How are you doing? i miss you
53.Me and the boys are fine, except we all have a cold, well mines is just coming ... I **finally ate something today**! well someting other than a piece of toast! I treated Aston to pizza hut.

Repetitions/ noise

54.I **finally ate something today** too, which probably is helping me get back to normal.
55.littlemonstrosity: “ and this is why I **finally ate something today**.
56.And what else to say then i played guitar and slept again and woke up at 6.30 i guess but i **finally ate something today** after 6 days.
57.Bad news, is I have nausea now, thanks to the pills, but I'm hoping that will go away! I think it might be that I **finally ate something today** too.