# Appendix H – Delphi survey

## Round 1

Forensic Outcome Measures Study Delphi Survey

Thank you for being part of the Forensic Outcome Measures Study and for agreeing to participate in this Delphi survey. Your views are extremely valuable.

Please read the following information carefully:

What is the aim of the study?

This study aims to find out the most important areas to measure for people who use forensic mental health services, that mean they are making progress in their care. This information can then be used to choose which questions to ask to find out if someone is making the progress they want and need to be making in their care.

What does it involve?

The Delphi survey method is an organised way to find out what a group of experts think about a topic and what areas they agree are the most important. This study will include experts by experience and by profession.

This Delphi survey will have two rounds and each round should take around 15 to 25 minutes to complete. The rounds will take place a few weeks apart.

What will I need to do if I take part?

You will be asked to look at several statements about areas that may be important for people who use forensic mental health services. These statements are in the first person, beginning with the words 'I...' or 'My...' or ending with '…me'.

These statements have been chosen because they were felt to be important by the people who took part in several interviews and focus groups. The interviews were with people using forensic mental health services at different levels of security and in the community. Service users, the friends and family of service users and the professionals involved in managing and working in forensic mental health services took part in the focus groups.

You will be asked to score each statement from 1 to 9 depending on how important you think it is to measure this area for people using forensic mental health services. Giving a statement a score of 1 means that you think that this is not important at all to measure this area. If you give a statement a score of 9, then it means that you think this is absolutely essential to measure.

All of these statements have already been described to be important by people taking part in the interviews and focus groups. It is likely that you may also feel that many of them are very important. The aim of this survey is to try to identify a small number of the most important outcomes, so please only score a statement between

7 and 9 (critically important) if you think it is one of the most important areas to be measured.

Please give your score based on how important you think these statements are for people using forensic mental health services in general. To do this you might want to think about your own experience as a service user, carer or professional, but please do not base your score on how you would respond to the statements as questions about yourself at this moment in time.

You can provide written feedback on any of the statements by ticking the feedback box next to it. If you find any of the statements unclear, by clicking the cursor on it, then you will see a more detailed explanation. If the text is too small, please make it larger by using the zoom function on your web browser.

If you feel that there is an important outcome for people using forensic mental health services that is not covered by the statements, then you will be invited to add it and provide comments at the end.

After you have completed this round of the Delphi survey, you will later be invited to take part in round 2, as soon as it opens. In round 2 you will be able to see how others have rated each statement and you will be able to change your score if you want to or keep it the same. The aim of doing this is to try to reach a high level of agreement between people taking part in the Delphi survey. This is by allowing you to see how others have rated the statements in round 1 and let this influence your opinion in round 2.

What will happen to my information?

By completing this survey, you are providing your consent to participate in this study. This means that you are allowing us to ask for your views and to use your information in the way described. Your personal details will be kept separately from your answers to the survey, to allow your views to remain confidential.

All the information you give will remain confidential. We will use it only for this survey and any relevant research purposes related to this study on outcomes in forensic mental health services.

Questions

Please score the below outcome areas as follows:

Please give each statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.

Key: U – Unable to Score; F – Feedback

| **About me** | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| My life feels meaningful | | | | | | | | | | | |
| I have a sense of belonging | | | | | | | | | | | |
| My spiritual needs are met | | | | | | | | | | | |
| I feel confident and have good self-esteem | | | | | | | | | | | |
| I feel positive and hopeful | | | | | | | | | | | |
| I feel enabled to make the changes I want to achieve my goals | | | | | | | | | | | |
| I feel a sense of independence | | | | | | | | | | | |

Please provide any feedback here, indicating which outcome area(s) it is associated with:

Questions

Please score the below outcome areas as follows:

Please give each statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.

Key: U – Unable to Score; F – Feedback

| **My quality of life** | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| My basic needs are met | | | | | | | | | | | |
| My life has the structure I want and need | | | | | | | | | | | |
| I have enough opportunity for enjoyable and meaningful activities | | | | | | | | | | | |
| I have the relationships and friendships I want and need | | | | | | | | | | | |
| I feel accepted by others and comfortable around them | | | | | | | | | | | |

Please provide any feedback here, indicating which outcome area(s) it is associated with:

Questions

Please score the below outcome areas as follows:

Please give each statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.

Key: U – Unable to Score; F – Feedback

| **My health** | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to sleep well | | | | | | | | | | | |
| I eat healthily | | | | | | | | | | | |
| I am able to maintain a healthy weight | | | | | | | | | | | |
| I have enough exercise | | | | | | | | | | | |
| I can manage any unhealthy habits and behaviours | | | | | | | | | | | |
| My mental and emotional health is currently good | | | | | | | | | | | |
| I understand and manage my mental and emotional health well | | | | | | | | | | | |
| I have helpful relationships with staff | | | | | | | | | | | |
| I take any medication I need for my recovery | | | | | | | | | | | |
| Any side effects from my medication are manageable | | | | | | | | | | | |
| I am able to benefit from talking therapies | | | | | | | | | | | |
| I am able to participate in planning my care | | | | | | | | | | | |

Please provide any feedback here, indicating which outcome area(s) it is associated with:

Questions

Please score the below outcome areas as follows:

Please give each statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.

Key: U – Unable to Score; F – Feedback

| **My safety and risk** | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I can recognise and cope with difficult feelings | | | | | | | | | | | |
| I am able to manage difficult situations well | | | | | | | | | | | |
| I am able to avoid behaviours and situations that reduce my safety | | | | | | | | | | | |
| I understand and accept rules that enable everyone to remain safe | | | | | | | | | | | |
| I feel safe | | | | | | | | | | | |
| I am able to take responsibility for myself | | | | | | | | | | | |
| I understand how my behaviour may affect others | | | | | | | | | | | |
| I am able to recognise and respect the feelings of others | | | | | | | | | | | |
| Others feel safe around me | | | | | | | | | | | |

Please provide any feedback here, indicating which outcome area(s) it is associated with:

Questions

Please score the below outcome areas as follows:

Please give each statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.

Key: U – Unable to Score; F – Feedback

| **My life skills** | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to make realistic plans | | | | | | | | | | | |
| I can make the decisions that I need to | | | | | | | | | | | |
| I am able to trust others and ask for help when I need it | | | | | | | | | | | |
| I am able to look after my everyday needs and those of people who depend on me | | | | | | | | | | | |
| I have the skills, education and qualifications that I want | | | | | | | | | | | |
| I am able to play a part in my community | | | | | | | | | | | |

Please provide any feedback here, indicating which outcome area(s) it is associated with:

Questions

Please score the below outcome areas as follows:

Please give each statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.

Key: U – Unable to Score; F – Feedback

| **My progress** | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am at the right place for me in the mental health system | | | | | | | | | | | |
| I am receiving and accepting the support I need from mental health services | | | | | | | | | | | |
| I am making progress towards greater independence | | | | | | | | | | | |

Please provide any feedback here, indicating which outcome area(s) it is associated with:

Please add any additional outcomes that you feel are important, but were not covered by the 42 statements you have just seen and rate its importance. This is optional:

| Outcome | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
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Please add any additional comments here:

# Help text

If requested, please read or show the respective help text for each outcome statement to the person completing the survey.

## About me

- *My life feels meaningful*

Your life has meaning for you, so that it feels worthwhile.

- *I have a sense of belonging*

You feel you have a place in the world, which is right for you.

- *My spiritual needs are met*

This includes spiritual needs in a religious and/or non-religious sense. So, this could include religion of any type, if you are religious, but also your philosophical or mystical needs, whether you are religious or not.

- *I feel confident and have good self-esteem*

You feel confident in your own worth and abilities.

- *I feel positive and hopeful*

You have hope for the future. This does not mean that you necessarily always feel positive in every moment, but overall you feel optimistic.

- *I feel enabled to make the changes I want to achieve my goals*

You feel as if it is possible to make those changes in the world or in yourself that you need to get where you want to be in life.

- *I feel a sense of independence*

You have a sense of personal freedom in your life, within the environment that you are in.

## My quality of life

- *My basic needs are met*

You have the basic necessities of life, such as a suitable place to live and enough food to eat.

- *My life has the structure I want and need*

Your day to day life is organised in a way that helps you to do what you would like to do and that supports your mental and physical wellbeing. For example, having regular activities to engage in.

- *I have enough opportunity for enjoyable and meaningful activities*

You are able to do the things that you find fun and help give your life purpose. These activities could include things like voluntary or paid work, hobbies, sports or creative activities.

- *I have the relationships and friendships I want and need*

This includes all types of relationships that are important to you, including with family members, pets, friends and romantic partners.

- *I feel accepted by others and comfortable around them*

You do not feel judged by other people and you feel comfortable in their company.

**My health**

- *I am able to sleep well*

You are happy with the overall amount and quality of your sleep.

- *I eat healthily*

You are able to enjoy eating a healthy combination of foods.

- *I am able to maintain a healthy weight*

You are happy that your weight is right for you and feel confident about keeping to a healthy weight.

- *I have enough exercise*

You feel able to get enough exercise in a way that is right for you.

- *I can manage any unhealthy habits and behaviours*

You are able to manage any behaviours that you think are unhealthy and would like to change. This includes using substances in an unhealthy way, such as drinking too much alcohol, smoking tobacco or taking other types of drugs. It also includes other types of behaviours that might cause problems in your life, for example gambling too much.

- *My mental and emotional health is currently good*

You feel that you are currently well in terms of your mental health and emotional wellbeing.

- *I understand and manage my mental and emotional health well*

You feel confident that you understand your mental health needs. You know what keeps you feeling emotionally stable and are able to avoid things that make you mentally unwell.

- *I have helpful relationships with staff*

Generally, you get on well with the professionals who you have contact with, wherever you are in the mental health system and you feel supported by them. This could include staff on a ward or members of a community mental health team.

- *I take any medication I need for my recovery*

You recognise that any medication you may take helps to maintain your health and feel able to take it in the way that it is prescribed for you.

- *Any side effects from my medication are manageable*

If you experience any side effects from your medication, you are able to manage these effects.

- *I am able to benefit from talking therapies*

You are able to take part in the talking therapies that you want to and feel that you get the help you need from them. Talking therapies may involve working one to one or in a group and include a wide range of approaches such as cognitive behavioural therapy (CBT), dialectical behavioural therapy (DBT) or alcohol/drug relapse prevention work.

- *I am able to participate in planning my care*

You feel able to discuss what your care from mental health services should involve and take part in making a personalised plan with your team.

**My safety and risk**

- *I can recognise and cope with difficult feelings*

You are aware of difficult feelings that you experience and have healthy ways of dealing with these feelings.

- *I am able to manage difficult situations well*

When you find yourself in a situation that you find challenging, you can respond in a way that avoids making things worse. For example, if someone is telling you something you don't want to hear, you are able to politely walk away.

- *I am able to avoid behaviours and situations that reduce my safety*

You are able to avoid things that might put you at risk. For example, spending time with people using a substance that you don't want to use.

- *I understand and accept rules that enable everyone to remain safe*

You can see why rules are sometimes needed and can understand how these rules benefit everybody, for instance by maintaining a safe environment.

- *I feel safe*

This includes all types of safety. For example, that you feel safe from other people or that you do not feel like you might do something that may result in you being hurt, either accidentally or on purpose.

- *I am able to take responsibility for myself*

You feel like you are responsible for the outcome of your own actions.

- *I understand how my behaviour may affect others*

You are able to see how the things you do can have consequences for other people.

- *I am able to recognise and respect the feelings of others*

You realise how other people are feeling and you value their feelings.

- *Others feel safe around me*

You behave in a way that means other people feel safe with you.

**My life skills**

- *I am able to make realistic plans*

You can set yourself goals that are right for you and are possible for you to achieve.

- *I can make the decisions that I need to*

You feel able to make the choices that enable you to do the things you would like to do and that are necessary for your life.

- *I am able to trust others and ask for help when I need it*

You have confidence in other people who are important to you. You are also able to ask them to support you if there are things you feel unable to do alone.

- *I am able to look after my everyday needs and those of people who depend on me*

This includes all the activities you need for your day to day life, such as looking after yourself, doing domestic tasks and managing your money. It also means that, if you look after anyone else, such as your child or an elderly relative, that you are able to support them appropriately.

- *I have the skills, education and qualifications that I want*

This can include all types of learning that you think are important, such as improving your social abilities, getting specific skills to help you to do a particular job or learning things purely because you enjoy learning.

- *I am able to play a part in my community*

This means being able to contribute in any way you feel is important to a group of people or even just people in general. For example, being able to make the ward you are staying on a better place or to help with a project that supports people in the local area where you live.

**My progress**

- *I am at the right place for me in the mental health system*

You believe that you are in the most appropriate environment for you.  For example, if you are on a medium secure ward or living in a supported hostel, that this is the right place for you to be receiving care at this point in time.

- *I am receiving and accepting the support I need from mental health services*

You feel that you get the right input from services and you agree with the plan for your care.

- *I am making progress towards greater independence*

You have the sense that you are moving forward in your care towards living a more independent life.

## Round 2

Introduction

Thank you for completing round one of the Delphi survey and welcome to the second round.

In this second round you will be asked to look at the statements about the outcome areas from the first round again. This time you will be asked to look at each one in turn. You will be reminded of the score that you gave each item the first time around.

You will also be shown feedback from the other people who took part in the first round of the survey. In total 62 people registered for the survey and 60 of them scored all 42 of the statements. Of the people registering, 20 identified as service users, 4 as carers and 38 as professionals.

You will be able to think about this feedback before you score the outcome area again. You can choose to keep your answer the same or change it, up or down.

You will again be asked to score each statement from 1 to 9 depending on **how important you think it is to measure this area for people using forensic mental health services**. Giving a statement a score of 1 means that you think that it is not important at all to measure this area. If you give a statement a score of 9, then it means that you think it is absolutely essential to measure.

All of these statements have already been described to be important by people taking part in interviews and focus groups. It is likely that you may also feel that many of them are very important. The aim of this survey is to try to identify a small number of the most important outcomes, so please only score a statement between 7 and 9 (critically important) if you think it is one of the most important areas to be measured.

Please give your score based on **how important** you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.

If you change your score significantly for any statement, so that it moves between the categories of 1-3, 4-6 and 7-9, then you will be given the option to say why you made this change. It is up to you if you would like to enter a reason or not.

You will also be asked to score one new statement that has been added since the first round. Please score this 1 to 9 in the same way, although you will not see any feedback from the previous round for this item.

## Question 1

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| About me | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| My life feels meaningful | | | | | | | | | | | |

## Question 2

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| About me | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I have a sense of belonging | | | | | | | | | | | |

## Question 3

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| About me | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| My spiritual needs are met | | | | | | | | | | | |

## Question 4

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| About me | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I feel confident and have good self-esteem | | | | | | | | | | | |

## Question 5

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

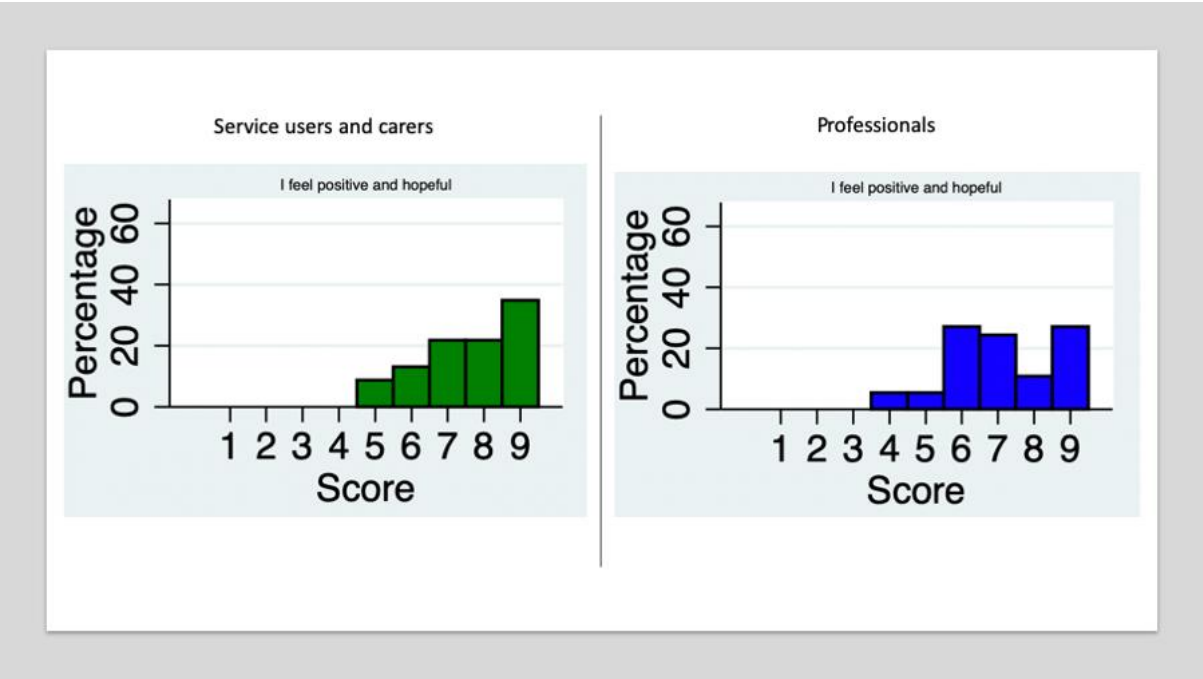
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**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| About me | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I feel positive and hopeful | | | | | | | | | | | |

## Question 6

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| About me | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I feel enabled to make the changes I want to achieve my goals | | | | | | | | | | | |

## Question 7

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| About me | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I have a sense of independence | | | | | | | | | | | |

## Question 8

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

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Key: U – Unable to Score; F – Feedback

| My quality of life | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| My basic needs are met | | | | | | | | | | | |

## Question 9

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

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Key: U – Unable to Score; F – Feedback

| My quality of life | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| My life has the structure I want and need | | | | | | | | | | | |

## Question 10

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

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Key: U – Unable to Score; F – Feedback

| My quality of life | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I have enough opportunity for enjoyable and meaningful activities | | | | | | | | | | | |

## Question 11

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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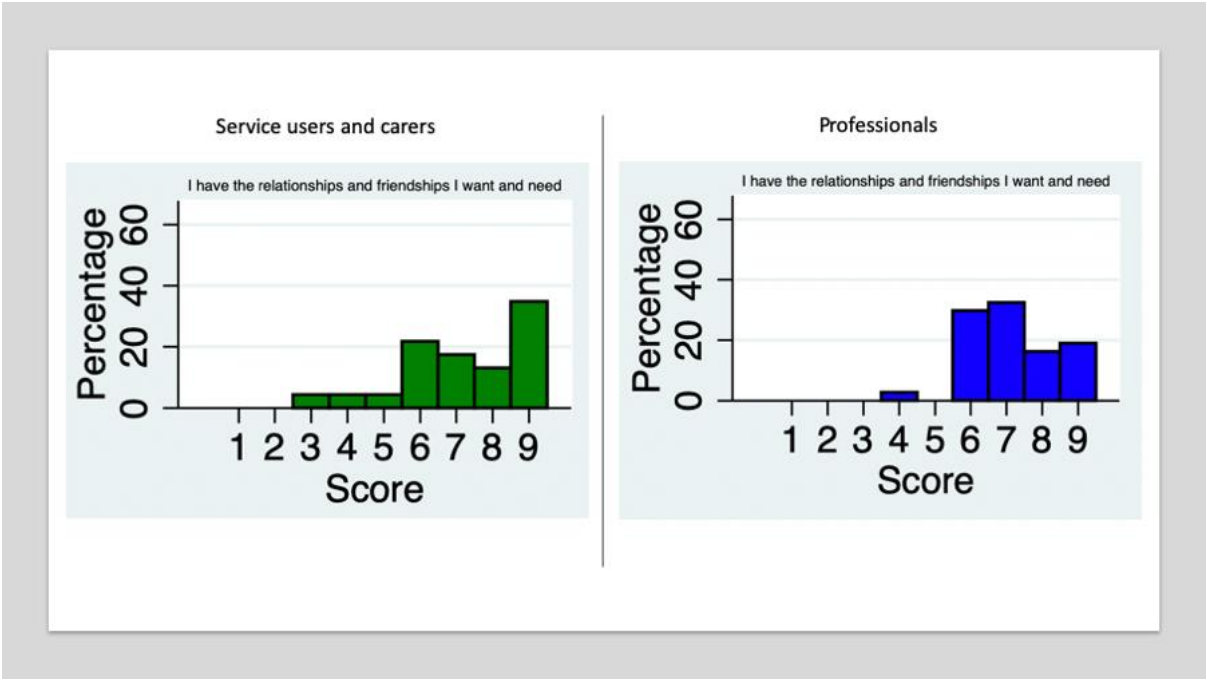
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Key: U – Unable to Score; F – Feedback

| My quality of life | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I have the relationships and friendships I want and need | | | | | | | | | | | |

## Question 12

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

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|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I feel accepted by others and comfortable around them | | | | | | | | | | | |

## Question 13

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to sleep well | | | | | | | | | | | |

## Question 14

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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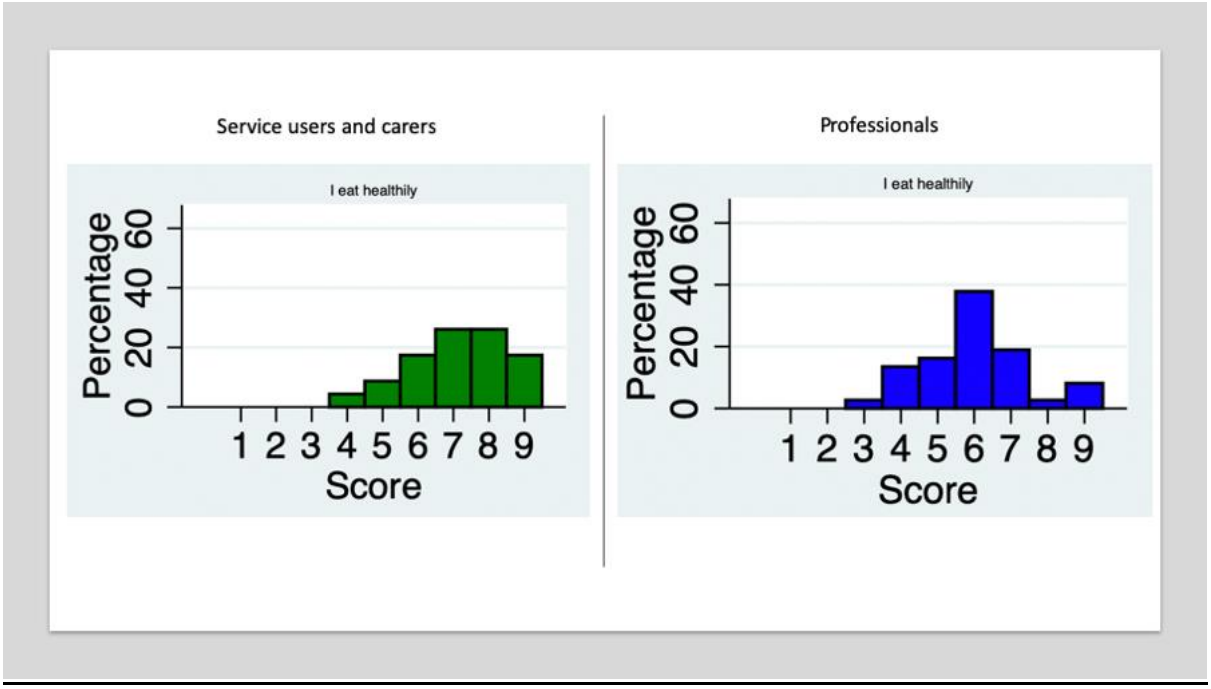
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Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I eat healthily | | | | | | | | | | | |

## Question 15

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to maintain a healthy weight | | | | | | | | | | | |

## Question 16

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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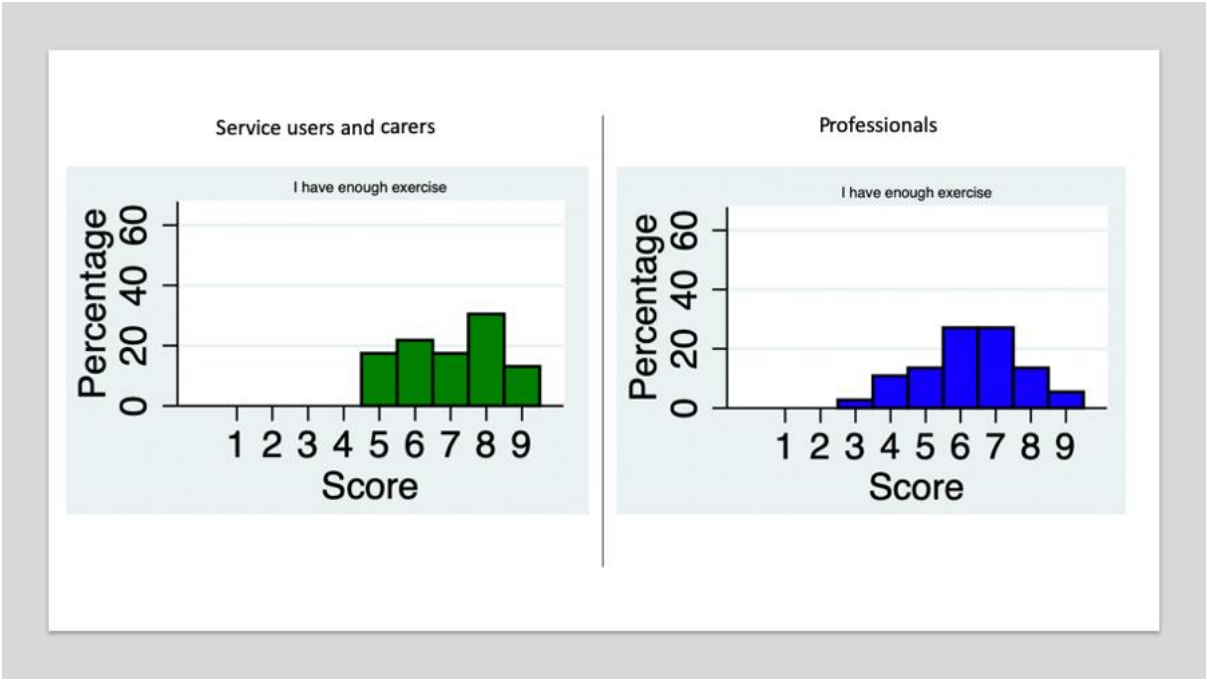
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Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I have enough exercise | | | | | | | | | | | |

## Question 17

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I can manage any unhealthy habits and behaviours | | | | | | | | | | | |

## Question 18

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| My mental and emotional health is currently good | | | | | | | | | | | |

## Question 19

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I understand and manage my mental and emotional health well | | | | | | | | | | | |

## Questions 20

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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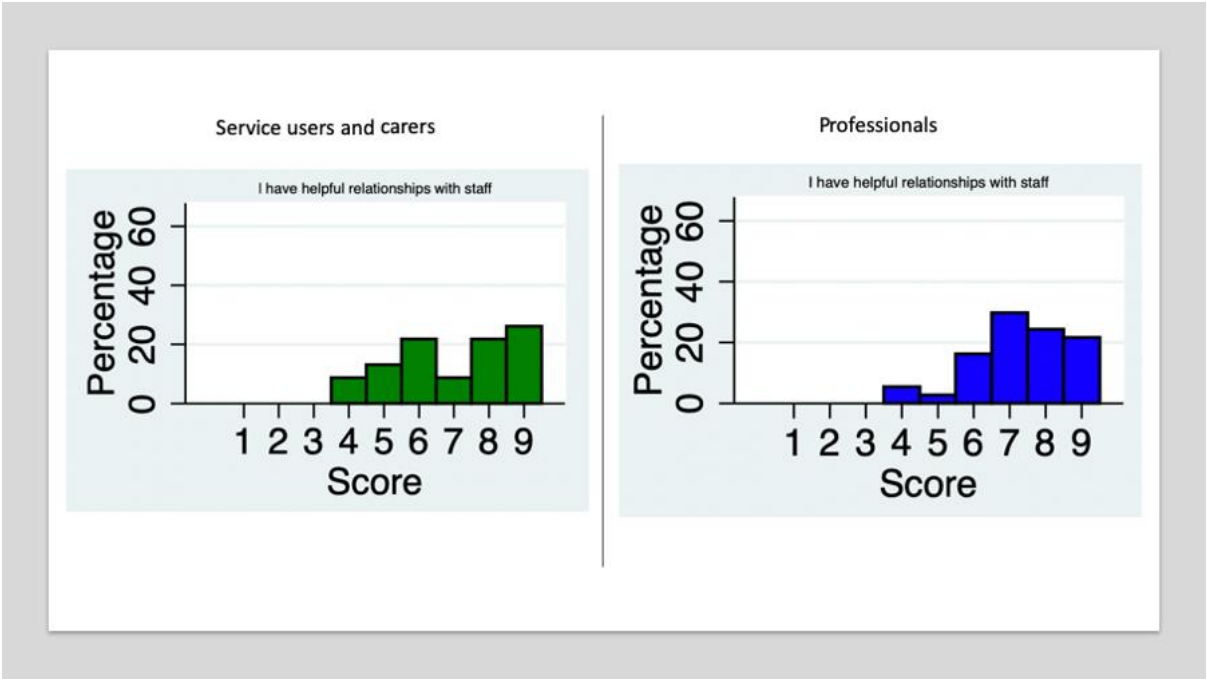
As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I have helpful relationships with staff | | | | | | | | | | | |

## Question 21

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I take any medication I need for my recovery | | | | | | | | | | | |

## Question 22

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| Any side effects from my medication are manageable | | | | | | | | | | | |

## Question 23

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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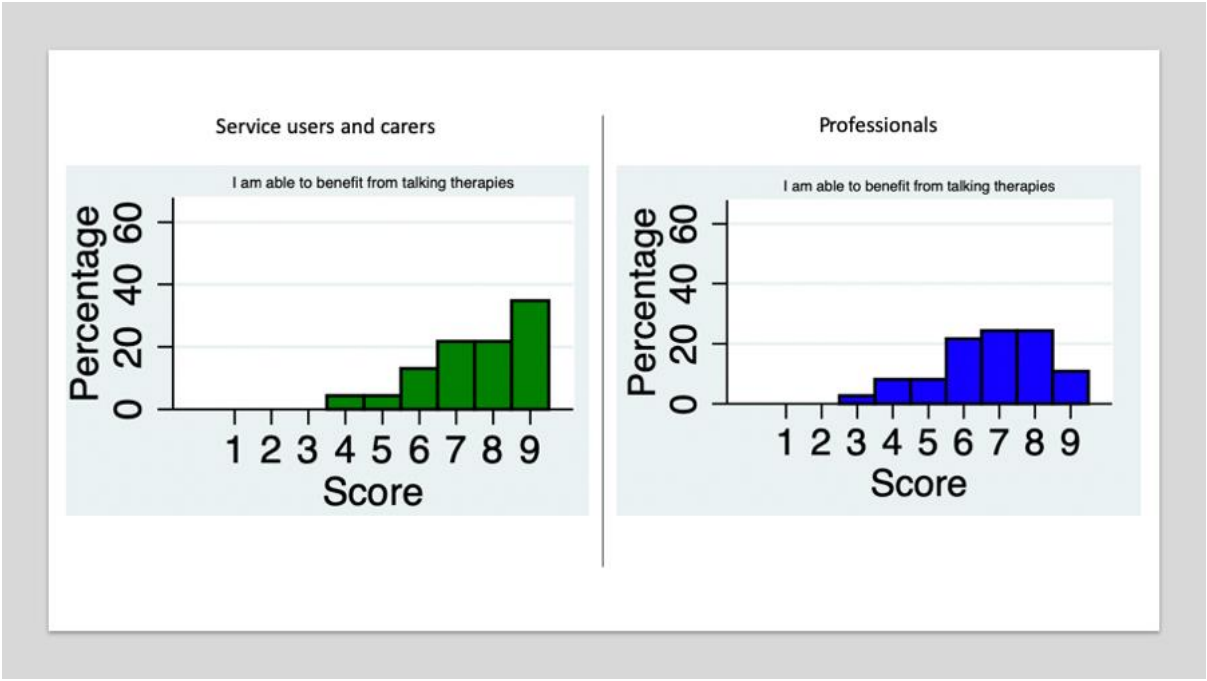
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**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to benefit from talking therapies | | | | | | | | | | | |

## Question 24

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My health | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to participate in planning my care | | | | | | | | | | | |

## Question 25

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I can recognise and cope with difficult feelings | | | | | | | | | | | |

## Question 26

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to manage difficult situations well | | | | | | | | | | | |

## Question 27

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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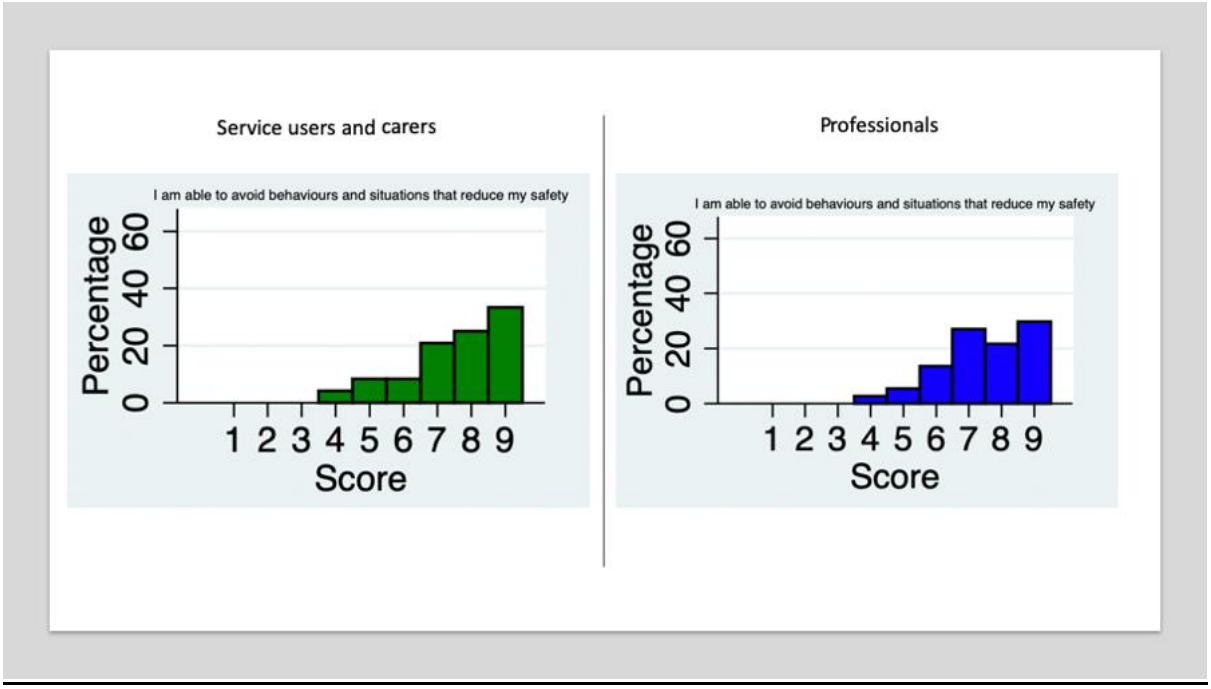
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Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to avoid behaviours and situations that reduce my safety | | | | | | | | | | | |

## Question 28

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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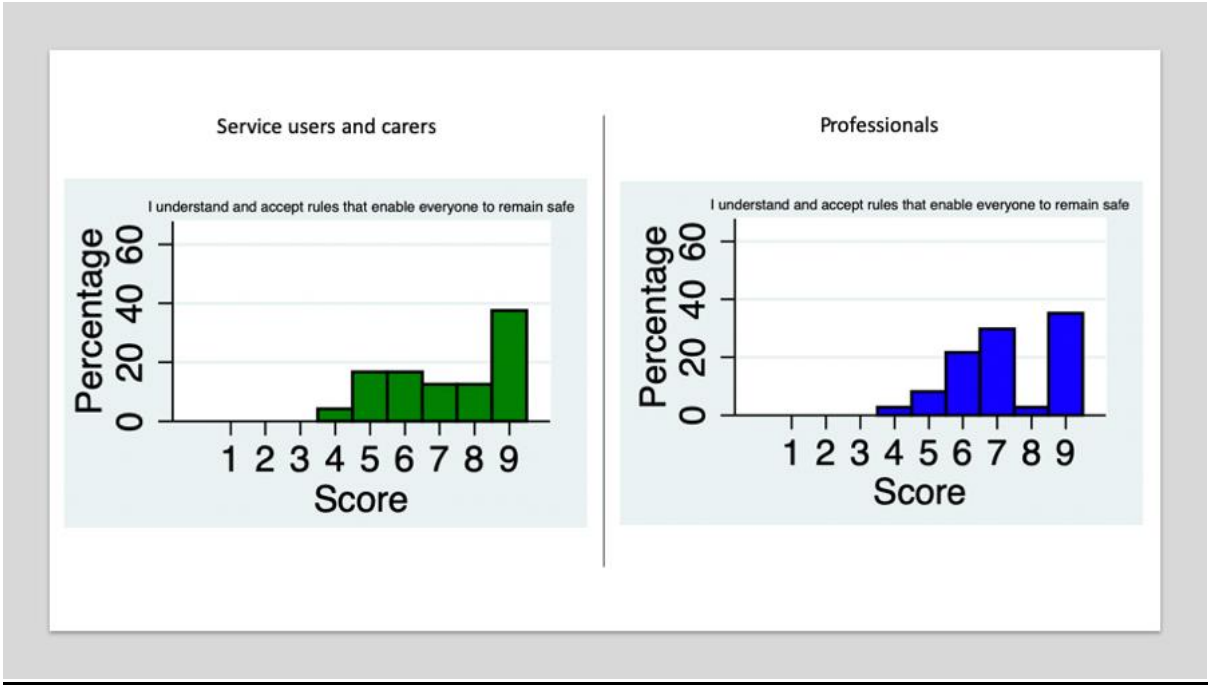
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Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I understand and accept rules that enable everyone to remain safe | | | | | | | | | | | |

## Question 29

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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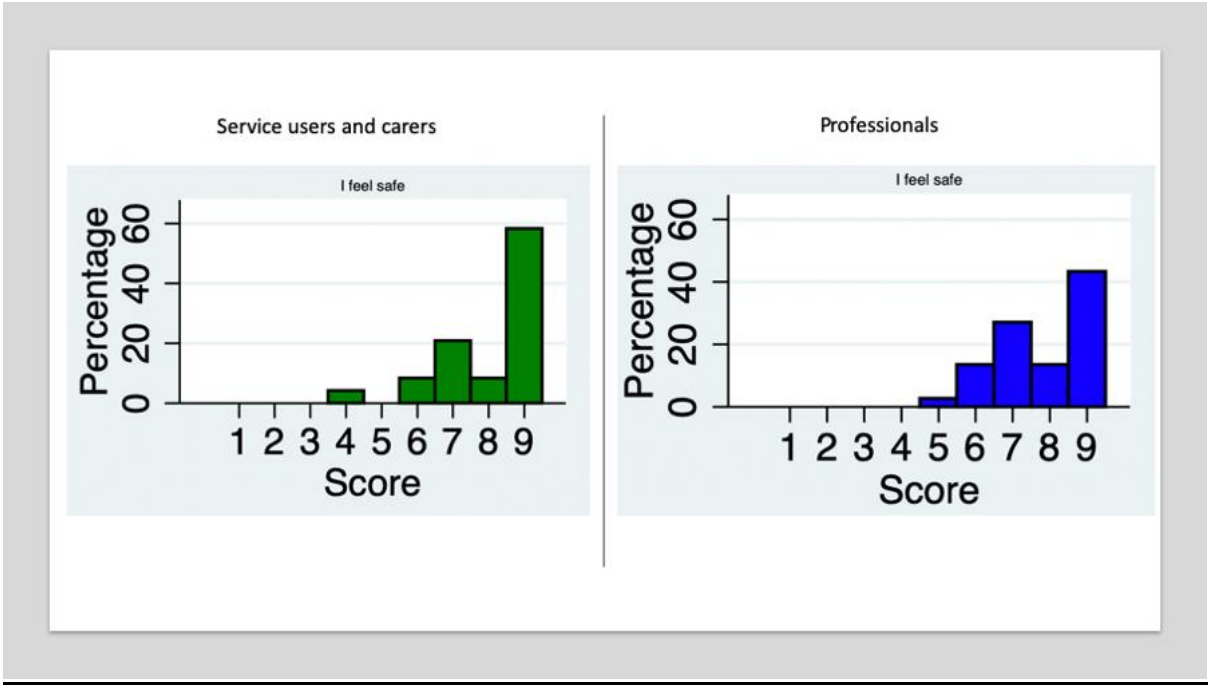
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**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

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Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I feel safe | | | | | | | | | | | |

## Question 30

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

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Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to take responsibility for myself | | | | | | | | | | | |

## Question 31

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I understand how my behaviour may affect others | | | | | | | | | | | |

## Question 32

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to recognise and respect the feelings of others | | | | | | | | | | | |

## Question 33

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My safety and risk | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| Others feel safe around me | | | | | | | | | | | |

## Question 34

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

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Key: U – Unable to Score; F – Feedback

| My life skills | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to make realistic plans | | | | | | | | | | | |

## Question 35

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

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Key: U – Unable to Score; F – Feedback

| My life skills | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I can make the decisions that I need to | | | | | | | | | | | |

## Question 36

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My life skills | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to trust others and ask for help when I need it | | | | | | | | | | | |

## Question 37

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

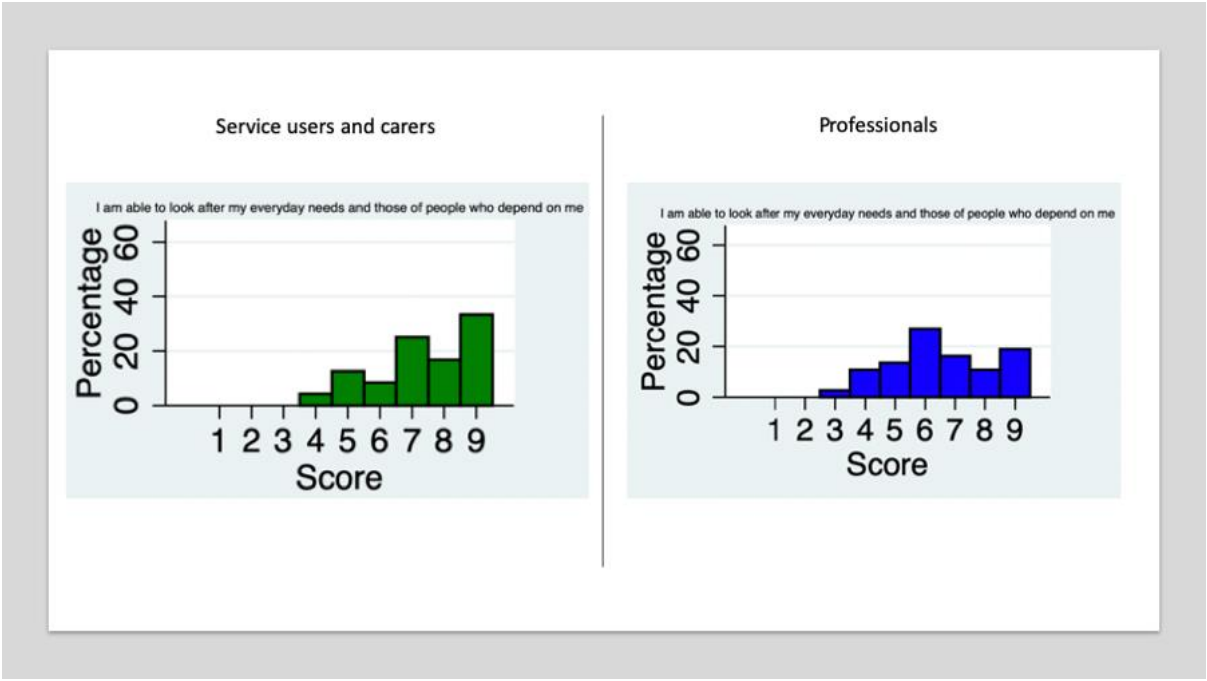
As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My life skills | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to look after my everyday needs and those of people who depend on me | | | | | | | | | | | |

## Question 38

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My life skills | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I have the skills, education and qualifications that I want | | | | | | | | | | | |

## Question 39

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

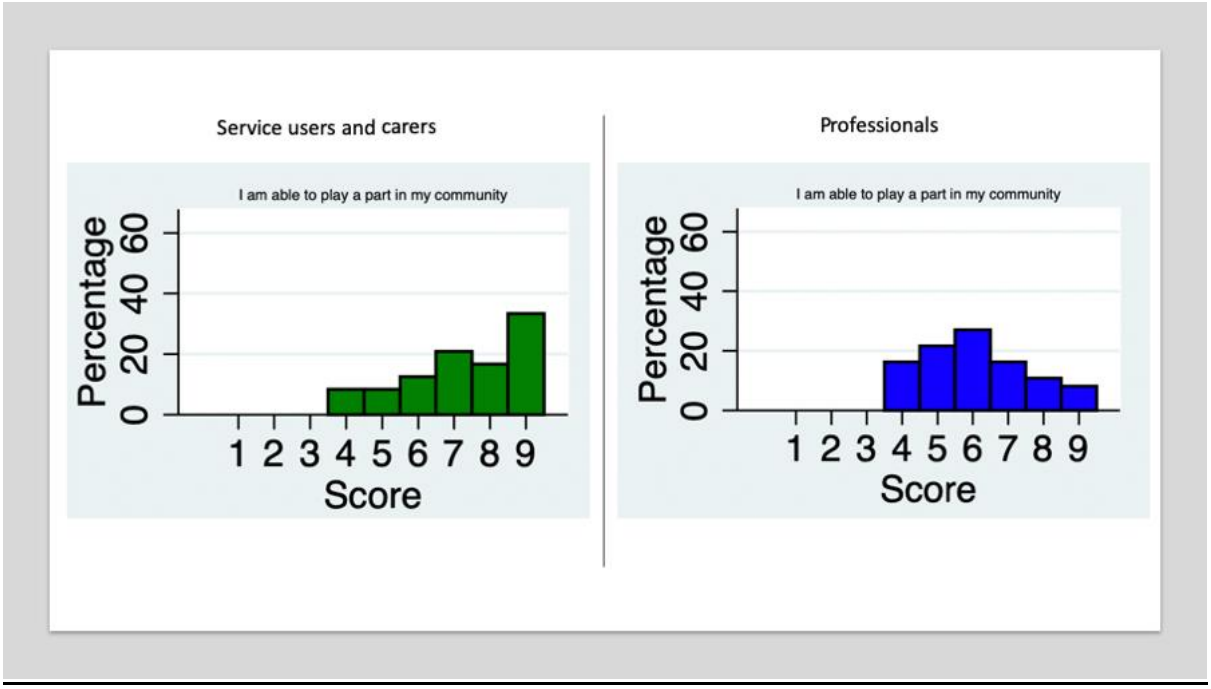
As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My life skills | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am able to play a part in my community | | | | | | | | | | | |

## Questions 40

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My progress | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am at the right place for me in the mental health system | | | | | | | | | | | |

## Question 41

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My progress | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am receiving and accepting the support I need from mental health services | | | | | | | | | | | |

## Question 42

Please have a look at each outcome area in turn. You will see what the other people who took part in the first round thought about it, shown as two graphs. The first graph in green shows the responses of services users and carers and the second in blue shows the responses of professionals. The bars of the graphs show the percentage of that group that chose each score.

You will also see your own score from the first round highlighted.

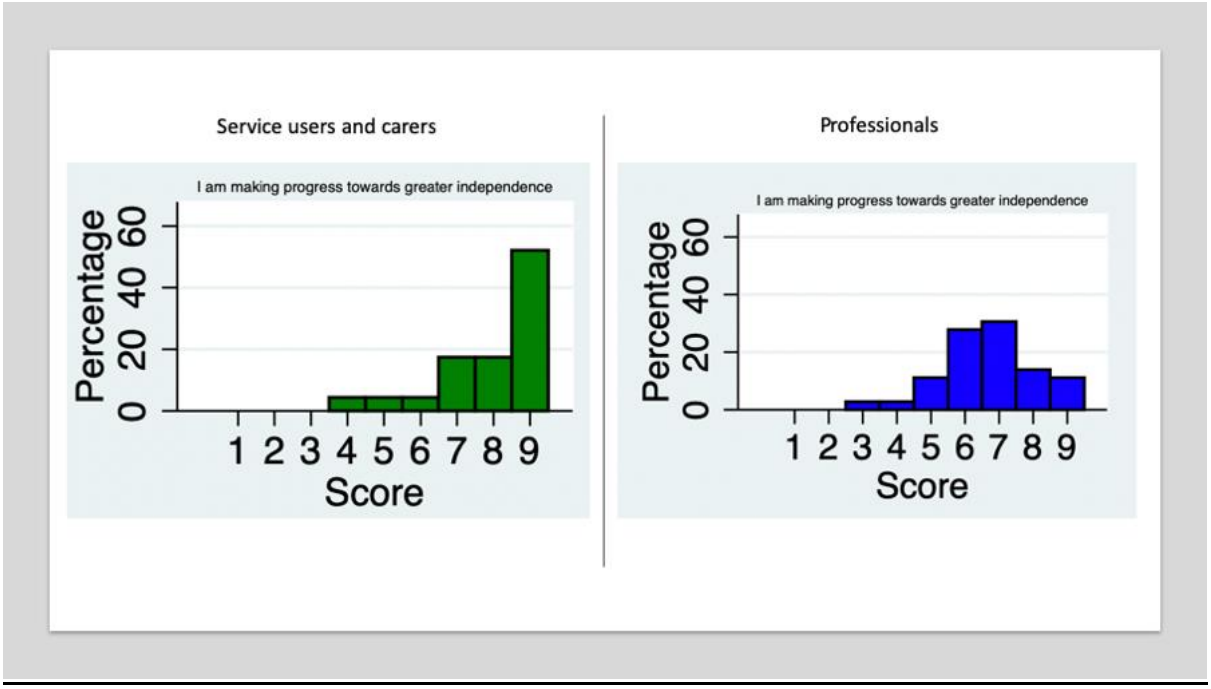
As in the first round, please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible. You can choose to give the same score as last time or you can choose to change it. You may choose to change it for any reason, for example because you have seen how other people have rated it in round one and feel differently now. If you do change your score, you can choose to give either a higher or lower score than last time.

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Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.




Key: U – Unable to Score; F – Feedback

| My progress | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am making progress towards greater independence | | | | | | | | | | | |

New statement

Below is an outcome statement that is new for the second round, based on suggestions from people who participated in the first round. You will not see any feedback for this statement, as there

Please score the below outcome area as follows:

Please give this statement a score of 1-9, with 1 being not important at all and 9 being of the greatest importance possible.

**7-9** is of **critical** importance, such that this would be one of the most important areas to measure.

**4-6** you recognise that the area may be important, but not among the most essential areas to measure.

**1-3** you do not think that this area is important enough to measure.

Remember that although these statements are in the first person (I, my, me), please choose your score on how important you think these statements are for people using forensic mental health services **in general**. To do this you might want to think about your own experience as a service user, carer or professional, but **please do not base your score on how you would respond to the statements as questions about yourself at this moment in time**.

Key: U – Unable to Score; F – Feedback

| **My safety and risk** | Not important | | | Important, but Not Critical | | | Critical | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | U | F |
| I am actively working on reducing my risk of harm to others | | | | | | | | | | | |

Please provide any feedback here, indicating which outcome area(s) it is associated with:

Score changes

Some of the scores you have changed may have moved across the scoring categories, for example from Not Important (1-3) to Important but not critical (4-6) or from Critical (7-9) to Important but not critical (4-6).

Please give a reason for these significant changes, if you wish to:

Please add any additional comments here: