**Supplementary File 1 NHS Recruitment Sites**

Pulvertaft Hand Centre, Royal Derby Hospital, Derby Teaching Hospitals NHS Foundation Trust, Derby, UK

Hand Therapy Department, Dorset County Hospital, Dorset County Hospital NHS Foundation Trust, Dorchester, UK

Hand Therapy Unit, Poole Hospital, Poole Hospital NHS Foundation Trust, Poole, UK

Plastic Surgery Rehabilitation, Royal Devon and Exeter Hospital, Royal Devon and Exeter NHS Foundation Trust, Exeter, UK

Occupational Therapy Department, North Devon District Hospital, North Devon Healthcare NHS Trust, Barnstaple, UK

Rheumatology Therapy Department, Royal National Hospital for Rheumatic Diseases, Royal United Hospitals Bath NHS Foundation Trust, Bath, UK

Therapies Department, Royal United Hospitals, Royal United Hospitals Bath NHS Foundation Trust, Bath, UK

Occupational Therapy Department, Haywood Hospital, Midlands Partnership NHS Foundation Trust, Stoke-on-Trent, UK

Pennine MSK Partnership Ltd., Integrated Care Centre, Oldham, UK

Clinical Therapies Department, Bassetlaw Hospital, Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust, Worksop, UK

Bassetlaw Locality Retford Primary Care Centre, Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust, Retford, UK

Therapy Department, Yeovil Hospital, Yeovil District Hospital NHS Foundation Trust, Yeovil, UK

Hand Therapy, Basingstoke and North Hampshire Hospital, Hampshire Hospitals NHS Foundation Trust, Basingstoke, UK

Therapy Department, Royal Hampshire County Hospital, Hampshire Hospitals NHS Foundation Trust, Winchester, UK

Occupational Therapy Department, Queen Alexandra Hospital, Portsmouth Hospitals NHS Trust, Cosham, UK

Hand Therapy Unit, The Robert Jones and Agnes Hunt Orthopaedic Hospital, The Robert Jones and Agnes Hunt Orthopaedic Hospital NHS Foundation Trust, Oswestry, UK

Hand Therapy, The Royal Free Hospital, Royal Free London NHS Foundation Trust, London, UK