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A fluid-walled microfluidic platform for human neuron microcircuits and directed axotomy

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22 **Abstract**

23 In our brains, different neurons make appropriate connections; however, there remain few *in vitro*
24 models of such circuits. We use an open microfluidic approach to build and study neuronal circuits *in*
25 *vitro* in ways that fit easily into existing bio-medical workflows. Dumbbell-shaped circuits are built in
26 minutes in standard Petri dishes; the aqueous phase is confined by fluid walls – interfaces between cell-
27 growth medium and an immiscible fluorocarbon, FC40. Conditions are established that ensure post-
28 mitotic neurons derived from human induced pluripotent stem cells (iPSCs) plated in one chamber of a
29 dumbbell remain where deposited. After seeding cortical neurons on one side, axons grow through the
30 connecting conduit to ramify amongst striatal neurons on the other – an arrangement mimicking
31 unidirectional cortico-striatal connectivity. We also develop a moderate-throughput non-contact
32 axotomy assay. Cortical axons in conduits are severed by a media jet; then, brain-derived neurotrophic
33 factor and striatal neurons in distal chambers promote axon regeneration. As additional conduits and
34 chambers are easily added, this opens up the possibility of mimicking complex neuronal networks, and
35 screening drugs for their effects on connectivity.

36

37 Introduction

38 Various *in vitro* methods have demonstrated the requirement for complex culture systems to support
39 neuronal maturation and the manifestation of associated disease ¹⁻³. Microfluidic approaches have
40 yielded particularly promising results, as they enable isolation of different cellular compartments (e.g.,
41 somas, dendrites, axons) ^{4,5}. Compared to conventional *in vitro* cultures, they also permit precise
42 control of cellular environments, and have proven useful in studies on neurotoxicity ⁶ and electrical
43 connectivity ^{7,8}. Nevertheless, conventional microfluidic devices have limitations that are often
44 attributed to the materials used for fabrication ⁹; they are usually made of a plastic elastomer
45 (polydimethylsiloxane, PDMS) firmly bonded to a glass substrate, and cells are buried in chambers
46 bounded by solid walls that prevent insertion of the standard experimental tools used by
47 neurobiologists (e.g., cell scrapers, patch-clamping pipettes). Consequently, neurobiologists must
48 employ alternative protocols to use them that are different from their familiar ones.

49 Recently, Walsh et al. (2017) introduced ‘fluid-walled microfluidics’; this overcomes some of these
50 limitations by removing most solid boundaries ¹⁰. It is a form of open microfluidics ¹¹ that exploits
51 properties of fluids at the microscale to confine aqueous environments using interfaces (i.e., fluid walls)
52 between immiscible liquids (in this case, cell growth medium and a bio-inert fluorocarbon, FC40).
53 Circuits can be built in minutes in standard Petri dishes, and – unlike solid walls that cannot be pierced
54 by pipets – fluid walls allow direct access to cells everywhere in circuits. These walls re-heal
55 automatically when pipets are withdrawn, they can be destroyed and/or reshaped without damaging
56 cells within them ^{12,13}, and are so transparent that cell morphology can be monitored using standard
57 microscopes ¹⁴. These features motivate the use of this technology here.

58 The cortex and striatum, together with the basal ganglia and thalamus, play an important role in
59 regulating voluntary movement, learning, executive function, and emotion ¹⁵. Cortical neurons (CNs)
60 project axons toward the striatum where medium spiny neurons (MSNs) constitute up to 95% of striatal

61 subtypes. Connectivity between CNs and MSNs is directional and monosynaptic, whilst MSNs
62 communicate with CNs indirectly via downstream circuits, particularly the basal ganglia¹⁶. This oriented
63 arrangement of cortico-striatal projections is critical for their functioning but is often oversimplified by
64 *in vitro* co-cultures.

65 Studies of axonal outgrowth, axotomy, and subsequent regeneration have been facilitated by the use
66 of compartmentalised chambers that allow separation of cell bodies from their axons^{17,18}; such
67 platforms can also allow pharmacological screening of factors acting specifically on distal axons^{17,19}. In
68 this study, we exploit the advantages of fluid walls to establish a proof-of-concept model that recreates
69 appropriate arrangements of human CNs and MSNs. We then go on to develop a method for targeted
70 and localised axotomy of CNs, and compare the effects of pro-regenerative conditions on axonal
71 regrowth¹⁹⁻²¹; brain-derived neurotrophic factor (BDNF) and postsynaptic MSNs both have positive
72 effects. In combination, these approaches provide a method for screening drugs promoting
73 developmental outgrowth of axons and regeneration of damaged ones.

74

75 **Results**

76 **Jet-printing of fluid-walled micro-circuits shaped like dumbbells**

77 The fluid-walled environment is created in standard polystyrene Petri dishes (6 cm) by ‘jet-printing’
78 ²². A thin layer of cell-culture medium is overlaid by an immiscible, bio-inert, and clear fluorocarbon,
79 FC40 (Figure 1Ai). Next, a submerged jet of FC40 (Figure 1Aii) sweeps medium off the plastic substrate
80 to leave FC40 locally pinned to the dish (Figure 1Aiii). The jetting nozzle (held by a 3-way traverse) now
81 moves laterally above the substrate to draw the outline of the desired pattern which is held to the dish
82 by interfacial forces acting between the two immiscible phases and the substrate. Here, we fabricated a
83 7x3 array of dumbbell-shaped circuits in each dish; each dumbbell comprises two square chambers (3
84 mm) connected by a thin conduit (~0.2 mm wide, 1 mm long, <10 μm high; Figure 1B).

85 Compared to conduits in conventional devices with solid walls – where access is limited to inputs and
86 outputs (Figure 1Ci) – all parts of dumbbells are accessible through fluid ceilings (Figure Cii). Media
87 and/or cells were added to, and removed from, chambers by lowering a dispensing needle (also held by
88 the traverse and connected to a syringe pump) through the FC40 until its tip was near the surface of the
89 medium (i.e., 200 μm above the bottom of the dish). Existing walls/ceilings can also be destroyed and
90 rebuilt (Figure 1Ciii), so circuits can be reconfigured during experiments ¹². Additionally, fluid walls are
91 freely permeable to vital gases, so cells in these circuits are grown in conventional CO₂ incubators.
92 Finally, the refractive index of FC40 (1.29) almost matches that of water (1.33), and this permits
93 undistorted imaging with standard microscopes ¹⁴.

94 95 **Local pressures in dumbbells**

96 In all experiments, when cells are deposited in chambers, we require they remain there. This is
97 impossible to achieve by rapid deposition into a newly-fabricated dumbbell, as this induces flow that

98 carries them into the conduit (and perhaps into the other chamber). Therefore, we begin by describing
99 how local pressures within dumbbells can be manipulated.

100 First consider a 1 μl drop sitting in a dish filled with FC40; the drop is shaped like the cap of a sphere,
101 as interfacial forces minimise the contact area of medium with the immiscible fluorocarbon. Then, the
102 pressure (P) at the base of the drop is defined by the Laplace pressure across the medium:FC40
103 interface, plus the hydrostatic head of overlying medium and FC40. The Young-Laplace equation gives
104 Laplace pressure, $LP = \gamma \left(\frac{1}{R_1} + \frac{1}{R_2} \right)$, where γ is the interfacial tension, and R_1 and R_2 are two
105 orthogonal radii describing the curvature of the liquid wall/ceiling. Assuming our chambers have circular
106 footprints like the drop (so $R_1 = R_2 = R = \frac{a^2 + h^2}{2h}$, with a being the radius of the chamber
107 footprint),

$$LP = \frac{4\gamma h}{a^2 + h^2} \quad (1)$$

108 The combined pressure, P , at the base of a chamber then includes the two hydrostatic heads, so

$$P = \frac{4\gamma h}{a^2 + h^2} + \rho_{med}gh + \rho_{FC40}gh_{FC40} \quad (2)$$

109 where ρ_{med} and ρ_{FC40} indicate density of medium and FC40 respectively, g is gravitational acceleration,
110 h is drop height, and h_{FC40} the height of the overlay. However, when analysing the pressure difference
111 between our two chambers (ΔP), the contribution of h_{FC40} can be expressed as the height difference of
112 the two chambers. Therefore:

$$\Delta P = 4\gamma \left(\frac{h_R}{a^2 + h_R^2} - \frac{h_L}{a^2 + h_L^2} \right) - (\rho_{FC40} - \rho_{med})g(h_R - h_L) \quad (3)$$

113 where h_R and h_L indicate right and left chamber height, respectively. h_R and h_L represent the only
114 variables in Eq. (3) as they depend on the volume (V) infused into each chamber, and

$$V = \frac{\pi h}{6}(3a^2 + h^2) \quad (4)$$

115 This means the pressure difference can be controlled simply by controlling chamber volume.

116

117 **Ensuring cells remain where deposited**

118 After fabrication, chamber volumes are minimal, walls/ceilings are almost flat (so Laplace pressures
119 are almost negligible), local pressures throughout a dumbbell are roughly equal, and the system is in
120 equilibrium (Figure 2Ai, 2Bi). Adding 4 μl into the right-hand chamber followed by 1 μl into the left-hand
121 one generates a pressure difference that induces leftward flow through the conduit (Figure 2Aii, 2Bii). As
122 time passes, the system equilibrates and volumes equalise (Figure 2Aiii, 2Biii). Similarly, after adding 4 μl
123 blue dye into a right-hand chamber and 1 μl red dye into the left-hand one (Figure 2Ci,ii), red dye is
124 confined to the left-hand-side for at least 24 h (Figure 2Ciii; note the conduit is filled with blue dye, and
125 the left-hand chamber contains both dyes). Quantification of chamber pressures and volumes over time
126 confirm that both converge towards equilibrium values, and that blue pressure is always greater than
127 red pressure over 24 h (Figure 2D). This confirms that if the right-hand chamber is pre-filled with 4 μl
128 before adding 1 μl to the left-hand one, there cannot ever be flow rightward. We used this approach to
129 ensure that when cells are seeded in a selected chamber, they remain there.

130 When both chambers have equal volumes, their internal pressures are also equal – and so there is no
131 flow in either direction. As a result, mass transport between chambers only occurs by diffusion to
132 generate a concentration gradient in the conduit, with the steepness and duration of the gradient
133 depending on dumbbell geometry and diffusion constant (see Supplementary Information).
134 Supplementary Figure 1 and Supplementary Table 1 show how such a gradient of BDNF changes over
135 time.

136

137 **Axons outgrow from CNs through the conduit to the distal chamber**

138 Axon pathfinding is led by a variety of molecular cues, both intrinsic²³ and target-derived²⁴. While
139 the roles of intrinsic factors have been investigated using dissociated cultures of neurons *in vitro*^{21,25},
140 less is known about target-derived signals due to difficulties in recreating the required micro-
141 environments around neurons. Here, we developed a microfluidic model that recreates such an
142 environment; we exploited the intrinsic physics of fluid-walled dumbbells (Figure 2), and established a
143 workflow (Supplementary Figure 2) that confines CNs in the left-hand chamber as axons grow through
144 the conduit to the right-hand (distal) one.

145 Figure 3A provides an overview of the 3 major workflows that are now used. In one (yellow arrow),
146 human induced pluripotent stem cells (iPSCs) were induced to differentiate into (post-mitotic) CNs using
147 proven methods in standard well plates²⁶. In a second (red arrow), human iPSCs were similarly induced
148 to develop into post-mitotic MSNs, again using conventional methods²⁷. In a third (blue arrow), fluid-
149 walled dumbbells were jet-printed in 6 cm polystyrene Petri dishes, then CNs and MSNs plated into
150 dumbbells.

151 In all experiments that will be described, CNs are deposited into left-hand chambers of dumbbells
152 (using conditions established in Figure 2), and transduced 3 days later with lentiviruses encoding
153 (tetracyclin-inducible) neurogenin-2-GFP (NGN2-GFP) to allow live-cell visualisation of transduced CNs.
154 During subsequent culture (with CN medium in the right-hand chamber but no cells), axons (now
155 expressing NGN2-GFP) grow through the conduit into the distal chamber (Figure 3A, insets; compare
156 live-cell images on days -1 and 18). In some cases, different media and/or MSNs were deposited on d 0
157 in the right-hand (distal) chamber. To ensure that deposited MSNs remained where deposited, we again
158 exploited the approach described in Figure 2, except that now it is the left-hand chamber that was pre-
159 filled with 4 μ l before 1 μ l of cell suspension is plated in the distal one.

160 As we wish to replicate the spatial organisation of CNs and MSNs *in vivo*, we require that CN somas
161 remain confined to the left-hand chamber, and that only axons grow into the conduit. We confirmed
162 successful compartmentalisation by immunostaining (d 25) using domain-specific markers: DAPI-labelled
163 nuclei and MAP2-positive dendrites were confined to the left-hand chamber, while the conduit was
164 populated with SMI312-positive axons (Figure 3B).

165 We have seen that after plating in the left-hand chamber, post-mitotic CNs – with standard CN
166 (maturation) medium in both chambers – started projecting axons into the conduit between d -6 to d 0.
167 We then varied contents of the distal chamber at d 0 to see what effects concentration gradients of
168 diffusing molecules along the conduit have on axonal outgrowth. This was tested using three different
169 conditions. First, a control where CNs project axons towards distal CN medium – so there is no chemical
170 gradient in the conduit (CNs-CN medium condition). A second condition where the distal chamber was
171 filled with CN medium supplemented with 10x concentration (100 ng/ml) of BDNF (CNs-BDNF medium
172 condition). Third, a more physiological condition where CNs extended their projections towards a
173 population of MSNs (CNs-MSNs condition).

174 Axonal outgrowth in each of the 3 conditions was quantified as the difference of areas covered by
175 GFP-expressing neurites in conduits measured at d 0 and d 20 ($\Delta A = A_{d20} - A_{d0}$). As ΔA may vary
176 depending on the number of cells in each chamber making comparison between dumbbells difficult, we
177 divided it by A_{d0} to normalise results decoupling them from the effective count of CNs seeded.
178 Additionally, to compare results from different batches of differentiated iPSCs, axonal outgrowths in the
179 CNs-BDNF medium and CNs-MSNs conditions were expressed as the fold-difference of the CNs-CN
180 medium control of the respective batch. Perhaps surprisingly, neither condition significantly increased
181 axons outgrowth (Figure 3D; $p > 0.05$, one-way ANOVA with Bonferroni correction) suggesting it
182 occurred independently of exogenously-supplied BDNF or MSN-derived molecules.

183

184 **A unidirectional circuit between cortex and striatum**

185 The CNs – MSNs condition described above provides an *in vitro* model for possible connectivity
186 between cortex and striatum. This prompted a more detailed immunolabelling analysis on d 25 (Figure
187 4). Note here that NGN2-GFP (now detected using an anti-GFP antibody) is a CN-specific marker, and
188 DARPP32 is a MSN-specific one; MAP2 and SMI312 mark respectively dendrites and axons in both cell
189 types. As expected, CNs in the left-hand chamber expressed NGN2-GFP plus MAP2, but no (striatal-
190 specific) DARPP32 (Figure 4A,B). The right-hand end of the conduit contained no nuclei stained with
191 DAPI (confirming somas remain where plated), but many SMI312-positive axons that appeared to invade
192 the distal chamber with its MAP2-positive dendrites (Figure 4C). The distal chamber was populated by
193 many (CN-derived) NGN2-GFP-positive axons that ramified amongst MSNs expressing (striatal-specific)
194 DARPP32 plus MAP2. These results are consistent with no spill-over of somas from either chamber, and
195 unidirectional growth of CN axons into the distal chamber where they ramify amongst MSNs.

196

197 **Axotomy using a micro-jet**

198 We next used a micro-jet to sever axons projecting from CNs through a conduit into an empty distal
199 chamber. The process involved three steps. First, fluid walls were destroyed by removing (manually by
200 pipet) the FC40 overlay, and adding ~5 ml medium to the dish; CNs and axons remained attached to the
201 substrate (Figure 5Ai). Second, a submerged jet of medium (emitted from the same nozzle used for FC40
202 jet-printing) was moved perpendicularly by the traverse across the axons to sever them (Figure 5Aii).
203 Third, new fluid walls were built just outside the original ones to recreate a slightly-larger dumbbell
204 (Figure 5Aiii). To do so, most medium was gently removed to leave a thin layer, fresh FC40 was overlaid,
205 and a new dumbbell jet-printed around the original one so that the FC40 stream did not impinge on
206 existing attached cells or axons (Supplementary Figure 2C). This technique allows targeted axotomy of a
207 chosen segment within an axon (Figure 5Aiv). Moderate-throughput axotomy in each of the 21 original

208 dumbbells in one dish is achieved in <90 sec (Figure 5Av). Comparison of live-cell images of cortical
209 axons expressing NGN2-GFP taken before and after axotomy revealed how local damage was, with the
210 jet clearing the axotomized area of most cellular material (Figure 5Bi,ii).

211

212 **Regeneration after axotomy**

213 After printing new dumbbells around damaged cultures, the three conditions were re-established
214 with equal volumes of correct media in each respective chamber (Figure 6Ai), and then regeneration of
215 axons was monitored for 5 more days (till d 25). Representative immunostaining on d 25 shows the
216 axotomized area of the conduit refilled with axons only expressing NGN2-GFP and SMI312, but not the
217 dendrite-specific MAP2 (Supplementary Figure 3). As regrowth after axonal damage may involve target-
218 derived signalling^{28,29}, we compared effects of our three conditions on this regeneration (Figure 6Ai).

219 As for outgrowth, regeneration was quantified as the area covered by GFP-expressing neurites
220 growing into a rectangular zone within the cleared area (Figure 6Aii; axon tracts that are incompletely
221 severed or fully cleared are excluded from this analysis). This zone abuts the proximal damage line and
222 has the same width of the original conduit (i.e., 200 μm) while extending 300 μm into the cleared area.
223 Results were normalised against values seen prior to axotomy on d 20 to account for differences in
224 axonal numbers and transduction efficiency. Results obtained with our two different iPSC lines from
225 healthy donors (again with 2-3 differentiations per line) show that both BDNF and MSNs enhance
226 regeneration to roughly the same degree compared to the control (Figure 6B). These results show that
227 severed CN axons can regenerate, and that BDNF and MSNs enhance this.

228

229 **Discussion**

230 Our strategic goal is to develop microfluidic methods facilitating the production of, and
231 experimentation on, neuronal circuits of any type *in vitro*; critically, we require that these methods fit

232 easily into bio-medical workflows. We described proof-of-principle experiments illustrating individual
233 steps towards this end. We began by fabricating in minutes dumbbell-shaped micro-circuits in standard
234 Petri dishes (6 cm; Figure 1), and developed conditions ensuring that cells plated in one or other
235 chamber remain where deposited (Figure 2). Next, post-mitotic CNs derived from human iPSCs were
236 seeded in left-hand chambers of the dumbbell, so axons could grow through connecting conduits of 1
237 mm to distal chambers (Figure 3A,B). Outgrowth of cortical axons was compared against three different
238 targets in the distal chamber (Figure 3C,D); results showed such outgrowth was not enhanced by BDNF.
239 This result aligns with a previous study on mouse primary dorsal root ganglia (DRG) cultures³⁰ in which
240 high levels of BDNF did not boost normal distal growth. Another study³¹ observed that bathing mouse
241 primary cortical neurons in 50 ng/ml BDNF increased axonal outgrowth by ~25%. In our study, BDNF
242 was applied distally and the CNs bodies were exposed to a maximum of 15 ng/ml BDNF, allowing for
243 diffusion of BDNF from the distal chamber (see Supplementary Information), likely explaining the
244 difference in results. Although the BDNF signalling pathway is likely conserved across species²⁹, as far as
245 we are aware, this is the first report on the influence of external diffusible factors applied distally on
246 axonal outgrowth of human CNs *in vitro*; hence, modulation by BDNF as well as other neurotrophins will
247 require further investigation. Interestingly, as MSNs also showed no effect on normal healthy
248 outgrowth, we hypothesise axonal outgrowth of post-mitotic human iPSC-derived CNs to be
249 independent of endogenous postsynaptic targets.

250 We then developed a circuit in which axons project from CNs in the left-hand chamber, through the
251 conduit, and on to ramify amongst MSNs in the distal one (Figure 4). We anticipate such circuits will
252 prove especially useful for studying cortical-striatal connectivity because they are so accessible to
253 biologists. For example, an obvious next step is to examine electrical connectivity using patch clamping
254²⁷ and/or super-resolution of pro calcium imaging³²; our circuits can be built on glass surfaces and
255 incorporated into both workflows without modification.

256 Similar to previous work ^{30,33}, we also developed a moderate-throughput axotomy assay in which
257 axons growing through conduits are severed by a fluid jet (Figure 5). In contrast to existing methods that
258 use mechanical stresses ^{34,35}, vacuum aspiration ^{19,36,37} or toxins ³⁸ for axotomy - all procedures that
259 might be expected to yield poor reproducibility ³⁹ - we hope our (arguably non-contact) method will
260 yield more consistent results. In our assay the quality of the axotomy depends on cells density and age
261 as these parameters affect the thickness of the axonal bundle; 'cut' parameters like jet flow rate, nozzle
262 height above the dish, and traverse speed were finely tuned to achieve the desired result. Using this
263 assay, we showed that BDNF or MSNs in distal chambers promote axon regrowth (Figure 6).

264 Here, the heightened demand for BDNF following axon injury ⁴⁰ might explain the observed positive
265 effect on axonal regeneration despite the neutral effect shown on axonal outgrowth. Co-culture of CNs
266 with their striatal target MSNs also promoted cortical axonal regeneration post-axotomy comparable to
267 that induced by exogenous BDNF, suggesting that the distant postsynaptic target could release pro-
268 regenerative factors acting to facilitate reinnervation.

269 In conclusion, we have recreated a basic micro-circuit containing human neurons that mimics the
270 unidirectional connectivity seen between cortex and striatum *in vivo*, as well as developing a moderate-
271 throughput axotomy assay. Our approaches benefit from the intrinsic advantages provided by fluid walls
272 that include ease of circuit fabrication and operation, plus compatibility with existing bio-medical
273 workflows. As additional conduits and chambers can be easily added, we anticipate these approaches
274 will expand the experimental toolkit available for the study of human neuronal networks in health and
275 disease.

276 **Materials and methods**

277 **Fluorocarbon 40 (FC40)**

278 FC40 was purchased from 3M. FC40^{STAR} (iotaSciences Ltd, Oxfordshire, UK) is a compound treated with a
279 proprietary method to improve formation of fluid walls. Throughout the article, the term 'FC40' is used
280 to refer to FC40^{STAR}.

281

282 **The fluid printer**

283 The printer (iotaSciences Ltd, Oxfordshire, UK) consists of 3D traverse with two printing heads (two
284 blunt needles of different internal diameters) plus a built-in software. Each needle is connected to a
285 syringe pump through Teflon tubes. One needle (70 μm internal diameter) is attached to a syringe
286 containing FC40 and it is used for jet-printing; this is the jetting needle. The other needle (255 μm
287 internal diameter) is attached to a syringe normally with ethanol to guarantee sterility as this needle is
288 used to handle samples; this is the dispensing needle. Needles can be moved above the surface of a
289 Petri dish as pumps infuse liquids.

290 In our design, 21 dumbbells were printed in each dish by the jetting needle on d -7. Thereafter, every
291 volume infusion/removal from chamber was operated by the dispensing needle. Every operation on one
292 chamber of dumbbells (either left or right), was repeated to all dumbbells in the dish before starting any
293 task on the opposite chamber.

294

295 **Generation of iPSC-derived post-mitotic cortical neurons**

296 This is the yellow pathway in Figure 3. Generation of CNs from two iPSC control lines from healthy
297 human patients (EBiSC409 Cat# STBCi101-A, RRID:CVCL_RD71), and SFC856-03-04 (RRID:CVCL_RC81)
298 was adapted from an established protocol ²⁶. In brief, neuronal development was induced with dual
299 SMAD inhibitors 10 μM SB431542 (Tocris) and 118 nM LDN (Sigma) for 25 days (d -33 to d -8). These

300 progenitors (d -8) were transduced with lentiviruses that encoded a doxycyclin-inducible tetO promoter
301 driving constitutive expression of rtTA and mouse neurogenin-2 (Ngn2)⁴¹. A puromycin resistance gene
302 was also co-expressed to select for cells expressing Ngn2. (See Data Availability for more information
303 about this differentiation protocol).

304

305 **Generation of iPSC-derived post-mitotic medium spiny neurons**

306 This is the red pathway in Figure 3. Two iPSC control lines (SFC156-03-01 and SFC856-03-04) were
307 differentiated into MSNs using conditions modified from established protocols²⁷. In brief, neural
308 induction of sub-pallial identity was initiated by dual SMAD inhibitors – 10 μ M SB431542 (Tocris) and
309 118 nM LDN (Sigma) – and inhibition of WNT signalling – 4 μ M XAV (Tocris) – from d -16 to d -8. From d -
310 8 to d 0, SB431542 was removed and neurogenesis in the culture mediated by LDN and XAV. Activin A
311 (25 μ g/ml; SKU# SRP3003), the key regulator of TGF- β signalling, was added from d -4 to d 0. (see Data
312 Availability for more information about this differentiation protocol).

313

314 **Fabrication of dumbbells**

315 This is the blue pathway in Figure 3 from d -8 to d -6. On d -8, 6 cm Petri dishes were pre-coated with 7
316 ml of poly-D-lysine (0.01 mg/ml) overnight. On d -7, dishes were washed twice with PBS and
317 subsequently loaded with Neurobasal medium (1 ml; ThermoFisher) supplemented with 1x B27
318 (ThermoFisher). After at least 5 minutes, medium was manually removed to leave a thin layer (~50 μ l)
319 attached to the bottom of the dish, and FC40 (~2 ml) gently pipetted on to this thin layer. An array of
320 7x3 dumbbells was jet-printed using a fluid printer (iotaSciences Ltd.)²². When used with cells,
321 dumbbell chambers were each loaded with 2 μ l Geltrex™ (0.46 mg/ml; ThermoFisher) and incubated at
322 37°C overnight (to d -6).

323

324

325 **Maturation media used for culturing in dumbbells**

326 Cortical maturation medium (CN medium) used from d -6 to d 25 and beyond: Neurobasal, 1X B27 with
327 vitamin A, 1X Glutamax, penicillin/streptomycin (50 U or mg per ml) (1:200), 1 mg/ml doxycycline
328 (1:1000), 10 ng/ml BDNF, 10 ng/ml NT-3 (1:1000), 200 ng/ml laminin (1:5000), 200 mM ascorbic acid
329 (1:1000). This corresponds to Ngn2 base medium from protocol
330 [dx.doi.org/10.17504/protocols.io.bp2l69qr5lqe/v1](https://doi.org/10.17504/protocols.io.bp2l69qr5lqe/v1).

331 Cortical maturation medium + 10x BDNF (BDNF medium) used from d 0 to d 25 and beyond: CN medium
332 with 100 ng/ml BDNF.

333 Striatal maturation medium (MSN medium) used from d 0 to d 8: DMEM/F12 basal medium, 1% MEM
334 Non-Essential Amino Acids (NEAA), 1% L-glutamine, 1x B27 without vitamin A, 1%
335 penicillin/streptomycin (P/S), 0.05% β -mercaptoethanol. This corresponds to striatal maturation
336 medium 1 from protocol [dx.doi.org/10.17504/protocols.io.eq2ly79prlx9/v1](https://doi.org/10.17504/protocols.io.eq2ly79prlx9/v1).

337 Striatal maturation medium (MSN medium) used from d 8 to d 25: 50% DMEM/F12 basal medium, 50%
338 Neurobasal, 1% MEM Non-Essential Amino Acids (NEAA), 1% L-glutamine, 1x B27 plus vitamin A, 1%
339 penicillin/streptomycin (P/S), 0.05% β -mercaptoethanol. This corresponds to striatal maturation
340 medium 2 from protocol [dx.doi.org/10.17504/protocols.io.eq2ly79prlx9/v1](https://doi.org/10.17504/protocols.io.eq2ly79prlx9/v1).

341

342 **Plating CNs in left-hand chambers and transduction.**

343 This is the blue pathway from d -6 to d 0. On day -6, 2 μ l was removed from each chamber, 4 μ l cortical-
344 maturation media deposited in the right-hand chamber (to create a positive pressure gradient toward
345 the left chamber), and post-mitotic CNs plated (1 μ l containing 13,000 cells in cortical maturation
346 medium) in each left-hand chamber. On day -3, CNs were transduced by adding 2 μ l lentivirus encoded
347 *NGN2-GFP* in cortical maturation medium (50 μ l of viral stock/2 μ l) to the left-hand chamber, and 1 μ l

348 fresh medium without lentiviruses to the right-hand one (to give ~4 μ l/chamber). On d -2, 4 μ l were
349 removed from each chamber and 4 μ l fresh medium added back (to wash away free lentivirus).

350

351 **Varying conditions on d 0**

352 On d 0, both chambers initially contained ~4 μ l cortical maturation medium, with CNs in the left-hand
353 one. Then, contents of the distal chamber were varied to give the 3 conditions (CNs-CN medium, CNs-
354 BDNF medium, and CNs-MSNs). For all conditions, 4 μ l was removed from both chambers, and 4 μ l CN
355 medium added to the left-hand chamber. Next, 1 μ l of either CN medium, or CN medium plus 100 ng/ml
356 BDNF, or a MSNs suspension (13,000 cells in MSN medium) was added to the distal chamber. As before,
357 a pressure difference confined MSNs and BDNF to right-hand chambers.

358

359 **Culturing CNs in dumbbells without MSNs after d 0**

360 This is the blue pathway from d 0 to d 25 and beyond for the CNs-CN medium and CNs-BDNF medium
361 conditions. On d 2, both chambers were completely emptied (removing ~4 μ l from each chamber).
362 Then, 4 μ l CN medium was added to the CN chamber and 4 μ l of either CN or BDNF medium to the distal
363 one (to give 4 μ l/chamber). Every 48 h thereafter, half the specified medium present in a chamber was
364 replenished by removing 2 μ l spent medium and then adding back 2 μ l fresh medium of the same kind.

365

366 **Culturing CNs in dumbbells with MSNs after d 0**

367 This is the blue pathway from d 0 to d 25 and beyond for the CNs-MSNs condition. On d 2, both
368 chambers were completely emptied (removing ~4 μ l from each chamber). Then, 4 μ l of fresh CN
369 medium was added to CN chamber and 4 μ l of MSN medium containing 200 nM cytosine arabinoside
370 (araC) to arrest proliferation of any non-neuronal cells in the population to the distal one (to give 4
371 μ l/chamber). Every 48 h thereafter, half the medium in each chamber was changed by withdrawing 2 μ l

372 and adding an equal volume of fresh medium; this gradually diluted araC over MSNs. On d 8, a full
373 medium change is done to switch MSNs to a new MSN medium (see Maturation media used for
374 culturing in dumbbells).

375

376 **Axotomy**

377 Fluid walls were destroyed by gently pouring all FC40 out of the dish followed by two washes with
378 cortical maturation medium (care is taken to prevent cell/axon peeling). Directed axotomy was
379 performed automatically using the fluid printer by modifying an existing procedure⁴². A 1 ml glass
380 syringe (Hamilton) filled with Neurobasal medium (Thermofisher) was connected via Teflon tubes to the
381 jetting nozzle. Then, a medium jet was ejected (480 $\mu\text{l}/\text{min}$) from the nozzle (70 μm inner diameter) held
382 0.3 mm above the dish as the traverse moved (960 mm/min) the nozzle in a straight line perpendicular
383 to the axons' main direction of outgrowth (Figure 4B). Following axotomy, dishes were re-filled with
384 fresh FC40, and new fluid walls jet-printed around the original footprint. The new dumbbells had larger
385 footprints (chamber area = $3.5 \times 3.5 \text{ mm}^2$, conduit length = 0.5 mm, width $\sim 400 \mu\text{m}$) to avoid damaging
386 attached cells/axons. 4 μl fresh cell medium was deposited into each chamber.

387 Figure 6 summarises data obtained from 2-3 differentiations per cell line, and measurements from 100-
388 150 dumbbells/differentiation. Another $\sim 30\%$ dumbbells were discarded due to incomplete severing or
389 clearing of axons in the axotomised area of the conduit, and/or incomplete rebuilding of new dumbbells
390 (which results in media leakage). [Fluid walls are almost always built successfully on virgin Petri dishes,
391 but success rates are lower when building on dishes that have been covered with a thin skim of medium
392 overlaid with FC40 from d -7 to d 20.]

393

394 **Imaging**

395 All fluorescent live-cell images of dumbbells were taken with a digital single-lens reflex camera (Nikon
396 D7100 DSLR) connected to an epifluorescence microscope (Olympus IX53). Images were analysed using
397 Cell Profiler 3.8 (RRID: SCR_007358) to describe and quantify axon outgrowth and regrowth.

398

399 **Immunostaining**

400 All FC40 was discarded from the dish, cultures washed twice with PBS, fixed (2% paraformaldehyde, 20
401 mins at room temperature, RT), and washed three times with PBS. Fixed samples were then incubated
402 (80°C, 5 min) in citrate buffer pH 6.0 (ThermoFisher), and left for 10 mins at RT. Permeabilization and
403 blocking were performed concurrently in PBS, 10% donkey serum, and 0.01% Triton X-100 for 10 mins.
404 Following incubation with primary antibody in PBS and 10% donkey serum overnight at 4°C, samples
405 were washed with PBS, and incubated in species-appropriate Alexa Fluor® secondary antibody in PBS
406 with 10% donkey serum for 1 hour at RT. Supplementary Table 1 list antibodies used. Images are
407 acquired on an Invitrogen EVOS™ FL Auto (ThermoFisher) cell-imaging system, and processed using
408 ImageJ (RRID:SCR_003070)⁴³.

409

410 **Measuring pressures and volumes in chambers**

411 Dumbbells were printed in wide rectangular plates (Thermo Scientific™ Nunc™ Rectangular Dishes single
412 well) to improve imaging from the side, as the curved plastic walls of 6 cm dishes distort views.
413 Chambers were jet-printed as before after filling a dish with ~5 ml DMEM + 10% FBS, removing all but a
414 thin film, and overlaying ~10 ml FC40. Using a fluid printer modified to host rectangular dishes (Hylewicz
415 CNC-Technik). The same medium was infused into chambers by a syringe pump (PhD Ultra, Harvard
416 Apparatus) equipped with a 50 µl glass syringe (Hamilton) connected to a blunt metal needle (33G blunt
417 NanoFil™ needle, World Precision Instruments) through a Teflon tube (Zeus Company Inc.) to generate
418 the desired initial volume/pressure difference. Volumes were dispensed following the same sequence

419 used during experiments with neurons. Thus, 4 μ l were initially infused in the right-hand chamber,
420 followed by 1 μ l into the left-hand one. Images of the two chambers equilibrating were recorded from
421 the side every 30 min for 24 h using a camera (FTA1000 B Class, First Ten Angstrom) placed
422 perpendicular to the connecting conduit (Figure 2B). Chambers heights are measured using FTA32
423 software (First Ten Angstrom, RRID: SCR_024392) and the outer diameter of the dispensing needle (210
424 μ m) as a scale reference. Heights were converted into pressures and volumes (Figure 2D) using equation
425 1 and equation 2, respectively.

426

427 **Statistical analysis**

428 All data were presented as mean \pm standard error of the mean (SEM) unless otherwise stated. Raw data
429 were tested for normality and statistical comparison of the means is performed using one- or two-way
430 ANOVA with Bonferroni post-hoc test; a difference is considered significant if $p < 0.05$. All statistical
431 analyses were performed on GraphPad Prism 6.0 (GraphPad Software, RRID:SCR_002798).

432

433 **Data Availability**

434 The data that support the findings of this study are deposited on Zenodo (DOI
435 doi.org/10.5281/zenodo.7924431). All details of the antibodies, cell lines, and software used in this work
436 are available on Zenodo (DOI doi.org/10.5281/zenodo.7924431). Protocols associated with this work can
437 be found on protocols.io (DOI dx.doi.org/10.17504/protocols.io.36wgqjwwxvk5/v1). The custom G-Code
438 scripts used in this study to jet-print the microfluid-walled dumbbells are available at
439 https://github.com/craggASAP/microfluid_axotomy.git.

440

441 **Author Contributions**

442 F.N. and Q.D. conceived the project. F.N. and Q.D. designed, performed, and analysed all experimental
443 data. P.R.C, E.W., and R.W.M supervised the study. F.N. and Q.D. prepared the first draft of the
444 manuscript. All authors reviewed the manuscript and approved its submission.

445

446 **Acknowledgements**

447 This work was supported by IotaSciences Ltd and the Engineering and Physical Sciences Research Council
448 through EP/R513295/1 (who both provide financial support to F.N.). Q.D. was supported by a National
449 Science Scholarship from Agency for Science, Technology and Research in Singapore. This research was
450 funded in part by Aligning Science Across Parkinson's [ASAP-020370] through the Michael J. Fox
451 Foundation for Parkinson's Research (MJFF) and in part by the Monument Trust Discovery Award from
452 Parkinson's UK (J-1403). The work was supported by a National Institute for Health Research-Medical
453 Research Council Dementias Platform UK Equipment Award (MR/M024962/1) to R.W.M. For the
454 purpose of open access, the author has applied a CC BY public copyright license to all Author Accepted
455 Manuscripts arising from this submission. We thank Nora Bengoa-Vergniory and Cristian Soitu for
456 contribution to early stages of the project and thank Ajantha Abbey for his generous donation of cortical
457 neuron media.

458

459 **Competing interests**

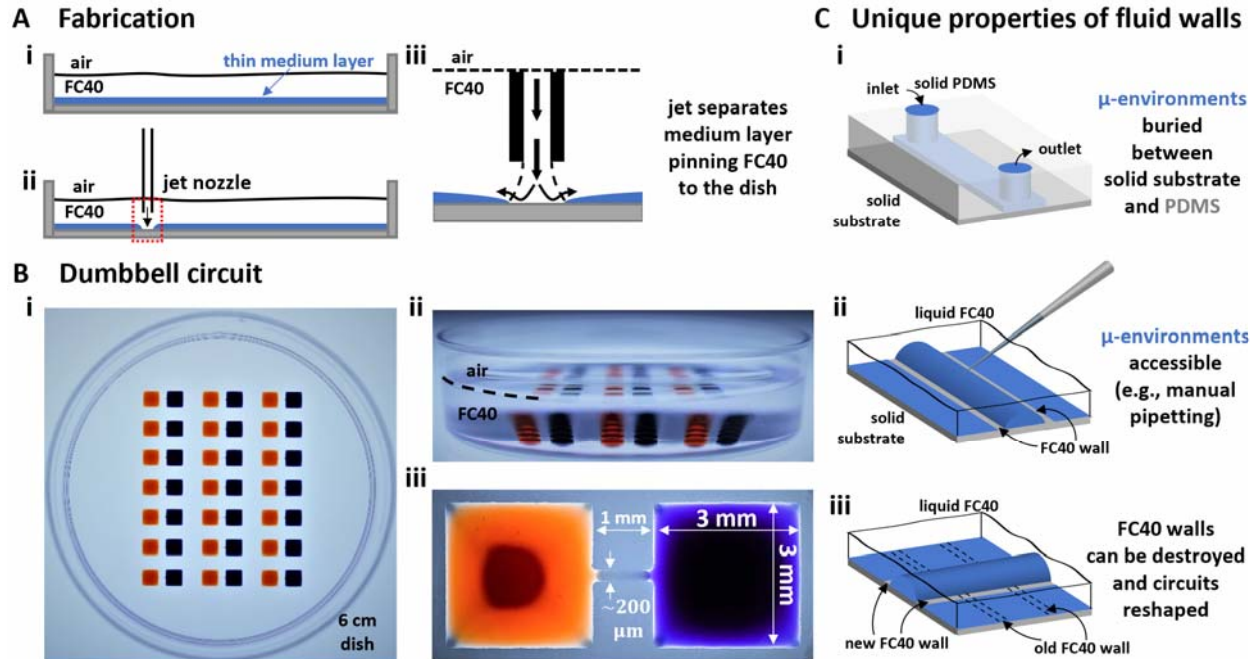
460 P.R.C and E.J.W. co-founded, and hold equity in, IotaSciences Ltd. The same company provides financial
461 support to F.N.

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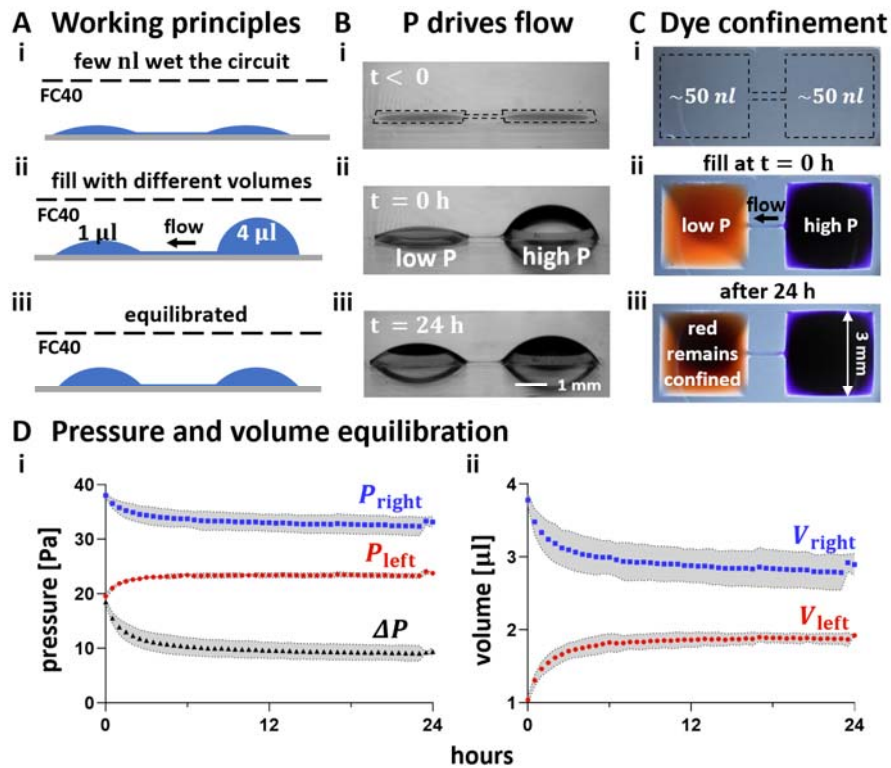
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574 **Figure 1. Fabrication and operation of fluid-walled circuits.**

575 **(A) Fabrication.** (i) In a standard polystyrene Petri dish, a thin layer of cell-culture medium is overlaid by
 576 an immiscible, transparent, and bio-inert fluorocarbon (FC40). (ii) Additional FC40 is jetted (480 $\mu\text{l}/\text{min}$)
 577 through a nozzle mounted on a 3D-traverse. (iii) The submerged jet sweeps away medium, to leave fluid
 578 walls of FC40 pinned to the dish along the path of the traverse.

579 **(B) Array of dumbbells** after filling each with red and blue dyes. (i,ii) Top and side views of dish. (iii)
 580 Zoomed-in image of one dumbbell (conduit length = 1 mm).

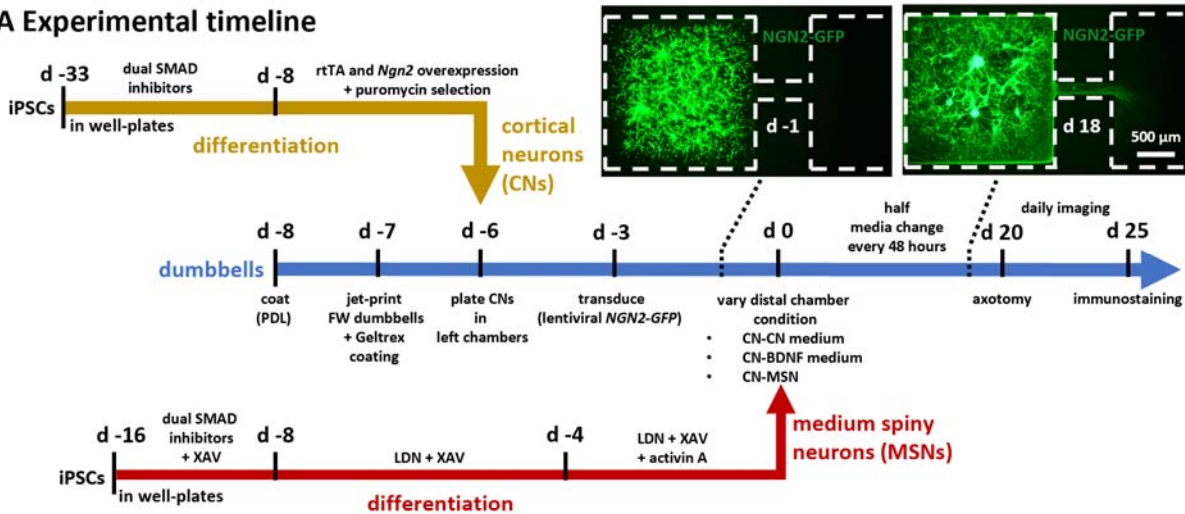
581 **(C) Comparing properties of solid PDMS walls** used in conventional devices, with fluid ones. (i) Access to
 582 a conventional device is only through inlet and outlet ports. (ii) Medium can be pipetted into or out of
 583 any point in a fluid-walled circuit as liquid-liquid interfaces are easily pierced to re-heal automatically on
 584 withdrawal. (iii) Fluid walls can be destroyed at any time, and different ones recreated on demand.



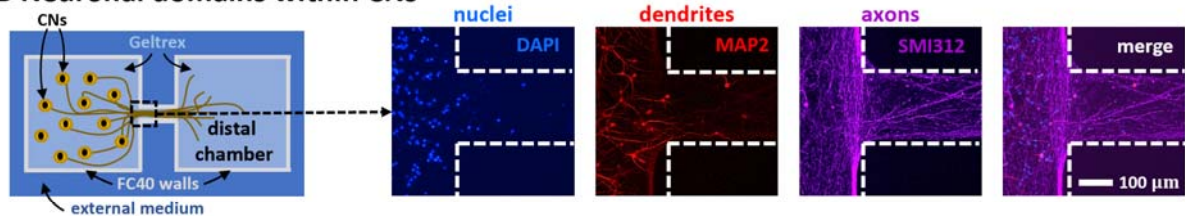
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Figure 2. Ensuring liquid pipetted into the left of a dumbbell remains there. P = pressure.
(A) Principles. (i) A dumbbell is flow-free after fabrication. (ii) Medium (4 μl) is added to the right-hand chamber; this generates a high local Laplace pressure. When 1 μl is immediately added to the left-hand chamber (creating a lower local Laplace pressure), resulting left-ward flow through the conduit prevents any of the 1 μl from moving to the right. (iii) Eventually the system equilibrates, and flow ceases.
(B) Pressure difference drives flow. (i) Before filling. (ii) Immediately after filling with different volumes. (iii) After 24 h, chamber volumes have almost equalised due to leftward flow.
(C) After adding 4 μl blue dye to the right and 1 μl red dye to the left, no red dye flows rightward (top views). (i) Before adding dyes (dotted line marks dumbbell footprint). (ii) Immediately after adding dyes. (iii) After 24 h, red dye remains confined in its chamber (which now also contains blue dye).
(D) Changes in pressure (i) and volume (ii) of right- (blue) and left-hand (red) chambers determined after measuring chamber heights and calculating values using Eq. 1 () and Eq. 3, respectively. Black curve: pressure difference between chambers. Each dot represents the mean value of 3 technical replicates, and grey areas the associated standard deviations.

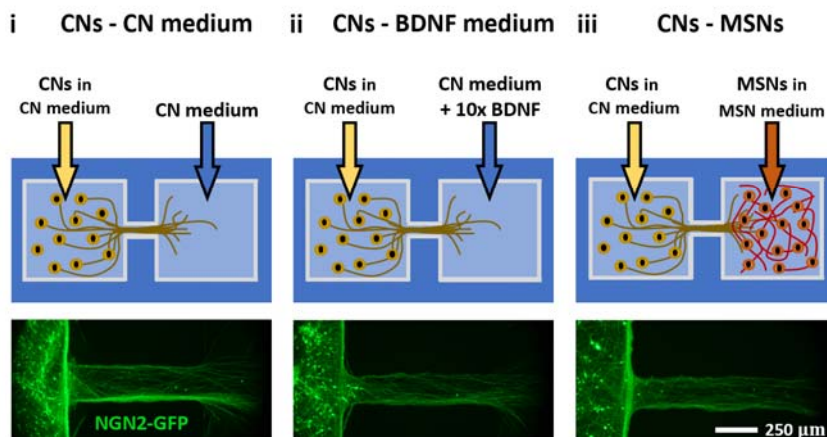
A Experimental timeline



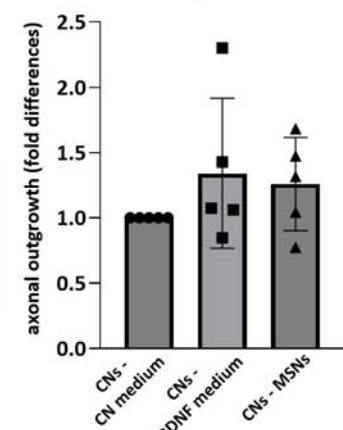
B Neuronal domains within CNs



C Vary distal chamber content



D Axonal outgrowth



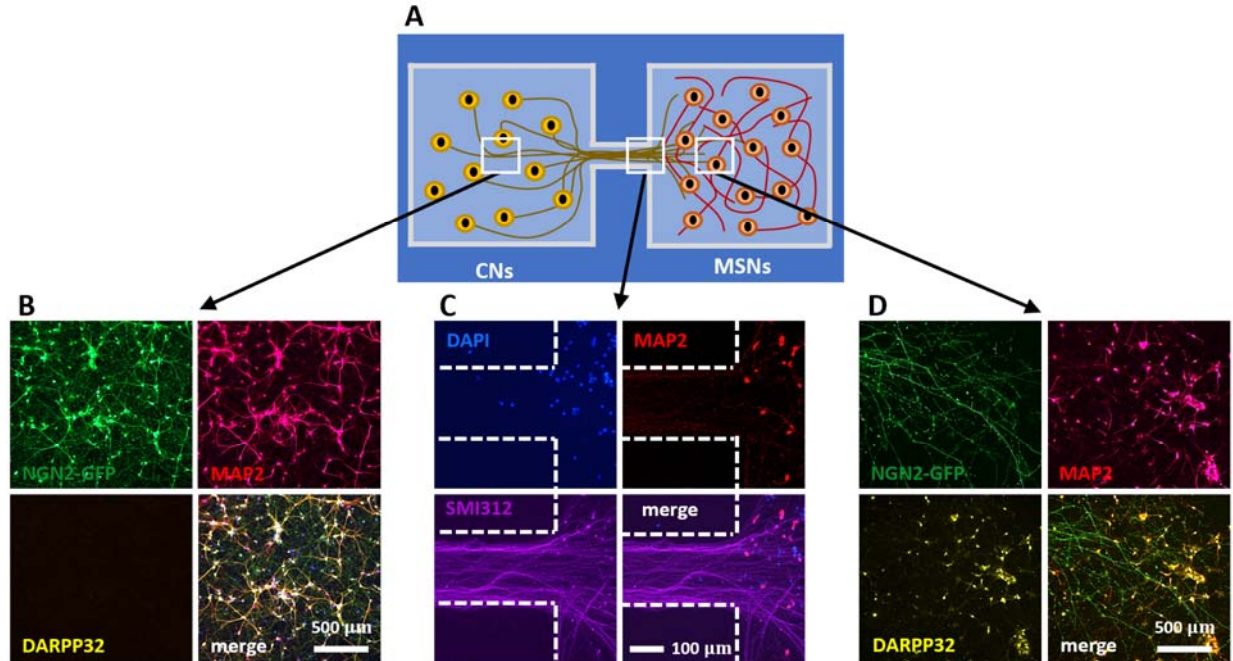
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602 **Figure 3. Timelines and culture conditions used to model and study unidirectional outgrowth of**
603 **cortical neurons.**

604 **(A)** Timelines. Yellow and red lines show protocols for generating CNs and striatal MSNs from iPSCs using
605 standard methods; blue line describes those involved in making and operating fluid-walled dumbbells.
606 Insets: after plating transduced CNs in left-hand chambers, live-cell images (collected on d -1 and 18)
607 show NGN2-GFP fluorescence in parts of dumbbells (dotted white lines show circuit edges).

608 **(B)** Immunostaining shows compartmentalisation of neuronal domains in CNs (d 25). Cartoon: CNs in
609 left-hand chamber, CN medium (but no MSNs) in distal one. Nuclei (DAPI) and MAP2-positive dendrites
610 are confined within the chamber, while only SMI32-positive axons grow into the conduit (dotted white
611 lines show circuit edges).

612 **(C)** Effects of varying distal-chamber content on axonal outgrowth. In all cases, CNs expressing NGN2-
613 GFP are plated in CN medium in left-hand chambers. Top: cartoons indicating chamber contents.

614 Bottom: live-cell epifluorescence images of left end of conduit (d 20); axons extend into conduits in all
615 three cases. (i) Monoculture control. (ii) Positive control with regenerative medium in distal chamber
616 (CN medium + 10-fold higher concentration of 100 ng/ml BDNF. (iii) MSNs + MSN medium in distal
617 chamber (this condition attempts to promote connectivity between cortex and striatum seen *in vivo*).
618 **(D)** Quantitative analysis of axonal outgrowth seen in (C). Outgrowth (fold difference) is difference in
619 area covered by GFP-expressing neurites in conduits between d 0 and d 20, normalised for GFP-positive
620 conduit area on d 0 as a function of the number of cells, and expressed relative to their control. Each dot
621 represents a healthy control-derived line from one differentiation. N = 2 iPSC lines, n = 2-3
622 differentiations/line. One-way ANOVA with Bonferroni correction; $p > 0.05$.
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Figure 4. Modelling of unidirectional pathway between cortex and striatum.

626

Cortical axons marked with NGN2-GFP grow from the left chamber through the conduit into the distal chamber containing MSNs. (DAPI – blue – nuclei, MAP2 – red – dendrites, SMI312 – purple – axons, NGN2-GFP – green – transduced CNs, DARPP32 – yellow – MSN marker; merges indicated).

627

(A) Top-view schematic of the cortex-striatum circuit in a fluid-walled dumbbell. CNs are seeded in the left chamber and cultured for 6 days, then MSNs are plated in the distal (right) chamber; after growth for another 25 days, cells are immunolabelled. White boxes indicate areas imaged below using various markers.

628

(B) MAP2-positive dendrites and NGN2-GFP are found throughout the CN chamber (but not DARPP32-expressing MSNs).

629

(C) MSNs nuclei remain where seeded and develop MAP2-positive dendrites; they are joined by SMI312-positive CN axons from the left-hand chamber.

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(D) Axons containing NGN2-GFP from transduced CNs are intertwined amongst MAP2- and DARPP32-positive neurons in the striatal chamber.

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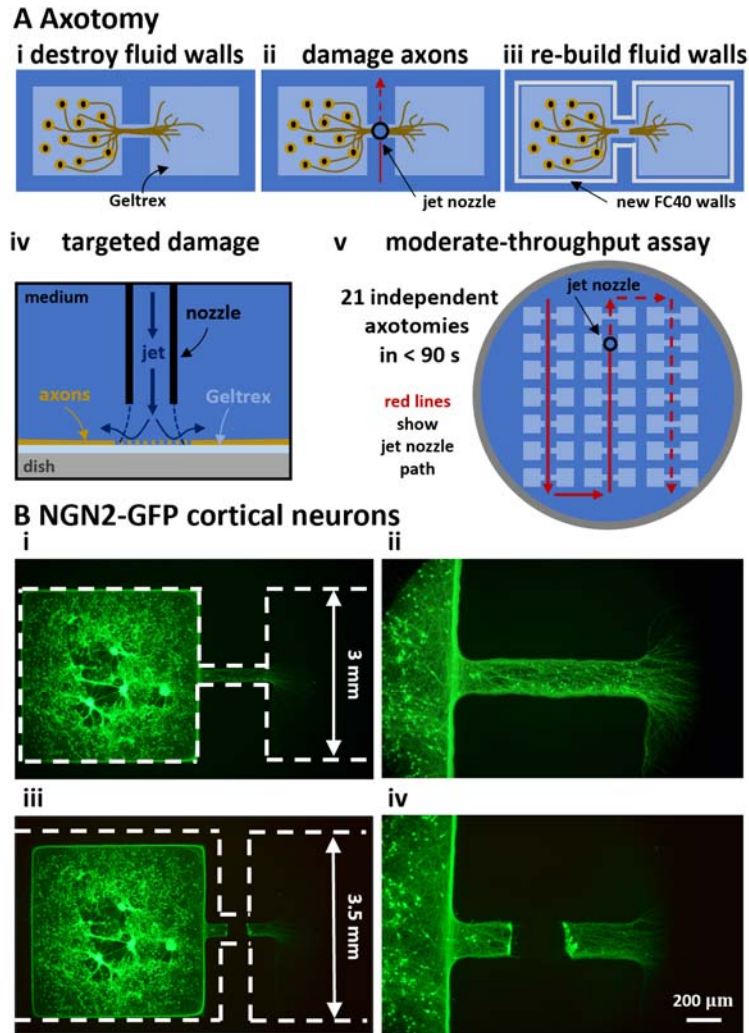
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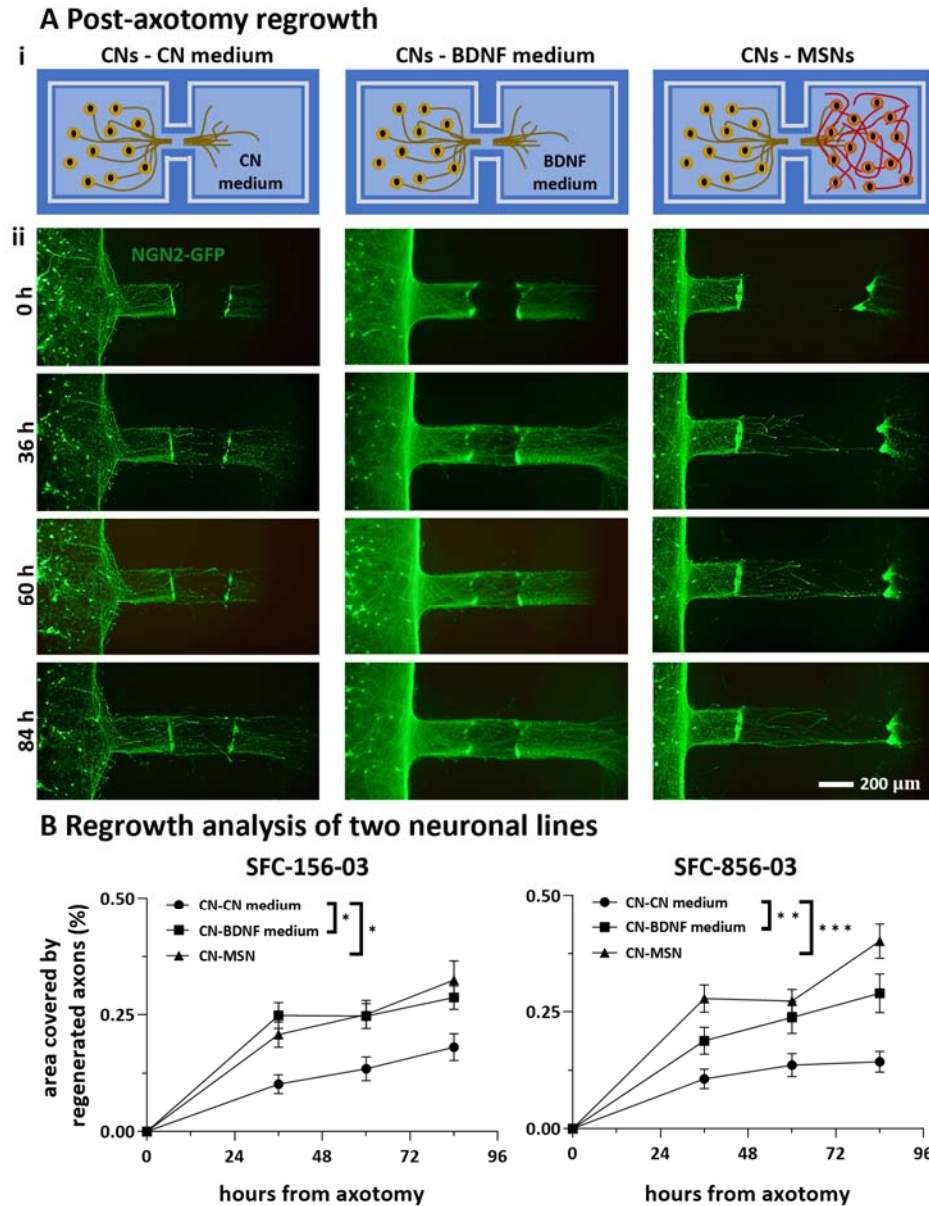


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Figure 5. Axotomy assay on fluid-walled microfluidics

(A) Schematics illustrating localized axotomy. (i) Fluid walls are destroyed; cells remain attached to Geltrex within the dumbbell footprint. (ii) The traverse moves a nozzle that jets medium onto axons and cuts them. (iii) New fluid walls are jet-printed (using an FC40 jet) to form a new dumbbell slightly larger than the original one; after filling the new dumbbell, axons regrow. (iv) Higher-magnification schematic of the submerged media jet in action targeting axons to generate localised damage. (v) Overview. Red lines illustrate the path followed by the medium jet nozzle while damaging 21 dumbbells (7x3 array) in a single 6 cm Petri dish in less than 90 seconds. Solid lines indicate the path already covered; dashed lines show future nozzle positions.

(B) Representative live-cell fluorescent images of CNs expressing NGN2-GFP pre- and post-axotomy. (i,ii) Dashed lines mark edges of dumbbell footprints before and after axotomy. (iii, iv) Higher magnification images taken before and after axotomy.



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653

Figure 6: Effects of distant target-derived factors on regrowth of cortical axons after damage.

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(A) Schematic and representative live-cell fluorescent images of CNs expressing NGN2-GFP taken 0-84 h after axotomy.

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(B) Fraction of axotomized area re-covered by axons derived from two different healthy control iPSC lines (SFC-156-003, SFC-856-03). N = 2-3 differentiations per iPSC line, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, two-way ANOVA with Bonferroni correction test. (SFC156-03: CN-CN medium versus CN-BDNF medium, $p > 0.05$ at 36 and 60 hours, $p < 0.01$ at 84 hours; CN-CN medium versus CN-MSN, $p < 0.0001$ at 36 hours, $p < 0.001$ at 60 and 84 hours; SFC856-03: CN-CN medium versus CN-BDNF medium, $p < 0.001$ at 36 hours, $p < 0.05$ at 60 and 84 hours; CN-CN medium versus CN-MSN, $p < 0.01$ at 36 and 84 hours, $p < 0.05$ at 60 hours; two-way ANOVA with Bonferroni correction test). Furthermore, BDNF and MSNs exert comparable positive effect on cortical axonal regeneration (for both iPSC lines, CN-BDNF medium versus CN-MSN $p > 0.05$, two-way ANOVA with Bonferroni correction test).

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