

Table 5. Relative risks for frequent takeaway food consumption (≥ 2 times/week) among young Australian adults participating in the 5-year follow-up of the Childhood Determinants of Adult Health study, by marital and parental transitions.

Transition group	n ^a	N ^b	% ^c	Model 1 ^e		Model 2 ^f	
				RR ^d	95%CI	RR ^d	95%CI
Men							
Marital (N=542)							
Single both time points ^g	26	76	34.2	1.00	ref	1.00	ref
Became married/living as married ^h	32	101	31.7	0.80	0.54 to 1.20	0.83	0.54 to 1.26
Married both time points	81	346	23.4	0.74	0.51 to 1.06	0.86	0.58 to 1.29
Became single	4	19	21.1	0.57	0.24 to 1.36	0.71	0.30 to 1.68
Parental (N=542)							
No children at both time points	56	179	31.3	1.00	ref	1.00	ref
Had first child	45	149	30.2	0.94	0.70 to 1.27	0.99	0.72 to 1.37
Had additional children	23	105	21.9	0.77	0.51 to 1.15	0.88	0.55 to 1.38
Same number of children at both time points	19	109	17.4	0.67	0.43 to 1.05	0.78	0.48 to 1.26
Women							
Marital (N=855)							
Single both time points ^g	23	139	16.6	1.00	ref	1.00	ref
Became married/living as married ^h	11	92	12.0	0.65	0.36 to 1.19	0.60	0.32 to 1.12
Married both time points	49	582	8.4	0.53**	0.35 to 0.82	0.50**	0.30 to 0.82
Became single	6	42	14.3	0.86	0.38 to 1.95	0.84	0.37 to 1.91
Parental (N=842)							
No children at both time points	36	239	15.1	1.00	ref	1.00	ref
Had first child	14	153	9.2	0.64	0.36 to 1.12	0.65	0.35 to 1.20
Had additional children	13	163	8.0	0.64	0.36 to 1.13	0.89	0.46 to 1.75

Same number of children at both time points	25	287	8.7	0.78	0.49 to 1.25	1.26	0.72 to 2.20
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^an is number of participants who ate takeaway food at least two times per week at follow-up.

^bN is total number of participants in the marital/parental transition category.

^c The percentage of participants in the marital/parental transition category who ate takeaway food at least two time per week at follow-up.

^d Relative risk for frequent takeaway food consumption at follow-up, compared to the reference group, calculated using log binomial regression.

^e Model 1 is adjusted for baseline behaviour.

^f Model 2 is adjusted for baseline behaviour, age, education, time between follow-up, being in the workforce (only for analysis examining parental transition on takeaway food consumption among women) and the other transition.

^g Includes those who were not married/living as married at both time points and those who were separated/divorced/widowed at both time points.

^h Includes those who were single or separated/divorced at baseline and married/living as married at follow-up.

*P<0.05, **P<0.01, ***P<0.001.