

1 **SGLT2 inhibitors and kidney outcomes by glomerular filtration rate and albuminuria:**

2 **A Collaborative Meta-Analysis**

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55 **Key Points** (limit 100 words)

56 **Question:** Do the kidney protective effects of SGLT2 inhibitors vary by estimated glomerular
57 filtration rate (eGFR) or albuminuria?

58 **Findings:** In this meta-analysis that included 70,361 participants in 10 trials of SGLT2
59 inhibitors vs. placebo, SGLT2 inhibitors significantly reduced progression of chronic kidney
60 disease (CKD), serious acute kidney injury, and kidney failure. The relative risk reduction for
61 CKD progression was consistent regardless of eGFR and albuminuria. Significant reductions
62 in the annual rate of eGFR decline were observed across all subgroups, including when
63 participants with and without diabetes were analysed separately.

64 **Meaning:** These findings support the routine use of SGLT2 inhibitors to improve kidney
65 outcomes across the full spectrum of kidney function and albuminuria among patients with
66 type 2 diabetes, CKD or heart failure.

67 **Importance**

68 Sodium glucose co-transporter 2 (SGLT2) inhibitors reduce chronic kidney disease (CKD)
69 progression in individuals with type 2 diabetes, CKD, or heart failure. However, their effects in
70 those with stage 4 CKD or little to no albuminuria remain uncertain.

71 **Objective**

72 To assess whether estimated glomerular filtration rate (eGFR) or degree of albuminuria, as
73 measured by urinary albumin-to-creatinine ratio (UACR), modifies the effects of SGLT2
74 inhibitors on kidney outcomes.

75 **Data sources**

76 SGLT2 inhibitor trials participating in the SGLT2 Inhibitor Meta-Analysis Cardio-Renal Trialists'
77 Consortium (SMART-C).

78 **Study selection**

79 Randomized, double-blind, placebo-controlled trials within SMART-C evaluating an SGLT2
80 inhibitor with label indications for reducing CKD progression and at least 500 participants in
81 each arm and at least six months of follow-up.

82 **Data extraction and synthesis**

83 Treatment effects in individual trials were pooled using inverse variance weighted meta-
84 analysis.

85 **Main outcomes and measures**

86 CKD progression, defined as kidney failure, $\geq 50\%$ reduction in eGFR, or death due to kidney
87 failure. Other outcomes included annual rate of eGFR decline and kidney failure.

88 **Results**

89 Among 70,361 participants (mean [SD] age 64.8 [8.7] years; 24,595 (35.0%) female) in 10
90 randomized trials, 2,314 (3.3%) experienced CKD progression and 988 (1.4%) reached kidney
91 failure. SGLT2 inhibitors reduced the risk of CKD progression (25.4 vs. 40.3 events per 1000
92 patient-years; HR 0.62, 95% CI 0.57–0.68), irrespective of baseline eGFR (in mL/min/1.73
93 m²): ≥ 60 (HR 0.61, 95% CI 0.52–0.71), 45– <60 (HR 0.57, 95% CI 0.47–0.70), 30– <45 (HR
94 0.64, 95% CI 0.54–0.75), and <30 (HR 0.71, 95% CI 0.60–0.83; P-trend=0.16), and baseline

95 albuminuria (in mg/g): ≤ 30 (HR 0.58, 95% CI 0.44–0.76), >30 – 300 (HR 0.74, 95% CI 0.57–
96 0.96), and >300 (HR 0.57, 95% CI 0.52–0.64; P-trend=0.49). While the magnitude of
97 protection varied, SGLT2 inhibitors reduced the annual rate of eGFR decline across all eGFR
98 and UACR subgroups, including when participants with and without diabetes were analysed
99 separately. SGLT2 inhibitors also reduced the risk of kidney failure alone (HR 0.66, 95% CI
100 0.58-0.75).

101 **Conclusion and relevance**

102 In this meta-analysis, SGLT2 inhibitors were found to lower the risk of CKD progression
103 regardless of baseline eGFR or albuminuria, including in patients with stage 4 CKD or minimal
104 albuminuria, supporting their routine use to improve kidney outcomes across the full spectrum
105 of kidney function among patients with type 2 diabetes, CKD or heart failure.

106 **Introduction**

107 Sodium glucose cotransporter 2 (SGLT2) inhibitors reduce the risk of kidney disease
108 progression, cardiovascular events, and mortality in patients with type 2 diabetes, chronic
109 kidney disease (CKD), or heart failure.¹ As a result, major clinical practice guidelines now
110 recommend their use in these populations.²⁻⁴

111
112 Because their glucose-lowering efficacy declines at lower estimated glomerular filtration rate
113 (eGFR) and due to concerns about the risk of precipitating acute kidney injury (AKI), the use
114 of SGLT2 inhibitors – originally developed as glucose-lowering agents – has historically been
115 restricted in patients with lower eGFR.⁵ Although regulatory thresholds for initiation have been
116 revised in recent years, routinely collected data from health systems worldwide indicate that
117 patients with lower eGFR remain less likely to receive an SGLT2 inhibitor.⁶ Accordingly,
118 patients with advanced CKD (eGFR <30 mL/min/1.73m²) were underrepresented in most
119 SGLT2 inhibitor trials, and real-world uptake in this group is particularly limited, despite their
120 markedly elevated risk of kidney failure and cardiovascular disease.

121
122 Additionally, several guidelines offer varying recommendations on the use of SGLT2 inhibitors
123 in CKD based on albuminuria: Based on completed outcomes trials and their inclusion criteria,
124 the Kidney Disease: Improving Global Outcomes (KDIGO) guidelines give a strong
125 recommendation (1A) for SGLT2 inhibitor use in patients without type 2 diabetes and UACR
126 ≥200 mg/g, compared with a weaker recommendation (2B) for those with UACR <200 mg/g.²
127 Similarly, in the United Kingdom, the National Institute for Health and Care Excellence (NICE)
128 offers varying recommendations for individuals with type 2 diabetes based on UACR
129 thresholds of 30 mg/g and 300 mg/g.⁷ These discrepancies are reflected across several
130 implementation documents and guidelines,^{8,9} highlighting ongoing uncertainty about whether
131 the kidney-protective effects of SGLT2 inhibitors vary according to baseline albuminuria levels.

132

133 To address these uncertainties, we conducted a collaborative meta-analysis of trials
134 participating in the SGLT2 Inhibitor Meta-Analysis Cardio-Renal Trialists' Consortium to
135 evaluate the impact of eGFR and albuminuria on the kidney protective effects of SGLT2
136 inhibitors.

137

138 **Methods**

139 The SGLT2 Inhibitor Meta-Analysis Cardio-Renal Trialists' Consortium (SMART-C) comprises
140 completed randomized, double-blind, placebo-controlled outcome trials with at least 500
141 participants in each treatment arm and follow-up of at least six months.¹ The Consortium is
142 led by an academic steering committee comprising representatives from each of the
143 participating trials. A systematic review was not performed. This analysis was restricted to
144 trials within SMART-C evaluating SGLT2 inhibitors with a label indication for CKD progression
145 (canagliflozin, dapagliflozin, and empagliflozin). Trials in which longitudinal kidney outcomes
146 were not systematically collected were excluded.

147

148 This meta-analysis is one of two SMART-C companion analyses. The current study focuses
149 on the effects of SGLT2 inhibitors on kidney outcomes across the full spectrum of eGFR and
150 albuminuria, while the companion meta-analysis summarizes the net absolute benefits of
151 SGLT2i on kidney, cause-specific hospitalization and cause-specific mortality outcomes by
152 diabetes status and albuminuria.¹⁰ Both were reported according to the PRISMA statement.¹¹

153

154 This meta-analysis includes data from 10 trials (Figure S1): four trials enrolled participants
155 with type 2 diabetes at high atherosclerotic cardiovascular risk (EMPA-REG OUTCOME,
156 CANVAS Program and DECLARE-TIMI 58),¹²⁻¹⁴ four trials studied participants with heart
157 failure across the spectrum of ejection fraction (EMPEROR-Reduced, EMPEROR-Preserved,
158 DAPA-HF and DELIVER),¹⁵⁻¹⁸ and three were primary kidney outcome trials (CREDENCE,
159 DAPA-CKD, EMPA-KIDNEY).¹⁹⁻²¹ Protocols for each of the included trials were approved by
160 relevant ethics committees and all participants provided written informed consent. SGLT2

161 inhibitor trials participating in SMART-C, evaluating effects in the post-myocardial infarction
162 setting (DAPA-MI and EMPACT-MI) were not included because longitudinal kidney outcomes
163 were not systematically recorded.^{22,23} Trials of sotagliflozin, an SGLT1/2 inhibitor, and
164 ertugliflozin were also excluded since these agents do not have a label indication for kidney
165 outcomes. Risk of bias was assessed by the SMART-C Secretariat (BLN and HJLH) using the
166 Cochrane Risk of Bias 2 Tool.

167

168 *Outcomes*

169 The primary outcome in this meta-analysis was CKD progression, defined as kidney failure,
170 $\geq 50\%$ reduction in eGFR, or death due to kidney failure. Kidney failure was defined as dialysis,
171 kidney transplantation, or $eGFR < 15 \text{ mL/min/1.73m}^2$. Secondary clinical outcomes included:
172 (1) kidney failure, $\geq 50\%$ reduction in eGFR, or death due to cardiovascular disease or kidney
173 failure; (2) kidney failure; (3) kidney failure or all-cause mortality; and (4) serious AKI. AKI was
174 defined based on investigator reported adverse events (using the Medical Dictionary for
175 Regulator Activities term “acute kidney injury), and restricted to those identified as serious
176 adverse events (i.e. life-threatening, leading to, or prolonging, hospitalization, or causing
177 persistent or significant disability).

178

179 Additionally, we evaluated effects on the annualized rate of decline in eGFR (eGFR slope) as
180 a secondary outcome.²⁴ Analysis of eGFR slope provides additional statistical power
181 compared to clinical outcomes to evaluate effects on kidney function across eGFR and UACR
182 subgroups. Because SGLT2 inhibitors cause an acute, hemodynamic reduction in eGFR that
183 differs from their long-term effect, we evaluated outcomes over distinct time periods. The acute
184 effect was defined as the change in eGFR from treatment initiation to the first post-
185 randomization assessment (typically within three months). Chronic eGFR slope was defined
186 as the difference in annualized rate of eGFR decline between treatment and placebo,
187 calculated from the first post-randomization measurement until end of follow-up. We also

188 evaluate total eGFR slope, incorporating all eGFR measurements from randomization to end
189 of study.

190

191 *Subgroups*

192 We evaluated treatment effects according to baseline eGFR (<30, 30-<45, 45-<60, and ≥60
193 mL/min/1.73m²) and UACR (<30, 30-300, and >300 mg/g) categories. Additionally, we
194 combined eGFR and UACR using the KDIGO classification of CKD into low, moderate, high,
195 and very-high risk categories. We further examined whether the effects of SGLT2 inhibitors
196 on kidney outcomes are modified by eGFR, UACR and KDIGO risk categories separately in
197 patients with and without diabetes. While there were very few participants with eGFR <20
198 mL/min/1.73m² at randomization based on the lower eGFR thresholds for trial entry, we
199 divided the subgroup with eGFR <30 mL/min/1.73m² into 20 to <30 and <20 mL/min/1.73m²
200 in exploratory analyses to examine treatment effects in these individuals in whom treatment
201 initiation is not currently recommended by guidelines.

202

203 *Statistical analysis*

204 We conducted a two-stage meta-analysis, with outcome definitions harmonized across trials,
205 in line with previous SMART-C collaborative meta-analyses.^{1,25,26} Treatment effects were
206 obtained from individual trials and pooled using inverse variance weighted meta-analysis. Two
207 trials (DAPA-HF and DELIVER) recorded eGFR at baseline but not UACR. These trials were
208 included in overall treatment effect estimates and subgroup analyses by baseline eGFR, since
209 all participants had the opportunity to have eGFR evaluated at baseline, but were excluded
210 from subgroup analyses by baseline UACR. Data were independently verified at the trial level
211 by each collaborating group and subsequently subjected to central quality control by two
212 authors at the SMART-C data coordinating centre, The George Institute for Global Health.

213

214 We compared characteristics of participants at baseline across the aforementioned eGFR and
215 UACR categories. We used the inverse variance weighted method to calculate the weighted

216 pooled mean and standard deviation for continuous variables and pooled number and
217 proportions for categorical variables.

218

219 Treatment effects on clinical outcomes were estimated in individual trials using Cox regression
220 models with covariate stratification as pre-specified in each trial. We obtained summary effect
221 estimates, overall and according to baseline eGFR and UACR by pooling log-transformed
222 hazards ratios using inverse variance weighted averages. We assessed effect modification
223 across ordered eGFR, UACR and KDIGO risk categories using Cochran-Armitage tests for
224 trend..

225

226 Consistent with our previous work, we used a two-slope mixed-effects linear spline model with
227 an unstructured covariance matrix for eGFR slope analyses. Acute, chronic and total slopes
228 were defined based on this two-slope model, with a knot placed at the first eGFR value after
229 randomization. Models included two-way and three-way interaction terms between
230 randomized treatment, eGFR or UACR, and the two-slope linear spline for follow-up time. A
231 detailed description of these methods, including worked examples for calculating eGFR slope
232 as used in SMART-C publications, is publicly available on GitHub ([https://github.com/SGLT2-
233 Trialists-Consortium/egfr-slope](https://github.com/SGLT2-Trialists-Consortium/egfr-slope)). For all eGFR slope analyses, we report both relative effects
234 (percentage change) and absolute effects (mL/min/1.73m²/year). Because absolute effects on
235 chronic and total eGFR slopes are influenced by the underlying rate of CKD progression, any
236 observed heterogeneity in absolute effects may reflect differences in baseline risk and may
237 not be generalizable. As our primary aim was to assess effect modification by eGFR and
238 UACR, we focused on relative effects for chronic eGFR slope, which are also more likely to
239 be generalizable to routine clinical populations. Relative acute effects were calculated by
240 dividing the absolute treatment effect and its 95% confidence interval by the mean baseline
241 eGFR, while relative effects on chronic eGFR slope were calculated by dividing the absolute
242 treatment effect and its 95% confidence interval by the rate of eGFR decline in the placebo

243 arm. This approach is consistent with our previous work,²⁵ and the accompanying companion
244 meta-analysis.¹⁰

245

246 Effect estimates on eGFR slope in individual trials were meta-analyzed using the approach
247 described previously, with Cochran-Armitage tests for trend used to evaluate heterogeneity
248 across ordered eGFR, UACR and KDIGO subgroups.

249

250 All analyses including clinical outcomes and eGFR slope were conducted using an intention-
251 to-treat approach. All P values were two-sided with values <0.05 considered statistically
252 significant. Trial-level meta-analysis was performed using R version 4.3.1.

253

254 **Results**

255 The meta-analysis included 70,361 participants enrolled in 10 randomized, double-blind,
256 placebo-controlled trials (Table S1). Risk of bias was low in all trials (Table S2). Characteristics
257 of participants across eGFR and UACR categories are displayed in Table 1. In lower eGFR
258 categories, participants were more likely to have UACR >300 mg/g and less likely to have
259 atherosclerotic cardiovascular disease or diabetes, reflecting that those with reduced eGFR
260 were predominantly enrolled from CKD trials. Similarly, in higher UACR categories,
261 participants were more likely to have eGFR <45 mL/min/1.73m², be male, and were less likely
262 to have atherosclerotic cardiovascular disease or diabetes.

263

264 Overall, 2,314 (3.3%) participants experienced the primary outcome of CKD progression, and
265 5,739 (8.2%) experienced CKD progression or death due to cardiovascular causes. 988
266 (1.4%) reached kidney failure, and 6,996 (9.9%) reached kidney failure or died due to any
267 cause. 1,344 (1.9%) participants had serious AKI.

268

269 The incidence of the primary outcome of CKD progression was lower with SGLT2 inhibitors
270 compared to placebo (40.3 vs. 25.4 events per 1000 patient-years; HR 0.62, 95% CI 0.57–

271 0.68). SGLT2 inhibitors also lowered the risks of all secondary kidney outcomes studied,
272 including CKD progression or cardiovascular death (HR 0.75, 95% CI 0.72-0.80), kidney
273 failure alone (HR 0.66, 95% CI 0.58-0.75), kidney failure or all-cause mortality (HR 0.85, 95%
274 CI 0.81-0.89) and serious AKI (HR 0.74, 95% CI 0.66-0.82) (Figure S2).

275

276 The effect of SGLT2 inhibitors on CKD progression was similar across eGFR categories: ≥ 60
277 (HR 0.61, 95% CI 0.52–0.71), $45 < eGFR < 60$ (HR 0.57, 95% CI 0.47–0.70), $30 < eGFR < 45$ (HR 0.64, 95%
278 CI 0.54–0.75), and < 30 mL/min/1.73 m² (HR 0.71, 95% CI 0.60–0.83; P-trend=0.16; Figure 1).

279 In an exploratory analysis, the effect was also consistent when we divided participants with
280 stage 4 CKD into eGFR 20-30 mL/min/1.73m² and < 20 mL/min/1.73m², although there were
281 only 254 (0.4%) participants in the < 20 mL/min/1.73m² subgroup (P-trend=0.12; Figure S3).

282 In analyses further stratified by diabetes status, there was no evidence that the effect of
283 SGLT2 inhibitors on CKD progression was modified by eGFR in participants with diabetes (P-
284 trend=0.39) or those without diabetes (P-trend=0.57) (Figure 1).

285

286 SGLT2 inhibitors reduced risk of CKD progression regardless of baseline UACR, with benefit
287 in participants with UACR ≤ 30 (HR 0.58, 95% CI 0.44-0.76), > 30 -300 mg/g (HR 0.74 (95% CI
288 0.57-0.96) and > 300 mg/g (HR 0.57, 95% CI 0.52-0.64; P-trend=0.49; Figure 2). In analyses
289 treating participants with and without diabetes separately, again there was no evidence of
290 effect modification by baseline UACR in either population (P-trend=0.96 and 0.07 for diabetes
291 and non-diabetes, respectively; Figure 2), though there were very few events in participants
292 without diabetes and UACR ≤ 30 mg/g. SGLT2 inhibitors reduced the risk of CKD progression
293 irrespective of KDIGO risk categories, overall and in participants with and without diabetes
294 (Figure S4).

295

296 SGLT2 inhibitors induced an acute decline in eGFR (relative change -5% , 95% CI -4.7 to
297 -5.2 ; absolute change -2.19 mL/min/1.73 m², 95% CI -2.31 to -2.08 ; Figure 3). In relative
298 terms, this acute reduction was more pronounced at lower baseline eGFR (P-trend < 0.001),

299 whereas in absolute terms, the decline was attenuated at lower baseline eGFR (P-trend =0.01;
300 Figure S5). The relative acute effect was also greater in participants with higher UACR, likely
301 reflecting the lower mean baseline eGFR across higher UACR categories (Figure 3). Acute
302 effects across KDIGO risk categories, and absolute effects across subgroups, are shown in
303 Figures S5-6.

304

305 SGLT2 inhibitors reduced the annual rate of eGFR decline (relative difference -51%, 95% CI
306 -54 to -49; absolute difference 1.26 mL/min/1.73m²/year, 95% CI 1.20-1.32; Figure 4).
307 Although there was some evidence that the magnitude of benefit varied across eGFR and
308 UACR categories (P-trend=0.02 and 0.002, respectively) there was clear and separate benefit
309 for all eGFR and UACR subgroups, including eGFR <30 mL/min/1.73m² (-47%, 95% CI -59 to
310 -34) and UACR ≤30 mg/g (-54%, 95% CI -58 to -50) (Figure 4). Since the rate of eGFR decline
311 increased with increasing UACR, absolute effects were generally largest in participants with
312 UACR >300 mg/g (Figure S7). Patterns were similar across eGFR and UACR subgroups
313 stratified by diabetes status (Figure 4), KDIGO risk categories (Figure S8) and when
314 evaluating total eGFR slope (Figure S9).

315

316 There was some evidence that the reduction in serious AKI with SGLT2 inhibitors was
317 attenuated in participants with eGFR <30 mL/min/1.73m² (P-trend=0.02) but this effect was
318 consistent regardless of UACR (P-trend=0.49, respectively; Figure S10).

319

320 **Discussion**

321 In this large, collaborative meta-analysis using individual participant data, we observed
322 reductions with SGLT2 inhibitors for all kidney outcomes studied, including kidney failure
323 alone. Importantly, SGLT2 inhibitors lowered the risk of CKD progression across the full
324 spectrum of eGFR and UACR, including among participants with eGFR <30 mL/min/1.73m²
325 and those with little to no albuminuria, for whom current guidelines offer weaker
326 recommendations. While few clinical outcomes were observed in participants without diabetes

327 and with normal levels of albuminuria, analyses of eGFR slope, a more sensitive, continuous
328 outcome, demonstrated clear benefits on kidney function decline across all eGFR and
329 albuminuria subgroups. This was also true when participants with and without diabetes were
330 assessed separately, and regardless of whether eGFR slope was expressed as relative or
331 absolute differences. These findings, representing the totality of the large-scale randomized
332 evidence for SGLT2 inhibitors approved for reducing CKD progression, provide the clearest
333 support to date for routine use of SGLT2 inhibitors across the full spectrum of CKD, including
334 in patients with stage 4 CKD, who are at the highest risk of kidney failure, and in those with
335 little to no albuminuria.

336

337 Our findings reinforce recommendations from major cardiovascular, endocrinology and
338 nephrology clinical practice guidelines to initiate SGLT2 inhibitors in patients with CKD and an
339 eGFR ≥ 20 mL/min/1.73 m², regardless of diabetes.^{2,27,28} Data from over 27 million individuals
340 in the CKD Prognosis Consortium indicate that patients with stage 4 CKD (eGFR < 30
341 mL/min/1.73 m²) are at between 110 to 580 times higher risk of kidney failure (depending on
342 level of albuminuria) compared to those with eGFR ≥ 90 mL/min/1.73m² and with normal
343 albuminuria.²⁹ Uptake of SGLT2 inhibitors among those with stage 4 CKD has been limited,
344 partly because the level of evidence provided by this collaborative meta-analysis was not
345 previously available, but also because of the continuing perception of SGLT2 inhibitors as
346 glucose-lowering agents, whose glycosuric effect is almost completely abrogated at this level
347 of kidney function.³⁰ Additionally, there were residual concerns regarding the safety in this
348 population because of the relatively limited number of participants with stage 4 CKD enrolled
349 in individual trials. This meta-analysis identified no increased risk of serious AKI, even
350 amongst those with stage 4 CKD. The overall reduction in serious AKI indicates a strong case
351 for updating labelling on AKI risk with SGLT2 inhibitors, which may help to assuage any
352 remaining concerns about their safety in patients with stage 4 CKD. Better treatment for this
353 very-high risk group offers a major opportunity to reduce the individual and societal burden of
354 kidney failure.

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Equally important, the clear kidney benefits observed in patients across the spectrum of albuminuria suggest that guidelines that offer weaker recommendations for patients with lower levels of albuminuria should be updated. Our results extend a 2019 meta-analysis that reported no effect modification by baseline albuminuria,³¹ now in a much larger and broader population, including those without diabetes. Patients with severely increased albuminuria (UACR >300 mg/g) are at highest risk of CKD progression and the absolute benefits of SGLT2 inhibitors are largest in these individuals. However, the National Health and Nutrition Examination Survey estimates that 8.6% of adults in the United States have a UACR of 30–300 mg/g while only 1.6% have a UACR >300 mg/g. Treating the *five-fold* larger population in the United States with moderately increased albuminuria may deliver large additional health gains. The same is likely to be true in many other geographical regions where lower levels of albuminuria represent the majority of cases of CKD.³² When initiated in early-stage CKD, renin-angiotensin system blockade has been shown to provide more years free from kidney failure compared with intervention in advanced CKD.³³ Taken together, more widespread implementation of SGLT2 inhibitors in patients with lower levels of albuminuria and early-stage CKD, particularly those with concomitant diabetes, could have substantial benefits in preventing kidney function decline at a population level. Nevertheless, we recognize that rates of CKD progression observed in trial populations, such as those included in this meta-analysis, are not necessarily generalizable to routine care. When considering the broader benefits of SGLT2 inhibitors on hospitalization and mortality outcomes, as summarized in the accompanying companion study,¹⁰ the totality of the available evidence indicates that the direct economic benefits to health systems are likely to be considerable, since SGLT2 inhibitors are already available as generics in several countries, with patent expiry expected in most jurisdictions within the next few years. Economic evaluation in different settings may provide important information for policymakers and health systems.

382 The acute reductions in eGFR summarised in this meta-analysis are modest across all eGFR
383 and UACR subgroups and considerably smaller than the 20-30% threshold at which temporary
384 treatment discontinuation is recommended in clinical practice guidelines.² While relative
385 effects are most informative for evaluating long-term outcomes, acute declines in eGFR are
386 typically viewed as a safety consideration and are therefore more commonly interpreted in
387 absolute terms. The smaller absolute reductions observed at lower baseline eGFR resemble
388 the pattern seen with renin–angiotensin system blockade.³⁴ Our findings should reassure
389 clinicians that these effects are minimal at lower GFR and should not preclude treatment
390 initiation.

391

392 **Limitations**

393 The findings from this collaborative meta-analysis have some limitations. First, data on the
394 effects of SGLT2i in patients with eGFR <20 mL/min/1.73m² was limited to one trial – EMPA-
395 KIDNEY – precluding recommendations to initiate therapy below current thresholds. The
396 RENAL LIFECYCLE trial will address this gap by evaluating dapagliflozin versus placebo in
397 approximately 1500 patients with eGFR <25 mL/min/1.73m², kidney failure requiring dialysis,
398 or kidney transplant recipients.³⁵ Second, despite pooling of data across 10 trials, the number
399 of primary outcome events was limited among participants without diabetes and with normal
400 albuminuria (UACR <30 mg/g), reducing the statistical power to assess effect modification by
401 albuminuria separately in patients without diabetes, though the use of the continuous outcome
402 of eGFR slope provided better power to assess effects on kidney function in these individuals.
403 Third, the distribution of albuminuria across eGFR subgroups in this meta-analysis reflects the
404 entry criteria of the included trials and may not mirror routine clinical practice (e.g., most
405 participants with advanced CKD had severely increased albuminuria). Importantly, however,
406 the consistent effects across eGFR, UACR, and KDIGO risk categories support the
407 generalizability of these relative effect estimates to broader CKD populations in clinical care.
408 Fourth, while we did not conduct a one-stage meta-analysis, our individual participant-level

409 approach to harmonizing outcomes is consistent with methods used by other large
410 cardiometabolic consortia.²⁹

411

412 **Conclusions**

413 In summary, SGLT2 inhibitors lower the risk of CKD progression regardless of baseline eGFR
414 or albuminuria, reduce serious acute kidney injury and kidney failure. These data provide
415 strong support for their routine use to improve kidney outcomes across the spectrum of kidney
416 function and albuminuria among patients with type 2 diabetes, CKD or heart failure.

417 **CONTRIBUTIONS**

418 BLN & HJLH conceived the meta-analysis and developed its analytical strategy. BLN and
419 HJLH serve as Secretariat of SMART-C (www.smart-c.net). BLN and HJLH are responsible
420 for the decision to submit for publication. RAF performed the meta-analysis. BLN and HJLH
421 wrote the first draft of the manuscript. All authors contributed to interpretation and manuscript
422 review.

423

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426 Investigator Grant and reports fees for travel support, advisory boards, scientific
427 presentations, and steering committee roles from AstraZeneca, Alexion, Bayer, Boehringer
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430 **RAF** has received studentship awards from the HDR-UK-Turing Wellcome Programme
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440 **DB** discloses the following relationships - Advisory Board: Angiowave, Antlia Bioscience,
441 Bayer, Boehringer Ingelheim, CellProthera, Cereno Scientific, E-Star Biotech, High Enroll,
442 Janssen, Level Ex, McKinsey, Medscape Cardiology, Merck, NirvaMed, Novo Nordisk,
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448 Assistance Publique-Hôpitaux de Paris, Baim Institute for Clinical Research, Boston
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458 Knowledge Translation Research Group (clinical trial steering committees), CSL Behring
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460 in Chief, Journal of Invasive Cardiology), Medtelligence/ReachMD (CME steering
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490 Academy; has served on advisory boards or performed consultancy for Abbott, FIRE-
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535 **BN** has received grants for CANVAS and CREDENCE; is on an advisory board and has
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542 **MP** reports consulting to 89bio, AbbVie, Altimmune, Alnylam, Amarin, Amgen, Ardelyx,
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548 roles, scientific presentations, or advisory board attendance, or a combination, from Abbvie,
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575 **MV** has received research grant support, served on advisory boards, or had speaker
576 engagements with American Regent, Amgen, AstraZeneca, Bayer AG, Baxter Healthcare,
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579 participates on clinical trial committees for studies sponsored by AstraZeneca, Galmed,
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604 **DATA SHARING & OPEN ACCESS**

605 Detailed information on data sharing policies for the individual trials included within SMART-
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607

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623

624

625

Table 1. Characteristics of participants at baseline according to eGFR and UACR at randomization in the 10 included trials.

	eGFR (mL/min/1.73m ²)				UACR (mg/g)		
	<30 (n=3895)	30 to <45 (n=10891)	45 to <60 (n=12167)	≥60 (n=43147)	≤30 (n=29767)	>30 to 300 (n=14176)	>300 (n=14873)
Age, years, mean (SD)	67.9 (11.5)	69.4 (9.8)	68.8 (8.6)	63.5 (8.0)	64.6 (7.8)	65.4 (8.6)	62.7 (10.2)
Male, n (%)	2485 (63.8)	6836 (62.8)	7804 (64.1)	28442 (65.9)	18356 (61.7)	9667 (68.2)	10250 (68.9)
Female, n (%)	1410 (36.2)	4055 (37.2)	4363 (35.9)	14705 (34.1)	11411 (38.3)	4509 (31.8)	4623 (31.1)
Race							
Asian	1053 (27.0)	2629 (24.1)	2511 (20.6)	7530 (17.5)	4018 (13.5)	2815 (19.9)	4472 (30.1)
Black	174 (4.5)	460 (4.2)	493 (4.1)	1742 (4.0)	1181 (4.0)	615 (4.3)	668 (4.5)
White	2504 (64.3)	7324 (67.2)	8585 (70.6)	32042 (74.3)	23437 (78.7)	10224 (72.1)	8801 (59.2)
Other	164 (4.2)	463 (4.3)	561 (4.6)	1805 (4.2)	1096 (3.7)	505 (3.6)	926 (6.2)
Medical history							
Atherosclerotic cardiovascular disease, n (%)	1687 (43.3)	6023 (55.3)	7831 (64.4)	25649 (59.4)	18512 (62.2)	8920 (62.9)	6931 (46.6)
Diabetes, n (%)	2262 (58.1)	6961 (63.9)	8369 (68.8)	36558 (84.7)	25829 (86.8)	11748 (82.9)	11369 (76.4)
Heart failure, n (%)	959 (24.6)	4186 (38.4)	5579 (45.9)	12982 (30.1)	6645 (22.3)	3614 (25.5)	2364 (15.9)
Systolic BP	135.9 (18.2)	133.0 (17.0)	132.2 (16.1)	133.3 (15.8)	132.2 (15.1)	135.2 (16.1)	140.1 (16.9)
Estimated GFR, mL/min/1.73m ²							
≥60	43147	23435 (78.7)	8612 (60.8)	4652 (31.3)
45 to <60	12167	..	3353 (11.3)	2372 (16.7)	3518 (23.7)
30 to <45	..	10891	2195 (7.4)	2231 (15.7)	4524 (30.4)
<30	3895	614 (2.1)	901 (6.4)	2161 (14.5)
UACR, mg/g							
≤30	614 (15.8)	2195 (20.2)	3351 (27.5)	23433 (54.3)	29767
>30 to 300	901 (23.1)	2231 (20.5)	2374 (19.5)	8614 (20.0)	..	14176	..
>300	2161 (55.5)	4524 (41.5)	3518 (28.9)	4652 (10.8)	14873
RAS blockade, n (%)	3218 (82.6)	9481 (87.1)	10643 (87.5)	35837 (83.1)	24085 (80.9)	11819 (83.4)	13756 (92.5)

Race was self-reported in all trials. Atherosclerotic cardiovascular disease was defined as a history of coronary artery disease, peripheral artery disease or cerebrovascular disease. Diabetes status was based on investigator reported medical history. History of heart failure was based on investigator reported medical history (outside of the dedicated heart failure trials). eGFR: estimated glomerular filtration rate; UACR: urinary albumin-to-creatinine ratio; SD: standard deviation; ASCVD: atherosclerotic cardiovascular disease; BP: blood pressure; RAS: renin angiotensin system.

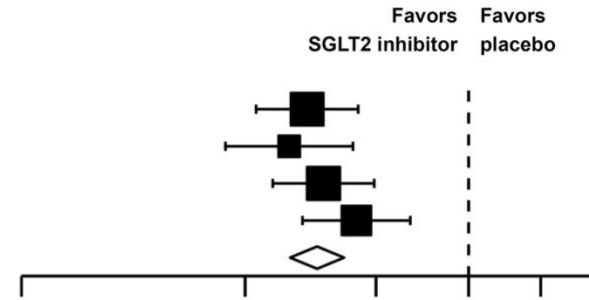
Figure 1. Effects of SGLT2i on CKD progression according to baseline eGFR, overall and by diabetes status.

Baseline estimated GFR (mL/min per 1.73m ²)	SGLT2 inhibitor <i>no. / total no. (%)</i>	Placebo	HR (95% CI)
---	---	---------	-------------

All

≥60	271/23,164 (1.2)	369/19,951 (1.8)	0.61 (0.52–0.71)
45 to <60	164/6255 (2.6)	273/5902 (4.6)	0.57 (0.47–0.70)
30 to <45	274/5561 (4.9)	389/5323 (7.3)	0.64 (0.54–0.75)
<30	241/1928 (12.5)	333/1966 (16.9)	0.71 (0.60–0.83)
Overall	950/36,911 (2.6)	1364/33,146 (4.1)	0.62 (0.57–0.68)

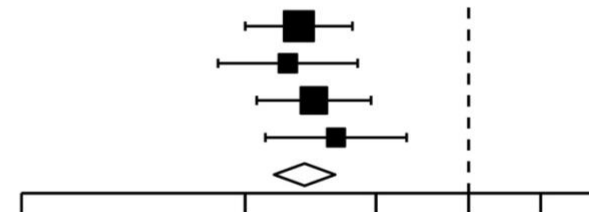
Trend by baseline estimated GFR: p = 0.16



Diabetes

≥60	246/19,861 (1.2)	335/16,665 (2.0)	0.59 (0.50–0.70)
45 to <60	137/4355 (3.1)	226/4004 (5.6)	0.57 (0.46–0.71)
30 to <45	213/3586 (5.9)	306/3368 (9.1)	0.62 (0.52–0.74)
<30	139/1122 (12.4)	199/1105 (18.0)	0.66 (0.53–0.82)
Overall	735/28,940 (2.5)	1066/25,165 (4.2)	0.60 (0.55–0.66)

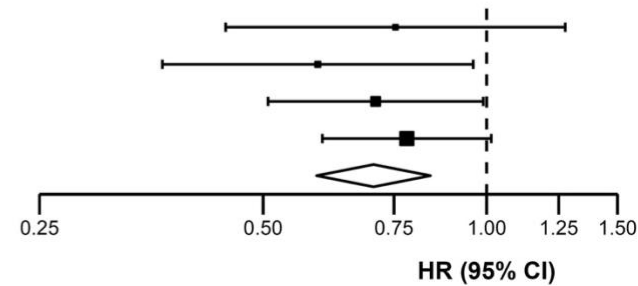
Trend by baseline estimated GFR: p = 0.39



No diabetes

≥60	25/3303 (0.8)	34/3286 (1.0)	0.75 (0.45–1.28)
45 to <60	27/1900 (1.4)	47/1898 (2.5)	0.59 (0.37–0.96)
30 to <45	61/1975 (3.1)	83/1955 (4.2)	0.71 (0.51–0.99)
<30	102/788 (12.9)	134/837 (16.0)	0.78 (0.60–1.01)
Overall	215/7971 (2.7)	298/7981 (3.7)	0.70 (0.59–0.84)

Trend by baseline estimated GFR: p = 0.57



Includes data from 10 trials. Box sizes are inversely proportional to the standard error of the treatment effect. CKD progression defined as $\geq 50\%$ reduction in estimated glomerular filtration rate, kidney failure or death due to kidney failure. CKD: chronic kidney disease; eGFR: estimated glomerular filtration rate; SGLT2: sodium-glucose cotransporter 2; HR: hazard ratio; CI: confidence interval.

Figure 2. Effects of SGLT2i on CKD progression according to baseline UACR, overall and by diabetes status.

Baseline UACR, mg/g	SGLT2 inhibitor <i>no. / total no. (%)</i>	Placebo	HR (95% CI)
All			
<30	94/15,973 (0.6)	125/13,595 (0.9)	0.58 (0.44–0.76)
30 to 300	109/7583 (1.4)	128/6519 (2.0)	0.74 (0.57–0.96)
>300	637/7575 (8.4)	999/7275 (13.7)	0.57 (0.52–0.64)
Overall	843/31,407 (2.7)	1252/27,644 (4.5)	0.60 (0.55–0.65)

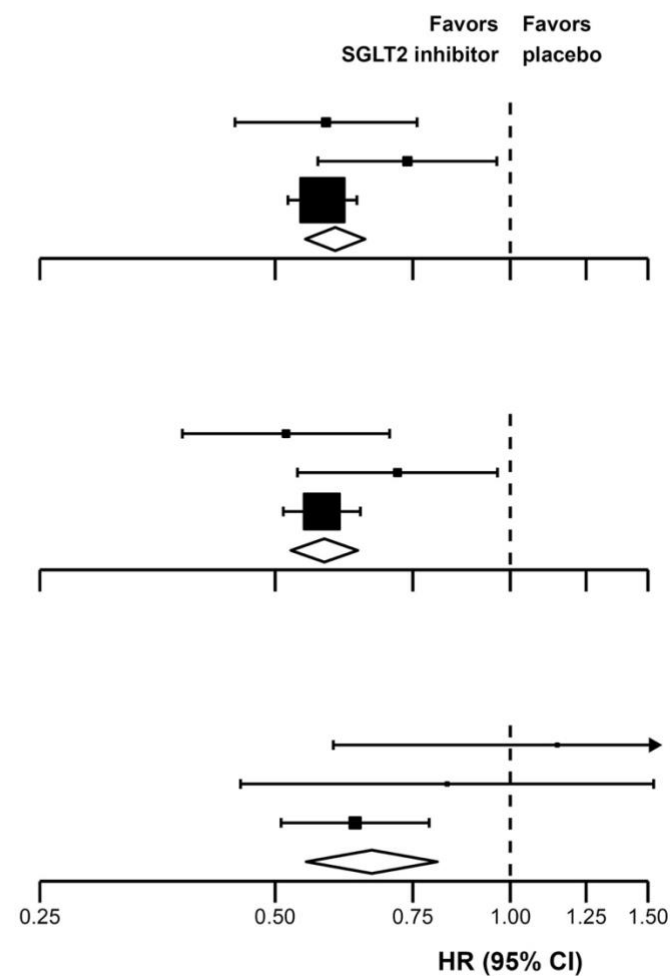
Trend by baseline UACR: $p = 0.49$

Baseline UACR, mg/g	SGLT2 inhibitor <i>no. / total no. (%)</i>	Placebo	HR (95% CI)
Diabetes			
<30	73/13,984 (0.5)	108/11,645 (0.9)	0.52 (0.38–0.70)
30 to 300	89/6365 (1.4)	103/5309 (1.9)	0.72 (0.53–0.96)
>300	503/5849 (8.6)	786/5497 (14.3)	0.57 (0.51–0.64)
Overall	668/26,464 (2.5)	997/22,696 (4.4)	0.58 (0.52–0.64)

Trend by baseline UACR: $p = 0.96$

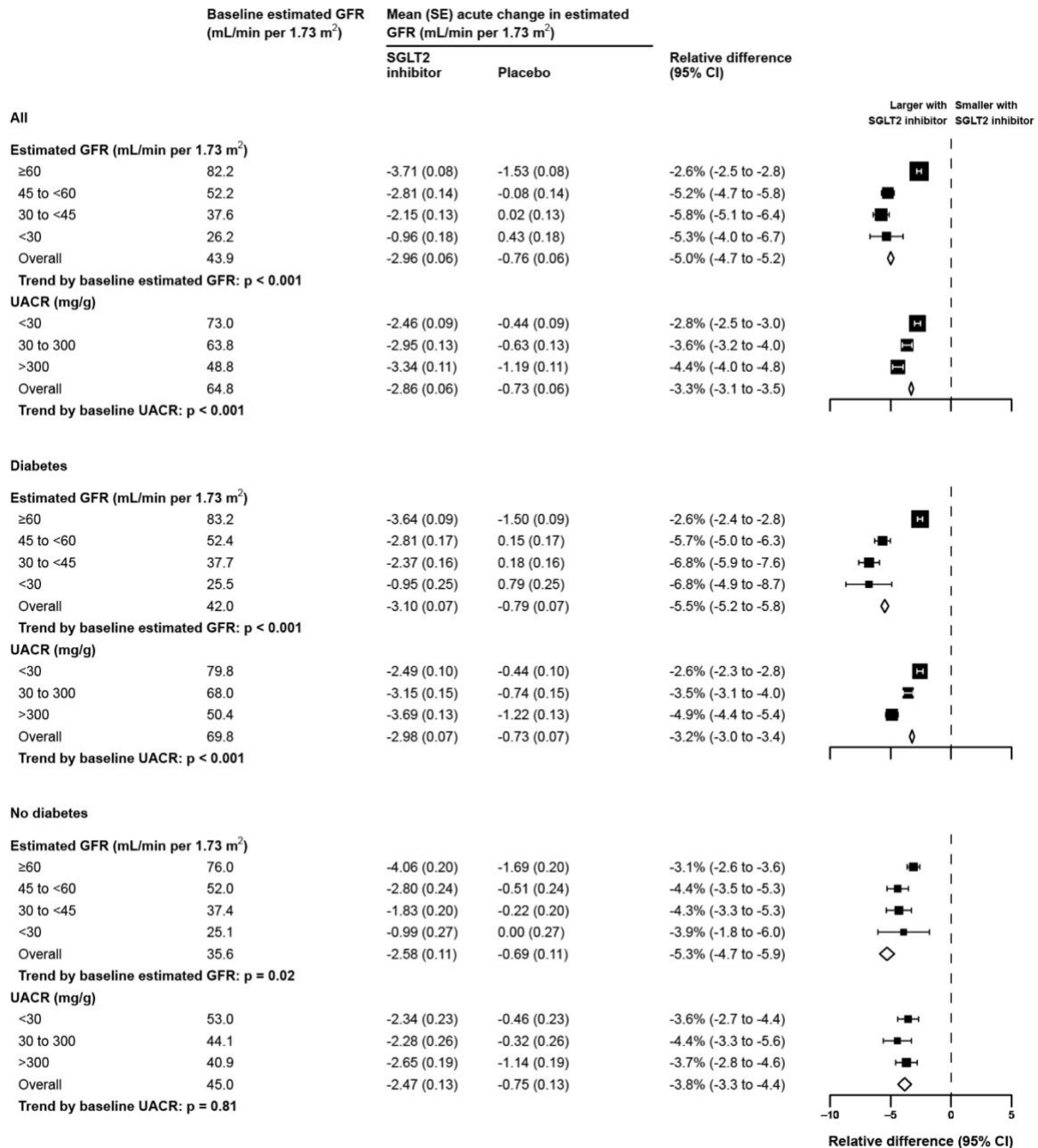
Baseline UACR, mg/g	SGLT2 inhibitor <i>no. / total no. (%)</i>	Placebo	HR (95% CI)
No diabetes			
<30	21/1988 (1.1)	17/1950 (0.9)	1.15 (0.59–2.22)
30 to 300	20/1218 (1.6)	25/1210 (2.1)	0.83 (0.45–1.53)
>300	134/1726 (7.8)	213/1778 (12.0)	0.63 (0.51–0.79)
Overall	175/4943 (3.5)	255/4948 (5.2)	0.66 (0.55–0.81)

Trend by baseline UACR: $p = 0.07$



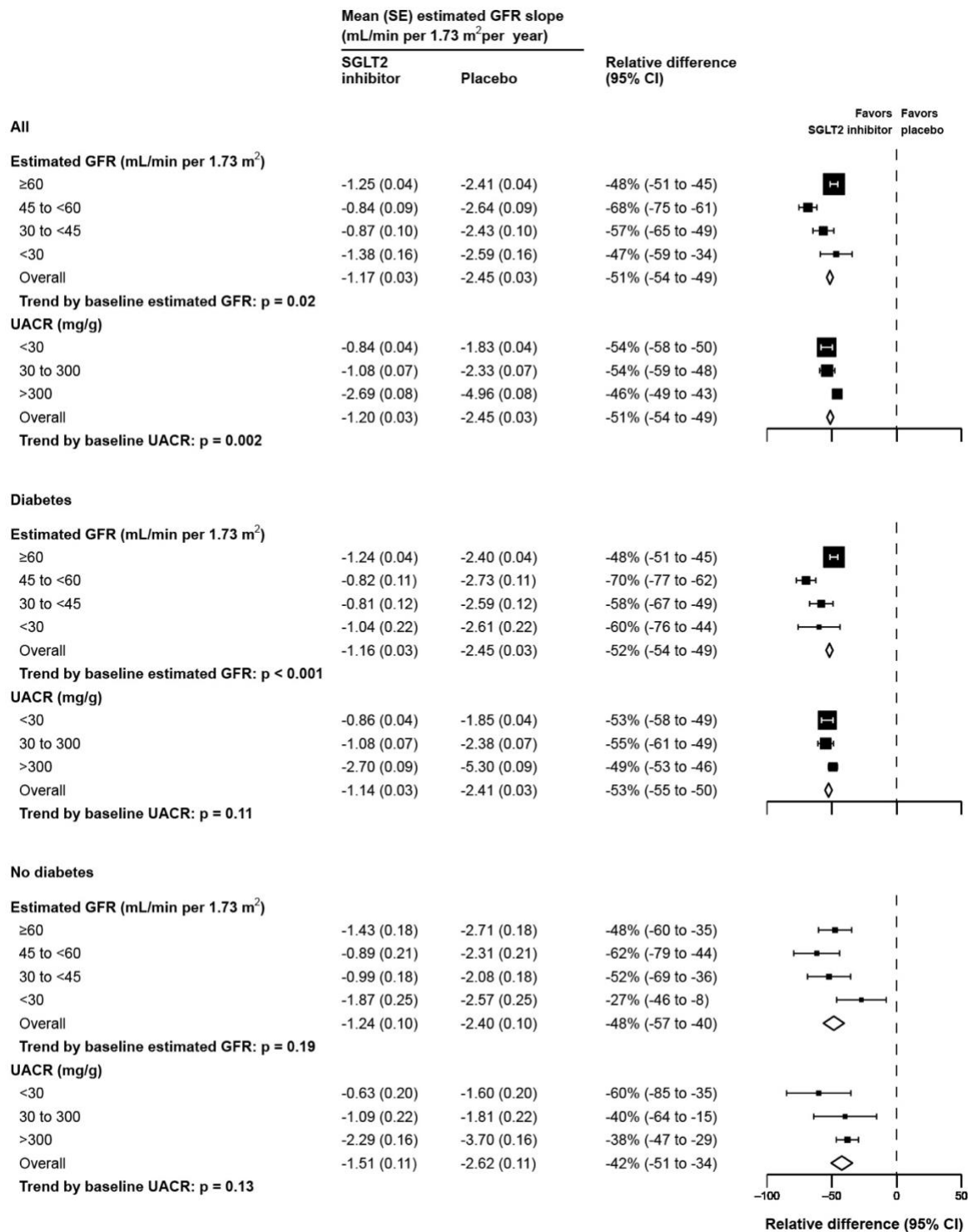
Includes data from 8 trials. Box sizes are inversely proportional to the standard error of the treatment effect. CKD progression defined as $\geq 50\%$ reduction in estimated glomerular filtration rate, kidney failure or death due to kidney failure. CKD: chronic kidney disease; UACR: urinary albumin:creatinine ratio; SGLT2: sodium-glucose cotransporter 2; HR: hazard ratio; CI: confidence interval.

Figure 3. Effects of SGLT2i on acute changes in eGFR according to baseline GFR and UACR, overall, and by diabetes status.



eGFR subgroups include data from 10 trials, while UACR subgroups include data from 8 trials. Box sizes are inversely proportional to the standard error of the treatment effect. eGFR: estimated glomerular filtration rate; UACR: urinary albumin:creatinine ratio; SGLT2: sodium glucose cotransporter 2; SE: standard error; CI: confidence interval.

Figure 4. Effects of SGLT2i on chronic eGFR slope according to baseline eGFR and UACR, overall, and by diabetes status.



eGFR subgroups include data from 10 trials, while UACR subgroups include data from 8 trials. Box sizes are inversely proportional to the standard error of the treatment effect. eGFR: estimated glomerular filtration rate; UACR: urinary albumin:creatinine ratio; SGLT2: sodium glucose cotransporter 2; SE: standard error; CI: confidence interval.

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